

Edition 623 - April 14, 2022 Serving Springwater & Tiny Townships and surrounding areas

Marvelous Maple Syrup– A Homegrown Favourite!

It's maple syrup season and our local producers have been working around the clock tapping maple trees and collecting tree sap. Late March and early April hit the weather sweet spot with cold nights (minus 5 Celsius) and mild days (plus 5 Celsius) for a good flow of sap.

While the World Health Organization recommends that sweeteners, including maple syrup, be consumed in moderation, pure maple syrup is a natural sweetener containing many beneficial compounds. Rich in antioxidants and minerals pure maple syrup is a great choice for baking, marinades, waffles and pancakes. *www.joknowsnutrition.com Instagram: jo\_knows\_nutrition* 



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## LOCAL MAPLE SYRUP PRODUCERS IN SPRINGWATER AND TINY

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#### MAPLE SYRUP EQUIPMENT SUPPLIER

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Submitted by: Joanne Nijhuis MSc, RD, a consulting and culinary dietitian in Simcoe Grey Bruce.

www.joknowsnutrition.com Instagram: jo\_knows\_nutrition



greenmeadowselmvale.com

#### Springwater News • April 14, 2022 • Edition 623 • Cell: 705-790-1993



#### LETTERS TO THE EDITOR

Please submit your letters to the Editor.

Email: info@springwaternews.ca or drop off at office. Contact information is on the right hand side of this page. Phone number and address must be supplied for all letters to the editor

The opinions expressed in articles contributed by interested parties and through the 'Letters to the Editor' do not necessarily reflect the opinion of this newspaper and/or the editor.

April is Parkinson's Awareness Month. April 11 is World Parkinson's Day. The date was chosen in honour of the birthday of James Parkinson who published "An Essay on the Shaking Palsy" which included the first description of what would later be called Parkinson's disease.

Parkinson's is the world's fastest growing neurological disease, with Canada experiencing among the highest prevalence rates in the world. I am one of the more than 100,000 Canadians living with Parkinson's - a number expected to increase substantially in the coming years, with 30 Canadians diagnosed every day.

There is no diagnostic test for Parkinson's but signs and symptoms include tremors, slowness of movement and shuffling instead of walking. Loss of balance and muscle rigidity are relatively common, which is why some people with Parkinson's do not swing their arms while walking. Some of us lose facial muscle movement giving us a mask-like appearance and slow, soft speech. Many of us have difficulty sleeping and suffer from depression and anxiety.

There is no treatment to stop Parkinson's from progressing, and there is still no cure for the disease. But we remain hopeful. Parkinson's organizations, like Parkinson Canada, are helping us live better, while working to find a cure.

Please visit parkinson.ca, call 1-800-565-3000 or emailinfo@parkinson.ca for more information, to get involved, or to donate. Help support Canadians affected by Parkinson's, not only this month, but year-round. We need you.

Nathan Langille (diagnosed at age 38) **#PartnersInParkinsons** 

#### Dear Editor,

This June, we in Barrie-Springwater-Oro-Medonte will have an opportunity to make our voice heard and choose passionate, thoughtful, and experienced local leadership.

No stranger to Elmvale, Moonstone, and the area is this region's own Beverley Patchell. Some may remember Bev from her work some years ago at a chartered bank, starting in downtown Barrie, helping families through the day-to-day challenges and the highs and lows of inflation. This is not unlike the challenges many of us currently face and are looking for leadership to address.

Some may not know that Bev spent the past 18 years of her career dedicated to assisting people at the County's Ontario Works Office. She saw the real experiences of people as they went through the hard-to-break cycle of poverty - such as poor health, mental illness, unemployment and lack of education — and helped people overcome barriers

wherever she could. She took it a step further, getting involved in local and provincial political campaigns on behalf of those on social assistance. Bev took on that local and provincial work again, fighting for good wages and safer conditions for workers — bargaining and representing workers in sectors from health, long-term care, and education to municipal and community services like roads and shelters.

Bev has been on the ground working alongside people for years. Through the Harris and Eves cuts, the bad choices of McGuinty and Wynne, and the recklessness of Ford, Bev has never stopped fighting for people. She has done all this while having never been elected, a testament to the power of the people.

I've only known her a short time, but Bev has quickly earned my support. She will be no mere spectator or disconnected MPP if you send her to Queen's Park. Her record shows she will get to work for us, the people of Barrie, Springwater, and Oro-Medonte, in quick order, and she will do so every day.

A vote for Beverley Patchell is for a bold and realistic plan for climate action, jobs, and justice. It's a vote for strengthening and expanding health care and other services our communities rely on. It's a vote for homes we can afford, financial responsibility, and the future. It's a vote for passionate, thoughtful, and experienced local leadership-something our communities, without a doubt, need.

Bev is strong, ready, and working for us.

#### <u>Brandon Amyot</u>

I'm writing this as a concerned citizen who's recently found out about Bill 67. I'm usually fairly uninvolved as far as politics goes and not one to really be active with an issue but this took me by surprise not only because of its invasive nature but also because I had no clue of its existence.

The main push of this bill is to establish an "antiracist" movement within all levels of the Ontario school system. I believe, as I'm sure nearly all Canadians would agree, racism is wrong. So I would take a position of non-racism and believe that all people are created equal under God, but the position of anti racism is different. Antiracism requires that all people be activists and actively seek to end racism and maybe it's not bad to have people active like that but I have concerns about what else this all entails. Ibram X. Kendi says in his best selling book How To Be An Antiracist, "the only remedy to racist discrimination is antiracist discrimination. The only remedy to past discrimination is present discrimination. The only remedy for present discrimination is futre discrimination." This is a deeply entrenched belief in antiracism and I find it very concerning. I myself am more taken with the Dr. Martin Luther King Jr. words of "darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that". Maybe these two things are not mutually exclusive but I don't see how there can be a clear union in these two beliefs. Equity was another topic in the bill that was mentioned several times. This is something that can slip by unnoticed as it is easily mistaken for equality, which was not mentioned in the bill. I believe equality, which is the view that all people are equal and should be given equal opportunity and resources,



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Articles can be dropped off, mailed and/or e-mailed to the above addresses 24 hours a day.

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includes Orr Lake, Waverley and some Tiny Beaches Road areas **265** in the Wyebridge area L0K 2E0

975 in Wyevale L0L 2T0 including Conc. 8 and some TBRS areas, 1325 in Perkinsfield including Balm Beach to Whippoorwill

1100 in R.R.# 1, L4R 4K3 (775) & 2, L4R 4K4 (300) areas of Midland which includes Vasey, Ebenezer and the area North-West of Wyebridge

2900 in Northern Tiny including SS 3, 5, 6, 7 & 8 of Rural Penetanguishene (Postal Codes L9M -1R2, -1R3 & -2H7)



110 through mail outs and subscriptions in Canada Subscriptions are available across Canada for \$60/year and \$100/year in U.S.A.

is obviously the correct way of functioning for the Ontario school system. Equity on the other hand is a different idea which requires that beyond having equal opportunity there must be an equal outcome. This bill is aiming to legislate racial equity and could take a few forms but the outcome would be the same. It will be discriminating between our students based on their race and not academic merits.

This boils our students down to their group identity and does not treat each individual student as an individual. There are a lot of factors that affect who we are like whether we have two parents or no parents, are you rich or poor, are you agreeable or disagreeable, the list goes on. To only focus on race and give unequal treatment is a mistake, particularly when you are trying to fight against



racism.

To call this part of a quality education is a farce to me. This is indoctrination of a political ideology and a step backwards. Rather than opening and challenging the minds of a new generation to teach them to think critically and be prepared for this complex world, this forces them into a warped binary of all things being racist or antiracist. Our country isn't perfect and there are always issues we need to work on but the last thing we need is a witch hunt, this is not the way. May God keep our land glorious and free. Simon Ahrens



#### Elmvale Coyotes Had an Amazing Season



This past weekend the U13 Rep team travelled to Aylmer for the year end tournament. This was a 4 day tournament and was made up of 16 teams, meaning only one team from each bracket would advance to Championship Sunday. Our bracket was made up of

Twin Centers, Dunnville and Lambeth.

Thursday at 3 was our first game against an unknown Twin Centers team. After a long drive, the boys got off to a slow start, but eventually took over the match and won going away 5-1. The line of Spence, G and Jack-O paced the team with 4 goals and 7 points among them. Bart also chipped in with a goal from the back end on a one-hopper!

Our next game was 9am Friday against Dunnville, another team we had yet to see this season. The early game seemed to favour our guys as we got off to a quick start and never looked back, winning the game 7-1 with four goals coming in the third to seal it. Chaser, Luk and Turbo did most of the damage for the Coyotes with four goals and 8 points among them. Cars got in on the fun too with a snipe from the blue line.

Game 3 of the round robin was set to be our toughest so far. This was a win or go home affair and we were going against Lambeth, a team who had beaten us earlier in the season 3-0 at a tournament in Paris. The boys knew they would have to be at their best. It was a very even contest with solid goaltending at both ends and strong defensive play. Jack-O finally got us on the board early in the second on nice goal set up by Spence. The lead was short lived though as Lambeth scored on a two man advantage late in period two. The boys continued to push in the third and finally broke through late on a shot by Morgs from the point with traffic in front. Lambeth came on hard after that and pushed for the equalizer with the goalie out, but Chopper, Noodle and Hallsy held them off in the final minute to preserve the victory and push the Coyotes into Sunday!

Needless to say, the boys celebrated that night and enjoyed the victory. We knew Sunday would be tough, but with our first game at noon, the boys were able to get some well deserved rest after some early games Friday and Saturday.

Our opponent was decided late Saturday when Shelburne won out in their bracket. The boys had played Shelburne earlier in the season and were able to come out on top, but Shelburne had been playing really well lately and had always given our guys fits with their hard working style. Coach Bri reminded the boys that we had some success earlier against Shelburne with a down low cycle game and the line of Chopper, Noodle and Hallsy took that comment to heart, dominating down low and scoring 6 times while adding 3 assists in a 10-0 victory for the Coyotes. Zoner added to the tally with a goal and an assist.

So the stage was set....off to the finals against who else, but the home team Aylmer Flames. A team who looked strong in their bracket and semi, winning 5-2 against a very good Mitchell team.

This game did not disappoint. The action was fast and furious right from the start with great chances by both teams on strong team play. Both goalies played fantastic turning away chance after chance. The good guys finally broke through when G managed to slip one of the slowest goals of all time by the Alymer tender giving us a 1-0 lead and the all important first goal. We were able to add to the lead later in the frame when Chopper fed a pass to G for the 2-0 lead. It looked at that point like we might pull away, but Aylmer came on strong and we ran into some penalty trouble along the way. We had chance after chance on their goalie with many in tight shots and he continued to turn us away. Fortunately for us on the other end, Brax was doing the same and in the end, there was no further scoring. The last 15 seconds elapsed, and the bench and crowd erupted. The Coyotes had prevailed winning 5 straight games and earning a hard-fought tournament victory as gloves and sticks were tossed on the ice and the boys piled onto one another in celebration. It was an absolutely amazing finish to a fantastic season. While it is easy to mention the goal scorers, I would be remiss if I did not point out what I think were the two most important elements in the boys success this weekend: team defense and goaltending. Our defensive core made up of Bubba, Zoner, Jurts,

Morgs, Cars and Bart played almost perfect hockey. They were eyes on chest and strong on the net front coverage. There were many solid tape to tape breakout passes which led to offense from the defense. While their rugged style of play let to a number of penalties, it also kept teams off the scoreboard, and besides..... they have to get ready for next year. Our forwards were relentless on the back check and absolutely smothered our opponents.

The other key strength this weekend, which has been outstanding all season was our goaltending tandem made up of Huddy and Brax. These two goalies



Team photo: (left to right, front to back), Brax, Huddy, Mikey G, Coach Brian, Luk, G, Hallsy, Bart, Chaser Turbo, Morgs, Jack-O, Noodle, Bubba, Cars, Spence, Zoner, Sherry Chopper, Jurts, Coach Ryen, Nate



combined for a 5-0 record and a GAA of 0.6 allowing only 3 goals in 5 games and posting two shutouts on Championship Sunday!!! I truly believe our two goalies were the best in this tournament and the best in our loop.

Putting hockey aside, this tournament was the first road tournament we had attended since the easing of Covid restrictions and it was amazing. The boys were all over the hotel, gathering in the hallways, the pool area and in the lobby, mask free and loving it. We went to Fleetway on Friday for some arcade fun and bowling, had a couple team dinners and just overall made the most of a great opportunity. The parents were able to have some fun as well, with a few hallway and boardroom meetings.

Congratulations Coyotes on an amazing season, finishing up with an overall record of 31-14-4 and a 12-1 record over your last 13 games, which included two tournament victories, and a couple wins versus a Barrie "A" team. Pretty impressive. Your coaching staff of Brian Anderson, Nathan Tschop Mclaren, Mike Galvin, Sherry Hall and I are all very proud of you. And, of course, your parents are too....but they have to be!!!!

We would like to thank our sponsor Elmvale Home Hardware for supporting us this season!!!



# **COME & JOIN US AT OUR OPEN HOUSES!**

**Penetanguishene | Saint-Louis (JK to Grade 8)** Friday, April 29 at 10 a.m. | Thursday, May 5 at 5 p.m.

**Tiny | Sainte-Croix (JK to Grade 8)** Thursday, April 28 at 9:30 a.m. | Tuesday, May 3 at 5 p.m.

#### Immersion students are welcome to apply!

#### Register your child for September 2022! Visit: CscMonAvenir.ca





2231 Nursery Road Minesing, Ontario L9X 1A8

April 14, 2022

# IT'S OKAY TO KEEP WEARING A MASK



While the provincial government has removed the mandatory masking mandate in most settings, some people may make a **personal decision** to wear a mask. It's important to **respect their choice** and be supportive.

# **Upcoming Meetings**

Economic Development Advisory Committee Wednesday, April 20 at 2:00 p.m.

Council Meeting Wednesday, April 20 at 6:30 p.m.

Recreation Advisory Committee Tuesday, April 26 at 6:30 p.m.

Heritage Advisory Committee Tuesday, April 26 at 6:30 p.m.

