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Springwater NEWS

Edition 629 - July 7, 2022 Serving Springwater & Tiny Townships and surrounding areas

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The Streets Were Alive with All Things Fantastically Cosplay



Elmvale welcomed over 1000 Cosplay and Fantasy guests this past Saturday, July 2 for the 6th Annual Elmvale Sci Fi Fantasy Street Party. This event is dedicated to celebrating and promoting fantastical science fiction, fantasy and horror genre stories with diverse perspectives and rich emotional journeys, from all around Ontario.

The streets were alive with vendors, magicians and musicians alike. You may have encountered a T Rex (photo on left) or Malifocent (photo on right) in your trek down the streets on Saturday, alongside families enjoying the vast selection of vendors and activities.

Organizers were excited to play host to the Elmvale Sci Fi Fantasy Street Party live and in person! Guests were treated to interactions from The Wye Marsh's Birds of Prey, Music from Shane Cloutier, Magic Dan -the Walking Musician, Readings from Maaja Wentz, lessons from Cosplayer Angela Street and activities throughout the Community Hall and Public Library.

Funds raised from this event was \$993.00 and is being donated to the Elmvale & District Food Bank.

The day started with Opening Remarks from Mayor Don Allen & BIA President Jay Schell. The short story winner was Linda LaForge, The poetry winner was Marco E. Borrelli and the art contest winner was Lee Ashworth. The Best in Show \$500 winner was the Maleficent.

All day events included:

- Rangers of Govannas at Elmvale 4 Corners Parkette
- 501 Star Wars, Rebel Legion and Droid Builders - Strolling
- Maaja Wentz Guest of Honour Author at Library
- True North Pod cast at Community Hall
- Cosplay Guest of honor - Angel Skye Cosplay (Angela Street) at Community Hall

- Vendors at Parkette & Parking lot of Community Hall

Street Events on Queen and Yonge St

- Shane Cloutier
- Magic Dan, Strolling Magic
- 93.1 Fresh Radio

Library Events:

- Wye Marsh Birds of Prey
- Maaja Wentz Featured Author Book Reading/Q&A
- Roderick Turner Book Reading/Q&A
- Magic Show with Magic Dan

Community Hall Events:

- Tina Jones- Free learning to crochet (yarn, hook and patterns free with lesson)
- Angela Street/Angel Skye Cosplay: Cosplay 101 Seminar
- Costume Contest



Photo below: Wye Marsh Wildlife Centre brings Birds of Prey. Shown is a Red Tail Hawk and Jr. Sci Fi enjoying the fun with full spirit of the day!



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LETTERS TO THE EDITOR

Please submit your letters to the Editor.
Email: info@springwaternews.ca or drop off at office. Contact information is on the right hand side of this page. **Phone number and address must be supplied for all letters to the editor.** The opinions expressed in articles contributed by interested parties and through the 'Letters to the Editor' do not necessarily reflect the opinion of this newspaper and/or the editor.

Dear editor,
I am very concerned with the proposal of Hwy 413 and the Bradford Connector to Hwy 400 now that the Ford government has a second term in the ON government.

Highway 413 is an environmental disaster that will take Ontario farther away from vital climate targets, pave over Ontario's Greenbelt, destroy farmland and harm wildlife habitats. The Holland Marsh is one of the most important areas that will be affected.

The Ford government ignored its own consultants' advice and chose the route of maximum destruction.

Building this Highway is not only about the damage the Hwy will create in its construction but the future devastation of lands as industrial and residential growth builds along the highway in the future. This does not come up in conversation.

Also one needs to ask Doug Ford how many of the developers who own lands and will make plenty of profits are in his back pocket as supporters of his government and will benefit from this highway.

The impact of building this Hwy will not benefit the people of Ontario. It has been shown that commutes are negligible in time for the impact it will have.

Doug Ford also refuses to discuss how much highway 413 will cost, but experts say it will take at least \$10 billion from the public purse. Do we as taxpayers really want to pay for this now and generations to come for the impact it will have and the negligible outcome for the tax payer?

This needs to be stopped and a better solution found.

Sincerely,
Brenda Hevenor

Canadian Charities Unite to Fight Hunger; Government Matches Donations

submitted by Marg Buchanan

In response to the hunger emergency unfolding around the world, including many countries in sub-Saharan Africa, 12 leading Canadian aid agencies are joining forces as the Humanitarian Coalition to raise funds and rush assistance to people on the edge of famine.

The Canadian Government has announced that it will match donations to the Humanitarian Coalition and its member charities up to \$5 million.

According to the World Food Programme,
• 50 million people are facing emergency levels of hunger.

• The number of severely food insecure people has more than doubled in the last two years.

• Extended drought and other climate shocks are wreaking havoc on food supplies and livelihoods.

• The COVID-19 pandemic has had severe economic consequences in many countries.

• The conflict in Ukraine is having a direct impact on access to basic food supplies.

Richard Morgan, executive director of the Humanitarian Coalition, says, "This unprecedented global hunger crisis compels us to action. Our member charities are rallying together to save lives, but we also need Canadians across the country to do their part. We are grateful to the federal government for matching the public's donations. Together we can provide food, water and urgent care to families on the brink of starvation."

The following agencies are members of the Humanitarian Coalition: Action Against Hunger, Canadian Foodgrains Bank, Canadian Lutheran World Relief, CARE Canada, Doctors of the World, Humanity & Inclusion, Islamic Relief Canada, Oxfam Canada, Oxfam-Québec, Plan International Canada, Save the Children Canada, World Vision Canada.

Canadians can give to Hunger Crisis relief at together.ca or by calling 1-855-461-2154.



Articles can be dropped off, mailed and/or e-mailed to the above addresses 24 hours a day.

THE NEXT PAPER will be on July 21, 2022.

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Springwater News prints 20,000 papers per edition. 18,650 are delivered by Canada Post to:

760 in the Utopia/Grenfel area L0L 1B0 and L0L 1B2

3050 in the Barrie City/Rural area

4250 in South Springwater Township

130 to the new boxes in Minesing / Anten Mills

640 in Phelpston L0L 2K0

650 in Hillsdale including the Rural Routes L0L 1V0

2550 in Elmvale including the former R R# 1, 2 & 3 L0L 1P0 which includes Orr Lake, Waverley and some Tiny Beaches Road areas

265 in the Wyebridge area L0K 2E0

975 in Wyevalle L0L 2T0 including Conc. 8 and some TBRS areas,

1325 in Perkinsfield including Balm Beach to Whippoorwill

1100 in R.R.# 1, L4R 4K3 (775) & 2, L4R 4K4 (300) areas of Midland which includes Vasey, Ebenezer and the area North-West of Wyebridge

2900 in Northern Tiny including SS 3, 5, 6, 7 & 8 of Rural Penetanguishene (Postal Codes L9M -1R2, -1R3 & -2H7)

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YOU CAN MAKE A DIFFERENCE IN THE WORLD TODAY

It is heartbreaking to witness all the destruction and death affecting the lives of everyone in Ukraine. Over six million people have already left their homeland to seek safety. Most Canadians have felt quite hopeless about how we could help.

Our community has a history of helping those who have been displaced by the effects of war. It only makes sense that we continue this effort to support Ukrainians who have been forced to leave their country.

The Tiny Township Lions Club and the Penetanguishene Lions Club working along with local friends and the Huronia Community Foundation are ready to help a Ukrainian family settle in Midland or Penetanguishene.

Please fund this endeavor with a charitable donation at <https://bit.ly/HuroniaUkrainianSupportProject>

For more information on how you can help email midlandukraine@rogers.com or call 705-529-2959.

Delivering On Our Commitment to
Ban Harmful Single-use Plastics

By Steven Guilbeault

Plastic is everywhere. We use it in packaging, construction, agriculture, automobiles, electronics, textiles, and medical equipment. While plastic has revolutionized our lives, plastic pollution has emerged as a key environmental issue worldwide.

Of the four million tonnes of plastic waste that is thrown away in Canada every year, only 8 percent is recycled. The rest ends up in landfills and our natural environment, littering our parks, beaches, streets, and other places we value. Plastic pollution chokes wildlife and clogs waterways. It breaks down into tiny pieces, ending up in the soil, oceans, and air, and even our drinking water and food.

We have to change this. It's what Canadians are asking for. Now is the time for action.

Just recently, our federal government announced we are banning some of the most common and harmful single-use plastics, including plastic checkout bags, plastic cutlery, six-pack rings, stir sticks, straws, and certain hard-to-recycle food containers like clamshells.

While the domestic production and import of these harmful single-use plastics will be banned at the end of this year, Canadian businesses like restaurants can use them until the end of next year, which gives them time to adjust.

Over the next decade, this world-leading ban on harmful single-use plastics will result in the estimated elimination of over 1.3 million tonnes of hard to recycle plastic waste.

This is all about creating cleaner communities and a cleaner environment. It's about giving Canadians the sustainable alternatives they're asking for and developing new business opportunities in a greener economy.

This ban represents a historic step in our government's promise to cut plastic waste from across our society, wherever possible.

But we know we cannot ban our way out of this problem. Plastic will remain a useful part of our lives. Our government's plan is about responsibly managing plastic so it stays in the economy and stops polluting our environment.

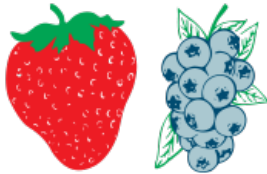
Our comprehensive plan will also mean plastic manufacturers will have to use 50 percent recycled plastic in any plastic products they make, and that the "chasing-arrows" recycling symbol on products can only be used if we know these products can actually be recycled in Canada.

These are just good, common sense management measures. And they will help to grow our economy towards a more circular management of waste products that is proven to generate jobs and reduce business costs.

Canadians have been very clear. They want to get plastic pollution off our streets, out of our water, and out of our environment. With the proper tools and rules in place, a better, greener, and more circular economy awaits.

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18th Festival du loup de Lafontaine ★
Saturday July 16

★ 10:00 Tractor Parade: Cedar Point and Lafontaine Road
presented by Le Goût de vivre

★ Playground, Créations Invivo Theatre Company, artisans, food,
painted wolves auction presented by par To Do Ontario

★ 12:00 Beer Garden Tent: ARIKO (new album)
Live music until 4:30

★ 5:30 DINNER UNDER THE TENT

★ 7:00 THE BIG HOWLING
Howling contest presented by
Midland Home Hardware Building Centre

★ Csc MonAvenir Stage:
Pourquoi Pas? and
Diable à 5

★ 10:00 End of the Painted Wolves Auction

Sunday July 17
10:00 Family Brunch at the
Community Centre
offered by Le Centre Colibri

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Midland Home
experience
SIMCOE COUNTY

Upcoming Meetings

Elmvale BIA Board Meeting
Thursday, July 21 at 5:30 p.m.

Special Meeting – Closed Session
Monday, July 25 at 5:00 p.m.

Council Meeting
Wednesday, August 3 at 6:30 p.m.

Council meetings are live streamed online at springwater.ca/Live. A call-in option is also available. Board and committee meetings can be accessed via Zoom Conferencing. View the agendas for details.

Off-Road Vehicle Outreach Program

After a successful pilot year, the Township is continuing its Off-Road Vehicle Outreach Program this summer in partnership with the Central Ontario ATV Club (COATV), Simcoe County Off-Road Riders Association (SCORRA) and the Ontario Provincial Police (OPP).

Program Dates: July 10 - 1350 Nursery Road
July 31 - 1497 Rainbow Valley Road West
August 14 - location TBD

Time: 11:30 a.m. to 3:30 p.m.

During sessions of the program, riders will gain information on the ORV By-law as well as rider safety, insurance and licensing. Trail maps of the permitted and prohibited trails and roadways will also be supplied. Learn more at springwater.ca/ORV



Protect Your Pipes and Your Wallet!



BE CAREFUL WHAT GOES DOWN THE DRAIN

Baby wipes, dental floss, salad dressing and bacon grease. What do they all have in common? These items can block your pipes if you put them down the sink or toilet. Blocked pipes are big trouble. They can burst or back up, leading to costly flooding in your home or business.

A friendly reminder from the Ontario Clean Water Agency (OCWA).

Bid Opportunities

The Township is currently accepting bids for:

North Simcoe Rail Trail Resurfacing
(2022-27-PW)
Closes: July 11, 2022

Hasty Tract Watermain Site Servicing
(2022-28-PWW)
Closes: July 20, 2022

Bunker Gear
(2022-34-FES)
Closes: July 28, 2022

Rout & Seal Crack Sealing
(2022-32-PW)
Closes: July 28, 2022

For details and to submit a bid, visit:
springwater.bidsandtenders.ca

Watering Restrictions

Odd number addresses water
on odd number days

Even number addresses water
on even number days

*Outdoor use permitted from midnight
to 8:00 a.m. and 7:00 p.m. to 11:59 p.m.*

springwater.ca/WaterRestrictions



Farmers' Market

The Springwater Farmers' Market - Elmvale runs every Friday from 9:00 a.m. to 2:00 p.m. in the municipal parking lot at 33 Queen Street West. The Market features in-season produce, crafts, gifts and baked goods from local producers across Simcoe County. Learn more at springwater.ca/FarmersMarket

Final Tax Billing

The 2022 Final Tax bills have been mailed. Instalment due dates are July 20 and September 21, 2022. Failure to receive a tax bill does not relieve the taxpayer from payment of taxes or from liability of penalty charges for late payment. If your mortgage company pays your property taxes, there will be a delay in receiving a tax bill.

Water & Wastewater Billing

Residential water meters will be read at the end of July by the Township's third-party contractor, Wamco Waterworks. Bills will be mailed at the beginning of August with a due date at the end of August.

SSFA Golf Tournament

The annual South Springwater Firefighters Association Golf Tournament takes place on August 13, 2022 to raise money for local charities. Join them at Springwater Golf Course (1481 Golf Course Road) for 18 holes, lunch and a buffet dinner. \$125 per golfer. For registration information, please contact cooperbarben@gmail.com.

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GBGH Exploring Innovative Ways To Bring Appropriate Care To The Community with Rocket Doctor Immediate Release

Georgian Bay General Hospital (GBGH) has partnered with Rocket Doctor to trial a new service giving patients with an alternative option to the Emergency department (ED), while still providing access to appropriate health services. People visiting GBGH’s Emergency department (ED) or consulting the hospital’s website will be made aware of other alternatives, such as using Rocket Doctor’s virtual same-day appointment services to potentially prevent the need for an ED visit. GBGH’s Emergency department (ED) experiences overwhelming patient volumes during the summer months due to the area’s surge in seasonal residents and tourism.

Partnering with a hospital is a first for Rocket Doctor, which has usually worked with rural and remote communities to offer virtual care services (i.e. through a local pharmacy). By connecting potential ED patients with Rocket Doctor, it is an opportunity for them to receive the appropriate care they need without contributing to ED wait times.

“Regardless of the summer season, GBGH’s ED sees approximately 60 per cent of patients who have a minor illness or injury which could potentially have been addressed in another setting, leaving the Emerg for patients with more serious conditions,” says Dr. Vikram Ralhan, emergency physician and chief of staff, GBGH. “In this community we have very limited access to walk-in, urgent care and after-hours clinics, so patients rely heavily on our ED for minor ailments - many of which can be handled through alternatives like their primary care provider or an available virtual option. Redirecting less acute patients to a virtual or other community service ensures they receive the right care in the right place at the right time, which is critical to reducing ED wait times and efficient patient flow.”

In addition to virtual care, other alternatives include the North Simcoe Family Health Team Nurse Practitioner Clinic which is available to all North Simcoe residents, regardless of affiliation with a family doctor, including unattached patients. Patients who have a family physician affiliated with the North Simcoe Health Network can also contact their physician’s office to access their After Hours Clinic.

Rocket Doctor provides same day virtual appointments with access to 250 emergency/family medicine physicians and specialists across Ontario in patients’ area(s) of need. The service is covered by OHIP so there is no cost to patients and all information is completed in advance of the appointment so it doesn’t impact time with a physician.

“When GBGH approached Rocket Doctor with the possibility of utilizing our service to provide an alternative option to the ED, we were very interested in how we could collaborate,” says Dr. William Cherniak, founder and CEO, Rocket Doctor. “This is our first partnership with a hospital, and fits perfectly with our vision of working hand in hand with the public system to enhance

equitable access to care. We look forward to seeing how our service can provide some relief to staggering ED volumes in a time where health human resources are very challenging.”

To access the GBGH page on Rocket Doctor, use the following link: <https://rocketdoctor.ca/georgian-bay-general-hospital/>

To access Rocket Doctor via GBGH’s website, use the following link:

<https://gbgh.on.ca/programs-and-services/emergency-department/>

In partnership with GBGH, the North Simcoe Ontario Health Team (NSOHT), is working on creating a seamless, coordinated and comprehensive system of care to best serve the needs of the community. North Simcoe communities include Midland, Penetanguishene, Tay Township, Tiny Township and Christian Island. The NSOHT is fully supportive of innovative approaches and alternative solutions that assist patients in finding the most appropriate care for their needs.

