



Edition 616 - January 6, 2022 Serving Springwater & Tiny Townships and surrounding areas

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A Fresh Start to 2022!







Bill Sutherland, B.Sc., CIM, FCSI* Senior Financial Advisor

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EDITOR'S COMMENTS

Happy New Year to One and All!

I look back at the wonderful things that happened last year. It was not all bad. It was a very trying year for many and my heart goes out to those that have lost loved ones and to all those that are suffering through this pandemic. This is all new for us and we are getting weary of it. I heard the message very strong this New Year, "Goodbye 2021, glad to see you go." I think that putting things in perspective can below

I did find some good things during this pandemic. I tried to find different ways to enjoy life while adapting to new regulations. I always wanted to do woodworking and "Gave it a go" as the saying goes. My husband, Brian, gave me a little lesson in safety with tools so that my body parts all remained intact.

I wanted a custom mailbox. I not only wanted a new one but needed one. The snowplow driver apparently did not like the old one and removed it for me. I sawed some boards of unknown dimensions and used different kinds of screws to give it character. It kind of resembled a mailbox. Job done, I thought. It ended up being attempt number one.

Attempt number two came about the hard way when a nice little notice came from Canada Post telling me that my first attempt was the incorrect size. Interesting that I pulled the notice out of my 'attempt number one, too small' mailbox built with my newly founded, not quite, wood working skills. I had to do extensive research to the dimensions of the mailbox to conform the standards of Canada



Post. Well, that was not the most successful project I attempted. The angles did not match up, screws are sticking out, and I struggled with getting the door to close. I can't tell you the number of badly made cuts it took to get the door to fit. I sort of did it as it does let in a lot of snow, but the mail does not fall out. So... some

measure of success.

This mailbox has withstood the test of the past two years. The snowplow driver has not knocked off my mailbox, yet. One summer's day when I was camping, I got a text message. "My son has knocked off your mailbox. So sorry. It is sitting on your front porch with all the money he had in his pocket inside it. Please let me know the cost of replacing it." Texted the (source not to be revealed, you know who you are). My Husband Brian and laughed a lot about that one. Oh no not attempt number two! We got home and the mailbox had survived. We are so proud of this honorable high school student that not only owned up to the mistake but also paid for it with his last dollars. I offered to return the money, but his mother said he did the right thing. So the mailbox went back on the steady perch of a post.

This fall I was doing dishes and looking out my window when I saw a truck do a turnaround in my driveway. I thought this angle of backing up was off more than just slightly. I looked on in horror as the truck backed into my treasurered mailbox. The truck sped away at alarming speed as in a runaway from a bank robbery. That can't be good, I thought. I walked out to the mailbox in a state of readiness for attempt



number three. The truck took more damage than my mailbox as shown in this picture. Karma: Recyled materials mailbox damage to costly truck tail light'

The mailbox had survived another tragedy, but the pole was

at a terrible angle. Here comes the nice friendly notice from good ole Canada Post, I thought. My kind patient husband fixed the pole and the mailbox still survives to this day. Let's see if my treasured mailbox can survive another winter. This mailbox was created strong during a lock down and I hope it will last longer than our current pandemic. This year was not all that bad. Let's be kind to one another. This editor hopes that the snow plow driver reads this story and plays kindly with my mailbox called 'Attempt number Two"

Since then, I have researched goggle and found a very resourceful website called Handyman's daughter. I am one of those I thought. My Dad was



a very skilled handyman and I am his daughter. This detailed website taught me a new skill the proper way and I made this little bench for my entrance way.

I even googled how to paint faux marble. No too bad for an attempt educated number one.

Embrace this pandemic and try to find the new activity you can enjoy.

It does not have to be all bad.



Springwater News



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760 in the Utopia/Grenfel area L0L 1B0 and L0L 1B2
3050 in the Barrie City/Rural area
4250 in South Springwater Township
130 to the new boxes in Minesing / Anten Mills

650 in Hillsdale including the Rural Routes L0L 1V0 **2550** in Elmvale including the former R R# 1, 2 & 3 L0L 1P0 which includes Orr Lake, Waverley and some Tiny Beaches Road areas

640 in Phelpston L0L 2K0

265 in the Wyebridge area L0K 2E0
975 in Wyevale L0L 2T0 including Conc. 8 and some TBRS areas,
1325 in Perkinsfield including Balm Beach to Whippoorwill
1100 in R.R.# 1, L4R 4K3 (775) & 2, L4R 4K4 (300) areas of
Midland which includes Vasey, Ebenezer and the area North-West of
Wyebridge

2900 in Northern Tiny including SS 3, 5, 6, 7 & 8 of Rural Penetanguishene (Postal Codes L9M -1R2, -1R3 & -2H7)







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Springwater News • January 6, 2022 • |



Midland COVID-19 Assessment Centre seeing Unprecedented Demand for Testing

December 30, 2021 – The Midland COVID-19 Assessment Centre is currently experiencing unprecedented demand for testing within the community. The centre, operated by the North Simcoe Family Health Team (NSFHT), has been working with its health partners to increase testing appointments for the community, including extending hours Monday to Friday and weekends.

"The Midland COVID-19 Assessment Centre has expanded its hours where possible to accommodate the increased demand for testing," says Andrew Shantz, executive director, NSFHT. "Current demand has well surpassed the capacity of assessment centres across the province with limited health human resources to staff the centre and perform the swabs. We are increasing staff when possible and we ask for your patience and understanding when both booking a testing appointment and receiving your results."

Given the extreme demand for testing, as of December 30, the provincial government announced new eligibility criteria to preserve testing capacity for those at highest risk of contracting COVID-19. Those considered to be a highest risk include patient-facing healthcare workers, hospitalized patients and individuals 70+ years of age with a risk factor (such as obesity, diabetes or kidney disease). A full list of those now eligible for testing can be found here: https://news.ontario.ca/en/backgrounder/1001387/updated-eligibility-for-pcr-testing-and-case-and-contact-management-guidance-in-ontario.

Members of the general public with mild symptoms are being asked not to seek testing. Individuals with symptoms indicative of COVID-19 can be presumed to be infected with COVID-19 and should initiate timely self-isolation to prevent transmission in the community. For more information on self-isolating, please visit: https://www.ontario.ca/page/covid-19-stop-spread

COVID-19 swabs completed at the Midland COVID-19 Assessment Centre are sent to a central laboratory in Toronto for testing. Given the surge in tests completed over the past two weeks, the central laboratories processing swabs are also experiencing a dramatic increase in volumes – the highest of the pandemic to date. Results of tests may be delayed up to four days. For those awaiting test results, they should continue to check regularly online and self-isolate.

The Emergency department (ED) at Georgian Bay General Hospital (GBGH) has also seen a significant increase in people seeking a COVID-19 test. The hospital is not a COVID-19 testing site and those who have mild or no symptoms should not attend the ED for a test

"GBGH's Emergency department is always here for you if you're ill or injured," says Dr. Vikram Ralhan, chief of staff and Emergency physician, GBGH. "If you think you have COVID-19 and are not experiencing symptoms, or have mild symptoms similar to a cold, please do not visit the ED for testing. Visiting the hospital for testing puts other vulnerable patients at risk of exposure to COVID-19."

For a list of assessment centre locations across the province, please visit:

https://covid-19.ontario.ca/assessment-centre-locations

To book a COVID-19 test at the Midland COVID-19 Assessment Centre based on the updated testing eligibility criteria announced December 30:

https://outlook.office365.com/owa/calendar/ CovidAssessmentCentre@nsfht.ca/bookings/

The operation of the Midland COVID-19 Assessment Centre has been a collaboration between partners – GBGH, the NSFHT, Centre de santé communautaire CHIGAMIK Community Health Centre, Wendat Community Programs and Waypoint Centre for Mental Health Care



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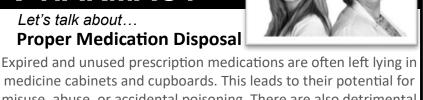
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Your Personal Exercise Program

Exercise Fundamentals Keep two things in mind when designing your personal exercise program. Exercise is essential that when you do any exercise that you perform the movements correctly, if you don't you will receive less then optimum benefit from the exercise. For each back workout pick 3-4 of these exercises and do 4 sets for each exercise.

Exercise Fundamentals Keep two things in mind when designing your personal exercise program. Although you're invigorated by a group exercise program, fitness training with others at the gym may not be an option. Time and money don't always allow for the luxury of fitness training at the gym.

You will need to work out at home. Statistics show that approximately two-thirds of all people with a club membership also own in-home fitness equipment. Setting up an in-home gym provides you with the best of both worlds. Try a plan mixed with aerobic and strength training activities. Cross training is a good way for you to approach your exercise program to maximize benefits and minimize boredom. Consider aerobic equipment like treadmills, exercise bikes, rowing machines elliptical trainers and aerobic steppers when setting up your in

home exercise program.

Exercise is essential that when you do any exercise that you perform the movements correctly, if you don't you will receive less then optimum benefit from the exercise. It is very difficult to unlearn bad exercise habits, so it is best to learn the right exercise technique from the very start. You can fully contract the lats only when you arch your back. When training your lats, arch your back in the fully contracted position of each lat exercise to maximize the peach contraction and get full lat development.

For workout pick 3-4 of these exercises and do 4 sets for each exercise. You can vary the exercises you do for each back workout. This is one of the best power building exercises that you can do. Deadlifts work the spinal erectors, quadriceps, buttocks, hips, forearms, trapezius, latsFind Article, and abdominals. For more details visit http://www.soundbodytrainer.com/

Article Tags: Personal Exercise Program, Personal Exercise, Exercise Program

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ABOUT THE AUTHOR

Representing Your Personal Exercise Program in the website http://www. soundbodytrainer.com/

Call to Address Racism, Hate in Simcoe County



Submited by Gillian "Rawberri" Scobie & Renee Ferguson

On Dec. 3, 2021 a member of the Black community in Barrie, and a powerful community leader and advocate for social change, Shanicka (Shak) Edwards, was the victim of a racially motivated attack.

First, our thoughts are with Shak and everyone close to her during this time. We are also thinking of the Black community and other marginalized groups, as, once again, we have been shown the tip of the racism iceberg that we are working so hard to dismantle. We deserve to feel safe in our communities, schools, workplaces and homes.

We condemn all forms of hate and urge individuals, organizations and leaders across Barrie and Simcoe County to join us in publicly speaking out against hate. We call on Barrie Police to add hate crime charges to the perpetrator's charges, and in all cases when racism is involved.

You cannot say you believe in inclusivity and equity and stay silent in the face of racism. That is not how you build an equitable community.

continue to support victims to help navigate schoolbased racist incidents that are occuring throughout the county.

These are not isolated incidents. They are the bubbling up of the white supremacy across society. If you are uncomfortable with what you have been

We've offered recommended actions below.

We will continue to stand together as coalition partners: Local Allies, BWG Diversity Action Group, BWG Diversity Action Group, BWG Rise Up, Local Allies, Making Change, Our Mosaic Lives, Parents Against Racism Simcoe County and UPlift Black, to work towards equity in Simcoe County. We will continue to stand with love and be ready to help. We will meet individuals and organizations where they are so we can move forward together.

And when racist incidents bring us to our knees, we will lean on each other and our allies so we can lift each other up and continue forward. Progress isn't always linear.

Recommended actions for leaders and allies

Follow the coalition partners on social media: BWG Diversity Action Group, BWG Rise Up, Local Allies, Making Change, Our Mosaic Lives, Parents Against Racism Simcoe County and UPlift Black.

- Ask for or organize comprehensive anti-racism training for your workplace.
- Speak out against hate on your social media and other channels.
- Address racist comments when you hear them at your workplace, school and during social interactions. Speak up against it. Report it and follow up. And continue the work to dismantle racism. It starts with your own learning.

connection between racist events. Consider reviewing A Field Guide to White Supremacy.

• Design your own learning/unlearning journey.

Here are some resources to consider: **Books**

• 21 Things You May Not Know About the Indian Act by Bob Joseph

- An Army of Problem Solvers (Reconciliation and the Solution Economy) by Shaun Luney
- Blindspot by Mahzarin R. Banaji and Anthony G. Greenwald
- Braiding Sweetgrass by Robin Wall Kimmerer
- Caste The Origins of Our Discontent by Isabel Wilkerson
- Dances with Dependency by Calvin Helin
- Deep Diversity by Shakil Choudry
- From Where I Stand: Rebuilding Indigenous Nations for a Stronger Canada by Jody Wilson-Raybould
- Indigenomics: Taking a Seat at the Economic Table by Carol Anne Hilton
- Indigenous Writes: A Guide to First Nations, Metis, and Inuit Issues in Canada by Chelsea Vowel
- Me and White Supremacy by Layla F. Saad
- Our Story: Aboriginal Voices on Canada's Past (Collection)
- Resource Rulers by Bill Gallagher
- Seven Fallen Feathers by Tanya Talaga
- The Inconvenient Indian by Thomas King
- The Skin We're In by Desmond Cole
- Unsettling Canada: A National Wake-Up Call by Arthur Manual and Grand Chief Ronald M. Derrickson
- White Fragility by Robin Diangelo
- · Why I'm No Longer Talking to White People About Race by Renni Eddo-Lodge

Other resources

- Poet Kyla Lacey on "White Privilege"
- How to Be an Antiracist Ibram X. Kendi on Unlocking Us Podcast with Brene Brown
- Renni Eddo-Lodge's talk "Why I am no longer talking to white people about race"
- Indigenous Canada Massive Open Online Course (MOOC) from the Faculty of Native Studies at the University of Alberta that explores Indigenous histories and contemporary issues in Canada
- Raising anti-racist children article by the American Psychological Association
- Working Effectively with Indigenous Peoples
- Suncor Energy's Aboriginal Awareness Web-Based Training
- Final report of the Truth and Reconciliation Commission
- Stop AAPI Hate
- National Council of Canadian Muslims' (NCCM) 60 policy recommendations



The attack happened following the thin blue line protest in Bradford on Nov. 23. We continue to urge local public sector organizations to condemn the use of that symbol because it is hurtful to members of the Black community. It also occurred following the Safety in Schools Rally on Nov. 12 and as we

- If you're able, financially support organizations working to create an equitable society locally and beyond, including making a donation to Shak's World.
- Support Black, Indigenous and people of colour owned businesses.
- For media: Help the public understand the

2231 Nursery Road Minesing, Ontario L9X 1A8

January 6, 2022

Municipal Impacts of Modified Step 2 of Roadmap to Reopen

Due to provincial direction, Springwater municipal facilities including the Township Administration Centre, the Elmvale Arena, Fire Halls and public works yards are closed to the public until further notice. Staff are available to provide assistance by phone or email. Contact details are available at **springwater.ca/Contact**.