Council meetings are live streamed online at **springwater.ca/Live**. A call-in option is also available. Board and committee meetings can be accessed via Zoom Conferencing. View the agendas for details.

# **Bid Opportunities**

The Township is currently accepting bids for:

Three New 2 Ton 4 Wheel Drive Diesel Chassis Trucks (2022-16-PW) Closes: April 22, 2022

# **Career Opportunities**

The Township is currently recruiting for the following job opportunities:

- Roads Supervisor
- Asset Management Coordinator
- Facility Attendant
- Support Assistant to the Infrastructure & Operational Services Division
- Senior Engineering Technologist
- Building Official Plans Examiner
- Building Official Inspections
- Various student positions

For details, consult the job descriptions at **springwater.ca/Careers** 

#### COVID-19 Vaccine Updates Fourth Dose Eligibility

The Ontario government has expanded eligibility for fourth doses of the COVID-19 vaccine to individuals aged 60 and over as well as First Nation, Inuit and Métis individuals and their non-Indigenous household members aged 18 and over.

Vaccine appointments can be booked by visiting **ontario.ca/BookVaccine**, by calling the Provincial Vaccine Contact Centre at 1-833-943-3900, or through Indigenous-led vaccination clinics, select pharmacies and primary care settings.





**STUDENT OPPORTUNITIES** 

Fulfill your high school service hours outdoors this summer at the Springwater Farmers' Market - Elmvale! The Township is seeking interested volunteers to help set up and take down the market as well as assist vendors each week.

For information: **EDO@SPRINGWATER.CA** 

# 2022 Spring Watermain Flushing Notice

The Ontario Clean Water Agency (OCWA) will be flushing watermains for the Township on an operated water system in your area. It is very important to **REDUCE** water use from 8:00 a.m. to 4:00 p.m. on the dates listed below so that OCWA can effectively complete the maintenance.

April 19 – April 22	Midhurst & Minesing
April 25 – April 29	Anten Mills, Phelpston & Del Trend (includes Carson Road,
i i	Glen Huron Drive, Paddy Dunn's Circle, Anthony Court,
I	Deluca Court, Kanata Court, Channen Court and Wendat Trail)
🛯 May 2 – May 6	Snow Valley (includes Highlands, Lowlands and Centre Vespra)
May 5	<u>SWABBING</u> - Vespra Downs*

Single, Double & Micro Surface (2022-18-PW) Closes: April 22, 2022

> Aggregate Production (2022-17-PW) Closes: April 29, 2022

Professional Engineering Consulting Services - Craig Road Extension (2022-19-PW) Closes: April 29, 2022

For details and to submit a bid, visit: **springwater.bidsandtenders.ca** 

\*For areas being swabbed, we ask that residents **STOP** using water during these hours.

During or after this flushing period, you may experience discoloured water and/or low water pressure. For more information, visit **springwater.ca/Water** 

# Wondering what to do about Spongy moth?

Knowing what to do, and when, can help you to manage Spongy / LDD moth on your property. The Township has developed information resources, free management kits, and an online tool for reporting large Spongy moth outbreaks.

Learn more at springwater.ca/SpongyMoth

P. 705-728-4784 | F. 705-728-6957 |

E. info@springwater.ca |

springwater.ca

@springwatertwp

# Township of Dringwater Link

2231 Nursery Road Minesing, Ontario L9X 1A8

April 14, 2022

# Election 2022 Information for Candidates and **Third-Party Advertisers**

Candidate Nomination Packages and Third-Party Registration Packages are now available at the Township Administration Centre and through the Township's website at **springwater.ca/Election**. The Nomination Period is May 2 to August 19, 2022.

Prospective candidates and those interested in registering as a Third-Party Advertiser are encouraged to attend a free information session hosted by the Ministry of Municipal Affairs and Housing in partnership with Springwater and several neighbouring municipalities. Topics to be covered include: roles and responsibilities of elected officials and third-party advertisers, eligibility rules, nomination process, campaign finances, compliance audit, voters' list, and key dates.

Date & Time	Location	Details			
Thursday, June 16, 2022 6:00 - 8:00 pm	The virtual session will be hosted via Zoom. All registered participants will receive an email with connection details prior to the session.	Please find the registration link at <b>springwater.ca/</b> <b>Election</b> . If you encounter technical difficulties during registration, contact clerks@springwater.ca			
Thursday, July 7, 2022 6:00 - 8:00 pm	Rotary Place - Orillia Room 100 University Avenue, Orillia, ON L3V 6H1	Seating is limited for the in- person session. Please reserve your spot by contacting Sheila Spring at 705-487-2171 x2140 or sspring@oro-medonte.ca			



# Springwater Swing

Join us for the 14th annual Springwater Swing golf tournament on Monday, June 13, 2022 at the Barrie Country Club. The \$225 registration fee per golfer includes a round of golf, cart, lunch and a delicious dinner. All proceeds will go towards supporting our community assistance programs, physician recruitment and other worthwhile local initiatives. Visit: springwater.ca/SpringwaterSwing

# Water & Wastewater Billing

Residential water meters will be read at the end of April by the Township's thirdparty contractor, WAMCO waterworks. Bills will be mailed at the beginning of May with a due date at the end of May.

The 2022 Municipal Election will be held on Monday, October 24, 2022.

**P.** 705-728-4784

**F.** 705-728-6957

E. info@springwater.ca

springwater.ca

@springwatertwp

# Humanitarian Aid for Ukraine

On Sunday March 27th, the Midhurst Community Recreation Association (MCRA) collected donations to assist the Ukraine war victims. The public support was amazing. The enormous quantity of items donated took several dozen volunteers all day to sort and pack them for shipping. Volunteers with pickup trucks and trailers delivered loads to Newmarket and Bradford. At the end of the day the lower level of the Hall was still packed with donations that needed to be removed and transported. Being Sunday a large rental truck could not be located. Knowing that everything had to be removed from the Hall to allow for other renters, the anxiety was increasing. Shortly before closing time, a volunteer from Barrie arrived with a truck and 18-foot trailer and took the majority of remaining items to Newmarket. Credit goes to volunteers and social media. Thank you! There were so many great people throughout Simcoe County that supported this humanitarian effort with donations and helping out that it is impossible for me to identify and thank everyone personally. The MCRA could not have managed without all the volunteers. There is always a lot of effort and cooperation involved in these events. For example, Springwater Library, who are always there when needed, provided support by collecting donations. Township staff arranged for the use of the Hall. Thank you MCRA members, especially Nadia DeAmicis who was the main coordinator and Carol Fleming who is always there to assist with MCRA functions at the Community Hall. Volunteers are the catalyst in generating community spirit. Consider getting involved.



# Township of Springwater to Pilot 4-day Work Week

The Township of Springwater is taking steps to municipalities, including the Townships of Zorra, improve the work-life balance of its employees Blandford Blenheim, East Zorra-Tavistock, and through a new pilot program that will also see South-West Oxford. In staff's outreach to these extended municipal office hours. At its April 6 meeting, Springwater Council voted unanimously to bring in a 4-day compressed work week across the corporation for a five-month trial period beginning on April 25, 2022. The move comes in an effort to provide more flexibility to staff as well as residents who may have trouble accessing services during the Township's current hours of operation. Under the proposed model, Township staff will work longer days, either from Monday to Thursday or Tuesday to Friday, reaching the same 35 or 40 hour work week as they do under the existing 5-day model. Arranging the team in two separate groups will allow the municipality to keep its office doors open five days per week with the extended hours providing residents and other stakeholders an extra hour of service each day at no additional cost to the Springwater taxpayer. The compressed work week schedule will be available to all employees on a voluntary basis, subject to the operational requirements of each department.

The 4-day compressed work week has previously been implemented in a small number of Ontario

communities, they have learned of numerous benefits to the 4-day work week, from enhanced staff retention and attraction to improved employee morale, increased productivity, and a reduction in absenteeism.

The program is part of a larger Flexible Work Arrangement Policy for the Township, which will also provide options for remote work, flexible work, and hybrid work.

"The COVID-19 pandemic has been a real trigger for rethinking the world of work," says Township CAO Jeff Schmidt. "We've been listening to our employees over the past year and have heard how they want and need more flexibility to take better care of their mental health. Our goal with this trial is to further establish a culture where we celebrate balance with increased flexibility and trust, resulting in happier and more productive employees."

During the 4-day compressed work week trial period, the Township Administration Centre will be open to the public from 8:30 am to 5:30 pm from Monday to Friday.

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#### Mayor Don's Update



# **Dose Eligibility**

The Ontario government has expanded eligibility for fourth doses of the COVID-19 vaccine to individuals aged 60 and over as well as First Nation, Inuit and Métis

individuals and their non-Indigenous household members aged 18 and over. Expanding booster eligibility will provide an extra layer of protection against the Omicron and BA.2 variants. Eligible individuals are able to book their fourth dose appointment through the COVID-19 Vaccination Portal at covid19.ontariohealth.ca, by calling the Provincial Vaccine Contact Centre at 1-833-943-3900, or through Indigenous-led vaccination clinics, select pharmacies, and primary care settings.

#### LDD / Spongy Moth Resources and Online **Reporting Tool**

Wondering what to do about LDD / Spongy moth this year? Knowing what to do, and when, can help you to manage Spongy moth on your property. The Township has developed information resources as well as free management kits with all the materials needed to find and destroy Spongy moth at their egg mass, caterpillar and pupa stages. 150 kits are available to Springwater residents which may be picked up, one per property, while supplies last, at the Township Administration Centre or the Springwater Public Library's Midhurst and Elmvale branches. Furthermore, an online reporting tool for Spongy moth has been implemented on the Township's website. The tool will enable residents to report large Spongy moth egg mass and caterpillar sightings on their property so current population levels in Springwater may be tracked and monitored. Visit springwater.ca/SpongyMoth to access the information and resources.

The County of Simcoe, the Ontario Ministry of Northern Development, Mines, Natural Resources and Forestry, Severn Sound Environmental Association and others have predicted that the current Spongy moth infestation is on the decline and project low to moderate defoliation in 2022.

#### Hillsdale Development

The Township has received a number of questions from residents regarding the "Hometown Hillsdale" signage that has been posted throughout the municipality. This signage is related to the "Heritage Village (233 residential lots) & Sarjeant (114 residential lots)" sites located north of the school property in Hillsdale. Though the Township was not made aware of a name change to the development, the developer is legally permitted to advertise to generate interest as well as assess the current level of interest in the proposed development.

The following will be required in order for the developer to be in a position to construct homes. These will all require Council consideration through a series of checkpoints.

1. Draft Plan Conditions will need to be satisfied (84 Conditions) prior to registration of the subdivision; 2. A significant amount of work is required, including the construction of a wastewater treatment plant and municipal water system, internal servicing (roads, stormwater management, water, sanitary) to the subdivision;

3. A variety of agreements are required to facilitate site servicing work, including pre-servicing, ext subdivision, shared use and other agreements; 4. Detailed engineering design needs to be completed and all work needs to comply with outside agency standards; 5. Staff have to be satisfied that all of these conditions have been satisfied and then present reports to Council for consideration and final approval of all agreements; 6. Land cannot be conveyed nor building permits issued until all of these items are addressed, agreed upon and registered. As can be seen, there is a significant amount of work left to be completed. To date, the developer has not satisfied the required conditions needed to initiate site works. It is unusual for a developer to have such an aggressive advertising and solicitation campaign in advance of satisfactorily completing the above items.

COVID-19 Vaccine – Fourth As of April 25, it will implement a 4-day compressed work week across the corporation for a five-month trial period. Under the proposed model, Township staff will work longer days, either from Monday to Thursday or Tuesday to Friday, reaching the same 35 or 40 hour work week as they do under the existing 5-day model. The 4-day compressed work week has previously been implemented in a small number of Ontario municipalities. It has been found that some of the benefits of this work model include enhanced staff retention and attraction, improved employee morale, increased productivity, and a reduction in absenteeism. During the trial period, the Township Administration Centre will be open to the public from 8:30 am to 5:30 pm from Monday to Friday. **Construction Projects on Wilson Drive** 

Please be advised that there will be three concurrent construction projects taking place at various points along Wilson Drive this spring. As a result, residents may experience temporary disruptions or delays due to construction-related lane closures. Every attempt will be made to minimize these disruptions and access to roads and businesses will be maintained at all times. The projects include:

Project	Timeline
Effluent Main Installation	Work is in progress and is expected to be completed in July 2022.
Traffic Signal Installation at Snow Valley Road	Work will commence in May and is expected to be completed in July 2022.
County Road 53 Roundabout	The relocation of utilities is currently underway. Construction of the roundabout is planned for 2022/2023.

Visit springwater.ca/ConstructionAndClosures for the latest updates on road closures relating to construction projects. Information on the County Road 53 Roundabout project can be found on the County of Simcoe's website at simcoe.ca/ TransportationEngineering/Pages/county-road-53roundabout-project.

#### **Student Volunteer Opportunity**

Students can fulfill their high school service hours outdoors this summer at the Springwater Farmers' Market-Elmvale. The Township is seeking interested volunteers to help set up and take down the market each week and assist vendors as required. The time commitment includes shifts on Thursday evenings from 7:30 to 8:00 pm and Fridays from 7:00 to 9:00 am and 1:30 to 3:30 pm. To learn more, contact our Economic Development Office at edo@springwater. ca.

The market is an important summer tradition and operates every Friday in the Elmvale Community Hall parking lot (33 Queen Street West) from 9:00 am to 2:00 pm from June 17 to September 16.

#### Surface Upgrades to North Simcoe Rail Trail

The Township was successful in its application for a Federal Development (FedDev Ontario) grant to improve up to 30 kms of the North Simcoe Rail



to Valender Park where a \$5 per child admission fee includes participation in the egg hunt as well as a hot dog and treat bag. Advanced registration is available through the Phelpston Community Events & Recreation Information Facebook page. My best to everyone for a happy and safe Easter Weekend! **Springwater Swing** 

Registration is open for the 14th annual Springwater Swing charity golf tournament taking place 8 weeks from now on Monday, June 13 at the Barrie Country Club. Proceeds from this year's tournament will support physician recruitment, our community assistance program, and other worthwhile initiatives. We have had good initial response for some of the sponsorships and golf registrations. The \$225 registration fee per golfer includes a round of golf, cart, lunch and a delicious dinner. For registration information and sponsorship opportunities, visit springwater.ca/SpringwaterSwing.

