

TINY SENIOR MOMENT – ISSUE SEPT. 16

Communication is an important part of our daily life by which we obtain and disseminate information using many modes of exchange, some old and some new. Over the past two centuries, communication has continued to evolve to help people stay informed and benefit from available opportunities.

The Tiny Senior Moment columns have been designed with this in mind, to communicate and provide information to older adults living in Tiny. In particular, the Township of Tiny's Senior Advisory Committee identified Communication and Information as one of the eight strategic goals of the Local Aging Plan. The stated focus of this goal is to, "Create and distribute timely information to the older adult population to ensure they are kept well informed of programs and services.". For more information on the Local Aging Plan, you can obtain your own copy by contacting 705-526-4204 ext. 3 or view it online at tiny.ca/seniors.

Have you been looking for information on how to access and navigate the Internet? Look no further! The Township of Tiny are offering several new programs covering technology and communication topics.

COFFEE & CONNECT: For adults 65+, this new weekly program will explore effective and safe ways to connect through the Internet. It is funded through the Government of Ontario's Ministry of Seniors & Accessibility. Participants will be able to use free Wi-Fi, enjoy some refreshments, and meet others from the community. Bring your own device or let us know if you need a loaner iPad from Tiny's Recreation Dept. Check out the poster online at tiny.ca/seniors.

The program will be held on Tuesdays and starts on September 21st at Wyebridge Community Centre from 10:00 a.m. – noon, and 1:00 pm – 3:00 pm and will be held in-person. To register, phone 705-529-1789 or email seniors@tiny.ca. Transportation to these sessions is available through Community Reach and if required, please let us know when registering.

TECHNOLOGY WORKSHOPS: The Township of Tiny's Senior Advisory Committee, in partnership with local clubs & service providers, is pleased to provide workshops geared towards addressing issues relating to seniors.

There are four technology workshops offered in cooperation with Gateway for Learning for adults 55+. Individuals can participate in person at the Wyebridge Community Centre or virtually.

Topics and dates are:

Virtual meetings on Sept. 21

The Internet, Search Engines and Applications on Sept. 28

Internet Safety – Privacy & Security on Oct. 5

Understanding Phone (iPad) Plans on Oct. 26

All workshop times are 10:30 am – noon, and 1:00 pm – 2:30 pm. For more information, go to the Senior Services page on the Township of Tiny’s website at tiny.ca/seniors. To register phone 705-529-1789, or email seniors@tiny.ca.

Following is a list of readily available resources:

Tiny Connect, a free notification system that provides municipal information and Emergency Alerts to your phone, email, or TTY/TDD device. To register, go to www.tiny.ca, search Tiny Connect registration, or contact Jenna Reid at 705-526-4204 ext. 277, or email jreid@tiny.ca.

Directory of Senior Services in North Simcoe and surrounding areas is available through the Tiny Township municipal offices, online at tiny.ca/seniors or email seniors@tiny.ca

Dial 211 – A free helpline that connects you to community and social services in your area, 24/7, 365 days a year, in over 150 languages.

Transportation Assistance: Do you need assistance to get your shopping done, or to go to an appointment either in Simcoe Muskoka or farther afield? The following agencies are available to assist you:

Huronians Seniors Volunteer Care Team, Wheels 4 Wheels, by phone at 705-526-5566 or email wheels4wheels@gmail.com. Clients must be wheelchair dependent.

TLC – Community Reach, serving residents of North Simcoe with limited income and older adults with limited supports. Contact by phone at 705-528- 6999 or online at www.communityreach.ca/transportation.html.

Red Cross Simcoe Muskoka available to seniors 65+ facing barriers, contact by phone at 705-721-3313 x5274 or via their website at www.redcross.ca.

“If you want to lift yourself up, lift up someone else.”

Marilyn Hughes
Volunteer Writer
Senior Advisory Committee – Township of Tiny