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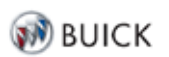
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# Springwater NEWS

Edition 638 - November 10, 2022 Serving Springwater & Tiny Townships and surrounding areas

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## I AM CANADIAN, A Free Canadian, Free To Speak Without Fear...

by Annie Donnelly

On August 10, 1960, Her Royal Highness Queen Elizabeth II granted Royal Assent to the Canadian Bill of Rights. Prior to that, on July 1, 1960, Prime Minister John G. Diefenbaker, spoke these words in the House of Commons:

"I am Canadian, a free Canadian, free to speak without fear, free to worship God in my own way, free to stand for what I think right, free to oppose what I believe wrong, free to choose those who govern my country. This heritage of freedom I pledge to uphold for myself and all mankind."

Let's put our political affiliations aside for a moment. On September 20, 1975, Diefenbaker himself turned the sod to start construction of the Diefenbaker Canada Centre ([diefenbaker.usask.ca](http://diefenbaker.usask.ca)). Residing on Treaty Six Territory and the Homeland of the Métis, the Centre states: "We pay our respect to the First Nation and Métis ancestors of this place and reaffirm our relationship with one another." According to the Centre's website:

"John George Diefenbaker, Canada's 13th prime minister from 1957-63, was born in Neustadt, Ontario on September 18, 1895, and died on August 16, 1979, in Ottawa, Ontario.

... "Some say to me," he said, 'History? What's it mean? What are you concerned about the past for?' And my answer is a simple one—he who does not know the past can never understand the present, and he certainly can do nothing for the future."

Diefenbaker was a passionate defense lawyer before he turned his attention to politics. During his campaigns, he called for 'One Canada', a united country, coast to coast, where everyone no matter their religion, race, or region were all equal under one name as Canadians.



While in office, he championed the Canadian Bill of Rights; appointed the first female cabinet minister and Indigenous senator; welcomed the first Chinese-Canadian and Ukrainian-Canadian members of parliament; and extended the vote to First Nations people in Canada. He took a stand against apartheid."

Four years before being elected to Parliament, Diefenbaker began drafting his Bill of Rights. His "I am a Canadian" speech still rings in the hearts of many and begs the question: Whether we adopted Canada as our home or were born here, what kind of Canadian are we?

In our day to day living, do we bring peace into our interactions with others? Do we contribute to discrimination, or

do we use words and actions that demonstrate to our children and others around us that we oppose what is wrong in the eyes of God? The kind of Canadian we are demonstrates the kind of Christian we are.

Are we pledging to uphold the heritage of freedom our ancestors bought and paid for with their lives? Diefenbaker said, "Parliament is more than procedure - it is the custodian of the nation's freedom." But should Parliament be the only custodian?

What if our homes and hearts personify the actions of the Parliament of Canada as it affirmed that "our nation is founded upon principles that acknowledge the supremacy of God, the dignity and worth of the human person and the position of the family in a society of free men and free institutions; that men and institutions remain free only when freedom is founded upon respect for moral and spiritual values and the rule of law?"

On November 11, what are we remembering?



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**EDITOR'S NOTES** by Linda Belcourt, Publisher, Editor, Owner**The Election**

The election is over, and the results came in a little later than expected. The Springwater News' strict deadlines were too tight to fully cover the election results in the last issue.

I have been diligent in helping candidates and voters by hosting all candidates meeting, giving a free space to introduce all candidates, and placing another section of free space to all candidates of Tiny and Springwater Townships to send a message to the residents. I have received many communications of support from the readers that supported the election coverage in the Springwater News. I thank you for taking the time to send feedback.

The back page covers our new Township of Springwater Council and page 6 is the thank you messages from the candidates that responded to my email request.

**Taking It To The Next Level**

I was enlightened and educated at the 2022 Independent Publisher's Retreat in Deerpark this past weekend. My peers gave me some design advice as you may notice in this edition. I obtained some

great advice regarding the future of community newspapers. The future looks very bright. There is a growth in the online presence using websites and electronic distribution, but print will be here for quite a while yet. Springwater News is staying in print, and I am taking it to the next level.

The retreat was hosted by the Ontario Community Newspaper Association. This association was founded in 1950 and based in Toronto and is a non-profit industry association comprising more than 200 member newspapers located throughout the province.

The smallest newspaper in this membership circulates 196 copies weekly while the largest distributes more than 150,000 copies weekly, although 35% of community newspapers circulate less than 5,000 copies weekly. Springwater News is a large newspaper compared to the average, with a circulation of 20,000 copies bi-weekly and about the same or more presence online.

This retreat was powerful as it contained a strong message about the freedom of the press and the impacts small community newspapers have on our communities. Support your local paper because it plays a big part of a healthy community!

**LETTERS TO THE EDITOR**

Please submit your letters to the Editor.

Email: [info@springwaternews.ca](mailto:info@springwaternews.ca) or drop off at office. Contact information is on the right hand side of this page. **Phone number and address must be supplied for all letters to the editor.** The opinions expressed in articles contributed by interested parties and through the 'Letters to the Editor' do not necessarily reflect the opinion of this newspaper and/or the editor.

**A New Society in the Hub of Elmvale!**

In case you haven't noticed, people all over the globe are mitigating action towards the creation of new worldwide community systems separate from the dependent and centralized structures that we are currently living in. One such plan is "A Loving Society," a heart-centered vision for building an enlightened love-based society created by a humble young man, Joseph McDonald right here in Elmvale, ON. Joseph's vision has resulted in a new world Tenets of Community worthy of attention.

The Loving Society's vision for humanity's evolving future is grounded in three documented vows: (i) The Vow of Love, (ii) The Vow of Transparency, and (iii) The Vow of Co-operation. These vows are an essential part of the plan ensuring each citizen is duly aware of both righteous and respectful behaviours naturally instilled within us by God/Creator. This society would include realities such as implementing Micro-gifts, which create a system of bartering rather than third party currency control...a society where your actions and your word are more valuable than your credit. A Pure Democracy will be an informed democracy through 'Vows of Co-operation and Transparency.' Technological Realities include clean free water...water that is actually in abundant supply on our planet, especially here in Elmvale! (also see: [primarywater.org](http://primarywater.org)) Spiritual realities showing the quantifiable fact that we exchange measurable energy with everyone, and that our bodies can self-heal greater than we are currently aware would create a re-awakening to the title of healers and doctors.

Producing and revealing truth would be at the core of policing systems and litigation systems. There would be no need for an army if there were no wars, ill will or bad intent. Any required militia would be an informal collection of people who are ready to serve, with or without weapons. Taxes, media, scaling communities and almost anything else that pertains to a more harmonious future have all been thought out carefully and wisely, and are considered attainable within this plan. A Loving Society holds great energy, and with like-minded people on board will surely create itself one step at a time.

Joseph states, "If individuals and microcosms (small groups, and families) can find value in this, then over time the idea can be refined and its distribution can be grown naturally." Build it and they will come, so to speak! Self-governing visions for future humanity often re-birth a generational wisdom. History has always shown that personal autonomy does a better job at solving problems within one's own community than does government. Personal autonomy has the added value of compassionate caring enabling a sincere and productive outcome of service for one another.

At this time in human history such a change could not be more necessary! Conducting our lives while operating solely from universal laws and principals of nature is not just a dream. It is a highly attainable, workable project, and a necessary vision currently being undertaken by millions of heart-centered people. Such dedicated builders are our Fear-Slayers, Whistle-Blowers, Truth-Sayers and Way-Showers. We as individuals can be of great service to the practical re-building of a new future now. Join in with the visions makers who, each in their own way remind us... "We Got This!"

Contact A Loving Society in Elmvale, ON at: <https://josephmcdonald10.wixsite.com/joecompanyconsulting/loving-society-constitution>  
Submitted by: **Beverley Dujay-Macdonald**  
[aweme2@yahoo.com](mailto:aweme2@yahoo.com)

**Springwater News**

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Copyrights are claimed on all original articles.

**Springwater News prints 20,000 papers per edition.**

**18,650 are delivered by Canada Post to:**

**760** in the Utopia/Grenfell area L0L 1B0 and L0L 1B2

**3050** in the Barrie City/Rural area

**4250** in South Springwater Township

**130** to the new boxes in Minesing / Anten Mills

**640** in Phelpston L0L 2K0

**650** in Hillsdale including the Rural Routes L0L 1V0  
**2550** in Elmvale including the former R.R. # 1, 2 & 3 L0L 1P0 which includes Orr Lake, Waverley and some Tiny Beaches Road areas

**265** in the Wyebridge area L0K 2E0

**975** in Wyevale L0L 2T0 including Conc. 8 and some TBRS areas,

**1325** in Perkinsfield including Balm Beach to Whippoorwill

**1100** in R.R. # 1, L4R 4K3 (775) & 2, L4R 4K4 (300) areas of Midland which includes Vasey, Ebenezzer and the area North-West of Wyebridge

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Springwater News stranded in Cuba with Jason Fitzgerald and Darren Caston



Elmvale Legion welcomes the community to the Cenotaph at the Springwater Library at 11 am for the Remembrance Day Ceremonies. Guest speaker: LCol Dave Fearon MSM, CD. All Elmvale school children will be in attendance. Parade will start at Legion at 10:45am.



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## Holiday Office Closure

The Township Administration Centre will close at 5:30 p.m. on Friday, December 23, 2022, and reopen again for business at 8:30 a.m. on Tuesday, January 3, 2023.

## Upcoming Meetings

### Library Board Meeting

Tuesday, November 15 at 7:00 p.m.  
Minesing Community Centre

### Inaugural Council Meeting

Wednesday, November 16 at 6:30 p.m.  
Township Administration Centre

### Heritage Advisory Committee

Tuesday, November 22 at 6:30 p.m.

Council and Committee meetings are live streamed online at [springwater.ca/Live](https://springwater.ca/Live). To view the meeting agendas, please visit: [springwater.civicweb.net/Portal](https://springwater.civicweb.net/Portal)

## Job Opportunities

The Township is currently recruiting for the following job opportunities:

- Arena Attendant (2022-55)
- Arena Operator - Casual (2022-57)

For details, consult the job descriptions at [springwater.ca/Careers](https://springwater.ca/Careers)

## Water and Wastewater Bills

Residential water meters have been read by the Township's third-party contractor, WAMCO Waterworks. Bills have been mailed with a due date of November 28, 2022.

## Bid Opportunities

The Township is currently accepting bids for:

One Tandem Truck and Winter Control Attachments &  
One Provisional Tandem Truck and Winter Control Attachments  
(2022-44-PW)

Closes: November 22, 2022

One New Cargo Passenger Van  
(2022-46-PW)

Closes: November 23, 2022

Trails Masterplan Update  
(2022-48-RPF)

Closes: November 24, 2022

For details and to submit a bid, visit: [springwater.bidsandtenders.ca](https://springwater.bidsandtenders.ca)

## Remembrance Day Ceremonies

Please join us at one of the following ceremonies on Friday, November 11 to honour those who fought and continue to fight for the protection of our freedom.

### Elmvale Cenotaph at 10:45 a.m.

50 Queen Street West, Elmvale

### Memorial Square at 10:00 a.m.

30 Simcoe Street, Barrie

### Springwater Provincial Park at 10:00 a.m.

1331 HWY 26, Midhurst

## Winter Maintenance Reminders

### Winter Parking

Parking is NOT permitted on roads from November 1 to March 31 between the hours of 2:00 a.m. and 7:00 a.m.

### Clear the Way

Remove items such as bins, basketball nets and planters from the end of your driveway and do not place steel stakes at the edge of the road to ensure the way is clear for snowplow operators.

### Blowing Snow

Don't blow snow onto or across the road, into ditches or onto neighbouring properties.

For more information, contact [bylaw@springwater.ca](mailto:bylaw@springwater.ca) or 705-728-4784 ext. 2101.



12:15 PM | November 30, 2022 | Anne Street North & Wenden Court

The CP Holiday Train is returning to the rails for the first time in three years to bring holiday cheer to hundreds of communities while raising money, food and awareness for local food banks. The train will be rolling into Springwater (Anne Street North & Wenden Court) at 12:15 p.m. on Wednesday, November 30, 2022. This year features performances by Tenille Townes and Aysanabee.

Proceeds will support the Barrie and Elmvalle Food Banks. Anne Street will be closed during the event. For parking information, visit [springwater.ca/CPHolidayTrain](https://springwater.ca/CPHolidayTrain)



# It Haunted Me To Think What Their Final Thoughts Of These Brave Men and Women Were Before They Took Their Last Breath



## The Story of Delmar and Isabel Kelly

In November 2020 I did something for the very first time. I dropped by the cenotaph in Waverley to pay my respects to the people in my area who paid the ultimate sacrifice. This was something I had fully intended on doing for many years. But never did. I would even drive past it several times a year and barely even notice it was there. In the 45 years I've been driving I've likely driven past it several hundred times.

The cenotaph at Waverley is at a key location, as it is at the crossroads of four townships, Flos (now part of Springwater), Tiny, Tay and Medonte (now part of Oro-Medonte). The main monument lists the names of the lives lost during World War 1 (each side represents a township). There are 4 separate corner monuments. Each corner monument for a separate township of the lives lost in World War 2.

Amidst the constant background traffic noise of busy Highway 93, I lingered and audibly spoke each name engraved on this hard, solid rock. It was extremely moving. It haunted me to think what their final thoughts of these brave men and women were before they took their last breath. These were real people who lived up and down these country sideroads, concession roads and small villages in these 4 townships. They were the ages my sons and daughters are now when they left this peaceful countryside (many were also much younger). They went off to war in distant lands in the belief that the values and beliefs enjoyed by Canadians were being threatened. Fathers, sons, daughters, and sweethearts were killed in action. Others were wounded, and thousands who returned were forced to live the rest of their lives with the physical and mental scars of war. The people who stayed in Canada also served. Such as in factories or in voluntary service organizations. Wherever they were needed. My dad as a young teen took a train to the prairies to help the farmers whose own sons and daughters were overseas fighting. He

was kept so busy; he never did get any high school education.

For those like myself who were born during peacetime, wars happening elsewhere seem far removed from our daily lives. I'll read on the internet a journalist's account of fighting taking place in distant parts of the world. But I can't fully comprehend what is happening. Fortunately, I have had opportunities to speak to people who have had connections with past wars. One of those people was Isabel Kelly, who faithfully attended the church I pastored in Hillsdale. Isabel passed away in 2018 at 93 years old. Before that, I had so many wonderful visits in her kitchen over a period of 7 years. Through Isabel, I learned a very beautiful love story between her and her sweetheart Delmar.

She was 17 and he was 20. They met in her hometown of Guelph where he was training to be a flying officer. With World War 2 underway there was this urgency to get more pilots trained and out into the skies. Delmar and Isabel made plans to get married in Guelph and had everything planned when Delmar received his orders to ship out to Vancouver. Isabel followed him out and the two of them were married there. Three weeks later Delmar was sent overseas to fight for our freedom. While the war raged on Isabel worked for a doctor in her hometown of Guelph. The doctor was a medical officer for the Dutch army which sent men over to Canada at the facility in Guelph (currently the University of Guelph) to train for the war.

They were apart for three and a half years. Isabel faithfully wrote letters to her new husband throughout the entire period. Letters that would have kept him going through numerous dangerous missions with the RAF over three war fronts he flew in: North Africa, Burma and India. These letters were so precious that none were ever thrown out right up to his death. Delmar was shot down three times during World War 2. One was while taking off on a runaway in Ceylon. Another time he was shot down over the Sahara Desert near Cairo. Delmar was also shot down while

flying over the Indian Ocean out from Ceylon. He was shot down by the Japanese. There was no sign of him at all, and Isabel received that dreaded cable that her husband was missing in action. Delmar had a new bride back in Canada, and he had that determination to survive. For nine days he floated on a raft at the mercy of ocean storms and lived with the fear that he would not be found. Worse yet, the fear of being discovered by the Japanese and taken as a prisoner of war. Nine days later Delmar was discovered on that raft by friendly forces. As well as his co-pilot, an Australian who was on a second raft. For the remainder of their lives these two war heroes kept contact with each other. Shortly after Isabel received another cable that her husband had been found. Delmar recovered in hospital before being sent home in early 1945. He spent the last remaining months of the war as a liaison officer.