“While still in the early implementation stage of integrated care efforts across health and social services, our OHT is very interested in this work between GBGH and Rocket Doctor,” says Christine Brander, director, NSOHT. “This is a creative way to help ease some of the strain on the hospital while still ensuring patients have access to care for low acuity conditions. It’s important for patients to be aware of all publicly funded care options and empower their

choice of care setting. We support the hospital’s efforts to educate the public on alternatives, as well as when it is most appropriate to visit the Emergency department.”

Given the increase in ED visits and ongoing staffing challenges at the hospital due to health human resources shortages province-wide, GBGH is encouraging people to carefully consider if their condition requires an ED visit or if their needs can be met through an alternative like Rocket Doctor. The ED is the right place to receive care if you’re having an emergency, some of which include:

- A change in mental status (i.e. confusion)
- Mental health crisis
- Seizures or convulsions
- Broken bone or wound
- Chest pain or tightness
- Baby under 3 months with fever
- Severe vomiting or diarrhea
- Stiff neck and sensitivity to light
- Severe headache and dizziness
- Difficulty breathing

About Rocket Doctor:

Rocket Doctor is a rapidly growing digital health platform and marketplace transforming the way comprehensive care is delivered across North America by bringing an advanced doctor’s office directly to patients. They are a passionate group of medical doctors, researchers, technical experts, and patient care professionals who believe every person deserves access to quality healthcare. They have now cared for over 180,000 patients across Canada (currently Ontario, Alberta, and BC) and the State of California.

About the NSOHT: The North Simcoe Ontario Health Team is a formal alliance between Georgian Bay General Hospital, the North Simcoe Family Health Team, CSC Chigamik CHC and Wendat Community Programs. Through consultation with affiliates and supporters, including patients and caregivers, partners are committed to improving care and the patient experience across all health and community services. For more information, visit www.nsoht.ca

Canadian Charities Unite to Fight Hunger; Government Matches Donations

In response to the hunger emergency unfolding around the world, including many countries in sub-Saharan Africa, 12 leading Canadian aid agencies are joining forces as the Humanitarian Coalition to raise funds and rush assistance to people on the edge of famine.

The Canadian Government has announced that it will match donations to the Humanitarian Coalition and its member charities up to \$5 million.

According to the World Food Programme,

- 50 million people are facing emergency levels of hunger.
- The number of severely food insecure people has more than doubled in the last two years.

• Extended drought and other climate shocks are wreaking havoc on food supplies and livelihoods.

• The COVID-19 pandemic has had severe economic consequences in many countries.

• The conflict in Ukraine is having a direct impact on access to basic food supplies.

Quote

Richard Morgan, executive director of the Humanitarian Coalition, says, “This unprecedented global hunger crisis compels us to action. Our member charities are rallying together to save lives, but we also need Canadians across the country to do their part. We are grateful to the federal government for matching the public’s donations. Together we can

provide food, water and urgent care to families on the brink of starvation.”

The following agencies are members of the Humanitarian Coalition: Action Against Hunger, Canadian Foodgrains Bank, Canadian Lutheran World Relief, CARE Canada, Doctors of the World, Humanity & Inclusion, Islamic Relief Canada, Oxfam Canada, Oxfam-Québec, Plan International Canada, Save the Children Canada, World Vision Canada.

Canadians can give to Hunger Crisis relief at together.ca or by calling 1-855-461-2154.

SMDHU Urges ATV Safety for National Injury Prevention Day

On July 5, in recognition of National Injury Prevention Day, the Simcoe Muskoka District Health Unit (SMDHU) is highlighting the importance of all-terrain vehicle (ATV) safety and reminding residents that riding safely and responsibly can help prevent serious injury and death.

“ATVs can be an exciting way to explore the outdoors, especially during the summer months,” said Mia Brown, manager of SMDHU’s substance use and injury prevention program. “However, as with any motorized vehicle, there is a serious risk of injury if it is operated incorrectly, and safety precautions have not been taken.”

In 2020, there were 439 emergency department (ED) visits for ATV-related injuries across Simcoe Muskoka, accounting for almost 75 per cent of all off-road motor vehicle injury-related ED visits. That year the ATV-related injury ED visit rate was 78.9 per 100,000 population in Simcoe and Muskoka, about 80 per cent higher than the rate of 43.9 per 100,000 for Ontario overall.

Simcoe Muskoka’s ATV-related ED visits rose sharply by 30 per cent in 2020 in comparison to 2019,

a surge likely linked to changes in recreational use during the COVID-19 pandemic. Prior to 2019, ATV-related ED visits had been consistently declining.

Children and youth are especially at risk for ATV-related injuries and death. Of all local ED visits in 2020, youth aged 10-19 had the highest rates of ATV-related injury.

“ATVs are powerful machines that require strength and skill,” said Brown. “Children lack the knowledge, development, and skills to safely operate these vehicles and that is why the Canadian Pediatric Society recommends that ATV drivers should be 16 years or older.”

In Ontario, ATV drivers must be at least 12 years of age unless they are under direct adult supervision. However, drivers must be at least 16 years of age and have a valid Ontario driver’s license to drive on or across a public road. More information on the Ontario legislation for off road vehicles is available from the Ministry of Transportation

The health unit urges residents to apply the following safety tips that can help lessen the risk of ATV accidents and injuries:

- Take an ATV training course, such as from the Canadian ATV Safety Institute.
- Wear protective gear every ride, including eye protection, gloves, boots, long-sleeved shirt and long pants.
- Wear a helmet that is up to the standard recommended for motorcycles.
- Control your speed. Excessive speed is a major risk factor for ATV-related deaths.
- Always ride sober. Do not drive after consuming alcohol or drugs.
- Follow manufacturer instructions for proper ATV use and maintenance.

National Injury Prevention Day has been established by Parachute Canada, a national charity dedicated to reducing the devastating impact of preventable injuries and helping Canadians to live long lives to the fullest through education and advocacy. For more information about ATV safety, visit www.parachutecanada.org.

For additional information, data and resources about injury prevention visit www.smdhu.org.

Mayor Don's Update



Long Weekend Events

I would like to congratulate the organizers and participants of the Elmvale Sci-Fi Fantasy Street Party for hosting a terrific event last Saturday. Thanks to their efforts, \$1,093 was raised in support of the Elmvale & District Food Bank. There were some amazing costumes this year and it was wonderful to see so many of our residents and local businesses out participating and contributing to the fun. The organizers are estimating that the festival attracted about 1000 visitors. A special thank you to the Elmvale BIA for their sponsorship support and efforts to collaborate with our business community for this event.

I would also like to thank everyone who contributed to the Phelpston fireworks display last weekend and helped to “Stuff a Corn Buggy” for the Elmvale & District Food Bank. Through contributions from the Phelpston Community Recreation Association and individual community members, they were able to set off about \$3,000 worth of fireworks for a display that truly left the community in awe. It was an evening that many community members felt they would cherish and were proud to be able to take part in. Thank you to the two main organizers, Cory Kelly and Taylor Shewell, as well as the student volunteers who ran the concession stand.

Stuff a Corn Buggy Initiative

The Stuff a Corn Buggy initiative was at the Phelpston fireworks and is very thankful to have received three large boxes worth of donations that evening for the Elmvale & District Food Bank. This initiative is continuing to collect nonperishable items until July 11 at the following three locations:

- Hewitt's Produce Stand (Midhurst Location)
- Elmvale Jungle Zoo (just before the admission building on the right-hand side)
- Smith Brothers Baseball located in Phelpston (in the main office).

Chantal Nelson-Hewitt is also collecting gift cards and monetary donations and can be contacted at missnelson08@gmail.com. The final donations will fill the Hewitt's Corn Buggy, similar to their winter collection and will be delivered to fill the shelves of the Food Bank.

St. John Ambulance Week Flag Raising

The Township was pleased to host a flag raising ceremony outside the Administration Centre to mark St. John Ambulance Week from June 20-26. The Barrie Simcoe Muskoka Branch of St. John Ambulance has been servicing the communities of Simcoe County and the Muskoka region on a continuous basis for 81 years. Today, they provide support through their Medical First Response Units, Therapy Dog Programs, Car Seat Educators and Youth Volunteer programs. We are proud to celebrate their accomplishments and contributions to our community.

Watering Restrictions

Each year, warm weather brings a higher demand on municipal water systems leading to decreased potable water reserves and low water pressure. In extreme cases, it puts the water system at risk and makes it difficult to fight a fire.

Please remember that between June 1 and September 15 each year, the following lawn watering restrictions apply to residents on municipal water:

- Residents with odd number civic addresses may use outdoor water on odd number calendar days.
- Residents with even number civic addresses may use outdoor water on even number calendar days.
- Residents may only water lawns and gardens between the hours of 12:00 am (midnight) to 8:00 am OR 7:00 pm to 11:59 pm on their scheduled days.
- Residents cannot use more than one tap for the purpose of watering a lawn or garden, or for washing their vehicle.

If you would like an exemption for a newly seeded, sodded or sprayed lawn, please contact the Infrastructure & Operational Services team at 705-728-4784 Ext. 2075.

County of Simcoe Secondary Suites Program

Many residents may be interested to know that the County of Simcoe provides nearly \$1 million in forgivable loans annually to homeowners who wish to create a secondary suite in their home or a garden suite as an affordable rental unit. The loans are granted up to a maximum of \$30,000 per property on a first-come, first-served basis to affordable rental projects on existing properties within the County. Each project must comply with local municipal building permits/approvals and Ontario Building Code requirements, with construction starting within 120 days of project approval. Upon completion of the project, the homeowner agrees to ensure rents remain affordable, based on Average Market Rent as determined by the Canada Mortgage and Housing Corporation for a period of 15 years. Grants of up to \$5,000 are also available for accessibility improvements to existing secondary or garden suites. More information on the Secondary Suites Program can be found online at simcoe.ca/SecondarySuites.

Summer Yard Waste Collections

Summer leaf and yard waste collections are running bi-weekly until the end of July. Residents are reminded to place materials out by 7:00 am on the Monday of their collection week. Please do not place yard waste in your organics cart. Use kraft paper yard waste bags, compostable bags, cardboard boxes, or open-ended rigid containers instead. To determine your collection date, download the Simcoe County Collects app, available free of charge through the App Store and Google Play. Information is also available on simcoe.ca/Waste or within your Waste Calendar.

Elmvale Blood Drive

Sign up to save a life! Canadian Blood Services will be hosting a Blood Donor Clinic at the Elmvale Community Hall on Saturday, July 16, from 9:00 am to 2:00 pm. Every donation counts. Book your appointment online at blood.ca or by phoning 1-888-2DONATE.

Simcoe County Bursary Awards

The County of Simcoe is offering education bursaries of up to \$3000 to Simcoe County students attending a post-secondary institution in Ontario. Eligible applicants must reside in Simcoe County and submit an online application by July 29, 2022. For eligibility criteria and additional information, visit simcoe.ca/StudentBursary.

Brides Escalates by 10 Million Globally

This wedding season, Children Believe is urging Canadians to ‘RSVP to End Child Marriage’, a practice putting 110 million girls under age 18 at risk of being married by 2030

Namiratou has been promised in marriage, beaten, driven from her family home by her father and sexually victimized. And she’s not yet 18. Unfortunately, her story is not unique.

While Canadians’ social calendars are filling up with weddings after two years of COVID-19 postponements, the pandemic is also sparking a more disturbing wedding boom as child marriages increase internationally. Girls’ rights backslid during the pandemic, as well as their access to schooling. Prior to the pandemic, 100 million girls were expected to marry before their eighteenth birthday in the next decade. Now up to 10 million more girls will be at risk of becoming child brides as a result of COVID-19[2]. Children Believe – a charity that has helped children globally to overcome barriers to education since 1960 – has been working to turn the tide of this tragic

issue in communities across Burkina Faso, Ethiopia, Ghana and India. This wedding season, Children Believe calls on Canadians to ‘RSVP to End Child Marriage’ at childrenbelieve.ca/end-child-marriage, and learn more about how they can support girls and young women to overcome poverty, inequality and injustice.

Here Comes the Bride...She’s 12 Years Old

Child marriage has been an accepted practice dating back centuries, robbing girls as young as age 12 of their innocence. Today, child marriage is illegal in most countries and is considered a fundamental violation of human rights, but poverty, conflict, gender inequality and lack of education allows this harmful traditional practice to continue[3]. In Ethiopia, for example, drought-affected areas are seeing alarming increases in child marriage as desperate families seek extra resources through dowries, while hoping their young daughters will be fed and protected by wealthier families.

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RVH signs Letter of Relationship with Indigenous partners

Royal Victoria Regional Heath Centre, (RVH) honoured National Indigenous Peoples Day with the official signing of a Letter of Relationship (LOR) between RVH and the Indigenous Health Circle (IHC), an initiative of the Barrie Area Native Advisory Circle (BANAC).

“The signing of this Letter of Relationship formalizes and renews our shared commitment to continue to improve and advance care, chronic disease prevention, health initiatives, and systems-level change with and for First Nations, Inuit, Métis and urban Indigenous peoples in the Simcoe Muskoka region,” says Janice Skot, RVH president and CEO.

Joining Skot for the signing was Charlotte Wallis, Chair of the RVH Board of Directors; Lynn Monague-Sauve, President and Board Chair, Barrie Area Native Advisory Circle; Brenda Jackson, Indigenous Health Circle Co-Chair, and Germaine Elliott, Indigenous Health Circle Co-Chair. The significance of the Letter of Relationship was marked through Indigenous ceremony, the lighting of a sacred pipe and celebrated through traditional songs and dance. Following this the hospital grounds were smudged, which is one of many Indigenous practices of harmony and balance.

“At RVH, we embrace diversity and inclusion and are especially proud of the work we have undertaken to respect the distinct needs of the Indigenous communities and valued partners within the region. Recently, for example, we respectfully engaged and consulted regional Indigenous partners on our plans for the South Campus to ensure safeguards to the environment, and that the building design appropriately acknowledges and honours the significance of the land for Indigenous Peoples. To learn from Indigenous partners, we held consultation sessions; a Partner Summit; met representatives from the Williams Treaties First Nations and created a survey focused on Indigenous-specific feedback.”

RVH has also taken several proactive steps, such as implementing a smudging policy throughout the hospital and continue to expand Indigenous Patient and Family Navigation services which includes, an Indigenous Navigator at the RVH Cancer Program. Soon another two Indigenous Navigators will be added to expand available services and support RVH programs. Through a partnership with Mamaway Wiidokdaadwin Indigenous Primary Care Team, RVH piloted a project to increase culturally safe, trauma informed mental health pathways for Indigenous patients.

RVH also became the first health centre in Canada to unveil the Gord Downie & Chanie Wenjack Fund Legacy Space, an installation in the health centre, offering everyone an opportunity to pause and reflect on Indigenous history and reconciliation in Canada.

“It is significant that we have done this signing on National Indigenous Peoples Day; a day dedicated to honouring the contributions and cultures of First Nations, Métis, Inuit and urban Indigenous Peoples in Canada,” says Lynn Monague-Sauve, President and Board Chair at Barrie Area Native Advisory Circle. “RVH’s leadership is committed to learning about the importance of Indigenous histories; celebrating the richness of our cultures and achievements; and reflecting on how best to meaningfully advance efforts in reconciliation. The Indigenous Health Circle, the Barrie Area Native Advisory Circle and RVH will continue to move forward on this path together.”



A TINY SENIOR MOMENT

By Jan Perrault, Volunteer Writer

Senior Advisory Committee-Township of Tiny Bend and Stretch Your Way to Health

Have you tried Yoga yet? If you haven't, you're missing out on a great opportunity to feel better both physically and mentally. Yoga is an exercise you can do all your life. Its low-impact nature makes it suitable for those with joint pain, osteoporosis, or limited mobility. Plus, yoga poses can easily be modified to fit your comfort level and physical ability, making it a wonderful exercise for any age group. I have been a fan of yoga for a long time. I find it keeps me flexible and stretches away my occasional aches and pains. It is also a perfect complement to my walking routine. If my calves are tight, I can just do a gentle yoga session to stretch them out.

Furthermore, if you like to garden you're already familiar with sore muscles that can result from constantly bending and reaching. Once again, yoga is the answer to soothing all those tight muscles.

Yoga also offers benefits to our mental health. While participating in the flow of the movements, your mind can actually take a break from all its meanderings. You can truly practice living in the moment. Many studies recently have supported the effect breath has on both our physical and mental well-being. In today's busy world, we just don't remember to stop and breathe. The slow and conscious breathing that supports yoga poses not only helps you stretch further but deep breathing also strengthens your brain and boosts attention span. A huge bonus is that this relaxation can lead to a better sleep!