My comments are just that and do not necessarily reflect the views of all of Council. Take care and be safe.

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#### **Pilot 4-Day Compressed Work Week**

The Township of Springwater is taking steps to improve the work-life balance of its employees through a new pilot program that will also see municipal office hours extended by an hour each day.

Trail. This federal grant stream covers 75% of the total project costs (up to \$750,000) and is directed towards infrastructure programs that will revitalize communities across Canada. The scope of work proposed under this grant application is to be directed fully towards the improvement of the trail surfaces, from its current natural sand and dirt base to an accessible surface material such as limestone screenings. Staff are continuing to seek and apply for additional third-party funding sources to reduce the Township's 25% contribution to the project.

#### **Easter Weekend Events**

The Easter Bunny will be hiding eggs throughout the Township in advance of two special events coming up this Easter Weekend. On Saturday, April 16, Easter Eggstravaganza will return to Anten Mills Community Park - rain, snow or shine. Registration for the egg hunt begins at 10:30 am with those participating encouraged to bring a donation for the Elmvale & District Food Bank. Taking place that same day, the Annual Phelpston Community Egg Hunt will bring Easter fun to residents in the north half of the Township. At 11:00 am, families can head

#### Springwater to Provide Candidate Nomination Packages for 2022 Municipal Election

The Township of Springwater is getting ready for the 2022 Municipal and School Board Election in October by making Candidate Nomination Packages and Third-Party Registration Packages available to prospective nominees and registrants.

Candidate Nomination Packages and Third-Party Registration Packages contain all the materials needed to register as a candidate for the Office of Mayor, Deputy Mayor, Ward Councillor, School Board Trustee or Third-Party Advertiser. As of April 11, 2022, the packages may be picked up in-person at the Township Administration Centre or accessed virtually on the Township's website at springwater. ca/Election.

Furthermore, prospective candidates and those interested in registering as a Third-Party Advertiser are encouraged to attend a free information session hosted by the Ministry of Municipal Affairs and Housing in partnership with Springwater and several other local municipalities. Sessions will take place at the following times and locations:

• Virtual Session – Thursday, June 16, 2022, 6:00 to 8:00 pm.

• In-Person Session – Thursday, July 7, 2022, 6:00 to 8:00 pm. Rotary Place - Orillia Room 100 University Avenue, Orillia ON.

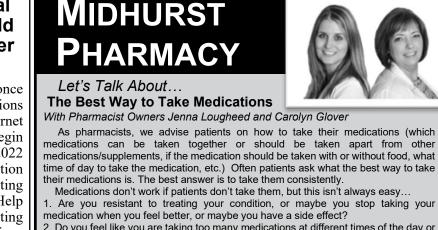
For further details and to register for an information session, visit springwater.ca/Election.

Nomination forms may be filed by prospective candidates from Monday, May 2, 2022 at 9:00 am to Friday, August 19, 2022 at 2:00 pm. Appointments are required and can be made by contacting the Clerk's Department by phone at 705-728-4784 X2015 or email at clerks@springwater.ca.



#### The 2022 Municipal Election will be held on Monday, October 24, 2022.

Springwater residents will once again have a number of options for casting their ballot. Internet and telephone voting will begin at 10:00 am on October 14, 2022 and run until 8:00 pm on election cay. In-person electronic voting will take place at Voter Help Centres throughout the voting period at designated locations and on October 24, 2022 at the Township Administration Centre. Additional information on the 2022 Municipal Election is available on the Township's website springwater.ca/ at Election.



2. Do you feel like you are taking too many medications at different times of the day or you are forgetting to take them?3. Are you finding that you are running out of your medications, having to visit the

pharmacy often then finding out there are no refills remaining and you have to make an appointment with your provider before you can get more?

At Midhurst Pharmasave, we can help you with strategies to optimize your medication adherence so that you can achieve your best health! Speak with us today.

94 Finlay Mill Rd, Midhurst ON 705.503.7333 | Mon-Fri 9-7 Sat 9-4 Sun 10-4 PHARMASAVE

Page 7

#### MAY COURT CLUB OF BARRIE SPRING CARD PROJECT

The May Court Club of Barrie have dropped off over 400 personalized cards for the residents and staff at both Grove Park Home and IOOF Seniors Home in Barrie.

During pre-COVID volunteer members of the May Court Club set up birthday parties and offered cheer to the residents of the IOOF and helped to staff the cantina at Grove Park. As this had not been an option, the Service Committee and 21 volunteers of the May Court Club of Barrie and Friends of May Court assembled and hand wrote spring themed cards to let others know they hadn't been forgotten. Each card had "Wishing you a bright, warm, and beautiful Spring! With kind thoughts from your friends at the May Court Club of Barrie" hand written inside. These cards were delivered on March 29th and April 5, 2022 to each facility.

The May Court Club of Barrie has raised and donated over \$2.8 million to the needs of the community. Volunteers also run the May Court Shop - Ladies Consignment at 54B Maple Ave.

Like all organizations they have had to rethink constantly how to continue to raise funds to support the many needs in the City of Barrie.

The next large fundraiser "Makers Market and Holiday Home Tour" will take place on October 2, 2022.

130 Balm Beach Road West Tiny, Ontario L0L 2J0 (705) 526-4204 | 1-866-939-8469 www.tiny.ca

#### NOTICE OF PUBLIC MEETING OF A PROPOSED TOWNSHIP INITIATED OFFICIAL PLAN AND ZONING BY-LAW AMENDMENT

**TAKE NOTICE** that The Corporation of the Township of Tiny has initiated a proposed Official Plan Amendment and a proposed Zoning By-law Amendment as it relates to cannabis cultivation and production (Files: '21/D09' and '21/D14').

AND TAKE NOTICE that the Township has deemed the application to be complete and will be holding a virtual Public Meeting electronically on May 18, 2022 at 6:00 PM under Section 34 of the Planning Act, to consider the proposed Zoning By-law Amendment. The Council meeting will be live streamed on the Township's YouTube channel at: www.tiny.ca/livestream.

#### PURPOSE AND EFFECT OF THE PROPOSED OFFICIAL PLAN AMENDMENTS

The purpose and effect of the proposed amendment is to establish definitions, policies and require a zoning by-law amendment for the establishment of: 1. an agricultural cannabis cultivation facility in the Agricultural and Rural designations and in the Greenlands designation where an existing agricultural use exists; and

2. an industrial cannabis production facility in the Employment Area designation.

#### PURPOSE AND EFFECT OF THE PROPOSED ZONING BY-LAW AMENDMENTS

As the proposed Official Plan Amendment would require a zoning by-law amendment to permit an agricultural cannabis cultivation use or an industrial cannabis production facility, the following new definitions are proposed to be added to the Township's Zoning By-law: cannabis, agricultural cannabis cultivation facility, and industrial cannabis production facility.

A key map illustrating the location of the subject lands is not provided as the proposed amendments would apply to various lands within the geographic boundaries of the Township of Tiny.

The purpose of the meeting is to inform the public of the nature of the proposal, invite public input, and answer questions regarding the proposed Township initiated applications. Any person may make a submission in support of, in opposition to, or to ask a question regarding the proposed Official Plan and/or Zoning By-law amendments. Written submissions regarding the proposal are recommended during this time and can be made to Shawn Persaud, Director of Planning & Development via email at spersaud@tiny.ca or by mail or municipal office drop box at 130 Balm Beach Road West, Tiny, Ontario, L0L 2J0. If you are unable to make a written submission and therefore wish to make an oral statement during the meeting please follow the "Protocol for Public Participation in Electronic Council and Planning Public Meetings" document available on the Township website. You will be provided further instructions on how you will connect during the virtual meeting. Council will then use the information collected at this meeting to make a decision on this matter at a future meeting. If you wish to be notified of Council's decision, please forward such requests (with forwarding addresses) in writing to the attention of the Director of Planning & Development.

If you are submitting written submissions or making an oral statement to the Township concerning this matter, you should be aware that your name and the fact you communicated with the Township will become part of the public record.

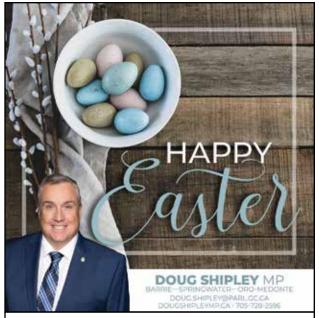
If a person or public body would otherwise have an ability to appeal the decision of Council of the Township of Tiny to the Ontario Land Tribunal but the person or public body does not make oral submissions at a public meeting or make written submissions to the Township of Tiny before the by-law is passed, the person or public body does not make oral submissions at a public meeting, or make written submissions to the Township of Tiny before the by-law is passed, the person or public body does not make oral submissions at a public meeting, or make written submissions to the Township of Tiny before the by-law is passed, the person or public body may not be added as a party to the hearing of an appeal before the Ontario Land Tribunal unless, in the opinion of the Tribunal, there are reasonable grounds to do so.

Additional information regarding the proposed by-law and/or questions regarding this notice must be directed to Shawn Persaud, Director of Planning & Development at the address shown above or by calling 705-526-4204 ext. 240.

Mailing Date of this Notice: April 14, 2022.

VC

Shawn Persaud, Director of Planning & Development, The Corporation of the Township of Tiny



# Honouring Local Volunteers ahead of National Volunteer Week

At the heart of the COVID-19 pandemic, volunteers have demonstrated an exceptional display of solidarity across our country and the world. Responding to calls for help from their local communities, they are everyday heroes who have been assisting vulnerable groups, providing essential services to the elderly, supporting frontline health workers, and doing so much more.

This month we will recognize National Volunteer Week, which takes place April 26-30.

As your Member of Parliament, I invite you to nominate a volunteer in our community of Barrie– Springwater–Oro-Medonte who you feel deserves recognition for their contribution to the community.

Nominees will receive a congratulatory certificate in recognition of their service to the community.

The nominee can be a neighbour, family member, friend or colleague who gives back to our community through their volunteer service.

To nominate a local volunteer, please contact my office at Doug.Shipley@parl.gc.ca or 705-728-2596, or visit my website at https://www. dougshipleymp.ca/volunteers-2022 to complete the nomination form.

Please note that nomi

nees must live in the Barrie-Springwater-Oro-Medonte riding to receive a congratulatory certificate.

I look forward to receiving your nominations!

As always, my constituency office is available to assist you with any matters related to the federal government. Please contact my office at Doug.Shipley@parl.gc.ca or 705-728-2596 for assistance.

Sincerely, PStor

Doug Shipley Member of Parliament, Barrie – Springwater – Oro-Medonte

# Building A Stronger Canada

Working together, we can build a stronger and more prosperous future for all Canadians.

Let's start here in Simcoe North.

At your service: Midland (705) 527-7654 Orillia (705) 327-0513

ADAM **CHAMBERS** 

MP | SIMCOE NORTH

mChambersMP ca

By M.P. Adam Chambers, M.P., Simcoe North

In March, I wrote to Finance Minister, The Honourable Chrystia Freeland about what I wanted to see in the 2022 budget. Below is an excerpt of my letter. I hope Springwater News readers will find this of interest.

The Prime Minister has my full support in Canada's actions taken thus far to respond to the Russian Federation's aggression. The sanctions imposed on individuals, companies and the Russian central bank will damage President Putin's ability to wage war against Ukraine. The government also has my support to implement additional, harsher responses to end to this unnecessary and deadly conflict that has taken the lives of many innocent civilians.

There is no question that our government needed to provide unprecedented levels of support for Canadians and businesses during the early days of the pandemic. However, as the pandemic concerns abate through knowledge gained and the effectiveness of vaccines, we must be prepared to evolve our approach. Canada must focus on putting its own economic house in order so that we may respond to a rapidly changing global context. That starts with reigning in wasteful and unnecessary spending.

We have an opportunity to re-establish Canada as a destination for investment and to supply the world with ethical, conflict-free energy. If we want to stop Mr. Putin's war machine, we must help our allies reduce their dependence on Russian energy by ensuring our energy can reach global markets. Further, we can create a secure North American energy market that uses all sources of Canadian energy, including renewables, traditional fuels and nuclear energy.

#### Closer to home, I raised some local concerns

- Drastically improve the accessibility of reliable high-speed internet across rural Canada
- Reestablish the Lake Simcoe Clean-up Fund
- Implement a two-year temporary ban on purchases of real estate by non-resident Canadians to reduce some demand for housing and related house price inflation
- Encourage more affordable and market-rate housing developments to increase the supply
- Follow through on existing mental health and addictions commitments and additional supports for an opioid addiction strategy

#### **Bearbells and Beagles**

So I admit it...I prefer to go solo for my backcountry trips. I don't have to make small talk or adjust my pace for someone else. However my stepdaughter was very eager to go

with me for an experience where she hoped to...see a bear. Hmm, already this is not going well, as my goal is to NOT see a bear while in the backcountry. And things went downhill from there. I had given



our site and a large storm was coming in from the west. With only two hours of daylight left I made the decision to leave the trail and make camp. I am thankful that my stepdaughter made the best firewood collector ever, letting me set up the camp. During the night the storm came in. Trees came down and water came into the tent due to the strong winds. And my stepdaughter...she peaceful slept through the whole thing. We headed out the next morning with



# FOODLAND

# Call with your shopping list! "Seniors - <u>2% OFF</u> on your <u>DELIVERED</u> order!"

14 Yonge St. North, Elmvale • 705-322-2261

Bearbells and Beagles Leslie Noonan



her a list of items to bring and what not to bring and a good sleeping bag was top of the list. Well, she had certainly picked a great sleeping bag, weighing several tons and folding down to the size of a small car. There was no way to even pack this on us, which meant she had to carry this monster on her for the whole trail. Many times she threatened to throw it into the bush while tears shone in her eyes. We alternated carrying this monkey on our backs, which also meant we were only half way to our site before I needed to think about stopping for the night. Point Grondine is a beautiful but very rugged area. I admit I was concerned, as there was no way to make sunny skies and rainbows. Remember that I said my stepdaughter wanted to see a bear? Well she changed her mind pretty quick. We were collecting water in a ravine when I happened to look up the hill and see the saplings spread apart as a large black bear made his way towards us. I had repeatedly told her that you NEVER run. So what did she do...she started to run. I grabbed her by the straps of her bag and stopped her while pulling out my bear spray. We had an anxious few kilometers until we were certain that the bear had no interest in us. This is still one of my favorite backcountry trips.

