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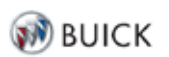
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Springwater NEWS

Edition 643 - January 19, 2023 Serving Springwater & Tiny Townships and surrounding areas

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Ukrainian Children and Families Join In Canadian Winter Fun During Winter Holiday Break



On January 4th, Ukrainian youth displaced by the Russia-Ukraine war participated in some fun Canadian winter activities at the Tiffin Centre for Conservation. They started off the day by singing the Ukrainian national anthem, and some favourite folk songs.

One favourite activity was the Christmas Bird Count for Kids – a citizen science project. Birding experts from Nature Barrie guided the youth on a hike to count birds through the forests at Tiffin. The data collected will be submitted to Bird Studies Canada and included in the national Christmas Bird Count for Kids database.

“Connecting with nature and enjoying its beauty can bring peace and joy all around the world, said Naomi Saunders, Manager of Education at the Nottawasaga Valley Conservation Authority (NVCA). “By

providing this opportunity to play, create and learn about nature here in Canada, we are also providing enrichment for future connections that can be made when participants are able to go back home.”

While hiking in the forest, the children also became nature detectives and investigated wildlife in the winter. They learned how to track wildlife, how animals prepare for winter, their adaptations and their habitats.

“The Rotary Club of Barrie is delighted to fund and volunteer at the Ukrainian Children's event at the NVCA,” said Chuck Boldt, President, Rotary Club of Barrie. “This worthy cause is one of the highlights of our Rotary Year. We enjoyed seeing everyone there and to help spread the joy of the season.”

The children also enjoyed disc golf at Tiffin's Goldilocks Disc Golf Course, which is a very accessible game that is also played in Ukraine. Children also made some nature themed Indigenous crafts, taught by an Indigenous educator. They learned about importance of the dream catcher and medicine pouch and also made some to bring home. Everyone enjoyed roasting their own hotdogs and marshmallows on firepits.

“We appreciate the support and

collaboration of our partners in creating opportunities that enhance experiences for the Ukrainian students and their families as they become immersed in the community,” said John Playford, Superintendent of Education at the SCDSB.

Tatiana Khrystynko, Coordinator, International Student Program added “Christmas is a very special time of year for Ukrainians filled with family visits, caroling, gifts, and happiness. Given the current situation in Ukraine, many students and their families may be feeling sad and lonely, while being far away from their home. It is our hope that events like this will fill their hearts with hope, love and kindness.

This event was hosted by the Nottawasaga Valley Conservation Authority and Simcoe County District School Board with funding from the Rotary Club of Barrie. Nature Barrie, Joe's No Frills, Modern Music School and Discy Chicks Disc Golf also contributed their time and resources to make this event successful.

About NVCA: The Nottawasaga Valley Conservation Authority is a public agency dedicated to the preservation of a healthy environment through specialized programs to protect, conserve and enhance our water, wetlands, forests and lands.

Media contact: Maria Leung, Communications Coordinator 705-424-1479 ext.254, mleung@nvca.on.ca



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EDITOR’S NOTES

by Linda Belcourt, Publisher, Editor, Owner

The photo above is my view from the office and home of the Springwater News. Living in the country has many advantages - the sunrise is a big one. I took this picture of this sun pillar on Wed. Jan. 11, 2023 because it was such an incredible start to my day and a reminder to be grateful for the many blessings we enjoy as residents of this beautiful township.

What is a sun pillar? “A light pillar is an atmospheric optical phenomenon in which a vertical beam of light appears to extend above and/or below a light source. The effect is created by the reflection of light from tiny ice crystals that are suspended in the atmosphere or that comprise high-altitude clouds (e.g. cirrostratus or cirrus clouds).If the light comes from the Sun (usually when it is near or even below the horizon), the phenomenon is called a sun pillar or solar pillar. Light pillars can also be caused by the Moon or terrestrial sources, such as streetlights and erupting volcanoes.

Since they are caused by the interaction of light with ice crystals, light pillars belong to the family of halos. The crystals responsible for light pillars usually consist of flat, hexagonal plates, which tend to orient themselves more or less horizontally as they fall through the air. Each flake acts as a tiny mirror which reflects light sources that are appropriately positioned below it, and the presence of flakes at a spread of altitudes causes the reflection to be elongated vertically into a column. The larger and more numerous the crystals, the more pronounced this effect becomes. More rarely, column-shaped crystals can cause light pillars as well. In very cold weather, the ice crystals can be suspended near the ground, in which case they are referred to as diamond dust.

Unlike a light beam, a light pillar is not physically located above or below the light source. Its appearance as a vertical line is an optical illusion, resulting from the collective reflection off the ice crystals; but only those that are in the common vertical plane, direct the light rays towards the observer. This is similar to viewing a light source on a body of water. Ripples on the surface of the water reflect the light source in many directions, and those that happen to be aimed at the viewer, combine to form a bright line pointing toward the light source.” source: https://en.wikipedia.org/wiki/Light_pillar

I encourage you to take some time each day to enjoy the amazing natural features we have in abundance in our backyard. Being in nature is a natural stress relief, so get outside, take in the sights, the smells, and sounds that nature offers us. This week, I have

included some additional articles about nature which I hope will encourage you to get out and enjoy!

The Written Word of Man

George Allen was teaching history at Elmvale District High School, and he told me that history is the written word of man. This edition contains a discovery that is new to Simcoe County. I am so proud that Dieter Mueller contacted the Springwater News for this exclusive story. Please enjoy this discovery on the centre spread (page 12-13) of this edition.

Together Let’s Make News

This year, I have a goal of publishing more personal articles about the members of our community and I was very thankful to Paul Clute for sending in Marion Clute’s memories of her life. Marion is turning 100 (reference page 22 for the birthday notice) and her story is on the page 3. This preserves stories of people’s lives from the past when things were done so differently.

I am also working on articles including the history of our local postal offices. Don McRae sent me his story of the Anten Mills post office, which is featured on page 7. Thank you, Don, for helping making news together. There are not a lot of events going on in January, but the Winter Carnivals are coming up fast and are listed on page 19 in the Community Events section.

The municipal budget process has changed and the article on our council is on page 5. Thank you to those that helped me create this new section for the Springwater News.

Elmvale Maple Syrup Festival News

1. Vendor applications will be available shortly

2. There will be no charge to enter the arena grounds or the arena. Vendors will be both inside and outside of the arena.

3. We will not have a Midway this year, but there will be other amusements for all ages 4. The main stage will be in the arena grounds 5. The Sugar Shack information booth will be located inside the arena grounds gates and the bus to the Sugarbush will load beside the arena.

6. The pancake house will remain in the community hall as always.
- As soon as we draw up a new map, it will be posted on the website. We appreciate your understanding and patience.

source: [facebook/elmvalemaplesyrupfestival](https://facebook.com/elmvalemaplesyrupfestival)

Springwater News
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www.springwaternews.ca

Articles can be dropped off, mailed
or e-mailed 24 hours a day.

THE NEXT PAPER will be on Feb. 2, 2023
Publications Mail Contract No. 1443739
Unaddressed Admail No. 3684814

Springwater News is published every two weeks and delivered by Canada Post and available at newsstands throughout the areas mentioned below. The opinions expressed in articles contributed by interested parties and through the ‘Letters to the Editor’ do not necessarily reflect the opinion of this newspaper and/or the editor. The editor reserves the right to edit all submitted articles or letters for clarity and space or to avoid obscenity, libel or invasion of privacy. All contributions must have the writer’s full name, address and telephone number for verification including Letters to the Editor.

Copyrights are claimed on all original articles.

Springwater News prints 20,000 papers per edition.
18,650 are delivered by Canada Post to:
760 in the Utopia/Grenfel area L0L 1B0 and L0L 1B2
3050 in the Barrie City/Rural area
4250 in South Springwater Township
130 to the new boxes in Minesing / Anten Mills
640 in Phelpston L0L 2K0
650 in Hillsdale including the Rural Routes L0L 1V0
2550 in Elmvale including the former R R# 1, 2 & 3 L0L 1P0 which includes Orr Lake, Waverley and some Tiny Beaches Road areas
265 in the Wyebridge area L0K 2E0
975 in Wyevale L0L 2T0 including Conc. 8 and some TBRS areas,
1325 in Perkinsfield including Balm Beach to Whippoorwill
1100 in R.R.# 1, L4R 4K3 (775) & 2, L4R 4K4 (300) areas of Midland which includes Vasey, Ebenezer and the area North-West of Wyebridge
2900 in Northern Tiny including SS 3, 5, 6, 7 & 8 of Rural Penetanguishene (Postal Codes L9M -1R2, -1R3 & -2H7)

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Subscriptions are available across Canada for \$60/year and \$100/year in U.S.A.

Here are the new layouts for vendors at the festival. If you wish to fill out an application, please go to the website emsf.ca. There will no longer be vendors on Queen Street. Those spots have been moved to the arena grounds. Vendor spots are available inside and out.



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Remembrances of My Life – by Marion Clute in her 100th year

Written by Marion Clute

My parents, Wes and Aleta Allsopp were high school sweethearts in Barrie and were married soon after they graduated. I was their first-born in 1923, Helen was born 18 months later and 6 years later, Lois arrived.

We grew up in the depression years. My dad was often out of work but I don't remember suffering or being unhappy because we didn't have a lot of things. Everyone was in the same boat. Girls didn't have to worry about what they were going to wear to school each day because most of us had only 2 dresses – one for school and one for church and Sunday School. They were washed, mended and handed down, the same as shoes and coats and all other types of clothing were. Eventually they were cut up to make quilts.

My dad always had a big garden but there were times when it must have been difficult for our parents to pay the rent, pay for the coal and wood and hydro and to feed and clothe us. Mom often made homemade tomato soup that was so good. I use her recipe still and always think of her.

We had lots of fun growing up – even without fancy toys, TV's and computers. We made our own fun with what we had. We grew up on the north edge of Barrie with a big open field across the street from us. In the summer, all the neighbourhood kids gathered there to play ball and when it got too dark, we'd play Monopoly under a streetlight or we'd play "Run My Sheep Run" in the dark.

Our favourite sport was skating on hand-me-down several times skates – either too big or too small – but boy(!) we skated for hours on them. We'd skate on any patch of ice we could find in the neighbourhood.

We had a few winters when Kempenfelt Bay froze over before the snow came and from about 15 years of age we were allowed to skate across the Bay, unsupervised, from the Barrie Railway Station (where we left our shoes) to the Allandale Station (about 1 mile) and back again. It was great having the wind in our back but tough going when we had to face it.

Back then, times were different and safer. In the summer on Saturdays, our friends, the Murphy kids, and Helen and I (Lois was always too young to tag along) were allowed to roam all day through the woods that were all along the north edge of Barrie. In the winter we tobogganed, unsupervised again, down a trail through those woods that is now busy Anne Street.

Later we moved to 48 Brock Street and that's the place I think of as home.

My dad became Manager of the Barrie Arena and he was there for 25 years – which was great for us because we went to everything that went on there – especially hockey games. Our family lived and breathed hockey. We skated 2 or 3 times a week. For many years we always had 3 hockey players billeted at our home and they made life fun for us. But I realize now how hard my mom worked feeding those big, hungry boys and doing all their washing and ironing (no automatics then) and putting up with their fooling around and teasing. Many of these boys became well known Boston Bruins hockey players and they always kept in touch with my parents.

Don Cherry didn't live at our place, but after practice, Don would hang out at the arena with Dad

and often came home with him and had supper with us. We knew him well.

My sisters and I grew up, graduated from the Barrie Collegiate where each of us played on the school basketball teams and took part in track and field events. We all became teachers and I taught at Edenvale, Stayner and Barrie.

Back then every United Church had a "Young Peoples' Union" – a group for young people where they had Christian-based programs and lots of fun. I was always active in the Y.P.U. and eventually became the Recreation Convenor for all of Simcoe Presbytery. I had to organize ball tournaments and weekend retreats but mostly my work involved visiting the local churches and putting on an evening of games, contests, races, etc. for the young people. I remember doing a party at St. John's in Elmvale – not knowing I would someday live there.

It was through Young Peoples that I met Peter. In the summer of 1947, an Interdenominational Work Camp group came to Wyevalle to do some work at the United Church. There were 10 young people from 19 – 25 years and I was asked to go as a representative of Simcoe Presbytery. I was so glad I went. Another girl, a pretty blonde, and I were billeted at the Clute home.



During the war Peter had been a radio operator on a ship on the north Atlantic and then afterwards at airports in Saskatchewan and in the Yukon. He had come home to Wyevalle the week before I arrived to find a different career closer to home. That's where we met and fell in love. Peter learned the refrigeration trade working for the Frigidaire Company in Toronto. He loved it and was good at it.

We were married at my home church, Burton Avenue United on September 10, 1949 and lived in Toronto until 1954. During those years I worked in the accounting department at Sears. Peter had always dreamed of having his own business, so in early 1954 when a Frigidaire dealership in Elmvale became available, it seemed like a Godsend to us. We bought it, moved in May and Elmvale was such a good place for us to work, live and to raise our family.

We came without children, but soon had 4 children in 5 years, Jan, Margie, Paul and Louise. Sam Kimberly, the post-master then, said it was the Elmvale water that did it. At first we lived behind the store but as our family grew, we bought a small house on Lawson Avenue and enlarged it 5 times.

At first I ran the store and did the books – but as the business grew, we sold the store and Peter focused on refrigeration service. Those were busy years with Peter working long hours, often 7 days a week, servicing equipment often miles from home. I was his telephone answering service and did the books. I also became more involved in the children's and women's activities at St. John's United Church and in the community.

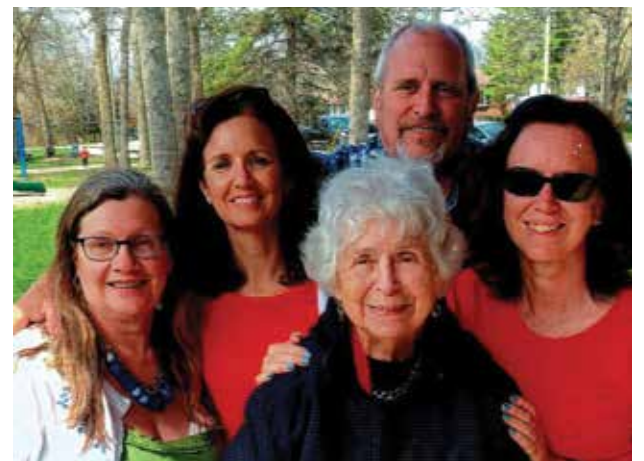


Photo: Marion in centre with her children left to right, Jan, Louise, Paul and Margie.

One of the most rewarding parts of my life – especially after I learned to drive at 70 – was my friendship with other seniors in Elmvale. I loved driving my circle of elderly, somewhat fragile, friends to church, to the doctor's, shopping, afternoon teas and bazaars. We often went out for lunch or supper and had breakfast once a week at McDonald's. My time spent as a volunteer at the Adult Day Out Centre was rewarding and happy. I loved each one there dearly.

Peter was a loving, caring husband and dad. In 1990 he suffered a major heart attack and although his by-pass surgery was successful, the aneurysm on the heart muscle that distorted the mitral valve every time it bulged out, was not operable. Later he had surgery to remove his cancerous rectum and he lived 8 good active years following his heart surgery before dying suddenly and peacefully in 1998 at a meeting at our church.

In 2015, while I was still well, I decided to move to the Villa Retirement Lodge in Midland where I continue to live independently enjoying activities and new friendships. Living at the Villa with the love and support of my family, friends, Villa staff, and Paramed PSW's has added years to my life. As I aged, my caring, dedicated doctors didn't give up on me and my present young doctor said he is going to keep me going until I'm 200.

I'm 100 now and life has been good. I had good parents and grandparents, a wonderful husband, Peter. Our 4 children, Jan, Margie, Paul and Louise have been a real blessing to me and I'm so proud of each one. My 9 grandchildren and 9 (soon-to-be 10) great-grandchildren bring a lot of joy to my life.

I often wonder with all the developments in technology and science, and the ever-increasing threat of war in the world, what lies ahead for my loved ones. But I do have lots of faith, hope and gratitude. I have a strong faith in a loving God who is always with me and guides me through each day.

Marion Clute's achievements

St. John's United Church; taught Sunday School for 20 years, lead Explorer and C.G.I.T. groups, sang in the choir and caretaker of the church for 11 years.

- President of the Home and School organization
- President of the Figure Skating Club
- Member of Bayshore Seniors, Barrie Butterfly line-dancing and took swimming lessons at mid-50's Life Long member of Centre Flos Women's Institute

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Township of Springwater Link

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January 19, 2023

Upcoming Meetings

Special Council Meeting -
2023/2024 Budget
Friday, January 20 at 9:00 a.m.

Committee of Adjustment
Wednesday, January 25 at 7:00 p.m.

Regular Council Meeting
Wednesday, February 1 at 6:30 p.m.

The Township has transitioned its Council meetings to a hybrid format. Community members may attend in-person in the Council Chambers or remotely online. Council and Committee meetings are live streamed online at springwater.ca/Live

To view the meeting agendas, please visit:
springwater.civicweb.net/Portal

Water & Wastewater Billing

Residential water meters will be read at the end of January by the Township's third-party contractor, Wamco Waterworks. Bills will be mailed at the beginning of February with a due date at the end of February.

Interim Tax Billing

The 2023 interim tax bills will be mailed in late January. Installment due dates will be in mid-February and mid-April 2023.

Failure to receive a tax bill does not relieve the taxpayer from payment of taxes or from liability of penalty charges for late payment.