Luckily, there are many options for starting out on your yoga journey that are low cost or free! The list below provides you with information about these programs:

Tiny Township: If you prefer to exercise outdoors this class is for you! Yoga on the Beach is offered every Monday from July 4th to July 25th from 7:00 to 8:00 p.m. at Wahnekewaning Beach. The cost is \$48.00 and you can register online at tiny.ca under the programs and registration section. Or you can always call at: 705-526-4204 x3.

Tay Township: Yoga with Suzanne is offered from July 6th to August 24th from 7:00 to 8:15 p.m. in Victoria Harbour for a cost of \$40.00. It's suitable for beginners and all you need is a mat. Registration is required at tay.ca/register or 705-534-7248 x232

North Simcoe Family Health Team: If you prefer to use Zoom, the family health team is offering free chair-based yoga. The format of these classes is particularly helpful for those who have balance or mobility issues. To obtain more information please call the centre at 705-526-7804.

Don't forget about the wonderful Senior Centres we have in the area. Many offer yoga and more! Find out about this at: seniors@tiny.ca.

More July Events:

Midland Library: After all that bending and stretching, you may feel like a nice break on Wednesday afternoons. If so, the Midland Library is showing summer movies for adults starting July 6th at 2 p.m. The movies will run twice a month in the months of July and August. No registration is required and you can bring your own snacks! What a perfect way to relax and practice your yoga breathing.

Movies in the Park: The Township of Tiny is excited to host free outdoor family movie nights again this summer season. The series of seven family-friendly movies will be shown weekly throughout July and August at parks and greenspaces throughout the community. For more information about Movies in the Park, visit tiny.ca/events/movies.

Tiny Community Barbeque: Tiny Residents - mark your calendars for Saturday, July 23rd for the Tiny Community Barbeque. This fun event will run from 11 a.m. to 3 p.m. at Perkinsfield Park. The theme this year is "Celebrating 'Tiny' Heroes". There will be a fun zone, live music, informative booths and community groups. So drop by for complimentary food and refreshments and thank all our amazing heroes!

Le Festival Du Loup: The festival is finally back on Saturday, July 16th. There will be activities and booths during the day and live music at night to dance to. It ends with a family brunch at the Community Centre on Sunday. There are too many wonderful activities to list here so please visit the website at <https://www.festivalduloup.on.ca/home>

Ongoing Support:

Communications: A great way to keep informed on what's happening in the municipality is through TinyConnect. You can receive information via text, email, voice or TTY/TDD. There are several ways to register and receive updates, such as online at www.tinyconnect.ca or phone 705-526-4204 x277.

Transportation: CT Link – a community transportation service for Simcoe residents for medical (priority) and other appointments within Simcoe County and other destinations. If wheelchair assistance is required, advise when booking. To request this service, go online to ctlink.ca or Dial 211 for assistance. Access to transportation is also available through Community Reach and can be requested by phone at 705-528-6999, or email information@communityreach.ca.

"Yoga adds years to your life and life to your years." —Alan Finger

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Let's Talk About... Insect Repellents

With Pharmacist Owners Jenna Lougheed and Carolyn Glover
We are very excited that the nicer weather has arrived. Apparently the bugs are too!!

Bug bites can be prevented by staying away from infested areas like swamps or bushy areas. Try to avoid being outdoors at dawn and dusk and eliminate sources of standing water. Wear long pants and sleeves and tuck your pant legs into your socks. Don't wear bright colours, perfume or other strong scents when outside. Finally, use insect repellent - DEET is proven effective against mosquitoes, flies, fleas and ticks for up to 8 hours.

Looking for an alternative to DEET? Pi-ACTIVE lasts up to 12 hours and is safe for use on children 6 months and older as well as pregnant and nursing mothers. It also is effective against ticks. It is important to check for ticks after being outdoors as showering/bathing does not always remove them. We carry tick removal kits as well as a wide variety of repellants. Need to treat insect bites? Ask us about our green goo for itch relief.

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Pollinators On The Edge

Submitted by Patricia Michener

On your wanderings down country roads this summer, you might see something less than picturesque – the splintered remains of small trees and shrubs. This is the work of a mulcher. Along with flail choppers and disc mowers, in the past decade these machines have become the tools of choice used to trim and tidy roadsides in much of Ontario.

Neat and tidy road allowances are popular with motorists. The advantages are clear: an unobstructed view of what's ahead -- driveways, intersections, possibly animals on the road. But as with most improvements, there's a downside. Along with the shrubs and weeds, it seems we are removing another strand in the fragile web of life.

"There can be no doubt that an important source of food and habitat for bees and other pollinators is jeopardized by current roadside maintenance practices, which often see townships and municipalities mowing three times during the summer months," says Bernie Wiehle, President of the Ontario Beekeepers Association. "Wildflower species that used to be common are being decimated or eliminated."

You wouldn't want most of these wildflowers in your garden. Some, like milkweed, goldenrod, chicory, giant mullein, Queen Anne's lace, are tough customers. They mug expensive domestic flowers and tend to spread rapidly once you welcome them. Farmers don't like them because they march into their crops. And admittedly, unmowed roadsides can look shaggy and unkempt. But Ontario has over 270,000 kilometers of roads, and the road allowances on either side are critically important for the survival of many plant species and the insects that depend on them. Elsewhere, urbanization and agriculture are slowly squeezing them out. Meadows that haven't been sprayed with herbicide are few. And, even when we do our best, home gardens are no substitute for the largesse of Mother Nature.



The answer? Simple. "Mow less," says Victoria Wojcik, the Director of Pollinator Partnership Canada. "The fall is a great time to mow the road allowance. Then you're not mowing the habitat where plants and insects reproduce. When you mow too early, aggressive plants like Virginia creeper take over because wildflowers have not had time to go to seed. And we need wildflower diversity, because different flowers cater to different kinds of pollinators and insects."

We marked Pollinator week recently. That's when we're reminded that the fate of bees and other pollinators is our fate too. From apples to zucchinis, our food depends on pollinators. Now it also depends on the help we give them. What is your township or municipality doing to provide habitat for pollinators? Ordinary citizens can have a big impact on these policies.

In response to concerns, many municipalities are becoming "Bee Cities", although some are still maintaining current roadside clearing practices. "We do receive complaints about this," says Ms. Wojcik. And there are just as many complaints to roads departments from residents who dislike the shaggy look of road allowances when mowing is reduced.

However, on the whole reduced mowing is a win-win for municipalities and their residents. The result: less expense, reduced carbon emissions, and a more natural environment that allows bees, butterflies and other important insect species to survive -- even if it's only on the edges.

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ON THE FIELD WITH THE HILLSDALE HAYMAKERS

Savannah is pictured below up to bat.



Written by Taylor Shewell

On June 26th the U11-1 team sponsored by Benchmarc Landscapes played against Minesing U11-1 and came out with a 20-18 victory. The win was lead by amazing pitching performances by Brady, Dylan & Aaron. Strong offensive game play by Olivia, Savannah, and Abby who all got on base every at bat, with Abby getting her 1st double of the season! Colin had a strong game, crossing the plate twice and James went 3-3 including a Grand Slam. Tyler was a call-up from the U9 team & had an awesome game, going 2-3 & scoring in the 1st. Missing from the game were Sullivan, Kyle, Charlotte & Timothy.

Backyard BBQ Teammate of the Week:
Congratulations to Kyle from our U11-2 team & Charlotte from our U11-1 team for being named “teammate of the week” for their respective teams.


Next Week’s Games:
Mon Jul 11 – U17@ Elmvale (Arena) 6:30PM, U9 @ Port McNicoll (Talbot Park) 6:45PM
Tues Jul 12 - U11-1 @ Elmvale (Arena) 6:45PM, U11-2 @ Elmvale (HCES #2) 6:45PM
Wed Jul 13 – U13-2 @ Hillsdale (park) 6:45PM
Thurs Jul 14 - U13-1 @ Victoria Harbour (park) 6:45PM

G B M S L		
Results		
Team		
U9	W	0-32
U11-1	W	12-22
U11-2	L	19-20
U13-1	W	10-16
U13-2	W	20-1
U17	W	28-1

To stay on top of all things related to the Hillsdale Haymakers, find us online at www.hillsdaleathletes.com



Sports with Patrick Townes



It was fantastic getting down to the school yard to watch some local baseball action this past Tuesday evening. The smiling faces of all the little players were something that was greatly missed during the Covid years. One thing noted was the number of coaches and volunteers that were involved. This was great to see since these local organizations do not succeed or exist without the help of these folks. Remember to take it easy on the younger umpires at these games. There is a shortage of umpires at all levels. There are different ways to get your message across rather than yelling or getting excited at umpires. If there are teachable opportunities, I would recommend going through situations after the game, so no one is put on the spot in front of everyone. Everyone is learning and, like coaches and volunteers, umpires are needed and valued members of the sport!

Action takes place this Saturday, July 9th at the Elmvale Baseball Diamond behind the arena. The Elmvale Rural Fastball League (the “Thursday Night League”) is hosting their annual mid-season tournament. There are a total of 8 teams and each team is guaranteed two games. This is a 1-day event and there will be games on all day.

Golfing has become a close (very close) second sport to me as of late. But still second to fastball! Golf is a unique sport in that you can play against yourself from round to round, and a scoring factor is used to allow players of different skill levels to compete against each other. During all my recent rounds, I have been putting the ball into the hole, every hole. It is surprising how many “gimmees” are missed throughout a round. This is really the only way to get an honest score, and really shows the importance of putting on the golf course. I agree that experienced golfers may never miss a “gimmee”, but there is always a chance.

What is this new wave of LIV golf??? LIV Golf is a new golf league bankrolled by Saudi Arabia via its Public Investment Fund. The name LIV is from the Roman numerals for 54, which is both the number considered a perfect score in golf (birdie on every hole) and the number of holes to be played in LIV

tournaments – only 3 rounds instead of the standard 4 rounds on the tour.

In each event, players compete both as individuals and as teams. As is common in professional golf, the player with the lowest stroke total at the end of the tournament is the individual champion. For the team portion, the best two scores for each team count for the team total in the first two rounds. In the third round, the three best scores count. Low score is the team winner. At the end of seven events, an individual season champion will be named based on season point accumulation.

The eighth LIV tournament will be the Team Championship with a seeded, four day, four round, match play knockout. A very unique set-up compared to the normal tournament. Many golfers have turned down the large amounts of money to stay with the traditional golf regime. There has been criticism of LIV but we will see how it goes.

The Colorado Avalanche finished off a dominant postseason run in which they only lost four games total on their way to winning the Stanley Cup, stopping the Tampa Bay Lightning dynasty in its tracks. The Avalanche finished the 2022 NHL playoffs with a record of 9-1 as the visiting team. The team’s only loss came against Tampa Bay in Game 3 of the Stanley Cup Finals. Their 9 road wins set a franchise record for most in a playoff year and finish as the second-highest total in NHL history behind 6 clubs with 10, most recently coming when the St. Louis Blues won the Stanley Cup in 2019.

Cory Perry - The Tampa Bay Lightning winger became the first player in NHL history to lose three Stanley Cup Finals in a row for 3 different teams. Perry spent the 2020 season with the Dallas Stars, who lost to the Lightning, and then in 2021 played for the Montreal Canadiens. Perry finally teamed up with the same Lightning team he lost to in the previous two seasons in 2022, which then of course lost to the Avalanche. Marion Hossa also lost two in a row with the Penguins and Red Wings in 2008 and 2009.

Sorry Maple Leafs fans, but no one had a chance to beat this Avalanche team!

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Update From Doug Shipley MP

On June 23, the House rose to conclude the 1st session of the 44th Parliament. It has been an honour to work alongside my Conservative colleagues and to represent Barrie-Springwater-Oro-Medonte in the federal government. I look forward to returning to Parliament in the fall for the 2nd session.

I would like to take this opportunity to say congratulations to all the students who graduated in June. This is a fantastic accomplishment and I wish you all the best in your future endeavors. I hope you take the time to celebrate and reflect on the hard work that led you to this achievement.

Housing affordability continues to be an important topic on the minds of many Canadians and constituents in the riding. I had the opportunity to represent BSOM at the Conservative-led Housing Task Force meetings. The task force met with the Toronto Regional Real Estate Board to discuss ways that the real estate industry can assist in addressing housing issues. We also met with the Co-operative Housing Federation of Canada, which provided detailed insights and benefits of co-operative living. Over the coming months, I look forward to continuing the conversation with the diverse stakeholders in this industry. As Deputy Shadow Minister for Housing and Diversity and Inclusion, I hope to apply the

learnings from these meetings to develop creative, and actionable solutions to address Canada's ever-growing housing needs.

I also had the distinct honour of representing our riding and country during the Bilateral Mission to the Republic of Ghana. Members of the Canada-Africa Parliamentary Association met with officials and stakeholders to discuss both the challenges and opportunities that lie in store for Ghana. The delegation discussed political, economic, and human rights issues facing Ghana with organizations promoting women's rights, freedom of the press, transparency, and good governance. The association promotes exchanges between African and Canadian parliamentarians and proposes initiatives aimed at fostering a better mutual understanding of national and international problems.

This break in the House is a great opportunity to spend more time in the riding meeting constituents, visiting new local restaurants, businesses, and retail stores that have opened in the community, in addition to enjoying all the fun, seasonal activities BSOM has to offer. If you are opening a new business or celebrating a postponed grand opening, feel free to get in touch with my office.

As always, my staff and I are available to discuss



any federal matters that are of concern to you and your family. Please do not hesitate to reach out.

Doug Shipley, MP

Barrie—Springwater—Oro-Medonte

Health Unit Says Be Informed Before Swimming at Public Beaches

With summer finally here the beaches of Simcoe and Muskoka are great places to relax, cool down and enjoy family time. But before heading to the beach, the Simcoe Muskoka District Health Unit (SMDHU) reminds residents and visitors to check the beach advisory section of the health unit's website as water quality for swimming can be affected by a number of different conditions.

Each week during the summer, over 50 designated public beaches in Simcoe Muskoka are sampled for E. coli bacteria. When bacteria levels exceed Ontario guidelines, there may be a higher-than-normal risk of illness or infection and the beach is posted with a swimming advisory to let people know of potential risk. The swimming advisory remains posted until sample testing shows bacteria is once again within acceptable limits. In rare cases, when a significant risk to health and safety has been identified, a beach will be closed.

"Even if there is no advisory posted, beachgoers are reminded that water quality can change from day to day and even hour to hour depending on the weather and lake conditions," says Karen Kivilahti, manager of the health unit's Safe Water Program. "The latest available information posted on the health unit's website may not reflect the real-time conditions at the beach, so it is important to know what environmental factors to be aware of and how to minimize your risk."

Rain is the biggest factor to impact beach water quality as it washes everything off the surrounding surfaces, such as bird and dog feces, garbage, and chemicals, into the water. "Avoid swimming for 24-48 hours after a heavy rainfall," says Kivilahti. "If you do choose to swim after it rains, avoid dunking your head and never swallow the water." High winds can quickly build up large waves, which can stir up sand and silt that can result in high levels of the bacteria in the water. In general, if the water is cloudy and you cannot see your feet standing waist deep in water, bacteria levels may be higher in that area, and it is best to avoid swimming.

Warm, shallow, slow moving bodies of water and wet sand are other excellent breeding grounds for E. coli and other organisms. Kivilahti reminds everyone, "to wash your hands or use hand sanitizer frequently while visiting and picnicking at the beach."

The presence of waterfowl and their droppings can also have a significant impact on water quality, as can dead fish, algae/scum, or debris in the water that can increase the risk of illness or injury. Beach water may also be unsafe due to excessive weed growth and blue-green algae blooms.

Visit SMDHU's safe water webpages for more information about the beach water testing program, to learn more about beach water quality and to view current beach advisories.

Health Unit Confirms a Case of Monkeypox in a Person from Simcoe Muskoka

The Simcoe Muskoka District Health Unit (SMDHU) has confirmed a case of monkeypox in a person from the region. This individual lives and works mainly in Toronto where he most likely acquired the infection. He is currently isolating, and his close contacts have been notified.

"At this time the risk to the general population remains low, as we have not detected the virus circulating in Simcoe Muskoka, and it does not spread easily. Residents should not be concerned going about their routine everyday activities," said Associate Medical Officer of Health Dr. Colin Lee. "The health unit continues to closely monitor the situation. We advise any person who develops symptoms or who has had contact with a suspected or known case of monkeypox to contact their healthcare provider immediately. Monkeypox can affect anyone of any age, gender or sexual orientation. Currently, monkeypox is predominantly affecting men who have sex with men (MSM), and the most likely way it is being passed on is through close, intimate contact due to the increased skin-to-skin contact."