# **A TINY SENIOR MOMENT**

#### by Marilyn Hughes, Volunteer Writer - Senior Advisory Committee

How sustainable is your household? It is not new to hear, 'reduce, reuse and repurpose', all intended to divert waste from landfills and to be good to the environment. In our household one of the changes we've made is to use washable cloths instead of paper towels wherever possible and it also helps our pocketbook! Additionally, there are many opportunities available to recycle our gently used items as well as organizations that will pickup these objects from our homes. And now that the warmer weather is coming, watch for signs of Garage Sales! In celebration of all these environment friendly initiatives the Township of Tiny will celebrate Earth Week April 18th – 22nd, with the theme "Bee Kind to the Earth". Be sure to check out Tiny's celebration plans at www.tiny.ca/events.

Not only can we recycle our possessions but also, we can repurpose our knowledge through Volunteering. This activity has become a way for me not only to share some of my knowledge but also to learn more about the community and be involved. I have met so many great people while enjoying the opportunity to contribute and, in some cases, learning something new. It is National Volunteer Week April 24th-30th and in celebration of all those Volunteers who tirelessly spend their free time in support of so many initiatives, thank you!

An enhanced Volunteer registration and information database has been implemented at the Township of Tiny. For more information or to sign up, go online to https://www.tiny.ca/recreation/volunteer or contact the Recreation & Culture Dept. at 705-526-4204, ext. 3, or email recreation@tiny.ca.

#### **Programs, Activities & Events**

#### Waste Cart Exchange Program

The Simcoe County Cart Exchange Request System is open! This program provides residents with an opportunity to swap their recycling and/or garbage carts for smaller ones. The first cart exchange/set of cart exchanges for each eligible County property is free of charge until July 30/22 after which there will be a fee of \$50 per cart admin fee. For more details go to Simcoe.ca and search on Cart Exchange or call 705-726-9300/TF 1-866-893-9300.

Coffee and Connect: For Adults 65+ weekly meetings are being held on Tuesdays from 9-11

a.m. commencing April 19th to May 31st and will provide an opportunity to learn and explore the internet in a safe and friendly environment. Bring your own tech device or borrow one through the IPad Loaner Program. These meetings will take place at the Wyebridge Community Centre. Transportation is available through Community Reach. To register, contact Lisa at 705-529-1789 or email seniors@tiny. ca.

Shuffleboard: Perhaps you'd like to join in this fun low-impact activity while getting some exercise and meeting new people. There will be a 13 sessions held on Fridays starting April 1st through to June 24th at the Wyebridge Community Centre Gym. Registration is required but participation is free. To register go to www.tiny.ca/parks-recreation or call 705-526-4204, ext. 3, or email recreation@tiny.ca.

Events: The 2022 Mayor's Charity Golf Tournament will be held on June 17th at Orr Lake Golf Club Hwy. 93. Brush off the golf clubs and register in support of so many worthwhile charities who will be the recipients of the Tournament. At the same time, you will have a chance at winning some great prizes while having a fun day! For information contact jjosiah@ tiny.ca or call 705-526-4204 ext. 288.

Communications: A great way to keep informed on what's happening in the municipality is through TinyConnect. You can receive information via text, email, voice or TTY/TDD. There are several ways to register and receive updates, such as online at www. tinyconnect.ca, or phone 705-526-4204 ext. 301.

#### **Health Resources:**

Telehealth – This is a free and confidential service. Call 1-866-797-0000 to speak with a Nurse 24/7.

During off hours if you need to contact a doctor, other than for emergencies, contact Rocket Doctor at 1 867-670-2273. This is a free and confidential service with a quick turnaround time.

Transportation - CT Link - a community transportation service for Simcoe residents for medical (priority) and other appointments within Simcoe County and other destinations. If wheelchair assistance is required, advise when booking. To request this service, go online to ctlink.ca or Dial 211 for assistance.

"You will face many defeats in life, but never let yourself be defeated." Maya Angelou

## **Ontario Giving Long-term Care Residents** More Nutritional Choices and Variety

#### Increased funding will help longterm care homes provide menus that better meet the needs of residents

The Ontario government is investing over \$40 million in additional nutritional support funding for long-term care homes so residents can receive more individualized food choices, more fresh produce and local foods in season, and additional menu flexibility.

"Our government has a plan to fix long-term care and to ensure Ontario's seniors get the quality of care they need and deserve," said Paul Calandra, Minister of Long-Term Care. "This major funding increase for food and nutrition will go a long way to supporting the comfort and quality of life of residents." In addition to providing a 15 per cent funding increase for nutritional support to homes, the government is adopting new regulations under the Fixing Long-Term Care Act, 2021 that will further increase quality of life and care for residents. Once they come into effect on April 11, 2022, long-term care homes will be required to deliver:

Menu planning flexibility that better reflects the needs of the residents such as speciality diets and menu substitutions that have consistent nutritional value;

Menus that are approved by a registered dietitian in addition to residents' preferences;

Menus that provide a variety of foods every day, including fresh produce and local foods in season; More flexibility for each home to increase menu choices for residents and reduce food waste; and

Meals and snacks at times that are chosen with support from the home's Residents' Council and its

administrator. The government has a plan to fix long-term care and



#### **Jo Knows Nutrition**



Submitted by: Joanne Nijhuis MSc, RD, a consulting and culinary dietitian in Simcoe Grey Bruce.

Here's a healthy take on the usual pancake fare. Enjoy this recipe with apple slices, berries, nuts and of course, maple syrup.

**HEALTHY APPLE OAT PANCAKES** (3-4 servings)



#### **INGREDIENTS**

- 1 1/2 cups (375 ml) old fashioned rolled oats, gluten free if preferred
- 2 teaspoon (10 ml) baking powder
- 1 1/4 teaspoon (6.25 ml) cinnamon
- 1/4 teaspoon (1.25 ml) cloves
- 1/4 teaspoon (1.25 ml) nutmeg
- 1/4 teaspoon (1.25 ml) salt
- 1/2 cup (125 ml) unsweetened applesauce
- 1/2 cup (125 ml) milk or non-dairy (i.e., almond, soy, oat, coconut)
- 2 eggs or egg-substitute
- 1 teaspoon (5 ml) vanilla extract
- 1 tablespoon (15 ml) pure maple syrup
- Vegetable oil or cooking spray, for cooking

#### **INSTRUCTIONS**

1. Add all of the ingredients to a bowl and stir well for textured pancakes or add all of the ingredients to a blender and blend on high for smooth pancakes. Add more milk/non-dairy milk if the batter is too thick.

2. Add some oil or cooking spray to a pan or griddle and cook the pancakes on medium heat for 2-4 minutes until bubbles appear on the surface around the edges of the pancakes. Flip and cook until browned. Adjust the heat up or down to ensure the pancakes are browning, but not burning.

These pancakes keep well in the refrigerator 3-5 days or in the freezer for up to 3 months.

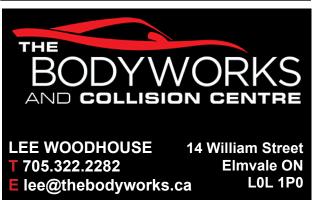
to ensure Ontario's seniors get the quality of care and quality of life they need and deserve both now and in the future. The plan is built on three pillars: staffing and care; accountability, enforcement, and transparency; and building modern, safe, comfortable homes for seniors.

#### GBGH Offering Wide Range of Surgeries Locally

Over the course of the pandemic, surgical programs across the province faced multiple ramp-downs and delays for patients as hospitals managed surges in admissions related to COVID-19. The main objective of the plan includes two important aspects – ensure local patients know they can receive the surgical care they need at their home hospital, and reduce wait times, made worse by the pandemic.

Data gathered by GBGH about patient patterns for surgical procedures indicates more than 3,700 local patients from Midland, Penetanguishene and the surrounding area are currently travelling elsewhere in Simcoe County, or outside the region, for procedures which could have been completed at GBGH. Specifically, only 22 per cent of local patients received their surgical care at GBGH with more than 40 per cent leaving Simcoe County entirely. This equates to more than 7,500 hours of time and 600,000 km in distance.

"With our recent program expansion, we are able to offer some of the shortest surgical wait times in the province," says Dr. Paige Churchill, chief of Surgery, GBGH. "I'm very encouraged by GBGH's wait times performance, where the majority of elective general surgeries are completed within eight weeks of booking. We are also out-performing provincial | Enjoy!



#### **GBGH Offering...** continued

wait time targets for colonoscopy procedures in our Ambulatory Care department."

GBGH offers a wide variety of general surgical procedures that includes advanced laparoscopic surgery for both bowel operations and hernia repair, breast cancer surgery, GI endoscopy, and minor procedures such as carpal tunnel release, skin cancer excision or vasectomies.



Place your poultry orders for day old and ready to lay birds Don't miss out

# NOW HIRING APPLY IN PERSON

## Midland Lawn Bowlers Do Well in the Sunshine State

SARASOTA – Local lawn bowlers Cindy Higgins and Lynn Cranch took top honours in an Open Tournament held here recently. With stiff competition from bowlers from surrounding counties, they won the Women's Pairs event, then went on to defeat the winning Men's Pairs team in a playoff held a week later. They are now heading north with a goal of making it through to a 2022 National event here in Canada.

Lawn bowling is a sport that men and women of all ages can play together on an equal basis. The Midland and District Lawn Bowling Club offers free lessons and has a series of open houses planned for the month of May. For more information visit midlandlawnbowlingclub.ca



*Photo:* Local Lawn Bowlers *(left to right);* Cindy Higgins and Lynn Cranch

### BARRIE RESIDENT WINS \$36.4 MILLION TOP PRIZE WITH LOTTO 6/49

Yvonne Sauve of Barrie has that "6/49 feeling" after winning a LOTTO 6/49 top prize worth \$36,449,852.60 in the January 12, 2022 draw. Yvonne, who works in retail, said one of her colleagues asked her if she had a ticket for the LOTTO 6/49 draw because the winning ticket was sold in Barrie. "I was at the store a few days later and while I was fiddling around with my phone, the clerk was checking my ticket. I heard her say, 'Oh my God!'" Yvonne shared while at the OLG Prize Centre in Toronto to pick up her big cheque. "I looked up and saw the Big Winner screen, and thought, 'Oh, this can't be right." Yvonne's big win came from a Free Play. After sharing the news with her boyfriend, she called her sister. "When she asked me how much I won, I couldn't get a grip on the full amount, so I read the numbers off one by one – she was more excited than I was! I was completely shocked, but calm. I've felt calm and confident up until now," she said. "It feels amazing - I can't imagine this shift in my life. I'm so accustomed to pinching pennies - it's going to take some time to settle in.' Yvonne's plans for her windfall include retirement and spending the summer traveling. "I want to plan a trip to Nashville with my friends when it's safe to travel, but the first thing I will do is make sure the special people in my life are taken care of. They've been loving and loyal to me for so long. I can't wait to share this win with them," she smiled. "When I've dreamt of winning the lottery, it was about taking care of my family and friends."

## **HIDDEN GEMS**

#### North Simcoe Rail Trail

The North Simcoe Rail Trail is a 30 km. trail that follows the route of the original North Simcoe Railway, built in 1878 and completely abandoned in 1991. The trail is an easy north/south hike as it has only very slight changes in incline and is, therefore, fully wheelchair accessible. In the south, the trail starts at Pinegrove Rd. just north of Sunnidale Rd. on the outskirts of Barrie. The trail ends in the north at the Tiny-Flos Townline near Hwy. 27, just north of Saurin.

Used by hikers, cyclists, snowmobilers and equestrians alike, expect to travel through forests, meadows, farmlands and swamps. In addition to this abundance of natural beauty, the trail also goes through the communities of Anten Mills, Phelpston and Elmvale. This trail also follows the Ganaraska hiking trail for a few kilometres and also links up with the Tiny Trail which continues another 22 km. to Penetanguishene. No matter what time of year it is, you will be surrounded by gorgeous landscapes and curious wildlife.

There are 11 specific points of interest along this route, with accompanying signage. Number 1 on the list is the Minesing Wetlands. This area is documented as being Ontario's largest remaining wetland and a great place to encounter a wide variety of flora and fauna. Fort Willow is the next stop. It is famous for being a major supply storage area during the War of 1812. Every September it hosts the Nine Mile Portage Heritage Festival highlighting the life of military personnel, settlers and First Nations peoples during this historical period of Canadian history. Continuing north, you will come across the ruins of an old rail town settlement at Josephine. Mayer's Marsh is the number 4 spot. This small side pedestrian path skirts the embankment of Willow Creek and also includes a viewing station. Minesing Station follows with a lovely shelter and picnic spot. There is a memorial to Paul Gleason, a founding member of the North Simcoe Rail Trail, on site. A dairy farm featuring Holsteins and the Spring Water Golf Course are the next two locales. Our number 8 spot is Hendrie Station, location of an old railway station and conveniently situated moments from The Fry Guy. Further on you will be traveling through dense hardwood forest and swampland. Heritage Park in Elmvale is stop number 10 and is a great opportunity to check out the shops, restaurants and tearooms of this quaint small town. The final spot on the list is Flos Road 10 in the heart of farming territory.



There are many possible entry points to this trail and parking can be found at the following locations: Pinegrove Road, Fort Willow, George Johnson Road, Minesing Station Park, Hendrie Station, Phelpstown Roadside Parking and Heritage Park in Elmvale. Washrooms are also available at Minesing Station Park, Fort Willow and Elmvale. With the Easter weekend right around the corner, why not spring into action and take a stroll with family and/or friends along the North Simcoe Rail Trail.



Elmvale Branch: 705 322-1482 Midhurst Branch: 705 737-5650 Minesing Branch: 705 722-6440 www.springwaterlibrary.on.ca information, branch updates and our virtual programs. Programs and Videos on Facebook and YouTube (search Springwater Library)



#### **Easter Hours**

All branches of Springwater Public Library will be closed on Friday April 15 (Good Friday) and Monday April 18 (Easter Monday). Have a safe and happy holiday everyone!