If your mortgage company pays your property taxes, your bill will be marked 'do not pay'.

Bid Opportunities

Program Management of Roads, Watermains and Sewer Projects of the 2023 State of Good Repair Projects with Options for 2024 (2022-49-PW)
Closes: January 25, 2023

Two 2-ton, 4-wheel drive, regular cab and chassis diesel trucks, and one 2-ton, 4-wheel drive, extended cab and chassis diesel truck (2022-49-PW)
Closes: January 25, 2023

For details and to submit a bid, visit:
springwater.bidsandtenders.ca

Winter Operations in Springwater



The Township clears snow and ice from nearly 430 km of road and 25 km of sidewalk using Minimum Maintenance Standards set out in the Municipal Act. Clearance is prioritized based on road classification, speed and traffic volumes. Springwater does not have any MM 1 or MM2 classified roads.

Road Classification	Salting/Sanding Begins	Plowing Begins
MM3 (Major collectors / bus routes)	Within 8 hours of becoming aware of icy conditions	When snow/slush reaches a depth of 8 cm, within 12 hours of becoming aware of accumulation
MM4 (residential streets)	Within 12 hours of becoming aware of icy conditions	When snow/slush reaches a depth of 8 cm, within 16 hours of becoming aware of accumulation
MM5 (cul-de-sac / minor residential)	Within 16 hours of becoming aware of icy conditions	When snow/slush reaches a depth of 10 cm, within 24 hours of becoming aware of accumulation

Track the Plow

The Township launched a new interactive tool that allows residents to track the progress of our winter maintenance vehicles. Visit springwater.ca/SnowPlowTracker to see which municipal roads and sidewalks have been cleared within the past 1, 4, 12 and 16 hours.

Meet our Crew

- **The Patroller:** Patrolling lets us know about changing road and weather conditions.
- **The Salter/Sander:** We use a mix of 95% sand and 5% salt to limit environmental impact.
- **The Snowplow:** Snow accumulation reaches around 8 cm before plows are sent out.

Remember that winter parking restrictions are in effect until March 31. To aid snow removal in Springwater, please avoid parking on Township roads between 2:00 a.m. and 7:00 a.m. Visit springwater.ca/WinterControl for more information.

Now Hiring

The Township is currently recruiting for the following job opportunities:

- Arena Attendant
- Arena Operator - Casual
- Development Engineering Technologist

Get detailed job descriptions and details at springwater.ca/careers

SEE A GREEN FLASHING LIGHT? PULL OVER!



Volunteer firefighters use this green light to indicate when they are driving their personal vehicle en route to an emergency. **Yield or pull over** so that these firefighters can get to the emergency quickly.



2023/2024 Multi-Year Budget

The proposed 2023/2024 budget is available online. New this year, Township staff have presented a multi-year budget. Read the proposed budget, watch meetings and learn more at springwater.ca/budget

Township of Springwater Council Corner

The Township of Springwater Council continues to be busy this week reviewing the draft 2023/2024 Multi-Year Budget and Business Plan. The 309-page document was released on January 9th and is available to view at: www.springwater.ca/budget

Below is the schedule for budget deliberations. The full schedule of budget deliberation live-stream links, video recordings and documents are available through this link: springwater.ca/budget

- January 16th, 4 pm (Budget Presentation to Council)
- January 18th, 1 pm (Service Partner Presentations)
- January 20th, 9 am (Budget Deliberations)
- Another meeting will be added. The date is to be determined.
- February 15th is tentatively slated for budget approval. Still to be determined.

This year, Staff and Council are considering a budget for two years rather than just one. The budget for 2023 will be finalized and approved and then the budget for 2024 will be approved in principle, subject to finalization in the fall of 2023.

The preliminary 2023 Tax Based Operating budget, excluding program changes, proposes a 2.68% property tax increase when blended with the County

of Simcoe estimated tax increase of 3.5%, and a 0.0% increase in education taxes.

For an average residential property assessed by MPAC at \$493,000, the tax impact of this blended increase of 2.68% is \$111.24 per year or \$9.27 per month over 2022. For every \$100,000 of residential assessment above or below the average, the tax impact is increased or decreased.

There are 13 Program Changes being proposed for the Township, which includes items such as a Water/Wastewater Rate Study, Fire Prevention Officer/Public Educator, and an additional 1% Capital Infrastructure Reserve. Additional proposed program changes can be viewed at: <https://www.springwater.ca/en/township-hall/resources/Documents/Budget/2023-Budget/Tabling-of-Budget-Presentation.pdf>

With proposed Program Changes included, the preliminary 2023 Tax Based Operating budget proposes a 3.52% property tax increase when blended with the County of Simcoe estimated tax increase of 3.5%, and a 0.0% increase in education taxes.

In this case, for an average residential property assessed by MPAC at \$493,000, the tax impact of this blended increase of 3.52% is \$145.78 per year or \$12.15 per month over 2022. For every \$100,000 of residential assessment above or below the average,

the tax impact is increased or decreased.

For every dollar the Township collects in property taxes, \$0.49 is allocated to the provision of Township services; \$0.33 is remitted to the County of Simcoe and \$0.18 supports education.

In addition to the Tax Based Operating Budget, the water rate is budgeted to increase 2% and the wastewater rate is budgeted to increase 5% for residents using these municipal services.

Residents are able to submit comments and questions related to this proposed budget by Thursday, January 19th at 4 pm by emailing clerks@springwater.ca or filling out an online form at www.springwater.ca/budget.

The budget is tentatively set to be approved on February 15th. This date has not been finalized. Springwater News will report on budget deliberations in the next issue as well as request comments from Council members about the proposed budget.

The budget meetings date changes will be posted online at:
www.springwater.ca/budget.

TOWNSHIP OF SPRINGWATER
COUNCIL MEMBERS

Jennifer Coughlin:
Mayor

George Cabral:
Deputy Mayor

Matt Garwood:
Councillor Ward 1

Danielle Alexander:
Councillor Ward 2

Brad Thompson:
Councillor Ward 3

Anita Moore:
Councillor Ward 4

Phil Fisher:
Councillor Ward 5

To Contact:
<https://www.springwater.ca/en/township-hall/mayor-and-council.aspx>



Public Works Superintendent

The Corporation of the Township of Tiny

Are you an experienced Public Works leader looking to take your career to the next step? Have you always wanted to live in a vibrant coastline community? Look no further!

The most northerly township in the County of Simcoe, Tiny Township offers 70km of coastline along Georgian Bay, and is home to Awenda Provincial Park, Tiny Marsh Provincial Wildlife Area, and the 23-kilometre long Tiny Trail. Our diverse network of communities throughout the municipality offer our residents a four-season destination with activities for all ages.

The Public Works Superintendent is a critical part of the Public Works team and the Township of Tiny is currently seeking a highly motivated and results-oriented professional for the full-time position of Public Works Superintendent.

Reporting to the Director of Public Works, the successful candidate will be responsible for the operation, maintenance and monitoring of roads, parks and rental facilities systems and compliance to applicable legislation. This position supervises the activities of the roads and parks department staff, assists in the development of tenders, monitors/manages Operational and Capital budgets, assigns staff workload, sets priorities, answers questions, resolves problems and monitors work. This position is deemed to be an “Essential Service” in the event of an emergency.

For complete details, including necessary qualifications, please visit www.tiny.ca

The Township of Tiny offers a competitive salary and benefit package, including: health & dental benefits, vision care, short- and long-term disability, OMERS pension, and an attractive paid time off policy. Salary range - \$43.69 to \$54.61 per hour. Visit www.tiny.ca for a detailed job description.

Individuals having these qualifications are encouraged to submit a resume and letter of application by 12 noon, February 10, 2023 to:

Human Resources
Township of Tiny
130 Balm Beach Road West
Tiny, ON L0L 2J0
Fax: (705) 526-2372
Email: humanresources@tiny.ca

We thank all applicants who apply for this position but only those selected for an interview will be contacted.

The Corporation of the Township of Tiny is committed to a barrier-free recruitment and selection process. Please inform us should an accommodation be required at any point in



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PD Programs are here!

Read 50 Books in 2023!

Has everyone made their New Year’s Resolutions? How about reading 50 books this year? Sign up for our reading goal and discover new authors, genres and become an avid reader! This program will take place all year round and you can read at your own pace. Receive a reading log at the time of registration. Get a list of books to read each month and read them in whatever order you like. Happy Reading everyone!

Library Memberships

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New @PPL

New books and new DVD’s are always displayed on our New Book shelves. Stop by and find something interesting for the cold winter days.

Sports with Patrick Townes



Emily McLean belongs to a family that is rich in history when it comes to the sports scene in the Township of Springwater. Emily was recently selected to participate in the upcoming 2023 Carnegie Cup Elite Blind Hockey Series. Additional information on the event is posted on the website at: <https://canadianblindhockey.com/>. Emily's family is so proud of her for this achievement.



Photo: Emily McLean

The event is scheduled to occur from January 20th to January 22nd which is on the same weekend as Hockey Day in Canada. It is an elite Blind Hockey Series featuring some of the very best Blind Hockey players from across Canada, the United States and Europe who will be drafted into two teams to showcase the fastest, most skilled and most competitive version of the Para sport that has ever been played. Emily is one of 26 players who have been selected from Canada, the United States of America, England and Finland. The objective of the event is to follow an NHL model by drafting the top Blind Hockey players from around the world to compete in the Para sport of Blind Hockey at the highest level possible. This event is a pilot project to create a new competitive league for the Para sport of Blind Hockey called the Blind Hockey League (BHL), which will be the premier competitive opportunity for Blind Hockey players. Players were invited by a selection committee

U13 BMR Elmvale Coyotes Advance to the International Silverstick



A surprise ending for the U13 Rep C BMR Elmvale Coyotes, who fought hard and walked away silver medalists at the 2022/23 Ayr Silverstick Championship. After the tournament we were

comprised of Canadian Blind Hockey staff, coaches, and leaders in the Blind Hockey community based on prior performances in Blind Hockey events. The event will be hosted at the former Maple Leaf Gardens at the Mattamy Athletic Centre located at 50 Carlton Street, Toronto. The schedule includes three games: Game # 1: Friday, January 20, 1:00 pm – 3:00 pm. Game # 2: Saturday, January 21, 6:00 pm – 8:00 pm. Game # 3: Sunday, January 22, 11:00 am – 1:00 pm. The link to the YouTube channel where the games will be broadcasted is: <https://www.youtube.com/@CanadianBlindHockey>.

Her home town of Elmvale is proudly displayed beside Emily's name in a list of players participating in the event. Sports have been a focal point of Emily's life, as you would commonly meet her cheering on her brother Zachary and father Rob at the ball diamond, alongside her mother Denise Ritchie-McLean. Emily is featured on the Springwater Sports Heritage Hall of Fame website at <https://www.springwatersportsheritage.ca/>. Emily's family is no stranger to the Hall of Fame. She is part of a family who have many inductees, including her father Rob, uncles and aunts, and her cherished grandfather Stan Ritchie, and beloved aunt, Lynda Ritchie. Emily has been cementing her own sports career and the following achievements:

- Won a silver medal and was awarded Rookie of the Year at the 2016 National Championship.
- Won a silver medal at the 2018 and 2022 National Championships.
- Was awarded the Best Defenseman award at the 2022 National Championship.
- Scored the first goal at the first-ever Women's Blind Hockey Game.
- Travelled to Toronto and Burnaby, British Columbia, on many occasions to Training Camps.
- Last year travelled to Halifax for Training Camp.

These are the opportunities that a community like Elmvale waits for and values. Please take some time to review the websites and help congratulate Emily on her achievements to date. Everyone is encouraged to try and make it down to Toronto or watch the series on YouTube, so we all can see Emily in action! This is very exciting news and an amazing accomplishment for a local athlete who knows no limits. Elmvale is proud of you Emily!

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- Across
- 1 The States
- 4 Tolkien monsters
- 8 Neither black ____ white
- 11 Dip bread in gravy
- 12 In need of resupply, maybe
- 13 Java container
- 14 Center of a hurricane
- 15 The Simon Cowell show
- 16 Pastoral place
- 17 Cumberbund
- 19 Terrible
- 21 Make, as money
- 23 Peter for one
- 26 Legless undies
- 29 Single-celled protozoan
- 30 Should, with "to"
- 31 Exactly on target
- 32 "____ Karenina"
- 33 Popular jeans
- 34 Young but wise one?
- 36 Chinese mafia
- 40 Throw
- 42 Absorbed by
- 44 Schmaltz
- 45 ____ right
- 46 Increase, with "up"
- 47 Tactical tennis shot
- 48 Praiseful poem
- 49 Legal wrong
- 50 Lt.'s inferior
- Down
- 1 Functions
- 2 Bean used to make miso
- 3 "Planet of the ____"
- 4 Part of a geisha's attire
- 5 Echoing devices
- 6 Royal headgear
- 7 Ego
- 8 It has zero measure, in math
- 9 Certain extraction
- 10 Nucleic acid
- 18 Bray
- 20 Greatest
- 22 Toward the stern
- 24 ____ system (re: blood)
- 25 Ruled
- 26 It can be feathery or scaly
- 27 Seek a seat
- 28 Base
- 29 Mimic
- 31 Sporting dog
- 33 Slowly
- 35 Time management tool
- 37 Eye up and down
- 38 Twelve O'clock
- 39 A whole lot
- 40 ____-Tzu
- 41 Past one's prime
- 43 Make a selection

(ContinuedU13 BMR Elmvale Coyotes Advance to the International Silverstick)

loss. We fought hard and tied up the game late in the 3rd with a goal from Kipytn Drillen-Heighton. However, the Otters matched our goal and we lost 2-1. At the end of the game the cheering still came from the Elmvale bench when we learned we advanced to the semi finals over Huntsville! Our semi finals was against the Tillsonburg Tornados and it was our highest scoring game, 5-1! We had clean passes and top shelf goals, advancing to the finals and facing Penetang for the 2nd time in the tournament. Aubrey Ireland, Kiptyn Drillen-Heighton, Easton Bradley, Sam Dennis, and Carter Madigan racking up the goals. Eventhough we'd beat the Penetang Flames earlier in the tournament, we came up short in the finals. The boys ended the weekend proud with silver medals around their necks! A shout out to all the dedicated parents cheering our players on, and to our coaching staff who have done an excellent job developing these young players. We are looking forward to January 12-15 when we compete in the International Silverstick.

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A TINY SENIOR MOMENT

Say Oui to 2023!

by Jan Perrault, Volunteer Column Writer,
Township of Tiny

Well, another year has passed by! During the month of January many of us set goals for the coming year. After retirement and into our later years, it's actually a really great time to set personal goals. We're no longer bound by responsibilities like work and raising children as we once were. But we also want to make the most of the time and energy we invest. Oftentimes, a goal can be broken down into smaller, more manageable goals. This is a really important tactic for actually moving forward and accomplishing the larger objective. In fact, with each smaller piece that we accomplish, we get to feel a surge of accomplishment, pride, and motivation to continue.

You may want to set a new goal about learning a new language. Bilingualism boasts significant health benefits for people of all ages. This new learning is especially helpful for seniors looking to boost brain health and stave off cognitive decline. Luckily, with all our new technology, there are different ways to learn a new language using apps and Youtube. Duolingo is a free app available on the web, Android, and iOS. You can choose the language you want to learn and then go through daily lessons identifying key phrases and words. The app allows users to set reminders for each day and also has several time options, starting at 5 minutes per day. Duolingo checks your progress, and creates a customized program that addresses your own problem areas. I have started using this app myself and I'm thoroughly enjoying it! The program

is designed to be fun and it is also user friendly. I decided to tackle French, because there is such a large population of French speaking people in this area.

Of course the best way to learn French is to actually have conversations with others. Once again, we are fortunate to have a chance to practice our new skills at the Midland Public Library. It's a community led French conversation group that meets on a drop-in basis on Fridays, from 11am-12pm. So, be sure to check it out! It's the perfect chance to practice your French skills and meet new people in a relaxed environment. Newcomers are always welcome! For more information contact Jenn at jpaquette@midlandlibrary.com.

If you're looking for any new skill to boost your brain power, the Midland Library has interesting resources for you to sign out. For example, they have a Ukulele lending program. You can take out the instrument and then go onto a series of introductory video lessons on Youtube. If you feel you would like more information the library can be contacted at 705-526-4216.

Another way to boost your brain power is by learning a new cooking recipe! Tiny Township is offering a unique program that recognizes the benefits of intergenerational learning. Starting in January, older adults (55+) and youth (ages 8 to 21) can sign up together for cooking classes. This program aims to teach young people and older adults to cook and shop for healthy, affordable and accessible food, while learning from one another and making new friends

and connections. Each session includes a locally sourced food box, loaner equipment, and cooking recipes. Lessons and menus will be developed using Tiny's strong cultural roots. Each twosome will leave with one 'Make and Take' to enjoy at their own leisure. Beginning January 17th, this program will be offered at the Wyebridge Community Centre on Tuesdays and Thursdays from 4:30 to 6:30pm. The best part of all is that an actual Chef, Andre Sanche, will be the instructor! The cost is \$40 per participant. So, if you are interested visit www.tinyconnect.ca or call 705-526-4202 ex 3. "It must be borne in mind that the tragedy of life doesn't lie in not reaching your goal. The tragedy lies in having no goals to reach." — Benjamin E. Mays

Support always available:

A free helpline that connects you to community and social services in your area, 24/7, 365 days a year, in over 150 languages – Dial 211.