Delmar was one of over a million Canadians who bravely fought during World War 2. He passed away 27 years ago after around 53 years of marriage. Veteran Affairs Canada mentions that during times of war, individual acts of heroism (such as the heroism of Delmar Kelly) occurred quite frequently. But only a few of these stories are ever officially recorded and receive official recognition. Having these acts of heroism written down as spoken from veterans or their loved ones is so important, So they're not forgotten. Veteran Affairs Canada states as of March 2021, the average age of World War 2 veterans was 96. The window of opportunity is getting smaller by the day.

This Remembrance Day we acknowledge with profound gratitude to the many men and women of our armed services, both past and present. Their service and sacrifice have preserved the freedom we are privileged to enjoy both here in Canada and the many free countries throughout the world. Lest we forget!

## Ontario Taking Bold Action to Build More Homes

### Ministry of Municipal Affairs and Housing

Today, the Ontario government introduced the More Homes Built Faster Act, which takes bold action to advance the province's plan to address the housing crisis by building 1.5 million homes over the next 10 years. The proposals in the More Homes Built Faster Act would, if passed, ensure that cities, towns and rural communities grow with a mix of ownership and rental housing types that meet the needs of all Ontarians, from single family homes to townhomes and mid-rise apartments.

"For too many Ontarians, including young people, newcomers, and seniors, finding the right home is still too challenging. This is not just a big-city crisis: the housing supply shortage affects all Ontarians, including rural, urban and suburban, north and south, young and old," said Steve Clark, Minister of Municipal Affairs and Housing. "Our Housing Supply Action Plan is creating a strong foundation on which 1.5 million homes can be built over the next 10 years. Our government is following through on our commitment to Ontarians by cutting delays and red tape to get more homes built faster."

The plan puts in place actions to support the development of "gentle density" – housing like triplexes or garden suites – that bridge the gap between single family homes and high-rise apartments. For example, it would remove exclusionary zoning, which allows for only one single detached home per lot. Instead, it would allow property owners to build three units without lengthy approvals and development charges.

The plan, which contains around 50 actions, addresses the housing crisis by reducing government

fees and fixing developmental approval delays that slow down housing construction and increase costs. Actions in the plan include:

- Creating a new attainable housing program to drive the development of housing. Sites across all regions of Ontario will be considered, including those in the north, central, east and southwest regions.
- Increasing the Non-Resident Speculation Tax rate from 20 per cent to 25 per cent to deter non-resident investors from speculating on the province's housing market and help make home ownership more attainable for Ontario residents.
- Freezing and reducing government charges to spur new home construction and reduce the costs of housing.
- Building more density near transit, unlocking innovative approaches to design and construction, and removing red tape to get shovels in the ground faster.
- Increasing consumer protection measures for home buyers and consulting on ways to help more renters become homeowners.

The government will also consult with the public, stakeholders and municipalities while engaging with Indigenous communities to review provincial housing and land use planning policies to find ways to remove more barriers to getting homes built.

"Ontario's housing supply crisis is a problem which has been decades in the making. It will take both short-term strategies and long-term commitment from all levels of government, the private sector and not-for-profits to drive change," said Michael Parsa, Associate Minister of Housing.

### Quick Facts

- Ontario is expected to grow by more than two million people over the next 10 years, with approximately 70 per cent of this growth taking place in the Greater Golden Horseshoe Region.
- Ontario's first housing plan, More Homes, More Choice was re-leased in 2019. It was followed by More Homes for Everyone in spring 2022. Ontario is seeing strong progress resulting from these plans, with annual housing starts well above average for the past 30 years.
- The government is committed to developing a new housing supply action plan for every year of its current mandate to continue delivering real, long-term housing solutions.
- A Housing Supply Action Plan Implementation Team, made up of municipal leaders and industry experts, will provide advice on market housing initiatives.
- In Fall 2022, the government passed the Strong Mayors, Building Homes Act which gives the mayors of Toronto and Ottawa more powers to work effectively with the province to reduce timelines for development, standardize processes and address local barriers to increasing the supply of housing.
- In Spring 2022, Ontario committed to provide comments on any applications for housing developments within 45 days. For more complex applications, the province is providing upfront guidance to help ensure that commitment is met. This includes Ontario's planned highway corridor management system, which will provide a seamless and integrated online platform for approvals and permits along provincial highways.



Thank You From The Candidates

Township of Springwater

Jennifer Coughlin, Mayor-Elect

To my fellow candidates, putting your name forward, putting yourself, and inadvertently your friends and family out there takes courage. Thank you. To everyone who helped campaign, I am entirely grateful for every door you knocked, call you made and daughter you drove to practice. I hope you know how heartfelt my gratitude is. Most importantly, for each and every vote, sincerely, thank you for your confidence and your trust.

Perry Ritchie, Mayor Candidate

Councillor Ritchie saying Good Bye. I would like to personally thank all the people who helped me with the campaign and Special Thanks to all the people who voted and supported me. I can honestly say in my 12 years on council, I am proud of my accomplishments and honoured to have the trust of the people. No greater honour then to serve the people of Springwater Twp.

George Cabral, Deputy Mayor-Elect

I am incredibly humbled and honoured to continue representing Springwater Township residents as Deputy Mayor this next term of Springwater Council. It was a fantastic opportunity meeting so many residents across Springwater and earning their support, and I thank you! I congratulate all our candidates on their campaigns, and praise them for putting themselves out there to work on behalf of all Springwater Township residents.

Dennis Gannon , Deputy Mayor Candidate

To everyone who supported my bid for Springwater’s Deputy Mayor, my heartfelt thank you. Much was learned including how incredible this community is. To the new Council, my best wishes to you as you begin your term of office. You have much to accomplish. Springwater is our family home and my family and I will always be here to support our community.

Matt Garwood, Ward 1 Councillor-Elect

Thank you Ward One. Over the past six months, my family and I have enjoyed connecting with Ward One residents. I am honoured to have been given the opportunity to be your voice and your advocate on council. A campaign is more than a candidate, a campaigns heart is made up of those who volunteer. Danielle and I are grateful for our community of dedicated volunteers. Thank you for trusting me with your vote.

Francis Horgan, Ward 1 Candidate

Thank you to all my supporters and I congratulate all the elected new council.

Brad Thompson, Ward 3 Councillor-Elect

I commend everyone who took the initiative to let your voice be heard in this election. You have indicated your faith in me with your vote, and I plan to honour my commitment to you. My hope is for a council that works together for the good of our community. Thank you for your support and trust in me.

Danielle Alexander, Ward 2 Councillor-Elect

I am honoured to serve as your Ward 2 Councillor. As a longtime community volunteer and resident of Phelpston, I look forward to representing all communities in Ward 2. As Springwater is set to embark on unprecedented growth, I commit to being your advocate for controlled, sustainable development with a community first approach. Please reach out to me with your concerns, I am here to be your voice.

Wanda Maw-Chapman,- Deputy Mayor Candidate

I would like to extend a huge THANK YOU to all my family, friends, Township staff and residents who have supported me, gave me the encouragement & strength throughout this campaign & the amazing past 4 years. I gained friendships, connections, more confidence & self-worth. I am proud for what I accomplished & the experience I have gain. I am grateful to my husband Mark & our daughter Gracy for being by my side every step of the way. Congratulations to the new upcoming Council.

Anita Moore, Ward 4 Councillor Elect

“A heartfelt thank you to Ward 4! To my family, my neighbours, and my supporters who displayed lawn signs and took time to vote – I couldn’t have done it without you! It’s truly a privilege to be re-elected as your Ward 4 Councillor. I promise I will continue to work hard, be open and approachable, and continue to earn your trust over the next four years... Here’s to the next Chapter!”

Dominika Zapolnik , Ward 5 Councillor Candidate

Congratulations to the new Township of Springwater council. We live in an incredible community, Midhurst, and it has been my privilege to get to know so many of you. As I reflect on this experience, I am grateful for the many new friendships formed and old friendships that have been renewed. I look forward to continuing to work together to strengthen our community. #TogetherforMidhurst

Linda Smith, Ward 4 Coucillor Candidate

Thank you Springwater! “My sincere thanks to all who supported and helped with my recent campaign for Ward 4 Councillor. It was an experience I’ll never forget and while I hoped for a different result, I enjoyed every opportunity I had to meet with Springwater residents and listen to both, concerns and hopes for the future of our beautiful community. Congratulations to all of the successful candidates. I wish you the best as you work collaboratively together to accomplish the goals of the residents that you’ve been elected to represent.

Township of Tiny

Kelly Helowka, Coucillor-Elect

I would like to take this opportunity to thank everyone for their support and best wishes. I am excited to work for you in the next four years. I would like to congratulate Dave Evans, Sean Miskimins, Steffen Walma and Dave Brunelle for their success. I appreciate the love and support from my family and friends. A special thanks to RJ, Mary and the Pereira family. We live in the greatest place on earth, let’s work together to make it better.

Erik Schomann, Coucillor Candidate

While the election results may have been personally disappointing, I’m hopeful that the new council will be able to effectively address many of the unresolved issues. To the 20% of voters who supported my bid, I thank you for your faith in me and assure you I’ll continue to serve our community, addressing concerns related to climate change, biodiversity, and protecting our pure water. Let’s keep fighting the good fight.

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Ontario SPCA's Victorian Christmas Gift & Craft Show Returns in Support of Animals In Need

The Ontario SPCA Midland & District Animal Centre is excited to announce the return of its Victorian Christmas Gift & Craft Show on Nov. 12 in support of local animals in need.

Presented by For Sale On Georgian Bay, the Victorian Christmas Gift & Craft Show takes place from 10 a.m. to 4 p.m. at the North Simcoe Sports and Recreation Centre, located at 527 Len Self Blvd. in Midland. Get a head start on your holiday shopping with 22 local vendors offering incredible work ranging from stained glass, woodwork, pottery, jewelry and more. Each artisan booth will be offering an item to raffle for the chance to win some amazing prizes.

Shopping local has never been more pawesome. The Ontario SPCA Midland & District Animal Centre is a registered charity that depends on the generosity of donors to provide care to animals in need. The Victorian Christmas Gift & Craft show helps raise critical funds to care for animals in the community. From animal care to adoption, your support gives animals a second chance.

“If you are looking for unique gifts for the special people on your holiday list, we will see you at the Victorian Christmas Gift & Craft Show!” says

Caytlynn Croisier, Manager, Ontario SPCA Midland & District Animal Centre. “Plus, you can feel good knowing that you are helping animals in need while you get into the holiday spirit.”

Tickets are only \$5 in advance, or \$6 at the door and are available at the following Midland locations: the Midland & District Animal Centre at 15979 Highway 12 East; The Pebble Tree at 248 King St.; and the Catnip Dispensary at 317 King St. For more information, visit ontariospca.ca/midland and follow @MidlandOSPCA on Facebook and Instagram.

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## Historic \$100-million Fundraising Campaign RVH

Announcing a \$9-million gift to match all new donations, RVH Foundation calls on the community to join the fight to end hallway medicine, shorten wait times, and expand specialized, life-saving care close to home.

Today, RVH Foundation Board Chair, Paul Larche, announced the launch of the foundation's Keep Life Wild campaign with a goal to grant \$100 million to support Royal Victoria Regional Health Centre (RVH)'s expansion plans.

The Keep Life Wild campaign supports three priorities: expanding RVH's regional clinical programs, including heart, cancer, trauma, youth mental health and other programs that offer specialized care for people from across Simcoe Muskoka; building an all-new healthcare facility in Innisfil, the largest community in the region without its own community hospital; and, innovation in care through the application of research breakthroughs at the bedside, and through leading-edge medical education.

Along with the new healthcare facility in Innisfil, which will treat residents from across south Simcoe and Barrie, RVH's expansion plan will double the current site on Georgian Drive in Barrie, while also doubling its staff to about 6,000 employees, helping to drive the region's economy.

Once approved, this project will be funded in large part by the province of Ontario, but not entirely. The provincial government also requires community investment to fund the project's full cost. The community generously supported two previous RVH campaigns, which built the Simcoe Muskoka Regional Cancer Centre and created RVH's regional cardiac and child & youth mental health programs. The Keep Life Wild campaign, which will run for ten years, is the most ambitious to-date and is the largest in Simcoe Muskoka history.

"RVH is critical to the healthcare system across all of Simcoe Muskoka. More than half of RVH's patients live outside of Barrie. With this expansion of our regional programs in cancer, heart, stroke, and youth mental health, we will be able to care for more people, sooner. With more beds, more advanced imaging and more specialized care, we can reduce wait times, particularly in the Emergency Department, reduce travel for care, and eliminate hallway medicine," says Gail Hunt, RVH President and CEO. "The expansion will also reduce the patient volume pressures at all community hospitals in the region. Every hospital in the region needs access to timely care from RVH's regional programs for their patients. This expansion isn't just about RVH, it's about the people of Simcoe Muskoka."

RVH Foundation has debuted a multi-media awareness-building effort to rally everyone in the region to keep world-class, specialized care close to home, without long wait times and hallway medicine. Using the talents of local creative professionals, this advertising features RVH patients, residents and RVH staff and captures the unique way of living in Simcoe Muskoka and why it's worth coming together to protect. Click here for a sneak peek at this unique campaign.

"This is a once in a lifetime opportunity to change the future of healthcare in our region. The people of Simcoe Muskoka have done it before, and we can do it again. But it's going to take all of us to achieve this ambitious goal – donors who give monthly, at community events, through employee campaigns, every gift will count. We are especially grateful to our anonymous lead donor who has committed \$9 million, for their generosity and for helping us build the momentum needed to unleash the full potential of RVH and the care we provide to the region," Paul Larche, Chair, RVH Foundation. **To support the campaign, this anonymous donor family will match all new gifts to the Keep Life Wild campaign up to \$9 million, doubling the impact of every donation the community makes. Donations can be made at [KeepLifeWild.ca](http://KeepLifeWild.ca), where the public can also learn more about RVH's plan for the future of health care in the region and how to get involved.**

## Ask a Therapist: by Sarah Covey

### On Emotional Reasoning

**Q: I feel things so deeply and I know that those feelings sometimes cloud my thinking. How can I understand my feelings without letting them takeover?**

**A: A phrase that I often offer my clients in therapy is that something can be "real but not true". That is, we can experience tangible, real feelings and physical sensations in our hearts and bodies but they may not accurately depict reality or provide the full picture that is needed to improve our mental health.**

Emotional reasoning is the cognitive distortion that traps our brains into thinking that something is true just because we FEEL it is so. When we are processing something through this lens, we are not focused on the rational or evidence-based aspect of the situation that may counter our emotional experience of it.

For example, if your boss offers some feedback to you that feels like criticism and so you interpret the situation as if your boss is unhappy with your work and thus feel down on yourself and dejected, these feelings may or may not be a correct assessment of what has actually happened. It might be that your boss did not intend to be critical at all and was only offering constructive feedback to help you improve and excel because she values you as a growing professional. It may be that you are experiencing a feeling that is similar to a past toxic work environment that you left and so your system is telling you that "this feels like that" even if it is not the same situation. It could be that your feelings are a result of something your spouse said to you that morning and so your perspective is skewed when you receive the information and so your interpretation causes it to land in a more emotional way. And, of course, there are so many other reasons that your initial reaction

may have given rise to a host of different feelings.

However, even when we have a real emotional response to a stimulus (often something that someone says or does) we can understand it better by evaluating what part of the reaction is remembered, what part of it is perceived, and what part is true? This doesn't invalidate your emotions in the situation - because feelings are important symptoms that are communicating something to you - but it helps to make sense of them in a more balanced way.