#### **Minesing Branch is now OPEN**

We opened the doors to welcome everyone back at Minesing Branch! Our hours are Tuesdays 10am-5pm and Thursdays 1pm-7pm. Staff member Joanne will be in branch on Tuesdays and Kaitlyn on Thursdays. Be sure to come in and say Hi!

#### Volunteer Income Tax Program

Phone the Elmvale branch and receive a call back from this free tax preparation. See the library's website for more details or email the Canadian Volunteer Income Tax Program at: cvitp.elvmale@ gmail.com

#### Kids Take and Make Washcloth Bunny

Get hoppin' to pick up your cute washcloth bunny before they all disappear! Kits available starting Tuesday April 12.

#### Lego Building Challenge

This month's Lego Building Challenge on Thursday April 21 is a something from the AMAZING Harry Potter series! Take a picture of your Lego creation, email it to us and receive a FREE Lego figurine! The monthly Lego building video can be found on the library's website or Facebook page.

#### Simcoe Author Talks: April

This month we host two authors: Tara McKenna, and her book, Don't be Trashy: A Practical Guide to Living with Less Waste and More Joy, outlining how to reduce the waste you produce. Friday April 22, 2pm. Next is author, Faranza Doctor, and her book, You Still Look the Same which urges us to take a look how human relationships are never what we expect them to be. Thursday April 27, 7pm.

#### Kids Take and Make Flower Suncatcher



#### 1100 Flos Road 4 West, Phelpston

Complete Repair & Maintenance service Cars, Trucks & Trailers Motor Vehicle Inspection Station Clean & Modern Facility Quality Workmanship in Every Job Marc Schutt • Tel: 705-322-4301 Fax: 705-322-3027 Email: twoguysautomotive@hotmail.com Colourful and fun, each one is different! Kits available starting Friday April 29.

#### **Balloon Sculpture/Face Painting Workshop**

Ages 8+ team up with a parent or teen with a parent team come to the Midhurst Branch and learn some balloon twisting techniques and face painting tips and tricks with Mabel Moon! Tuesday May 3, 4:30pm or 6:30pm. Cost \$15. Registration required.

#### Storytime IN PERSON Events!

Mark your calendar for these special outdoor storytime events happening in May! Tuesday May 10, 10:30am at Hickling Trail and Thursday May 26, 10:30am at Homer Barrett Park. Registration is required.

#### Knit 2 Together

Calling all "Yarn Divas" of all ages who love to meet and chat because let's face it, "Knit Happens". Beginners welcome! Thursdays 6:30pm Elmvale Branch. The group requests that attendees please wear a mask.

#### Anten Mills by Dennis Gannon

April showers bring May flowers. The recent rain is definitely making the lawns a bit greener and the snow is virtually gone everywhere. All which is graciously accepted. April also brought some interesting news to the community. There is a new Facebook group for Anten Mills Gardeners and wanna-be-gardeners. The group has already had a great start with people joining and the purpose is well stated. The group wants to help shape Anten Mills into a resilient and strong community through the growing of annual vegetables, berries, insect friendly perennials and flowers that bring beauty and smiles to our neighborhood. They want to have seed, plant and harvest swaps, make new friends, share photos etc. Hopefully they will assist and contribute to our anniversary gardens as well which should start blooming soon with the over 300 bulbs that were planted in the fall. For more information on the group and how to join check the Anten Mills Community Facebook Page.

The end of April has the National Volunteer Week which runs from April 26 to 30. Our community has many well deserving people who volunteer countless hours to a variety of organizations and groups. In order to recognize their valuable work, MP Doug Shipley is looking for nominations so that they can be recognized. Check his column out in this paper or contact his office for more details and let's show our appreciation to those who contribute so much to our community.

Speaking of volunteers who give so much, Marjan De Jong Deller is continuing her quest for the Hike for Hospice on May 1. Marjan has volunteered for more than 21+ years to this valuable organization and is one if not the top fundraiser. If you have had a loved one use the service of Hospice Simcoe think about how well they and you were received and consider making a donation. Marjan can be contacted through the Community Facebook Page

Over the past several weeks comments have been received concerning the operation of ATVs and dirt bikes along the rail trail. It was noted in the last column that the trails in the County of Simcoe forests were closed until May 1. Many times it has been written that they are not permitted in the community park or along the trail between Horseshoe Valley Road and Hendrie Road. Yet there are those who continue to ride and harass those who chose to use the trail for the passive recreation purpose which it was created for. The message doesn't seem to be getting to those responsible to the youths who ride and operate these vehicles and this is frustrating to everyone. Spread the message to everyone you know who owns a dirt bike or ATV on where they can be legally operated. Most people carry their cell phone with them at all times. If you see someone illegally operating along the trail or in the park, take a video and submit it to the Township of Springwater by-law department. They can only act if they have information. The County of Simcoe has taken it a step further by having County By-Law, private security and off duty OPP officers monitoring the trails in the forests. The County is serious about the damage being done and it's time we become serious as well and let the township know what is happening. You may see elsewhere in the paper that the township intends to upgrade the entire rail trail to make it totally accessible. Steps need to be taken to ensure restricted activities are not occurring.

# Whitfield Pharmacy **Refer a Friend Promotion!**

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Know someone who could benefit from easy and convenient medication management?

Tell them about Whitfield Pharmacy's free Blister Packaging Promotion! If they sign up and let us know you referred them, you'll receive a FREE \$10.00 in store gift certificate!

> Tell them to phone 705-322-1011 and speak with Tiffany to get started!

#### **16 Queen St West Elmvale**

Your Friendly Neighbourhood Pharmacy. to the operation and that is the birth of baby Harper whom Matt says she will likely be around to greet everyone. So if you have suffered too long without good fries stop by and say hi and get your first fries

of the season this weekend. After a two year absence this Saturday a long time tradition is returning to the community. With the assistance of some amazing community members, the Anten Mills Community Recreation Committee is pleased to advise that there will be an Easter Egg Hunt, Saturday, April 16 at the community centre and park. The volunteers have created three groups. The first is for those 5 and under who will participate in an egg hunt in a designated area. The second is for those 6, 7 and 8 who will need to hunt for their special egg. The last group 9 to 11 will have a scavenger hunt to complete. All will get their reward following their individual quest. There is a limit on numbers and registration will begin at 10:30 followed by the activities starting at 11. As part of our community commitment bins will be out for donations to the Elmvale and District Food Bank. Let's help replenish their supplies for the coming months. Come out, see your neighbours after a long winter and let the kids have fun. A huge community thanks to those who stepped forward and created this event. Check the community Facebook page for more details.

Thanks for reading, Be Well and Stay Safe.

#### Anten Mills Community Recreation Association Easter Egg Hunt

Saturday April 16th · Registration begins at 10:30 am at the pavilion · Egg hunt at 11 am Donations to the Elmvale Food Bank most appreciated!

Kids 5 and under Fill your basket with eggs and get your bunny!

Kids 6,7 and 8 years old Search for your numbered egg, when you find it you get a bunny! Numbers given at registration.

Kids 9,10 and 11 years old Scavenger hunt! Search out the 10 clues and return with the correct answers for a bunny.

Event runs rain, snow or shine

Spring is certainly here with the annual opening of the long time community gathering spot of the Fry Guy. Matt opened for business this week and is happy to have everyone back. There is a new addition







IF YES...

# WE CAN HELP!

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#### **HEY DADS!**

Well it's time to put the "spring" back in Springwater because it's actually spring. And with spring we get water. Have you had any negative experiences with water? Maybe water tanks or water wells or drinking water or sewage water? Earlier this week I had an interesting experience with a certain type of water on that list. Can you guess which one? We were visiting some friends of ours and they kindly let us stay in their 5th wheel RV which they connected up beside their house. This is a beauty of an RV and it actually sleeps my nine happy kids and one patient wife quite comfortably. Plus it provides me an opportunity to learn something about life in an RV. The hardest lesson I have had to learn so far has to do with RV plumbing. It's a pretty simple concept, however. All the waste water from the kitchen sink and shower goes in the grey tanks. All the waste water from the toilet goes in the black tank. There are not magical elves in the RV that empty these tanks. There are not even magical children in this RV that will empty these tanks. So it's a good job for dad. The boys asked if they could help but I kindly suggested they stay far away from this task. Good thing I did.



We have a little macerator pump to help drain the dreaded black tank. According to the interweb one definition of "macerate" is to "separate - divide into components". Some of the "items" in the black tank need to be, um, divided into components so the pump can blast them through the hose into the septic tank. Just consider that process for a moment.

Now, I was getting the hang of emptying the tanks after a few times of doing it, but somehow this time the pump got clogged. This is not good, my friends. This is very, very bad. Very bad. Fortunately, the pump has a washout option so you can hook up a garden hose to help if there is a clog. I happily did this expecting it to help unclog the clog. Nope. It in fact did something quite the opposite. It created some pressure on the joint connecting the pump to the RV. This joint was not built to handle very much pressure and as I sat there happily observing the process (and feeling quite proud of myself for doing my dadly duties of emptying the tanks) a series of unfortunate events happened. They happened rapidly. The pressure built. The joint separated. The pump disconnected. The hose sprayed. The sewage exploded. The "components" in the pipes and pump blew out into my face. And onto my chest and my arms and my legs and pretty much my whole self was blasted. Not blasted to bits but blasted with bits. My happy mood was literally snuffed out. I spent the next half hour spraying myself and the general area with the garden hose, cleaning out the pump, reconnecting everything and finishing the job. I got the job done and I made a memory. A crappy memory. But a good lesson to learn and pass on to the next generation about RV plumbing. Time flies! So does pulverized, pressurized poop, unfortunately. Make every moment count dad! Jason Weening learns about plumbing with nine kids and one patient wife. For more plumbing tips check out heydads.ca.







submitted by Cory Spring Wimmer We are super proud to say Riley is a 1st time NATIONAL CHAMP 2022.

Team Coral put together two flawless runs and "hit zero" in both runs!

Team Coral, Level 1 under 12 Allstar team had an undefeated season and can now say they are



National Champs! Way to go Riley!

Riley also has competed on Team Moonstone this year, a Level 2 under 12 Allstar team and wow they hit it today too - Silver Medal!

Riley... your hardwork and dedication has paid off! Congratulations to both teams on a fantastic weekend in Niagara Falls!



In February 2022, the Georgian Bay General Hospital (GBGH) Foundation appealed to the community to help raise \$175,000 for defibrillators and crash carts during their Kickstart Your Heart campaign. Thanks to generous community support, the goal was achieved and new crash carts and defibrillators will be in use across the hospital in April.

The appeal was supported by local philanthropists, Conrad & Donna Huber, who pledged

\$100,000 in matching funds to the campaign. Local radio stations Pure Country 106 and Bounce

104.1 put their voices to the airwaves to build awareness and inspire others to join the Hubers in making a financial gift.

"We are absolutely overwhelmed with the fierce generosity that our community demonstrated during Kickstart Your Heart," shares Nicole Kraftscik, executive director, GBGH Foundation. "We want to extend our heartfelt gratitude to Conrad & Donna Huber, Pure Country 106 and Bounce

104.1 and everyone who contributed to raising more worthwhile."

than \$184,000 for this vital hospital equipment."

Eleven new crash carts and eleven defibrillators arrived at GBGH in early March, and will be assembled & calibrated before staff training begins in April. Crash carts are stocked with basic airway equipment, tools for intravenous (IV) access, medications and defibrillator pads. Each crash cart also has a lifesaving defibrillator mounted for immediate access, and enables the care teams to deliver high-quality CPR, provide optimal defibrillation and pacing for patients experiencing a cardiac emergency.

"The excellent team at GBGH was able to save my life with a defibrillator, and the smile on their faces when I came to is a testament to the caring professionals working in emerg," shares Ed Shirley, GBGH grateful patient. "It made me happy as well. Thanks to generous donors, the team was able to bring me back with the necessary equipment. Anything we can do to keep the smiles on their faces, and the faces of their patients and families, is definitely worthwhile." Springwater News • April 14, 2022 • Edition 623 • E-mail: info@springwaternews.ca

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On Tuesday, March 29, the Township gave its thanks to the Elmvale and District Lions Club for their generous donation of \$20,000 towards the purchase of a new digital sign to replace the current Welcome to Elmvale sign. The sign will be the first digitalized sign to be installed within the Township as part of the municipality's Outdoor Digital Signage Program. With the support of the

Lion's Club, the Township is well on its way to achieving this project. The planning and design phases for the new sign are currently in progress, and the sign will be installed in Elmvale this summer at the intersection of Yonge Street and Train Avenue. The sign will be used to provide information on community events, Lions Club initiatives, Township programs and services, and public safety and emergency messages.



#### Kempo Students Awarded Belts



*Photo below:* Angus & Sensei Martin Ladouceur



COVID-19 lockdowns, restrictions and mandates over the last two years have not slowed the progress of students who train in the art of Shung Long Kempo. 8-year old Brody Thompson was awarded his Yellow Belt on March 28th and 9-year old Angus Adams his Orange Belt on March 29th. Both students have been taking private lessons during the pandemic under the guidance of Sensei Martin Ladouceur, Master Instructor at Double Dragons Martial Arts Studio in Wyevale (705-322-6951). With the recent lifting of restrictions and mandates, the private club has re-introduced group classes as of April 4th. In the interest of the health and well-being of instructors, students and their families, masks and other safety protocols remain in place for the time being.

Brody has returned to group classes while Angus continues with private lessons twice a week.

#### Making Music at Midhurst United Church

Are you missing music? We are raising our voices in song again and you are invited to add your voice to ours. Making music raises our spirits, engages our brains and lungs and provides a relaxed social opportunity. We are pleased to be singing 'in-person' again.

Our church choir is a group of untrained singers who love to sing. Church choirs often meet weekly (ours meets on Wednesday evenings) to learn some music, share laughter and practice singing in harmony. Then on Sunday mornings the choir leads the singing for worship. At Midhurst United, in addition to piano and organ, we also have tambourine and flute accompaniment. If you play an instrument, we can make space for you too.