Transportation:

Huron Seniors Volunteer Care Team, Wheels 4 Wheels, by phone at 705-526-5566 or email wheels4wheels@gmail.com. Clients must be wheelchair dependent.

TLC – Community Reach, serving residents of North Simcoe with limited income and older adults with limited supports. Contact by phone at 705-528-6999 or online at www.communityreach.ca/transportation.html.

Red Cross Simcoe Muskoka available to seniors 65+ facing barriers, contact by phone at 705-721-3313 x5274 or via their website at www.redcross.ca.

History of Anten Mills Post Office

Mailing Letters And Buying Goods

The Post Office

James McLaughlin was the first postmaster at Anten Mills. The post office was located at the foot of Hendrie Hill on the south side of County Road 22. It was opened in 1879.

James McLaughlin and his wife, Catherine Sandford, had a family of four sons and two daughters: Jim, Harold, Wilfred, Leo, Violet, who married Dave Kenney, and Kathleen, who married Joe O'Neill. For many years, they operated the post office.

The next postmaster was their son, Leo. Leo married Lil Shanahan of Anten Mills. They were a congenial couple, who served the public faithfully. Leo delivered the mail on the Anten Mills route.

When we lived on the 9th, Leo was our mailman. I can still see him, on the stormiest day in winter, bundled up in a fur coat and cap, stopping to put the mail in our box.

In the Spring, he drove a black Ford Coupe. Lil often accompanied him as he made his rounds.

On April 1, 1949, Ronald and Anne McRae bought the McLaughlin property and Ron became the new postmaster.

I knew the McRaes before they took over the post office. They had been our across-the-road neighbours on the 9th, whom we enjoyed. Anne McRae was like a ray of sunshine when she dropped in for a chat.

The McRaes gave good service. In April, 1953, Ron's health was failing, and his son, Ed, who worked in Toronto, came to live with his parents. Ron passed away in July, 1953.

Ed McRae delivered mail on Rural Routes 2 and 3. He continued this service for 32 years—retiring in June, 1985. He was courteous and dependable.

Anten Mills post office was closed on December 6, 1966. It was classed as a non-accounting post office. Close to six hundred post offices were closed that year.

Anne McRae passed away in September, 1967.

The closing of the post office was, for many of the inhabitants, a disappointment. They felt they were losing their identity—because, for years, their mail was addressed to 'Anten Mills Post Office'—their place of residence.

Somehow or other—it wouldn't be quite the same.

Stella Muir



Photo above: Ed McRae of Anten Mills holds a plaque presented to him after more than 30 years on the mail route. With him is the Minesing Postmistress, Catherine Kennedy.

Don McCrae responded to Springwater News asking to all residences to help out in recording history of our community. Don grew up at this post office and I am sure he has some great stories to tell. Thank you Don for sending in this material to be included in this edition. Postmaster were; James McLaughlin 1879 to 1921, John Leo McLaughlin 1921 to 1949, Ronald MacRae 1894 to 1953, Mrs. Annie McRae 1953 to 1964 and Donald McRae 1963 to 1967, when it was closed.



Photo above: This was the Post Office at Anten Mills. Closed in 1967. The location was part of W 1/2 Lot 1. Conc. 7, Vespra, at the foot of Hendrie Hills

MIDHURST PHARMACY

Let's Talk About...

Vitamin D & Bone Health

With Pharmacist Owners Jenna Lougheed and Carolyn Glover

It's well known that vitamin D is an important factor in maintaining healthy bones. It's produced by our skin when exposed to the sun's rays. During the winter, our exposure to this "sunshine vitamin" is limited. There are very few food sources of vitamin D, so supplementation is typically recommended year-round, but especially during the winter months.

Osteoporosis Canada recommends 400-1000 IU daily for healthy adults between 19-50 years, and 800-2000 IU daily for those over 50 or at high risk (i.e. osteoporosis, multiple fractures). You will find vitamin D supplements in the form of D3 (cholecalciferol) at your pharmacy. While most multivitamins or calcium supplements contain some vitamin D, the amounts can vary, so it's important to read the labels carefully to ensure you are getting the correct dosage.

At Midhurst Pharmasave, our pharmacists can help choose a supplement that's right for you to keep your bones healthy and strong this winter and all year-round.

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SPIRITUAL and MENTAL HEALTH

ANNIE'S JOURNAL

by Annie Donnelly



There was a time when I missed putting thoughts into words to publish. Instead, I was putting words together to tutor four children, one who was five and a half, one who was six, and two who were seven. Truly, I grew to love those children as we spent time learning about words and

numbers and Jesus.

Of all the things I taught them, I hope that giving and receiving forgiveness remains at the top of their lists. With four young ones in a class, you can imagine that there were interruptions when someone else was speaking. Sometimes, a child would be so excited to know an answer, he or she would answer for another child. I think this habit has carried over into adulthood for some.

I helped them learn that sometimes our brains need time to find the best answer, that the best answer isn't always the first one that comes to our minds. They discovered that when they answered for someone else, it took away the other person's opportunity to learn, to express his or her answer. They learned this by understanding how they felt when their opportunity to speak was taken away.

The other way they learned this was to become responsible for their behaviour. Each one had a set of bookmarks, in his or her favourite colour of course. One bookmark said: "I am sorry that I _____. Please forgive me." They would fill in the blank with what they had done.

The other bookmark said: "I forgive you for _____." They would repeat what the other child had asked forgiveness for.

Each situation determined which bookmark to use at which time. Everyone, including me, had to mean what they said, or it didn't count. They had to try their best not to do whatever it was again.

This, more than any other thing I tried, restored order and gave everyone a fresh start. How I wish that all of us would be willing to ask for forgiveness and offer it freely to others, whether they have asked for it or not.



Is there someone you would like a fresh start with today? Would forgiving the other person or asking for his or her forgiveness help you have that fresh start?

Every moment, God is willing to give us a fresh start. Just like the children, all we have to say is, "I am sorry that I _____ (fill in the blank) _____. Please forgive me."

The bible says: "If we confess our sins, He (meaning God) is faithful and just to forgive us our sins and to cleanse us from all unrighteousness." (1 John 1:9).

Moment by moment, we can have a fresh start. Is that what you need today? I know I've shared this before, but it seems appropriate to share it again: "The first to apologize is the bravest. The first to forgive is the strongest. The first to forget is the happiest."

There are times when there are multiple blessings to being first. Amen.

Kids, How You Train Your Parents to Nag

No one likes to be nagged, and kids tell me they hate it when their parents do it.

They are surprised when I suggest that perhaps they are the ones who trained their parents in the fine art of nagging. Read the following and see if perhaps you have unwittingly trained your parents to nag you.

The first thing you must do to begin training them to nag is to repeatedly forget basic things that you should be doing at your age. This might include teeth brushing, hair combing, bathing, or doing homework. Never do it until you are told. Three times.

Do things you should not be doing even though you know it annoys your parents. Talking with your mouth full of food tops the list, but you can also consider leaving dishes lying about the house, forgetting to put the milk back in the fridge, walking on the carpet with dirty shoes, and annoying your siblings.

You can further increase your effectiveness as a nag-trainer by telling your parents you will do what they are asking "in a few minutes", or "when my show/game/phone conversation is over." Then don't do it. When they ask again, repeat the previous step. You will have them nagging in no time.

If you are not miserable enough with the nagging you have generated, you can make things even more unpleasant by acting as though there is something wrong with your parents because they nag so much. Make faces and roll your eyes when they ask you to help out. Add a big sigh for effect.

Of course, you can see where this all is leading. It is the way to create stress, turmoil, and unhappiness in the home. Conflict increases, fun decreases, and relationships suffer. It is all so unnecessary.

Life could be so much better, and nagging would virtually stop, if you would take a few simple steps. Do the things you are supposed to do before you are reminded. If asked to do something, do it right away. Then you can go back to what you were doing without being interrupted with reminders. Do a good job. And sometimes do something that is not your job, without being asked, just because it needs doing.

You can see now that if you follow those simple steps, your parents would have nothing to nag about! It really is that simple. Look, you hate being nagged, and believe it or not, your parents hate having to nag!

If you were in school and your teacher asked you to do something, or to stop doing something, most of you would cooperate right away. Shouldn't you treat your parents the same or better than you treat your teacher?

Think of all the things your parents do for you. Taking responsibility for acting your best at home shows love and respect for them. Give it a try.

Gwen Randall-Young is an author and award-winning psychologist. For permission to reprint this article, or to obtain books, CDs or MP3s, visit www.gwen.ca. Follow Gwen on Facebook for inspiration. Gwen Randall-Young Psychological Services Ltd. |

Ask a Therapist:
On Shame-Based Goals

Q: At the beginning of the year I often feel like I SHOULD have some resolutions to be healthier in some way but, even if I start to make changes, I find those thoughts are not enough to motivate me to keep taking action and sustain a change in my life - why might that be?

A: It sounds like shame might be the motivation behind your goal setting. When we hear a voice inside our head that says we need to do better or that we aren't enough, we tend to feel like we have to change because we are disappointed or even disgusted with ourselves. When we feel shame we want to do whatever it takes to get away from those yucky feelings of inadequacy and judgment. Sadly, that gross feeling becomes the motivation to change but it's not a helpful motivation at all. The challenge is that a shame-based motivation is only sustained if we stay consistently in the space of feeling like a terrible person who is unworthy of love and that is not a space that we will naturally want to stay in for very long.

People with shame-based goals often see a cyclical nature to their attempts to change where they do well for a while but then relapse back into the same patterns. That relapse in behaviour builds up the feelings of shame again and will lead to another burst of motivation to change and so the cycle starts again. Perhaps the most prevalent example of this is the way that diet culture is designed to activate shame and put people into perpetual cycles of yo-yo dieting so that they will continue to purchase the next diet plan to try to fix what is broken - according to what they have been told about body image and health, anyway. Shame-based goals are designed to keep you in your shame, to keep you stuck.

They are designed and destined to fail because they are rooted in activating our crisis response to "run away" from the shame (that feels like a threat or predator). When you double-down on shame-based goals it will only lead to hopelessness. If you have thought to yourself, "I'm never going to get this right" or "it's impossible to change" or "I might as well give up", you are likely operating from shame which is not going to be healthy for you in the long term. Essentially, you are relying on a mood that is often perpetuated by negative self-talk or self loathing to activate your behaviour - and moods always shift and change.

Shame is a complex thing to understand and it can be helpful to talk to a therapist about how shame is a factor in your mental, emotional, and relational wellbeing so that you can devise some solutions to overcome its grip on your life. Ultimately, shame is a mood, inspired by an environment, that is held up by core beliefs and insecurities. It can be hard to determine exactly why shame comes up for you, specifically, without some exploration of the topic with a trusted professional. To get started in your exploration of shame, you may want to look into Brene Brown's work and research around this topic as described in her TED talks, podcasts, and books.

Recently, I have been studying the importance of dream-based goals rooted in psychological research and explained so well by Matthias J. Barker (an excellent psychotherapist to follow on social media). Unlike shame-based goals, dream-based goals are rooted in values and connect deeply to meaning and that solid foundation becomes the motivation for real, sustainable change. In the next column, I will attempt to outline the key components of dream-based goals so that you can move away from shame into freedom and success in the areas of your life that are keeping you down. Stay tuned!

Covey Wellness Centre is a local spot for all your mental health and wellness needs. We are a team of multi-disciplinary psychotherapists working out of our beautiful and serene space at B-12 Stone Street. Our wellness bookshop - which smells and feels like a spa - is open to the public every day except Sunday. Please visit CoveyWellnessCentre.com and submit the form on our Contact page to book an appointment or to inquire about our products and services or drop by for a visit! Follow us on social media @coveywellnesscentre and download and follow at Eventbrite for the latest updates and event tickets! We can't wait to welcome you to CWC!

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RVH to Add Third MRI to Medical Imaging



Photo above: Dr. Raj Grover (left), RVH Medical Director of Medical Imaging, is seen in a magnetic resonance imaging (MRI) room, one of two currently in operation at RVH. The newly announced, third MRI is expected to be operational within 24 months

Royal Victoria Regional Health Centre (RVH) will add a third magnetic resonance imaging (MRI) machine, thanks to operational funding from the provincial government.

Doug Downey, MPP for Barrie—Springwater—Oro-Medonte, along with Barrie—Innisfil MPP Andrea Khanjin, announced today the Ontario government is providing an additional \$800,000 in annual operational funding, enabling RVH to run a third, much-needed MRI.

“RVH, along with our partner hospitals in Midland, Collingwood, and Muskoka, are among 27 hospitals in Ontario to have received operational funding for an MRI. This commitment to further supporting healthcare in our region ensures patients across Simcoe Muskoka have enhanced access to diagnostic imaging and will relieve pressure on the healthcare system as a whole,” says Gail Hunt, RVH president and CEO.

RVH provides 70 per cent of the total MRI scans in the region. There are currently more than 7,300 people on the wait list – 470 of them are cancer-related patients.

“This funding will help hospitals, like RVH, address the backlog of patients requiring imaging services that accumulated during the pandemic,” says Doug Downey, MPP for Barrie – Springwater – Oro-Medonte. “Having accessible state-of-the-art

healthcare in our community is of vital importance to residents. This funding will also ensure patients can be seen in a timely manner to help best serve their medical needs.”

“Having healthcare services close to home is a game changer,” says Andrea Khanjin, MPP for Barrie-Innisfil. “Having more diagnostic scan capacity at RVH means that we can save patients and their family’s precious time. They can get the scans they need locally, spending less time on the road and more time with their loved ones. This will bring peace of mind and better health outcomes for the people in our community.”

The new MRI machine will be purchased through funds raised by RVH Foundation and it is hoped it will be onsite and operational within the next 24 months.

“Our region will continue to experience rapid population growth over the next decade, putting additional strain on our current resources,” says Dr. Raj Grover, RVH Medical Director of Medical Imaging. “To-day’s announcement is exactly what the doctor ordered. A third MRI will allow our Medical Imaging Department to expand services, reduce wait times, and provide optimal timely patient care for the most complex and urgent cases for patients now, and in the future.”



Photo above: left to right) Dr. Raj Grover, Medical Director, Medical Imaging; Andrea Khanjin, Barrie—Innisfil MPP; Doug Downey, MPP for Barrie—Springwater—Oro-Medonte; Doug Frost, RVH Board Chair, Gail Hunt, RVH president and Chief Executive Officer and Dr. Drew Schemmer, RVH Chief of Medical Imaging

HEY DADS! by Jason Weening

Now that the Christmas season is “wrapped” up are you playing some of those board games you got your kids...with your kids? Around our house there is a lot of competition happening throughout the Christmas break into the new year. It’s a tough time for a dad. You need to decide whether you absolutely smoke your kids in all the board games or if you listen to your wife and just have fun playing even if you lose. As if that was even possible.

Don’t you think the board game world has really turned it up a notch since we were kids? Being born in 1981, I remember growing up in the nineties, watching the Jays win a couple World Series and playing a lot of Monopoly. A LOT of Monopoly. Those games would last for days. My siblings and I would leave our games lying around the house

unfinished so we could continue them when we got home from school. Unfortunately, my younger sister Robin no longer wants to play board games with me. It may stem from traumatic childhood memories around that Monopoly board. I’ve heard rumors of a friend of mine who made his kids cry when they were playing Monopoly but, that couldn’t be true...or could it? Yet I hardly see Monopoly anymore. Today’s games are much more complex.

I just got back from my brother’s house in Bracebridge where I really tried to conquer my kids and my nephews but lost miserably. The competition was really heating up. We were playing Wingspan, a relatively new game that my older bird-watching kids really like and I highly recommend. Each player needs to collect eggs, food, and well-designed bird cards to accumulate points. I’d call it a more complex version of Settlers of Catan, another popular favourite of ours. The 8 - 12 year-old kids can play Settlers and if I roll the dice right I can sometimes

walk away with a point in the win column...and sometimes not.

My 9 and 11-year-old boys really like the game, Risk. This world-conquering game can sometimes conquer a whole weekend if the teams are evenly matched. Sometimes the younger kids help because each player has to roll the dice about a thousand times before the game is done. Be prepared to invest some time if you break out the Risk board.

Some friends out west introduced us to another game we really like called Splendor. You gather coloured jewel coins which you can use to buy cards. There’s even an Avengers version for you Marvel fans out there. A great play for pre-teens and teens but you dads need to realize that the chance of losing this one is really high if you use the wrong strategy.

We like board games instead of video games for so many reasons. I tell my kids that video games rot your teeth and rot your mind. The truth of that statement about video games is suspect, but I do know that truthfully, most board games won’t rot your teeth. Except maybe for Candyland but I don’t go near that one. At the end of the day, dads, let’s invest some real-world facetime across the board from our kids. They can learn all about self-control and sportsmanship from us. Or the lack of those traits. Either way, someone will learn something. Time flies! Make every moment count!

Jason Weening loses board games to his nine kids and one winner of a wife. To find out about more of his losses check out his new Youtube show at heydads.ca.

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MP Shipley Encourages You to Participate in Valentines for Vets

Every year, Veterans Affairs Canada invites Canadians to thank our veterans by submitting handmade Valentine’s Day cards that are then distributed to veterans in long-term care facilities across Canada. The Valentines for Vets program reminds our veterans that they are not forgotten and provides Canadians an opportunity to thank them for their service and the sacrifices they made for our freedoms.

This would be a fantastic educational opportunity for Canadians of all ages and a great art project that can be completed in the classroom or at home. While the veterans who receive the valentines may not meet the Canadians who made them, they are truly appreciative and cherish the messages.