Monkeypox is a rare disease not common to North America. It spreads through close contact with a person infected with the virus, or their clothing or linens. It can enter the body through skin-to-skin contact with body fluids (i.e., saliva, lesions, blisters or rashes) and through mucus membranes or respiratory droplets during prolonged face-to-face

contact (i.e., breathing, talking and coughing).

Symptoms typically develop five to 21 days after exposure and last from two to four weeks. They occur in two stages and may include fever, chills, swollen lymph nodes, headache, muscle, joint and back pain, and exhaustion. A rash lasting between 14 and 21 days may also appear on the face or extremities, as well as the hands, feet, mouth and genitals that later form scabs.

Anyone diagnosed with monkeypox must isolate until all scabs have fallen off and have healed, typically in two to four weeks. Vaccination is available for high-risk contacts of cases to prevent infection.

Monkeypox is usually a mild illness and treatment focuses on relieving symptoms. Generally, most people recover on their own after a few weeks. Antiviral treatment is available for severe cases only. Preventive vaccinations are available to MSM who may be at high risk of being exposed through Toronto Public Health.

For more information about monkeypox, call Health Connection at 705-721-7520 or 1-877-721-7520, weekdays between 8:30 a.m. to 4:30 p.m. or visit our website.

Elmvale Active Seniors Residence Presentation Centre Now Open



Open Monday, Wednesday, Friday from 10:00 am until 2:00 pm
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HEY DADS

What were summers like when you were a kid? I remember waiting and waiting for the last day of school until the days of freedom would finally arrive. My brother and I filled our summers with baseball, road hockey and lots of biking. For a few years we lived in a subdivision under construction so there were always mounds of dirt to be biked up, down and around on. Once the roads were paved we could pull skateboards up and down the street behind our bikes and rollerblade all over town.

We had a pop-up tent trailer so there were always a few weeks of camping each summer at provincial parks like Awenda or Killbear. But there was one summertime lakeside activity that we rarely participated in. My dad was never a fan of this "sport" so we barely ever got to experience it. It involved lots of waiting, lots of sitting and lots of failure. Somehow my two oldest boys, ages 8 and 10, have grown to love this activity despite my best attempts to downplay its excitement. I'm pretty sure they even have a life-long tally of how many of these flip-flopping water-breathers they've pulled out of the deep. And an even longer list of how many got away. They've started to collect bobbers, lures, line, hooks, slimy stuff, rods, reels, and tools to assist them in the ever-evading challenge to hook the biggest fish.



There's few stores we can visit without meandering down to the sports section to see if there's some new gadget they can add to their collection. There



always is. Some stores literally have rows and rows of shelves and shelves with thousands and thousands of fishing lures. The boys always know how this lure is different from that one and which fish it was manufactured to catch. I don't know where they learn this stuff because it certainly isn't from me! They even woke up at 5:30 a.m. the other day and went out to fish on their own, no dad necessary.

But I may be starting to catch the fishing bug. They let me take the first cast the other day in our friend's pond and I pulled out a little bass. It's not so bad when you don't have to sit waiting in the boiling heat for hours and hours for a bite. So it's not the fishing I don't like. It's the not-fishing.

They say patience is a virtue. A virtue that I'm short of. My boys are helping me develop it. In more ways than one! I do enjoy watching their excitement when they pull in a big one and I do feel bad when the "big one" gets away. I still don't anticipate sitting around with nothing happening but I do appreciate the opportunity to be with my boys doing something they love.

Dads, take time this summer to invest in doing activities your kids enjoy. You might even learn something! Time flies. Make every moment count!

Jason Weening is learning about all sorts of new hobbies from his nine kids and one wife. For more not-boring hobby ideas check out www.heydads.ca.



Summer Reading Program

We've got a "how to guide" on our Youtube channel that explains how to register for the Summer Reading Program at Readsquared. Search, "Springwater Library" and you'll find us at Youtube. There is still time to sign up and get started logging your books right away! Free mini golf, treats, a noise making light saber are just some of the prizes coming your way.

Fridays in July

Beat the heat at the Farmer's Market in Elmvale and the outside humidity at the Midhurst Branch, pop into the library for an amazing weekly craft!

Saturdays in July

At our drop in Lego program at Midhurst and Elmvale branches, 10am-12noon we will have a new weekly theme/challenge for you to build. Fill out a ballot to enter a draw for a prize.

Storywalk in Stone Manor Park

Literacy and exercise go hand in hand at this week long event. Visit the park and travel through the story at a time that suits you best! Monday July 4 – Friday July 15.

Salt Dough Creation

Ages 4+ join us at the library to make a FREE and unique work of art! Thursday July 7, 5pm-6:30pm Elmvale and Midhurst Branch. Registration required.

Messy Craft Day

Ages 5+ get ready to get messy on Tuesday July 12, 11am-12pm at Midhurst Branch (also running Friday August 19 at Elmvale Branch). Cost \$3. You will make a couple of unique crafts and play a crazy shower cap shaving cream popcorn toss game! Registration required.

Endless Fidget Cube

Ages 7+ sign up and make an endless fidget cube. Friday July 15, 2pm at Elmvale Branch. Registration required.

STEM Program: Bee Bots

Ages 4-8 sign up today for our early coding program: Tuesday July 19, Midhurst Branch 10:30am-11:30am. Tuesday July 26, Elmvale Branch 10:30am-11:30am. Registration required for this FREE program.

Family Fun Night

Springwater Library is hosting two family fun nights this summer and the first is on Wednesday July 20 at Midhurst Community Park, 7pm-9pm. We've got GIANT jenga, connect 4, ice cream treats and a fun craft to make and take home. This is a FREE drop in fun night so come and enjoy this night on us!

Encaustic Painting Demonstration

We are hosting Thornbury artist, Deborah Masters who will create an encaustic painting of a piping plover. Watch and learn some techniques and tricks of the trade to painting with hot wax. Thursday July 21, 6:30pm via Zoom. Registration required.

Early ON Preschool Play Wednesdays

EarlyON for ages 0-6 + caregiver is back at the Elmvale Library starting Wednesday July 27, 9:30am-12noon. Registration required at earlyonsimcoenorth.ca Questions? Call (705) 526-2456.

“It’s Like Riding a Bike...” Or Is It?



The OPP on motorcycles can be seen training throughout the province. The OPP were on a Motorcycle Exercise and stopped for lunch at Steelers Restaurant in Elmvale. “It is really cool seeing the bikes and the precision that they practise”, said Jason Schell of Steelers Restaurant. OPP recommend that riders warm up being going on a drive. Practicing your skills is important especially at the beginning of the year. Warming up can include practising your turns in larger circles then getting smaller and doing figure eights. Practising controlled slow speed and braking at different speeds. OPP also recommend using a large area like an empty parking lot.
source:<https://www.facebook.com/watch/?v=634689964054116>

Boston Pizza Midland Supports Wendat Community Programs



Photo left to right: Verna Porter, Admin. Assistant Wendat, Andy Staffen, Boston Pizza Midland and Andrea Abbott-Kokosin Executive Director Wendat.

Established in 1990, The Boston Pizza Foundation is proud to be celebrating 32 years of giving back. And thanks to our loyal guests and franchisees, we have raised and donated over \$33 million in support of charities across Canada and around the world. Through our Local Community Program, locally owned and operated Boston Pizza restaurants support registered charities operating within their communities. BP Midland is proud to support Wendat Community Programs who serve both seniors with care needs and adults with mental health challenges. The funds donated to Wendat are raised through our Valentine’s Day Paper Heart and Heart Shaped Pizza promotion and our annual charity golf tournament. From 2005 - 2021, BP Midland has donated over \$398,000 in support of the great work Wendat is doing in our community. Today, Boston Pizza presented Wendat with a cheque for \$852.00 raised from the 2022 Valentine’s Day heart shaped pizzas. “Wendat Community Programs is so grateful for the generous, ongoing support of Andy Staffen and the staff and guests of Boston Pizza Midland” said Andrea Abbott-Kokosin, Executive Director. Wendat Community Programs was founded in 1987 and provides high quality care, treatment and support to both frail elderly and to persons experiencing a mental illness who are living in the North Simcoe-Muskoka area.
For more info: Andrea.Abbott-Kokosin@wendatprograms.com or 705-526-1305 ext. 223.

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BARRIE GUN CLUB DONATES TO THE MAY COURT CLUB OF BARRIE



The May Court Club of Barrie accepts a generous \$20,000 donation from the Barrie Gun Club raised from their June 4, 2022 Ladies Charity Shoot event. Volunteers of the Barrie Gun Club assisted to teach over 260 non-shooter participants their multidisciplinary sport. The May Court Club of Barrie supports those in need in our community. (Photo: Anne Wilson, Kathie Macmillan, Barry Gunton, Dale Mays, Bev Jackson, Deb Rzeplinski, Darlene Mooney, Anni Jessup, Cheryle Leechman, Karen and Wolf Parisius.)

COVID-19 pop-up and walk-in vaccination clinics available in Simcoe Muskoka July 7 to July 9

The Simcoe Muskoka District Health Unit is continuing to offer one-day pop-up COVID-19 vaccination clinics at locations throughout Simcoe Muskoka, with upcoming clinics taking place from July 4 to July 9. Walk-ins for first and second doses for individuals five years and older, third and booster doses for individuals 12 and up, and fourth doses for people 60 years and older as well as Indigenous individuals and their non-Indigenous household members aged 18 and over are available at the following pop-up locations:

Thursday, July 7

Clinic location: POP-UP Clinic - **Penetanguishene Public Library**, 24 Simcoe St., Penetanguishene
Time: 11 a.m. – 5 p.m.

Friday, July 8

Clinic location: GO-VAXX Bus – **Collingwood Nursing Home**, 250 Campbell St., Collingwood
Time: 10 a.m. – 12 p.m.

Clinic location: GO-VAXX Bus – **Collingwood Leisure Time Club**, 100 Minnesota St., Collingwood
Time: 2 p.m. – 6 p.m.

Clinic location: GO-VAXX Bus – **E3 Community Services**, 100 Pretty River Parkway, Collingwood
Time: 11 a.m. – 7 p.m.

Saturday, July 9

Clinic location: GO-VAXX Bus – **Patterson Park**, 180 Patterson Rd., **Port McNicol**
Time: 11 a.m. – 6 p.m.

Appointments for the GO-VAXX clinics may also be booked up to four days prior to the clinic through the COVID-19 vaccination portal or by calling the Provincial Vaccine Contact Centre at 1-833-943-3900.

The health unit continues to offer COVID-19

vaccinations on a walk-in and appointment basis at the Georgian Mall, 509 Bayfield St. (lower level) in Barrie:

- Tuesday: 12 p.m. – 8 p.m.
- Wednesday: 10 p.m. – 4 p.m.
- Friday: 10 p.m. – 4 p.m.
- Saturday: 9 a.m. – 3 p.m.

Appointments are also available at the health unit office immunization clinic locations in Midland, Orillia, Cookstown, Collingwood, Huntsville and Gravenhurst. Appointments can be booked through the vaccination portal or Contact Centre as listed above.

You may also receive the vaccine at many local pharmacies or booked appointments through some primary care providers, and Family Health Teams who are offering vaccine as part of their regular clinical practice. Pop-up and GO-VAXX mobile clinics will continue to be scheduled throughout Simcoe and Muskoka.

In addition, the COVID-19 Immunization Clinic at 29 Sperling Dr. in Barrie offers walk-ins and booked appointments from 10 a.m. to 6 p.m. on Tuesdays and Thursdays. Appointments may also be booked with the Couchiching Ontario Health Team Clinic located in the Orillia Soldier's Memorial Hospital Kiwanis Building - West Entrance 170 Colborne St., W.

When attending a clinic, individuals are encouraged to dress for the weather as they may be required to wait outdoors before entering the clinic. They are also reminded to bring identification (e.g., health card, driver's license, passport) a list of any medications they are taking, wear a loose-fitting shirt that allows easy access to the upper arm and bring any assistive devices as needed (e.g., scooter, wheelchair, cane). Please note, all persons attending a Simcoe Muskoka District Health Unit community vaccination clinic will be required to wear a mask. Masks will be made available at the entrance to all our clinics.

For more information about how to prepare for an appointment and what to expect upon arrival at the clinic, please visit our COVID-19 pages at smdhu.org/GetVaccinated.

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SRES

Ask The Therapist

On Cognitive Distortions

Q: How do I know if I have a healthy thought life? I feel like I get stuck in my thinking patterns and don't always know how to get out of my own head – can you help?

A: Psychotherapeutic work often begins with creating awareness around challenging patterns in a client's thinking and finding new ways to process thoughts and feelings. Thankfully, recent scientific research identifies the hope that is embedded in the neuroplasticity of our brains: the physical pathways and connections in our brains can and will change as we train ourselves to think in healthier ways. Our way of thinking actually has the power to heal and transform our brains. This amazing mind-brain connection lets us know that we don't have to be stuck in "stinking thinking"! There are so many ways that we can move to a better state of mind by consciously evaluating and directing our thought patterns.

Cognitive distortions are irrational and often intrusive thoughts that can impact your emotional and physical wellbeing. They also play a role in motivating your day-to-day behaviours and interaction in relationships. They regularly come in the form of negative automatic thoughts that are not necessarily consciously constructed or sought out but, without analysis, they tend to lead us down paths that don't serve us well.

Everyone experiences mental distress from time-to-time but certain distortion patterns may be more prevalent based on personality type and lived experiences in one's family of origin. You may find that you tend to see evidence of one or two types of problematic thinking more than others and that is an indication of where you might feel most stuck. Therapists can be tremendously helpful in supporting clients to identify and uproot core beliefs that are not producing healthy thinking.

The truth is, we don't have to believe everything we think! With some psycho-education to help identify the distortions, and some help to find productive and supportive alternative pathways, you can think yourself into a new and healthier state of mind. And your whole self will thank you for it!

Stay tuned for a series of posts in which we will explore one type of cognitive distortion at a time and provide concrete strategies for moving away from this unhelpful thinking pattern towards better mental health.

Covey Wellness Centre is located at 12 B Stone Street (behind Elmvale Dental Care) and our wellness bookshop is open to the public every day except Sundays. Please visit CoveyWellnessCentre.com and submit the form on our Contact page to book an appointment or to inquire about our products and services. Be sure to follow us on Instagram (and Facebook) @coveywellnesscentre for the latest updates!

THROWBACK THURSDAY

The main drag in Wasaga is shown on the right. The guess is 1940's. Anyone with more information on Wasaga Beach in this era please call 705-790-1993.

Springwater News readers please send in your Throwback pictures and comments to: info@springwaternews.ca or call 705-790-1993 and the picture can be scanned and handed back to you.

History is so important to preserve. Young people can learn perspective and the more experienced in life can enjoy reliving the memories. Please send in any old pictures from Springwater and Tiny Townships. History is the written word of man. Let's write our local history for future generations.

Jo Knows Nutrition



Midland Food Tours - A Welcome Addition to the Area

I recently had the pleasure of experiencing a unique gastronomic outing right in my own backyard! For a foodie such as myself, participating in a Midland Food Tour was a delight and also an education. Local resident Kelly Kurtz had the

brilliant idea of starting her own food tour company in 2021 to showcase and promote local restaurants and food shops to the public. Combining her love of food, history and tourism, it's obvious that Kelly delights in hosting these walking tours for up to 8 people. Our tour group had a fun and fast-paced three hours exploring downtown Midland and eating fantastic food.

Before tour day, Kelly sent an itinerary and stressed that we should come hungry. Great advice as we visited and ate at quite a few food establishments and I wanted to sample everything. Half of the fun of the food tour was the surprise of not knowing in advance where we were going eat.

I tried new-to-me foods and beverages and I also picked up a few culinary tricks of the trade which I

will put to good use in my own kitchen. I thoroughly enjoyed meeting the small business owners and hearing their stories about their unique food and beverage offerings. I also appreciated meeting the other guests who were on the tour with me and sharing our points of view about the tasting stops and



food in general.

Take note that if a walking tour isn't for you, Midland Food Tours also offers Georgian Bay Driving Food Tours. This is a longer tour that is hosted by local guide that meets guests at the first two stops. After that, the guests use an itinerary and driving instructions to visit the remaining tasting stops in the communities surrounding Midland.

Both the Midland Guided Walking food Tour and the Georgian Bay Driving Food Tour are held on Fridays and Saturdays until the end of October. For more information and for pricing go to Kelly's website at www.midlandfoodtours.ca. Also, check out the latest happenings with the Midland Food Tours on Facebook and Instagram @midlandfoodtours.

Submitted by: Joanne Nijhuis MSc, RD, a consulting and culinary dietitian in Simcoe Grey Bruce. www.joknowsnutrition.com Instagram: [jo_knows_nutrition](https://www.instagram.com/jo_knows_nutrition)

THROWBACK THURSDAY

Photos and Editorial courtesy of Admin: Ric Archer, Facebook Group, You might be from Elmvale...If you...