When part of our emotional reaction is based in memory we know that it is tied in some way to our past or our trauma and so it's not necessarily a true barometer of the situation at hand. When part of our reaction is perceived, we can note that the story we are telling ourselves about what is happening may be based on our interpretation of the information and not in reality. When we consider those two components together, we can see that only part of our reaction is likely true; that is, based on the factual and rational reality of the situation.

If you notice yourself assuming that your feelings are true, it can be helpful to work with a therapist to develop strategies to tease out those components and make sense of them so that you can have greater clarity and respond from a place of balanced, not emotional, reasoning. We need our feelings to help us navigate life but we don't want them to be fully in the driver's seat if we want to be mentally healthy.

Covey Wellness Centre is located at 12B Stone Street and our bookshop is open to the public every day except Sunday. Please visit [CoveyWellnessCentre.com](http://CoveyWellnessCentre.com) and submit the form on our Contact page to book an appointment or to inquire about our products and services. Follow us on social media @coveywellnesscentre and download and follow at Eventbrite for the latest updates and event tickets!

### Health Unit Urges Residents To Get Their Annual Flu Shot This Season



Flu season has arrived, and the Simcoe Muskoka District Health Unit (SMDHU) is strongly urging residents to get the influenza vaccine to best protect themselves, their families, the community, and the health care system this fall and winter.

"This year, it is critical that everyone eligible gets the annual flu shot," said Dr. Colin Lee, SMDHU associate medical officer of health. "Low rates of influenza during the past two seasons means our immunity against the flu virus is lower than usual. Coupled this year with reduced public health measures like masking and social distancing, we are anticipating it may be a more severe flu season."

Vaccination against seasonal influenza remains the most effective way to prevent or reduce the severity and duration of the disease. It can also help to reduce the chances individuals will need medical attention or hospitalization. With on-going COVID-19 activity in the community, up-to-date vaccination for both viruses is an important component of managing health care system capacity and ensuring there is care for those who need it.

"Some individuals are more vulnerable to serious complications and hospitalization from the flu and are encouraged to get the flu shot as soon as possible," said Dr. Lee.

Those considered at higher risk for influenza include:

- Individuals who are pregnant
- People who are residents of nursing homes or other chronic care facilities
- People 65 years of age and older
- All children 6 months to 4 years of age
- Indigenous peoples
- Adults or children 6 months of age and over with chronic health conditions

#### • Healthcare providers

Swine, poultry, and animal shelter workers should also get the flu shot as early as possible to prevent the spreading of influenza viruses between human and animal populations.

The flu shot is now available free of charge to all residents over the age of 6 months through primary care providers and at local pharmacies for those 2 years of age and older. For those at higher risk, the influenza vaccine is also available in other settings such as long-term care homes, retirement homes, some workplaces, hospitals, and community health centers.

Seasonal flu and COVID-19 are both contagious respiratory illnesses, but they are caused by different viruses. The flu shot will not protect against COVID-19, but it will help reduce the risk of getting influenza and COVID-19 at the same time, which could put individuals at a higher risk for severe complications. Individuals ages 5 and above who are not up to date with their COVID-19 vaccines are able to receive both the COVID-19 and influenza vaccines at the same time.

For more information about influenza and getting the flu shot, visit the Simcoe Muskoka District Health Unit's website at [www.smdhu.org/flu](http://www.smdhu.org/flu) or call Health Connection at 705-721-7520 or 1-877-721-7520 weekdays from 8:30 a.m. to 4:30 p.m.

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Sports with Patrick Townes



The Houston Astros are your 2022 World Series champions.

As sad as it is to see baseball gone for a season, there are still lots of sports on the go. As predicted, the Astros made it to the final in the American League, and it is fair to say that the Phillies were a surprise team in the National League. Although, once you get to the playoffs in the major leagues, you are a good team and everyone has a chance to win the title. The Dodgers did not have enough juice to make the final despite all their fire power and payroll. The Astros had a great balance between their hitting, pitching and defence - and a fantastic bullpen. For teams looking to make that next step, look no farther than the makeup of a champion. It clearly demonstrates what areas of a team need to be strong in order to beat the best.

Obviously the Astros were heavily critiqued for their previous role in cheating in the game of baseball. The newly-implemented pitch calling system appeared to work this season. It is still a rather bizarre thing that pitches get relayed to the pitcher and defensive players through an ear piece -- sport will adapt to rule changes and technology as they become available. Did they win this win fair and square?

There has been a lot of talk recently about how to get more teams in curling playing at a competitive level. The big issue as with many sports is that the big teams beat up on the mid-tier teams and there is no room for growth or development.

What is the solution to this? Not only for curling, but other sports really need to look at a tiered approach. This ensures that players are playing against others with similar skill sets and abilities. So why isn't there a B-flight or C-flight when it comes to national championships? For example a team from Yukon could be ranked in the C event rather than going to the Brier. This system allows the best teams in

the country to play in the A event and represent the country at other events. A team like Gushue gains nothing from playing a lesser qualified team in the Brier and that team also gains nothing from playing the A-level team.

The other issue with curling is that amateur curlers are no longer taking advantage of local or Provincial events. The Colts was designed for amateur players to have a chance to win a patch and other similar events. Now teams just see the events on television and want to strive for that or nothing.

One sport that has it figured out in terms of different levels is slo-pitch. They have different events and levels of national championships. I have to hazard a guess that slo-pitch is the most popular organized team sport in the province. All ages play and all abilities. The game is also modified so that people can play the game longer. All sports should look at a similar setup in order to get more teams and more participants.

OMHA OFFERS 170 SETS OF FREE EQUIPMENT TO HELP NEW HOCKEY FAMILIES ACROSS THE PROVINCE



The Ontario Minor Hockey Association (OMHA) is excited to announce the recipient communities across the province that have received free equipment to the start of the season designed to encourage new hockey families to try out the sport.

In the program known as Player and Goalie Assist, selected Associations are given full sets of free CCM player and goalie equipment to loan out to young players to use as needed. The equipment is sized for U9 and Below age groups. A total of 70 Associations were selected to each receive a full set of goalie gear, and 10 Associations received 10 full sets of player gear (100 total).

These Assist programs make it easier for new hockey families to fall in love with the sport without facing any financial barriers or having to make the commitment of purchasing new equipment. Each set of equipment can be used by the local Association at its discretion, either loaning it out for the season or giving directly to players to keep as needed.

Watch video: <https://youtu.be/pi0VzVkgdsk>

"The Player Assist and Goalie Assist programs have been able to make our sport more equitable," said Karly Maurice, U9 Convenor with Penetanguishene

Minor Hockey, one of dozens of Associations receiving the equipment.

"Eliminating that burden of cost in that equipment means that we have more members that are joining who aren't traditionally hockey families, so it's really helping grow our Association," added Maurice.

Meghan Boucher is a hockey parent, who's young son Josh is using the goalie equipment provided after expressing interest in being a netminder.

"When Josh came to me and said he wanted to be a goalie, my first reaction was panic," Boucher said, as she contemplated many factors including having to buy new goalie equipment.

"This program gives us the opportunity to try it at least. Not having to purchase equipment was huge. To give him that chance to go out and be goalie is great," said Boucher.

Each year, Maurice's Association runs a popular equipment swap before each new hockey season and they've seen how important it is to offer opportunities for parents to save money.

"It might not necessarily mean they are taking every single piece of equipment. They're coming in for what they need and leaving with what they need. It really helps our younger players who are constantly going through growth spurts," said Maurice.

All Associations were encouraged to apply for the Assist programs. The OMHA previously ran Player and Goalie Assist programs, however, this is the first year the two programs were run at the same time.

"Programs like Player Assist and Goalie Assist are crucial in helping our Associations remove some of the challenges in bringing young players into the game," said OMHA Executive Director Ian Taylor. "We hope that these programs can help alleviate some stresses within our communities and encourage new families to try out hockey."


- The full sets of equipment include:**
- Goalie Assist:** catcher, blocker, chest protector, pads, stick, bag
  - Player Assist:** shin pads, pants, shoulder pads, elbow pads, gloves, helmet, neck guard
- LOCAL ASSOCIATIONS RECEIVING FREE GOALIE EQUIPMENT**
- Coldwater
  - Elmvale
  - Huntsville
  - Huron-Bruce
  - Oro
  - Shelburne
  - Walkerton
  - Wasaga Beach
- ASSOCIATIONS RECEIVING FREE PLAYER EQUIPMENT**
- Lambton Shores
  - Lindsay
  - Loyalist
- ASSOCIATIONS RECEIVING BOTH FREE GOALIE AND PLAYER EQUIPMENT**
- Belmont
  - Blyth-Brussels
  - Mount Forest
  - Norwich
  - Penetanguishene
  - South Bruce
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## RVH and Hospice Simcoe Benefit From Sweet Year for Tim Hortons Smile Cookie Campaign



**Photo above:** Kelly Hubbard, Executive Director, Hospice Simcoe (middle centre, right), is joined by Gail Hunt, president and CEO, RVH (middle centre, left), Marilyn Guest, Fund Development Manager, Hospice Simcoe (middle, third from right), and Paul Larche, RVH Foundation Board Chair (middle, third from left), as well as Barrie and Stroud Tim Hortons restaurant owners and staff (from top left to right: Brandon Newlove, Jason Holman, middle left to right: Geoff House, Mark Hinton, Johnny Mizzoni and Susan Holman, **bottom left to right:** Paul Stevenson, Sarah Hinton, Dawn Melling, Lauren Melling, Lianne Melling and Tammy Hughes) to celebrate the incredible success of the Tim Hortons Smile Cookie Campaign benefiting Hospice Simcoe and RVH's Birthing Unit.

A record-breaking \$15 million has been raised for more than 600 local charities and community groups through the sales of Smile Cookies at Tim Hortons restaurants across Canada. In Barrie and Stroud, local Tim Hortons restaurants and guests together raised over \$174,000 to be split by two charities - Royal Victoria Regional Health Centre (RVH) and Hospice Simcoe.

"We were thrilled last year to set a new Smile Cookie record by raising more than \$12 million during the week-long campaign. And thanks to the dedication and passion of the Tim Hortons community, we were able to raise over \$15 million this year! One hundred per cent of all proceeds are donated to local charities and community groups right in your neighbourhoods. I could not be prouder of what we've accomplished together with Tim Hortons restaurant owners, their team members and volunteers, and Tims guests. Our Smile Cookie campaign has grown from its humble roots as local fundraiser in Hamilton in 1996 into something incredibly special that touches so many lives," says Axel Schwan, President of Tim Hortons.

"We are so grateful to Barrie and Stroud Tim Hortons restaurant owners as well as our community, for supporting patient care and RVH and raising much needed funds for our Birthing Unit through the Tim Hortons Smile Cookie Campaign. These funds will play a vital role in RVH's ability to continue giving its tiniest patients the best possible start, and to continue meeting the growing healthcare needs of our region," says Pamela Ross, CEO, RVH Foundation.

The first-ever Smile Cookie campaign in 1996 raised funds to support Hamilton Children's Hospital. Since then, the annual charitable campaign has raised a total of more than \$92 million for charities and organizations that are selected every year by Tim Hortons restaurant owners. Recipients include local hospitals, community care organizations, food banks and schools.

"We are very grateful to Tim Hortons and our community of Tim Hortons owners and staff. The funds raised in the Smile Cookie Campaign play a critical role in allowing us to provide bereavement support to anyone who has experienced a loss, and end-of-life care to those dying at Hospice," Kelly Hubbard, Executive Director, Hospice Simcoe.



## A Message from MP Shipley Ahead of Remembrance Day

Every year, on November 11, we take the time to pause and honour the brave men and women who have fought to protect and uphold the freedoms we enjoy today. To show support for our veterans, I encourage you to wear a poppy, attend a Remembrance Day ceremony, or simply thank a veteran. It is our responsibility to make sure that their memory, service, and sacrifice are never forgotten.

If you wish to attend a service, the following ceremonies will be taking place in the region:

- Royal Canadian Legion Branch 262 (Elmvale)— Ceremony will begin at 10:45 a.m. at the Elmvalle Cenotaph.
- Royal Canadian Legion Branch 147 (Barrie) and the City of Barrie— Parade will begin at 10:00 a.m. from Dunlop St. and Mulcaster St. to Five Points & Ceremony at Memorial Square.

If you are unable to attend a ceremony on Remembrance Day, please pause at 11am to observe two minutes of silence. Take the opportunity to reflect and remember those who gave the ultimate sacrifice for our freedoms.

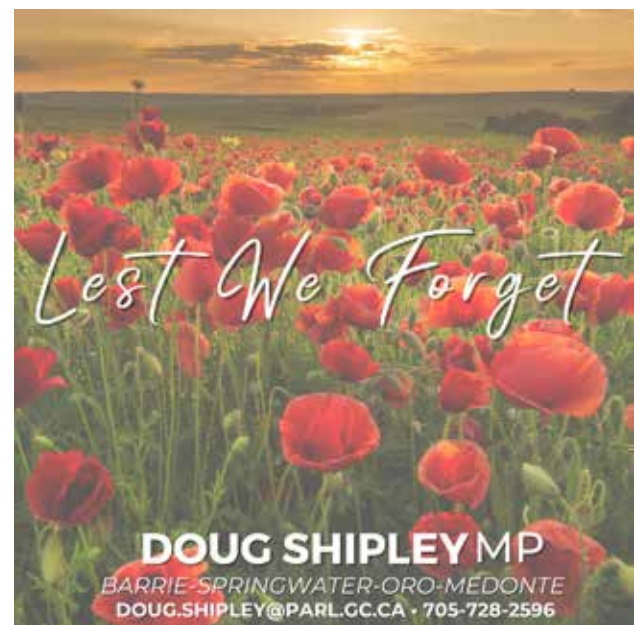
We will never be able to truly repay our veterans, but we will continue to remember, respect and honour them for their dedication to our country, their service, and the sacrifices they have made.

### Lest we forget.

As always, my constituency office is available to assist you with any matters related to the federal government. Please contact my office at Doug.Shipley@parl.gc.ca or 705-728-2596 for assistance.

Sincerely,

Doug Shipley  
Member of Parliament,  
Barrie – Springwater – Oro-Medonte



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Marché de Noël avec plus de 20 artistes et artisans au pavillon Robert Robitaille  
Spectacles et musiciens  
Activités à l'école et l'église Ste Croix et au centre communautaire  
Illumination du temps des fêtes

**Noël au village**

Christmas Market with over 20 artists and artisans at the Robert Robitaille Pavilion  
Entertainment and music  
Activities at the school, Ste Croix church and at the community centre  
Holiday Season Lights

**Lafontaine**

*Let's celebrate Noël au village Saturday November 19 from 10 to 5 in Lafontaine!*

Informations: 705-543-1535 - [leloup@festivalduloup.on.ca](mailto:leloup@festivalduloup.on.ca)





## Soldiers' 50/50 Winner Collects \$16,712 Grand Prize!



Elgin and Caroline Evans of Severn are the winners of the Soldiers' 50/50 grand prize draw for October, taking home \$16,712!

"You don't know what you just did for us," were the first words out of Elgin's mouth when he found out he and his wife had won the Soldiers' grand prize for October. "We have to get some work done on the house that we couldn't afford, and now we can do it."

Caroline and Elgin have been married for 61 years and their lottery purchases are generally a mutual decision. This time, however, Caroline gets credit for making the decision that led to them being grand prize winners.

"We were driving by and I said 'Why don't you go in and buy tickets?'," explained Caroline. "I told him to get the \$75 bundle this time."

"We've both been in the hospital for different things, and we were really happy with the hospital." Elgin explained when asked why they chose to support the Soldiers' 50/50 raffle. "We found some really nice people here, and the hospital was great with us."

The November Soldiers' 50/50 raffle is already underway. With a winner every week, there are plenty of chances to win big. The first early bird draw is this Thursday, November 3rd, and is for \$500 cash.

Soldiers' 50/50 raffle is managed by the Soldiers' Foundation and works to generate funding for areas of emerging need within Soldiers' Memorial Hospital.