At Midhurst United our music director is Christopher Ness, a career musician and educator. Chris has nurtured and taught vocal and instrumental music from beginners to skilled musicians of all ages. He taught music at Huronia Centennial Elementary School in Elmvale and at Innisdale Secondary School in Barrie. He has led church music and choirs at Collier Street and the former Barrie Central United Churches. It is truly amazing how Chris can get our motley crew sounding terrific!

Perhaps you have been hesitant to join a choir because you don't know how to 'read music' or don't think you voice is 'good enough'. Singing with a group helps to overcome both of these concerns. You stand with a group and the follow the tune of the people standing close to you who sound like they know what they are doing. Over time, you will also begin to see how the notes going up and down on the lines help you know when to sing higher or lower. As well, with the digital recorders we all have in our hands - our cell phones - anyone who wishes may record their part at practice to sing along with when



they are at home. Chris has also made recordings for choir members to practice with.

In Midhurst, you can be part of this joyful activity – no auditions, no pressure and you do not need any previous church experience. In fact, if you can't make it every week that is OK too. If you find joy in making music – or used to – come find your song (again) with a church choir near you. For more information about music at Midhurst United Church, contact Chris at music@midhurstunitedchurch.ca, or come to the church on a Wednesday evening, 7:00 PM for a warm welcome.

Come celebrate Easter at a local church!

#### Wild Church

The next gathering will be a Sunrise Service on Easter day, April 17, at 6 am. Sunrise is at 6:32 am. We will be done by 7 am which leaves you plenty of time to attend your regular Sunday worship service. The theme will be "New Life Rising". You are invited to also bring pen and paper (or something to record your thoughts) for the time of reflection.

We will meet at the Simcoe Admin Building at 1110 Hwy 26. Park in the lot on the far left. Rev. Dr. Bruce Sweet, provides leadership for Wild Church, and will be waiting in the gazebo where the trail starts. Dress for the weather.

For more information, email brucesweet4@gmail. com or call 705-209-3899



Over \$1,000 was raised by the Askennonia and the Midland Area Pickleball Club (MAP) players in support of Ukraine

#### **Midhurst United Church Easter Services**

We have 2 worship services planned and welcome anyone to participate. Good Friday Remembrance Worship Service is Friday April 15, at 7:00 PM. It is in-person only and masks are required.

Our Easter Sunday Worship Celebration is Sunday April 17, at 10:30 AM both in-person (masks required) and on-line via ZOOM. See our website www.midhurstunitedchurch.ca for the ZOOM link.



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#### **Sports** with Patrick Townes



What a weekend for sports! The Jays are in full swing, and one of the most historic golf events came to a close. Set a reminder in your calendar for next year to take the Friday off work and enjoy the "spring" weather and some great sports television. As this article is being written, Brad

Gushue's rink holds a 4-3 lead after 5 ends against Sweden. Sweden has 3 hammers and Canada only has 2 hammers. Statistically they are behind the eight ball but I hope they can pull it out. It is amazing how close some of these curling games are based on the score, but the winning team is in complete control.

For example, a team may have no issue giving up 2 or 3 in the 9th end as long as they are tied coming home with the hammer. The hammer is power in the professional game.

The Thursday Night Curling League came to an end this weekend. It was great to get together at the rink for a league bonspiel, the first one really since Covid hit. The team skipped by Kevin Fleming and Tim Belcourt won the Dave Hummelink Memorial Trophy. They defeated the first ranked team Larry Fleming in the semi-final and then defeated the team skipped by Al Johnstone and Brian Lalonde in the final. The Fleming/Belcourt rink has won the trophy 5 out of 6 years.

The Blue Jays currently sit at 2-1. They are poised to win 95 games this year. They are a left-handed bat that can hit 4th or 5th in the lineup, and 1 pitcher away from being a dominant team. It is hard to appreciate this team when you are so close to them and you watch them every night. But believe the hype - they are a young and electrifying team. It will be an exciting year.



Photo: The team skipped by Kevin Fleming and Tim Belcourt won the Dave Hummelink Memorial Trophy. Left to right: Paul Agar, Trent Turner, Tim Belcourt and Kevin Fleming.





#### CHECKING IN@PPL News & Events at the Penetanguishene Public Library 24 Simcoe Street 705-549-7164 www.penetanguishene.library.on.ca

#### **PD** Programs are here!

#### The Beatles

#### April 13, 2022 at 11:00 a.m. via Zoom

Join us in a conversation amongst Beatles fans and share your love for the band. Talk about your favorite song, band mate and record. Pre-register at pennlibbk@gmail.com to receive your zoom link.

#### Story Walk for syrup season!

Join our story walk outside the library and learn about maple syrup!

#### Ukrainian Easter Egg Coloring Contest

Pick up multiple pages for coloring at the library and bring them back completed by April 15. Prize winner will be announced on April 16. Must have library card to participate. Open to all ages.

New @PPL

Autism Awareness Month at the library. Various books available for check out.

Wreath sale to support Ukraine! Sponsored by Friends of the Library. Come check out our wreaths which can be purchased from \$25.00 -\$40.00. Proceeds will be donated to the Red Cross in support of Ukraine.

Come to the library and see our Sunflower Wall. Sunflowers from the Sunflower Craft are displayed made by children participating in the craft.

#### Spring is arriving!

Start your garden planning by stopping by the library to check out items about gardening.

Let's Stay Connected! Like and follow us on Facebook: Penetanguishene Public Library Follow us on Twitter: @PPLlibrarystaff Follow us on Instagram: penpublib

#### Hillsdale Freestyle Skier Wins Gold at National Competition

Sixteen-year-old Thomas McEwen from Hillsdale recently competed at the Freestyle Canada Junior National Competition at the Calgary Olympic Park on March 22-28, 2022.

In slushy springtime conditions, Thomas was able to win the Gold medal in the U16 Slopestyle competition. He had the highest score of the competition with a 94.6.

"I was happy to land a clean run and execute it the way I envisioned", says McEwen. "My category definitely had the highest level of competition with some of the best athletes competing from across Canada."

Thomas finished fourth in the Big Air competition the next day, missing the podium by only three tenths of a point. "It has been a tough couple of years trying to progress and compete in my sport, thanks to the pandemic. And my journey has not been without injury. I'm proud that I could finish off my season on a high note. I hope to get to more North American competitions next season, competing in both the US and Canada. Thanks to my coaches Geoff Lovelace and Adam McIntaggart for getting me to this point", states McEwen. Thomas is a grade 11 student at Elmvale District High School as shown below.



#### Annie's Journal by Annie Warner



Shortly after her birth, my son, Jeffrey, held his first daughter in the palm of one of his hands. She was so tiny. When I looked into my son's eyes in that moment, I saw that he'd become a Dad. He may have been unsure about many things, but there was no

doubt that he'd be that little girl's Dad forever! And he is. And he continues to live the beliefs he built into his family's framework.

One of the things I appreciate about Jeffrey is that, although he understands how the past has brought him to the present, and he does plan for the future, he's able to live fully in the moment.

We hear a lot about living in the moment these days in the use of the word mindfulness. According to Harvard's Human Resources website: Mindfulness is a quality of alert, open awareness. In contrast to a multitasking mind, mindfulness is a state of mind that has the ability to pay attention in a particular way, on purpose, in the present moment.

On July 13, 2020, the University of Queen's Gazette published this statement by Communications Officer Anne Craig: Queen's University researchers uncover brain-based marker of new thoughts and discover we have more than 6,000 thoughts each day.

Okay. Let's say we sleep 6 hours every night leaving us 18 hours of conscious thoughts: 18 hours x 60 minutes x 60 seconds in a minute divided by 6,000 thoughts = a new thought every 10.8 seconds. If we sleep 8 hours each night, we may have a new thought about every 9.6 seconds.

It isn't easy to be present in each moment with so many thoughts running through our minds every day. Understanding what's important to us makes it easier to focus on the thoughts that align with our beliefs and enables us to evaluate thoughts related to new information. Unfortunately, negative, hurtful, judgmental thoughts can slip into our minds. Sometimes these thoughts are aimed at us. Sometimes they emerge from our minds as words through our lips – negative, hurtful, judgmental words aimed at others.

As God's children, we can prevent this by being present in the moment. Being present provides us with the opportunity to respond with words and actions that are wrapped in the love of God. We can choose to develop the quality of alert, open awareness. We can learn to listen and pay attention to what's happening around us. We can learn to pray, in the moment, about what to do next.

April 15 is designated as Good Friday; April 16 is designated as Passover; and April 17 is designated as Easter Sunday. According to researchers, we will think about 6,000 thoughts each of those days - that's about 18,000 thoughts. Will some of them be about God? Will those thoughts draw us closer to Him, or will we discard them or disregard them all together? Which thoughts will we recognize as Truth? What will we do with Jesus? The choice, as always, is ours. Amen.

#### Thanks Be To God.... Blessings Ed

#### March 3, 2022

This is an update since my birthday two weeks ago and its important to me, I will share it with you. Some of you have asked me what the cancer is like in regard to what is going on, and I myself would like to know what as well. There are 2 things I do know, and that is Jesus is coming back to earth to claim all of us who have given their heart and soul to Him, and the cancer I have is terminal. I think this is a sign of the cancer spreading further in my body.

Yesterday afternoon without any warning, my back started to ache, enough that it was very uncomfortable, so I took 2 extra strength Tylenol. These normally give me relief, but not this time. I texted my Dr and he prescribed Gabapentin which deals with nerve end pain. So, on top of 30mg hydromorphone, 500 mg naproxen, 600mg gabapentin we will see how this day goes. It's all about managing the pain level.

The Dr's at RVH said the cancer is beyond curing and any treatment is just prolonging the inevitable. That's why I quit chemo and radiation treatment.

I am praying for our brothers and sisters in Ukraine and Russia who are in the war zone for protection and safety, and that a peace will be put in place. March 10, 2022

It is 1:30 am now and I have been around the world in medicines. Yesterday was the third day this week of going to Shoppers for medications. It all started on Monday when I noticed I was walking unsteady and losing my balance at times, so I thought of my medication.

The only thing that I could think was the new Gabapentin 300mg tabs I was taking, the label said 1 tablet twice daily. I sent text to my Dr. He agreed for me to stop the prescription and said we could always start it again at a lower dose. It was good for pain relief. I have pain in my hips and spine as well as my neck. Since I stopped till now, it's been Hydromorphone 24mg, 500 mg Naproxen, and Tylenol to suit, but something has changed and I need something more, so here we are adding Gabapentin 100mg. This is not

doing enough because I took one 4 hours ago going to bed and the pain woke me up just now and I took another 100mg. It has takin my pain down to aching verses a throb, so we will see, but I don't think I will be going back to sleep for awhile.

#### Friday Mar 11

My pain is not being regulated steady with the current dosages, so I am using my Dr high water mark in reference by increasing the Gabapentin 100 to 3 times daily. During the night of sabbath morning I was paining again and no sleep, so I increased the Gab to 400mg daily and we will see tonight.

On the good side of things I think my taste buds are coming back on line, therefore helping my appetite. When food does not taste any good, it is surprising how little you want to eat. My weight is around 160 today from a benchmark low of 156 last week

The other medicines were renewals and relief from severe constipation, which has been served.

Going forward from here, brings to my attention how quickly thing can change for worse, and I only look for the time when, with Jesus I will walk through eternity, until then He holds my right hand.

Good morning on **St Patrick's Day** in 2022. I have been feeling pretty good for most part, although this morning I woke feeling energetic, but after my morning pills and breakfast that went away. I increased my hydromorphone by 3 mg overnight and maybe that was the reason.

Now here it is late in the day and suddenly out of nowhere I am getting a sharp pain on my right thigh, down to the kneecap. I will be taking Tylenol, it is my standby. But overall I am doing well, praise the Lord. PS: St Patrick was a British missionary to Ireland



### Rosie's Devotions

**The Easter Bunny** 



Many years ago, our first born daughter, Christine, was given a plush yellow stuffed rabbit as a shower gift.

by Rosemary Hagedorn

As Christine grew, she took her

rabbit to slumber parties, on shopping trips, on vacations, and even overseas; wherever she went, the yellow rabbit would tag along. Most of all, the yellow rabbit was loved and cuddled every day. She could not fall asleep unless the rabbit was safely tucked under her chin. And if, for some unknown reason, the rabbit was not in its usual spot, Christine would frantically search and search until the rabbit was found.

Over the years, the bright yellow colour faded. The fur became matted and thin. The rabbit's neck hung limp on one side. I had to replace the neck, add some stuffing here and there, and practically enclose it into a whole new body.

As Easter is just around the corner, I was reminded about my daughter's stuffed rabbit getting a new body, and of God's promise to us, His children, getting a brand-new body, just like Jesus', one day. Easter is not about bunnies, chocolate Easter eggs, or coloured eggs. Easter is about the resurrection of Jesus' body and the promise of a new birth and everlasting life for all of us. Jesus' body was broken for us by dying on a cross to pay for our sins. He rose in victory over death so that those who trust in Him may have eternal life.

**Galatians 2:20** – I have been crucified with Christ; and it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself up for me. (NASB)

**Philippians 3:20-21** – For our citizenship is in heaven, from which also we eagerly wait for a Saviour, the Lord Jesus Christ; who will transform the body of our humble state into conformity with the body of His glory, by the exertion of the power that He has even to subject all things to Himself. (NASB)

**Prayer:** Thank You, God, for sacrificing Your Son Jesus to die on a cross for us. Help us to become the children we are meant to be. **Amen.** 



#### ELMVALE STORE IN ONTARIO

#### JOINS BMR GROUP

BMR Group is pleased to announce that a new dealer has joined its network: the Elmvale store. Well established in Central Ontario for over 75 years, the company is known for its contractor offerings, logistics capabilities, and exceptional customer service.

After working under another banner for several years, the owner decided to join BMR Group for the attention it pays to contractors and the competitive structure of reduced costs.

"We are very excited to be part of the BMR family and can't wait to roll out the brand in our area. who kept the Seventh Day Sabbath and taught in parts of Ireland and Scotland in the 5th century. If anybody knows of someone that would need a home visit in Muskoka and Barrie area, Pastor Lue and I would be available.