The Elmvale, Midhurst and Minesing branches of the Springwater Public Library are open for curbside service only.

For more information on what's open and closed, visit: **springwater.ca/COVID19**.

Upcoming Meetings

Council Meeting Wednesday, January 19 at 6:30 p.m.

Committee of Adjustment Wednesday, January 26 at 7:00 p.m.

Midhurst CRA Annual General Meeting Thursday, January 27 at 7:00 p.m

Council meetings are live streamed online at **springwater.ca/live**. A call-in option is also available. Board and committee meetings can be accessed via Zoom Conferencing. View the agendas for details.



2022 Tree Seedling Distribution Program

Severn Sound Environmental Association (SSEA) and the Township of Springwater are working together to provide residents within the Severn Sound watershed with reasonably priced, native tree and shrub seedlings for planting in early spring 2022.

Tree seedlings must be pre-ordered by Friday, January 14, 2022. Seedlings are available in limited quantities and the program often sells out of many species. Order early to avoid disappointment. For full program details, including a species selection guide and instructions for ordering, visit severnsound.ca or call SSEA at 705-534-7283 ext. 202.

COVID-19 Vaccine Eligibility Updates

Children Ages 5-11 - The Pfizer BioNtech COVID-19 vaccine for children aged 5 to 11 years is now available. Residents can visit Health Canada's website at **canada.ca/Health** for information on approved vaccines, types of vaccines and ongoing safety monitoring.

Adults Ages 18+ - The Ontario government is now offering booster COVID-19 vaccine doses to all individuals aged 18 and over. Appointments will be booked three months (84 days) after a second dose.

Vaccine appointments can be booked by visiting **ontario.ca/BookVaccine**, by calling the Provincial Vaccine Contact Centre at 1-833-943-3900, or through Indigenous-led vaccination clinics, select pharmacies and primary care settings.

Note: Individuals aged 50 and over and those previously eligible who have already booked their appointment at an interval of six months (168 days) can call the Provincial Vaccine Contact Centre to re-book for an earlier date at the three-month interval or can change their appointment through Ontario's booking portal at **ontario.ca/BookVaccine**.

Updated Provincial Testing and Isolation Requirements

The Province of Ontario has announced that publicly funded PCR testing is now available only for high-risk individuals who are symptomatic and/or at risk of severe illness from COVID-19, workers and residents in the highest risk settings and vulnerable populations.

Members of the general public with mild symptoms are asked not to seek testing. In addition, most individuals with a positive result from a rapid antigen test will no longer be required or encouraged to get a confirmatory PCR or rapid molecular test.

A full list of eligible individuals can be found online at **covid-19.ontario.ca**.

Based on new evidence, Ontario is also changing the required isolation period for individuals with COVID-19. Those who are vaccinated, as well as children under 12, will now be required to isolate for 5 days following the onset of symptoms. Individuals who are unvaccinated, partially vaccinated or immunocompromised will be required to isolate for 10 days. Full details are available at **covid-19.ontario.ca**.



Outdoor Rinks

Outdoor community ice rinks are open with strict physical distancing measures in effect. Weather permitting, outdoor rinks are available for recreational use daily until 10:30 p.m. Help keep these volunteerrun spaces safe and fun for everyone by following the posted rules and restrictions.

Details at springwater.ca/OutdoorRinks.

Bid Opportunity

The Township is currently accepting bids for:

Digital Sign (2021-20-RPF) Closes: January 18, 2021

For details and to submit a bid, visit: springwater.bidsandtenders.ca.

View our feature in Business View Magazine!

Read the article: "A Community of Communities" online at:

businessviewmagazine.com/civil-municipal/dec-2021



Mayor Don's Update



COVID-19 Updates
1. Municipal Service Impacts of
Modified Step Two

On January 5, the Province entered a modified version of Step Two of Ontario's Roadmap to Reopen. These time-limited measures will

help reduce the transmission of COVID-19 and prevent hospitals from becoming overwhelmed as the Province continues to accelerate its booster dose rollout. A full list of restrictions can be found online at covid-19.ontario.ca/public-health-measures.

As a result of the framework under the modified Step Two, the following Springwater municipal services, facilities and amenities are affected:

- All Township facilities, including the Township Administration Centre, the Elmvale Community Arena, Fire Halls and public works yards, are closed to the public until further notice. Staff are available to assist residents by phone or email. Contact information is available at springwater.ca/Contact.
- Outdoor rinks are open with physical distancing measures in effect. Visit springwater.ca/OutdoorRinks for details.
- The Elmvale, Midhurst and Minesing branches of the Springwater Public Library are open for curbside service only. Visit springwater.library.on.ca for details.
- Community halls remain unavailable for venue rental at this time.

For additional information on how the Township is responding to the COVID-19 pandemic, visit springwater.ca/COVID19.

2. Recommendations from the Simcoe Muskoka District Health Unit

With the rising tide of COVID infections and as people spend more time indoors during winter, following public health measures is more important than ever to limit the spread of COVID-19 in Ontario. These measures include:

- Getting vaccinated (especially booster doses);
- Wearing a well fitted 3-layer mask indoors and outdoors when physical distancing is difficult;
- Practicing physical distancing;
- Avoiding crowds;
- Limiting your contacts outside of your household members; and
- Hand washing, cough etiquette and staying home when sick.

Now is the time to keep your social circle small and avoid the three 'C's: closed spaces, crowded places and close contacts. For more information on COVID-19 vaccines, guidance documents and how to stop the spread, visit simcoemuskokahealth.org/ Topics/COVID-19

3. Updated Provincial Testing and Isolation Guidance

The Province has announced that publicly funded PCR testing is now available only for high-risk individuals who are symptomatic and/or at risk of severe illness from COVID-19, workers and residents in the highest risk settings and vulnerable populations. Members of the general public with mild symptoms or with a positive result from a rapid antigen test are asked not to seek testing. A full list of eligible individuals can be found online at https://bit.ly/3eG5s7T.

Based on new evidence, Ontario is also changing the required isolation period for individuals with COVID-19. Those who are vaccinated, as well as children under 12, will now be required to isolate for five days following the onset of symptoms. Individuals who are unvaccinated, partially vaccinated or immunocompromised will be required to isolate for 10 days. Full details are available at https://bit.ly/3EHW5zh.

I am sorry these measures are necessary at this time and that we must defer returning to in-person student schooling until at least January 17th. Just



when we thought we were regaining some degree of normalcy last November, Omicron arrived and has escalated with a vengeance. We must take significant and substantial action in January to try to break the circuit. Please exercise the necessary caution to try to prevent getting sick.

Springwater Featured Across North America in Business View Magazine

I am pleased to share that Springwater was one of five Ontario municipalities selected for an exclusive feature in the latest issue of Business View Magazine. Focused on 'Building Ontario Stronger', the issue highlights smaller communities who have demonstrated resilience and who are moving forward despite the challenges of the pandemic. In advance of this publication, myself and CAO Jeff Schmidt had a formal interview with the magazine's editor-inchief to discuss key projects ongoing in the Township that are setting Springwater up for the future. The in-depth profile covers topics from infrastructure advancements to the Township's management of COVID-19 to community development. I want to give thanks to our partners who supported us by sponsoring this feature: Geranium, Barriston Law, Snow Valley Ski Resort, Yorkwood Homes, Ainley Group, the Sarjeant Company and Wamco Waterworks. The article can be viewed online at businessviewmagazine.com/civil-municipal/dec-2021/91.

Business View Magazine is North America's source for the latest news in manufacturing, construction, infrastructure, supply chain and logistics, health care, food and beverage, and energy. It has over 840,000 subscribers.

Christmas Tree Collection

To allow residents the flexibility to keep their Christmas trees up longer, bi-weekly Christmas tree collection will take place throughout the entire month of January. Christmas trees must be placed at the curb by 7:00 a.m. on the Monday of your collection week. Collection will occur at some time during the week and does not necessarily coincide with your garbage collection day. To determine your collection week, visit simcoe.ca/SolidWasteManagement, view the waste collection calendar, or check the Simcoe County Collects app, available via the App Store or Google Play.

SSEA Tree Seedling Distribution Program

The Township of Springwater and the Severn Sound Environmental Association are working together to provide residents in the Severn Sound watershed with reasonably priced, native tree and shrub seedlings for planting in early spring 2022. Tree seedlings must be pre-ordered by Friday, January 14, 2022. Program details are available on the Severn Sound Environmental Association website at severnsound. ca/Pages/tree-seedling-distribution.

Elmvale Blood Drive

Sign up to save a life! Canadian Blood Services will be hosting a Blood Donor Clinic at the Elmvale Community Hall on Saturday, January 15 from 9:00 am to 2:00 pm. Every donation counts. Book your appointment online at blood.ca or by phoning 1-888-2DONATE.

Happy New Year seems a little trite to be saying right at this time but let's remain positive and determined to make this 2022 a happy healthy one before it is through. I know we can do this. Take care.

Municipal Impacts due to Provincial Move to Modified Step Two of Roadmap to Reopen

Township of Springwater / January 3, 2022 – Effective Wednesday, January 5, 2022, at 12:01 a.m., the Ontario government is temporarily moving the province into a modified version of Step Two of its Roadmap to Reopen.

These time-limited measures will help reduce the transmission of COVID-19 and prevent hospitals from becoming overwhelmed as the province continues to accelerate its booster dose rollout. Measures include, but are not limited to:

- Moving all publicly funded and private schools to remote learning until at least January 17, subject to public health trends and operational considerations.
- Limiting indoor social gatherings and organized public events to 5 people.
- Requiring businesses and organizations to ensure employees work remotely unless the nature of their work requires them to be on-site.
- Limiting indoor weddings, funerals, and religious services, rites and ceremonies to 50% capacity of the particular room.
- Limiting retail settings, including shopping malls, to 50% capacity.
- Limiting personal care services to 50% capacity.
- Closing indoor meeting and event spaces with limited exceptions but permitting outdoor spaces to remain open with restrictions.
- Closing indoor dining at restaurants, bars and other food or drink establishments. Outdoor dining with restrictions, takeout, drive through and delivery is permitted.
- Closing indoor sport and recreational fitness facilities. Outdoor facilities are permitted to operate but with limited spectators and other requirements. As a result of the framework under the modified Step Two, the following Springwater municipal services, facilities and amenities are affected. These measures will be in place as of Tuesday, January 4 at 12:01 a.m.
- All Township facilities, including the Township Administration Centre, the Elmvale Community Arena, Fire Halls and public works yards, are closed to the public until further notice. Staff are available to assist residents by phone or email. Contact information is available at springwater.ca/
- Outdoor rinks are open with physical distancing measures in effect.
- The Elmvale, Midhurst and Minesing branches of the Springwater Public Library are open for curbside service only. Visit springwater.library. on.ca for details.
- Community halls remain unavailable for venue rental at this time.

For additional information on the measures and restrictions under the modified Step Two of the Roadmap to Reopen, visit news.ontario.ca/en/release/1001394/ontario-temporarily-moving-to-modified-step-two-of-the-roadmap-to-reopen.

For additional information on the status of COVID-19 in our area, visit the Simcoe Muskoka District Health Unit website at smdhu.org/COVID19.

For additional information on how the Township of Springwater is responding to the COVID-19 pandemic, visit springwater.ca/COVID19.



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ACHIEVE YOUR FINANCIAL GOALS IN 2022

At the start of every year, we set goals that we would like to achieve, and financial goals are no different. Too often these goals are usually unsuccessful. To be successful, use 5 basic rules to help achieve your goals for 2022.

- 1. **Specific** (simple, sensible, significant). Be specific on what you would like to achieve and why it is important.
- 2.**Measurable** (meaningful, motivating). Measurable goals will help you stay on track and stay motivated. 3.**Achievable** (agreed, attainable). Achievable goal also needs to be realistic and attainable to be successful.
- 4. **Relevant** (reasonable, realistic, eand resourced, results-based). Relevant goal ensures that your goal matters to you
- 5. **Time bound** (time-based, time limited, time/cost limited, timely, time-sensitive). Time bound goal needs a target date, so that you have a deadline.

THE SPIRITUAL SIDE

Annie's Journal



Written by Annie Warner Donnelly

Now that Christmas is over, what will we do with Jesus?

We know what's happened to many of this year's Christmas trees. As we drive along streets and roads we see them waiting to be picked up. They're not alone.

Beside them, garbage containers have been stuffed with things like crumpled giftwrap, ripped ribbons, flattened bows, crushed boxes, broken ornaments and table scraps.

Some families will gently wrap each unbroken ornament in tissue paper. They will carefully save the tinsel to be used next year. Some families will place the tree lights in their original packages. Others will be content to start next year's decorating untangling the strings of lights stuffed hurriedly away.

The roasting pan has been packed away until the next big celebration and most of the Christmas baking has probably been packed into tummies by now.

Has Jesus been packed away too? Was He just a figurine in a manger? Not to the Magi. Their question

was, "Where is the one who has been born King of the Jews? We saw His star when it rose and have come to worship Him."

Was Jesus just a character in a church or school play? Not to Joseph. He took Mary home as his wife believing the child she was carrying was conceived by the Holy Spirit. When the baby was born, it was Joseph who gave the baby His name - Jesus - just as the angel had commanded.