The next Soldiers' 50/50 Grand Prize draw is November 25th, and Early Bird draws are set for November 3rd 10th, and 17th. With a guaranteed pot of \$5,000 and ticket bundles starting at just \$10, it's a fun way to support your local hospital gives you the chance to win every week.

To learn more about the new Soldiers' 50/50 and how you can win big every week, visit [soldiers5050.ca](http://soldiers5050.ca).

About Orillia Soldiers' Memorial Hospital Foundation

The Soldiers' Foundation is a proud partner of Soldiers' Memorial Hospital and the communities it serves. The Foundation fundraises to purchase medical equipment,

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sustain programs and assist the Hospital in maintaining its position as a leader in providing quality community-based healthcare.

## Health Unit Urges Residents To Get Their Annual Flu Shot This Season

Flu season has arrived, and the Simcoe Muskoka District Health Unit (SMDHU) is strongly urging residents to get the influenza vaccine to best protect themselves, their families, the community, and the health care system this fall and winter.

"This year, it is critical that everyone eligible gets the annual flu shot," said Dr. Colin Lee, SMDHU associate medical officer of health. "Low rates of influenza during the past two seasons means our immunity against the flu virus is lower than usual. Coupled this year with reduced public health measures like masking and social distancing, we are anticipating it may be a more severe flu season."

Vaccination against seasonal influenza remains the most effective way to prevent or reduce the severity and duration of the disease. It can also help to reduce the chances individuals will need medical attention or hospitalization. With on-going COVID-19 activity in the community, up-to-date vaccination for both viruses is an important component of managing health care system capacity and ensuring there is care for those who need it.

"Some individuals are more vulnerable to serious complications and hospitalization from the flu and are encouraged to get the flu shot as soon as possible," said Dr. Lee.

Those considered at higher risk for influenza include:

- Individuals who are pregnant
- People who are residents of nursing homes

or other chronic care facilities

- People 65 years of age and older
- All children 6 months to 4 years of age
- Indigenous peoples
- Adults or children 6 months of age and over with chronic health conditions
- Healthcare providers

Swine, poultry, and animal shelter workers should also get the flu shot as early as possible to prevent the spreading of influenza viruses between human and animal populations.

The flu shot is now available free of charge to all residents over the age of 6 months through primary care providers and at local pharmacies for those 2 years of age and older. For those at higher risk, the influenza vaccine is also available in other settings such as long-term care homes, retirement homes, some workplaces, hospitals, and community health centers.

Seasonal flu and COVID-19 are both contagious respiratory illnesses, but they are caused by different viruses. The flu shot will not protect against COVID-19, but it will help reduce the risk of getting influenza and COVID-19 at the same time, which could put individuals at a higher risk for severe complications. Individuals ages 5 and above who are not up to date with their COVID-19 vaccines are able to receive both the COVID-19 and influenza vaccines at the same time.



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### Silent Auction

For the month of November we have amazing items, gift cards, gift baskets and something for everyone in our silent auction online. This is our annual fundraiser and we appreciate your support very much! Visit [www.biddingowl.com](http://www.biddingowl.com) (search Featured Auctions – Springwater Public Library) and get some Christmas shopping done early!

### Early ON Stay, Play and Learn

EarlyON for ages 0-6 + caregiver is back at the Elmvale Library Wednesdays and Fridays 9am-12:30pm. Registration required at [earlyonsimcoenorth.ca](http://earlyonsimcoenorth.ca)

### Tech Help

We offer one-on-one tech help on Wednesdays with Armando at Midhurst branch 10:30am-12noon or with Carrie at Elmvale branch Thursdays 3pm-5pm.

### Use the Cricut in the Library

Library customers will be able to book time (1 hour) to use our Cricut machines for their own creations with access to the Library's Cricut subscription! **Midhurst:** Tuesdays all day, Wednesday afternoons. **Elmvale:** Tuesday and Thursday evenings.

### Remembrance Day

The Elmvale branch will be closed during the Remembrance Day Service but will open directly afterwards at 12pm. Be sure to come into the Elmvale or Midhurst branch Friday November 11 to make a poppy themed bookmark.

### Lantern Craft

Our school PA Day craft is making a small lantern craft Friday November 18 at both Midhurst and Elmvale Branch, 12pm-1pm. Registration required.

### Holiday Evergreen

Deck the halls by making a unique, all-natural holiday wall/door hanging. Evergreen, pine cones, dried oranges, cinnamon sticks and ribbon will be available. Monday November 21, 3pm-5pm Midhurst Branch or Monday November 28, 3pm-5pm at Elmvale Branch. Suggested donation of \$15. Registration required.

### Wooden Holiday Signs

Adults and families ages 10+ make your own custom wooden holiday sign at this festive workshop. Suggested donation \$5. Monday November 21, 2 pm at Elmvale branch or Saturday December 3, 1pm at Midhurst branch or Thursday December 8, 6:30pm at Minesing branch. Registration required.

### Tween Book Club

Grades 6 - 8 are welcome to join a tween book club the last Thursday of each month at 6pm, Midhurst branch (November 24). There will be games, prizes, and FOOD!...and a book of the month to discuss. Registration required.

### Animal Craft

Ages 5+ come by the library after school and start off your weekend with a FREE cute animal craft! Friday November 25, 3:30pm-4:30pm, Midhurst and Elmvale Branch. Registration required.

### Simcoe Author Talks via Zoom

Author Nita Prose will be chatting about her book, "The Maid". Featured on Good Morning America, this New York Times Editor's Choice, is both a Clue-like, locked-room mystery and a heartwarming journey of the spirit. Tuesday November 29, 7pm via Zoom.



### Ontario Hospital Crisis Province-Wide and By Community

Across Ontario, the hospital crisis continues to burn through the resilience of the province’s truly heroic health care staff. As the burden of infectious disease has increased, with the removal of virtually all public health measures to mitigate the spread of COVID-19; the flu, other respiratory illnesses, and a severe backlog of surgeries and diagnostic tests continues to stretch our public hospitals beyond the breaking point. Emergency services continue to be shut down in local hospitals due to the staffing crisis. Paramedics are reporting Code Zero events, meaning all available ambulances are busy and unavailable for emergency calls. The Coalition is hearing from staff in paediatric hospitals that they continue to be full with no beds available. The Ontario Health Coalition released its updated tracking of hospital emergency department closures and services in crisis today.

Hospital Beds Per 1000 People in 2021	
Newfoundland & Labrador	4.43
New Brunswick	3.49
Nova Scotia	3.20
Prince Edward Island	3.16
Manitoba	3.11
Saskatchewan	3.08
British Columbia	2.63
Alberta	2.52
Ontario	2.33
Average of other provinces	3.2

While there is an international crisis brought on by the pandemic, the depth of Ontario’s hospital crisis is extreme comparatively, and it is not inevitable. Successive Ontario governments have pursued the most radical hospital downsizing policy of the country, and among virtually all developed nations. This does not excuse the current government. When

### Update From Doug Downey MPP



The month of November provides an annual opportunity for all of us to stop and reflect on the sacrifices of so few for the benefit of so many. It is often hard to fathom the bravery of these young men and women who rose to the needs of their nations and travelled across the seas to fight in distant lands. The impact and the legacy of those heroic actions still lives on in the heart of the Canadian spirit today.

Yet as our nation moves further and further away from these wars, that spirit needs to be preserved. It is simply not enough to remember these men and women once a year on a marked day. Remembrance Day is a celebration, a way for our nation to share gratitude and honour for those who fought and died in overseas conflicts. It is also a chance to mourn, to reflect, and to understand the freedoms that we have today were never free.

The spirit of this remembrance is something we should all carry with us each and every day. As more of our veterans pass, their stories become

more vital and all the more crucial to the fabric of our nation. We are not simply remembering the war, the great battles, the victories and defeats, but each person who took up arms and left their home to fight for their beliefs.

This year, as we attend Remembrance Day celebrations across the region, I want you all to take the time to read these names etched in stone and remember them, not as heroes in a war, but as people. As young men and women who lived, who walked, who dreamed and whose lives were interrupted by a global conflict. In the end, these are the stories that endure in the lives of their loved ones, and stories that help to keep their memory alive.

It is also important to acknowledge that the veterans from WWI and WWII are not the only ones we honour on Remembrance Day. Veterans from more recent conflicts like Korea, Afghanistan, and the Peacekeeping missions around the world are still very much part of our communities. Their stories carry as much weight as those of the veterans of the World War and may have valuable lessons to teach us. It is important that we learn from them while we still have the opportunity.

This Remembrance Day, I encourage all of you to attend a local service to share in the solemn reflection and the gratitude of our nation. Help keep the stories of these brave men and women alive by sharing them, and honouring not just their sacrifices, but the lives that they lived.

At the going down of the sun and in the morning We will remember them.

the Ford government took power, it cut hospital funding to below the rate of inflation -- meaning real dollar cuts – to force continued downsizing leading into the pandemic despite clear evidence that the hospital cuts had gone too far. Wage restraint legislation that caps wage increases in public health care services at 1 percent while inflation is running at more than 6 percent continues to inflame the deep sense of anger, burnout and injustice among health care professionals who have risked their lives for us throughout the pandemic. The Ford government

has remained intransigent, refusing to lift the wage cap despite the unprecedented staffing crisis across hospitals, long-term care and home care. Ford’s fiscal plan was – and remains – to keep hospital costs down to help fund tax cuts.

Ontario has the most extreme hospital downsizing in Canada. Ontario has downsized its hospitals to a radical extent seen nowhere else in Canada. This downsizing has been achieved through arbitrarily keeping hospital funding at the lowest rate of any province.



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COMMUNITY

SMILE Cookie Results Are giving North Simcoe something to SMILE about!



Penetanguishene. If you found you gained a pound or two around the last week of September, this could be the reason why! Tim Hortons Smile Cookie national campaign was held the week of September 19-25 and had record-breaking results – nationally and locally! "We were thrilled last year to set a new Smile Cookie record by raising more than \$12 million during the week-long campaign. And thanks to the dedication and passion of the Tim Hortons community, we were able to raise over \$15 million this year! With 100 per cent of all proceeds donated to local charities and community groups right in your neighbourhoods," said Axel Schwan, President of

Tim Hortons. "I could not be prouder of what we've accomplished together with Tim Hortons restaurant owners, their team members and volunteers, and Tims guests. Our Smile Cookie campaign has grown from its humble roots as local fundraiser in Hamilton in 1996 into something incredibly special that touches so many lives." Here in North Simcoe, Tim Hortons in Midland, Penetanguishene, Port Severn and Waubaushene raised a whopping \$63,963.36! That's a lot of cookie dough and it created smiles across the region. Hats off to the Tim Hortons staff who put such an effort into making those Smile Cookies, keeping up with orders and still managing to provide service

with a smile. Hospice Huronia – Tomkins House, the recipient of this year's Smile Cookie campaign is grateful to have so many generous supporters and wants everyone to know that if they gained an extra pound or two, it was for a good cause. "The community response was just outstanding and it's fundraisers like this that allow us to offer our services at no cost to our clients, patients or families" says Debbie Kesheshian, Executive Director. "Each Smile Cookie sold will put a smile on the face of patients living with us as they soak in a warm bubble bath, listen to their favourite music, enjoy homemade soups and baked treats and most importantly spend time with those who matter most to them." Smile Cookie funds will be used to ensure the comfort and exceptional care of Tomkins House patients and their families. It will also support our bereavement program which has seen growing need since the pandemic began. With almost 250 patients having called Tomkins House home away from home, Hospice Huronia is grateful to the Smith, Trude and Beaupre families for choosing Tomkins House and ensuring continued comfort, care and compassion for those in the community needing our services.

Raising Funds for Balm Beach Busk Til' Dusk Music on the Beach



The day went well and we raised 2,800.00 for the Balm Beach Busk Til' Dusk Music on the Beach. It was a well accepted and very busy 1st year garage sale and we are thankful to the Georgian Shores Swinging Seniors Club for allowing us to use their facilities for this event. Along with our Garage Sale, they hosted a Peameal Bacon on a bun sale aswell as a bake sale which they completely sold out of both and raised some money for their organization. Karen Caldwell from RLP who works with Leo assisted us with this, Frank Belcourt from Perkinsfield Rustic Furniture on County Rd 6 was very helpful in getting donationsto sell as well. Bluewater Storage in Perkinsfield provided us the storage unit to keep everything until the sale date along with a financial contribution in lieu of a purchase. All remaining items that were not sold were donated to the Balm Beach Restore location keeping everything local and allowing us to contribute 100% of the garage sale money to a great cause. I believe we are looking to do something again next



year, we just don't know the logistics of it yet and the Georgian Shores said they would be happy to accommodate us again, but would need to prepared for more people so they don't run out - although running out is a good thing and shows lots of interest from the community! Summary of Volunteers in total:

- Leo & Sandie Dubeau
- Karen Caldwell
- Madison Dubeau and Wes Williams (Leo's daughter and boyfriend) - helped set up, sell all day and pack up
- Frank Belcourt
- Barry Spring
- Georgian Shores
- Barb - local resident that came to sale and sold for us the rest of the sale - her assistance was very much appreciated.

All the local residents who contributed items for this sale - they all said the music on the beach was a great cause :)



Sandie said, "Leo Dubeau (my husband) of Royal LePage Balm Beach office was the originator of the garage sale idea and we worked jointly on it." Photo above shows Leo Dubeau

This summer our office implemented a sponsorship program also which we are hoping to expand with more sponsors next year. submitted by Sandie Dubeau, Office Manager 705-361-1894 Office Royal LePage In Touch Realty Inc., Tiny

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HEY DADS! LOVE TOILETS?

HEY DADS! Toilets. Do you love them as much as I do? If you've been a parent for more than five years there's a high probability that you've used a plunger to unclog that thing once or twice. After reflecting on clogs for a moment or two, a few items quickly come to mind: toilet paper, tea bags, toothbrushes and toys. Besides starting with the letter "t" these items also share the trait of being pulled, pushed, or destroyed by yours truly in and or around a toilet.

The toilet topic is "fresh" in my mind today because of a series of unfortunate events that occurred just yesterday. Without getting too graphic, the first event involves an anonymous four-year-old who is learning to use toilet paper for its intended purpose without Mommy's or Daddy's assistance. He is quite proud of this learning process and is actually tracking the number of times he's had a successful bathroom event without adult interference. According to his fingers he's had 15 successful events. Interpret that sentence however you like.

The second event that happened was that this unnamed four-year-old wanted to ensure his final wipe came out clean. This involved multiple wipes with multiple pieces of toilet paper and then a few more just to make sure. The first piece of toilet paper sank into the miry depths as more and more of its companions accumulated on top of it. Then a few more.

Let's call event three "flush one" and event four "flush two", and as there were no witnesses older than four-years old, there may have been events five, six and seven identical to the first.

I was alerted to the problem by a call from the bathroom. The wording was something like, "Hey, I keep trying to flush the toilet but it's not working!" I wandered over with some concern and my feet were wet before I was three feet from the bathroom door.

Most towels in the vicinity were quickly deployed onto the wet floor. More helpful explanations were forthcoming: "The toilet just started exploding."

From my vantage point outside the open door I

could see an empty cardboard tube on the wall next to the toilet. We'd just bought toilet paper the day before so I could assume that the empty roll on the wall was full a few minutes earlier.

"Is there a plunger around here anywhere?" I asked everyone within hearing distance. The first place I looked was under the sink where my friend, old faithful, Mr. Plunger, was lying there ready for action. After my patient wife and I spread out five or six thousand towels on the floor I could safely approach the toilet without needing rubber boots. I correctly assumed that today's problem did not involve tea bags, toothbrushes or toys. Staring into the murky whitish-brownish semi-solid mixture I actually asked her, "Do you think I should try and pull some of it out?" The look on her face answered my question and in went Mr. Plunger.

That first flush as Mr. Plunger goes to work always gets the heart beating real fast. The flood water rises...rises... and just as I was about to panic, the water in the bowl began to subside. A few more shots with Mr. Plunger just to be sure, another flush and we were on to bigger and better things.