Send your completed valentines by February 1st to:

Valentines for Vets
Veterans Affairs Canada
Commemoration, Distribution Unit
125 Maple Hills Avenue
Charlottetown, PE C1C 0B6

Any valentines received after the deadline will be kept for distribution the following year.

For guidelines, message ideas, and additional information, you can visit the Valentines for Vets webpage at: <https://www.veterans.gc.ca/eng/remembrance/classroom/valentines-for-veterans>

As always, if you or your family have concerns with any federal matters, please contact me at 705-728-2596 or doug.shipley@parl.gc.ca.

Sincerely,
Doug Shipley, MP
Barrie—Springwater—Oro-Medonte

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Local Real Estate Brokerage Invests in Community’s Health



Photo above: Agents from Re/Max Right Move pose with their donation to the Soldiers’ Memorial Hospital Foundation.

RE/MAX Right Move is making a difference by improving surgical, emergency & critical care at Orillia Soldiers’ Memorial Hospital.

The outstanding team of community-based Realtors at RE/MAX Right Move brokerage has invested \$12,650 in equipment for Orillia Soldiers’ Memorial Hospital. With this donation, the Hospital will purchase C02 Monitors for their surgical department.

“C02 Monitors are a real-time indication of how well a patient is ventilating during surgery and are critical to ensuring patient safety during surgical procedures”, said Dr. Lindsay Alston, Chief of Staff at Orillia Soldiers’ Memorial Hospital.

The monitors are used in the Orillia Soldiers’ Memorial Hospital Operating Rooms for scheduled and emergency surgeries.

C02 Monitors track the levels of carbon dioxide between a patient’s exhaled breath and the anesthesia administration devices. C02 Monitor’s also help to detect and prevent hypoxia, low levels of oxygen in body tissue, during surgeries.

“These monitors will allow our surgical staff to focus on the task at hand and ensure patient safety during procedures”, Dr. Alston said. “This investment by Re/Max [Right Move] helps us provide safe, effective healthcare to our region.”

Applications Open for City of Barrie’s Arts & Culture Investment Program

The City of Barrie is now accepting applications for the Arts & Culture Investment Program. This program strengthens Barrie’s arts and culture community through strategic investments in the work of not-for-profit arts and culture organizations.

The deadline to apply is Wednesday, February 15 at 11:59 p.m.

Through the investment, the program provides Barrie residents and visitors with the opportunity to enjoy and actively participate in more arts and cultural activities while:

- strengthening the relevance, responsiveness, effectiveness and resilience of Barrie’s arts and culture sector,
- supporting capacity building by arts organizations,
- developing Barrie’s identity as an arts-friendly city, and
- enhancing Barrie’s social, economic and cultural prosperity.

“The City of Barrie welcomes and encourages diversity of cultural and artistic expression and practice,” commented Stephannie Schlichter, Director of the Economic & Creative Development Department at the City of Barrie. “We look forward to supporting artists and creative organizations through the Arts & Culture Investment Program in 2023.”

The City of Barrie will be hosting an information session for interested applicants on Monday, January 9 at 6:00 p.m. at the downtown Barrie Public Library (60 Worsley Street).

To find out if you’re eligible, review program guidelines, and to download an application, visit barrie.ca/ACIP.

Re/Max Right Move chose to give to Orillia Soldiers’ Memorial Hospital to support regional healthcare and make a tangible impact within the community.

“We’re a community-focused brokerage,” said Daniel Stoutt, a Broker at Re/Max Right Move. “Investing in the Hospital is a way for us to invest in the health of our community.”

Orillia Soldiers’ Memorial Hospital relies on gifts from the community to help purchase essential equipment, like C02 Monitors, and provide excellent healthcare services.

Donations to Soldiers’ Memorial Hospital Foundation can be made in person at 146 Mississauga street West, by calling 705-325-6464, or online through the Soldiers’ Foundation’s website.

About Orillia Soldiers' Memorial Hospital Foundation

The Soldiers’ Foundation is a proud partner of Soldiers' Memorial Hospital and the communities it serves. The Foundation fundraises to purchase medical equipment, sustain programs and assist the Hospital in maintaining its position as a leader in providing quality community-based healthcare. Our office is located at 146 Mississauga St. West, Orillia, Ontario, L3V 3B3 and open from 9:00 am to 4:00 pm Monday-Friday.

City Wraps More Utility Cabinets With Artwork to Deter Graffiti

The City of Barrie has wrapped five more utility cabinets with local art and historical images. Three of the utility cabinets include artwork by local artists and two are supported by the City’s Heritage Committee. These installations are part of the City’s Graffiti Abatement Program which uses a combination of removal, enforcement, educational initiatives, and beautification to reduce graffiti in Barrie.

The public art wraps were designed by the following local artists:

- Andrea Cook, whose artwork can be found at the southeast corner of Bayfield Street and Grove Street
- Angela Aujla, whose artwork can be found at the southwest corner of Bayfield Street and Wellington Street
- Ashley Gringhuis, whose artwork can be found at the northwest corner of St. Vincent Street and Grove Street

The heritage wraps include historical photos gathered by the Heritage Committee and provided



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www.springwaterlibrary.on.ca
information, branch updates and our virtual programs. Programs and Videos on Facebook and YouTube (search Springwater Library)



Cricut T-shirt Program

Starting in 2023, we will offer a monthly Cricut project that customers can book a time to use the machine. January’s project is to make your own custom T-shirt just like the Langman family pictured above with their personal logo and maple syrup jars! One T-shirt per booking (sizes available are Youth Large to Adult XL). Cost \$2. Midhurst Branch: Tuesdays 10:30am-2pm, Wednesdays 1pm-4pm, Thursdays 4pm-6pm or Elmvale Branch: Tuesday/Thursday evenings 4pm-6pm. Registration required.

Creative Adults

Learn to sculpt a clay replica of the mid-century modern Eames House Bird. Suggested donation: \$10. Monday January 23 at Elmvale Branch, 2pm-4pm. Registration required.

Intro to Cricut Paper and Vinyl Class

Ages 13+ let your imagination soar and sign up for a class to learn about the amazing Cricut machine you can use in the library! Cost \$5. Intro to Cricut – Vinyl on Thursday January 19, 6pm at Elmvale Branch and Intro to Cricut - Paper Tuesday January 31, 6pm at Midhurst Branch

PA Day Dino Program

On the school PA day come to the library and listen to a fun dino story, create your own fossils, hatch your own dinosaur and see if you can hunt down some missing dino bones. Cost \$3. Friday January 27, 10:30am-11:30am at Elmvale and Midhurst Branches. Registration required.

STEM Program

Ages 7+ sign up with a friend, come as a team and see if you can work together to complete several STEM (Science, Technology, Engineering and Math) challenges. Thursday February 9, 5:30pm at Midhurst Branch. Cost: Free. Registration required.

Minesing Minefest

Swampy is back again and so is the library bookmark contest! Minesing library will be open at 9am and ready with some easy crafts for you to try. Saturday February 11, Minesing Branch 9am.

courtesy of the Simcoe County Archives and the Barrie Historical Archive. They can be found at the following locations:

- Northeast corner of Burton Avenue and Bayview Drive
- Northwest corner of Burton Avenue and Milburn Street

The City of Barre has wrapped 10 utility cabinets since the inception of the Graffiti Abatement Program. For more information about the program, including photos of the newly wrapped utility boxes, visit barrie.ca/graffiti.



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Under The Glass

Under the glass is a column by Mr. David Kai a well versed knowledgeable industry pundit in collector and investment grade markets. With over 45 years of actual industry experience, his columns provide insight and as he says, "He hopes to provide rationality evaluating to asset class based investment decisions." A published author nationally and a well known TV and radio commentator on investments and asset classes, Mr. Kai, tries to provide insight to move away from the hype towards rational behaviour.

Currently he is a senior advisor to various corporations active in the auction, estate, investment grade acquisition and management of collections, with a special interest advising on emerging activity oriented and advocacy oriented groups on investing in investment grade asset classes.

The Pickers Dilemma

What is a picker? If you watch various tv shows, you will have seen some very famous tv versions of the resell goods acquisitor business, that of being a picker.

Pickers are the ones who show up and go through piles or collections, garages or basements ,attics , sheds of stuff.

The picker then offers to the potential seller, seemingly ridiculous amounts of money for junk, near junk or less that desirable stuff [I was going to throw it out but they gave me 200\$ for it! Wow!]

Pickers often are the only people willing to step up to the plate and offer to buy your good stuff, great stuff, and most importantly, your magnificent stuff?

Ask yourself why? Well, they know a buyer...

In the used goods games, the higher the value of an item ,the greater the difficulty of finding the right buyer to sell to.

This is the "Pickers Dilemma", The Picker after identifying an item ,needs to know who wants to or would be willing to buy this item ,who understands what this item this is, who is willing to invest in this item .

As stated before, the rarer or more valuable the item, the greater the difficulty of matching a buyer to their purchase.

Be clear, a Picker usually does not have a retail facility (though some do as seen on various tv shows) but most Pickers have key supply channels they feed.

Often these places are stores such as VMLC VendorMarket Liquidation centers, which has a stable of local and regional Pickers out in the woods, beating the bushes, trying to identify things that the clients Of Vendor Market (VMLC) want.

The amateur Picker has an even greater conundrum. They have a skill usually in birdddogging and finding, but that skill fails them in the ability to sell or retail their finds.

Companies such as Vendor Market Liquidation centers VMLC, are always looking for new Pickers to join our ranks, help us find and provide unique rare and fanciful items for our clients.

Are you an amateur Picker? Are you a seasoned Picker?

VMLC is looking for new Pickers this spring. Together we can help you monetize your finds and turn them into cash.

How? VMLC has multiple streams and points of distribution. These include retail stores, online social media, online Auctions and live auctions, Scheduled events and clubs and avocation groups.

If you want to learn more about becoming a VMLC picker ,call us or drop in ,we are here to help you grow your business.

We offer at 1285 Bayfield St N Midhurst; Collectibles, Memorabilia, Investment grade collectibles. Ephermia vintage, kitsch, cool, historic Books collector, investment, first edition Sports cards, memorabilia, Vinyl records and memorabilia DVD VHS CD cassette tapes, Electronics vintage, new, peripherals, vintage stereo equipment, speakers, Collector motorcycles,equipment, gear Furniture all rooms, new, used Coins, jewelry, gold, silver, New clothing,Vintage clothing, Stamps, postage vintage. Department store new returns clothing, foot ware, games, toys, Tools small, large, Equipment, Architectural salvage Signs original, reproduction, vintage industrial artwork, Toys vintage, new Artwork sculptures, Paintings originals, Household appliances, tools, Kitchen appliances, Movie memorabilia, Office furniture, equipment, and Lighting. We buy all the above VMLC.ca

Call Brian or David 705-220-2433 or email vendormarket@gmail.com

Update From Doug Downey MPP



Ontario Government Funding Operation of Third MRI at the Royal Victoria Regional Care Centre

The Government of Ontario is funding the operation of a third magnetic resonance imaging (MRI) machine at the Royal Victoria Regional Care Centre (RVH). Recently, MPP Doug Downey and MPP Andrea Khanjin made the announcement of the funding in partnership with Gail Hunt, the new President and CEO at the RVH. Currently the RVH operates two MRI mac hines, both of which are funded through the Ministry of Health.

The province of Ontario is providing over \$6 million to support operational funding hours for up to 27 new MRI machines in hospitals, including 13 hospitals that currently do not have an MRI machine. This funding builds off the previously announced \$30 million investment into base MRI funding and will be annualized to over \$21.6 million in 2023-24.

Supporting increased MRI operating capacity in

Otnario will help reduce wait times and increase access for patients needing an MRI. In addition, this investment will provide better and more equitable access for patients living in small and rural communities and allow them to receive necessary and critical diagnostic imaging closer to home.

Magnetic Resonance Imaging is a non-invasive medical imaging techniques that uses magnetic fields and radio waves to take detailed pictures of organs and tissues in the body. MRIs are used to diagnose may health problems, including brain injuries, heart disease and various tumors and cancers.

As part of its Plan to Stay Open: Health System Stability and Recovery, the government is adding more than 150,000 one-time additional operating hours in 2022-23 for hospital-based MRI and CT machines, ensuring better and more equitable access to diagnostic imaging services.

The Ontario government is investing over \$300 million in 2022-23 as part of the province's surgical recovery strategy, bringing the total investment to approximately \$880 million over the last three fiscal years.

Before the third MRI at the RVH can become operational, the unit must be purchased by the hospital. For anyone wishing to participate in the RVH's fundraising campaign, please visit www.keeplifewild.ca. For more information about the provinces Plan to Stay Open, please visit www.ontario.ca

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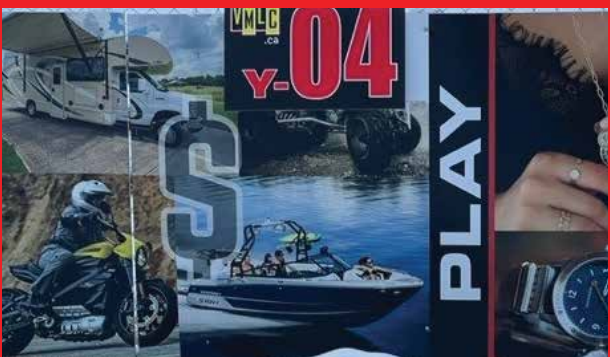
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Two years into the War of 1812, in January 1814, a band of workmen left Kingston for the Willow Creek Depot site intent on preparing the ground for the arrival of about 300 men a month later. It was an arduous 400 kilometre trek in severe winter weather conditions made with tons of supplies, oxen, sleighs and perhaps other animals. Giant white pines were felled, block houses and cabins went up, about 30 batteaux were built as well as a corduroy road constructed through the Minesing Swamp that joined the Willow Creek Depot to the Willow Creek Landing.



Photo above: of the Historic Fort Willow)

The Willow Creek Depot located at Grenfel Rd & Portage Trail in Springwater Township was most active in the years of 1814 and 1815. Thereafter, the population dwindled as workers and soldiers changed locations. By 1835, the Depot was not only deserted but also burned down to the ground.

On February 7, 2022 at the end of a stroll through the Historic Fort Willow (aka the Willow Creek Depot) and area, Harold Parker, a long time resident of Minesing made an off the cuff announcement to me while we were in the parking lot. He said, “Did you know about the 12 soldiers’ graves?”. Most intrigued by his statement, I asked him, “Where?”. Harold motioned behind him to indicate, ‘somewhere in that direction’. His comment launched my pursuit of the truth.



Photo above: Dieter and Harold Parker at The Historic Fort Willow on February 7, 2022

Conditions for the approximately 320 men during their march from Kingston and subsequently at the site of the Depot were brutal and harsh. It is no wonder that 12 of them died, not as a result of combat but due to cold, disease, infection, accident and other lesser causes.

On a bitter cold winter’s day in late February 2022, I met with a few members of the Friends of the Historic Fort Willow. I asked them the same question that Harold Parker had posed to me. One man responded in a positive way saying that the North Simcoe Railway construction crew chanced upon the 12 graves in 1878, exhumed them, built new coffin boxes and reburied them, “Up on the hill . . . somewhere.” Next, I enquired of long time residents along Grenfel Road and Portage Trail. Two of them said that they’d heard of the rumour.

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Keeper of the Coffin Nail

Photo below: Friends of The Historic Fort Willow with Dieter on February 27, 2022)



Four month later while researching the rumour, I came across documents written by a Captain Dallison stationed in 1967 at CFB Base Borden. During that year's summer, a unit from Base Borden constructed a block house on the site of Fort Willow to commemorate Canada’s Centennial year. The story was featured in The Barrie Examiner.

(Picture of The Barrie Examiner story “Fort Willow Project Completed by Soldiers”, August 26, 1967)

Soon after The Barrie Examiner story appeared in print, Dallison received a phone call from an 81 year old Charles McNiven claiming he had stories of various types concerning Fort Willow. As Dallison was a history buff writing book about the War of 1812, he interviewed McNiven recording the following notes about the 12 soldiers’ graves;

Graves

He and a friend (Ed Shear - teacher in Allandale) went looking for the graves in 1904. They found 12 graves in a straight line. They dug into one until they came to decayed wood. As proof he gave me one nail.

Were these men credible? McNiven became a conductor on the CNR, the company that bought the GTR which ran the North Simcoe Railway while Ed

Shear was a renowned Barrie educator working for decades as the Principal of King Edward School. Shear Park in Barrie is named for him. The highly educated Captain Dallison served in the Canadian Army for 34 years obtaining the rank of Lieutenant-Colonel. These men were very credible.

Using the documents authored by Captain Dallison and knowing the area of Fort Willow intimately I was able to identify the most probable site of the graves. To test this, others were asked to attempt the same. Each time, they pointed in the correct direction.

After 64 years in the ground (1814-1878), the pine boxes would have rotted away leaving only disarticulated bones along with anything metallic and tanned leather items. Thus, the 12 reburial boxes would have been small - say 2 feet x 1 foot x 1 foot, placed in a shallow rectangular pit of about 12+ feet long, 3 feet wide and 3 feet deep. Shallow is far more likely as the construction crew was in a hurry and McNiven & Shear were able to easily dig into them. In 1904, after 26 years of presence on the spot, there must have been some remains of grave markers, otherwise the two men might not have found the graves.

I called Captain Dallison in June 2022. No one was home. Another attempt was made a week later. Again, no one answered. Then one week from that date, I received a call from Dallison. The gist of his conversation with me was; “I heard both of your messages, and your comments about the 12 soldiers’ graves. This news sent me to check the tool box in the garage. Surprise . . . I still have the coffin nail and you know what? I’m going to send it to you.”