And not to the angel who appeared to the shepherds saying, "Behold I bring you good tidings of great joy which will be to all people. For there is born to you this day in the city of David a Savior, who is Christ the Lord. And this will be the sign to you: you will find a Babe wrapped in swaddling cloths, lying in a manager."

Was Jesus just a word in a hymn? Not to the great company of angels who appeared to the shepherds praising God and saying, "Glory to God in the highest, and on earth peace, goodwill toward men!"

Was Jesus just a piece of painted plywood on the lawn? Not to Mary. When the angel Gabriel told her she would conceive a son by the Holy Spirit, she replied, "Let it be to me according to your word."

And it was.

And not to King Herod. Jesus was so real and such a threat that when King Herod couldn't find Him he gave orders to kill all the boys in Bethlehem and its vicinity who were two years old and under.

Is Jesus the one the Apostle John wrote about? "For God so loved the world that He gave His only begotten Son so that whosoever believeth in Him should not perish but have everlasting life?" (John 3:16)

No matter what, we have to decide: will we leave His story in a play, or in a hymn book? Or will we decide to believe that Jesus' story is true, that He's alive and He's coming again?

What will we do with Jesus? Amen.



Rosie's Devotions



Throwing in the Towel

Was there ever a time in your life when you just wanted to crawl into a hole and hide away from reality? Throw in the towel, so to speak? I have last week when my whole life seemed to cave in.

Last Tuesday, I drove my husband to the hospital because he had all the symptoms of the Covid virus; fever, no appetite, diarrhea, no energy and some other symptoms that I can't think of right now. We were there from ten o'clock in the morning and didn't get home until after midnight. By the time they register you, take tests, wait for the results and then decide whether to keep my husband

it turned out, he was sent home with a prescription of antibiotics because the X-ray showed the beginnings of pneumonia. It was two days later that I noticed that my husband was sleeping more than usual, he was twitching and unable to hold a cup or glass in his hand; I had to feed him as well. He was very shaky and unsteady on his feet. It was the next morning that I found him lying on the bedroom floor; he had fallen. I phoned the ambulance and to date he is still in the hospital with the Covid virus.

I feel so helpless. A situation like this is out of my control, and there is nothing that I can do. Yet, it is at times like these that the only thing that I am able to do, is to remember that I can talk to God and put my trust in him.

Psalm 25:16 – Come, Lord, and show me your mercy, for I am helpless, overwhelmed, in deep distress. (TLB)

God understands, and He knows what I am facing. God recognizes my anxiousness, and waits patiently for me to come to Him. God knows the outcome of this present reality.

Philippians 4:6 – Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. (NASB)

Prayer: Lord God, we come to You in our helpless state. We ask for Your help in this situation. Help us to let go and trust in Your abundant provision and guidance. Amen.

BACKYARD ASTRONOMY 2021 Astronomy Year In Review

By Gary Boyle - The Backyard Astronomer

in the hospital or send him home, the hours fly by. As



Looking back to 2021, there were many great space stories in the news including two lunar eclipses back in May and November. By coincidence, two more total lunar eclipses will occur in May and November 2022. We were also entertained by three great meteor showers in January, August and December but the moon ran major interference. The Northern Lights were prominent last month particularly in western Canada painting the sky green.

The never-ending list of exoplanets continues to grow with a total of 4,884 confirmed worlds and another 8,288 candidates. This search continues via ground and space-based telescopes. So, next time you look up at those twinkling points of light, you are looking at mini solar systems of at least one planet orbiting its parent star. After all the sun is but one of 300 billion stars in the Milky Way Galaxy.

It was this time last year that the Japanese Hayabusa mission successfully return soil samples from the asteroid Itokawa. The sample shows that water and organic matter that originate from the asteroid itself have evolved chemically through time. It has long been the thought of astronomers and scientists that building blocks of organic compounds needed to create life began in the solar system and was delivered to the young earth via meteorites. Missions such as this have shed new light on this theory. Meteorites and comets contain small amounts of water. Impacts over millions of years have most likely delivered water to the earth.

Comparable to the list of exoplanets, 70 more rogue planets have been detected floating through space. These are "outcasts" from their solar system by some event such as the star exploding thus launching it on a path to nowhere. Or some could have been overpowered by larger planets in their solar system and slingshot out of their system, from the light and (possible) warmth of their sun.

Until now, the sun has been studied by earth-bound telescopes and orbiting satellites. The amount of information learned is outstanding but the missing key was a physical examination. Never before has a spacecraft touched the sun until the Solar Parker Probe launched in 2018. Over the years the craft made multiple manoeuvres as it gets closer to the sun. In December of this year, the probe has touched the upper atmosphere of the sun's corona which is only seen from Earth during a total solar eclipse when the moon blocks the blinding light. Over the next few years it will skim closer to our star and by the year 2025 is will be racing at an unheard of speed of 690,000 kilometres per hour or 192 kilometres per second. Its 11.4-centimetre thick heat shield alloys it to operate at about 29 degrees Celsius and not fry the electronics.

The newest addition to the Martian fleet came with the deployment of the SUV-sized rover Perseverance and Ingenuity helicopter anchored under it. The two blades of the small helicopter spin in opposite directions to help give lift in the thin Martian atmosphere. To date, it has logged 30 minutes in a series of short flights. This is the first time such a vehicle has been used on the red planet.

Private companies have proved they have the right stuff to launch into space, not just NASA. Jeff Bezos and Blue Origin allowed 90-year-old William Shatner and retired NFL Michael Strahan to touch space by past the 100 Karman Line. But Elon Musk has taken space travel one step further by transporting astronauts and supplies to the International Space Station via the SpaceX Dragon cargo ship. It is the same Dragon capsule that was almost used as an emergency escape vehicle. The International Space Station was subjected to a dangerous debris field of a purposely blown-up satellite. The danger has all but passed but there were some anxious moments.

Space is dangerous. Along with solar radiation from the sun and cosmic rays from the cosmos, more than 23,000 pieces of orbital debris larger than a softball are being tracked. Half a million pieces are the size of a marble or larger with approximately 100 million pieces of debris-about one millimetre and a bit larger. All moving at 28,000 km/hr or almost 8 km/sec.

In September of 2022, the DART mission will arrive at the 800-metre wide asteroid Didymos to deflect a small 160-metre wide moonlet Dimorphos. This is a test to see if a potential asteroid coming towards earth can be slightly deflected thus changing course and missing our planet. This particular asteroid is only a test subject and is no way on a collision course with our home planet.

The long-awaited James Webb Space Telescope (successor to the Hubble Space Telescope) was launched on Christmas Day. It has a much larger mirror system and will study infant galaxies in the near-infrared thus allowing us to see through the gas and dust of the earliest galaxies. The sun shield measures the size of a tennis court and will shade the telescope from the heat of the sun and block the light of the earth and moon. It will operate at a distance of 1.5 million kilometres from the earth where the temperature of space is -223 degrees Celsius. The JWST will be capable to look back to the beginning of the universe, some 13.8 billion years ago. One of its many projects will be to see if black holes helped create the galaxies or if they came afterwards. It will also look for signs of like in the atmospheres of distant exoplanets.

Clear skies.

Known as "The Backyard Astronomer", Gary Boyle is an astronomy educator, guest speaker and monthly columnist for the Royal Astronomical Society of Canada as well as past president of the Ottawa Centre of the RASC. He has been interviewed on more than 50 Canadian radio stations as well as television across Canada and the US. In recognition of his public outreach in astronomy, the International Astronomical Union has honoured him with the naming of Asteroid (22406) Garyboyle. Follow him on Twitter: @astroeducator, Facebook and his website: www.wondersofastronomy.com



City services impacted by Provincial move to Modified Step Two

(Barrie, ON) The Government of Ontario has announced further COVID-19 restrictions for the entire province, effective at 12:01 a.m. on Wednesday, January 5, 2022, for at least 21 days (until January 26), subject to trends in public health and health system indicators. This is a return to the modified version of the Province's Step Two of the Roadmap to Reopen.

The new measures announced by the province include the following:

- Schools will move to remote learning until at least January 17.
- Reducing social gathering limits to five people indoors and 10 people outdoors.
- Capacity limited at organized public events to five people indoors.
- Businesses and organizations are required to ensure employees work remotely unless the nature of their work requires them to be on-site.
- Indoor dining will be closed at restaurants, bars and other food or drink establishments. Outdoor dining with restrictions, takeout, drive through and delivery is permitted.
- The sale of alcohol is restricted after 10 p.m. and the consumption of alcohol on-premise in businesses or settings after 11 p.m. with delivery and takeout, grocery/convenience stores and other liquor stores exempted.
- Capacity limits at indoor weddings, funerals, and religious services, rites and ceremonies limited to 50 per cent capacity of the particular room. Outdoor services are limited to the number of people that can maintain two metres of physical distance. Social gatherings associated with these services must adhere to social gathering limits.
- Retail settings, including shopping malls, permitted at 50 per cent capacity. For shopping malls, physical distancing will be required in line-ups, loitering will not be permitted, and food courts will be required to close.
- Personal care services permitted at 50 per cent capacity and other restrictions.
- Indoor meeting and event spaces closed with limited exceptions. Outdoor spaces to remain open with restrictions.
- Indoor sport and recreational fitness facilities closed including gyms, except for athletes training for the Olympics and Paralympics and select professional and elite amateur sport leagues. Outdoor facilities are permitted to operate but with the number of spectators not to exceed 50 per cent occupancy and other requirements.
- Indoor concert venues, theatres, and cinemas closed. Rehearsals and recorded performances permitted with restrictions.

For a full list of restrictions and closures, review the Province's media release.

What does this mean for Barrie residents? Below is a list of affected City services. The City's parks, trails and outdoor rinks remain open to provide safe outdoor recreation opportunities for residents.



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City Hall:

• City Hall remains closed to the public, except for pre-booked appointments through the City's customer service centre, Service Barrie. Residents must call 705-726-4242 to book an appointment. Residents are encouraged to continue to use the City's online services to easily apply for small building permits, pay for parking or speeding tickets, and more.

City recreation facilities:

- The City's recreation facilities and 55+ Centres will be closed starting January 5. In-person registered recreational programming will be delayed by three weeks. Staff will be reaching out to participants with new start dates.
- Some athletes who meet the Provincial criteria will be accommodated at City Facilities as per the Provincial guidance for Professional and Elite Amateur Sport.
- Online virtual programs such as fitness classes will continue. Learn more and register at play.barrie.ca.
- The city's outdoor rinks, trails and parks will remain open. The Circle at the Centre rink at City Hall and the Centennial Park outdoor rink are open daily from 10 a.m. to 10 p.m., weather permitting. Skaters are required to follow safety procedures when using outdoor rinks. More information and updates are available here: barrie.ca/rinks.

City theatre:

• The City's Five Points Theatre will be open for rehearsing or recording under Provincial regulations, but will be closed for performances effective January 5

Development Services:

• The Planner of the Day is available to answer planning related questions online or by phone only. Email planneroftheday@barrie.ca or call 705-726-4242.

Barrie Public Library:

- Both Barrie Public Library branches remain open for browsing, borrowing and computer use. Capacity is limited to 50 people Downtown and 25 people at Painswick.
- Visits are limited to a maximum of 60 minutes.
- Express Pickup is available for low-contact pickup of library materials and returns are accepted 24/7 through the outdoor return slots.
- Residents can print their vaccination receipt for free at the library (but no lamination is available).
- Rapid COVID tests are NOT available from the library at this time.

For the most up-to-date information on the status of City services, visit barrie.ca/services.

The City encourages residents to support local. To learn more about the supports available to businesses through the pandemic, visit barrie.ca/SupportforBusiness.

For detailed and up-to-date information on the local vaccination plan, visit the Health Unit's website.

Additional Resources:

- Service Barrie: 705-726-4242 or service.barrie@barrie.ca
- Simcoe Muskoka District Health Unit: 705-721-7520 or simcoemuskokahealth. org/
- Ontario 211: Community and Social Services: call 211 or visit communityconnection.ca
- Barrie Police Service Non-Emergency Line: 705-725-7025
- Canadian Mental Health Association: cmha.ca
- Kids Help Phone: 1-800-668-6868 or kidshelpphone.ca
- Barrie and Area Healthcare options: barriehealth.ca/





All kits/supplies and programs offered below are FREE for you to enjoy!

Family Winter Challenge

From star gazing to living room slumber parties, our January Family Winter Challenge will have you enjoying various activities all month! Every family that completes and hands in their challenge sheet by January 31 will win a FREE glow stick per child!

Krafting with Kathy

Kathy's theme this month is a Snowflake surprise! Be sure to contact your branch for your kit while supplies last!

Simcoe Author Talk Series

Next in our online series is author Michael Posner and his book, Leonard Cohen: Untold Stories. Please contact us to register for this event taking place on Tuesday January 18, 7pm.

Lego Building Challenge with a PRIZE!

Follow along and build with staff member Amanda, take a quick picture and email it to the library to win a lego figurine!! The lego video will be live on our website/facebook page starting Thursday January 20.

BIA Snowman kits still available

We still have some BIA snowman kits available at the Elmvale branch. Contest closes January 22.

Creative Seniors: Cake Decorating

Join award-winning chef Dimu Perera of Andro Cakes and learn decorating techniques for your sweets! You can register to watch and enjoy or a list of ingrediants and supplies can be emailed to you prior to the event taking place on Monday January 24, 1pm-3pm via zoom.

Kanopy: Movies/Courses/Kids Programming

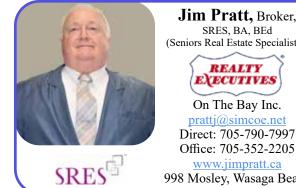
Have some time over the holidays? The library has a streaming service that offers movies, Great Courses series and unlimited Children's programming! Check out our friendly, How to Guide for Using Kanopy video by staff member Katie found on our Youtube channel (search Springwater Library).

Storytime with Miss Amanda

Our weekly online storytime has some fun themes in January: Stuffed Animals, Farm and skating. Don't forget your take home and make Storytime craft kits.