The most important thing after an incident like this is what the military calls an AAR - After-Action Review. A few times throughout the rest of the day I asked the nameless culprit what happened in the bathroom. Each time he correctly recalled the incidents leading up to the flood. I only hope he remembers the incident today when he goes in there and shuts the door for attempt number 16.

That's part of being a parent, right dad? Hopefully the unspecified individual learned not to load too much toilet paper in the bowl. I learned that some things aren't common sense and part of being a dad is reminding small people about common sense-type things. We all lived to unclog another day. Time flies! Make every moment count! (even the stinky ones)

*Jason Weening tells his nine kids that plumbers make a lot of money so a few of them should become plumbers. Check out his new YouTube show at HEYDADS.CA.*

RVH Welcomes Back Blue Brigade



After a two-and-a-half-year COVID hiatus, Royal Victoria Regional Health Centre's (RVH) volunteers are once again lighting up the hallways of the health centre with their smiles and iconic blue vests.

rs returning to the health centre are required to complete a mandatory re-orientation, which includes additional Infection Prevention and Control (IPAC) training, must provide proof of having received at least two doses of the COVID-19 vaccine and adhere to RVH's mandatory masking policy.

Over 40 per cent of pre-COVID volunteers have participated in a re-orientation session, with more scheduled in the coming weeks and months. Volunteers are returning in phases, with the initial focus being patient-facing positions that provide valued assistance to staff, with an aim to have all volunteers back in the health centre by early 2023. At that time, RVH will turn their attention to re-cruiting new volunteers to join the Blue Brigade.

"During the pandemic our volunteers continued to cheer us on, including the RVH Auxiliary who worked tirelessly to raise much needed funds to support the health centre," says Sewell. "These are incredibly dedicated and passionate people and we thank them for always supporting RVH."

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ANTEN MILLS by Dennis Gannon



A nicer Sunday in October could not have been asked for than what we had on October 30 when the Anten Mills Community Recreation Association held its Halloween Event. Super Heroes, damsels, furry animals and creatures of all sorts made their way to the community centre where the “Witches” had all sorts of activities for them. There was colouring, bowling, dancing and of course pumpkin carving. A photo booth was set up and many happy photos were snapped. Everyone went home with a goodie bag and pumpkin. A big thanks goes out to Crystal who organized the event and her fellow witches, Stephanie, Lindsey, Colleen, Casey and Becca along with the students who lent a hand. Crystal has a deep affection for Halloween and has already started planning for next year “witch” may include so more activities and events.



The municipal election is now over and a new Council will take their official oath of office next week followed by their first Council meeting the following week. Wanda Maw-Chapman has served as our ward councillor for the past 4 years and is leaving Council. Brad Thompson, an Anten Mills resident is now the Ward 3 representative and in the next edition his contact information will be provided. Our new Council will have much to do over the next 4 years and they require your input to assist them in making decisions for the best of our entire municipality, not just the ward they represent. Our community wishes

the new Council success in their term and we thank the outgoing Council for their work.

The Anten Mills community has always been an area to travel to for Christmas decorations and lights. Many will recall that the late Dennis and Doris Edwards and family had many displays and lights at their home on Horseshoe Valley Road. Our Anten Mills CRA has done a terrific job of lighting up the park at the community centre with the large tree adorned by over 1000 lights and the ground displays with another. Next weekend the lights will be checked and more added to the tree. All of this is of course in anticipation of the Anten Mills Christmas in the Village. The weekend of December 10th will host our tree lighting on the Saturday evening complete with entertainment, refreshments and a few other surprises. On Sunday, December 11 at 1PM our 25th annual Santa Claus parade will wind through the community ending up at the community centre. There, more refreshments, treats, awards and Christmas greetings will occur. Anticipation is starting to build as entrants have begun to let us know that they will be participating. As it is our Silver parade, all entries must have a Silver theme of some sort. If you own a business or belong to a club, why not let the community know and join in the parade. The same goes if you want to dress up your animal, dog, pony, horse or as a street you can get together with your neighbours and join in. There is no cost and you can get more details by checking the Anten Mills Community Facebook page or by emailing, antenmillschristmas@gmail.com as everyone is welcome.

If you have been in any stores recently, particularly the large box stores, you will have seen that the outdoor Christmas greenery is available. We are served by a very dedicated group of volunteer firefighters who not only respond to our emergency calls, they raise funds for various charities that provide service to many. For the past several years, in addition to their Christmas tree sales, the firefighters have been offering urn greenery for those who like to decorate the outside of their homes. This year the firefighters will be offering urn greenery for the reasonable cost of \$20 per bundle and you don’t have to go far to get it. On Sunday, November 13 at the Anten Mills Community Centre from 10 until 2 you can purchase urn greenery and support our firefighters. The greenery will also be available at the library in Midhurst during the same time. This is a one day only pop up sale and usually sells out quickly so make your way to the community centre early and get your greens.

The firefighters will also be selling Christmas trees starting November 26 with their 33rd annual



Christmas Tree Sale and Party. This year they will not be at the former fire hall on Finlay Mill Rd in Midhurst due to construction going on but will be at the Ice Cream Hut on Bayfield St. More details will be available in the next edition.

Tomorrow is Remembrance Day and at 11AM we are all asked to take a moment of silence. There will be services at the cenotaph in Elmvale and at Springwater Provincial Park. If you can, take the time and be at one of the services and remember all who gave so that we have all we have.

*That’s all for this week, Thanks for Reading and Be Well.*



North Swing Charity Open To Raise Funds for RVH Breast Cancer Services

The colder weather has arrived, but there’s hot news for golfers who want to continue playing and support a meaningful cause during Breast Cancer Awareness Month.

The inaugural North Swing Charity Open, held in support of breast cancer services at Royal Victoria Regional Health Centre (RVH), is an indoor 18-hole scramble at North Swing Golf Lounge in Barrie, sponsored by Strata Group of Companies and PureHealth Pharmacy.

- Participants can book their tee time to play any time between Thursday, October 20 and Sunday, October 23 at Northswing.ca/open.

- The tournament registration fee of \$150 per player or \$600 per foursome includes a welcome gift, entry for all raffle prize draws and an exciting grand prize draw, appetizers, drinks, and contests.

- Each group score is automatically tracked and displayed on a live leaderboard. Thanks to sponsor Strata Group of Companies, the tournament will award a foursome a round at Muskoka Bay Golf Course valued at \$600 to the top team and to the

lucky team that wins a raffle draw on Sunday, October 23.

“It’s Breast Cancer Awareness Month, and North Swing is proud to show its support for patient care at RVH by launching this new charity tournament,” says Emil Kamel, owner of North Swing. “Golfers of every experience level are welcome. It is a great opportunity to spend quality time with family and friends while giving back to those who have been touched by breast cancer.”

Dr. Matthew Follwell, Chief of Oncology at RVH, is grateful for events like the North Swing Charity Open because they raise funds for patient care, but also awareness about the disease, “Breast cancer accounts for nearly 25 per cent of all new cancer cases in women in our country. In fact, one-in-eight Canadian women are expected to develop breast cancer during their lifetime. RVH’s plans for the expansion of the cancer centre and surgical programs will ensure less time in hospital, as few treatments as necessary, and shorter recovery times for the women we love.”

Proceeds from community events, such as the North Swing Charity Open, help RVH continue to fund technology, leading-edge treatments and expand the current space to provide world-class, lifesaving care close to home.



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## Jo Knows Nutrition



### Caramelized Onion Pasta in a Jiffy

Ready in minutes, this budget friendly and hearty pasta is quintessential comfort food as we head into colder weather. Practically fail proof this recipe is conveniently made out of food staples already stocked in your pantry. Only the mushrooms need to be bought last minute. Think about doubling the recipe as this pasta keeps well in the fridge for several days.



#### INGREDIENTS

- 3 tablespoons (45 ml) olive oil
- 1-2 tablespoons (15-30 ml) butter, optional
- 5 medium yellow onions, thinly sliced
- 4 garlic cloves, minced
- 1 cup (250 ml) portobello, button or cremini mushrooms, thinly sliced
- 1 teaspoon (5 ml) dried thyme or basil
- 1/4 (63 ml) cup dry white wine, optional
- 3 tablespoons (45 ml) all-purpose flour
- 1 cup (250 ml) beef, mushroom or vegetable broth
- 1 package pasta (16 ounces; 454 grams), cooked as per package directions
- Salt and freshly ground black pepper to taste
- Top with grated parmesan or nutritional yeast for serving, optional

#### INSTRUCTIONS

1. Heat the oil and butter, if using, in a large frying pan over medium heat. Add the sliced onions and cook for 20-25 minutes, stirring frequently until golden brown and caramelized.
2. Add the garlic, mushrooms, wine, broth and thyme or basil. Cook until the mushrooms begin to soften. Sprinkle the flour over the mixture and cook for another 2-4 minutes, until thickened.
3. Add the cooked pasta and stir gently until combined and heated through. Season with salt and freshly ground black pepper.
4. Top with dried or freshly grated parmesan or nutritional yeast, if using and serve warm.

ENJOY!  
*Submitted by: Joanne Nijhuis MSc, RD, a consulting, media and culinary dietitian in Simcoe Grey Bruce.*

[www.joknowsnutrition.com](http://www.joknowsnutrition.com)

Instagram: [jo\\_knows\\_nutrition](https://www.instagram.com/jo_knows_nutrition)

#### Did You Know?



All types of onions are very good for your heart, immune system and brain health. Onions, shallots,

chives, leeks, scallions and garlic are rich in antioxidants and contain anti-inflammatory, anti-viral and anti-bacterial properties. Onions may also lower blood sugar levels and reduce the risk of several types of cancers.

## SAY NO TO THE LEWIS PIT EXPANSION



Photo above and below: Silt like dirt in people's yards from neighbouring gravel pit, that wants to expand.

Neighbours, Friends and Residents of Springwater, Galibier Materials Inc. (Lewis Pit) located at 2791 George Johnson Rd in Springwater Ontario is proposing an expanded 21.1 Hectare Sand/Gravel/Concrete and Asphalt Recycling Pit in our own backyard. **A mere 30 Metres from some of your neighbours backyards.** Gravel mining destroys existing environments and damages communities, accelerates the climate crisis and destroys our lands.

- Protect our Families from dangerous Air Pollution, Noise Pollution Dust and Waste,
- Prevent Greater Climate Chaos,
- Protect our Farmlands, Groundwater and Threatened species from Destruction & Extinction,
- Honour our treaties with Indigenous Nations (our lands and the history they hold)



### USE YOUR VOICE AND EXPRESS YOUR OPPOSITION IN 3 WAYS

1. Send Letters of Opposition to the Ministry of Natural Resources Forestry (MNRF)  
**DEADLINE is DECEMBER 30th, 2022**  
[info@esherplaning.com](mailto:info@esherplaning.com) & [ARAapprovals@ontario.ca](mailto:ARAapprovals@ontario.ca)

#### esherPlanning Inc.

133 Ayton Crescent  
Woodbridge, ON

&

#### Ministry of Natural Resources and Forestry

Integrated Aggregate Operations Section  
4th Floor S, 300 Water Street,  
L4L 7H6 Peterborough, ON K9J 3C7

2. Support the online petition and use your voice to prevent this from destroying a beautiful part of our springwater landscape  
<http://www.change.org/p/say-no-to-gravel-pitexpansion?>

3. Attend the In Person November 23, 2022 6:30pm Springwater Council Meeting to support a YES Vote on Moratorium. Send your comments, questions and concerns to [clerks@springwater.ca](mailto:clerks@springwater.ca) prior to the meeting and ensure our council passes a Moratorium vote on this proposed expansion. Join the Reform Gravel Mining Coalition to support this not happening to someone else <http://www.reformgravelmining.ca>



## HIDDEN GEMS

### City Gem: Bear Creek Eco Park

Located within the city of Barrie, the Bear Creek Eco Park is a delightfully unexpected treat. Considered an easy trail at only 1.3 km of fairly flat forest trail and boardwalk, this out and back trail can be completed within 20 minutes if walking at a decent pace. To locate this trail, head to 91 Ferndale Road South, just past Summerset Drive.

Although not a fabulous trail for the diehard hiking set, this place is a wonderful spot for a stroll after meeting up with a friend for lunch or dinner in town. During the week, it is extremely peaceful and the scenery is stunning and serene. The boardwalk and bridge through the marsh provide additional charm. Other trails going through the nearby forested areas on either side of Ferndale can also be accessed easily from the park. With a marsh and pond being located on site, Bear Creek is an excellent spot to take your time to just listen and observe. Plant life common to marshes and forests abound and these, in turn, attract a large variety of species. Birds, in particular, are plentiful as are frogs and turtles.

Come early and you may even be graced with the presence of a Great Blue Heron. Kids will enjoy ad hoc pond studies as they take in all this unique ecosystem has to offer. Others may enjoy forest bathing which has been linked to reducing stress and boosting the immune system.

Photography is another very popular pastime at the marsh. Every season provides a different vibe and perspective and, on foggy mornings or evenings, the area appears almost mystical. To get more out of the experience, why not bring a picnic basket and a blanket. There is a flat section beside the pond that would be great to set up a badminton net, play frisbee or kick around a soccer ball. The forested section makes a great place to play a game of hide-and-go-seek. Try cross country skiing or attempt to feed the chickadees during the winter months. Meeting up to chat with friends or just taking a quick break from the day at home or work are also wonderful options.

Bear Creek Eco Park is a unique bit of country within the city and it's yours to discover, free of charge!



Fully Insured Certified Arborists

Visit us online at [www.bandbtree.ca](http://www.bandbtree.ca)  
Stephen (705) 937-0922  
Email: [bnbtrees@outlook.com](mailto:bnbtrees@outlook.com)



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### The GSD Thanks You For Your Support

by Cora Byles, Student

The Gender Sexuality Diversity Club (GSD) held a booth at the Elmvale Fall Fair where items like flags, scarfs and stickers were available for a donation. We raised \$850 of our \$1000 goal. We thank you all for your support. Once we reach our goal, we will use the money, in conjunction with the Township of Springwater, to install a rainbow crosswalk in front of the Elmvale branch of the Springwater Library.

The GSD club promotes gender and sexuality diversity and helps to bring awareness in the schools and the community. With this rainbow crosswalk, we hope that queer people in and around our town feel recognized and safe knowing that their town supports them.

Donations can be made by cash or cheque, made out to Elmvale District High School and dropped off in the main office to the attention of Greg Davidson, teacher advisor.

**Photo to left: Members of Elmvale Eagles’ GSD Club showing their pride at the Elmvale Fall Fair.**



### CHILD AMPUTEE FINDS INSPIRATION FROM SECOND WORLD WAR VETERAN



Eight-year-old Isla McCallum is an energetic young girl with a big smile, and Charlie Jefferson, 98, is a veteran of the Second World War. At first glance, these two appear to have little in common, yet they share something special: They are both amputees.

Mr. Jefferson served as a Lieutenant with the Queen’s Own Rifles Regiment. In 1945, in the Rhine Valley, Germany, he was injured by an anti-personnel mine explosion, resulting in the loss of his left leg below the knee.

When he returned home, Charlie joined The War Amps, which was started by First World War amputee veterans to help each other adapt to their new reality. Years later, these veterans established the Child Amputee (CHAMP) Program, which provides young amputees, like Isla, who was born a left arm amputee, with financial assistance for artificial limbs and the peer support of fellow amputees.

It was through The War Amps that Isla and her family heard about Mr. Jefferson. With Remembrance Day coming up, they visited him at his Ottawa residence. Isla was interested to learn about Mr. Jefferson and the medals he earned for his service. She was also intrigued that he too was missing a limb. Isla described Mr. Jefferson as a role model who made her feel proud to be an amputee.

Isla’s mom, Jamie, says it is important that her daughter understands the sacrifices that many Canadians made for our freedom. “Mr. Jefferson and others risked their lives so that we could live in a better world.”

Through The War Amps “Operation Legacy,” Isla and young amputees across the country pay tribute to the veteran members of the Association who laid the foundation for programs that continue to make a

difference in the lives of amputees today.