Love Nature - Wye Marsh



Benefits of Paddling

Dipping a paddle through still water on a sunny day will bring a smile to anyone's face. Canoes and kayaks are some of the most wetland friendly modes of transportation. They are quiet, making them great for not disturbing wildlife and allowing you to immerse yourself in nature. They are paddle powered, meaning they don't leak oils or other harmful fluids into valuable wetland environment. They also have a low draw, meaning they can get into shallow areas of a wetland to explore. Paddling allows you a unique perspective between the cattails to spot frogs, turtles, waterfowl, fish, and more.

Paddling a canoe or kayak has many benefits - both to your health and to your exploration in wetlands, rivers, and lakes. The paddling motions strengthen core and upper body muscles, while the time spent in fresh air greatly benefits mental health. It is a relatively low impact form of exercise that can be enjoyed by all ages and abilities. When paddling it is important to make sure your vessel is safe and legal - and always wear and approved life jacket or PFD.

Protected wetland habitat like Wye Marsh is a

beautiful place to paddle and explore the marsh that we share with countless species. As part of Wye Marsh's daily summer programming, guided canoe and kayak tours are offered daily from Canada Day through Labour Day. More information and the schedule for these tours (and other exciting programming) can be found here: <https://www.wyemarsh.com/Daily-Programming-Summer>

Wye Marsh has over 25km of trails to explore, from winding through the cedar groves, into hardwood forest, to the floating boardwalk which immerses visitors in the cattails. It is a magical place for all ages to be inspired and fall in love with nature. Trails are accessible for all ages and abilities, with some loops being stroller friendly. Trails are open daily from 9:00am-4:30pm. There are live animal demonstrations on weekend at 1:00pm. Admission is \$12 for adults, \$9 for children aged 4-18, \$9 for seniors aged 65+, and children under 4 are free. To plan a visit to Wye Marsh, please visit: <https://www.wyemarsh.com/>



The Red Fox is in Town

by Linda Belcourt, Editor

I have heard far too often, people alerting their neighbours that a fox is in their neighbourhood. They exclaim in worry to keep your dogs and cats inside. I think not!

“The red fox is an opportunistic predator. They will stalk their prey and pounce on it. Their diet can vary with season. Small mammals, including voles, mice, lemmings, squirrels, hares and birds make up the majority of their winter and fall diets. In the summer, they will also eat berries and insects, and birds eggs and chicks.” *source: <https://wildlifeinontario.wordpress.com/mammals/red-fox/>*

Cats and dogs are not even close to what a fox preys after. Can it happen? Perhaps it could but not too likely. After mid Marsh a fox will search for a den and will often be seen “stocking” the neighbourhood. Many folks think the fox is searching for food and their cats and dogs are in danger. Mice are the most popular food for a fox as they are plentiful and easy to catch.

Humans are the fox’s biggest threat as they are considered a nuisance. They have adapted to human settlements. They were here first, please leave these gentle mammals be.



Bearbells and Beagles
by Leslie Noonan



So here we are. More than 500 km of trail ahead of me. And just me. All alone. And frankly, I am terrified. My husband drove me to Copeland forest and the start of my journey. I am so thankful to have had such a supportive spouse for this trip. He cheered me on, he believed in me, and he knew

I could do this, even when I was not sure I could. Thank you Ryan, love you.

I headed out with clear and sunny skies. The trail was well defined. Unfortunately, within a few kilometers I was again nauseous and delirious. What was going on? In frustration, I pulled off my buff, and was rewarded with a cooling breeze to my head. There it was. The buff was holding heat against my head, causing heat stroke. I switched to a mesh cap, and never had an issue again.

From Copeland forest, I travelled to Craighurst and then down into Midhurst. This is a beautiful section of the trail. The paths are clearly marked and easy to traverse. The only complaint is the section of hot highway walking along Horseshoe Valley road. Really people, can you not move over just a bit so I don't feel like I am going to be hit? Luckily the trail turned off into the forest and provided a wonderful hike into and through Midhurst. I continued down into fort willow depot and was devoured by mosquitos. This nastiness continued down to country road 90 and then into Angus. Trying to cross hwy 90 is interesting, as this is a very busy highway and no one wants to stop for a chubby woman with a huge pack. Seriously, does no one see how awesome I am! HA HA. I had not been through Angus in a few decades, and was surprised by how big it had become. Deciding I really wanted a cold drink, I took a detour to the local convenience store. Well, most people avoided eye contact and stepped to the side. Sadly, I think people may have thought I was a homeless person, and if so, what an unkind way to treat someone struggling with life. It was only once I explained to people in line that I was solo hiking that the attitude changed, and customers began smiling and interacting with me. The real fun began when I attempted to reach into my top pocket on my pack without taking off the pack itself. After a day of hiking, it feels like it weighs the same as a grizzly, and as about as friendly. My forearms were already a mass of bruises from slinging the pack by the straps onto my back. So there I am, attempting to reach this pocket for my bank card, turning slow circles as I get one hand, oh so close, as the line of customers in the store watches with a rapt expressions usually reserved for car crashes. The nice gentleman behind me finally takes pity on me and offers to get my card. I am not sure if it was to be helpful or to just get me moving along, but I paid for my drinks and sat in the parking lot, looking very hot and not caring at all. So a long day into Brentville, and my wonderful mom picking me up for supper and a shower. One of the funniest moments happened, when after 14 hours I took my pack off, and almost fell forward on my face. I had spent the day using muscles to compensate for the weight of my pack, and the loss of that weight had me so off balance that I fell forward from the loss of the weight! On the other hand, I am going to lose a toenail from this hike. I have a great video of me pulling off that same toenail in about two weeks. And the fun is just beginning ...





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Your Community News

ANTEN MILLS by Dennis Gannon

Canada Day was relatively quiet in our community this year. There was no fire department parade, no community events and the evenings weren't blasted with fireworks. There were some lit off in the community in the evenings and the display that had been put on in Phelpston could be heard locally. Traffic on the other hand was consistently busy. Along Horseshoe Valley Rd., the volume was intense from Thursday morning until late Sunday. Wilson also was busy but with it being closed at Hwy 26 for the underground works, the shortcut wasn't available to those who use it for that purpose. It was interesting to see how many RV's and travel trailers were on the road. It was obviously very busy at the campgrounds around the province this year.



The community anniversary garden and berm gardens are looking very good this year. Only planted



last year, they are growing well and in a very short time will be in full bloom. A nasty perennial weed did spring up in all the gardens and thanks to two families who did the weeding, the plant will hopefully be eradicated. The gardens still are in need of some more perennials particularly of the native and pollinator variety. Please feel free to contact the Anten Mills Community Recreation Committee members if you would like to donate some. Pollinators are very important to our community and the local farm crops. While walking through the neighbourhood it was nice to see that homes are leaving and encouraging milkweed plants to grow. Monarch butterflies lay their eggs on milkweed which at one time was considered a weed by many. While it is perennial in nature and easily spread, allowing it to grow and controlling the spread will ensure that the monarchs will return and crops will flourish. There is a website available for reporting milkweed and monarch butterflies and this is

a great summer activity for the children. Check out Mission Monarch for more details and if you have any cattle in your backyard, be careful, milkweed is apparently toxic to them.

2022 is the year of elections. We have had federal and provincial elections and on October 24, 2022 we will be at the polls again to elect the municipal leaders for our municipality for their 4 year term. Being a municipal leader is rewarding as it is very much grass roots and actions occur much quicker. It is a calling that not everyone is suited for and to do the job you must be very aware of your local community and the larger one as well. Regrettably Springwater had a very different council this past four years that did not appear cohesive and often were only looking after their own turf as opposed to the big picture. It is hoped that come October a cohesive group will lead for the next four years. Locally it is noted that two Anten Mills residents have put their name forward to serve on Council. One for Mayor, the other for our Ward 3 councillor. When you check the Springwater Township Municipal Election tab, you can see that at the moment there is only one ward where there is an actual election to be held. All the other wards and positions could be acclaimed if no one else puts their name forward. The official nomination day or last day to run is August 19 at 2PM. Think seriously if you could make a valuable contribution to the municipality and are a team player and get your name put forward. Springwater needs team players as there is much on the agenda going forward. The list of candidates will be watched and updated in this column until August.

Last Wednesday the CRA had a brainstorming session under the pavilion to see what events and activities should be scheduled until the end of the year. Despite personal email invitations going out and Facebook posts, few were in attendance. What can be confirmed is that there will be a movie night on Friday, July 22 and the Christmas in the Village events the weekend of December 10 / 11. There was no interest in having a Family Funday in September which is unfortunate. There are several other potential events which are being further discussed and will be announced if they come to fruition. In the meantime mark Friday July 22nd in your calendar now so that there is a great turnout for the organizers and much more detail will be posted on Facebook in the next weeks.

*That's it for this week,
Thanks for Reading and Be Well.*

South Springwater Firefighters Association

GOLF TOURNAMENT



SATURDAY, AUG 13th
Springwater Golf Course
1481 Golf Course Road Minesing, ON
SHOT GUN 12 pm
18 Holes plus a Cart
Lunch / Buffet Dinner / Raffle / Prizes
Tickets are \$125 each

Lunch is at 12pm, Tee off is for 1PM
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Elmvale Active Seniors Residence Announces the Presentation Centre Opening



The “Elmvale Active Seniors Residence”, which is a Not-for-Profit group working to bring a modern highly energy-efficient retirement village to Elmvale, is pleased to announce that the Presentation Centre will be open, beginning on Monday, July 4, 2022. The Centre will be open three days a week, Mondays, Wednesdays and Fridays, between the hours of 10:00 am and 2:00 pm. The Centre is located on the north end of the building more commonly recognized as the site of the McDonald’s restaurant. While drop-

in visitors are welcome and encouraged, people who are already on the official “Wait List” will be the highest priority. There are now over a hundred people on the wait list for one of the units in the complex; some of them are on the “active” list and others on the “inactive” list. The Elms Retirement Village will be constructed in three or four phases. The first phase will consist of sixty-six apartment-style suites and twelve garden homes. The suites in Elm Flats, the first four-story-building, will be offered in fifteen different configurations of one and two bedrooms with either one, 1.5 or two bathrooms. The garden homes, with six end-units and six centre-units, will have two bedrooms and 1.5 bathrooms. The goal of creating a community of active seniors will be advanced by the inclusion of numerous shared amenity spaces, both inside the complex and on the grounds surrounding it. Some of the amenity spaces will be constructed in Phase One and some others will be completed in future phases. For additional information about this much-needed project, please go to the website <https://the-elms.ca> . Here you will find links to the ongoing and upcoming events plus opportunities to get on the contact list for newsletter updates, getting on the “Wait List” for a unit in The Elms and becoming an active member in the organization.

Hidden Gems



Wasaga: Beyond Beach 1

Wasaga Beach, located in Clearview Township of Simcoe County, is the world’s largest freshwater beach. This 14 kilometre (9 miles) strand of soft sand offers something for everybody. While most folks associate Wasaga with Beach 1, each beach has its own very distinct attributes and sources of appeal. For a more fulsome experience, I encourage you to venture beyond Beach 1.

Beach 1

We can’t do a write-up on Wasaga without at least making some mention of Beach 1. For those who want to see and be seen, this is the place for you. The busiest of all the beaches offers lots of action and attractions. Here is where you will find the majority of rental properties including cottages, motels and hotel accommodations. Fast food joints, restaurants, cafes and ice cream parlours keep everyone well fed and coming back for more. The shops focus on the sale of souvenirs and beach wear. While many take to the water, some find enjoyment on the sand playing beach volleyball. If you are tired of the beach altogether, you may try your hand at mini-golf. Later in the evening, check out a bar, nightclub or souped up car. Expect radios to be blaring. LOL!

Beach 2

Although similar in some ways to Beach 1 due to its close proximity, this beach is a bit less crowded and one degree separated from the centre of all the action. For those who like to stay closer to the perimeter of the hubbub, this may be a good choice for you. The highlight of this area is the boardwalk and it is regularly used by cyclists, skateboarders and rollerbladers alike as well as those taking a casual stroll. The dunes at this beach are especially pretty and there are enough trees in this area to offer shade for those making use of the picnic tables. If you really love the idea of mixing up sun and shade, beach and forest, check out the western section of this beach area as it is very heavily wooded and offers more privacy for larger gatherings.

Beach 3

Beach 3 is the place for dog lovers but please remember to stay within the designated section. This beach is also great for those who prefer to picnic or bbq rather than eating out. Be prepared to be treated

to the smells of roasted hotdogs and burgers as well as those of delicious international cuisine, especially Southeast Asian, as this is a popular spot for large family gatherings. This slightly less busy beach does provide some shade, however, is not as heavily forested as Beach 2. Umbrellas are recommended.

Beach 4

Being the least frequented of all the beaches, Beach 4 is truly for those who want peace and quiet apart from the sound of the waves on the beach and the wind through the trees. Back from the beach, where the land rises slightly, is where you will find the most shade. Located within a residential area of privately owned cottages, you will definitely have to pack a picnic. This beach also has a playground for children.

Beach 5

Beach 5 features an expansive sand area and shallow water. It also has a very large playground that attracts both visitors and locals alike. Busier than Beach 4 but nowhere near as crowded as Beaches 1, 2 and 3, it allows folks to really spread out while still maintaining a modicum of privacy. Shady picnic areas are also located on site. All of these features make this beach perfect for large gatherings with family and friends.

Beach 6

The most removed from all the other beaches, Beach 6 still sees its fair share of action. This beach, for example, is especially popular with the wind surfing and jet skiing crowd. The bright colours of the sails and sea doos offer great photo ops. Located within an area primarily consisting of privately owned cottages, picnicking, once again, is your best option. If you want to cool down with a refreshing dessert, however, Lorna Dune ice cream parlour is not that far away and makes for a nice little walk. As there are not many shaded areas, be prepared and bring an umbrella.

No matter which beach you chose, you can rest assured they are all Blue Water Beaches and all offer parking (\$17 M-F/\$20 Sat. and Sun.) and washroom facilities. Wasaga Beach, fabulous sunsets guaranteed, beyond Beach 1!!



Clarke’s U-Pic/We-Pic

Minimal use of pesticides • Local teenagers are helpers

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ALL ABOUT BLUEBERRIES



Varieties

Ontario has two basic types: lowbush and highbush. The lowbush grows wild and is cultivated in Ontario. Highbush blueberries grow up 6-8 feet in height.

Highbush berry plants are sensitive to winter damage, but their fruit is larger than the lowbush variety.

Nutrition

Blueberries are a source of Vitamin C and fibre; one-half cup contains 41 calories.

History

Blueberries are native to North America with large stands in the Maritimes and coastal New England.

In 1976, the highbush berries began to be cultivated in Ontario.

Surprisingly, acid rain has stimulated the growth of natural stands of lowbush berries in some inland areas by reducing the pH level of the soil.

Buying and storing

Look for fairly firm, sweet-smelling berries with no signs of mould or mildew and no crushed berries in the box. Purchase the smaller lowbush blueberries as fresh as possible.

Store, loosely covered, in the refrigerator. Use the berries within two weeks, but preferably as soon as possible.

For optimum flavour, bring refrigerated blueberries to room temperature before serving.

Highbush and Lowbush berries freeze well in the same fashion as raspberries and strawberries (whole, in a single layer).

Preparing

Many people enjoy fresh blueberries as they are or with a splash of cream.

Blueberries cook extremely well, and are featured in many time-honoured regional recipes for crumbles, buckles, grunts, cobblers, muffins, jam and even blueberry pancakes with blueberry syrup.

Blueberry pie is an all-time favourite. The best pie berries are said to be those of the lowbush variety.

Freezing

Do not wash before freezing. Stem. Pack without sugar or syrup. Place on a tray and freeze until firm. Pack in freezer bag. Wash before serving.

source: [www. Ontario.ca/foodland](http://www.Ontario.ca/foodland)

Health Providers News

Waypoint Welcomes Two New Members to the Board of Directors

Waypoint Centre for Mental Health Care is pleased to announce the addition of two new members to its Board of Directors.

The hospital welcomes Jill Tettmann, President and CEO of the YMCA of Simcoe/Muskoka, and Morana Bakula, Executive Vice President, Design & Experience Management at Bond Brand Loyalty to serve on the board. The new members were mentioned at the hospital’s Annual Report to the Community on June 10, and approved by Catholic Health Sponsors of Ontario.

With Waypoint’s new President and CEO Dr. Nadiya Sunderji beginning in her new role on June 13, these new members join the hospital at an exciting time as we look to the future.