Jim Pratt, Broker, SRES, BA, BEd (Seniors Real Estate Specialist®) REALTY *EXECUTIVES*

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A TINY SENIOR MOMENT

by Jan Perrault

Is it that time of year again?

Well, another year has passed by! During the month of January many of us set goals for the coming year. After retirement and into our later years, it's actually a really great time to set personal goals because we're no longer bound by responsibilities like work and raising children as we once were. But we also want to make the most of the time and energy we invest. Oftentimes, a goal can be broken down into smaller, more manageable goals. This is a really important tactic for actually moving forward and accomplishing the larger objective. In fact, with each smaller piece that we accomplish, we get to feel a surge of accomplishment, pride, and motivation to

You may want to set a new goal about going outside more in the winter months. Just because it's winter doesn't mean we necessarily have to stay inside. We can still enjoy walking with the proper footwear. Walking is a great way to improve or maintain your overall health. Just 30 minutes every day can increase cardiovascular fitness, strengthen bones, reduce excess body fat, and boost muscle power and endurance. It can also reduce your risk of developing conditions such as heart disease, type 2 diabetes, osteoporosis and some cancers. Unlike some other forms of exercise, walking is free and doesn't require any special equipment or training. In the case of setting a goal of walking for health, you might plan to walk just 30 minutes, twice a week, for a month. Then, you could increase the walking time or the number of days per week, in subsequent months.

One of the best walks I've had recently was when it had just snowed and the trees were covered with a beautiful powdery white coating. It's amazing how quiet the woods can be with the extra insulation of snow. To ensure a solid footing you can always slip ice grips onto your existing boots. They're a surefire way to add tread without compromising the integrity of your shoes. You can take them on and off with ease and add them to any style of boot.

Of course, all walking activities should be performed on well groomed trails. You can always check out www.Tiny.ca for a list of trails. Did you know you can borrow a family day pass at the Wye Marsh or the Ontario Provincial Parks through the Midland Public Library? What a great way to get some free walking done!

Many of our local Seniors Clubs also offer walking clubs. This will give you a chance to get exercise and socialize at the same time. The following is a list of some of the clubs; Askennonia Senior Centre, www.askennonia.ca, Bayshore Seniors Club,www. bayshoreseniors.ca and Georgian Shores Swinging Seniors, www.georgianshoresswingingseniors.ca

Speaking of setting goals, there is actually a Tiny Township Senior Advisory Committee (SAC) that sets many goals for the well being and quality of life for seniors. The Committee consults and collaborates with seniors, senior's organizations and others to gather information and provide advice regarding seniors needs. They also provide assistance in identifying new program development and delivery for seniors and aging adults in the Township. They have introduced multiple Senior Speaker Series.

The group is made up of six voting members of the public and one voting council member. SAC is guided by the Local Aging Plan, which was completed in 2017, and it identifies the needs and opportunities of seniors and older adults. If you are interested in obtaining a copy of the plan call 705-526-4204 or email seniors@tiny.ca. Once on the Tiny website, you can click on the parks and recreation tab and that will lead you to a drop down list with a senior services tab. One click on this will lead you to lots of useful information!

"It must be borne in mind that the tragedy of life doesn't lie in not reaching your goal. The tragedy lies in having no goals to reach." —Benjamin E.

Support always available:

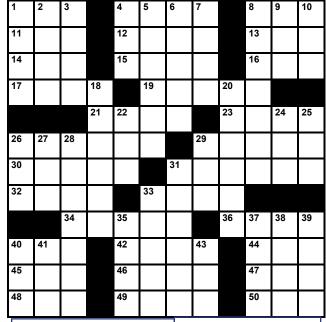
A free helpline that connects you to community and social services in your area, 24/7, 365 days a year, in over 150 languages - Dial 211.

Transportation:

Huronia Seniors Volunteer Care Team, Wheels 4 Wheels, by phone at 705-526-5566 or email wheels4wheels@gmail.com. Clients must wheelchair dependent.

TLC - Community Reach, serving residents of North Simcoe with limited income and older adults with limited supports. Contact by phone at 705-528- 6999 or online at www.communityreach.ca/ transportation.html.

Red Cross Simcoe Muskoka available to seniors 65+ facing barriers, contact by phone at 705-721-3313 x5274 or via their website at www.redcross.



Across

- 1 Duffel, e.g.
- 4 Third of a yard
- 8 Part of a pointillist's painting
- 11 Place into service
- 12 Vault feature
- 13 Saskatchewan harvest unit
- 14 Humanities course, for short
- 15 Risotto ingredient
- 16 The limit, in a saying
- 17 Column part 19 "Wild" estimate
- 21 Tend to the batter
- 23 Potpie bits
- 26 Tee-shirt material
- 29 Ship's shipment
- 30 Panoply
- 31 Egg box
- 32 A drummer keeps it
- 33 Sports area
- 34 Super buys
- 36 A smattering of
- 40 Had a bellyful
- 42 Refuse visitors? 44 Noon to noon
- 45 " any drop to
- drink"
- 46 Denver, the High City
- 47Long-distance dialing
- requirement 48 "No doubt!"
- 49 Dwell on anger
- 50 Vermilion, e.g.

- Down
- 1 Eventual tulip
- 2 Place of many
- 3 Gains
- 4 Considerably
- 5 Root
- 6 Become part of history
- 7 Quaker's "you" 8 Menu course
- 9 Deciduous tree
- 10 Go (for)
- 18 Kind of tax
- 20 Electrical flashes
- 22 Small car, perhaps
- 24 "A long time a galaxy ..."
- 25 Boy child
- 26 Uber, these days 27 Valuable deposit
- 28 Stock exchange
- denizens
- 29 It can follow dining or sleeping
- 31 It may be made of sand
- 33 Hair braid
- 35 Chair supports
- 37 It may come out of dumpster
- 38 Bareback rider's "reins"
- 39 Visually assessed
- 40 Some amount of
- 41 Small digit
- 43 Clinch, with "up"





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TINY TOWNSHIP

Tiny, also known as Tiny Township, is a township in Simcoe County, south-central Ontario, Canada. The Township of Tiny can be found in the southern Georgian Bay region and is approximately 30 kilometres (19 mi) long or 410 square kilometres (160 sq mi).

Communities

The township comprises the communities of Ardmore Beach, Balm Beach, Belle-Eau-Claire Beach, Bluewater Beach, Cawaja Beach, Cedar Point, Clearwater Beach, Cove Beach, Crescent Beach, Coutenac Beach, Deanlea Beach, Dorion's Corner, East Tay Point, Edmore Beach, Georgian Bay Estates, Georgian Heights, Georgian Highlands, Georgian Sands Beach, Georgina Beach, Gibson, Ishpiming Beach, Kettle's Beach, Kingswood Acres, Lafontaine, Lafontaine Beach, Laurin, Mary Grove, Mountain View Beach, Nottawaga Beach, Ossossane Beach, Perkinsfield, Randolph, Rowntree Beach, Sandcastle Beach, Sandy Bay, Sawlog Bay, Silver Birch Beach, Sloane Point, Thunder Beach, Tiny Beach, Toanche, Wahnekewaning Beach, Wendake Beach, Woodland Beach, Wyebridge, Wyevale and Wymbolwood Beach.

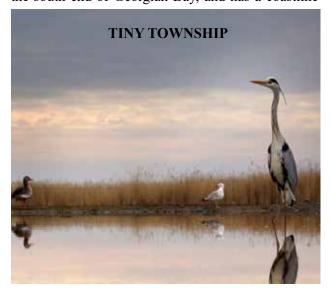
Lafontaine

Lafontaine was originally called Sainte-Croix (French for "Holy Cross"). It was renamed Lafontaine to honour the politician Louis-Hippolyte Lafontaine, one of the early Joint Premiers of the Province of Canada.

In honour of the region's French history, Lafontaine hosts the annual Le Festival du Loup in July, a festival of francophone music and culture which celebrates the death of a wolf that terrorised the village in the 19th century.

Geography

Tiny Township is located on the peninsula that separates Severn Sound and Nottawasaga Bay at the south end of Georgian Bay, and has a coastline



of 70 kilometres (43 mi). It extends southward into the Wye River watershed. The municipality is home to Awenda Provincial Park on Georgian Bay at the north end, and the Tiny Marsh Provincial Wildlife Area, source of the Wye River, in the south

Tiny contains an artesian well that produces some of the purest spring water in the world. Many residents were concerned that a proposed garbage dump over the aquifer would contaminate the water, and a series of protests achieved a one-year moratorium on the dump. The dump's certificate of approval was later revoked by the province in 2010.

History

The township was named in 1822 after a pet dog of Lady Sarah Maitland (1792–1873), wife of Sir Peregrine Maitland, Lieutenant Governor of Upper Canada. Two other adjoining townships were also named for her pet dogs, Tay and Flos (now Springwater Township).

Humans have occupied the area now known as Tiny Township for at least 11,000 years. Excavations in what is now Awenda Provincial Park in the 1970s uncovered four archaeological sites dating from the Paleo-Indian period. For much of the Pre-Contact period, the Indigenous peoples of the area would have been hunter-gathers living mostly in small family groupings which would come together in larger groupings during particular times of the year to collect resources such as fish or berries.

Around 1100 C.E., agriculture was introduced to south Central Ontario, with people growing corn, beans, squash, tobacco, and sunflowers. This led to the development of villages centred around longhouses. By 1600 C.E., the five nations of the Huron-Wendat Confederacy had established their villages in the territory they called Wendake, a part of which included what we now call Tiny Township. Starting in 1615, French Catholic missionaries, first Recollets and then, in 1625, Jesuits, began



proselytizing among the Huron-Wendat. The Jesuits built the mission Sainte-Marie among the Hurons and wrote extensively about the Huron-Wendat culture. In 1636, Jesuit missionary Jean de Brebeuf observed and wrote about The Huron Feast of the Dead which occurred at the Huron-Wendat village of Ossossane which was located in what is now Tiny Township.

Diseases brought by the French in this period had a devastating effect on the Huron-Wendat. It is estimated that circa 1600, just prior to European contact, the total population of Wendake was between 20 000 and 25 000 people. However, a series of epidemics between 1634 and 1642 reduced the population to about 9000 people. Attacks by the Haudenosaunee in 1648 and 1649 dispersed the Wendat people, with most traditionalists joining the Haudenosaunee, while others joined with the related, neighbouring Petun people. The remaining Huron-Wendat who followed the missionaries fled to French Territory.

In the 1700s, as the threat from the Haudenosaunee waned, Ojibwe people began to move back into the area. In 1798, the Ojibwe (Chippeway) and the British signed Penetanguishene Bay Purchase turning some of the land which would become Tiny Township over to the British who soon after established a naval base at Penetanguishene. A subsequent treaty in 1815, the Lake Simcoe–Lake Huron Purchase turned over the remaining part of the land which would become Tiny Township.

By the mid-19th century, families from Quebec began moving to the Tiny Township area for the cheap and fertile land to farm. The Baldwin Act of 1850 established the Corporation of the United Townships of Tiny and Tay. In 1868, the townships were separated through a Simcoe County by-law.

(Source: Wikipedia)



SPRINGWATER TOWNSHIP

Springwater is a township in central Ontario, Canada, in Simcoe County, near Barrie. It is the county seat of Simcoe County.

History

Prior to European settlement, Ossossane, the largest Wendat settlement and capital of the confederacy was located near modern day Elmvale.

Springwater was formed in 1994 through the amalgamation of Flos and Vespra Townships, together with the Village of Elmvale and a portion of the former Medonte Township.

Communities

Anten Mills is centred on the intersection of Horseshoe Valley Road West (formally County Road 22) and Wilson Drive (formally the 7th Concession of Vespra), 15 kilometres (9.3 mi) northwest of Barrie. The community derived its name from a well-known mill operating in the area in the late 1800s. The first syllables of this firm's name, Anderson & Tennant, after its owners Charles Anderson and a Mr. Tennant, were merged to create the word Anten. Country music star Jason McCoy grew up in Anten Mills.

Most of the workforce living in Anten Mills are employed in nearby Barrie. The area surrounding Anten Mills is predominantly either farm or crown land; however, golf courses, ski resorts and hiking trails also dot the landscape.

Some 25 km northwest of Anten Mills is Wasaga Beach, a popular summer tourist attraction.

Crown Hill is located at the municipal boundaries of Springwater and Oro-Medonte, just outside the northern city limits of Barrie. Prior to the provincial highway downloads of 1997, Highway 11 left its

expressway route through Oro-Medonte at Crown Hill, transferring onto Penetanguishene Road for the remainder of its southerly route into Barrie and Toronto. Highway 11 now continues past the Penetanguishene Road interchange along the former route of Highway 400A, ending at Highway 400 1.1 kilometres further southwest.

Elmvale is located at the intersection of County Road 27 and County Road 92 (Queen Street). The Elmvale Maple Syrup Festival, established in 1966, draws thousands of visitors each year. Elmvale was home to 2,369 people in 2011. It is the site of the Elmvale Jungle Zoo.

Hillsdale is located on Highway 93 at its intersection with Mill Street, just north of Highway 400. It was founded as the half-way point between Lake Simcoe and Georgian Bay. It was the site of the Simcoe House Hotel (now abandoned) and Rumble's Gristmill on Sturgeon River. Hillsdale is home to approximately 1,000 people.

Midhurst is the largest population centre in the township. It is home to the Barrie Baycats of the Intercounty Baseball League. A tree nursery operated here that supplied trees for the province.

Minesing is a community near the Nottawasaga River on Highway 26, northwest of Barrie. The community holds two major events every year, one in the late winter called Mini-fest, and a slow-pitch tournament that falls on Labour Day weekend. The community is the birthplace of Hockey Hall of Famer Frank Foyston and is home to Country music star Jason McCoy. It has a small school known as Minesing Central Public School. The nearby

Minesing Wetlands is an internationally recognized wetland of significant biological importance.