Was the rumour of the 12 Soldiers’ Graves just a rumour or was it true? The documentation, the coffin nail and the probable reburial site all say that it’s true.

The nail arrived at the end of June. While the machine-made square headed nail is a typical carpenter’s nail from the period of 1878, Captain Dallison referred to it as a ‘coffin nail’ because ‘it’s a nail that came from a coffin’. The 145 year-old nail was first used by a carpenter in 1878, retrieved by McNiven in 1904, given to Captain Dallison in 1967 and finally passed on to me in 2022. What a journey.



Photo above: Dieter Mueller at the most probable site of the 12 soldiers’ graves

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Now I'm the "Keeper of the Coffin Nail"



Photo above: Dieter Mueller, of Barrie ON, holding the coffin nail, June 24, 2022 Dieter Mueller
About Dieter K.H. Mueller BA, CPIM, CPP

Born and raised in post war Germany, he emigrated to Canada with his parents in 1959. While his post high school education and career were in business, he maintained a lifelong interest in history, geography and nature. Dieter led the successful "Hunt for the Lost Case of Whisky" in 2021 and also discovered unique, one of a kind "Tufa Rocks" found 'growing' in a Creek near Barrie. Retired long ago, he lives in Barrie with Beverley, his high school sweetheart and their dog Ebony.

Dieter can be contacted at: dieter.mueller4907@gmail.com

The Barrie Examiner story

"Fort Willow Project Completed by Soldiers", August 26, 1967

Soldiers from the Combat Arms School at Base Borden, have finished work on reconstruction of the powder magazine at Fort Willow – a job they undertook early this summer as a centennial project.

Capt. Bob Dallison, in charge of the reconstruction, said at the time, the men wanted to do something of a "military and historic nature."

The magazine is a replica of the original powder house which formed a part of Willow Creek Depot, constructed by the British during the war of 1812 to supply the western out posts.

The work was done by eight soldiers under the supervision of Capt. Mel Cranfield of the pioneer Wing at Base Borden.

Part of the pioneer training is building log structures, so the project could be classed as part of their work.

Details of construction for the size and style of the building were obtained from Dr. Wilfrid Jury of the University of Western Ontario who excavated the site originally.

Dr. Jury has done much archeological work in Huronia and is particularly known for his excavation

of Ste. Marie I at Midland and supervision of a replica of the original mission.

Logs for reconstruction of the magazine were cut at Base Borden and the lumber was purchased from a local mill. To make sure the building will last until Canada's second centennial, it is footed on concrete, rather than the pioneer practise of placing large stones at the four corners of the building.

Eight structures were found on the side by Dr. Jury. Until work on the project was started in June, only half the original palisade had been rebuilt.

The nine-acres site, owned by the Barrie Chamber of Commerce, is located on lot 14, concession 11, on the north side of highway 90, about 12 miles by car from Barrie.

An official dedication of the building is expected in the near future. A plaque will be erected at the site by Ontario Department of Tourism and Information.

Peter Head of the Tourist Information Centre on highway 400 at Barrie has promised signs to mark the way to the site from the Ontario Government.

My Father Has A Hat

Photo to left: "Coming over by ship to Canada in 1959, I knew no English. My mother was practicing the language from a record player. The first English sentence I picked up from the record was, 'My father has a hat'. Recently, Tilley's Endurables replaced my worn out hat. Now I'm the father with the (new) hat!" stated Dieter Mueller



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HIDDEN GEMS: Wasaga Beach Provincial Park is More Than Beaches



From beach 1-6. There are a number of gorgeous trails that wind their way through a variety of landscapes that range from easy to intermediate. The winter is a wonderful time to explore these trails via hiking, snowshoeing or cross country skiing.

The Monument Hill Trail is considered an easy trail and is 8.7 km long. It takes approximately 2 hours and 9 minutes to complete this trail if walking at a steady pace. This is an excellent trail for bird watching as it goes through an older growth forested area. A highlight of this trail is the waterfall.

The Ganaraska Trail is an out and back trail that takes approximately 1 hour and 19 minutes to complete. It is 4.7 km in length. This trail offers a nice variety of landscapes as it goes through a forest and fields that skirt the Nottawasaga River. The presence of a water source ensures wildlife is never far away.

The Veteran's Way Loop is an easy 2.1 km trail that can easily be completed in 35 minutes. This trail goes through the forest and is very popular with mountain bikers. Those owning the latest "built for winter" cycling bikes will be sure to enjoy this route.

Pine Trail is also another easy hike. It is 7.1 km and takes 1 hour and 50 minutes to complete. This trail is popular with the cross country skiing set and offers amazing views as well as the solitude of a heavily wooded area.

The Turquoise Loop is 4.8 km. in length and will take 1 hour and 19 minutes to complete. It is also considered an easy hike. This trail also offers the quietness of the forest with some spectacular views thrown in for good measure.

For more of a challenge, the Wasaga Beach East Outer Loop will not disappoint. Designated as a moderate route it is 10.6 km in length and should take 2 hours and 55 minutes to hike. There are a few short but steep hills on this route so perhaps wear crampons. There are also some sandy parts to contend with as well as forested areas and open fields.



Another moderate trail is The Water Agency Loop. It is only 4.0 km. in length and can easily be done in 1 hour and 5 minutes but has more twists and turns and inclines than the others. This trail circles the clean water facility as well as a little racetrack (now abandoned) before diving back into the woods.

All trails offer an escape from town life and an opportunity to connect with nature during these wintry months. Dogs are very welcome but must be leashed.

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MINESING MOMENTS

by Lorrie Norwood

A few weeks into the New Year and the snow that we were supposed to get in our little community over Christmas just didn't happen. It accumulated all around Minesing, but here in our village, we just had a whole lot of wind. I'm sure all of the skiers, snowshoers and snowmobilers are not too happy about it. Mild weather seems to be approaching again during the third week of January, so hopefully we get some cold weather in order for the ski resorts to make some snow!

Announcement: Please join Dorothy Dunn in celebrating her 90th Birthday. Open House Saturday January 28th, 2023 from 1:00 p.m. to 3:00 p.m. at the Anten Mills Community Centre located at 3985 Horseshoe Valley Road. Best Wishes Only please.

Minesing Mini-Fest News
The Community Recreation Committee has started planning this year's festivities for Mini-Fest. The theme for this year is Retro Sitcoms (TV Shows). Events begin on Friday February 10th and continue on Saturday February 11th. There will be bowling and euchre on the Friday night. Saturday starts off with the Pancake Breakfast followed by the parade. There will be Citizen and Youth of the Year, kids activities, colouring and bookmark contest and the popular Chili Cook-Off. There will also be an adult dance on Saturday evening. Watch for more details on the Minesing Community Facebook Page or in the next issue of the Springwater News – Minesing Moments.

Out Door Ice Rink – This year has been a tough year to start the outdoor rink due to the mild weather. At the time of writing this, we just haven't had the cold weather to create a base. Once we have a few days and nights of nice cold weather, I'm sure the amazing volunteers of our village will be out working on creating this year's ice surface. I know it has been a rare season that no rink has been created but Mother Nature works in mysterious ways sometimes. The Anten Mills outdoor rink is also not started this year and it has been many, many years since there was no ice there. Here's hoping things freeze up soon for our neighbouring communities so they too can enjoy the outdoor winter activity.
Until next time...Look for something positive in every day, even if some days you have to look a little harder.

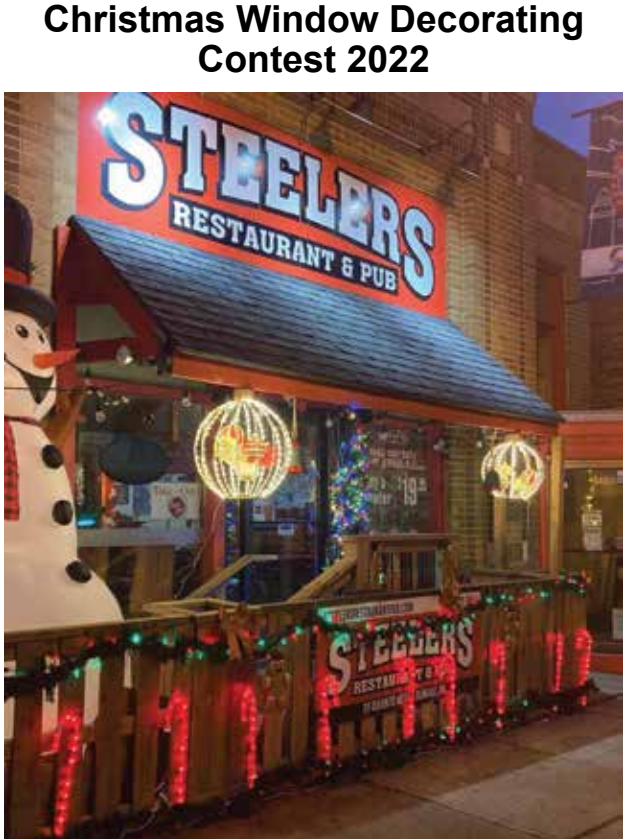
PHELPSTON HAPPENINGS

by Taylor Shewell

Phelpston Snow Pitch Tournament (or No-Snow pitch tournament) run by Phelpston CRA.
Saturday, February 4th
6 teams @ \$200/team.
\$100 deposit required to secure your teams spot.
Lunch provided.
Bring anything you can carry out on the field as a glove. It's a 45 minute time limit per game. This has been done twice in the past and was a lot of fun for all who participated.

This will run even if there is no snow.
Contact Taylor Kelly for more information or to register at tkelly@kellyinc.org or 705-241-9743.
The next CRA meeting will be Thursday February 2nd at 7 pm at the rink building. New volunteers welcome and needed.

Photo below: Snow Pitch Jan 25, 2020
photo source Susan Green, facebook



The 2022 Christmas Window Decorating Contest was a great initiative. Downtown businesses participated in a friendly competition and the main street of Elmvale looked very festive. Follow the Elmvale BIA social media for updates!

Voting took place on Saturday, December 31st.
1st Place Winner - Steelers Restaurant and they won a Quarter page Ad in the Springwater News - Value \$350 - Courtesy of The Springwater News

2nd Place Winner - Natures Solutions/Brace Health Centre and they won a Monstor Adventurer Force Bluetooth Speaker [Waterproof, mic, indoor-outdoor]
Value \$150 - Courtesy of G & S Computer Services

Thank you for the business' that took the time to beautify our village.

Registration for Annual Charlee's Run is Now Open

Registration is now open for the 7th Annual Charlee's Run fundraiser, taking place on Saturday, May 6 at Tudhope Park in Orillia, On.

Charlee's Run is an all-ages 5k or 1k run/walk and features a fun zone with family-friendly activities. Along with the run, attendees can also expect live entertainment, food trucks, and memorial keepsakes.

Charlee's Run is named in honour of Charlee Clare Holmes, who passed away in 2011 only a few hours after birth. Her parents, Dave and Mallory Holmes, started the run as a way to raise awareness and end the silence surrounding pregnancy and infant loss.

"We are humbled to once again bring the community together and be surrounded by a village of people reminding us all that we are not alone", said Mallory Holmes.

Over the past six years, Charlee's Run has raised more than \$425,000 for Orillia Soldiers' Memorial Hospital's Neonatal and Paediatric needs, while also raising awareness for pregnancy and infant loss.

"We started Charlee's Run hoping we would get 50 people out and were blown away when almost 300 people filled the park in the first year," Dave Holmes said. "Every year since, hundreds of people have joined together to show support and remember the little ones who should be here today."

Each year, Charlee's Run receives incredible backing from the community. It has become a safe-space for those who have experienced pregnancy and



Above photo of Dave and Mallory Holmes, Charlee's parents, with three of their children at a previous Charlee's Run event.

infant loss to connect with a network of support. "Charlee's Run wouldn't be the outlet it is without the support of this community and everyone involved", Mallory Holmes said. "The support means everything to our family and to countless other families when they need it most."

Proceeds from Charlee's Run continue to support enhancements to the bereavement cart. is year, Charlee's Run will also be raising money to purchase new Giraffe Warmers for the Neonatal Intensive Care Unit (NICU) at the Orillia Soldiers' Memorial Hospital.

the event and to make a donation, please visit CharleesRun.com. Register before March 17, 2023 to take advantage of special early-bird pricing.

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Jo Knows Nutrition

Parmesan Crusted Tilapia – Baked not Fried

This baked tilapia recipe is perfect for a weeknight supper, but also elegant enough to serve to company. So versatile - tilapia is an economical whitefish that has a very mild taste, making it easy to pair with any type of seasoning. Even picky eaters and those who do not love fish will like tilapia that's smothered in parmesan and crispy breadcrumbs. Add some steamed veggies and brown rice on the side for a nutritious and delicious meal.



INGREDIENTS

4 tilapia fillets or other white fish fillets
2 teaspoons (10 ml) grated lemon peel
Salt and freshly ground black pepper to taste
1 tablespoon (15 ml) olive oil or non-stick cooking spray
2/3 cup (167 ml) panko breadcrumbs
1/3 cup (83 ml) grated parmesan cheese
Extra olive oil or cooking spray to top the breadcrumbs
Lemon Slices to serve

INSTRUCTIONS

1. Preheat the oven to 425 F (218 C).
 2. Grease a baking sheet with olive-oil or coat with a non-stick spray.
 3. Place the fish fillets on the prepared baking sheet.
 4. Mix the panko bread crumbs and the parmesan in a bowl.
 5. Sprinkle the fish fillets with the grated lemon peel and the salt and pepper.
 6. Top the fillets with the panko mixture and lightly drizzle some olive oil over the breadcrumbs or spray with non-stick spray.
 7. Bake until fish is just opaque throughout, 12–15 minutes.
 8. Serve with lemon wedges.
- ENJOY!



Joanne Nijhuis MSc, RD is a consulting, media and culinary dietitian in Simcoe Grey Bruce on a mission to entertain and educate through her love of food. In addition to recipe development and writing for several publications, Joanne offers cooking demos/classes and counselling – in person or online via Zoom Health.

**For more information, email Joanne at jo.knows.nutrition@outlook.com.
www.joknowsnutrition.com
Instagram: [jo_knows_nutrition](https://www.instagram.com/jo_knows_nutrition)**

Did You Know?

Fish is one of the best sources of protein that offers many health benefits. Whitefish, like tilapia, contains a number of vitamins and minerals and the lean fillets are fairly low in calories. When tilapia is sustainably farmed and fully cooked, this fish is safe to eat and easy on the wallet.

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on the time of year. That isn't to say I always know where I am. I just know which direction I need to go. A subtle distinction, but an important one. Before I head out, I always check out a map of the area I am traveling to. I look for the big landmarks like rivers and lakes, as well as any roads. I can keep this visual in my head as I hike, and thus can visualize my route even when I lose the trail.



Of course, there must always be that one time, once in thousands of hikes, that I do get lost and not know my direction. It was a terrifying heart thumping, adrenaline fueled flight or fight reaction. I had chosen a route up north, researching several sites about the difficulty and length. I was planning on a lengthy day hike of 24 km and packed accordingly: 12 km in and 12 km return. As always, I pack for emergencies, with extra food, a tarp, water filter and emergency blanket. I never want to have to use these, but I feel better knowing that in an emergency I am prepared, and I was about to learn a valuable lesson about google searching hiking routes.

It was early fall, so I started out by 0900, estimating an eight-hour day through the Canadian Shield, with a buffer of a few hours to get out before night fall. The weather was beautiful with a warm sun and no bugs. Hiking the Canadian Shield is often a challenge, as the landmarks are few and often people place inuksuk's randomly without understanding that these are used as trail markers. I had been hiking for more than five hours with that map in my head and realized there was no way the trail was only 12 km long. I stopped in a large area of rock and tried to orientate myself. I had no cell signal but estimating the time I had already hiked and the landmarks I had passed, I must have used google sites in miles, not kilometers. There was absolutely no way I could finish the trail before night fall. I decided it was time to head back

Bearbells by Leslie Noonan

and push hard to avoid a night hike. I looked up, then around, and realized I had no idea where the trail was or where it came out onto this rock area. No problem, I will just walk the edge of the rock area until I found it. Round and around I went. The skies where also dark and heavy, giving me no idea where the sun was. I panicked. For the first time I could remember, I was lost. Lost with no cell signal and no help.

Eventually I found the trail, but I was so panicked that I began to run the trail. This panic is a horrible mistake, because this is when you make mistakes that can be deadly. The day light was fading, and on a section of rock covered with wet moss, I fell. My pack kept me from knocking my noggin off the rock, but I did twist my leg and injury my hip. At my age, a fall like this can be devastating. Luckily, I was only bruised. This fall did make me stop my headlong flight and make me take stock of my situation. Spending the night in the backcountry when planned

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ANTEN MILLS by Dennis Gannon

The lack of consistent cold weather has definitely played havoc with any attempts to create a skating rink at the community centre this year. There is a requirement that the nights and days stay consistently below 0 degrees Celsius for a base and ice to be made. Later this week the temperature is forecasted to reach our seasonal norms so no doubt there will be an attempt to create a rink even for a short season this year.