“I am thrilled to be moving into my new role alongside these new board members, who are joining an outstanding group of people committed to improving mental health care in our region and

across the province,” said Dr. Nadiya Sunderji, Waypoint President and CEO. “Jill and Morana bring years of experience in their respective fields, which will enrich and strengthen our team. Having a solid and dedicated board is especially important we navigate our recovery from the pandemic and the transformation of our healthcare system. We are so grateful for all of our board members who donate their time and energy to advancing understanding and improving lives.”

The board has also elected Ernest Vaillancourt as chair, after having served as vice-chair since June 2020. He is joined by Steve Parry who was elected as vice-chair, and Dr. Howard Barbaree who has served as vice-chair since June 2020.

The hospital extends its thanks and appreciation to Betty Valentine for her years of commitment and hard work as Board Chair. While Betty has stepped

down from her executive role, she will continue her tireless work for Waypoint as a director.

“I am honoured to be elected as chair and to be working with such an incredible group of directors to lead Waypoint into the future,” said Ernest Vaillancourt, board chair. “With such tremendous wealth of skill, experience, knowledge and expertise across the entire hospital, we will no doubt do great things together.”

The June Annual Report to the Community also presented an opportunity for the hospital to share highlights of last year, and say farewell to former president and CEO Carol Lambie, who retired after 35 years of dedicated and accomplished service to the healthcare sector. The hospital has released its Annual Report for 2021/2022 and it can be found here: www.waypointcentre.ca/about_us/annual_report.

Final Message to the Community and Reflections from RVH President and CEO Janice Skot



What is the one organization that touches every member of our community? At some point, we all rely on Royal Victoria Regional Health Centre (RVH) to care for us or a loved one.

And it has been my immense privilege to, for the past 18 years, lead an organization that has such a profound impact on the community.

As I prepare to retire from the health centre at the end of June, I reflect on the outstanding care RVH provides and the remarkable people who deliver it.

Healthcare is a high-pressure, high-stakes sector and the past two years has been especially grueling. Yet, I have watched the bone-weary members of TEAM RVH rise to every challenge and, despite enormous sacrifice, continue to ensure people throughout our region are well-cared for. To say I am proud and inspired by RVH’s staff and physicians would be a huge understatement.

My mantra throughout 40 years in healthcare has always been “the patients entrusted to our care”. As CEO, I felt that enormous trust came with an

obligation to always move the organization forward: to expand care, to make it safer, to make it more accessible, and to enhance the technology our skilled teams use every day.

Whether it was doubling the size of the health centre ten years ago, adding new beds and a regional cancer centre; launching new regional programs, such as advanced cardiac and child and youth mental health; opening a Family Medicine Teaching Unit and a Centre for Education and Research; introducing high-tech equipment, like an automated lab, interventional radiology and, soon, a PET-CT scanner, Simcoe Muskoka residents have peace-of-mind knowing they can access lifesaving care closer to home.

Impacting the lives of our patients in very real and tangible ways has been exhilarating and rewarding. But what I am most proud of is RVH’s cultural transformation. We call our strategy “MY CARE” and by embedding our values into the organizational DNA, it defined the expectation that all members of TEAM RVH will put patients first.

Since introducing it, RVH has seen safety, patient experience and TEAM RVH engagement scores soar. Most importantly, our patients feel it when

they walk into our beautiful facility, where we care for our patients – and each other – with respect and compassion.

During my time at RVH, I’ve had the privilege to work alongside exceptional staff, physicians and our beloved “Blue Brigade” of volunteers. Together we have partnered with many outstanding organizations determined to create a seamless system of care. We have worked closely with dedicated elected representatives committed to improving our community. We have developed meaningful relationships with business owners, service clubs and generous donors. We have sat with countless patients and families who have shared the most intimate, heart-wrenching moments of their lives.

It is with deep gratitude and humility that I thank you for the opportunity to serve this community as RVH’s President and CEO.

Royal Vic is an outstanding organization, well-positioned for the future; a future that will see the current North Campus double in size and a South Campus built in Innisfil. Be assured, I will be cheering from the sidelines!

RVH Board Welcomes New Chair and Board Members

At RVH’s Board of Directors’ Annual General Meeting (AGM) this week, Doug Frost was named Chair of the RVH Board of Directors for two years, effective June 24.

Frost, a retired tax partner from PricewaterhouseCoopers LLP living in Oro-Medonte, has served on RVH’s Board of Directors for nine years, the last three as First Vice Chair.

Thank you to outgoing chair Charlotte Wallis for her commitment over the past three years. The Board will continue to benefit from Charlotte’s knowledge and dedication to patients and families in her new role as Past Chair.

Board members Jason Teal and Kimberly Matheson will move into the roles of First Vice Chair and Second Vice Chair, respectively, and Shelley Potts was welcomed as a new member. Potts, a certified director with the Institute of Corporate Directors (ICD.D), comes to the board with a wealth of executive and board leadership experience as a

retired President and CEO of Nestle Canada Inc. as well as various other director roles.

After nine years serving on the RVH board, Michael Gleason, Second Vice Chair, is completing his final term as governor. He has held several committee chair roles (Quality Committee and Joint Conference Committee) and was also a member of the Capital Planning Committee, Governance Committee and Regional IT Partnership Board/CEO Advisory.

The board also welcomed Gail Hunt as RVH’s incoming President and Chief Executive Officer who will take over the helm July 4. Gail, an experienced, high-performing hospital executive and team-builder, is currently the President and CEO of Georgian Bay General Hospital in Midland.

Dr. Raj Grover was elected for a second term as President of the RVH Medical Staff Association, while Dr. Jayanthini Nadarajah will continue as Vice President for another year, as well.

The RVH Foundation Board of Directors also welcomed its newest members, Anne Smith, an Innisfil community leader, and Barrie banking executive Ronda MacPherson. The board recognizes Dan Revell who has completed his final term. Dan joined in 2013 and during his tenure served as a Chair of the Finance and Audit Committee. He will continue to serve on this committee as a community representative.

Our volunteer Board of Directors is a vital link between the health centre and the communities we serve, not only monitoring performance standards and financial accountability, but also ensuring RVH delivers on its MY CARE strategic plan.

We are so lucky to have such a talented and diverse team working, practicing, volunteering and governing our health centre. You are crucial to helping us achieve our vision to Make each life better. Together.



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MUNICIPAL ELECTION

Unofficial List of Registered Candidates

Township of Springwater

Filings as of June 20, 2022 for the unofficial list:

Mayor: Coughlin, Jennifer

Deputy Mayor: Maw-Chapman, Wanda

Councillor Ward 1: Garwood, Matthew

Councillor Ward 2: Nelson-Hewitt, Chantal

Councillor Ward 3: Thompson, Brad

Councillor Ward 4: Moore, Anita

Councillor Ward 5: Fisher, Philip and Zapolnik, Dominika

Eligible Springwater voters will elect a number of different positions on Voting Day, including:

One (1) Mayor

One (1) Deputy Mayor

Five (5) Ward Councillors (one for each of Wards 1 to 5)

Township of Tiny

As of June 30, 2022 for unofficial list

Mayor: David Evans

Deputy Mayor: Sean Miskimins

Councillor (3 to be elected): John Bryant, Janice Murton and Steffen Walma

Eligible Tiny voters will elect a number of different positions on Voting Day, including:

One (1) Mayor

One (1) Deputy Mayor

Three (3) Ward Councillors (one for each of Wards 1 to 3)

About the Municipal Election

Voting Day is Monday, October 24, 2022. Nomination for candidates for the 2022 Municipal Election opens on Monday, May 2, 2022. The Nomination Period closes on Friday, August 19, 2022 at 2 p.m.

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Council Highlights are intended to provide a summary of Council proceedings only. The information contained within the Highlights is based on approved material from within the associated agenda packages, linked at the bottom. These reports were part of the agendas from the Council Meeting on June 28, 2022, and Committee of the Whole on June 14 and 28, 2022. For more information on any item covered in the Highlights, each article is hyperlinked to the appropriate report, which can be accessed by clicking on the title. Images are also linked to relevant resources.

A recording of these sessions is also available for public viewing on the County's YouTube channel.

- Service Simcoe

Lake Simcoe Regional Airport Board

On June 28, 2022, County Council announced that it is pleased to welcome Chartright Air Group Fixed-Base Operator Services to the Lake Simcoe Regional Airport (YLS).

The addition of Chartright Air Group as a fixed base operator (FBO) enables the LSRA to offer a full suite of passenger and aircraft handling services, including baggage handling, on-site customs, complete line service, aircraft cleaning, fueling, de-icing, hangarage, aircraft parking, catering, hotel, and car rental coordination. Chartright will also operate a full-service aircraft maintenance organization with a focus on turbine/jet aircrafts. It is anticipated that a full-service FBO, notably one of Canada's largest operators of private jet aircrafts, will act as a catalyst for future investment at the airport.

Chartright's 34,000 square-foot FBO and hangar facility at the LSRA features a generous lobby, passenger and crew lounges, pilot snooze rooms, a meeting room, and weather and flight planning facilities, which is able to accommodate aircraft up to the size of the Global 7500.

Blue Box Program Transition Update

In April 2022, the Province of Ontario amended their regulation for a province-wide plan to shift management of recycling material management to producer responsibility. Moving forward, companies that produce plastic packaging and other recycling products will be fully responsible for recycling their products after use by residents.

Producer Responsibility has already been implemented elsewhere in Canada, including in British Columbia, and is popular across the globe, including within the European Union. Many Ontario municipalities, including the County of Simcoe, have long been supportive of the provincial transition to



full producer responsibility, as it is considered a key step in reducing long term environmental impacts and costs on taxpayers.

On June 14, Committee of the Whole directed staff to enter into negotiations with Circular Materials Ontario (CMO), one of four producer responsibility organizations in Ontario, and to determine whether to enter into agreements for collection, depot and promotion and education services with CMO. This agreement will cover the transition period only, which would be from January 1, 2024 to December 31, 2025.

Simcoe County Hospice Alliance and Simcoe County Hospice Alliance - Funding Request

On June 28, 2022, members of the Simcoe County Hospice Alliance gave a presentation to Council on the performance of the five area hospices (Hospice Simcoe, Matthew's House, Hospice Georgian Triangle, Hospice Huronia, Mariposa House Hospice). Council were advised of current regional capacity and the priorities for the Simcoe County Hospice Alliance.

Later in the meeting, Council approved the Simcoe County Hospice Alliance's funding request, providing continued support to hospices that relieve suffering and improve the quality of living and dying. The Simcoe County Hospice Alliance is scheduled to received \$500,000 annually between 2021 and 2025.

Temporary Motel Shelter Model Wind Down and Transition Plan

The temporary emergency motel shelter model program began in March 2020 and was a direct response to the needs of homeless individuals during the COVID-19 pandemic as shelters reduced their capacity or closed due to health and safety requirements. The temporary program was fully funded by both the provincial and federal government with funding streams supporting activities to transition from the temporary program in line with the province's Re-Opening of Ontario Act. In 2022, the average cost for the motel model was \$850,000 per month (including motel costs, staffing, and program expenses) to run the program at the Barrie motel location, housing as many as 140 to 175 individuals nightly. The motel program was temporarily extended to July 15 (from June 30) to permit additional time for planning.

On June 28, 2022, Council recognized the need to provide additional support with the transition for homeless individuals out of the emergency motel shelter model. County Council committed to provide support during the transition through an

additional funding envelope of up to \$800,000 to augment the recent allocation of \$400,000 flowed through the County from the provincial pandemic Social Service Relief Funding (SSRF5) envelope and already committed to the shelter operators in the temporary motel shelter model in the City of Barrie. This additional allocation brings the County's commitment to this transitional period to \$1.2 million, with a further contribution of \$400,000 from the City of Barrie, totalling \$1.6 million between the contributors.

Trails Connecting Communities Program (TCCP)

The Trails Connecting Communities Program (TCCP) was established in 2009 to assist municipalities in funding trails and active transportation projects around the County. The program operates through a 50/50 matching structure whereby County funds are matched to local municipal investment, to a maximum County contribution of \$30,000. The County's budget for each calendar year of funding is \$250,000. Since 2009, the County's Trails Connecting Communities Program has provided over \$2.6 million in funding to local municipalities through the program.

In 2022, the County received fifteen applications for TCCP funding. The County continues to fund a total of \$250,000. The applications received have requested a total of \$342,304 in funding. On June 28, 2022, Council authorized the withdrawal of \$92,304 from the reserve account to fund all projects received in 2022.

Phase 1 Growth Management Official Plan Amendment

On June 28, 2022 at 10 a.m., Council hosted a statutory public meeting on a proposed first phase growth management amendment to the County's Official Plan. Interested parties who wished to speak at the meeting pre-registered and were allotted 5 minutes to voice an opinion on the Official Plan Amendment (OPA).

This proposed first phase growth management OPA has been prepared in association with the County's Municipal Comprehensive Review (MCR) to bring the County Official Plan into conformity with the Provincial Growth Plan which requires the County to plan for a population of 555,000 and 198,000 jobs by 2051. This proposed OPA represents the first of multiple amendments to the existing County Official Plan that will establish where and how growth is to occur over the next 30 years.





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We'd be delighted if you'd join us to celebrate the start of summer and of our Summer Reading Programs here at MPL! Join us for a special Summer Reading Launch Party, sponsored by TD on Wednesday, June 29, 1-4pm. Rain or shine, register for one of our summer reading programs and receive a free frozen treat from our ice cream truck!

Summer reading is for everyone at MPL. You can read, report and repeat! Download the free Beanstack app for a link to our summer reading challenges. It's easy to set up one summer reading account and do a whole family's reporting! Happy Reading,

GBGH Board of Directors Welcomes New Members

The Georgian Bay General Hospital (GBGH) Board of Directors held its Annual General Meeting June 23, during which three new members were welcomed. David Allen, Treva Job and David Wattling were elected for three year terms to represent the community as Directors on the hospital's Board.

David Allen is a retired healthcare communication professional. David worked at both Toronto General Hospital as the vice president of Public Relations and Trillium Health Centre vice president of Community Relations and Partnerships. David has an interest in the areas of community relations, as well as strategy and planning.

Treva Job is a Nurse Practitioner with over 20 years of experience in the healthcare field. Treva is also a nurse educator working as the Simulation Lead at Georgian College, teaching in both the Practical Nursing and Bachelor of Science in Nursing programs. Treva, who has a PhD in Philosophy specializing in nursing education, has a passion for safety and quality improvement within healthcare.

Dave Wattling comes to the Board with a background in information technology, healthcare and consulting in North America and Europe. Most recently working at TELUS Health as vice president & chief corporate development officer. Dave has an interest in the areas of governance, strategy, performance management, technology-enabled transformation, and communications.

GBGH Board chair Tim Kastelic, elected in 2021-22 continues his role in 2022-23.

Departing members of the Board include Britt McKerrow and Sara Lankshear. McKerrow, a retired financial services industry professional, served a three year term on the GBGH Board of Directors and was mostly recently the Chair of the Board's Audit and Resource Committee. Lankshear, the associate dean of nursing at Georgian College, served three terms for a total of nine years with the Board. Most recently, Sara was chair of the Board's Quality Committee. GBGH thanks both for their exceptional commitment to the hospital and for the invaluable knowledge both brought to their roles as Directors.

Community Events

ONGOING EVENTS:

Bid Euchre
Elmvale Community Hall 1 pm - 4 pm **Every Monday**
Midland Bridge Club 12:45 pm - 4 pm
Tues.: Duplicate Bridge, **Wed.,** Learn to Play Bridge and **Thurs.:** Duplicate Bridge
Coffee Parties Centre Flos Women's Institute on each last Thursday of the month at Heritage Park from 9:30 am to 11 am on June 30, July 28 and August 25

Centre Flos WI Coffee Parties
At Heritage Park this summer. They will be held on the **last Thursday of the month - June 30, July 28, and August 25 - from 9:30 am to 11 am.** All are welcome!

Good Vibes
Every Thursday night from 7 to 10 p.m.
An open-mic music event Our location is the little white schoolhouse at the corner of Mount St. Louis Road and the 4th Line of Oro Medonte. Admission is a donation of \$5.00.

Bay Shore Seniors' Club Bingo
2000 Tiny Beaches Rd. S.
Children's Bingo - 1 pm
Adult's Bingo - 7:30 pm
Every Monday throughout the summer.

Elmvale Presbyterian Church Let's Do Lunch
2nd Monday of the month between 11:45 and 12:15. Call 705-322-1411 between 9am - 3 pm to order for your \$5 takeout. Pickup is Thursday at the East side of 22 Queen St. E. Delivery in town only.