Along with the main centres of Anten Hills, Crown Hill, Elmvale, Hillsdale, Midhurst and Minesing, the township contains the communities of Allenwood, Apto, Craighurst, Crossland, Dalston, Edenvale, Fergusonvale, Grenfel, Hendrie, Langman, New Flos, Orr Lake, Phelpston, Sandy Beach, Saurin, Snow Valley, Vespra Village, Strongville and Vigo. Two former ghost communities, called Josephine and McKinnon, existed in the Minesing Swamp within the township's borders.

(source: Wikipedia)





Have you done any fun stuff with your kids this year? Ha ha. It's only been like, 6 days. Maybe you got the kids to help you as you threw out, ahem, as you donated their toys from last year to Goodwill to make room for this year's toys. I guess Goodwill is actually not correct but I still say it all the time. Instead you can now donate all that stuff to the local thrift store that popped up where Goodwill used to be. But if you're anything like me, you'll first inconveniently cart it around in your car/van/ truck for a few months. I've even moved the thrift load from one vehicle to another and then back to the original again. After shifting it around to make room for groceries, building supplies, drum sets or children we all know the thrift store delivery can no longer be avoided.

It's only the first week of January and I've already made a trip. A few teenage daughters here who cleaned out their wardrobes pretty much made a full load for the thrift store. The girls were doing some cleanup over a few days. There were big black garbage bags all over their room and the hallway. I was forever asking if the specific garbage bag I was looking at was for the thrift store or actual garbage. My apologies to employees of the thrift store if I mixed the bags up. I successfully delivered the gently used goods without incident. But this is not always the case.

There was one time that my gently used goods were denied at the thrift store. Apparently when the government mandates lockdowns and people are

stuck in their homes for uncomfortably long periods of time, the people begin to clean said homes. As the homes are cleaned out and the lockdowns come to an end those same people flock with truckloads of items to the local neighbourhood thrift store. If you're late to the party the thrift store is unable to accept your bags of teen girl clothes as they already have shelves and shelves and racks and racks of those clothes and have been unable to sell them because of store closures during lockdowns. A vicious cycle indeed.

Fortunately we also have a list of friends whose kids are slightly younger than ours where we can unload our unfitting clothes in the case of thrift store denial. But if we experience thrift store denial and friends-with-smaller-kids denial we have one more option before the dump. My sister-in-law just started working at a thrift store so I can show up at her house, send the kids in to distract her and put my load of goodies in her van. What a generous and kindhearted brother-in-law.

Dads, I wish you luck in your post-Christmas cleaning. Don't procrastinate with that thrift store load. Just drop it off the next time you're in town and you'll feel much better about it and won't have to reorganize it when you get the groceries. Time flies! Make every moment count!

Jason Weening lives in Minesing where he loads gently used items from 9 kids, 50 hens, 2 goats, 1 adopted stray cat and an organized wife into his van. Check out heydads.ca for more house-cleaning tips.



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Don't miss out



Pay Attention to Your Dreams

Dreams are one way for our subconscious mind to communicate with our conscious mind. The subconscious does not communicate directly, however. It is more like a game of charades, in which the subconscious 'acts out' a message and hopes the conscious mind will pick it up.

The subconscious is where our deepest feelings, desires, fears and vulnerabilities reside. The conscious mind is more like the part we 'dress up' to take out into the world, while the subconscious runs things 'behind the scenes'. The subconscious can certainly sabotage our conscious desires and goals, so it is a good idea to pay some attention to it. If we can decode its messages, there is a greater likelihood that we get all parts of our consciousness working in the same direction.

If you dream of being afraid, of being unsafe, or being chased, the dream may be reflecting your deep feelings of vulnerability. You can look at your waking life and consider in which areas you may be feeling vulnerable. Then you can see what you might do to make yourself feel a little more grounded and secure in that situation, or to look at how you would still be okay even if your worst fears materialized.

If you dream of being lost, it may be that you are 'off track' in terms of what you really want to be doing in this lifetime. Dreams can also give hints about where our soul really wants us to go, literally figuratively. If you dream repeatedly of the countryside, or of mountains, it may be that your soul yearns to move there.

If you dream of flying, it may be that it is time to

give 'wings' to your waking dreams.

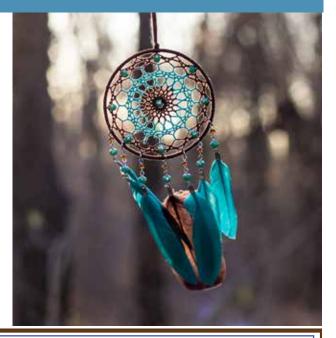
If, on the other hand, your dreams are disturbing, and leave you feeling anxious or depressed, and especially if they are recurring, you may benefit from talking with a psychologist. You may have unresolved issues from the past that need to be healed. Sometimes old wounds may be triggered by some current situation, and your conscious mind may not have made the connection. The subconscious may be trying to alert you about something in your life is upsetting you. It could be something related to another person or situation, or it may be something within our own thought processes.

Some people say they do not remember dreams. Sometimes just giving yourself the message, just before you fall asleep, to remember your dreams is helpful. Keeping a notepad by your bed and jotting down even the briefest fragments of dreams can be helpful in recalling them. Once you get up, they may

be lost. Pay attention to your dreams, for there may be important subliminal messages in those 'nighttime videos'.

Gwen Randall-Young is an author and award-winning psychologist. For permission to reprint this article, or to obtain books, CDs or MP3s, visit www.gwen.ca.

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Hidden Gems

Snow Valley Snowshoe Trails



Looking to build some additional frosty family memories or perhaps start a new tradition in 2022? More than just a place to ski and snow tube, Snow Valley is a great place to hike or snowshoe during the snowy season and beyond. A proud part of our township, but also

very accessible to Barrie residents, the valley offers 17 kilometres worth of trails that wind their way amidst a wooded winter wonderland.

The **RED TRAIL** begins near the pond, in front of the Snowshoe rental building. All trails can be accessed by first starting on the red trail. A shorter trail at 1.8 km, this trail is great for those just learning to snowshoe or beginning to hike in winter conditions. There are few inclines and so this is considered an easy trail that eventually loops around and retraces its original path. The most charming section of this trail is the wooden bridge that crosses a small creek. This spot is a great place for photo ops.

Although the **ORANGE TRAIL** is the same length as the red trail at 1.8 km, the orange trail is considered moderate as its paths tend to wind up and down more frequently. This trail consists mainly of a large loop encircling a quieter, less travelled section of forest that, at one particular spot, skirts the rail line.

For those wishing to immerse themselves in nature for a bit longer, try the 2.6 km. **GREEN TRAIL.**

This trail, which also connects to the orange and purple trails, is the furthest away from county roads, site parking lots and out buildings and really gives you a feeling of getting away from it all. As it includes some uphill and downhill trekking, this trail is considered moderate.

Closest to George Johnson Road and connected to the green trail, the **PURPLE TRAIL** is a moderate trail of 3.6 km. Being longer in length and of a slightly higher level of difficulty, it is wise to have had some experience with snowshoeing or winter hiking. This trail is also furthest away from any facilities and so it is advisable to bring some water, snacks and extra clothing and supplies.



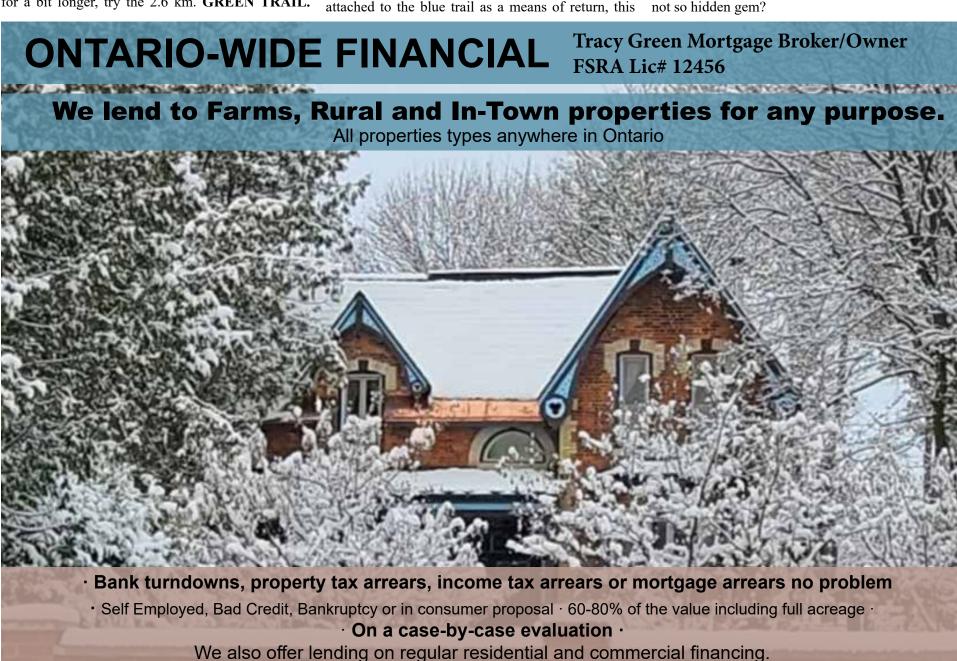
The YELLOW TRAIL is the longest and most challenging of all the trails. A 3.7 km. twisting trail that is mostly up and then down an escarpment, this trail is definitely for the more fit and experienced winter adventurer. Accessed via the red trail and also attached to the blue trail as a means of return, this

trail offers some amazing vistas of the valley below. Covered in snow, the evergreens add an air of magic throughout the journey. Dress warmly and bring additional supplies, clothing and snacks. For hikers, crampons are advisable.



Accessible via the red and yellow trails, the **BLUE TRAIL** is considered a moderate trail and is 3.4 km in length. Although the description is moderate, there is one section of yellow trail which provides access to the blue trail, that is quite the climb so a decent level of fitness is recommended. There is also a section of this trail that offers some amazing views.

No matter what trail you choose, there will be plenty of opportunities to soak up some fresh air and Vitamin D, spot some wildlife, enjoy some beautiful winter scenery and build cherished memories. This winter hot spot, located at 2632 Vespra Valley Road, Minesing has been offering families and friends these types of opportunities since 1952. Why not make 2022 your year to rediscover new ways to enjoy this not so hidden gem?



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Do Not Teach a Starving Man to Fish

You've heard this old saying before: give a man a fish and you feed him for a day; teach a man to fish and you feed him for a lifetime. You may even be nodding your head in agreement right now. Sorry, this saying is all wrong.

You've heard this old saying before: give a man a fish and you feed him for a day; teach a man to fish and you feed him for a lifetime. You may even be nodding your head in agreement right

Sorry, this saying is all wrong.

When a person is starving, that's not the time to fill their head with knowledge. The right thing to do is to first give the person a fish, banishing his hunger, and only then teach them to fish.

Far too often, people ignore this common sense first step. They see someone who is struggling, and they rush to offer wisdom. "Let me tell you what I'd do in your position," a well-meaning individual might offer.

But few of us understand the anxiety, confusion, and uncertainty that comes with overwhelming need. People in the midst of personal disasters are reeling. They can't think straight. Their nerves may be shot. Their confidence may be non-existent.

We all know affluent, outwardly successful professionals who lack confidence and, at least temporarily, the ability to think straight. Can you imagine how people must feel in the midst of outright failure?

Rushing to offer a struggling person long-term advice is a waste of time.

Instead, it makes far more sense to help them regain their equilibrium. Once this happens, once their ears, heart and mind open, then you have an opportunity to teach a new skill.

What does it take to decide whether a person needs a fish before a fishing lesson? Two things:

1.) The ability to pay attention

Is the other person open and receptive, or looking at the world through narrowed eyes that tip off just how terrified they feel inside? You can't just take their words at face value, because claiming to be alright is a basic survival skill. You have to look at how the person acts and what they don't say.

2.) Empathy

The more successful you are, the harder it is to imagine what it must be like to be the opposite.

Source: Free Articles from Articles Factory.com Marcus Leong is a columnist, coach, and speaker. His mission is to help SME business owners to turn their brick and mortar businesses into online e-commerce and help employees to generate more than doubled-tripled their income by creating multiple streams of income with minimal capital required, without quitting their 9 to 5 jobs. He is also a Non-Sales Approach initiator.

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Anten Mills News

by Dennis Gannon

Have you noticed? Have you noticed that the days are getting just a bit longer every day? Since the last edition of the paper we have gained just over 8 minutes of sun and by the end of January we will have gained over one hour. On top of that, meteorologically, we are a third of the way through winter as the meteorologists start the seasons on the first day of the month. January also has the Quadrantids, which is the first major meteor shower of the year. It peaked on Tuesday but is still visible for a couple more weeks in the north sky. Also on Tuesday the earth was at its closest point to the sun. The full moon this month will be on January 17 and is called the Wolf Moon. Hopefully it will be visible for all to see.

The holiday season has wrapped up and despite all the world health issues it was a good one by all accounts in our community. Our Christmas in the Village was slightly delayed but went off without any issues and thoroughly enjoyed by many. As a community this past year we donated generously to the Elmvale and District Food Bank and they have expressed their sincere thanks for our efforts. Our community is fortunate to have 9 members of the Springwater Fire and Emergency Services who reside here and their commitment is second to none. This past year they diligently responded to several medical calls, fire calls and other emergencies such as the hydro lines down that occurred before Christmas within the village. On Christmas Eve and for our other events they proudly escorted Santa Claus. We owe them great thanks for taking time away from their families to respond to our calls and to their training which they regularly attend. And to their families, as a community we are thankful for your support to them.

Through the holidays many homes were wonderfully decorated with outdoor displays that were a sight to see. The official "unofficial "decorating contest was once again too difficult to come up with a single winner. Instead a short video was put on the community Facebook page so everyone could make their own decision. If you haven't had the opportunity to see it check it out soon so you may be inspired for next year. While the lights at the park displays will be turned off this week, it's hoped that some of the lights on many homes will stay lit for a few more days.