In these shaking times for us, may we be faithful. Blessings Ed

BMR Group's expertise in serving contractors, its transparency and its customized services will help us maintain and improve the level of service we offer our customers. The BMR program will allow us to continue to grow our market share and remain competitive in our industry. We look forward to many great years with BMR," said George Begley, owner of the BMR Elmvale store.

"We are very proud to welcome Mr. Begley and his company and to extend our network of dealers in Ontario. It will help us better meet the needs of our customers in this region and promote our brand. We look forward to working with Mr. Begley and show him all the benefits of BMR Group," adds Jonathan Gendreau, Vice President, Business Development, Marketing and Customer Experience.

A Renovation Centre Sporting New Colours

The BMR Elmvale store will operate under the BMR Pro banner. The store development will be completed by June 2022. Work will also be performed on the facade to reflects BMR's colours. With its 8,000 square-foot floor space and its large 11-acre lumber yard, the store offers a wide selection of hardware products and building materials, making this store the place to go for all contractors in the area.

#### **S&J Barn Demolition** We pay cash for barns WSIB insured For a free estimate Call 1 800-291-2276

#### THE OPP REPORT

**Downtown Midland Fire Claims a Life Despite Emergency Responders Efforts** 

Two sharp eyed OPP officers from the Southern Georgian Bay Detachment of the Ontario Provincial Police while on patrol at 8:57 a.m. April 8, 2022 noticed a fully engulfed structure fire at 475 Dominion Avenue, Midland. The officers called for fire services prior to attempting to reach occupants using their fire extinguishers in an attempt to reach trapped persons in the apartments above a vacant retail store. The officers were successful in locating and removing one male apartment occupant.

Midland Fire Services responded and were supported by additional units from Tiny and Penetanguishene Fire Services which resulted in one further apartment occupant being located by fire services members. The injured were triaged and transported to an area hospital by County of Simcoe Paramedic Services for treatment. Sadly, a 51 year old female of Midland has succumbed to her injuries suffered in the fire.

The two first responding OPP officers were treated at hospital for smoke inhalation and later released.

The fire has been extinguished resulting in the structure suffering significant damage from the fire. The Office of the Ontario Fire Marshal has been contacted and will be conducting an investigation with local fire services to determine the cause of the blaze. This is an ongoing investigation and updates will be provided as they become available.



#### HURONIA WEST OPP INVESTIGATING FATAL COLLISION

Members of the Huronia West Detachment of the Ontario Provincial Police (OPP) are currently investigating a fatal crash involving two vehicles within the Town of Wasaga Beach.

Just prior to midnight on Saturday, April 09, 2022, members from the Huronia West OPP came across a serious two vehicle collision on Mosley Street in Wasaga Beach.



investigation involving a car travelling through the roadblocks. At approximately 4:00am while police were still on scene, a vehicle was observed disobeying the closure barricades and proceeded to enter the collision site.

705-361-9945

After speaking with the driver, police entered into a drinking and driving investigation.

As a result, Mackenzie KARY, 25-years-old, of Wasaga Beach, has been charged criminally with the following:

- Operation while impaired alcohol and drugs
- · Operation while impaired BAC 80 plus · Dangerous operation

The operator was given a 90-day driver's licence suspension along with having his vehicle impounded for 7 days. He will appear before the Ontario Court of Justice in Collingwood, on May 10, 2022.

thereafter, police remained busy Shortly by responding to a single vehicle accident at approximately 6:00am at the intersection of Sunnidale Road and Ferndale Drive within Springwater Township.

Upon arriving on scene police spoke to the driver and entered into a drinking and driving investigation. As a result, Riley WATERS, 27-years-old, of Angus, has been charged criminally with the following:

· Operation while impaired - alcohol and drugs

· Operation while impaired - BAC 80 plus

The operator was given a 90-day driver's licence suspension along with having his vehicle impounded for 7 days. He will appear before the Ontario Court of Justice in Collingwood, on May 03, 2022.

The OPP is committed to public safety on our roadways, trails, and waterways and encourages anyone who suspects an impaired driver to call 9-1-1 immediatelv.

All investigations are currently ongoing. Anyone with information is asked to call Huronia West OPP at 1-888-310-1122 or Crime Stoppers to remain anonymous at 1-800-222-TIPS (8477) or https:// ontariocrimestoppers.ca/.

#### HURONIA WEST OPP INVESTIGATING A FIREARM BEING DISCHARGED

Members of the Huronia West Detachment of the Ontario Provincial Police (OPP) are currently investigating an incident involving a firearm being discharged within the Simcoe County Forest of Clearview Township.

On April, 03, 2022, a complaint was made to the Huronia West OPP regarding a dog being shot. On April, 02, 2022 at approximately 3:30pm the complainant was walking his dog around "Bear Alley near Centre Line Road within Clearview Township. The dog's injuries appeared to be consistent with a shotgun blast.



Phone: 322-2785 Elmvale, Ontario Fax: 322-4458



# HIRING

#### HELP WANTED

For outdoor property maintenance work. Must have own transportation to Wyevale and be dependable.



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**McNeil's Property** Maintenance

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#### **MECHANIC'S HELPER** SERVICE TECHNICIAN

Looking for mechanic's helper/1st or 2nd year apprentice. Looking for in shop oil change and tire change experience. Must have license and own transportation to work Monday to Friday.

**FULL TIME** Starting wage \$18/hour. Apply in person or by email: Abrams.ServiceCentre@yahoo.ca Please have references available. Abram's Service Centre 705-737-4822

### **HIRING**

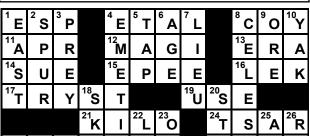
# Georgian Bay Service Centre

We are looking to expand our team. We are a family owned and operated business.

We are looking for a 310s 2nd or 3rd year apprentice or mechanic. Also a 310t apprentice or mechanic.

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Both drivers were transported to the Collingwood General & Marine hospital. One driver was pronounced deceased as a result of the collision. Their name is being withheld pending family notification. Mosley Street between 28th St and 30th St was closed for several hours while Central Region Traffic Reconstruction members attended and assisted with the investigation. The road has since re-opened.

Police are appealing to any witnesses who may have witnessed the crash or be in possession of dash cam footage to assist with the investigation.

During the road closure, police began a separate

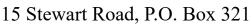
Police believe there was a witness nearby and would like to speak with that person or any other persons who may have witnessed the incident.

The investigation is ongoing. Anyone with information is asked to call Huronia West OPP at 1-888-310-1122 or Crime Stoppers to remain anonymous at 1-800-222-TIPS (8477) or https:// ontariocrimestoppers.ca/.

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# **CLASSIFIED** and **EVENTS**



your community online auction centre

#### **UPCOMING AUCTIONS**

Spring Equipment & Multi Consignor Sale, Guelph - Apr. 17-21 Steiner, hay rake, new tools & lightbulbs, chair lifts, 1979 RV, mats Unique Business Relocation Dispersal, St. Clements - Apr. 17-21, stainless steel tool box, furniture, baseball helmets, tools, books Auction for Les & Hazel Morgan, Barrie - Apr. 24-28

An auction for the avid woodworker! This auction includes a planer, jointer, bandsaw, lathe, a great selection of ash lumber, as well as some cherry and walnut, and a huge selection of woodworking tools. Also included is a Honda ATV, wood splitter, utility trailer, Husqvarna lawn tractor and chain saws, wooden bird sculptures, furniture, décor & much, much more. An auction not to be missed!



Bite Guelph Catering Company Retirement Auction - Apr.24-28 mixer & dough sheeter, charcuterie boards, stainless steel tables Lifelong Collector's Auction, Barrie - May 8-12 (dates TBC)

# Full auction listings & information at rapid-sell.ca



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#### LIVE AUCTION SALE FOR DAVID & MARGRET PARKER PH. 1-519-843-4478 EM. # 6272 EAST GARAFRAXA - WEST

**GARAFRAXA TOWNLINE** Directions Come west of Orangeville or East of Fergus on the Orangeville Fergus Road to the East/ West Garafraxa Townline turn south for 1 mile to

#### sale on west side MON. APRIL 25TH @ 10 AM

**<u>4 Tractors</u>** New Holland T5060 - 4 WD tractor w/ deluxe cab, air radio, remotes, 3 ph, 42017 - R24 fronts, 450/85 R 34 rears, 3,999 hrs show approx 100 hp; New Holland TN75, 4 WD tractor OS w/ roll bar, remotes, 3 ph 280/85 R 24 fronts as new, 16.9.30 R-1 rear as new, c/w Quicke Q720 ldr. Tach shows 1520 hrs (does not work); Case 4494 - 4 WD w/cab 1000 pro, 4 remotes, bareback, air not working, 18.4.34 duals all around; Ford 6610 S dual power OS w/roll bar, power steering, remotes, 3 ph, new 18.4.30 rears, 3000 hrs showing;

**Plus** J.D. 7720 combine & heads, tillage, planting: N.H. 648 rd baler; N.H. 311 baler; N.H. 488 haybine; 5 hay wagons; 4 grain augers; plus household and wagon of misc. **FARM SOLD**. EVERYTHING to be **removed by Saturday April 30th**. FULL LIST on wixsite or The Auction Advertiser

**Terms** Cash or known cheque with proper ID only. M/C, Visa, and Debit (if available). E-Transfer. Neither the owner nor Auctioneer will be responsible for accident or property loss. Washroom available. Lunch Booth. Possibly 2 Auctioneers selling. Tractors & Equip sell at approx 11:30 Bob Severn Auctioneer Shelburne 519-925-2091 **theauctionadvertiser.com/RSevern** Severnauctions.wixsite.com/severn

# AUCTIONS



Join us ONLINE for another great lineup of Auctions presented by A Touch of Class! Visit our website for our online auctions and bid from the convenience of your own home 24/7 right up until the auction closes.

#### ONLINE ESTATE AUCTION - 61 LORNE AVE, PENETANGUISHENE, ON

BIDDING HAS STARTED / BIDDING ENDS: WED APRIL 20 @ 8PM Featuring quality furnishings (bedroom sets, living room furniture), collectibles, home decor, original artworks, china, crystal, etc.

(Preview on Tue April 19th)

#### ONLINE COLLECTOR & JEWELLERY AUCTION:

HELD AT: 110 ANNE ST S., UNIT 9, BARRIE, ON

STARTS: SUN APRIL 24 / BIDDING ENDS: WED APRIL 27 @ 8PM

A great collection of antique & modern furniture, glass, china, pottery, crystal, collectibles, jewellery, home décor, various artworks & more.

### **ONLINE FARM AUCTION**

Estate of the Late Tim Davidson 4030 Mountjoy Rd., Blackstock, Ontario 2020 Ford 250 XL 4 x 4 Super Duty with 16,262 kms, 7210 John Deere 4 x 4 Cab Tractor, 2955 John Deere 4 x 4 Cab Tractor, 2555 John Deere 4 x 4, 1620 Case International Axial Flow 4 x 4 A/C Combine, 5 100 CIH 18 Run Double Disc Seed Drill, 930 John Deere MoCo Discbine, 458 John Deere Silage Special Round Baler, Plus Quality Farm Equipment Field Ready!

Runs Tues., April 19th – Tues., April 26th, 2022

Sale Managed and Sold By: Kevin Barker Auctions 3484 Hwy. 35, Lindsay, Ontario For more info visit: www.kevinbarkerauctions.com Kevin: 705-878-2947 or Office: 705-328-1478

# **COMING EVENTS**

July 14th-17th, 2022 TEL: 1-800-954-9998 or 705-741-6097

# **SLOW PITCH REGISTRATION**

#### Elmvale Wednesday Night Mixed Slow Pitch League

Starts May 25, 2022

Call or text Francis for registration 705-818-1741

# For Sale / Wanted

#### DOWNSIZING?-SETTLING AN ESTATE? CLEARING OUT A HOUSEHOLD?

WANTED - items 1970 or before - collections - stamps & coins - knives - jewelry - sterling silver items - old signs - tin cans & containers - old toys - oil paintings - cups & saucers - coloured glass - pioneer farm items - old comic books - old books & magazines- small

#### St. John's United Church

Spring Supper Drive Thru

April 30, 2022 \$20 per meal

To place your order contact the church at: info@unitedchurchelmvale.org or call 705-322-1472.

Deadline to order is April 23 2022.

#### ONLINE ESTATE AUCTION: SUNNYBRAE AVE, STROUD, ON

STARTS: SUN MAY 1 / BIDDING ENDS: WED MAY 4 @ 8PM

A nice collection of antique & modern furniture, glass, china, crystal, collectibles, home décor, yard & garden tools & more

All details for the above auctions will be on our website closer to the auction dates. We have an exciting schedule of weekly auctions and welcome you to include your quality items.

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To register and bid for the online auctions, go to:

www.ATOCAuctions.com A TOUCH OF CLASS AUCTIONS 705-726-2120 furniture - CDs and records (rock'n roll)

Please call Peter at 705-322-3484





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# APARTMENT FOR RENT

**Elmvale Presbyterian Church** is looking to rent a **3 bedroom house** in Elmvale or near, for July 1st. Contact: Reg Cowan 705-322-2290 or

Larry Huth 705-322-1449.

# **Tirebuster** CARS, <u>light & medium</u> TRUCKS FARM TIRES • CALCIUM • IN SHOP SERVICE

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\$10 a ticket Saturday April 30th 2022 8 pm- 12 am Elmvale Lions Club 1941 Flos Rd 7 Elmvale, ON L0L 1P0

Food Raffles Prizes Games Tickets available at the door, or contact April Bath bathapril89@gmail.com



#### New Tourism Innovation Program Offering Mentorships and Grants Launching in Simcoe County

Tourism Simcoe County is partnering with the Tourism Innovation Lab and Regional Tourism Organization 7 (RTO7) to announce the Simcoe County "Spark" Program. The "Spark" Mentorships & Grants Program is being launched in Simcoe County to encourage entrepreneurs, small businesses and non-profits to apply with their new tourism ideas for the region.

**Details:** Join Minister of Colleges and Universities MPP Jill Dunlop, County of Simcoe Deputy Warden Lynn Dollin, representatives from the Tourism Innovation Lab, and Tourism Simcoe County as they officially announce the Simcoe County "Spark" Program. Applications will be accepted from April 6th to May 12th.