While going through some old community association documents I came across the rink schedule for the 1973 -74 season. It was interesting to note that figure skating held a prominent role on the rink. Figure skating lessons were held on Tuesday and Thursday afternoons and practice was held every other day of the week. That meant that there was absolutely no hockey during those times and not even a hockey stick was to be seen. It was also interesting to note that regular hockey pucks were not permitted to be used. A sponge puck was required and boys are to scrape the rink after every hockey use. Things certainly have changed since then. Obviously there are no figure skating lessons being offered, the rink is used by all at all times with respect and courtesy for all being required. Over the years backstops have been added to the rink to stop flying pucks from being lost in the snow and regular pucks are permitted. Attempts to locate any photos of the figure skaters from years back has been unsuccessful so if anyone has any they could share for the archives and this column they would be appreciated. Watch the Anten Mills Community Facebook page for updates as to when the rink may be in operation.

Going back a number of years toddlers and tots along with their caregivers would meet at the community centre for some social interaction and fun activities. It was also an opportunity for the caregivers to meet with their neighbours and friends. Recently the idea was put forward to the Anten Mills Community Recreation Association if that could happen again. Obviously the idea has great merit and the support was offered. A notice went out on the Facebook page and the response came quickly with additional offers of support and willingness to participate. Starting this Sunday morning from 10 to 11 AM, the Anten Mills “Playgroup in the Village “ will meet at the community centre. Hopefully there is sufficient interest to keep this going until the March break and perhaps longer. In order to ensure that there are sufficient resources available, interested families are asked to let Crystal know about their interest by responding to the Facebook post on the community page.

The Anten Mills CRA is happy to support community engagement and looks forward to seeing

ANTEN MILLS RINK SCHEDULE 1973-1974

SCHOOL DAYS:	8.00 a.m. - 4.00 p.m.	-	OPEN TIME
	4.00 p.m. - 7.00 p.m.	-	PLEASURE SKATING
	7.00 p.m. - 10.00 p.m.	-	HOCKEY WITH SPONGE PUCK

NOTE: On Tuesdays and Thursdays, from 4.30 to 5.30 p.m., Figure Skating lessons will take place. All other days during the week between 4.00 and 5.00 p.m., figure skating practice will take place. This means that NO-ONE should be on the ice with hockey sticks.

SATURDAYS, SUNDAYS AND HOLIDAYS:	8.00 a.m. - 12.00 p.m.	-	HOCKEY WITH SPONGE PUCK
	12.00 p.m. - 3.00 p.m.	-	PLEASURE SKATING
	3.00 p.m. - 7.00 p.m.	-	HOCKEY WITH SPONGE PUCK
	7.00 p.m. - 10.00 p.m.	-	PLEASURE SKATING

N.B. BOYS ARE TO SCRAPE ICE AND REMOVE NETS FROM ICE AFTER HOCKEY.

PLEASE NOTE:

PARENTS ARE ASKED TO ASSIST THE ANTEN MILLS RECREATION COMMITTEE IN HAVING THEIR CHILDREN CO-OPERATE WITH THE ABOVE SCHEDULE SO THAT THEIR CHILD'S PRIVILEGES ARE NOT JEOPARDIZED.

For FIGURE SKATING INFORMATION - Phone LYN BRATTON - 726-9986

For PROBLEMS CONCERNING THE RINK - Phone IVAN SKINNER - 728-1467

(Chairman of the Recreation Committee)

the success of this program and are always willing to work with community members on other initiatives. In February the CRA will hold its Annual General Meeting outlining the upcoming year’s goals and in accordance with the Township of Springwater requirements, an executive for the year. More information will be forthcoming in this column and on Facebook. If interested in learning more please reach out to current volunteers.

Over the next several weeks our Springwater Council will be reviewing the proposed municipal budget as presented by Springwater staff. The budget highlights are available for review on the Township of Springwater website and comments are being received. If you have an interest in how your tax dollars are being spent and the programs and activities they are to support you are encouraged to take the time and look over it and respond directly. Also you are encouraged to contact our Ward 3 council member, Brad Thompson directly with your concerns, suggestions or support. Brad can be reached by email at Brad.Thompson@Springwater.ca.

Over the past several years many have watched the subdivision development along Wilson Drive

and wondered what was happening. At this week’s Council meeting a report was presented with a recommendation “That the Mayor and Clerk be authorized to execute the Subdivision Agreement and M-Plan for the Estates of Anten Mills Subdivision, which is to be registered subject to final clearance of any remaining draft plan conditions”. This report indicates that 41 new lots will be created in Phase 1 of the agreement and that Phase 2 with the additional 35 lots will remain in holding “until such time as a 2-year environmental monitoring program is completed to the satisfaction of the Township and NVCA”. Many have noted the large amount of fill that was brought in and the water runoff that was observed along the rail trail. It should be interesting to see how this all works out and when some homes will be constructed. For details on the report they can be found in the January 18 Council agenda.

Our neighbours in Phelpston with their CRA are holding a Snow (or No Snow) Pitch Tournament on February 4. They are looking for teams to join in the fun. If this is something that you might be interested in then check them out on their Facebook page.

That’s all for this week, Thanks for Reading and Be Well.

Town of Midland Council and CAO David Denault Announce his Early Retirement



Town of Midland Chief Administrative Officer David Denault is leaving the role after accepting an early retirement package, effective January 20, 2023. Mr. Denault leaves after nearly three years with the Town, having joined the Administration just after the start of the pandemic in April 2020.

“David and Council have agreed it is advantageous to announce a new CAO early in this Council’s term as a new strategic roadmap is developed for the next four years.”, said Mayor Bill Gordon. “David is a leader who quickly understood the Town’s needs, our financial pressures, and the challenges we face as a community that provides vital economic and social services for the entire North Simcoe area. He was an advocate for the Town at upper levels of government and our success in securing funding for several community projects during his tenure here is reflective of that commitment.”

“On behalf of Town Council, we thank David for his mentorship, guidance, and dedication to the Town’s residents, and especially for his unwavering leadership during the pandemic. We wish him well in his retirement after a long career as a dedicated public servant.”

Prior to joining the Town, Mr. Denault served as Associate Deputy Minister and CEO of Service Ontario, one of the largest public service organizations in Canada. Before that, he was President of Global Services Canada and Executive Director of Global Operations Strategy with AT&T.

“I’d like to extend my gratitude to everyone in Midland and our surrounding communities who help to serve and assist the residents and businesses in North Simcoe,” said David Denault. “Through a pandemic and with ongoing pressures affecting so many lives we have all responded with a spirit of cooperation that has allowed us to continue to make this Town a very special place with a bright future.”

Mr. Denault looks forward to spending more time with family and friends and seeing his beloved Toronto Maple Leafs host a Stanley Cup Parade in Toronto this year.

“David is known for being a caring and compassionate leader who fostered and encouraged a customer-centric culture across the organization,” said Andy Campbell, Deputy CAO. “He is a great supporter of recognizing the entire Town team and took every opportunity to thank our staff both individually and as an organization for their hard work, for their perseverance during difficult times, and for their dedication to making the Town a better place for the community”.

The Town’s Deputy CAO, Andy Campbell, will step into the role as Interim CAO while Town Council begins their discussions to explore strategic leadership options for the Town.



Karen McDonald

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GO FORWARD



Rosie’s Devotions by
Rosemary Hagedorn

Another Good God Year
Another year has come and gone, and it seems that the older I get, the faster the time seems to fly by. A week is like a day, and a year is like

a month.

When I arose this morning, I looked forward to leisurely taking down all my Christmas decorations, including the tree, and packing them away in their appropriately-labelled plastic containers. By the time I was finished, having vacuumed and had dinner, the time on the clock told me that it was 8:51 p.m.

Where has the time gone to? Things that I wanted to do after clearing away the Christmas decorations will have to be left for tomorrow or another day.

I remember cleaning the entire house in a couple of hours; these days, I need the whole day, and even then, I usually don't get the dusting done!

As we age, we are unable to accomplish the things that we used to do while we were young. So we struggle and try to do what we are able to do. It is on those days that we need to be thankful that God has granted us the gift of another day. It may be a day when we are able to do a little bit more in the Lord's service.



Psalms 118:24 – This is the day which the Lord has made; let us rejoice and be glad in it. (NASB)

Psalms 90:12 – So teach us to number our days, that we may gain a heart of wisdom. (NKJV)

Ephesians 5:15-16 – See then that you walk circumspectly, not as fools but as wise, redeeming the time, because the days are evil. (NKJV)

Prayer: Creator God, You know everything about us. You are with us in our struggles and pain, and You are with us when we have the time to relax our weary bodies. We thank You for granting us the gift of another day. Help us to use it wisely and for Your glory. Amen.

OPP AND OFSC REVEAL SNOWMOBILERS’ GREATEST ENEMY DATE: January 13, 2023



The Ontario Provincial Police (OPP) and its Ontario Federation of Snowmobile Clubs (OFSC) partners are cautioning snowmobilers about the increased risks posed by a milder winter and reminding them of the common sense approach needed to avoid a tragic outcome to their riding season.

The late onset of cold temperatures and lack of snow in many parts of Ontario have set a particularly dangerous stage for snowmobilers, especially those who are considering riding on frozen waterways. Close to 40 per cent of OPP-investigated snowmobile fatalities have occurred on frozen lakes and rivers over the past 10 years. Snowmobilers are therefore urged to avoid all frozen waterways at all times.


The majority of OFSC trails are currently unavailable and snowmobilers need to stay off all OFSC trails except those that are open. Check for trail status updates on the OFSC Interactive Trail Guide when planning your ride.

With speeding, driving too fast for the conditions and alcohol/drug-impairment the leading causes in snowmobile fatalities, snowmobilers are reminded that the conscious choice to include these (and other) risks in their ride - more so than the risks themselves - make snowmobilers their own worst enemy when tragedy strikes.

With Snowmobile Safety Week kicking off across the province this weekend, make every ride a safe one so that you can enjoy the world-class snowmobiling Ontario has to offer and, more importantly, so that you can get home safely to your family.

S	N	E		T	R	O	T		E	D	O
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Vanishing Barns: Remembering the 18th century gentle giants through photos, stories, diaries and genealogy.



Cathy Johnston Walton

Available from Cathy Walton at 705 728-1388 or snow-flake53@mail.com
Ritchie’s Feed or Simcoe County Museum.

Vanishing Barns - Cathy Walton has been researching barns in Flos and Vespra Townships (now Springwater) for the last six years and has published the results in the book “Vanishing Barns”.

If you are interested in a copy, please contact Cathy at 705 728-1388 or snow-flake53@mail.com.

Concession 13, W ½ Lot 1, Vespra Township
4229 Highway 26, Springwater Township

Owners		Built: both built prior to 1895
1966-present	Allan and Laura (Lennox) McNabb	Dimensions: 45 x 70'
1926-1966	Bill (William) and Annie (McNab) McNabb	Material: framing was tamarack
		Water Source: drilled well
1883	Duncan and Agnes (Hume) McNabb	
1883	Duncan McNabb bought SW ¼ from Jonathan Sissons	
1876	Donald McNabb bought N 100 acres from Grove and sold the NW ¼ to Duncan	
1869	John Grove purchased from Crown 200 acres, later sold to Donald McNabb and Jonathan Sissons	

Between 1869 and 1876 lumber was sold to logging firms. It is known the first barn was built before 1895 because the timbers were all hand hewn. The saw mill east of the Edenvale bridge came after 1895. The second barn was on mud sills. They lasted 15-20 years and then the barn was jacked up on a cement foundation. The cement foundation was put up before Bill McNabb could remember it.

The original barn was moved to the middle of the yard. A second barn, also built before 1895, is 45 x 70'. The sleepers between the posts are 23', 23' and 24'. It has an 18 x 24' lean-to. The original threshing machines didn't have enough power to blow the straw outside so straw walkers took the straw out to the straw stack. Straw walkers, pulled by a team, would straddle the straw in the field. They had a greater reach than a hay loader. In later years the straw was blown out the doors to the straw stack.

Bill McNabb used a trailer hitch behind his 1929 Whippet car to haul bagged grain to Stayner. Later a Fordson model T tractor with steel lugs was used to chop grain. Three horse power electric motors, with a chopper on the end, ground grain after the hydro was added in 1945.

Telephone lines and roads were maintained by the landowners. There were six or seven households on the same Minesing line. Bill, Jack, and Doug McNabb, and Mel Culham all took their turn going up the poles and maintaining the wire. Bill used a team and wagon to haul gravel from a pit near Strongville Road and he and neighbours maintained the road.


Concession 13, E ½ Lot 1, Flos Township
4067 Highway 26, Springwater Township

Owners		Built: demolished around 1995
1895	Allan and Laura (Lennox) McNabb	Dimensions: 36' wide
	Doug and Cora (Fralick) McNabb	Features: two rows of 19' sleepers
	Sandy McNabb bought S 50 acres	Material: pine
1870	Walker family lived on the S ½	Water Source: dug well at barn, old tools on a bench in the well house. When the well caved in, the tools fell into the well.
	Donald and Ellen (Gilchrist) and son Sandy McNabb bought 50 acres from the American Lumber Company	



The American Lumber Company had cleared off the pine trees, and boards with no knots were shipped to England. Duncan cleared the mess left behind with a big team of oxen.

Allan McNabb, *A History of Vespra Township* p. 86, 87.



Concession 13, W ½ Lot 1, Vespra Township
4229 Highway 26, Springwater Township



The gangway allows easy access to the threshing floor, mows and granary.



The chicken coop is at the back of the barn and was also used by Annie's great grandson



The earliest barn was moved and became a driving shed. Some of the beams are charred from the fire of 1881. Barn swallows have been nesting here for years.

206

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Simcoe County Rovers FC Announces Appointment of New Executive Advisor

Simcoe County Rovers FC are pleased to announce that Mr. Jamie Massie has joined Simcoe County Rovers as an executive advisor effective December 21, 2022. Mr. Massie is the President, Co-Founder and Co-Owner of Georgian International, where he provides leadership and vision to the company's automotive, aircraft and real estate businesses. Mr. Massie is a true entrepreneur and business visionary, whose contributions have resulted in the creation of many high paying jobs in the Barrie area. Believing in the importance of community and philanthropy, Mr. Massie has been actively involved in sport and fundraising for numerous charities including the Royal Victoria Hospital, Barrie Public Library, McLaren Art Centre, the Lake Simcoe Conservation Foundation, and the Barrie Molson Centre. Joining the Rovers is a continuation of Mr. Massie's generous contributions to the Barrie sport landscape. Massie was responsible for bringing the Barrie Colts, a major junior OHL franchise to Barrie, building a 4,200-seat OHL arena, and has been a long-time supporter of the Barrie Baycats and numerous youth sports programs and facilities in Simcoe County. Jamie Massie's impressive list of awards and acknowledgements include Barrie Businessman of the Year, Canada's Top 40 Under 40 as awarded by Canadian Business Magazine, the Ontario Provincial Police Citation

Award, Queen's Jubilee award for citizenship, his induction into the Barrie Sports Hall of Fame, an honorary degree and fellowship from Georgian College and an Honorary Doctor of Laws from Northwood University. Mr. Massie was one of the driving forces behind the creation of the Canadian Automotive Institute at Georgian College, which he has generously supported for over 25 years. In 2006, he also helped establish the J.C. Massie Automotive Bursary in memory of his late father. Jamie served as Honorary Colonel at CFB Borden from 2010 to 2020 and was instrumental in the establishment of the Borden Legacy Park, which pays tribute to the more than 2 million men and women who have trained at CFB Borden over the last 100 years. Mr. Massie is a graduate of Michigan's Northwood University and recipient of its Outstanding Alumni Achievement Award. "We are delighted to have Jamie join Simcoe County Rovers FC as an executive advisor. Jamie's business expertise and deep connection to Simcoe County will provide tremendous value to the organization and deepening our connecting with the community.," said Julian de Guzman President and Co-Owner. To learn more about the Rovers FC corporate partnership programs, please email Club General Manager at Ali.Sozeri@RoversFC.ca.

Community One Time Events

SPECIAL EVENTS:

Elmvale Maple Syrup Festival
Sat. April 29, 2023

Barrie Winterfest
February 1–March 31, 2023
Hello Winter Festival Held in the Heritage Park, it features a polar bear dip, tubing, horse-drawn wagon rides, lumberjack shows, snow sliding, and an ice maze. The 300-pound ice blocks are carved into stunning ice sculptures, and there are also premade snow sculptures on display. Additionally, there are indoor activities such as live entertainment, concerts, film screenings, story readings, and many fun things that children can do.

51st Annual Minesing Mini-Fest
February 10th & 11th, 2023
<http://www.minesing.ca/Mini-Fest.php> for full details.

75th Annual Winterama Weekend
Fri. Feb. 17th to Sun. Feb. 19
Town of Penetanguishene. The schedule with over 30 activities throughout the weekend will be shared online February 8th on winterama.ca.

Snowman Mania
February 17 to 20, 2023 Wasaga Beach
<https://calendar.wasagabeach.com/default/Detail/2023-02-17-1700-Snowman-Mania>

Town of Penetanguishene and Town of Midland Welcome New Fire Chief, Richard Renaud

The Town of Penetanguishene and Town of Midland are pleased to welcome Richard Renaud as the shared Director of Emergency Services/Fire Chief effective January 23, 2023.

The selection of Chief Renaud comes following a thorough recruitment and selection process completed by a qualified recruitment committee. "We genuinely appreciate the work done by the recruitment committee ensuring that the selection process followed was fair, based on merit and included a comprehensive assessment of the skills, knowledge, and abilities of candidates," said Chief Administrative Officer Jeff Lees.

Chief Renaud brings over 30 years of public service experience to the Town's shared municipal service, starting his career as a paramedic in 1989 and joining the fire service in 1995. With his background in career, composite, and volunteer fire services with front-line and management experience, he understands what is needed to provide quality emergency services to communities.