2021 presented a number of challenges for our Community Recreation Association but with ingenuity and perseverance they did their best and as a result functions and events were held. Thanks to Roslyn, Shawn and their family, recreational ball came back for kids and adults. What was supposed to be only for a few weeks ran into the fall and was a success. Stephanie and family organized movie nights under the pavilion which were enjoyable. Through the hard work of many, our Anniversary garden was created and through numerous donations a beautiful perennial garden was established that





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will be enjoyable for years to come. The CRA held a great artisans and crafters fair which showcased the talents of our community members. The ceremony recognizing the 50th anniversary of our community association welcomed a number of visitors and dignitaries and the 50th anniversary garden rock sits with honour near the history of the community association signboard. To conclude the year the combined 23/24th annual Santa Claus parade and Tree Lighting complete with new lights, new star and fireworks rounded off the activities. The Anten Mills community worked within the requirements established and had a very successful year which many partook and enjoyed.

In 2021 we also saw some additional upgrades to the park. The pavilion had a new concrete pad poured which allows better use of the facility which has been seen recently. Through a grant a new 500 meter walking trail was established. The trail has received numerous compliments and was frequently used until the snow came. A different grant application was submitted to have outdoor exercise equipment installed which unfortunately was not successful. Other grants will be looked for as well along with additional opportunities to make this occur. Suggestions are welcome on this subject.

The weather until recently hasn't been reliable for the rink at the community centre. This past week with colder temperatures, the rink volunteers have been out making ice for the season. You are asked to be mindful of the temperature and stay off the pad if it gets warm. Rink updates are posted on the Facebook page. Again this year due to health requirements the rink house will not be available for use so be prepared when you go there.

That's all for this week. May 2022 bring you success, peace and happiness. Stay Healthy, Stay Safe, Stay Strong, antenmills1@gmail.com.







Sports with Patrick Townes



The article is back after taking an edition off for the holidays. Hoping everyone had a great holiday season and a Happy New Year. Unfortunately the end of 2021 was oddly similar to the end of 2020. There was uncertainty in regards to the number of Covid cases

and anxious feelings in waiting for new rules around the holiday season.

The World Junior tournament is an annual tradition for hockey fans, and many people turn to their televisions on Boxing Day and during the New Year to watch these games. The Women's tournament was cancelled and the men's tournament continued. This decision was mind-boggling to me. After most teams played two games at the World Juniors, the tournament was cancelled due to the rising number of Covid cases amongst players. This should come as no surprise after hearing some of the reports from the players regarding the conditions at the tournament. The facility was not "blocked" off like usual circumstances and like other sports that utilize the bubble format. Understanding that rules were slightly relaxed and the bubble situation was not being utilized, but players stated that staff and whomever were able to go home between games, and the hotels were open to members of the public, including restaurants and weddings. It is a shame that the organization made two wrong decisions in regards to these tournaments.

The National Hockey League announced that their players will not be attending the Olympics. A very smart decision. This should get the ball rolling for other athletes to announce they will not be attending the Olympics. The double mixed curling qualifying event was cancelled after players spent four years preparing. While I am sure there are many teams that would still like to participate, I bet there are players that are not willing to go. Time spent away under uncertainty and away from families during a trying time at home may have an influence on these decisions.

Players in the National Hockey League are under contract by their teams. Players have announced their frustration in stating that they should be able to make their own decision in whether they attend the Olympics or not. While I understand their frustration, there is absolutely no way they can go when the League is not on board. There are so many factors at play, including salaries, injuries, endorsements, scheduling, etc. that need to be considered. The League itself may be facing a tough decision on whether they complete the season and how they do so. Canadian rinks have limited attendance and others may follow.

The Toronto Blue Jays addressed many items this offseason. Once the lockout situation is under wrap, they will continue to sign via free agency and trade. Many are questioning the decision not to resign Ray for similar money that Gausman received. The real question here that people need to be asking is why did Ray sign for almost the same amount of money as Gausman after winning the Cy Young as the top pitcher. These pitchers have similar stats and the Jays made their selection. Who knows if Ray even wanted to play in Canada?

Hopefully as 2022 progresses, there will be some positive news in sports and the world.

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THE MOST POPULAR SPORTS IN THE WORLD

Sport is a culture that can bring people together, irrespective of differences in culture, religion, or values. It is a culture that is old as time. Sport has encountered immense transition as time changes. Sport can involve two people, or a group of people comes together to make the team. A team is like a machine with different parts but with the same goal and mission. Let us talk about the most popular sports in the world. Sit tight and enjoy!

Sport is a culture that can bring people together, irrespective of differences in culture, religion, or values. It is a culture that is old as time. Sport has encountered immense transition as time changes. Sport can involve two people, or a group of people comes together to make the team. A team is like a machine with different parts but with the same goal and mission. Let us talk about the most popular sports in the world. Sit tight and enjoy!

FOOTBALL

Football can easily top the list of the most popular sport in the world. Almost every community acknowledges this sport as integral. Boys are often playing football after school, and even in school. Being a football prodigy looks good in college applications. Football has different regulatory bodies locally and internationally. Football players represent their countries in the quest for the world cup; every country is involved. They can also play at the club levels, in their either country or elsewhere. Big leagues like the Champion leagues, Premier Leagues, La Liga, to mention but a few, have millions of fans globally. When you talk of Football, names like Cristiano Ronaldo, Lionel Messi, Neymer Jr, Mohammed Salah are names that almost every fan knows. Eleven players and one goalkeeper make a football team. Each football team, locally or internationally, has a coach. The coach oversees their training and gives them pointers on how to be better. The beauty of football is that it can bring people together in harmony or rivalry. Football brings harmony, in the sense that people who do not know each other can become good friends because of their love for the game. Rivalry can arise when people support different teams and try to show their team is better.

BASKETBALL

Basketball is a popular sport worldwide that favors tall people. The origin of the game can be traced to the nineteenth century. It is adopted as a sport in many schools of developed nations. Two baskets, two teams, and one basketball is the requirement to put this game into motion. The game has steadily increased in fame and has several million fans worldwide. Each team consists of five players whose aim is to score more goals than their competitor does. The game involves dribbling, jumping, making shots, and getting the ball into the net. Players who are the center of attention are LeBron James, Stephen Curry, Kevin Durant, and Anthony Davis, to mention only a few. The basketball hoops(basket) is usually 10 foot high, although it can be lower for children. This is where an appreciable height comes to play. People who are not tall have a disadvantage of getting the ball in the hoop. Bouncing, dribbling, and jumping are crucial skills for this game.

TENNIS

Tennis is a sport that will get your heart drumming in your chest as the adrenaline surges through your body with each passing of the ball. This game dates back to the nineteenth century in the United Kingdom. The game of tennis involves two players, either

The game of tennis involves two players, either males or females. Tennis may be played between

two players, or two teams consisting of two players each. The main rule of the game is that the ball must land within bound range. If the ball lands outside the range, the player loses points. When a player passes a ball, it is called serving. There are four different types of serve- slice, kick, flat and underhand serve. The serve can be your fuel for victory, or it will ridicule your hopes. When serving, you have complete control of the ball. The tennis ball is relatively smaller than the football or basketball. The ball is very bouncy, making the game easier. The Venus sisters are tennis sensations that people love. Rodger Federer is a tennis player who has made a name, lots of money for himself, thanks to the love of the game.

VOLLEYBALL

Volleyball is a sport that maximizes the use of the hands. Unlike in football, if your legs touch the ball, you will be penalized. This game is fun, and most schools have facilities on the school ground. A modified form of volleyball may be played in the pool for recreational purposes. The two teams consist of six players each, with a net acting as the barrier. The game requires about three hits for each team. It is important to note that a player cannot block a serve from the 10-foot line. The game of volleyball is an adaptation of basketball. It originates from Massachusetts, where it was an indoor game for those who found basketball extremely demanding.

BASEBALL

Baseball is a game of batting and fielding between two teams. The target in a baseball is to score runs. This is possible if the team can touch the four bases. Each team consists of nine players. Baseball is a game that requires speed, sturdiness, and intelligence on the field. Baseball is popular because it helps individuals develop their physical attributes, patience, and strategy. We can trace the root of the game to the United Kingdom. You need to dress properly in the batting helmet, baseball cap, baseball cleats, and bat to play this game.

CRICKET

Cricket is an old game of 11 players. The captain determines if the team will bat or bowl first. The most important feature of this game is speed. The players have to be swift and agile to get the ball to score more runs than their opponents do. Cricket can be wrapped up in a day, or it may last for five days. The players are in three categories- batsmen, bowler, and fielder. The batsman is responsible for scoring runs. The bowler is in charge of bowling, and the fielders prevent the other team's batsmen from scoring. The batsmen are the Centre of attraction in a cricket game. The fans are always excited to see what technique they will employ to score a run successfully. Cricketers wear protective equipment to protect themselves from severe injuries. This equipment includes a leg pad, helmet, inner gloves, wicket keeping padsArticle Submission, and abdominal guard.

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Pictured: left to right: Terry Hannah, Colin Stevens, Russ Madore and Brent Ziliotto. Friday Senior Curling Champions won Ron Frankcom Memorial Trophy.

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HEALTH and WELLNESS

Stages Are the Nature of Life

It seems common in our culture that somewhere between the ages of thirty-eight and forty-five, big shifts happen. This is the time of mid-life, hence the term "mid-life crisis." This term has been used in many different ways, and has tended to become trivialized.

It is the nature of life that we go through "stages." The term "terrible twos" refers to the time when an infant is beginning to develop a mind of his/her own, and has learned the word "no." A similar stage occurs during adolescence. It is a time of differentiating oneself from parents, and what seems like teenage rebelliousness is just another phase of learning to say "no" to what one does not want or agree with. We do not refer to either of these stages as a "crisis."

At mid-life, many men and women realize either that they have not been their true selves, instead shaping themselves to the expectations of others. Either that, or they look at their lives, personal or professional, and feel they cannot live out the rest of their lives in that situation. At this stage of life, we define this state as a crisis.

During the "twos", and adolescence, we do not use the word crisis, because we know the individual is growing, and grant that it is normal to want to express oneself.

Each of these stages is a growing away

from an earlier stage of dependence.

Growing does not stop at adolescence, however. As long as the growth is slow and gentle, there does not seem to be a problem. When the growth, or the urge to grow, creates a big shift within an individual, our society calls it a crisis, because the shock waves are bigger.

A corporate executive may decide to quit his job and start a hobby farm. A stay-athome mom may decide to go back to school and pursue a career. A partner may decide to leave the marriage. These situations may create in internal crisis for the individual, because they must choose between the expectations of others, and being true to themselves. They may create an external crisis for those who are affected. They may not even recognize the being evolving in front of their eyes.

We need to develop a greater awareness of adult stages of growth, so we can anticipate and prepare for them. Couples should begin to dialogue about this in their late twenties, and keep checking in with one another, working to accommodate the true happiness of one another. Otherwise, if we bury our heads in the sand, when we lift them out ten or fifteen years later, the landscape could be very, very different.

Gwen Randall-Young is an author and award-winning psychologist.

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Wyevale News

RuthAnn Caston

By RuthAnne Caston

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Happy Birthday wishes go out to Rodney Withall, Elaine Hall, Jody Moreau, Rick Hales, Amy McNamara, Lindsay Knuff, Kenneth Scott, Sheila Webb, Kyle Trew and Joan Price. Sympathy goes out to Jean Campbell Priest, in the passing of her Husband Gary and to Eleanor Jones of Elmvale, in the passing of her Husband, George. He was a great friend to many.

U.C.W. Ladies have decided to meet quarterly. The next meeting will be in March. For those who like to play Bingo on TV, it is on Tuesday nights from 6:30pm to 7:30pm. Bingo Cards can be purchased at the Wyevale Jug City Store. May we all continue to be safe during this trying time. Anyone with items for the Springwater News, please call me and leave a message at (705) 527-5274.

Vanishing Barns - Cathy Walton has been researching barns in Flos and Vespra Townships (now Springwater) for the last six years and has published the results in the book "Vanishing Barns".

If you are interested in a copy, please contact Cathy at 705 728-1388 or snow-flake53@mail.com.

The Degorter Farm - Built 1944

Concession 2, S ½ Lot 24, Flos Township 3298 Rainbow Valley Road, Springwater Township

Built: In 1944 a barn was moved here Ed and Nancy (Kerr) DeGorter, Glenn and Linda (Watson) Bowen Features: cement foundation, silo after 1967 Ed and Ada (Hargraves) Belcourt Raymond and Doris (Maw) Ward Water Source: large cistern under the barn bridge provided water for livestock, a pump in the house Bill and Selina (Robinson) Ward Henry and Mary (Dixon) Robinson brought soft water from the cistern to the hot water tank, a well was between house and barn, a new 140' well was drilled in the 1960s

Prior to 1940 there was a small barn on the 100 acre farm. A lean-to was added to the first barn. A second barn was moved from Horseshoe Valley Road and the two barns were connected. Bill and Raymond Ward raised cows and pigs. Eggs were sold locally. Grain, wheat, corn and hay were grown

Billy Ward loved pie. There would be contests at threshings to see who could eat the most pie and Billy

Ed and Nancy (Kerr) DeGorter, Tom Ward, Jim Ward. Peter Pilkev





Steve Rawn, Russ Sage, Wee Willie (Billy Ward), Jack Pickering, Harry Giffen and Frank Kaiser Jack Pickering built many barns in the area. (Courtesy Jim Ward)

Concession 2, S 1/2 Lot 24, Flos Township 3298 Rainbow Valley Road, Springwater Township



The barn to the right had the lean-to added and the barn to the left was moved here



When the barn was reconstructed there were nail holes in the roof that were not reused and the roof often leaked

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THE OPP REPORT

OPP R.I.D.E. Check Stop Nets Impaired in Tiny **Township**

A R.I.D.E. check stop set up on Angela Schmidt Foster Road was all that was needed to remove Richard LAZDOWSKI 51 years of Hillsburgh, On from the roadway at 9:56 a.m. December 29, 2021. Officers from the Southern Georgian Bay Detachment of the Ontario Provincial Police conducted an drinking and driving investigation after stopping the accused and have charged the driver with the following Criminal Code of Canada driving offences.