#### About Tourism Simcoe County

Tourism Simcoe County (TSC) promotes Simcoe County as a four season destination of choice by developing products and experiences and executing

# The Return of Bay Light Orchestra and Music in Our Community!

Local musicians who have been forced to play alone due to the pandemic can now breathe a sigh of relief! The Bay Light Orchestra, a local non- profit community orchestra will be in operation in September and is excited about a re- location to Elmvale. The orchestra was founded in 2018 by Hilary Braime, a professional musician and teacher based in Tiny and it has entertained much of our community from senior's homes to successful concerts in Midland before the pandemic stymied the development and potential of the organization. The orchestra enjoys a repertoire of 'light' music that is comprised of music from Bach to modern pop. There is a wealth of wonderful music that is not too heavy and classical and is designed to appeal to a greater variety of tastes in music. Throughout the months of Covid restrictions and lockdowns, the Bay Light Orchestra Board worked tirelessly to



obtain a Midland Municipal Grant which enabled the organization to produce podcasts featuring some of our amazing local musicians and groups. It is always the mission of the orchestra to advocate and secure a robust musical future for our community. Our podcast episodes include articles about Ariko, an award- winning French Canadian folk group based in Tiny, and Dylan Lock, who believed that music would uplift hearts by streaming live music from his driveway in Victoria Harbour, a gesture that raised money for local charities in difficult times, generating interest from Global News. These are just a couple of the amazing music groups and artists in our area that have been showcased in our podcasts and more can be heard via our website: www.baylightorchestra.ca. Bay Light Orchestra is proud to be part of such a creative and artistic community and we are actively seeking new players and board members as well as sponsors and partners in the community.

If you want to get playing again and love music, here's a fantastic opportunity! We will be starting rehearsals after Labour Day in September 2022 and rehearsals will be based in Elmvale. We welcome string, woodwind, brass and percussion players. Please contact us through the website or Facebook to express an interest in joining the orchestra.

Please check out our orchestra, contact us and listen to podcasts on: www. baylightorchestra.ca or follow us on Facebook.

#### Wyevale News RuthAnn Caston

Happy Birthday wishes go out to Peggy French, Ross Hastings, Emily Laurin, Robbie Rawn, Rhonda Vandervoort, Gillian Reynolds, Peter Jones, Bonnie and Catherine Moreau, Brian French, Jasmine Caston and Karen McGee.

Happy Anniversary goes out to Murray and Theresa Archer on the 16th. Hope you have a good one.



homes@melaniemartyn.com

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#### **HEALTH and WELLNESS**

#### Moving Forward After a Breakup

"Love begins with a smile, grows with a kiss, and ends with a teardrop."

 $\sim$  Anonymous

The ending of a relationship can be very difficult, even traumatic, especially if you did not want it to end. It can be like a death, and you may go through stages similar to those experienced in grieving a death.

The stages can occur in any order and may repeat. They include some or all of the following: 1) Denial – one has the sense that this cannot be happening, or that the situation will change, 2) Anger- here the denial gives way to feelings of "Why me? "It's not fair!" How can this happen to me? along with feelings of blame. 3) Bargaining- "Maybe it doesn't have to end?" "Maybe we could try again?' "Give me another chance." 4) Depression – here the sadness and fears for the future set in. One may fear being lonely, being alone forever, never being happy again, 5) Acceptance- finally one accepts the reality of the situation and understands the need to try to move on.

Some may get stuck, holding on to the past, and never really get to the acceptance stage. They may stay with the anger, or remain depressed because they keep looking back, rather than trying to create a future.

A breakup can trigger feelings of insecurity and abandonment. One can worry about what will happen next. If the relationship has been a long one, then separation is a major life change. Sometimes there is the realization that the relationship was not working, or not a happy place to be, but one has held on due to a fear of change.

Often people imagine they will not survive the loss. They might imagine financial disaster, being alone for the rest of their life, or never being happy again. They focus on the worst-case scenarios, which creates anxiety and depression.

The truth is, people do ultimately survive after a death or separation. At first it is not easy, but it will not always feel as bad as it does in the beginning. **Reach out to others and let them support you.** 

Do not think of a separation or divorce as a failure. If a car no longer runs, or home no longer serves our needs, we do not define ourselves as failures.

In order to move beyond survival, and to thrive, we must adopt a more positive perspective. We need to consider that perhaps everything does happen for a reason, and that our lives indeed are unfolding as they should. Often we need to move way into the future before we can look back and see that the worst thing that could have happened, turned out to be the best thing.

When taking a road trip, you do not spend all of your time looking at the rear-view mirror. In the journey of life, it is wise not to do that either. *Gwen Randall-Young is an author and awardwinning psychologist. For permission to reprint this article, or to obtain books, CDs or MP3s, visit www.gwen.ca. Follow Gwen on Facebook for inspiration.* 

comprehensive marketing campaigns across a variety of digital and print platforms. TSC provides tourism leadership throughout Simcoe County by developing the local tourism industry and forging and strengthening community partnerships. TSC is committed to supporting the sustainable growth of the region's tourism assets, including, but not limited to, Agritourism, Arts, Culture and Heritage Tourism, Indigenous Tourism and Outdoor Recreation.

#### **About Tourism Innovation Lab**

The Tourism Innovation Lab is a non-profit initiative created to find, foster and support new tourism ideas, experiences and partnerships, to cultivate and propel collaborations between the tourism and tech sectors, and to build a community of tourism innovators, idea makers and entrepreneurs in Canada. First launched in 2018, the Lab and its "Spark" Mentorships & Grants Program are expanding to new regions in British Columbia and Ontario. The Tourism Innovation Lab is a program of Hackforge and is based at the University of Windsor-EPICentre. The craft group continues to meet on Wednesday nights in the church basement at 7 pm. All ladies are welcome.

Spaghetti Dinner for a sit in or take out on Saturday March 7th. Tickets are \$20 and can be purchased at the store to eat in. For take out, call Sandy Rawn at 705-720-0376 to book it.

Anyone with news items for the paper, please call RuthAnn at 705-527-5274.

# Happy Easter Baks' Sisters



#### Springwater News • April 14, 2022 • Edition 623 • E-mail: info@springwaternews.ca

Homer

Page 19

#### Obituaries



Gordon V. Meakings lived a life complete of daily acts of kindness and decency for others and left us peacefully, with his beloved wife of 45 years, Jennifer at his side. Gordon, Gordo, Gordie,

GQ, Dad, Papa, and many

other names, battled Parkinson's Disease and Lewy Body Dementia. For many of his family and friends, witnessing the rapid deterioration of his brilliant mind and oneof-a-kind personality has been a surreal and heartbreaking experience. He was a devoted husband, loving father, grandfather, fatherin-law, uncle and friend to so many. His passing has brought him peace and same to those that love him.

Gordon was a talented and passionate lawyer with a career spanning 45 years until his retirement in May 2020. A graduate of University of Toronto and University of Toronto Faculty of Law, Gordon began his career as Legal Counsel and Executive Director of the Ontario Trucking Association from 1976 until 1986. In 1986, Gordon became a founding partner of his own firm, Armstrong, Meakings located in Toronto and eventually relocated the firm to Barrie. Outside of his profession he was very active in his community, including as a member of the Springwater Lions Club and served as Club President in 1997-1998.

We are ever grateful to the wonderful and caring staff at RVH/IOOF Transition Unit and to Dr. Michael McConvey. They provided incredible compassion and care for Gordon and assisted our family as we navigated through the final chapter of Gordon's life.

We will be celebrating the life of Gordon on his birthday, April 24th, at the Steckley-Gooderham Funeral Home, 30 Worsley St., Barrie. The Meakings family will be hosting a visitation from 11am-1pm, with funeral service at 1pm and a reception to follow. We hope that those who love him as much as we do can be there with us, however a live web stream of the service will be available for those unable to attend in person.

In the meantime, we ask that in lieu of flowers, etc. that if you feel so inclined, that a donation be made in his memory to Parkinson Canada. Alternatively, please have a pint of Guinness in his honour!

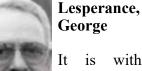
"Enjoy the balance of your day" The Meakings Family - Jennifer, Jeff, Leslie, Lauren, Charlie, Parker, and Andrew

Online memories and condolences may be forwarded via www.steckleygooderham.com

#### In Memory



Margaret Rose Russell April 15th, 2021



It is with saddened hearts that we announce Homer's passing at his home in Mount St. Louis on Tuesday, March 22,

2022, at the age of 78.

He will forever be missed by his loving wife Mary (née Pottage) and children, Trevor (Trish), Dean (Danielle), Clayton (Jenn), and Sally. Grandfather to Josh, Trystan and Max.

Born in Hillsdale to Jean (née Moreau) and Arthur Lesperance, he is predeceased by his parents and his sister Lou, and survived by his siblings Paul, Catherine and Blanche.

about Homer was enthusiastic excavation, and loved spending time in his backhoe working on his property. Raised in a musical family, he was an avid musician since childhood. Of the many instruments he played, he was most fond of the guitar.

A private wake was held followed by cremation.

Expressions of sympathy may be sent to www.lynnstonefuneralhome.com

#### **Memorial Service**

**Memorial Celebration for Leon Maloney** Please join Leon Maloney's daughters, Jennifer Archer and Rachel Vezza, for lunch, laughter, and lawn games to celebrate Leon's life at the Hillsdale Community Centre on Saturday April 30th between 11:30 am - 3 pm.

Coffee and lunch will be served, RSVP by text to 705-717-3220 is appreciated.

Hope to see you there!



Please join with Helen's family on Saturday, April 23rd 2022. Lynn Stone Funeral Home, Elmvale, Visiting 1-3 pm Service at 2 pm. Open invitation.



#### Lynn-Stone Funeral Homes Inc. 15 Yonge St. S., Elmvale 705-322-2732

www.lynnstonefuneralhome.com



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I feel better knowing

#### It's only been a year, but feels like forever.

If roses grow in heaven, Lord please pick a bunch for us, Place them in our Mother's arms and tell her they're from us.

Tell her we love her and miss her, and when she turns to smile, place a kiss upon her cheek and hold her for a while.

Because remembering her is easy, We do it every day, but there's an ache within our hearts that will never go away.

Love Amy, Darryl, Jodi and Joy-anne and families

# **SMART AND CARING GRANTS 2022**

Huronia Community Foundation (HCF) is seeking applications to our Smart and Caring Community Grants Funds. If you are a registered charitable organization serving North Simcoe you may be eligible for funding from HCF. HCF's Smart and Caring Community Grants were established by HCF's Board of Directors and community minded fundholders to enable HCF to provide funding to our local charities and nonprofits. Applications will be accepted until Friday, April 29th at 5:00 p.m. Funds may only be given to programs and organizations that are registered charities or other qualified donees (as defined by CRA). The application to our Smart and Caring Community Grants program is available on our website at https:// www.huroniacommunityfoundation.com/charitycentre/grant-application/. For more information contact the Huronia Community Foundation at info@huroniacf.com. Scott Warnock Executive Director Huronia Community Foundation.

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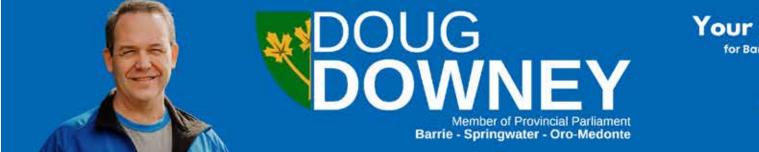
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#### Isabelle Boyles Turns 100 - Responsible for 91 Members in Her Family



*Photo:* Isabelle's children; Brenda, Bill, Georgie, Isabelle, Marg, Bunny and Gwen.



*Photo:* Isabelle Boyle, 100 years old and still has her sense of humor and a big smile.



*Photo:* Isabelle Boyle's grandchildren. She has 7 children, 17 grandchildren and 24 great grandchildren



# Last of the Ice on Orr Lake

Though we will miss the winter sports and making those snow angels, I don't think anyone will be sad to see the last of the white stuff. This last skiff of snow is always expected but our thoughts move to spring events

such as Easter and the Maple Syrup Festivals all around Simcoe County (Elmvale's festival is back next year, Yay!).

I look forward to them both but do enjoy watching the transition of the lake as it melts and freezes over, a few times, till finally succumbing to the warmer temperatures Spring brings. The frozen waters had invited many snowmobile runs, a single fishing hut and many a hockey rink appeared over the winter. On the few occasions the wind blew enough snow off the surface, I attempted a skate along the shoreline areas. I did not get too far and was thankful I brought along a hockey stick for support!! The hope of joining in on the odd hockey scrimmage was also at the back of my mind. I discovered I'm not twenty anymore and getting back up off the ice after a few spills was not easy and I left many an impression on the snow drifts!

Falling through the ice can always be a danger in the late winter/early spring so if you stick to the shoreline areas of the lake, you won't sink past your knees, but the soaker can be tres ccccold! I had taken a winter hike with my nephew many years back where a river

#### Views from the Cottage by Melanie Martyn

had frozen over solid (I thought). It was more of a stream, and I knew the depth was maybe a foot or so. We skidded across with no issue. On the way back, however, it was a different story. I started across and with the second step I crushed through a soft spot. I turned around to gather up my 7-year-old nephew and carried him across the 8-foot expanse with the cold rushing water filling my boots. I had to shove him up the embankment and crawl up after him with my sloshing foot-ware. It was a freezing minus 15 Celsius that day so you can imagine we ran home for warmth as soon as we could. I could not feel my toes! Lesson learned!

At any rate, our hikes continued whenever we found a new venue to explore and my nephew is now a teen so I'm sure if we had the same experience, he'd be the one to carry me out as he is now six feet tall!

Well, I've started some seedlings for my vegetable garden this week and if I can keep the cats from scratching out the seed trays, I'll have a bounty to look forward to this summer. More on that later.... Easter is upon us, so I look forward to gathering with family and friends to commemorate the occasion and perhaps enjoy a few easter eggs with the grandkids! I can't tell you how many bunnies I've seen here in the last few weeks so I'm sure one of them must be the 'E' bunny!

Blessings to all and 'hop' to see you at one of the Maple Syrup Festivals this year! *Mel, at the Lake* 





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