"On behalf of both municipalities, I would like to welcome Chief Renaud to Penetanguishene and Midland. We look forward to working with him and I am confident that with his leadership, we will continue to deliver high-quality fire protection and emergency response services to our communities," said Chief Administrative Officer Jeff Lees. "I would like to take this opportunity once again to thank our former Chief, Paul Ryan, who retired on December 31, 2022. Without the work ethic, dedication, and leadership that Retired Chief Ryan illustrated, our shared fire service would not be where it is today."

Chief Renaud comes to us with a bachelor's degree in Fire & Life Safety, an Executive Diploma in Municipal Management, Masters Certificate in Municipal Leadership, and an Executive Certificate in Fire Management. He is a certified and experienced Community Emergency Management Coordinator (CEMC), has taught Mental Health Awareness programs, and has been part of Crisis Response and Peer Counselling teams his entire career.

For more information regarding the shared fire services plan, please visit the Town of Penetanguishene Webpage or the Town of Midland Webpage.

THROWBACK THURSDAY

Photos and Editorial courtesy of Admin: Ric Archer, Facebook Group, You might be from Elmval...If you...



GBSSA Champs

The Elmval High School Midget Girls basketball team won the Georgian Bay Secondary School Association Championship. The girls played 18 games during the schedule and were never defeated. Members of the team are, front row, L to R, Laura Dyer, Linda Marchant, Joan Bertram, Jane Beardsall (captain), Sharon Dixon, and Cathy Marks. Second row, Jane Windrem, Judith Hutton, Kim Agar, Karen Graham, and Maria Oosterlaken. Back row, Mr. Navarra (coach), Peggy Bertram (manager), Michelle Simpson, Lori McAuley, Laura Lee Guthrie (score keeper) and Miss Brinkmann (coach). *Rick Hill photo (Editor note: perhaps 1978)*



Photo shown to left:
A family poses in front of a 1,341 year old Sequoia tree nicknamed "Mark Twain" that was felled in 1892 after a team of two men spent 13 days sawing it in the Pacific Northwest. The giant tree was 331 feet tall (100 meters).
[source://rarehistoricalphotos.com](http://rarehistoricalphotos.com)

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Community Events All The Time

ONGOING EVENTS:

Bid Euchre

Elmvale Community Hall 1 pm - 4 pm Every Monday

Midland Bridge Club 427 William St, Midland
Mon. 12:45pm: Duplicate Bridge, **Tues 6:45pm:** Social Bridge, **Thur. 12:45pm** Duplicate Bridge, **Fri. 12pm:** Bid Euchre. Contact Vern 705-730-9998. Possible lesson if desired. midlandbridge@gmail.com

Good Vibes

Every Thursday night from 7 to 10 p.m.
An open-mic music event Our location is the little white schoolhouse at the corner of Mount St. Louis Road and the 4th Line of Oro Medonte. Admission is a donation of \$5.00.

Let's Do Lunch \$5:

Elmvale Presbyterian Church

Take-out- held **2nd Thursday of the month:** to order, call 705-322-1411 between 9 and 3pm on the Monday previous for pick-up Thursday between 11:45 and 12:15 at the East side of the church, 22 Queen St. E. Delivery in town only.

BARRIE-KEMPENFELT PROBUS CLUB

Meets at 10:00 am, third Thursday of month
Canadian Legion, 410 St. Vincent Street in Barrie
Main Contact: Chief Information Officer, Robert Newby, barriekempenfelt72@gmail.com (705) 220-3501

Bay Shore Senior's Club

Activities are in full swing - check out website at www.bayshoreseniors.ca for all activities. Call 705 361-1331.

E.D.G.E. Elmvale District Garden Enthusiasts
Meetings held **4th Thurs. of each month, 7:00 pm** at Elmvale Legion.
Guests always welcome, no charge bring a friend.

Coffee Party

Last Thursday of the month 9:30 - 11a.m.
Elmvale Presbyterian Church
All Welcome, Cost: \$3

Low Impact Gentle Fitness Program

Weds. at 10am & Fri.'s at 11am
Elmvale Community Hall, VON SMART Program
Adults 55+ FREE
Bring good support (running) shoes and water
Call 705-355-2200 to register or walk ins

Georgian Bay Coin & Stamp Club

3rd Thursday of each month, 6:30pm - 8:30pm
Prime Time Club, 1724 Mosley St., Wasaga Beach
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Elmvale Legion

Tuesdays at 1 pm
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NOTICE

ATTENTION PATIENTS OF DR. HANS HARLOS

Our community lost a wonderful man on Dec 10, 2022 due to pancreatic cancer. Dr. Harlos was an incredible doctor and friend to so many. A celebration of life took place in Collingwood and it was a truly wonderful dedication to a legend. He will be missed.
Dr. Harlos' office is now located in the Whitfield's Pharmacy and is in the process of closing. Patients are advised to call OR email to request their charts. We are attempting to find another physician, but suggest that patients try to find a physician as well because there are not many available, as you know. Office email is drharlosoffice2021@gmail.com or phone 705-322-6330
Thank you for your patience and understanding during this difficult time for everyone.
Rest in Peace, Dr. Harlos

AUCTION NOTICE



online auctions anywhere

UPCOMING AUCTIONS

Exquisite Guelph Moving Sale - Jan. 22-26 - leather recliners, Gibbard table & buffet, jewellery cabinet, 1847 Rogers Silverware
2023 Kick Off Multi Consignor Auction, Guelph - Jan. 22-26
2011 Dodge Van, Bateman prints, coins, jewellery, antique finds
Jewellery Collection - North & Davenport, Guelph - Feb. 5-9
gems, earrings/rings/necklaces; 10K, 14K & 18K & costume pieces

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Springwater
NEWS

Springwater News prints 20,000 papers per edition.

18,650 are delivered by Canada Post to:

760 in the Utopia/Grenfel area L0L 1B0 and L0L 1B2

3050 in the Barrie City/Rural area

4250 in South Springwater Township

130 to the new boxes in Minesing / Anten Mills

640 in Phelpston L0L 2K0

650 in Hillsdale including the Rural Routes L0L 1V0

2550 in Elmvale including the former R R# 1, 2 & 3 L0L 1P0 which includes Orr Lake, Waverley and some Tiny Beaches Road areas

265 in the Wyebridge area L0K 2E0

975 in Wyevalle L0L 2T0 including Conc. 8 and some TBRS areas,
1325 in Perkinsfield including Balm Beach to Whippoorwill
1100 in R.R.# 1, L4R 4K3 (775) & 2, L4R 4K4 (300) areas of Midland which includes Vasey, Ebenezer and the area North-West of Wyebridge

2900 in Northern Tiny including SS 3, 5, 6, 7 & 8 of Rural Penetanguishene (Postal Codes L9M -1R2, -1R3 & -2H7)

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13 Oct 2022	835	3,640	12,940
14 Oct 2022	865	3,784	10,334
15 Oct 2022	891	3,813	9,925
16 Oct 2022	944	3,990	9,174
17 Oct 2022	906	7,019	21,713
18 Oct 2022	691	4,249	17,124
19 Oct 2022	618	3,838	17,591
20 Oct 2022	645	3,727	14,557
21 Oct 2022	631	3,417	12,441
22 Oct 2022	647	3,423	11,580
23 Oct 2022	667	3,736	15,669
24 Oct 2022	936	4,749	33,396

OPP REPORT

ORILLIA OPP ARREST A FOURTH FOR IMPAIRED DRIVING IN LESS THEN 24 HOURS

the Ontario Provincial Police (OPP) arrested and charged a male driver with impaired operation and other Criminal Code (CC) offences.

On January 15, 2023, just before 10:00 p.m., officers from Orillia OPP responded to reports of a single motor vehicle collision on Highway 12 in Ramara Township. Officers attended the scene determined who the driver was and observed the driver showing signs of alcohol consumption.

As a result, Yayanthan PARARASASINGAM, 41-year-old, from Mississauga has been charged with:

- Operation while impaired- blood alcohol concentration (80 plus) contrary to section 320.14(1)(b) of the CC
- Operation while impaired- alcohol contrary to section 320.14(1)(a) of the CC
- Operation While Prohibited under the CC contrary to section 320.18(1)(a) of the CC
- Fail to Comply with Probation Order contrary to section 733.1(1) of the CC
- Operation While Prohibited under the CC contrary to section 320.18(1)(a) of the CC
- Operation While Prohibited under the CC contrary to section 320.18(1)(a) of the CC
- Operation While Prohibited under the CC contrary to section 320.18(1)(a) of the CC
- Dangerous operation contrary to section 320.13(1) of the CC
- Driving while under suspension contrary to section 53(1) of the Highway Traffic Act
- Driving motor vehicle with liquor readily available contrary to section 42(1)(b) of the Liquor Licence and Control Act.

The accused was held in custody for a bail hearing. Their driver's licence was suspended for 90 days, and their vehicles impounded for a period of 7 days.

Members of Orillia OPP are committed to public safety, delivering proactive and innovative policing in partnership with our communities. Officers value your contribution to building safe communities. If you suspect someone is driving while under the influence of drugs or alcohol call 9-1-1. If you have information about suspected unlawful activity, please contact the OPP at 1-888-310-1122 or Crime Stoppers to remain anonymous at 1-800-222-8477 (TIPS) or www.crimestoppersdm.com.

DRUG AND WEAPONS CHARGES LAID AFTER TRAFFIC STOP IN WASAGA BEACH

Members of the Huronia West Detachment of the Ontario Provincial Police (OPP) have made two arrests and laid numerous charges as a result of a traffic stop in Wasaga Beach.

On the 14th of January 2023, at 9:20 am police stopped a vehicle on Old Mosley Street. Upon identifying the occupants police entered into a criminal investigation.

As a result of the investigation two parties were arrested and charged.

Jeffrey PARENT, age 49, of Wasaga Beach has been charged with:

- Fail to comply with release order
- Resist peace officer

Sherese EDWARDS, age 38, of Wasaga Beach has been charged with:

- Unauthorized possession of a weapon x 2
- Possession of a weapon for a dangerous purpose
- Fail to comply with undertaking x 5
- Possession of a schedule I substance for the purpose of trafficking - Cocaine
- Possession of a schedule I substance - Opioid

Both parties were held for a bail hearing and scheduled to appear in the Ontario Court of Justice in Newmarket on the 15th of January 2023.

Anyone with any information is asked to please contact the Huronia West OPP at 1-888-310-1122.



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OPP REPORT (continued)

Should you wish to remain anonymous, you may call Crime Stoppers at 1-800-222-8477 (TIPS) or leave an anonymous tip online at ontariocrimestoppers.ca, where you may be eligible to receive a cash reward of up to \$2,000.

ORILLIA OPP ARREST THREE FOR IMPAIRED DRIVING IN LESS THEN 24 HOURS

The Orillia Detachment of the Ontario Provincial Police (OPP) arrested and charged three drivers with impaired operation related charges in less then 24 hours.

On January 15, 2023, just after 2:00 a.m., officers from Orillia OPP responded to a call for a vehicle that had collided with a guardrail on Highway 11 N in Oro-Medonte Township. When officers arrived, the driver was showing signs of alcohol consumption.

As a result, Dalton BOUCHARD, 26-year-old, from the City of Orillia has been charged with:

Operation while impaired- blood alcohol concentration (80 plus) contrary to section 320.14(1) (b) of the Criminal Code of Canada

Operation while impaired-alcohol contrary to section 320.14(1)(a) of the Criminal Code of Canada

On January 15, 2023, just before 4:00 p.m., Orillia OPP officers received a report of a vehicle all over the road in Oro-Medonte Township. When officers arrived, a civilian on scene had taken the keys from the driver of the vehicle. The driver was showing signs of alcohol consumption.

As a result, Iryna ROMANOVSKA, 60-year-old, from Oro-Medonte Township has been charged with:

Operation while impaired- blood alcohol concentration (80 plus) contrary to section 320.14(1) (b) of the Criminal Code of Canada

Operation while impaired-alcohol contrary to section 320.14(1)(a) of the Criminal Code of Canada

On January 15, 2023, just before 8:00 p.m., Orillia OPP officers received a report of a single motor vehicle collision on County Road 169 in Ramara Township. Officers arrived on scene and located the involved vehicle well into the ditch. Officers spoke with the driver who was displaying signs of alcohol consumption.

As a result, David YOUNG, 56-year-old, from the City of Orillia has been charged with:

Operation while impaired- blood alcohol concentration (80 plus) contrary to section 320.14(1) (b) of the Criminal Code of Canada

Operation while impaired-alcohol contrary to section 320.14(1)(a) of the Criminal Code of Canada

All accused are scheduled to appear before the Ontario Court of Justice in Orillia, to answer to the charges at a later date in February 2023. Their driver's licence was suspended for 90 days, and their vehicles impounded for a period of 7 days.

OPP Search Warrant Executed in Midland, Nets Weapons and Drugs

A search warrant on an Everton Drive, Midland residence has resulted in the seizure of several tasers, stun guns, rifles with ammunition, along with a quantity of Ketamine, Methamphetamine, and associated drug paraphernalia. (See attached photographs)

The execution of the warrant in the afternoon hours of January 11, 2023 is the result of an ongoing illegal weapons investigation led by members of the Ontario

Provincial Police (OPP) Community Street Crime Unit (CSCU) attached to the Southern Georgian Bay and Orillia Detachments and members of the Canada Border Services Agency (CBSA).

Officers at the scene were assisted by uniform detachment members as well as additional OPP Central Region Units- Emergency Response Team (ERT), Canine Unit, Tactics and Rescue Unit (TRU), Clandestine Laboratory Investigative Response Team along with members from The Office of the Ontario Fire Marshal (OFM) and Health Canada.



Charged with the following offences in connection to this investigation is Shane GENIS 40 years of Midland.

- Knowledge of Unauthorized Possession of a Firearm - two counts
- Knowledge of Unauthorized Possession of a Weapon - nine counts
- Importing a Firearm, Prohibited or Restricted Weapon, Prohibited Device or Ammunition knowing it is unauthorized - eight counts
- Contrary to the Criminal Code of Canada
- And further with
- Possession of a Schedule I Substance - Methamphetamine
- Possession of a Schedule I Substance- Other Drugs
- Contrary to the Controlled Drugs and Substances Act And
- Smuggling - seven counts
- Possession of Illegally Imported Goods- two counts
- Contrary to the Customs Act

The accused currently remains in police custody awaiting a bail hearing and will appear before the Ontario Court of Justice at a future date.





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Passing of David Onley, former Lieutenant Governor of Ontario



Photo above: C. Onley and Mrs. Ruth Onley with members of the Accessibility Committee in 2007 at a Civic Ceremony for Mr. Onley.

It is with great sadness that the Town of Midland joins Ontarians in remembering David Onley, former Lieutenant Governor of Ontario.

On behalf of our Council, the entire administration, the Town of Midland Accessibility Committee and our residents, I offer sincere condolences to the family of David Onley. He was a passionate advocate for making this province accessible for Ontarians and worked tirelessly to help remove barriers for all people with physical disabilities.

Mr. Onley was born in Midland, and the Town had

the great privilege to honour him at a civic reception along with members of our Accessibility Committee in 2007 after his appointment as Lieutenant Governor. On June 12, 2013, the Town officially dedicated David Onley Park to honour and recognize his achievements in championing disability issues in Ontario.

In memory of David Onley and in honour of his legacy, flags have been lowered to half-mast at the Town Hall.



Photo above: Unveiling of the David Onley Park, where former Midland Mayor Gord McKay and guests honoured David Onley's accomplishments as a champion of accessibility.



Lion Tim Crowe Has Commitment

At the Elmvale Lions annual Christmas Social and Banquet, Lion Tim Crowe was presented with the with a Melvin Jones Fellowship. It is the highest honour a Lions can earn in the club. Tim joined the Elmvale Lions Club in 1996, sponsored by Lion Murry Truax.

This Melvin Jones Fellowship (MJF) was presented because of his commitment and contributions to humanity and to the legacy of our founder, Melvin Jones.

Congratulations, Lion Tim and thank you for your ongoing service to the Elmvale Lions Club.

About the Melvin Jones Fellowship

Contributions for the MJF can be made by individuals (including non-Lions), clubs or districts. Donations may be in one sum or in installments. Melvin Jones Fellows receive a special lapel pin, a plaque and a congratulatory letter.

Photo to left:
Tim Crowe and Melvin Jones Award

Are You a Conversational Narcissist?

I have frequently heard mostly from women, that they have a friend who talks endlessly about her life but seems uninterested in what they have to say. A version of this is when women tell me they spend hours supporting a friend who is struggling, but the support is not reciprocated. Finally, there are those who never reach out unless they want something.

To be clear, a conversational narcissist is not necessarily a narcissist per se. Let's look at the behaviors that are typical of the conversational narcissist. This person will monopolize the conversation. A conversation is supposed to be an interactive sharing. Instead, they dominate the conversation by focusing on what they want to talk about, which is generally themselves. If the topic turns away from that, they will disengage or use whatever another is saying to bring the conversation back to themselves. They are self-centered and self-absorbed.

They constantly interrupt. It might at first feel they are being helpful, but quickly the conversation is no longer about you but becomes all about them. Often, they can be critical or judgmental, and their situation is always more important than yours.

They act like they know best. It is like they see themselves as an authority on almost everything. You



feel like there is no point in saying anything. This is because they seek approval and want to be the center of attention.

You may feel they are competitive. Everything they do or have is better than anyone else. They tend to brag about themselves, their children, their experiences and even how much money they have.