“Because of their work, child amputees have the tools and resources they need to be active, independent, and confident,” says Jamie.

But Charlie says he also takes comfort in knowing that Isla and other “champs” will continue spreading the message of remembrance, even when he no longer can.

Adds Jamie, “They [veterans] passed this legacy to younger amputees, and now it’s their turn to share these stories so that the sacrifices of veterans and all those who served are never forgotten. It’s a wonderful legacy!”

**Photo: Charlie Jefferson, a Second World War amputee veteran and Isla McCallum, a member of The War Amps Child Amputee (CHAMP) Program.**



**SFD**  
SOLLY FAMILY DENTISTRY

*Free*  
**DENTAL WORK DAY**  
FOR ADULTS ONLY  
**Friday, November 25th, 2022**

Registration begins at 7:30am  
First Come, First Serve

**Participants will be entitled to one free service -  
extraction, filling or cleaning**

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Rosie's Devotions  
by Rosemary Hagedorn

The GPS

I am the proud owner of a Global Positioning System (GPS) navigational device for my car. I just punch in an address and it will direct me which way to go. But sometimes, the GPS will take me down roads that I've never driven before, and I find out how many beautiful landscapes the province of Ontario offers. This device has taken me through some very scenic countryside as well as memorable sights that I will cherish forever.



As I was thinking about this, I thought about the gift that we are given when we accept and believe that Jesus sacrificed His life for us: our personal GPS — God's Personalized Spirit.

John 14:26 – But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all that I said to you. (NASB)

God's personalized Spirit will direct us if we listen, trust, and obey.

We may find ourselves in strange places that we've never dreamed of — on account of the leading of the Spirit. Due to the nudging of the Spirit of God within us, we may sacrifice our time, or do things that we had never thought of doing, or stand up for persons that are unable to fend for themselves.

1 Corinthians 2:12 – Now we have received, not the spirit of the world, but the Spirit who is from God, so that we may know the things freely given to us by God. (NASB)

Are you willing to follow where God's Spirit is leading you?

**Prayer:** Lord God, thank You for sending us our own GPS. May we take the time to listen, obey, and follow the road that You place before us. Grant us the courage and compassion to follow Your prompting. Amen.

Wrapped in Courage  
Campaign 2022

November is Woman Abuse Prevention Month, and the Wrapped in Courage Campaign is the community's chance to help end violence against women, which is at crisis levels in our nation. In 2019, a woman was killed by her intimate partner every six days. Since the start of the pandemic, the number of women and girls killed by violence increased to 160 victims in 2020 and 173 in 2021. One in five women killed in 2020 were First Nation, Metis or Inuit. The number of incidents of violence against women in our communities shows no signs of declining.

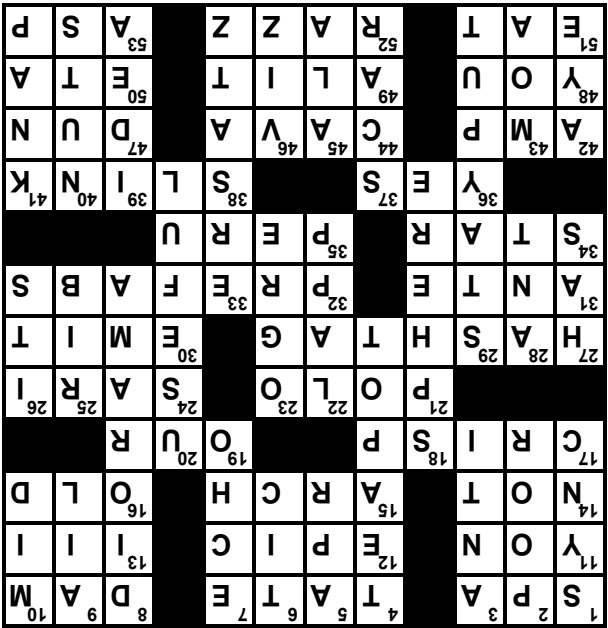
The purple scarf has been the hallmark of the Wrapped in Courage Campaign for years and is a symbol of the courage it takes a woman to leave her abuser.

But courage is not enough...

The Women and Children's Shelter of Barrie plays a vital role for survivors in providing refuge and is calling on its community to support the Wrapped in Courage campaign this fall. Our community can send a message of hope and show their commitment to helping end violence against women today by wearing their purple tie or scarf this November. The purchase of every scarf and tie helps to ensure that women and children at the shelter are safe, supported and have the chance to imagine life without violence.

Scarves and Ties are \$25 each and may be purchased through the website at <https://barrieshelter.com/shop/> or by email at [donations@barrieshelter.com](mailto:donations@barrieshelter.com).

The Women and Children's Shelter of Barrie has been dedicated for over 40 years to providing a safe refuge to women and children experiencing abuse. The agency consists of a 27 bed crisis shelter along with Outreach services onsite. Approximately 1,000 women and children are assisted by the agency annually. In addition to shelter, staff provide individual and group counselling, legal information and support, court support, information about violence against women, referrals to other community and social services, and public education in the community.



**Vanishing Barns:** Remembering the 18<sup>th</sup> century gentle giants through photos, stories, diaries and genealogy.

Cathy Johnston Walton

Available from Cathy Walton at 705 728-1388 or [snow-flake53@mail.com](mailto:snow-flake53@mail.com)  
Ritchie's Feed or Simcoe County Museum.

**Vanishing Barns** - Cathy Walton has been researching barns in Flos and Vespra Townships (now Springwater) for the last six years and has published the results in the book "Vanishing Barns".

If you are interested in a copy, please contact Cathy at 705 728-1388 or [snow-flake53@mail.com](mailto:snow-flake53@mail.com).

Concession 9, W ½ Lot 21, Vespra Township  
3601 George Johnston Road, Springwater Township

Concession 9, W ½ Lot 21, Vespra Township  
3601 George Johnston Road, Springwater Township

<b>Owners:</b>		
2012-present	Norman and Janice (MacInnis) Jones	<b>Built:</b> 1875, George Lux laid the stonework for the barn
1968-2010	Ron and Jean (Strauss) Sass	<b>Dimensions:</b> 40 x 60'
1967-1968	Catherine Lux	<b>Bents:</b> 4
-1967	Thomas' sister Elizabeth (Lizzie) lived here	<b>Features:</b> 2 threshing floors
-1960	Thomas Harrison farmed here with horses until ill health forced him to stop farming	<b>Water Source:</b> well
1880	Richard and Sarah Harrison bought NW ¼ Lot 21, 50 acres	
1875	Richard and Sarah (Dimaline) Harrison, bought SW ¼ Lot 21 from Canada Land Co. for 87 pounds, 10 shillings	

The farm has been in the family since 1875. Richard, from Liverpool and Sarah, from Vespra Township, began clearing land and had two pigs and one cow.

George and Margery Alice (Harrison) Lux had three girls, Catherine, Patricia and Alice. Margery Alice died in childbirth. Sarah, their grandmother, looked after the children for a year until her death. Their Aunt Lizzie raised them and continued farming after her brother Thomas quit. George Lux returned to Kentucky. Ron Sass was Patricia (Lux) Sass' son and Norman Jones' grandfather.

An underground stream comes out at the east edge of the farm.

*Norm and Janice Jones, Joan Drury, A History of Vespra Township p. 78.*



The Sass barn has been in the same family since 1875.



The mow was on the west side of the barn, with a granary on the east.



The barn sits high on a hill. Originally 100 acres, the barn is now on 38 acres. Part of the farm was sold for a gravel pit.



Jean (Strauss) Sass learned to shear sheep.



George Lux, from Kentucky, married Alice Harrison and laid the stonework for the barn.



There are two doors at this end and four doors leading up from the barn bridge.





**CHECKING IN@PPL**  
News & Events at the  
**Penetanguishene Public Library**  
24 Simcoe Street 705-549-7164  
www.penetanguishene.library.on.ca

#### PD Programs are here!

##### Memorial Tree Ornaments

Our annual Memorial Tree Ceremony will be held on Dec. 15th at 06:00 p.m. If you wish to purchase an ornament for a loved one please drop by the library and fill in a form with the details of birth and death dates. The ornaments cost \$5.00 each. This year's ornament is a lovely heart! Participate in the ceremony with guest speakers and remove your ornament from our tree to bring home to place on your own Christmas Tree!

##### Wreath Making Workshop for Adults

Learn how to make a beautiful wreath at our Wreath Making Workshop on Wednesday, Nov. 23, 2022. 2 sessions are available from 2:30 - 4:30 and 5:00 - 7:00 p.m. Costs \$25.00 for package including all supplies or \$15.00 when you purchase your own supplies. Contact the library for complete details.

##### Decorate a T-shirt with a Dinosaur Children's Cricut Program

Children will bring their own t-shirt and iron on a dinosaur. Cost \$5.00 For those who do not bring their own t-shirt the library will provide one and the cost will be \$10.00. Must have a library card to participate and be 8 years of age or older.

##### New @PPL

The library has a new mural in our computer section. Come to the library and let your imagination sail away with you!



##### Simcoe Money Management Series: Insurance 101 – Home & Auto

##### Virtual on Tuesday, November 8, 2pm

Midland Public Library has partnered with nine County libraries (Barrie, Bradford West Gwillimbury, Clearview, Collingwood, Innisfil, ideaLab, New Tecumseth, Ramara, Tay Township, and Wasaga Beach) to offer a 2022 financial and legal speakers' series. In this program, insurance & financial advisor Jill Charlebois-Richards will discuss home & auto insurance. Jill will also discuss required coverage, when you might consider additional coverage and industry tips, tricks and advice.

Visit [midlandlibrary.com](http://midlandlibrary.com) or call (705) 526-4216 to register.

##### Local Author Visit with John Arnone

In person

##### Saturday, November 26, 2pm

Join local author John Arnone as he discusses his book *Us and Them: Canada, Canadians and The Beatles*, an in-depth look at the way that Canada and Canadians were part of The Beatles' story – their formation, growth and break-up.

##### Virtual Seniors' Author Series: Lesley Crewe Friday, December 2, 2pm

East Coast author Lesley Crewe will be reading from her latest novel, *Nosy Parker*, followed by an interview with Adult & Teen Services Coordinator Jennifer Paquette and an audience Q & A.

Sponsored by: Chartwell Tiffin House

##### Perspective: A Documentary Series

In person

##### January - May

A documentary series designed to offer a variety of perspectives & world views from across the country and spark discussion of current issues affecting Canadians.

##### Tuesday, January 3, 2pm – Standing on the Line

Breaking the code of silence that prevails on the field, on the ice and in the locker room, this film takes a fresh and often moving look at some of our gay and lesbian athletes, who share their experiences with the camera. They've set out to overcome prejudice in the hopes of changing things for the athletes of tomorrow.

Content warning: Suicide and self harm

##### Babysitting Course with St. John's Ambulance

In person

##### Thursday, December 29, 10am-5pm

Ages 10-15

Cost: \$35

Learn the skills necessary to be a babysitter or stay home alone, such as basic first aid, safe play, changing diapers, bedtime routines, and handling emergencies. Bring your brown bag lunch!

Register online at <https://www.eventbrite.ca/e/babysitting-course-with-st-johns-ambulance-tickets-440464781017>

##### Tween Book Club

In person

##### Thursday, December 15, 5-6pm

Ages 9-12

Receive a special book box including your very own copy of our book club pick & other fun goodies that will help enrich your reading experience. Then, join us for a live in-person book club discussion, fun activities & special guests. Ages 9-12.

This month we're reading: *Wednesday Wilson Gets Down to Business* by Bree Galbraith.

Register online <https://forms.gle/Xo1miaBjfRt422WPA> or by calling 705-526-4216.

This program made possible by the generous support of the Friends of the Midland Public Library.

## Community Special Events

Sat. Nov. 12 from 11 a.m. – 2 p.m

##### Our Lady of Lourdes Church Bake Sale and Tea

Join us for lunch. Take home some baked goods.

##### Saturday November 12, 2022, 10am-4pm

##### A Victorian Christmas Gift & Craft Show

North Simcoe Sports & Recreation Centre, 527 Len Self Blvd, Midland. There will be 22 amazing local vendors selling crafts and gifts ranging from stained glass, woodwork, pottery, jewelry and much more! There will also be raffles and refreshments, with all event proceeds helping animals in need in our community. **Tickets:** \$5 in advance, \$6 at the door. Tickets are available at The Pebble Tree, The Catnip Dispensary and The Midland & District Animal Centre.

##### Saturday November 18th, 7pm-11pm

##### Knights of Columbus Charity Dance

Single tickets \$15, Two tickets for \$25. Pay bar and light lunch

##### Thursday, November 17, 2022 - 4pm to 8:30pm

##### Minesing Central Public School

7 Huron St, Minesing

NIGHT MARKET - Over 20 local vendors offering skincare, clothing, crafts & cards, jewelry, totes & wallets, ornaments, candles & body butter, spices, charcuterie boards, maple syrup, fresh greenery/wreaths, bird houses and other wood working items etc. Come out with the whole family! Book Fair and Beavertails also available!!

##### Sunday November 20th, 2022, 10:00am

##### Unity United Church Anniversary Service

4967 Vasey Road at the 4th Line North, Oro Medonte. Guest minister Rev. Dr. Malcolm Sinclair. Special Music by the Unity Choir, Lunch to follow the service.

##### Nov 24th, 2022

##### EDGE Gardeners Annual General Meeting and

Christmas Demonstrations, refreshments.

Last meeting for 2022.

##### Sat, Dec. 3, 9.30 am.-1 pm.

##### Mt. St. Louis Christmas Bazaar

Bazaar and Bake sale, vintage crafts, Christmas treats & treasures. Line 4 N. at Mt. St. Louis Rd.

##### Sunday December 4th, 2022 at 1 pm

##### Lions Santa Claus Parade

More information to follow next edition.

##### Friday December 9th, 2022, 6 pm to 9 pm

##### Elmvale Lioness Lions Sleigh Ride in the Village

**ALL FREE!** Horse and Wagon Rides, hotdogs, hot chocolate, hot apple cider, face painting, kids crafts, adult market place, kids toys available to win. All Elmvale and local area residences are welcome.

##### Sunday December 11th

##### 25th Annual Santa Claus Parade

Open to all themes but with a touch of SILVER.

For more information - [antenmillschristmas@gmail.com](mailto:antenmillschristmas@gmail.com)

##### December 10 and 11th.

##### Christmas in the Village Weekend, Anten Mills

Our community will again put on a winter wonderland display at the community centre as the large tree gets lit and our ground displays are turned on. Santa Claus will make an appearance and thanks to a very generous donation. The sky will light up with fireworks.

##### Sunday Dec. 25th

##### Annual Anten Mills Santa Claus

Parade will take place starting at 1 pm.

Are you ready for winter? Let us help you!

## SHAREWEAR ANNUAL COAT & ACCESSORY GIVE AWAY

COATS - HATS - MITTS - BOOTS - SCARVES - SNOW PANTS

### Saturday, November 12th

from 10am-NOON

at Elmvale Community Church

CLEAN - gently used or new donations can be made before

November 5th during Sharewear hours

Tues/Wed/Thurs 10am-noon/Tues 6-8 pm, Wed 3-5pm



### This event is for EVERYONE!

Everything is absolutely FREE

as is every item in Sharewear.

The entire store is run by volunteers as

a ministry of the

Elmvale Community Church.



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# Community Events

## ONGOING EVENTS:

**Bid Euchre**  
Elmvale Community Hall 1 pm - 4 pm Every Monday

**Midland Bridge Club** 427 William St, Midland  
**Mon. 12:45pm:** Duplicate Bridge, **Tues 6:45pm:** Social Bridge, **Thur. 12:45pm** Duplicate Bridge, **Fri. 12pm:** Bid Euchre. Contact Vern 705-730-9998. Possible lesson if desired. [midlandbridge@gmail.com](mailto:midlandbridge@gmail.com)

**Good Vibes**  
Every Thursday night from 7 to 10 p.m.  
An open-mic music event Our location is the little white schoolhouse at the corner of Mount St. Louis Road and the 4th Line of Oro Medonte. Admission is a donation of \$5.00.