Operation while impaired blood alcohol concentration (80 plus)

Operation while impaired - alcohol

The involved 2016 Mercedes-Benz has been towed and impounded for 14 days and the accused's drivers licence has suspended for 30 days as per the Ministry of Transportation (ADLS) guidelines.

The accused was released from police custody on a recognizance to appear before the Ontario Court of Justice on January 13, 2022 on these charges.



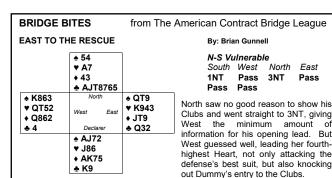
OPP Seeking Assistance In Theft Area **Investigations**

Uniform officers from Southern Georgian Bay Detachment of the Ontario Provincial Police are appealing to the community to assist in their investigation of a number of area property and fuel thefts involving the same vehicle.

On December 25, 2021 officers from Huronia West OPP took a report of a white Acura MDX vehicle bearing Ontario plate CRJK594 with a lone male failing to pay for fuel at a Hwy 92, Springwater Township fuel station.

Officers responded at 3:30 a.m. December 26, 2021 to a report from a Highway 93, Tay Township all seasons equipment retailer of a theft of a silver snowmobile trailer bearing plate Ontario # W2448K and VIN# 2MBS758152UO42793 from their sales yard. The suspect vehicle was also a white Acura MDX SUV with male and female occupants.

At 12:52 a.m. December 27, 2021 officers received another report of a White Acura MDX SUV with a male driver failing to pay for fuel from a Simcoe County Road 93, Midland fuel retailer.



The opening low Heart lead was ducked, in the hope that West had led from the King-Queen. But East took his King and continued the suit, after which Declare had to bring home the Clubs if he was to make his contract. The obvious play was to cash the ♣K, and lead towards Dummy, either playing for the drop, or finessing against the Queen. Playing for the drop is the slight favorite, but that became a moot point when West showed out on the second round of Clubs. Now things were hopeless, and Declarer could score no more than six tricks.

North had obviously forgotten that Dummy's main role in life is to be supportive and soothing when Declarer falls in his contract. Instead, he conducted an unhelpful post mortem. "You knew, from the opening lead of the Heart Two, that the suit was 4-4, so you could afford a safety play in Clubs, protecting against East holding Qxx. Just run the Club Nine on the first round of the suit. East wins the Queen, but the defense has only four tricks. When you get in again you overtake your ♣K with the Ace and run the suit. Nine easy tricks!

But North had been guilty of faulty analysis as well as poor behavior, and it was East who came to the rescue of Declarer. "That line won't work", she explained, "I simply duck the first round of Clubs!" Yes, indeed, that would be a fine play.

Visit www.acbl.org for more about the fascinating game of bridge or email marketing@acbl.org For games in Barrie see www.barriebridge.com
For games in Midland see www.midlanddbc.com

Investigators would like to hear from anyone who may may have observed or have knowledge of the suspect vehicle or male driver as depicted in the attached submitted security pictures. Anyone with information is asked to contact the OPP at 1-888-

310-1122 or opp.southern.georgian.bay@opp.ca . You can also report information anonymously to Crime Stoppers at: ontariocrimestoppers.ca or call 1-800-222-TIPS (8477).

Please view and post the attached submitted security photographs.



OPP Investigating Arson Incident in Tiny Township

Uniform officers from Southern Georgian Bay Detachment of the Ontario Provincial Police responded at 5:20 a.m. December 26, 2021 to a request from Tiny Township Fire Services to attend at a fully engulfed residential structure fire at 23 Glen Cedar Drive, Tiny Township. As fire crews battled the fire, responding officers secured the scene and through investigation it was later learned that the cause of the fire is believed that of arson.

The fire resulted in the total loss of the \$400,000.00 residence which was under construction at the time of the fire and no persons were injured. Due to the efforts of the attending fire crews, fire damage to neighbouring properties was kept to a minimum.

The arson investigation is now being conducted by members of the OPP Central Region Crime Unit with the assistance of the OPP Central Region Forensic Identification Services (FIS)



Investigators would like to hear from anyone who may may have observed any suspicious person(s), activity or vehicles in the area of the fire scene or nearby neighbourhoods between the hours of 2:00 a.m. and 5:30 a.m. December 26, 2021. Anyone with 7 information is asked to contact the OPP at 1-888-

310-1122 or opp.southern.georgian.bay@opp.ca . You can also report information anonymously to Crime Stoppers at: ontariocrimestoppers.ca or call 1-800-222-TIPS (8477).

OPPMake Arrest In Stolen Vehicle Investigation

Officers from Southern Georgian Bay Detachment of the Ontario Provincial Police took a report on December 22, 2021 of the theft of a 2019 Dodge Ram 3500 dually being stolen from a Vasey Road, Tay Township address. On December 23, 2021 at 10:30 a.m. an OPP officer located and stopped a matching vehicle in the parking lot of the Mountainview Mall Midland.

After a brief investigation at the scene, the driver of the vehicle Jevon COVENY 44 years of Mississauga was arrested and charged with the following offences.

Possession Property Obtained by Crime Over \$5,000

Theft Over \$5,000 of a Motor Vehicle

Break, Enter a dwelling house with intent to commit indictable offence

Dangerous operation

Contrary to the Criminal Code of Canada



and further

Driving while under suspension

Contrary to the Highway Traffic Act of Ontario

The accused was released from police custody on a recognizance to appear before the Ontario Court of Justice on February 10, 2022.

ACCUSED IDENTIFIED

As a result of the investigation of the mischief incident and of the following engagement of the accused with two citizens at the scene, Justin JACKSON 33 years of Midland has been charged with the following offences all contrary to the Criminal Code of Canada.

Trespassing at Night

Assault with A Weapon (two counts)

Uttering Threats - Cause death or Bodily Harm Possession Property Obtained by Crime Over \$5,000 - in Canada

Possession of imitation weapon for Dangerous Purpose

Pointing a Firearm

Possession of Weapon for Dangerous Purpose Carrying concealed weapon

Fail to Comply with Probation Order

The accused remains in custody awaiting a bail hearing and will appear before the Ontario Court of Justice at a future date.

Midland Teen Facing Weapons Charges after Confrontation

A Midland teen is facing charges after pointing a weapon at a store employee following a confrontation in the early morning hours. On December 20, 2021 just after 3:00a.m., members of the Southern Georgian Bay detachment of the Ontario Provincial Police(OPP) responded to a call at retail business on Midland Avenue in the Town of Midland. Investigation revealed that the teen customer became upset with an employee after being reminded to wear a mask inside the building and he uttered threats to the employee. Upon leaving the business the teen displayed what appeared to be a firearm in the direction of the employee.

Further investigation revealed the identity and location of the suspect who was arrested just before 8:00a.m. on the same date. The weapon was also located and seized as evidence.

As a result of this incident, the youth was charged the following charges contrary to the Criminal Code of Canada:

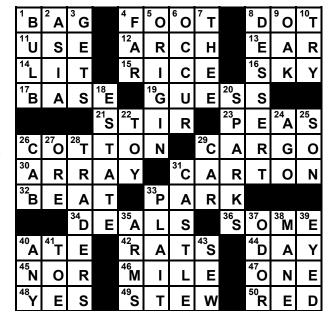
Assault with a Weapon

Possession of a Weapon for a Dangerous Purpose **Uttering Threats**

Assault

The accused was held in custody for a video bail hearing before the Ontario Court of Justice on December 21, 2021.

Officers of the OPP values your contribution to building safe communities. If you have information about suspected unlawful activity please contact the OPP at 1-888-310-1122. To report a crime anonymously please visit Crime Stoppers at: ontariocrimestoppers.ca or call 1-800-222-TIPS (8477).



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How to Motivate Yourself to Organize

... is probably not at the top of your list of fun things to do, is it? If your clutter is to get started. Here are someeasy tips to motivate yourself Organizing is probably not at the top of your list of fun things to do, is it? If your clutter is overwhelming, it's especially difficult to get started. Here are some easy tips to motivate yourself to organize.

- 1. Dr. Martin Luther King Jr. said, "Take the first step in faith. You don't have to see the whole staircase, just just take the first step." You don't have to organize your whole house today. Just work on one small area--a drawer or a cabinet.
- 2. Buy a good organizing book. Once you begin reading it, you'll feel compelled to start organizing.
- 3. Forget embarrassment. Invite an organized friend to help you. Hire a professional. It's easier to organize when you can talk through the clutter.
- 4. Set the mood. Put on some fun music. Open the windows. Choose a starting point and just do it.
- 5. "Nothing in the world can take the place of persistence,"said Calvin Coolidge. Keep trying. Do a little bit daily or weekly and you'll soon find that you are more organized than you ever thought possible!

Source: Free Articles from Articles Factory.com ABOUT THE AUTHOR

Free time management tips booklet, meal planner, and daily organizing checklist at http://www.ineedmoretime.com.

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10 Minutes a Day to Organize Your Office

No time to organize your office? Follow these daily steps to organize and then maintain your office.

- 1. On Mondays, de-clutter your office. Remove at least one item which you don't use at least monthly. Take those personal items off your desk. Throw away pens that don't work. Reduce your ketchup/salt/napkin supply by 90%.
- 2. On Tuesdays, take inventory. Review your supplies and make a list or place an order. Take a few minutes to look through an office supply catalog. You'll find a myriad of useful organizing items.
- 3. Think on Wednesdays. How can you make better use of your computer? Can you develop a spreadsheet to help organize some aspect of your job? Do you need to find and register for a computer class? Do it today.
- 4. Thursday is sorting day. Go through all those business cards and small pieces of paper which have accumulated throughout the week. Put them where they belong. Also put away any reference materials you've been using.
- 5. Have fun filing on Fridays. End your week by cleaning up all the paper lying around your office. Purge your files. Have a mean and clean filing system which you can actually use.

Then have a wonderful weekend.

Source: Free Articles from Articles Factory.com ABOUT THE AUTHOR

Barbara Myers is a professional organizer and author. Free tips booklet and e-zine to help you take control of your time by organizing your life. Visit http://www.ineedmoretime.com



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Craighurst Women's Institute December "meeting"

The Craighurst Women's Institute met at that delightful restaurant in

Craighurst, HQ Grill, Tuesday Dec. 21. We usually have a Christmas Pot Luck and invite the plus ones and the helpful neighbours, but not this year. For 2021, we decided that Members only would go to HQ and hold our meeting while we had dinner served to us. The restaurant let us have the upstairs back room all to ourselves. We dispensed with all the usual WI agenda, and toasted both Adelaide Hoodless, the W I founder, and the Queen, a paid up member of Sandringham W I.

After dinner we packed three boxes and a gift bag for shut ins that live in the village. Then, along came a tequila sunrise drink, sent by a mystery person "for my Sweetie pie", said the waiter. Now who could be sending something like

that? We discovered that the men associated with Craighurst W I (I'll call them the husbands) were feeling forlorn and left out. So Hardwood Harold secretly organized them to come to HQ on the same night as us, and hold a

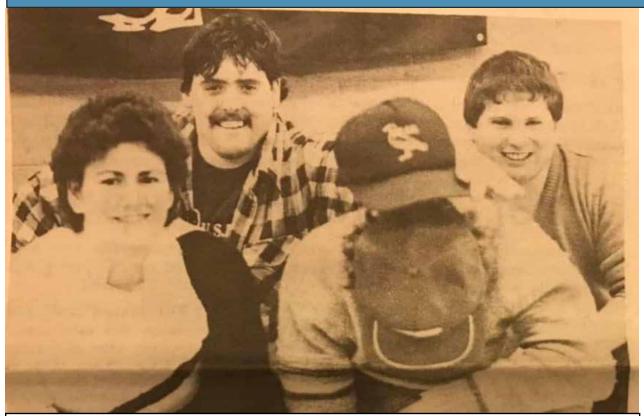
parallel dinner in another area. Marg's Ray was there, BA's Don, Marilyn's Neil, Carol's Bram.... the list goes on. Good for Harold the Hammer to care for his fellow men.

We wish everyone all the best for 2022.

Submitted by CWI President and Reporter Sheila Craig

THROWBACK THURSDAY

Photos and Editorial courtesy of Admin: Ric Archer, Facebook Group, You might be from Elmvale...If you...



1987 - The Kenneth Hocken Rink finished second in the second annual L.U.S.H. Bonspiel held in Elmvale Saturday. The team lost to the Fred Spring Rink in the final Game. Team members are, back row, left to right, Jamie Healey, Kenneth Hocken (skip); front row, left to right, Rosanne Maw and an unknown curler. (source Elmvale Lance) *Editor's note 2022: It has been confirmed by reliable source that Paul Archer is the unknown curler.*



Elmvale Lance Ad in January 26, 1983 edition.

Prices sure have increased on these products.





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EVENTS/CLASSIFIED

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UPCOMING AUCTIONS

Moving Sale for Peter & Marlene Sampaio, Georgetown Jan.16-20 - 2014 Subaru Impreza, generator, bistro set, lawnmower
January Multi Consignor Auction, Guelph - Jan. 16-20 - 1976
Triumph convertible, vintage arcade game, coins, furniture, prints
Auction for Charles Devison, Waterloo - Jan. 23-27 - vintage
toys, old cameras, Royal Doulton, coins, great vintage finds
Estate of Helena Oosterveld, Arkell - Jan. 23-27 - 2010 Lincoln,
2007 Kubota BX24, teak bedroom set, furniture, original art

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THANK YOU

Robert (Bob) Ritchie Family

Please accept our heartfelt gratitude after the recent loss of Bob; to all of you who may have sent flowers, cards, dropped off food, stopped by to offer condolences. Many of you sent text messages or even made a phone call to let us know you were there for us. Thank you to all who made donations on behalf of Bob, to the Presbyterian Church, the Elmvale Food Bank, The Save our Water Legal fund or charity of your choice. All of this meant so much to us during this difficult time. We can't say enough to our friends, families and neighbors who had a nice hot meal ready at the house following the visitations each evening. A big thank you to Margaret Robertson for spending time with us and delivering a beautiful service at Bob's funeral. And to The Lynn Stone funeral Home for your patience and professionalism while we all navigated this challenging time.