SPECIAL EVENTS:

JUNE

June 25 & 26 8AM-5PM
Barrie Hill Farms - Strawberry Festival
2935 Barrie Hill Road
Last wagon leaves to our picking fields at 4:30PM.
Kerry, the magician, will be performing around the farm from **10AM-2PM** on both days. We will have the students from **Bravura House Music Academy** from **11AM-1:30PM** on Saturday. Local artist, **Eric Kidd,** will be back and will be performing from **10AM-2PM on Sunday.**

JULY

Sat. July 9 10 am – 3 pm
Life in the Garden Tour: It's back! We are excited to once again, host our Life in the Garden Tour. Garden Tour Passports are \$30.00 (Available June 4) and include a tour of 6 amazing gardens, a delicious lunch at Midhurst United Church, Artisans and a Silent Auction. A fundraiser for Midhurst United Church. Please see our website for more information: midhurstunitedchurch.ca or call 705 722 6331

Sat. July 9
Wyevale Beef BBQ
There is eat in and takeout. Tickets are \$30 and can be purchased at the store.

Sat. July 16th - 11:00 – 1:30
Elmvale Presbyterian Church community BBQ
in support of the Elmvale & District Food Bank. Rain or Shine.

AUGUST

Wed, Aug. 3, 2022
Boots and Hearts Barn Burner
Charity Hockey Game featuring some of the best talent in the NHL. Tickets sold at <https://secure.ticketpro.ca>
Alex Nuttall 705-627-1508
bootsandheartsburner@gmail.com

Summer fun and Nature Activities Coming Soon to a Barrie Park Near You

The City of Barrie is offering a number of free activities this summer, aimed at getting kids and youth engaged in active play and outdoor activities. There will be two pop-up trailers, run by City staff, that will feature opportunities to get out of the house and have some fun in July and August.



The City's brand-new Nature Play trailer will be at various parks across Barrie, offering nature play games and educational activities. Starting July 4, the trailer will feature activities for children aged four to 12. Programming will also include local partners, such as the Lake Simcoe Region Conservation Authority and the Barrie Public Library, offering environmental education and fun! Visit barrie.ca/BeeCity for the full schedule of dates, times and locations of the Nature Play trailer.

Back again for a second year, the City's Summer Fun Trailer will travel to various parks and recreation facilities this summer season, starting in mid-July. The trailer will feature loanable outdoor sports equipment and a mobile skateboard park. All trailer contents will be free to use and available on a first-come, first-served basis. Participants must follow the City's Fair Play policy when using the contents. Equipment is for all ages, and can be signed out by participants 12 years and older. Equipment includes Spike Ball, Kan Jam, Ladder Golf, Bocce Ball, basketballs, soccer balls, skateboards, scooters, and helmets. Visit barrie.ca/SummerFunTrailer for updates, and the schedule as it's announced.

Please note that the programming schedule is subject to change, and inclement weather or extreme heat cancellations are possible.





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On Guard! LinkedIn Scams Are Soaring

Scams on LinkedIn, the social media site for professionals, with more than 800 million members, have unexpectedly rocketed by more than 200 percent during the first half of this year.

Researchers can't pinpoint the cause beyond noting that the surge is due to cunning phishing attempts offering fake job opportunities in order to steal login credentials. But it's enough to set alarm bells ringing among the network and Internet security firms.

Furthermore, there's often more at risk than just the compromise of a victim's LinkedIn account. Gaining control of an account gives the hijacker access to everything that goes with it, such as names and other details of all the victim's contacts and perhaps even confidential business information.

No wonder that, right now, researchers say LinkedIn scams are growing faster than fraud on any other social media site.

"In most cases, it's due to the trust associated with users being professionals," says privacy expert Ali Qamar. "That's to say, users assume all users are like them; professionals. This false sense of security plus the potential for credible connections from strangers makes it a scammer's dream!"

In fact, according to the 2020 US Digital Trust Report, LinkedIn is rated as the most trustworthy site on the web.

Many of the attacks come via well-crafted emails that look like they're either from LinkedIn or from well-known business names. And according to a report from Malwarebytes, some of them are managing to slip past security software.

1. Phony Emails

The most common LinkedIn phishing attempts include phony emails.

For example, LinkedIn often sends out messages to members telling them how many times their name has appeared in searches or inviting them to congratulate one of their contacts for a work anniversary or promotion.

Similar scam emails look like they came from LinkedIn and naturally arouse the curiosity of the recipient. But clicking on a link will take the victim to a fake sign-on page and steal their credentials.

Similarly, as with many other phishing scams, a fake message might tell the recipient they're overdue on a fee payment or that their account has been compromised. Again, a malicious link will take them to the false sign-on page.

Sometimes, clicking these links will upload malware onto the victim's PC, which can then be used to steal sensitive information or to install ransomware.

Another way of luring victims to their fate is a bogus job offer. The scammers may then ask for information such as bank account details or demand payment for supposed security checks or training materials.

This scam is one of the factors behind the latest surge in LinkedIn fraud because of what's become known as "the great resignation" - thousands of people quit their jobs in the wake of the Covid pandemic.

In the same way, crooks may use a hijacked account or a fake profile to offer the victim's contacts fraudulent investment opportunities, especially cybercurrency-related schemes -- another factor driving the LinkedIn scam surge.

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Buck & Doe

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THANK YOU

Dear Simcoe County First Responders

On the morning of Wednesday June 15th I was in a car accident at corner near the Elmvale Drive-in on my way to work, and although there were no major injuries, I required the services of the Simcoe County fire, police and ambulance. I would like to thank all who responded to the 911 call and came to assist me. Everyone was incredibly helpful and you were amazing with supporting me and my family. I feel truly blessed to have had each of you there and will be forever thankful for the kindness you showed. Thank you so much for all you have done for Simcoe County and for me, your work is appreciated!

Aly



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THE OPP REPORT

CENTRAL REGION OPP LAYS OVER 2500 CHARGES IN CANADA DAY WEEK

Members of Ontario Provincial Police (OPP) Detachments across Central Region laid 2568 traffic-related charges between June 25 and July 3, 2022. The weeklong campaign was designed to save lives and reduce injuries on Ontario's roads, trails and waterways with a special focus on safety equipment.

Officers across Central Region worked very hard to ensure everyone's safety this long weekend. During the campaign, officers were highly visible as they focused on safety equipment, such as helmets, lifejackets and seatbelts. Although properly worn safety equipment was the focus of this campaign, enforcement was not limited to just equipment.

Charges laid in Central Region include:

Speeding - 1331

Various Highway Traffic Act / Hazardous Moving Violations - 863

Stunt Driving - 31

Impaired by Drugs or Alcohol - 63

Suspensions - warning range on Approved Roadside Screening Device - 10

Distracted Driving - 26

Seatbelts (motor vehicle) - 179

Seatbelts (off-road vehicle) - 6

Marine: PFD/Life Jacket - 44

Off Road Vehicles No helmet - 6

OPP officers conducted 2746 traffic stops ramping up enforcement and education regarding the presence and use of lifesaving equipment to help ensure Ontarians traveled safely on and off the road.

As summer has arrived, the OPP is counting on everyone to comply with all traffic, off-road and marine laws. Doing so will go a long way toward reducing the number of deaths and serious injuries on roads, waterways and trails.

NINE PEOPLE RESCUED FROM THE WATERS OF GEORGIAN BAY IN TWO DAYS

Members from both the Collingwood and Huronia West Detachments of the Ontario Provincial Police (OPP) have been busy with their joint marine patrol in the waters of Georgian Bay. They have rescued 9 people in four separate incidents in the last two days.

On Thursday June 30th, 2022, 7 of these people were rescued from the waters in a 2 hour window.

* At approximately 1:30 pm, while on general patrol, officers observed 3 adult female paddleboarders waving for help approximately 2 km out from the shores of Wasaga Beach. Only one of them had a life jacket, and they had 2 paddleboards between the three of them. They were quickly blown out from shore, and found themselves in distress and unable to get back.

* At 2:15 pm, officers received a call for service in the waters in the area of Beachwood Road. Two children the ages of 12 and 13 were being blown out into the bay on a foam mat toy. Neither child was wearing a lifejacket. While enroute to assist, police located one child in the water in distress attempting to swim back to shore. The other child was located on the toy mat. Both children were extremely cold and scared.

* At 3:30 pm, two adult males were reported to be in distress after the inflatable toy they were on

was blown into the bay from Northwinds Beach in the Town of Blue Mountains. The OPP Marine Unit along with the Canadian Coast Guard co-ordinated their efforts and were able to rescue the pair who were also not wearing life jackets.

On Friday July 1st, 2022 at 12:19 pm, police received a call for two adult females who had been blown out into the bay from Wasaga Beach on a large pink flamingo toy. Neither female was wearing a life jacket and both were non swimmers.

HURONIA WEST OPP INVESTIGATING SERIOUS ASSAULT

Members of the Huronia West Detachment of the Ontario Provincial Police (OPP) are currently investigating a serious assault involving numerous victims in Wasaga Beach.

In the early hours of Friday, July 01, 2022, just after midnight members from the Huronia West OPP responded to a 9-1-1 call in relation to a serious assault in progress on River Avenue Crescent within the Town of Wasaga Beach.

Numerous police resources attended the scene along with the Wasaga Beach Fire Department and Simcoe County Ambulance. A large crowd of youth were located on the streets however quickly dispersed. Two victims were identified and transported to a local hospital with non-life-threatening injuries.

Police believe there are witnesses to the incident who may be in possession of cell phone video footage and are looking to speak to those individuals.

Police are also asking residents in the area who may have home surveillance footage to please review it and contact police if anything is observed that may be able to assist with the investigation.

Anyone with information is asked to call Huronia West OPP at 1-888-310-1122 or Crime Stoppers to remain anonymous at 1-800-222-TIPS (8477) or <https://ontariocrimestoppers.ca/>.

HURONIA WEST OPP INVESTIGATES DROWNING IN WASAGA BEACH

On June 28, 2022 at approximately 10:41 a.m., a female who was wading in the water a short distance from the shore in the area of Beach Area 6, began showing signs of distress which attracted witnesses who attempted to help her. Several Good Samaritans assisted in a rescue and were able to bring her to shore. They then began CPR on the female in an attempt to revive her.

Members of the Huronia West Detachment of the Ontario Provincial Police (OPP), Wasaga Beach Fire and Emergency Services and Simcoe County Paramedic Services attended the scene and took over live saving measures. Despite all efforts, the 70 year old female, a resident from Wasaga Beach, was pronounced deceased at the scene.

This investigation is on going and the identity of the deceased will not be released at this time.

Investigators are asking anyone with information to call Huronia West OPP at 1-888-310-1122.

Two Sunday Daytime Collisions Lead to Impaired Charges In Midland and Tiny Township

(Tiny Township and Midland, Ontario) Two drivers are facing impaired driving charges after daytime

collisions investigated by members of the Southern Georgian Bay detachment of the Ontario Provincial Police on June 26, 2022.

At 10:38 a.m. a vehicle lost control while travelling at high speeds inside the boundaries of Awenda Provincial Park in the Township of Tiny. The vehicle was severally damaged after striking several trees before coming to a stop (see photo). The lone occupant of the vehicle was extricated by Tiny Township Fire Services and transported to a local hospital by Simcoe County Paramedics where he was treated for his injuries, which were minor in nature. Officers gathered evidence which lead them into an impaired driving investigation.

The driver's name is being withheld under provisions of the Youth Criminal Justice Act. He faces the following charge:

- Operation While Impaired - Criminal Code

The driver was released on an Undertaking to appear before the Ontario Court of Justice at a later date.

Never Drive Impaired - Includes Cars

A driver from Nova Scotia found out that impaired driving includes cars after his vehicle was the subject of a call for service in a Midland fast food drive through lane at 5:14 a.m. July 3, 2022. Officers checked on the stopped vehicles lone driver and entered into an impaired driving investigation. The driver was taken to the Southern Georgian Bay OPP Detachment to complete the investigation resulting in David MCINTYRE 34 years being charged criminally with the offence of Operation while impaired - alcohol and further with Operation while impaired - blood alcohol concentration (80 plus).

The accused was released on a recognizance to appear before the Ontario Court of Justice on July 21, 2022 and also faces a drivers licence suspension as per the Ministry of Transportation (ADLS) guidelines and a seven day vehicle impound.

Officers over the Canada Day weekend conducted R.I.D.E. check stops at 14 various locations within North Simcoe checking 405 drivers and their vehicles in the interest of road safety over the holiday weekend.

Educating the public about safe driving practices with our community safety partners is a priority, if you see a possible impaired driver or operator please "Make the Call" and dial 911 and help prevent a crash. If you are heading out on the road, water or on the trails, please make a plan to get home safely.



HELP KEEP OUR ROADS SAFE

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EDHS Teachers Honour Students

On Friday, June 24, Elmvale District High School students from grades 7-12 gathered at Heritage Park for their final assembly of the school year. This beautiful morning served to celebrate the many students who went above and beyond in their contributions to the school this year whether through clubs, sports, or the arts.

The morning was sunny, and it was exciting to see a meaningful program in the park after two years of covid isolation. There was excitement in the student body as presentations were made for outstanding performances by individuals. It was a chance for EDHS teachers to honour students that have excelled throughout the year. Parents, friends and relatives were welcomed to the assembly because it was held in the outdoors.

Some of the highlights included:

Grade 7 student Spencer Galvin excelled in this year's grade 7 and 8 track and field day taking home first place ribbons in all of the following events: 100m, 200m, 400m, 800m, long jump and triple jump. Way to go Spencer!

Grade 12 students Ty Snelleman and Nadia Klein Gebbinck were selected as the Senior Athletes of the Year. Ty showed his athletic abilities this year in hockey, basketball, and track and field (where he competed at OFSAA). His focus and competitive nature led him to being a standout player this year. Nadia excelled in flag football, hockey and as captain of the slo-pitch team this year. She was applauded for remaining calm under pressure, being a supportive and encouraging teammate, and always working hard at practices.

The Junior Athletes of the Year were Talia Fleischmann (basketball, volleyball, track and field) and Colten Drillen-Roach (basketball, hockey, track and field).

Congratulations to all EDHS athletes who participated in sports this year; you represented the eagle spirit proudly!

EDHS Musicians were also rewarded for their dedication to a variety of musical clubs throughout the year. The following students were noted as "standout performers": Chloe DepLanke in Concert

Band, Keira McGuigan in Choir, Jocelyn Stratton in the One Direction Singers, and Owen Reid in Blues Band. We all look forward for more concerts to come next year!

Grade 12 Lauren Reid was the recipient of the 'John Barz Memorial Award', dedicated in memory of the former EDHS teacher. Lauren gave tirelessly during her time as an EDHS student helping run many school-wide events including prom, spirit days, pancake breakfast, grade 9 orientation, and the student council social media account. Her creativity, reliability, and hard work will be missed next year as she moves on to the University of Waterloo for business this fall.

Livia Fleischmann and Leah Veenstra were both chosen for this year's 'Wall of Fame'. Livia was a member of many clubs while at EDHS including Tree Huggers, EDHS Gives and student council. Livia also earned the highest graduating average among her peers this year and is off to the University of Guelph for biological engineering this September. Leah was a member of the student council and the student athletic association while also finding time to play many sports including basketball, flag football, slo-pitch, volleyball and track and field. This fall, Leah is heading to Western University for the health science program.



Ruth and George Allen were in attendance because several awards were made in memory of their son Wayne. The respectful silence of the student body was a testament to the esteem in which Wayne was held. George would like to salute the staff and students of the high school for bringing community and school together once again.



Photo above: The Family of Wayne (Griffin, Pat and Braedan) and Vice-principal share the stage for the presentation of the Wayne Allen award for 'outstanding persistence' in sports by an individual.



Photo to left:

A big 'thank-you' also goes to student rock band 'Greyleech' for entertaining staff and students throughout the assembly.

Band members are: Owen Reid, Jayden Eberhardt, Logan Vicol, and Ashton Bain.

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Georgian College and City of Barrie Partner to Offer Fully-Funded Manufacturing-focused RapidSkills Training

The City of Barrie in partnership with Georgian College is offering free RapidSkills micro-credentials to provide industry-focused training to address the needs of local manufacturers and develop skills within the workforce.

The training is designed specifically for three groups: those who are unemployed and looking to join the manufacturing workforce, those who are looking to gain in-demand advanced manufacturing skills, and those who are already employed in the manufacturing sector and are wanting to upgrade their skills.

In April, the provincial government announced the City of Barrie would receive \$1.08 million through the Skills Development Fund. The fund is a way to address skills development and labour shortages within the manufacturing sector by offering educational opportunities at no cost to the participant.

"Manufacturing is a key sector in Barrie and the surrounding area. According to the City's 2021 Business Data Survey, manufacturing was the number one sector in Barrie for full-time employment," says Stephannie Schlichter, Director of Economic and Creative Development at the City of Barrie. "We are committed to addressing this industry's evolving needs through innovative and effective partnerships, like the extension of the RapidSkills program with Georgian College. This program will not only help foster a resilient workforce by supporting access into the labour market, but will also contribute to a thriving and diverse local manufacturing sector."