**Let's Do Lunch \$5:**  
**Elmvale Presbyterian Church**  
Take-out- held 2nd Thursday of the month: to order, call 705-322-1411 between 9 and 3pm on the Monday previous for pick-up Thursday between 11:45 and 12:15 at the East side of the church, 22 Queen St. E. Delivery in town only.

**BARRIE-KEMPENFELT PROBUS CLUB**  
October 20th, at 10:00 a.m.  
Canadian Legion, 410 St. Vincent Street in Barrie

**Bay Shore Senior's Club**  
Activities are in full swing - check out website at [www.bayshoreseniors.ca](http://www.bayshoreseniors.ca) for all activities. Call 705 361-1331.

**E.D.G.E. Elmvale District Garden Enthusiasts**  
Meetings held 4th Thurs. of each month, 7:00 pm at Elmvale Legion.  
Guests always welcome, no charge bring a friend.

**Coffee Party**  
Last Thursday of the month 9:30 - 11a.m.  
Elmvale Presbyterian Church  
All Welcome, Cost: \$3

## HIRING

### PROPERTY MANAGER FOR RECREATIONAL RETREAT CENTRE

A 45 acre Recreational Retreat Centre located in Essa Township is searching for an energetic individual(s), qualified and interested in living and working in a beautiful country setting, contributing to the stewardship of this river valley sanctuary.

**Responsibilities include** maintaining the grounds, operating small farm equipment, conducting repairs, general renovations and upgrades, ensuring regular upkeep of buildings, and managing year-round facility rentals.

The successful candidate(s) must have a minimum of 3 years' experience in the maintenance of equipment, buildings and property, basic computer literacy, a valid Ontario Class G driver's license, and an interest in working with the public and volunteers.  
Salary is commensurate with experience, and accommodation on site is included.  
**Please forward letters of interest w/ resume to [lakerooster@gmail.com](mailto:lakerooster@gmail.com), Subject: Recreational Retreat Deadline: Nov 15, 2022**



# CLASSIFIED

## COMMUNITY DANCE

### ELMVALE LEGION BR262 PRESENTS

MUSIC BY;  
"JAMIE DRAKE & THE THUNDERSTEALERS"  
ADMISSION-\$10.00 PER PERSON (AT DOOR)  
TIME TO ROCK & ROLL & DANCE



SATURDAY, DEC 3/22  
8-11 PM

EVERYONE WELCOME

## HALL RENTAL

### ELMVALE LIONS HALL RENTAL

1979 Flos Rd 7 W, Elmvale

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Family too large to host Christmas Party in your home?

Cost: \$350.00

Fully LCBO licenced facility.

Bartender available for hire.  
Commercial kitchen and all meal serving items are included. Stage.

Capacity indoors: 125 in hall  
Capacity with outdoors: 184 if using outdoor facilities with a port a potty rental  
Outdoor facilities: 8 natural acres, outdoor licensed patio, horseshoe pits.

Call Lion Bob Coe to book 705-322-4484

## THANK YOU

John and Margaret Potts would like to thank the doctors and staff of RVH, Southlake and Springwater Medical for their superb compassionate care of John during and after his recent heart surgery. Many many thanks to family, neighbours, colleagues and friends for wonderful home cooked food, cards, phone calls, good wishes and kind thoughts. Thank you so much to our wonderful caring family.

We are so fortunate and blessed to be a part of this great supportive community.

## NOTICE



### EDGE Annual General Meeting

November 24th at 7:00 p.m.

Elmvale Legion

Demonstrations on how to make a winter gnome and an outdoor arrangement

Refreshments, Lug a Mug

## AUCTION NOTICE



your community online auction centre

## UPCOMING AUCTIONS

**Collingwood Estate Sale** - Nov. 13-17 - Gulf Stream 2017 Vintage Cruiser, indoor & outdoor furniture, sports equipment, camera

**Bill Burt Retirement Moving Sale, Wasaga Beach** - Nov. 20-24 table saw, lathe, radial saw, Nikon camera, jewellery, furniture

**Louis Tonin & Pamela Willis Moving Sale, Puslinch** - Nov. 20-24 2103 GMC, 2008 Buick, trailers, workshop equipment, firewood

**Sutherland Estate Auction, Puslinch** - Nov. 27-Dec. 1 - Royal Doultons, Aynsley tea cups, bicycles, wonderful collectibles

**Estate of Dr. Peter Lemiski, Erin Twp.** - Nov. 27-Dec. 1 - 2013 Chevrolet Avalanche, Horse Trailer, gates, unique collectibles

**Year End Multi Consignor Auction, Guelph** - Nov. 27-Dec. 1

**Extensive Rural Home Collection, Erin** - Dec. 4-8

**Helen Davenport Estate Jewellery Auction** - Dates TBC - gold, platinum, sterling and gems; rings, necklaces, watches & more

**Tom Fahidy Estate, Waterloo** - Dec. 11-15 (Dates TBC) - antique furniture, Johnson-Handley-Johnson bedroom set, brass lamp

Full auction listings & information at [rapid-sell.ca](http://rapid-sell.ca)



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Please call Peter at 705-322-3484

**Wanted** - A collector trying to recreate an old time General Store is looking for items found in a General Store before 1960. Eg. tea tins, tobacco tins, candy tins, post cards, bottles, magazines, old paper items, comic books, signs, toys, advertising, old store stock etc.  
CASH PAID 416 - 745 - 4981 or 416 - 953 - 6219

## HIRE ME

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Need someone to pop in and make a meal, or tidy the house, elder-sit or just be there when you can't

Call Mel, the "happy, handy helper"! Great references! 705 725-6439

## Wyevale News

RuthAnn Caston

Happy Birthday wishes go out to Nancy J. Moreau, Darlene Wicket, Conner Courts, Tyler Johnston, Ava Freiburger, Tyson Crawford, Craig Webb, Rebeca MacLachlan, Reese Dunsford, Cameron Stott, Joanne Ritchie, Richard Small, Emily Hall, and Kelly Edwards.

Youth Group meets on Friday nights. Contact Pat Smith if interested 705-322-0224.

Bible Study will begin on Nov. 9th at 7pm in the church basement. Please join us. Bring your bible. All welcome.

Christmas tree wreath fund-raiser is taking orders for \$25 for an undecorated wreaths. Orders in by November 10th. Order by texting 705-720-0376. E-transfer is the best method for payment or cash. U.C.W. ladies are looking for donations of cookies to be given to nursing homes or shut-ins. Contact Carol Withall at 705-322-2858 or Betty Hall at 705-322-5274.



OPP REPORT

E Bike Rider Crashes into Guard Rail and Receives 45 Day Vehicle Impound and Impaired Driving Charges

An E-Bike rider who caught the eye of several community members as a possible impaired operator in the area of Fourth Street, Midland crashed into a guard rail at approximately 5:13 p.m. November 5, 2022 on Fourth Street near Ontario Street.

As a result of the crash, attending officers from the Southern Georgian Bay OPP Detachment and County of Simcoe Paramedic Services secured the scene and triaged the lone injured rider and an impaired driving investigation was commenced.

The investigation revealed sufficient grounds to criminally charge Peter PYMAN 48 years of Midland with Operation while impaired-Alcohol and further with Operation while Impaired- blood concentration (80 plus)

The accused was released from police custody on a recognizance to appear before the Ontario Court of Justice on December 1, 2022 and as well, faces 90 day drivers licence suspensions as per the Ministry of Transportation (ADLS) guidelines and a forty five day vehicle impound.

The accused was transported to a Midland area hospital for medical treatment of injuries sustained in the crash by at scene paramedics and later released.

OPP officers conducted 31 R.I.D.E. program check stops within the detachment area over the November 3- 7, 2022 timeframe checking 477 drivers for signs of impairment.

Educating the public about safe driving practices with our community safety partners is a priority, if you see a possible impaired driver on our roadways, waterways or trails please "Make the Call" and dial 911 as impaired driving never ends well, please make a plan to get home safely.

Success Story CAFC and USSS Freeze \$58,000

The following bulletin was prepared by the Canadian Anti-Fraud Centre (CAFC) and supported by the Ontario Provincial Police (OPP) and members of the Southern Georgian Bay OPP Detachment to warn and educate Canadians of ongoing financial scams.

This bulletin was prepared to share a success story with the public. On October 24th, 2022 the Canadian Anti-Fraud Centre and the United States Secret Service (USSS) along with a financial institution were able to freeze a \$58,000 fraudulent transfer. As of October 31st, 2022, the CAFC assisted victims in recovering over \$2,400,000 this year.

The funds were frozen after a business reported to the CAFC that they were a victim of a Spear Phishing incident. As a result, the business is well positioned to recover their funds.

Spear Phishing is one of the most common and most dangerous attack methods currently used to conduct fraud, usually on businesses and organizations. Fraudsters take their time to collect information on their intended targets, so they can send convincing emails seemingly from a trusted source.

Fraudsters will infiltrate or spoof a business or individual email account. They create a rule to send copies of incoming emails forwarded to one of their own accounts. They comb through these emails to:

- study the sender's use of language
- look for patterns linked to important contacts, payments, and dates

How to protect yourself

- Remain current on frauds targeting businesses and educate all employees.
- Include fraud training as part of new employee onboarding.
- Put in place detailed payment procedures.
  - o Encourage a verification step for unusual requests.
- Establish fraud identifying, managing and reporting procedures.
- Avoid opening unsolicited emails or clicking on suspicious links or attachments.



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OPP REPORT (continued)

- Take a few seconds to hover over an email address or link and confirm that they are correct.
  - Restrict the amount of information shared publicly and show caution with regards to social media.
  - Upgrade and update technical security software.
  - Learn more tips and tricks for protecting yourself.
- Anyone who suspects they have been the victim of cybercrime or fraud should report it to their local police and to the Canadian Anti-Fraud Centre's online reporting system or by phone at 1-888-495-8501. If not a victim, you should still report the incident to the CAFC.
- Follow @GetCyberSafe and visit their website: [www.getcybersafe.gc.ca](http://www.getcybersafe.gc.ca)
  - Follow us @Canantifraud on Twitter and Facebook and visit our website: <http://www.antifraudcentre.ca>
  - Use the hashtags #CyberMonth2022 #GetCyberSafe #CyberSecurity and #Cyber
  - Learn more about the new cybercrime and fraud reporting system that the CAFC is developing in partnership with the National Cybercrime Coordination Unit (NC3).
- Please share this information to your family and friends and you can report these types of calls to the CAFC via its online reporting system or by phone at 1-888-495-8501 CAFC Team partners@antifraudcentre.ca
- Fraud: Recognize. Reject. Report.**  
**#kNOwFraud**

Southern Georgian Bay OPP Raising Awareness of Public Safety Partnerships During Police Week 2022

Encouraging the public to download the free app what3words, to help #KnowExactlyWhere you are in an Emergency

Police Week 2022 runs from November 6 - 12, and focuses on how we make our communities Safer, Stronger, Together. Policing requires community partnerships to achieve these goals.

Today, officers from the Southern Georgian Bay OPP Detachment focus on being Safer by using location technology.

The what3words app provides a simple way to communicate a very precise location. Across Ontario, the technology has been successfully used for everything from rescuing pets, to locating lost & injured snowmobilers/ATVs with pinpoint accuracy.

With the fall hunting season in full swing and the winter season soon to arrive, the OPP Communications Centre will be busy with calls for service. In an emergency, identifying precisely where help is needed is critical to getting resources to the scene quickly, however this can be challenging when callers are in remote or unfamiliar areas, without street addresses or on unnamed trails. In these moments, emergency services can waste precious time and resources just trying to locate the person in need of help.

Using a what3words address gives callers a simple way to describe precisely where help is needed and enable call takers to dispatch resources straight to the scene, saving precious minutes in an emergency. what3words has divided the world into a grid of 10ft squares and given each square a unique combination of 3 random words: a what3words address. For

example, ///relations.fatigue.appraise will take you to the front door of the Southern Georgian Bay OPP Detachment. The app is free to download for both iOS and Android devices, and works offline, making it ideal for use in areas with an unreliable data connection, such as hiking trails and campsites. what3words can also be used via the online map at [what3words.com](http://what3words.com).

Emergency Response Teams from across Canada have praised what3words as a multilingual innovative location technology for decreasing response times when it matters most. The OPP launched the use of the What3Words app in December 2020. Downloading the what3words app is therefore one of the simplest actions the public can do.

Even without the app being loaded, OPP Communications staff were able to locate the injured driver in the following link. Map app helps OPP rescue injured snowmobiler on Lake Couchiching - Orillia News ([orilliamatters.com](http://orilliamatters.com))

Emergency services are trained to gather as much location information as possible from callers. Consequently, they have access to several different technologies and methods which help them to identify callers' locations - with what3words being one of them. While not intended as a replacement for the traditional 'must-pack' survival gear worth bringing along on all hikes and outdoor adventures, the technology has become a well-used partner to emergency services around the world, saving dispatchers and responders time and resources in an emergency.

OPP Charge Midland Resident in Connection to Shoplifting Thefts from Midland Grocery Store

An Midland individual who has been the suspect in a number shoplifting incidents starting in October 2022 at a Simcoe County Road 93, Midland was arrested on November 3, 2022 by investigators from the Southern Georgian Bay OPP Detachment .

Officers through investigation, have charged Nathan FONTAINE 30 years of Midland with two counts of Theft Under \$5000- SHOPLIFTING contrary to the Criminal Code of Canada. The accused was held in police custody to appear before bail court and will appear before the Ontario Court of Justice at a future date.

OPP officers urge home and business owners to make themselves aware of the property security tips found in the following link- OPP SafeGuard Ontario Property Security Program .

If you have any information of a crime in your neighbourhood or workplace please contact the OPP or Crime Stoppers at 1-800-222-TIPS (8477). You can submit your information online at [ontariocrimestoppers.ca](http://ontariocrimestoppers.ca) if you have any information on this or any other crime. Crime Stoppers does not subscribe to call display and you will remain anonymous. Being anonymous, you will not testify in court and your information may lead to a cash reward of up to \$2,000.00.

**Be prepared for the unexpected. Give yourself some extra time if possible and remember, road safety is everyone's responsibility. It could save a life.**



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### Thinking About Food Insecurity

#### ELMVALE FOOD BANK NEWS

In the last edition we mentioned the joint project between Elmvale District High School and the Food Bank for the construction of raised gardens. We are glad to share a photo and also the note the Board of Directors received from the J. Merkley, Woodworking Teacher.

“I had the students do a reflection piece with this project and I have to tell you that they all bought in and felt like it was more than just a worth while project. It got them thinking about food insecurity, costs of living, the environment, their community, classmates, families and even talked about the ability to be self sustaining. This truly was an amazing little project to be part of. Thanks for allowing the students this opportunity.”



The Elmvale & District Food Bank would like to thank the Township of Springwater, Fire Department, for the delivery of reusable bags. These bags will be used for the Christmas Hamper program and throughout the year.

**Photo above:** Fire Prevention Officer, Jeff Corriveau, helps display the bags – which promote fire safety.

### Help Canadian Emergency Services Find You Faster By Learning To Share Your what3words Address.

#### How to share a what3words address with emergency services

Using the free what3words app:

1. Open the app and tap the Locate Me icon. The what3words address for your current location will be displayed at the top of the screen.
2. Read out the three words to your emergency call taker. For example if you're at `///index.home.raft` simply say: 'My what3words address is index home raft'

The emergency service will use the what3words address to see exactly where you are and send help.  
The what3words app works offline – ideal for areas with unreliable data connection.



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## Elmvale Lioness Lions Club

Invite the community to a **FREE**

## Sleigh Ride In The Village Dec. 9, 2022

Sponsored by local business',  
Service work by our two  
Lions Clubs in Elmvale

There's a warm welcome for those who come to this traditional event. Come and enjoy Hot Chocolate, Warm Apple Cider and a hot do. Enjoy a horse ride while listening to the Live Choir. There is Face painting, Kids Crafts, Toy Give a Ways, Hotdogs, and the Market Sale for adults too!