Sincerely,

Joanne, Allan, Sherry, Anne, Penny and families

For Sale / Wanted

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WANTED -items 1970 or before -collections - stamps & coins - knives - jewelry -sterling silver items -old signs - tin cans & containers -old toys - oil paintings - cups & saucers -coloured glass - pioneer farm items - old comic books - old books & magazines- small furniture - CDs and records (rock'n roll)

Please call Peter at 705-322-3484

FREE FURNATURE

I am downsizing and going into an apartment. I have beds, dressers, TV, desks, living room furniture, wardrobe cabinet, lazy boys, kitchen furniture, cedar chest and more all in great shape. If you want it, simply call me, and come and get it. No charge 705-322-7696. 1st come; 1st serve. Bring a truck if you wish and sufficient help.



L.U.S.H. Curling Cancelled

Notice to Lost Channel Seagull Hunters members. The curling bonspeil at the Elmvale Curling Club that was planned for Jan. 22, 2022 has been cancelled due to pandemic regulations.

HIRING

Do you see yourself in the driver's seat? FS PARTNERS is hiring Professional Applicators

FS PARTNERS is a retail division of GROWMARK, Inc. that specializes in agronomy, energy (UPI Energy FS) and grain marketing (Great Lakes Grain) products and services. It serves its farm customers from branches across Ontario.

The FS Professional Applicator's primary role is to become familiar with our fleet of applicators and support equipment, custom applying crop protection and crop nutrient products for our customers. Meeting seasonal demands requires the candidate to work extended hours seasonally. The incumbent may also be required to operate/maintain various equipment at their branch. We have full-time and seasonal opportunities available. FS PARTNERS operates several locations across Ontario with opportunities for advancement within the FS system.

FS PARTNERS offers competitive wages and benefits to college and university students, seasonal and full-time employees. An Exterminator or Nutrient Applicator License is an asset, but training will be provided to successful candidates. FS PARTNERS is an equal opportunity employer.



EVENTS

July 14th-17th, 2022 TEL: 1-800-954-9998 or 705-741-6097 AB ALMA ST. - NORWOOD FAIR GROUNDS WWW.MOTWOODGOUNTJJamboree.com



Annual General Meeting of the FLOS AGRICULTURAL SOCIETY will be held virtually on Tues. Jan 25, 2022 at 7:30 pm. Information will be sent to Current members, by email, with details

Midhurst Community Recreation Association (MCRA) AGM on January 27at 7pm. Zoom link is available at www.villageofmidhurst.ca/mcra.

Featuring: update on the MCRA's events and initiatives over the past year; ask questions; propose new ideas; how to get involved; Elections for positions on our board of directors. Nominations will be accepted from the floor or by email to info@villageofmidhurst.ca.

www.villageofmidhurst.ca.

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Orr Lake Golf Club Hat Trick Tournament Cancelled

Elmvale Minor Hockey Local League tournament has unfortunately been cancelled by Springwater Township due to the increase in the Covid variant that has hit our area. All teams will receive a refund of their registration fee.



Prizes - submit your pictures to win:

1st Prize - Family Fun Gift Basket valued at \$200 2nd Prize - Winter Fun Gift Basket valued at \$150 3rd Prize - Movie Night Gift Basket valued at \$75

Snowman making kits will be available at the Springwater Library - Elmvale Branch Dec. 1, 2021

Submit your entries by uploading to www.elmvalebia.ca or posting on our Facebook page @elmvalebia.

Visit our website or social media for more details.

Prizes must be picked up at Elmvale Library during

business hours

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Obituaries



HOUSTON, Alexander George

Passed away peacefully at the Royal Victoria Regional Health Center on Monday December 20th, 2021 in his 83rd year after a short and brave battle with cancer. Husband of Joan (Gosse),

stepfather of Charlie of Fort McMurray and Bonnie of Ayton. Step-grandfather of Melissa, Bryan Jr. and Finley. Brother in-law of Phyllis and Raymond, deceased.

Alex was born in Glasgow, Scotland and moved to Canada in 1966. His claim to fame was that he was present at the Toronto Maple Leaf's Stanley Cup Parade in 1967. He moved to Stone St., Elmvale in 1999. He, along with Joan, enjoyed gardening, reading books and entertaining family, friends and neighbours on his porch, which often lead to Alex entertaining those around him with music. Alex was a very kind and generous person. Alex will be missed by his many friends and neighbours in the Elmvale community and his special dog Millie.

As per Alex's wishes he will be cremated. A Celebration of Life will take place in the

Donations to the Springwater Library Elmvale Branch, 50 Queen St. W., Elmvale, ON L0L1P0 (cheques payable to: Township of Springwater-Elmvale Branch) would be appreciated.

> Messages of sympathy may be sent to the family at www.lynnstonefuneralhome.com



JONES, George Robert Passed away peacefully, surrounded by family at the Georgian Bay General Hospital on December 29, 2021. He will be greatly missed. Beloved husband of Eleanor (nee O'Hallarn) for 54

years. Cherished brother of Eileen (late Bob) Winchester, Ruth Ann Jones, Marion McClintock, Lorna (Carmen) Foti, Nelson (Freda) Jones. Special uncle to many nieces and nephews and great uncle to great nieces and nephews. Predeceased by his parents Sadie and Wylie Jones.

George was a special man who volunteered for many organizations and was recognized for his dedication to the community. Some of his achievements include recognition for his help with the Legion and recently receiving the appreciation medal. He received the Public Service Award from Vespra Township, was recognized for service with the Springwater Policing Committee, the volunteer award with the Midhurst Newsletter, and had 22 years of invaluable contribution to the Sara Vista Long Term Care Home. The Sno-Voyageurs Club was a special interest of his. He spent many years snowmobiling and preparing trails for sledders. He also enjoyed helping out at the Simcoe County Museum. Recognition also came to him for his fun participation in many events. He was a willing participant whenever the call for help came from his many friends, neighbours and family. He was a friend to many.

The family would like to thank the special doctors and nurses who took such excellent compassionate care of George at Georgian Bay General Hospital.

Visitation will be held at the Lynn-Stone Funeral Home in Elmvale on Tuesday, January 4, 2022 from 12-1 pm. Proof of vaccination will be required. A private funeral service will be held following the visitation.

Spring interment Elmvale Cemetery. Memorial donations to the Parkinson's Society or the Georgian Bay General Hospital would be appreciated.

Expressions of sympathy may be sent to www.lynnstonefuneralhome.com



BALL, Theresa Reta May

Passed peacefully at Hillcrest Village in Midland. Theresa Ball (nee Hocken) in her 92nd year. Beloved wife of the late Grant Ball.

Mother of Harold (Sandra) Ball, Karen (Wayne) Eakley, Danny (Daphne) Ball, and the late Debbie Ball. Theresa will be greatly missed by her 7 grandchildren and great grandchildren. Sister of Leona (late Luc) Desroches, and the late Velma (Mel) French, Mildred (Leonard) Cadeau, Madeline (Henry) Forget, Phyllis (Ken) Truax, Margaret (Roy) Truax, Francis (Alda) Hocken, and Clinton (Buck) Hocken. Theresa will be fondly remembered by her many nieces and nephews.

A visitation will be held at the Lynn-Stone Funeral Home in Elmvale from 2-4 and 7-9 pm on Wednesday, January 5, 2022. Proof of vaccination will be required.

A private funeral service will be held on Thursday, January 6, 2022 and may be viewed on Youtube at 1 pm. Search Youtube: Lynn-Stone Funeral Home.

Spring interment Vasey Cemetery.

Memorial donations in Theresa's memory may be made to the Vasey, Unity United

Special thank you to Hillcrest Village in Midland or their amazing care and support.

Messages of sympathy may be sent to the family at www.lynnstonefuneralhome.



ATKINSON, Christine Winnifred

Passed away peacefully the Meadows of Dorchester nursing home. Christine Atkinson (nee Cook) of Niagara Falls, formerly of Elmvale in her 96th year. Beloved

wife of the late Harold Atkinson. Dear mother of Joseph (Angela) Atkinson of Thorold and Christopher (Karen) Atkinson of Newmarket. Loved grandmother of Andrew, Corinne, Thomas (Meghan), Lisa and Dani (Chris). Proud great-grandmother of Ethan. Pre-deceased by her 9 siblings. Christine will be fondly remembered by her many nieces and nephews.

A visitation will be held at the Lynn-Stone Funeral Home in Elmvale from 7-9 pm on Wednesday, December 29. Proof of vaccination will be required.

A private funeral service will be held on Thursday, December 30, 2021.

Spring interment Elmvale Cemetery.

Memorial donations may be made to the charity of your choice in Christine's

Expressions of sympathy may be sent to www.lynnstonefuneralhome.com.

In Memoriam



In loving memory of Luc Desroches who passed away **January 7th, 2015.**

We often think of bygone days When we were altogether The family chain is broken now, But memories will live forever. Sadly missed along life's way Quietly remembered every day. No longer in our life to share But in our hearts, you'll always be there.

> Lovingly remembered by wife Leona and family.

Lynn-Stone Funeral Homes Inc. 15 Yonge St. S., Elmvale 705-322-2732

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In Memory of Carl James Lantz

With loving memories, I write to you Such an honour to have been your Mom

You were always so happy Just like the sun

And always so filled with so much fun.

Peace Carl

Love Always, Mom and John, Bonnie, Maggie, Chad, Patty, Vicky, Niels and Eric.



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Appointments are available by phone, online or in-person, with safety measures



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Views from the Cottage, Orr Lake

IT'S A NEW YEAR! 2022!

Where has the time gone? It seems like yesterday I was celebrating with siblings, parents and grandparents around a table with a centrepiece of turkey and trimmings. Everyone would recite their New Years resolution and then toast to all the wonderful things the year would bring! Within days, however, the diets would slip, the exercise equipment got pushed to the back of the garage and the project in the basement would sit on hold till funds and time were more plentiful. The resolutions that often did flesh themselves out were more on the broader scale of making efforts to spend more time with the kids, read more books, take the dog out for more walks and get the grades up just a bit.

A new year, like every new day, is a chance to reinvent ourselves and step forward in a new direction or at least continue on your path but with a new attitude. An attitude of determination and hope! I've always helped animals in need when circumstances arose but this year, I resolve to help more abandoned pets find a home and so I hope to feature them here, whenever possible.

Helping animals in need seems to be a sideline to my real estate vocation, as travelling around to properties, you never know what you will come across. In the cold, cold month of January a few years ago, I headed out on the icy roads to a client's home near Shelburne. On the way back, I passed what I thought was a dead racoon in the middle of the road. As I'd just taken that backroad not a half hour earlier, I glanced in the rear-view mirror for another look and thought I saw his head pop up. I had to be sure so, as always, I turn around to check it out. This poor guy had been hit but was unable to move off the road. I may not be too smart here and would not advise this course of action, but I just could not leave him there. I opened the hatch of my SUV and pulled out a large plastic tub lid and set it in front of the sizable coon. After a short conversation with 'Rocky' (Beatles song comes to mind) and a short prayer he would not bite me, I lifted him onto the lid and placed him in the trunk area.

I was then on my way to my next appointment but all the while on the phone (hands free lol) to any and all vets in the area. He rested patiently in the back, and I found a Vet in Barrie that would see him. Many had turned him away for fear of distemper or worse. I did not sense that was the case. With a stop at the house, I was able to move him into a carrier cage and we made it to the Vets. Well, the prognosis was not good (major spine injury). At the very least, it was a humane action taken by the Veterinarian on call and this poor little animal did not have to suffer for hours on a cold, icy backroad. Though we often can't avoid collision with nature, at night especially, I am always watching for 'eyes'.

Mikey, featured here, is a 2 year old Boxer cross. He was found wandering the country sideroads. When his time at the pound expired, Outrun Animal Rehabilitation Center took over his care and now endeavours to find him a loving, forever home. A frightened Mikey settled in quickly and showed he was bright and plays well with other dogs. He would give life-long devotion and loyalty to an adult owner home as a preference, but all situations gratefully explored! All Outrun dogs are vaccinated, dewormed, defleaed, microchipped and spayed/neutered. You can inquire/apply online for Mikey or other homeless pets including kitties and horses, through their online presence at outrunrescue.com.

by Melanie Martyn, broker and dreamer, at the Cottage



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GBGH Team Helping Fulfill Christmas Angel Wishes in our Community

For the past 17 years, team members from Georgian Bay General Hospital (GBGH) have contributed gifts to families in need through the Christmas Angel Wish campaign with Simcoe Muskoka Family Connexions. After another challenging year for the hospital and the community due to the pandemic, GBGH staff were once again generous in their support of families in need. The hospital was sent a list of 15 wishes for children ranging in age from infant to teenagers, and all are being fulfilled from toys to bedding to toiletries and clothing.

GBGH's donation would not have been possible without contributions from the Friends of Keewatin Volunteers who donated additional toys on top of the GBGH staff donations.

A special thank you goes out to GBGH team member Kary Miller (Staffing) for organizing the hospital's campaign and R.U.Moving? for helping deliver GBGH's gifts.







From left – Matthew Lawson, executive vice president, Corporate Services and chief financial officer, GBGH; Angela Puddicombe, supervisor, Facilities, GBGH; Jennifer Moore, communications officer; Gail Hunt, president and CEO, GBGH; and Joanne Borley, vice president, St. Margaret's Chapter (Midland) of St. Vincent de Paul.

GBGH Holiday Food Drive

Georgian Bay General Hospital (GBGH) held its annual Holiday Food Drive to collect donations for the St. Vincent de Paul Food Banks in Midland and Penetanguishene. The Food Drive, was organized by GBGH's Wellness Committee. Several hundred kilograms of food and toiletries were collected for community food baskets over the three-week food drive.