The extension of the RapidSkills program offers three new short-term, competency-based, industry-recognized certifications in Computer Numerical Control (CNC), Fundamental Shop Skills, and Quality Management, along with the Leadership in Manufacturing micro-credentials. There are also four other micro-certifications in Hydraulics and Pneumatics, Industrial Automation, Precision Machining, and Robotics.

"The RapidSkills program was developed as an innovative, meaningful and responsive solution to the local labour market challenges," said Mary Johnston, Director, Continuing Education and Corporate Training at Georgian. "We're excited to partner with the City of Barrie to offer these expanded RapidSkills micro-credentials which will equip workers with the in-demand skills to become competitive while providing the manufacturing sector employers with technically trained and motivated workers."

The training will be offered in a flexible, part-time format geared to both employed individuals who can continue working while they train as well as unemployed participants who will benefit from prospective employer engagement.

To be eligible, employees from local manufacturers may be referred by their employer for training. Unemployed individuals can participate and be referred through an Employment Ontario service provider, or self-identify and register through the RapidSkills website.

The RapidSkills micro-credential will start with the Fundamental Shop Skills module on July 16 with the rest of the micro-certificates opening late August and running through until March 2023. They will be offered through a blend of part-time, online and in-person lectures and labs at the Barrie Campus.

For a limited time, RapidSkills micro-credential tuition and training costs are free for eligible participants and employers.

To learn more and to register, visit GeorgianCollege.ca/RapidSkills.

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New CUPE Local 2380 Agreement Ratified

After several months of negotiations, the City of Barrie and CUPE Local 2380 reached a tentative agreement on June 22, 2022. The agreement was ratified at the June 27 Council Meeting and ratified by CUPE Local 2380 last night.

"I am pleased that we were able reach a balanced agreement with CUPE Local 2380 that is fair and equitable," said Michael Prowse, Chief Administrative Officer. "The agreement focuses on employee well-being and recognizes the important work that our employees do every day to serve our residents and keep our city moving."

The agreement is for a 3.5-year term (July 1, 2022 to Dec. 31, 2025) and is in line with recent negotiated contracts in comparable municipalities. The agreement includes the following wage increases: 1.8% (July 1, 2022); 2% (Jan. 1, 2023); 2% (Jan 1, 2024); 2% (Jan. 1, 2025). The previous contract expires today (June 30, 2022).

"I am very grateful for the support that we received from our membership and how their solidarity with our Bargaining Committee helped us reach an agreement with the City of Barrie," said Mike Murphy, President of CUPE Local 2380. "I am very satisfied with this deal which is balanced and fair to our members and the taxpayers of the City. I am very proud of our membership's ability and eagerness to continue providing vital services to the residents of the City of Barrie over the past several years and look forward to continuing to provide them in the future. I would also like to thank the City of Barrie's negotiating team for their cooperation and dedication."

CUPE Local 2380 represents municipal workers who provide public services ranging from parks and recreational services, water and wastewater treatment, public works, court house services, financial and administrative services, city planning, by-law enforcement, building and marina services, and others.

Nearly One-quarter of Young Canadians have Stopped Saving For Tomorrow

Adults 35-54 wish they could 'tell their younger self' to save/invest more: Bromwich+Smith and Advisorsavvy

Canadians, who have lived through a series of financial crises since 2000 (9/11, the 2008 financial collapse, the Covid-19 pandemic) are less than optimistic about their financial stability according to a new economic survey.

Nearly one-quarter of young Canadians (23%) surveyed said they do not see the point of saving/investing in this economic environment. The Economic Future Survey, the second in a series of economic studies by Bromwich+Smith and Advisorsavvy, finds young people are cynical about their economic futures.

Significantly, 30 per cent of Canadians aged 18-34 are feeling they will need to rely on their own children for financial support when they get older. Additionally, two thirds of young adults worry they will not be able to leave a financial legacy for their children. Also, nearly two thirds of young Canadians (63%) feel they would not be able to afford long-term healthcare if needed, leading the country.

Canadians 35-54 have their own misgivings, with nearly eight-in-10, wishing they could go back and tell their younger selves to be more proactive in saving and investing.

"Despite some financial fatigue, there were some very heartening findings," said Solomon Amos, Advisorsavvy founder. "Nearly half of all Canadians across all ages feel they have a strong saving and investing strategy. And half of younger Canadians acknowledge now is a great time to make investments."

"People seem to be worrying they will never be able to pay off their debt such as loans, lines of credit, and credit cards," said Laurie Campbell, director of client financial wellness at Bromwich + Smith. "But as with investment, there is time, and they are not alone. It is critical that Canadians realize that, especially during these extraordinary times, an investment advisor or a licenced insolvency trustee can help rebuild a person's financial life."

Figurehead on H.M.S. Badger Blessed



On Friday June 24, at the Penetanguishene town dock, The Ship's Company of Penetanguishene had the figurehead on H.M.S. Badger blessed by St James on the Lines Reverend Eileen Steele. Penetanguishene Mayor, Doug Leroux, spoke and Peter Chalkley, who crafted the figurehead, talked about his creation. There was a cannon salute and a toast to Neptune, wishing H.M.S. Badger and H.M.S. Lynx fair winds and following seas.



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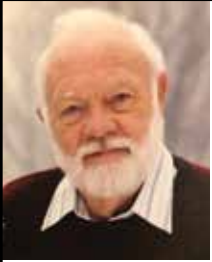
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Let's take pride in our village and enjoy another spectacular floral display.

Obituaries



Eccleshall, Anthony William (Tony)
October 25, 1927 - June 24, 2022

Our lives will be forever changed, now that Dad/Grandad/Tony is no longer at the end of the phone, or welcoming us with a ready smile and a joke or a story. Tony was born in Wheaton Aston, England, and was a silversmith, a member of the RAF and a 'Bobby' (and motorcycle police officer) with the Birmingham Police. Upon immigrating to Canada, he joined the OPP (stationed in Barrie, Elmvale, Brechin and Beaverton) until his retirement in March, 1984. He was one of the first officers in "Ident", learning photography and processing his own negatives in the laundry room.

He and Margaret, his beloved wife of 68 years, were avid dancers, sailors, animal lovers, travellers, campers, canoeists, kayakers, log home builders and poker players. In his spare time, Tony was co-founder (with Margaret) of the Hillsdale YMCA, and a martial arts (Judo) instructor who also built and ran the Okatani Judo Club in Orr Lake. He was a talented musician, playing a multitude of instruments, including guitar and banjo. (His band, "Tony's Turkeys", was legendary in Florida!) He could turn his hands to anything, could fix anything that was broken and was proficient in art, carpentry and stone masonry.

To Tony's great sorrow, Margaret passed away suddenly in 2019. Even after her death, she was a part of his every thought. He leaves behind three children - Anne (Ray), Mark (Susan), and Susan, as well as four grandchildren - Ryan (Alyssa), Shaun (Josanne), Jack and Daniel (Lauren), and his great grandchild, Ethan, with another highly anticipated addition, due in November, from Shaun and Josanne. He was so incredibly proud of his entire family, which included Margaret's brother Peter and his family, and the family of his much-missed brother, Brian. Friday, the furry wonderdog, was a frequent companion.

When the time came that Tony needed extra care, he was able to count not only on his family, but also on Jill Baird, who got him through some of his most challenging days, weeks and months of his life, and Tracey Park, with her strong hands, generous heart and sense of fun that brightened his every day.

Thank you - with our deepest gratitude - to the Birchmere staff members who took the time to visit and laugh and make every day personal and positive, and to his friends who called, wrote, emailed, visited, or even just thought of him, never letting him forget that he was important, and that his life had made a difference to them.

Dad, we were truly blessed to have you with us for so long and we will miss the music, your incredible strength, the laughter and most of all, the unconditional love. A man so strong - so present and so loved - will be a part of our lives forever.

There will be no formal service for A.W. Eccleshall, as per his wishes. Instead, a tribute will be shared with friends and family at a later date. If you have photos or memories of Tony that you would like to share, please send them to susan.eccleshall@gmail.com.



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Obituaries



MULLIGAN, Douglas Edward

Passed away peacefully in his 90th year, surrounded by family, on June 14th 2022 at Hospice Huronia - Tomkins House, Penetanguishene. Doug is survived by his beloved long-term partner Helen, daughter Shelby (Diane), Helens children Jay (Nikki), and Jodie (David), and grandchildren, Sean, Harry and Thomas. Doug was born in Midland, ON in 1933, son of Reginald and Carrie Mulligan.

Doug was a proud alumni of Camp Kitchikewana where he spent his summers from 1942 -1957 as a camper, counsellor, and camp boat supply driver. Kitchi never left Dougs heart and in August 2016, he was thrilled to return to Beausoleil Island for the Kitchi reunion of those who attended camp in the '40's and '50's.

Doug was an Elementary Teacher with the Toronto District School Board for 34 years. He was an avid curler and fitness nut with a focus on running and swimming. When his knees gave out, he walked and always advocated the keep moving approach. Doug taught at many schools in downtown Toronto, notably at Lord Dufferin P.S. where he facilitated many house-league sports teams and ran the summer swim program. Early in his career, Doug always had summer jobs, including returning to Kitchi, working for the Toronto Harbour Police and selling Argos tickets at the C.N.E. His compassionate iron will helped to put many children on the right path and some returned to tell him so which he greatly appreciated. When he had heart surgery at Sunnybrook Hospital 18 years ago, the cardiologist performing the surgery told him he'd been a student of Doug's, to which Doug replied, "Did I give you good marks?"

He never lost his love for the area and, after retirement, Doug and Helen moved to Orr Lake where they enjoyed over 20 years of family fun, boating, campfires, Browns corn, and beautiful sunsets.

Doug spent his final days in the supremely kind and excellent care provided by the dedicated staff and volunteers at Hospice Huronia-Tomkins House and by the amazing Dr. Julie Caron. You all have our heartfelt thanks! Doug will be forever loved and sadly missed.

As an expression of sympathy donations in memory of Doug may be made to Hospice Huronia - Tomkins House and may be made through the COLDWATER FUNERAL HOME, Coldwater (705-686-3344 or 1-888-645-5485).

Friends are invited to send condolences to the family at www.coldwaterfuneralhome.com



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Obituaries



Smith, Andrew Blackmore

Passed away at Soldier's Memorial Hospital on June 25, 2022 in his 76th year. He is predeceased by his loving wife Mary in 2019. Loving father to Jacqueline (Nick) Sattler of Orillia and Carole

(Reid) Tabbert of Elmvale. Proud Papa of Taylor Geisel, Jordan Geisel, Jacob Sattler (predeceased), Ryleigh Tabbert, Raegan Tabbert, and Jessica Sattler. Predeceased by his parents John and Marjory Smith. Beloved brother and best friend to Colin Smith of Stirling, Scotland.

Andy wore many occupational "hats" throughout his life including bank manager, disc jockey, and pro shop manager to name a few. In his younger days he was never one to turn down a good time. As his health deteriorated he became a resident at Spencer House in Orillia. The family is extremely grateful for the care given by staff at Spencer House and Soldiers Memorial.

A celebration of life open house will be held July 10th from 1-4 pm at the Royal Canadian Legion, Elmvale. At the family's request, you must be fully vaccinated in order to attend.

Messages of sympathy may be sent to the family at lynnstonefuneralhome.com

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Earl Graves Receives a Life Member's Coin
from the OPP Veterans' Association



Picture Above: Earl Graves with his OPPVA Life Member's coin

On June 28th Earl Graves received a Life Member's Coin from the Ontario Provincial Police Veterans' Association (OPPVA) at a presentation at Sara Vista. The coin recognizes OPP Veterans' Association members that have been members of the Association for more than 5 years and have attained the age of 80. The presentation was made by Dave Don, Secretary of Chapter 18 of the OPPVA, which serves the Simcoe-Muskoka area. The presentation was attended by residents and staff of Sara Vista along with Earl's daughter Joanne Tackaberry and her husband John.

Earl joined the O.P.P. in March 1953 and was stationed in Belleville and then moved to Picton. In 1968 he was promoted to Corporal and transferred to Winchester Detachment. In 1978 he was transferred to Elmvale Detachment where he became the Detachment Commander. After 35 years of service to the Province and people of Ontario Earl retired in March of 1988.

Earl Graves is a well known community member of Elmvale as he was the Sergeant of the Ontario Provincial Police. Small communities experienced a different way of policing as the OPP officers lived in the communities and stayed there long term. They knew the children and knew the parents. To prevent trouble an officer would say as a warning, "I know your parents, maybe we should go talk to them about what you just did." That would stop trouble in its tracks. The idea of punishment from Mom and Dad seemed worst than jail. That's just the way it used to be. Thank you Earl!

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Picture Above: (left to right) Joanne Tackaberry, Earl Graves, John Tackaberry, Dave Don

Views from the Cottage by Melanie Martyn



A BEAUTIFUL DISPLAY
ON CANADA DAY!

Orr Lake was ablaze with colour this past Canada Day weekend! All you needed was a lounge chair at the water's edge and the show was on! Each, and every evening, a spectacular display of colour and sometimes deafening crackle, filled the skies while mirroring the scintillating effects on the calm, still, spring-fed waters. I'm sure I saw a 'school of fish' learning everything they needed to know about the art of pyrotechnics. A few, no doubt, were diving to the shallow depths of the lake thinking "The sky is falling! The sky is falling!"

Can you imagine that fireworks were first discovered by accident when bamboo was tossed into a fire some two hundred years BC? It was about another thousand years before true fireworks surfaced. An alchemist, searching for 'life eternal' mixed sulfur, charcoal, and potassium nitrate (a food preservative) around 800 AD. The mixture caught on fire, and gunpowder was born! When this powder was packed into bamboo or paper tubes and lit on fire, the world saw its first fireworks!

Military was quick to adopt this chemical composition to their advantage. China built the first rocket cannons using the powder to aim and blast projectiles at their enemies around 1200 AD. Off the battlefield, however, this technology led to something beautiful: the first aerial fireworks. Initially, the only colour was orange so the displays would have



certainly paled in comparison to what we see today. Used for military victories, religious events, or royal celebrations, aerial fireworks were run by "firemasters" and their assistants, "green men". The green men, named thusly for the leaves they wore to protect themselves from sparks, would tell jokes to the crowd while they prepared the celebration. It was no joke, you can imagine, when any of the fireworks malfunctioned. Not the safest vocation in those days.

Italian inventors added in metals like strontium or barium in the 1830's and so finally, our modern fireworks were born, and celebrations took on an entirely new and multi-coloured lighting bonanza.

We all have fond memories as children, oohing and aahing at the micro displays held in the back yard while running around wild with sparklers, trying to write our names in the dark sky. Living in Rexdale in the early sixties, it was

common to see each family lighting up the street with fireworks shooting off at the end of the driveway. We always finished with the miniature schoolhouse burning as an effigy for the end of the learning year and the beginning of the great summer adventure. Freedom baby, yahhh!

Precautions should be taken in the handling of fireworks and the oh so fun, mini firecrackers that have burnt many a small finger (and a few adult thumbs lol). I recall an occasion when my teen son had a few friends over for a firepit gathering on a warm Friday night. They decided a few fireworks would brighten up the sky and their spirits. As would happen, the following evening I was tidying up the yard and burning some of the scruff wood and clippings from the front yard bushes. Some empty cylinders from the previous nights gathering lay dormant on the grass. I grabbed the empty cylinders and threw them casually onto the top of the now dying, brush fire embers. Dusk was quickly falling and as I stepped away from the pit, I thought how careful you'd want to be about disposing of these used paper tubes. Visions came to mind from early days when my brothers would throw tethered packets of the small red firecrackers into the fire. The memories of the muffled rat-tat-tat-tats made me laugh, but not for long...

Pituum! Pituum! Pituum! What the??? Flaming balls of red, then green, then blue, were flying horizontally out from the fire, aimed precisely at my newly vinyl-sided old summer kitchen! Worse than this, was the fact they were blasting away at the only exposed wooden areas just under the edge of the roof shingles. You never saw anyone run, slip and slide so fast for the garden hose! Try to pull a hose rolled up on the ground that curls into knots as you stretch it to the limit trying to reach the vulnerable fascia. I pull the trigger and it pours out in a pathetic stream, quite like my train of thought at the time. I did tromp on the remains of the roman candle, but I was worried embers could now be forming somewhere between the cracks underneath the roofline. In the hopes of bringing more power and distance to the rescue, I press my forefinger into the nozzle and now I'm spraying more water on my new summer cycling jacket than the target. I whip off the clinging jacket in a flash and it pulls off my T-shirt along with it! I now resemble a firefighter of the likes you see on posters (minus the muscles lol)!

All I can say is that the house was saved and if anyone happened to be driving down our sideroad at that time, I hope I didn't scar them for life, heh-heh. Note to self, dispose of unused firework debris properly as in soak them in water before placing them in the garbage. Other note to self, wear jackets with a zipper....and stay safe!



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