**Our "Lion's Give Back"  
To The Community.**

**Thanks for your support!**

## Obituaries



### GREEN, Harold

June 25, 1943 – November 2, 2022 in his 80th year.

He will be deeply missed by his wife Judy (Johnston) (married November 8, 1969), sons Cory (Sue) of Orr Lake, Chris (friend Alana) of Barrie. Grandchildren Victoria Woodstock of Barrie,

Matthew Green and Thomas Green of Orr Lake. Brother of Ruthmarie Boorman of Barrie.

Lifetime resident of Barrie. He attended Prince of Wales, Central Collegiate, and Northern College in Kirkland Lake. He worked at Poole Bros, Bell Telephone, Canadian General Electric, West Bend Hill Refrigeration, and Napoleon Stoves. Member of Barrie Badminton Club. He enjoyed family, motorcycle racing and card playing. He volunteered for many years at the Red Cross.

**A family service will be held on Friday, November 11, 2022 at Steckley – Gooderham Funeral Home, 30 Worsley Street – Barrie.** A public interment will take place at Barrie Union Cemetery at 1:30pm on Friday, November 11, 2022. If desired, donations to Diabetes Canada and Heart and Stroke Association would be appreciated.

Online condolences and memories may be left at [www.steckleygooderham.com](http://www.steckleygooderham.com)



### THIFFAULT, Robert (Bob) Gerard

June 23, 1938 - November 3, 2022

Passed away peacefully surrounded by the love of his family on Thursday November 3, 2022 in his 85 year.

Loving husband of 64 years to Yvette (nee Pilon). Steadfast and loving father of Martin Thiffault (Kathy), Brigitte Minty (Paul), Frank Thiffault (Trish) and Mignon Thiffault (Glen Bevan). Joyful Pepere to Karleigh, Zachary, Josh(Renee), Nathan, Danielle(Chris), Jessica, Lexi (Bart) and Xanne (Chris). Grand-pepere to Brooklyn (Josh/Rene), Thyme, Chloe, Aspen (Lexi/Bart) Blair and Ellis (Xanne and Chris).

Bob cherished his family and lived by his often spoken motto...."Success begins at home".

He was the loving youngest son of and predeceased by his parents Albert and Ethel(nee Yon) Thiffault of Midland and sisters Patricia (Percy Morris), Margaret (Andy Bell), Shirley (Doug Chew), brother Frank Thiffault (Gertie), in-laws Isaac and Alda Pilon and brother in-law Marc Pilon. Uncle Bob will be fondly remembered by many nieces and nephews.

Bob lived life to the fullest. To name but a few of his many interests, he enjoyed traveling, boating, art, music, woodworking and camping. Bob was personable, a good friend to many and he looked forward to spending time with them throughout his life.

Cremation has taken place. Private interment will take place in the future.

A favourite sentiment of Bob's was "Tu me manques" meaning ....you are missing from my heart. In keeping with this, Bob's amiable and personable way and his love of family you can honour his memory by holding your family close at heart and staying in touch with each other.

Memorial Donations may be made to the Down Syndrome Association of Simcoe County at dsasc.ca .

Expressions of sympathy may be sent to [www.lynnstonefuneralhome.com](http://www.lynnstonefuneralhome.com)



**ELMVALE  
DISTRICT  
LIONS CLUB**

*Elmvale District Lions Club  
Presents*

## The 2022 Elmvale Santa Claus Parade



*Sunday, December 4, 2022 1:00pm*



Theme: Christmas in Candyland  
Free Public Skating: 2pm to 4pm - Elmvale Arena

**Visit with Santa Claus**



Sponsored by: **Body Works**

**Line starts at 12:30pm \* The Parade will leave H.C.E.S School at 1:00pm**  
*Have your letters ready for Santa - he will be picking them up during the parade!*

**Station 5 Elmvale Firefighters will be collecting non-perishable food items for the Elmvale Foodbank.**

*Proud Sponsors ...*



*Merry Christmas!*



### ***Floats Needed!!***

Forms for floats can be picked up at:

**G & S Computer Services  
9A Queen St., W Elmvale**

or Call...  
**Jenn Rebidoux  
705-322-5612  
[lion.jennr@gmail.com](mailto:lion.jennr@gmail.com)**



### SAUVE, David John

It is with extreme sadness that the family of David John Sauvé, announce his passing in his 73rd year on Sunday, October 30, 2022 at Simcoe Hospice, Barrie, Ontario. The beloved son of Philip and Frances Sauvé; best friend and loving husband of

Mary (Doherty) of forty-six years, proud father of Terry and his wife Chelsie, and much loved by his brother Daniel Sauvé (2021) and his wife Lynda, and his sister Mary Pernokis and her husband Jim. Forever missed by The Doherty Family: Dennis & Donna Doherty, Roger Doherty, Chris & Walter Kalka, and Kevin & Louise Doherty. Loving Uncle of Michael & Lisa Pernokis, Alison & Dave Jordan, Amy & Kevin Cowan, Garry Sauvé, Shannon & David Sweeney, Clare Doherty, Bridget Doherty, Patrick Doherty, Michael Doherty, Jason Kalka, Brendan Doherty and Jackson Doherty. He will also be missed by his many great nieces and nephews, the Doherty Family of Donegal, Ireland and his many friends who kept in touch with their thoughts and prayers during his illness.

A visitation will be held at the Lynn-Stone Funeral Home, 15 Yonge St S, Elmvale ON, on Thursday, November 3, from 9 am – 10:30 am. Funeral Mass at 11 am at Our Lady of Lourdes Church, 106 Yonge St N, Elmvale ON.

Afternoon interment to follow at St. Mary's Cemetery in Barrie ON.

In lieu of flowers charitable donations to The Canadian Cancer Society, Pancreatic Research, Hospice Simcoe, St. Patrick's/Our Lady of Lourdes Building Fund, or Elmvale and District Food Bank would be appreciated by the family.

Expressions of sympathy may be sent to [www.lynnstonefuneralhome.com](http://www.lynnstonefuneralhome.com)



## Obituaries

**CROWE, Goldie Viola**

(Original owner of the Orr Lake Golf Course and Dance Hall)  
Passed away peacefully at the Royal Victoria Hospital in Barrie on Sunday, October 30, 2022. Goldie Crowe (nee Jordan) of Barrie in her 87th year. Beloved wife of Tom Crowe for 65

years. Dear mother of Stephen (Elizabeth) Crowe, Denise (Rick) Verhaegen, Terry (Sally) Crowe, Carolyn (Jack) Daubney, and Greg (Carol) Crowe. Grandmother of 13 and great grandmother of 11. Sister of the late Sally Oakes, Jean Columbus, and George Jordan. Goldie will be fondly remembered by her brother and sisters in-law and many nieces and nephews.

In keeping with Goldie's wishes, there will be no funeral service.

Cremation with interment Mount St. Louis Cemetery.

If desired, memorial donations may be made to Covenant House or Mass Cards for Mount St. Louis Church.

*Expressions of sympathy may be sent to [www.lynnstonefuneralhome.com](http://www.lynnstonefuneralhome.com)*

**GOUGH, Terrence Wallace**

Terrence Wallace Gough passed away suddenly at home on October 20, 2022, in his 69th year. Terry of Ingersoll, formerly of Sweaburg, Barrie and Oro Township, was predeceased (2016) by his beloved wife Karen, son Jeffery and parents

Wallace and Elda Gough. Dear father of Melissa (Jordan), Jennifer (Thane), Amy (Eli), Krista (Jon), Jordan and Devon. Loving and devoted grandfather of Isaak, Leia, Elliot, Aya, Jefferson James, Ophelia, Lauren, and Emery. Survived by brother Ross (Mary Anne) Gough and sister Janice (Dave) Connelly.

Terry spent his working years exploring many entrepreneurial avenues including, farming, auctioneering, trucking logistics and coffee. But there was nothing he loved more than the farm. Terry was raised in a farming family and went on to run his own family dairy farm for a number of years. Even after leaving the farm his love for tractors and cows never faded. Members of the Sweaburg and Ingersoll communities would often see Terry out for a slow ride on one of his Massey Ferguson or John Deere tractors and quite often he would have a trailer hooked up with many of his beloved grandkids in tow. Terry loved all things antique and spent much time collecting tractor and cow figurines as well as unique coffee grinders. Terry was also a beloved and devoted Rotarian with the local Ingersoll club. He always looked forward to delivering the Rotary roses or driving his tractor in the Santa Claus parade.

Terry loved his family and his community, and he will be deeply missed by many. **Celebration of Life: Saturday, November 12, 2022, 11 AM, McBeath – Dynes Funeral Home.** Donations can be made in Terry's name to the Heart and Stroke Foundation of Canada

## Obituaries

**RITCHIE (nee Monks), Norma June**

Norma Ritchie died November 5, 2022.

Born in 1945, Norma was one of eight children, (Bruce, Doug, Doris, Bob, Ron, Marion and Joyce) to Gord and Sara Monks.

Her childhood was spent on the farm in Malton where she fondly reminisced about sleeping in one bed with her three sisters and riding her pony.

Norma's teenage years found herself in Alliston where the family moved to continue dairy farming. She made many great friends, proudly played hockey in one of the first all girl's hockey leagues and met the love of her life, Bill Ritchie. They married and had two children, Tracy (Tom Jackson) and Ryan (Jennifer) whom they also raised in Alliston.

A jack of all trades, whether driving a potato truck or working at the LCBO and post office, Norma never shied away from hard work both inside and outside of the house. While excelling at telling dirty jokes to friends or customers, Norma was not afraid to speak her mind or curse and flip the bird at drivers who were in the wrong. And while this might have embarrassed family members, she made up by being an ear to those who needed her. Norma and Bill spent their retirement years on their own "Golden Pond" on Orr lake in Elmvale. This quickly became the hub for family gatherings, sleepovers, euchre and Norma's famous spaghetti dinners.

Traveling later on in life with her girlfriends was something she loved to do as they laughed their way through Mexico and Hawaii filling their time with drinks and stories. Norma's passion for scrapbooking created cherished memories of vacations, family events and family including her beloved grandchildren and great grandchildren.

She will be remembered for her penchant for sweets and desserts as well as her extreme pickiness when it came to foods. But most of all, she will be remembered for her role as a proud grandmother to Sarah, Whitney, Clinton, Greyson and Bellamy and great grandmother (GG) to Brayden and Garrett. From attending their sporting events to posting their pictures and accomplishments around her home, Norma could be found constantly boasting to all who would listen about her family. And of course to the untrained eyes of unaware parents, Granny was often sneaking bags of candies and treats to grandchildren and great grandchildren. Norma will be missed and remembered fondly especially for her Werther's candy dish and her constant brown cows.

Cremation has taken place. A private family service to follow. In Lieu of flowers donations can be made to the charity of your choice. **To leave expressions of sympathy or memories of Norma, please visit [www.RodAbramsFuneralHome.com](http://www.RodAbramsFuneralHome.com)**

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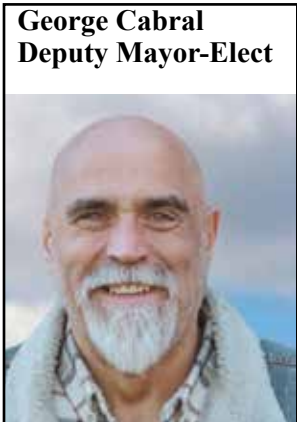
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Springwater



The New Council Will Officially  
Take Office at the Inaugural  
Meeting Scheduled for  
Wed., Nov. 16, 2022 at 6:30 p.m.

Congratulations to all elected candidates. Special thanks to the other great candidates that did not get the majority of votes. The workload and stress of a campaigning is tremendous. I think municipal leaders are under appreciated. There is a lot of time spent doing the preparations before meetings, the constant phone calls and emails that can be a large part of their day-to-day life. Please appreciate what they do for us.



Next Council Meeting Dates

November 23, 2022 6:30 p.m.

December 7, 2022 6:30 p.m.

December 21, 2022 6:30 p.m

Council Meeting Webcasts

<https://www.springwater.ca/en/township-hall/council-meeting-webcasts.aspx>

Views from the Cottage by Melanie Martyn



LEST WE FORGET, INDEED!

It's great to have so many friends that remind you of past exploits or sayings you were famous for or who did what to who. Catching up is great! Each in turn would have a story that for some reason, only they remember. One would exclaim: "Don't you remember when we hung out in the 'poison ivy patch' at Bass Lake and those young guys were camping out on the Crown Land lakefront?" Another would cite her favourite concert experience when tickets were left at home by accident, and we had to beg the attendant to let us show them the empty seats that obviously were reserved for us. Tears from teens that just could not miss The Guess Who at Exhibition Place, 1969. With no one filling the spots fifteen minutes in, we were given the benefit of the doubt! That might not happen in today's world.

The memory slowly came back about the young 'campy' teens though. We local gals (a summer only kinship of three barely teen girls) hiked by them and stopped to get the low-down on their weekend adventure. I casually commented to them: "You guys 'roughing it' in the bush?" All I got back from that comment was a few blank stares, so I asked them if they were camping out for the weekend. Oh yes, they said with grins from ear to ear. They had total confidence in their abilities to start a safe fire and roast up the standard issue of wieners and beans with a few marshmallows for dessert. They had a nice location, lakeside, and the four-person tent would easily accommodate the three of them. The high hill behind them provided a good wind break as well as privacy with its thick forest of maple trees and 'hidden' trails.

We said good luck and continued our hike as we were eager to trek to the Bass Lake store where you could still get three blackballs for a penny and some



other two-for-one cent treats. Popsicles were 5 cents and a bag of chips had recently gone up to a dime. Now that was inflation! The six-mile journey was well worth our time and going through fields of 'cow plops' was another distraction as we had sticks on the ready!

Getting back to the term 'roughing it' also brought my mind to that 'should be' well known book "Roughing It In The Bush" (1852) by Susanna Moodie. Her book chronicled her struggles to thrive on a bush farm in Douro Township north of Peterborough in the 1830's. I found this book in my grandmother's library and read it cover to cover over a weekend. So, it appears it was my fathers copy that never made it back to it's rightful high-school library shelf in Orillia (1930's era). Oh dear...

At any rate, her adventures captured my imagination as she dealt with the realities of a harsh winter, building a log cabin, fighting the mosquitoes, canoeing through bogs and providing for a growing family. She and her new husband Dunbar (a military officer freshly back from South Africa) had emigrated from England.

stood on equal ground. A cup of sugar borrowed, might not be returned. This somehow seemed a fair 'comeuppance' to the mind of the Irish lass living just down the way.

Digressing as usual, I must get back to the teen camp out. Later that evening, I decided to check on them from the trail at the top of the hill. I could hear them discussing the need for more wood for the fire. Not an axe among them, but a sure plan to 'borrow' a little fuel from a neighbouring cottage that had a ready store piled up. No one had come up this late summer weekend. Knowing the woods like the back of my hand, I silently ran ahead and found a hidden vantage point.

I don't know what a bear sounds like really, but as they crept from the woods about to steal a neighbour's winter wood stores, I loudly growled and grrrr'd with menacing intent. Well, you never saw three lads turn and run so fast!! I howled with laughter and the gig was up. They tore back to try and find me, but I was always too fast and too smart to get caught. I made it back to their campsite before they could say BOO and the laughs we had around the fire that night would be etched in my memory forever.

This November 11th, we will all be remembering the past. Though there are few left standing that can attest to the ravages of that war, the spirit of all who gave their lives to protect others will be upmost in our thoughts. We carry each one in our hearts as we take a minute of silence on Friday, but also in those moments throughout the year when we give thanks for our daily blessings.

"Always there to help!" is my motto so whether it's a real estate question or an "Elder Helper" query, do not hesitate to contact the Mel at 705 725-6439. Cheers!



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Of note, was the interesting interactions of other emigrants that may have been seen as lesser in status in the old country, but now

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