They do not like it when someone else has the floor and will turn the conversation back to themselves, even if it means interrupting. The truth is that no one enjoys being in the presence of people like this. If anyone ever calls them on their behavior, they will insist it is because they are jealous!

Someone who just talks a lot is not necessarily a conversational narcissist. The defining features are not letting anyone else talk for long, being uninterested in what you have to say, and acting like an expert.

It is important to realize that people are like this because of experiences going back to childhood. If they were judged or criticized, the inner child still has the feeling of being not good enough, even if they are very accomplished. The way they talk is to continually reassure themselves not just that they are okay, but they are better than everyone. With this belief, in their conscious or unconscious mind, they think they avoid ever being judged or criticized.

The sad thing is that this behaviour will result in others judging, criticizing, and even distancing from them. If it is someone you really care about, you can gently share your concerns. If they become defensive and attack you, then you really must begin to ask yourself why you stay in an unhealthy relationship that makes you feel bad.

Gwen Randall-Young is an author and award-winning psychologist. For permission to reprint this article, or to obtain books, CDs or MP3s, visit www.gwen.ca. Follow Gwen on Facebook for inspiration.

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Coach Brandon is Extremely Proud of Brampton Brick Elmvale U15 C Team



Team photo:
L-R Manager Rick Bartlet, trainer Kris Golka, Top L goalie Hudson Phillips, Centerman Will Way, defenseman Lukas Bartlett, defenceman Emerson Golka, Top middle wingman Tobin Berglund, assistant coach Jody Moreau, wingman Lukin Godin Middle bottom defenceman Alex Manzone, defenceman Nick Peterson, Top Right centerman Conlin Dominic, wingman Liam Barber, wingman Kale Dulsrud, wingman Carter Abrey, wingman Jeremy Brewer. Bottom Right centerman Elliot Turbach and Head Coach Brandon Godin. Missing: trainer Matt Brewer.

On January 12-14 Elmvale U15 C participated in the international silver stick tournament in Pelham ON. Their first game on Thursday was against the Mooretown Jr Flags. Elmvale won with a 4-2 score. Their second game on Friday was against Krivo 14B from Colorado, a close and exciting game that resulted in a 2-1 score, another win for Elmvale. Their second game on Friday was against the South Huron Sabres with a 3-0, shut out for our goalie

Hudson Phillips, another win for Elmvale. Their final game resulted in a 2-2 tie. Unfortunately due to rule changes, they were unable to advance, but had a great experience as a team. Coach Brandon is extremely proud of these boys and how they came together as a team and played their hearts out. The team would like to thank their sponsor Brampton Brick in supporting their ability to participate in this tournament.

Legends Never Die The Betty White Challenge returns to the Ontario SPCA



Jan 16th is Betty White’s birthday and the Ontario SPCA and Humane Society invites you to join them in honouring her legacy by taking part in the second annual #BettyWhiteChallenge. Making a gift in her name to help the animals is the purr-fect way to keep Betty’s legacy alive while also supporting the work of the Ontario SPCA, which is celebrating its 150th anniversary in 2023.

Betty White was an avid animal lover and advocate who inspired a worldwide movement upon her passing in late 2021 and raised hundreds of thousands of dollars for animal organizations across the globe. The challenge, which was created last year as a way to celebrate the late actress on her birthday, encouraged people to donate to a local animal shelter or rescue in White's honour.

“We were overwhelmed by the love and support from Betty’s fans,” says Caytlynn Croisier, Manager, Ontario SPCA Midland & District Animal Centre. “We are so grateful for the legacy Betty White has created and for the compassion her fans have towards



animals. Their support is making a real difference for animals.”

As a registered charity that does not receive government funding, the Ontario SPCA depends on the generosity of donors to help animals in need. By taking part in the Betty White Challenge, you are providing urgently needed care and shelter for animals waiting to find a loving home.

This year, the Ontario SPCA wants to give back to Betty White fans. The first 500 people to give a gift of \$10 or more towards the 2023 Betty White Challenge will receive a limited edition “Legends Never Die” sticker.

Join the #BettyWhiteChallenge today and make a gift in honour of a truly remarkable woman.

Donate today to help more animals in need. The Ontario SPCA and Humane Society is a registered charity that does not receive annual government funding. For 150 years the Ontario SPCA has been changing the lives of animals and depends on the generosity of donors to continue to give animals the second chance they deserve.

HAPPY BIRTHDAY



Please join
DOROTHY DUNN
Celebrating her 90th Birthday.
Open House
SATURDAY JAN 28 2023
1-3:00pm
Anten Mills Community Hall
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Happy 100th Birthday to Marion Clute!

Our mom, Marion Clute, will be 100 years old on February 17th! She is well, is still able to look after herself and enjoys life at The Villa Retirement Lodge in Midland. Because February weather and driving conditions are often very poor, Mom has chosen to celebrate the day by having a “Card Party” instead of the usual come-and-go-tea. She is looking forward to receiving birthday cards that she can read and enjoy over and over again.

If you would like to help celebrate her special day by sending her a card, she would feel both grateful and honoured. Her address is:

Marion Clute
Room 343
The Villa Retirement Lodge
689 Yonge Street
Midland, Ontario L4R 2E1

Sincerely,
Jan, Margie, Paul, Louise and their families

THANK YOU

Thelma Harvey “Bertram”

We would like to thank everyone, who at the time of Thelma’s passing, took the opportunity for a visit, sent a card, prepared food for us, made a donation, sent flowers or simply made a phone call.

Also, a special Thank you to the Staff @ Lynn Stone Funeral Home, Rev Tom Mason and the Presbyterian Church Ladies for all their help & guidance during this difficult time.

Lastly, a big Thank you to the Staff @ the Sara Vista for their care during Thelma’s stay.

Thank you hardly seems enough!
Don Bertram, Judy, Jane, Joan and families

In Memory



In memory of **Bob Johnston**

A long lonely year has passed since you left us, but you are in our hearts forever.

Love Joan, Rob, Dave, Barry and families.

In Loving Memory **Stewart Jamieson**

Sept. 20, 1927 – Jan. 14, 2018
Four years have passed since that sad day, When one we loved was called away, God took him home, it was his will, But in our hearts, he liveth still.
Loving remembered by wife, Myrtle, Patsy, Paul, Peggy, Ken and families

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Obituaries

**BODEA, Adrian**

Passed suddenly and peacefully at the age of 80 in his home in Perkinsfield on Monday, January 2, 2023. Cherished husband of his sweetheart, Anastasia (nee Valassi) married for 48 years. Much loved father to his only child who he treasured dearly,

Christina Bodea and her husband Stefan Atalick. Predeceased by his parents Sanica and Ioan Bodea and brother Julian Bodea of Romania. Adrian immigrated to Canada in 1969 and was determined to create a purposeful and prosperous life. He spent over 45 years as a realtor in the Kitchener area and was committed to a life of giving love to his family. Through his words and actions, he was a man of genuine strength. Adrian was proud of his woodworking projects he created in his earlier years. He was a passionate gardener and took great care of his vegetables and fruit trees in his retired years. He cherished nature and watching birds eat at his feeders. Adrian's spirit will forever shine brightly.

A visitation will be held on Tuesday, January, 10th from 2-4 and 7-9 pm at Lynn-Stone Funeral Home, 15 Yonge St. S, Elmvale.

A funeral service will be held at the funeral home on Wednesday, January, 11th at 11 am with a Greek Orthodox mass.

Expressions of sympathy may be sent to
www.lynnstonefuneralhome.com

**GRAHAM, Marion Elsie**

Passed away peacefully, knowing that she was deeply loved by her family, on Monday, January 2, 2023. Marion Graham of Elmvale, beloved wife, for 66 years, and best friend of Harvey Graham.

Dear mother of Diane and her husband Peter Kenney and Karen and her husband Danny Ritchie. Forever missed by grandchildren Adam, Christopher (Brittany), Matthew (Shalaigh) and Jenny-Lee (Steve). Proud "G-G" to Preston, Ellie, Quinn, Elliot, Lillian, Evan and Asher. Survived by her sister Arlene Saunders and sister-in-law Phyllis (Lyle) Edwards. Predeceased by her parents Frances and Emily Gregg, siblings Muriel Scrannage and Robert Gregg and in-laws Jean Evans, Don Graham and Joan Wilson. She will be missed by extended family and many friends. Marion enjoyed knitting and a good game of Bid Euchre. She was a member of Willing Workers, 60+ years with Presbyterian Church, a CGIT leader and a long time employee with TD Bank. She was an avid curler and took great pleasure watching a curling match on t.v.

A visitation will be held on Sunday, January 8th from 1:30 – 3:30 pm and 6 – 8 pm. at Lynn-Stone Funeral Home, Elmvale.

Funeral service on Monday at 1 pm at Elmvale Presbyterian Church.

Interment Elmvale Cemetery.

If you wish to make a donation in Marion's memory please consider Hospice Huronia, Elmvale Presbyterian Church or a charity of your choice.

Expressions of sympathy may be sent to
www.lynnstonefuneralhome.com

**SIMS, DONALD DARRELL**

Passed away peacefully at Hillcrest Village in Midland on Tuesday, January, 10, 2023. Donald Sims, in his 91st year, formerly of Edmore Beach is now reunited with his dear wife Annie (dec. 2008). He is survived by his brother Albert

and predeceased by his parents Albert and Bernice Sims and two sisters, Betty and Joan. He will be remembered by many nieces and nephews. Donald was an avid cyclist, a lifelong golfer and a volunteer fireman in Tiny Township.

Respecting Donald's wishes there will be no service.

Memorial donations to a charity of your choice in his memory would be appreciated.

Expressions of sympathy may be sent to
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Obituaries

**STEWART, David Lawson 1942-2023**

Passed away peacefully on Friday, January 6, 2023 after a lengthy illness. Dearly loved husband of Audrey and the late Shirley Arbuthnot (2003). Beloved son of the late Jim and Grace Stewart, and brothers

Richard (Lorraine) 2018 and Allen (1944). Survived by his sisters Lesly Porter (Doug), Donna Porter (Don) and Ann Osler (Hugh 2018). Father of Phil (Lori) and Ginny Hunter (Greg). Stepdad to Michael Dennys (Nicole). Grandpa of Katlynn Levert (Brian), Shelby, Regan (Rebecca), and Dylan (Suzie). Great Grandpa to Ainsley, Elliott, Lincoln, Audrey, Dawson, Hayden and Holland. Born and raised in St. Catharines, Ontario, he and Shirley married, raising their young family before moving to Barrie where he spent the remainder of his career at Dana. Dave was actively involved in community groups including the Barrie Molson Hot Air Balloon Festival and Elmvale Maple Syrup Festival. Known affectionately as the Q-Tip to those in his extended AA family, he was a great source of support and encouragement. He had a wide variety of interests, some of which included woodworking, cooking, traveling through Canada, camping, fishing, blissful days at Porters island cottage. Words that describe Dave are: loving, kind, brave, strong, accepting, forgiving and patient. He was a master at problem solving and organizational skills. A sharp wit, and a great tease, he embraced life with acceptance and humor. He will be greatly missed. A Celebration of Life will be held in the spring. Many thanks to all who supported Dave on his journey. Memorial donations to RVH Regional Cancer Centre, Gildas Club of Simcoe Muskoka, or Hospice Simcoe would be most appreciated.

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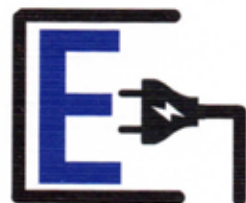
**MARTIN, Almer**

It is with great sadness that we announce the peaceful passing of Almer Martin on January 5, 2023. He born Dec 6, 1938 in Crossland Ontario and spent his life on the road hauling cattle out of Moose

Jaw. He will be missed by his son Joal (Heather) and grandchildren Skylar and Ryder. There will be no formal service, Almer will be laid to rest in his home town in Ontario later this year. In Lieu of flowers, a donation can be made to the Alzheimer Society.

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Wild Opportunities



Life is all about taking chances and making the most of your opportunities. Which is a lot like wildlife photography and my life, when I think about. I took a calculated risk when I retired from teaching after only 10 years to become a wildlife photographer, and it ended up being one of the best decisions in my life. The opportunities that I have been able to experience because I spend more time focusing on wildlife has been amazing. Sometimes it involves me stepping outside of the norm or even my comfort zone to ask or try these things. I have to be willing to put myself in a situation to be lucky and capture that moment. Sometimes it is scary, because people might laugh at me and ridicule me. I remember one day I was teaching HS and a middle school kid came to my door to tell me about this fox family of 3 they had in their yard, as he heard of my love of wildlife. I then decided to asked the school (his teacher, principal, even secretary) for permission to ask if I could come shoot the kits, that what baby foxes are

called. Once, I had the go ahead I asked the student, and then the parents to arrange a time to visit. Well, the 3 kits, actually ended up been not 3, 4, 5 not 6 or 7 but I think 9. I was only able to get a photo with 8 of them in the picture, as they vanished as the boy ran up noisily, so I left shortly after also but what an awesome experience. I then shared my photos with them and signed a few for them as a thank for the tip, as I do this to people for sharing tips. With the growth of my wildlife photography, I started to host virtual presentation/talks for different groups (Canada and USA) and in person ones too (Canada and Jamacia). I also take people on tours to experience the cool experiences I have when we are fortunate enough to see something. Since, I don't bait animals'- wildlife isn't guaranteed with me but we learn a lot and normally have a few cool experiences on the outings. On August 11th, 2022 my 1st book – ‘ The World with Jason George – Canada ’ which will apart of an

amazing series Jimmy McGann illustrated. Then September 11th, 2022 I officially welcomed the 1st two members to the 2023 wildlife group I'm starting JGP Prowl for wildlife lovers. We will have 4 meetings a year – 2 virtual (Feb 12, July 2) and 2 in person (Apr 16, Oct 1), Membership card, photo card and a photo card sent from me to them on their birthday. This year the JGP PROWL membership includes these Limited Edition JGP Safari Hats. Check my website for more information. Until next time, Stay safe, Have fun and enjoy the wildlife. Jason George

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Views from the Cottage by Melanie Martyn



A LITTLE BIRDIE TOLD ME
If you want to see birds close up, you need to feed them just outside your window. I've always loved Cardinals. I remember my first attempt at drawing a bird was in Grade One and I chose the beautiful robust male Cardinal. I'm not sure it really looked a great likeness but I can still smell the red pastel crayon I used. It was plastered on so thick, I couldn't fold the paper to take it home. I had to hold it flat under my coat fearing the Fall winds would carry it away. It was displayed proudly on the fridge for at least a week before it became yesterday's news and was replaced with my brother's less colourful hockey Schedule. For years I've not really seen any or maybe I've just been too busy to look out the window.

A few weeks ago I decided to put out seed and see what happens. What's that saying? "If you build it, they will come". I believe it was from the movie, Field of Dreams but it may have been 'he' and not 'they'. At any rate, I started with a simple paper plate which I filled with a mixture of seeds that was promising to attract colourful birds. I watched that plate for three days before I saw the first of many Black-capped Chickadees. Within a week I was seeing quite a few Blue Jays and since I'd hung the suet and seed treats, several Downy Woodpeckers started to hang in and peck through the wired encasements. I was constantly shooin' chubby black Squirrels away as I was pretty sure they had plenty of stores hidden away for the winter. One thing about squirrels, they do not give up. If the plate was empty, some of the nervy ones would scamper onto the porch and glare at me through the plate glass door! Many years ago, I used to feed the Red Squirrels and if there was no food about, one little guy would run onto my porch and whack his paw against my screen door as if to say 'where's the chow?' I'd often retort back "Have you not heard of Brunswick Stew?" I doubt he knew he could end up in that very traditional Appalachian Squirrel Stew if he was ever to vacation in the State famous for it; Georgia, USA. If he kept up the chatter, I might have attempted the recipe myself!



But where were these Cardinals? I decided to go back to the store and specifically choose a seed that might provide some enticement to these elusive arboreal Aves (tree dwelling birds). I left the shop with a huge bag bearing the Red Cardinal, another with the promise of Finch and the appropriate feeding stations for each. I made a note to self to pull out my dad's old 1951 Bird Guide for anything east of the Rockies. Time to pull out the binocs and get serious! I learned much just from reading the ingredients on the bags. How was I to know that these larger, colourful birds enjoy eating peanuts, dried raisins, and cherries along with the sunflower seeds I had already poured out in vain. For the first few days the usual crew chattered about. It was interesting to see how they chased each other away as if to say 'take your turn!'. The little Chickadees would land, look both ways, fill their beak and whisk off to the nearest branch just before the next fly-in made an approach. I'd almost given up hope when I saw something large and

golden swoop in and purvey the feast. I'd still not had a chance to hang the proper trays but the paper plate had been divided into the two menu plans and the new guy appeared interested. How thrilled was I to see this was a female Cardinal! The brilliant red partner was not long behind and another pair soon joined them. Happy day indeed! So I guess it is true that if you build it, they will come! Add a little thoughtful patience and nothing is impossible? I'd like to think this is the year for taking the time to smell the roses and watch the birds and all nature for that matter. It is the Chinese year of the Water Rabbit beginning January 22nd. It is the luckiest sign out of all the animals. It symbolizes mercy, elegance and beauty and isn't nature just that. I'll be busy putting up these bird feeders while I ruminate on what I really want to accomplish these next twelve months. What will you build this year? Cheers and don't forget to tune into 740 am Radio on Saturday mornings about 8:30 for Mel's real estate tips/deal of the week on the Marilyn Wetston Show.



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