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Springwater NEWS

Edition 647 - March 16, 2023 Serving Springwater & Tiny Townships and surrounding areas

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Elmvale District High School Celebrated All Things Winter



Tues. Mar. 7, 2023 - On Friday, February 24th Elmvale District High School celebrated all things winter with their annual Winter Carnival. Students and staff participated in a wide range of activities culminating with the annual House Hockey tournament.

The four houses, (Pirates, Trojans, Blizzards and Rowdies) played a round robin to determine who would meet in the final. On the back of Will V's

shutout versus the Blizzards, the Rowdies faced the Trojans in the final where Grade 9 Evan H. scored the winning goal to propel the Rowdies to back-to-back House Hockey Champions. Great job to all who participated and played in this great annual celebration.

Submitted by Blair Lesage, Photo Credit: Nadine Marchildon

Midland and District Lawn Bowling Club Inducted Into The USA South East Division Hall of Fame



Mar. 12, 2023- Cindy Higgins from the Midland and District Lawn Bowling Club in Ontario and the Sun City Center Lawn Bowling Club in Florida was recently inducted into the USA South East Division Hall of Fame. She is not only a winning player but also an umpire who trains umpires

Submitted by Leslie Ironstone Gordon



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EDITOR'S NOTES

by Linda Belcourt, Publisher, Editor, Owner

One of the good things about COVID has been the flexibility of remote work. Springwater News' remote office in Costa Rica has moved back to join the Elmvale Springwater News Office. I have enjoyed keeping in touch with the community while being so far away. The only difference was the office attire I wore each day.

Minesing Minifest was highlighted in the last edition on the front page which I hope you all enjoyed! I want to credit Heather Whitcombe for the fantastic photos. I think the picture of Swampy is the best I have ever seen. Thanks Heather! Heather's photography studio is called Heather Whitcombe Creative. It is located at 1904 Hendrie Rd in Minesing. Her motto is "Create, Capture, Enjoy!". Check out her website: www.whitcombcreative.com or reach out via email whitcombcreative@gmail.com

March Break is in full swing, and we have some winter back so that families can enjoy the outdoor winter activities. I hope everyone makes the best of the break for students and can enjoy some family time together. St. Patrick's Day is fast approaching. I wish you all the luck of the Irish!

This edition has lots of local sports and as hockey season is winding down, spring and summer sports stories are being planned. Spring is, after all, just around the corner. There are also charitable organizations being supported in this March 16, 2023, edition as there always are. I am proud to acknowledge the donations that are given to charities by hardworking fund raisers. Many services would not be possible without donations.

I have been doing some research on our Community Recreation Associations throughout our Townships. It is interesting that the volunteers of our community are the force behind the recreation we all enjoy. Thanks to all the volunteers for this. Our choices for recreation would be far limited and our tax dollars would undoubtedly increase without them.

I would like to have a section in the Springwater News dedicated to the CRA's of our area so that we may all be updated on what they are working on and maybe allow some feedback to them. I will be reaching out to all of them.

Thank you for the advertisers that enable the paper to deliver good news to the community.

Enjoy this edition!

LETTERS TO THE EDITOR

Please submit your letters to the Editor.

Email: info@springwaternews.ca or drop off at office. Contact information is on the right hand side of this page. **Phone number and address must be supplied for all letters to the editor.** The opinions expressed in articles contributed by interested parties and through the 'Letters to the Editor' do not necessarily reflect the opinion of this newspaper and/or the editor.

Dear Editor

Mar. 6, 2023 - Over the past few days, I have received a number of calls regarding Municipal Property Tax Notices. It would seem various of Municipalities, in Ontario, are not including required information. This information includes but is not limited to:

1. Property Classes
2. Deductions for farm, forest, conservation
3. Education rates and types, as in Public or Catholic
4. County or Upper Tier amounts, etc.

As required under Municipal Act Ontario Regulation 75/01 – "TAX MATTERS — PROPERTY TAX BILLS," the aforementioned information, etc., must be included in the property tax notices.

The question being why would anyone pay property taxes for something that is not made clear on their tax-bills? Municipalities that are involved in this are saying "just trust us" to ensure that we won't change your "property class(es)" without your knowledge or consent. Could it be that if one does pay these property taxes, based on these notices, they are caught as being in agreeance with the Municipality?

Something needs to be done immediately regarding these notices, as it has been decided by the Courts that Municipalities must be "reasonable" and must be "correct," meaning they must uphold provincial and federal legislation/regulation. If not, they may be deemed as doing something ultra vires – beyond their authority.

Do the property tax payers of Ontario want our municipalities to uphold the law and work in the resident's best interest, or do we want to be caught in an on-going mess? That is for you and your elected officials to decide, but if you have received your tax notice without the above information, perhaps you might want to contact your Council members and demand better.

Regards, Elizabeth F. Marshall,
President – All Rights Research Ltd.



Springwater News

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Copyrights are claimed on all original articles.

Springwater News prints 20,000 papers per edition.

18,650 are delivered by Canada Post to:

760 in the Utopia/Grenfel area L0L 1B0 and L0L 1B2

3050 in the Barrie City/Rural area

4250 in South Springwater Township

130 to the new boxes in Minesing / Anten Mills

640 in Phelpston L0L 2K0

650 in Hillsdale including the Rural Routes L0L 1V0

2550 in Elmvale including the former R R# 1, 2 & 3 L0L 1P0 which includes Orr Lake, Waverley and some Tiny Beaches Road areas

265 in the Wyebridge area L0K 2E0

975 in Wyevale L0L 2T0 including Conc. 8 and some TBRS areas,

1325 in Perkinsfield including Balm Beach to Whippoorwill

1100 in R.R.# 1, L4R 4K3 (775) & 2, L4R 4K4 (300) areas of Midland which includes Vasey, Ebenezer and the area North-West of Wyebridge

2900 in Northern Tiny including SS 3, 5, 6, 7 & 8 of Rural Penetanguishene (Postal Codes L9M -1R2, -1R3 & -2H7)

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Fate of Township of Springwater Recreation Fee-Agreement with City of Barrie in the Air

By: Dominika Zapolnik, Springwater News Reporter

At its regular meeting of council held on March 1, Township of Springwater Council debated ending the non-resident recreation fee agreement with the City of Barrie. The agreement offers Springwater residents access to City of Barrie recreation services and programs, including swimming, camps, and fitness classes, at the same rates as City of Barrie residents; a savings of 15 per cent normally charged to non-resident users.

During the meeting, there was a lot of back and

forth regarding the existing fee agreement that, if continued, would cost the township \$345,100 over the next four years.

The three options council considered were:

1. Continuing the agreement for the next four years, expiring on February 28, 2027
2. Ending the non-resident fee agreement
3. Ending the non-resident fee agreement and creating a Township of Springwater subsidy program for township residents using City of Barrie recreational services

Coun. Moore and Coun. Fisher spoke about the importance of the agreement, citing that residents in their respective wards frequently use the City of Barrie facilities. After much discussion, council asked for more information on how many Springwater residents use the recreation services and programs and voted to defer a decision until the next regular meeting of council.

The fee agreement has been in place since 2001 and has been renewed continually since then.

Following the meeting, a staff information report, shared on the township website, shows that "Springwater residents participated in 1,723 program offerings with the City of Barrie in 2022."

No Mow May Pilot Project to Start in the Township of Springwater in 2023

A No Mow May pilot project is set to begin in the township this year enabling residents to be exempt from the by-laws related to grass cutting on their properties for the month of May. No Mow May is a movement that began in the UK in 2019 that encourages putting lawnmowers away until June to assist bees and other pollinators with food sources after winter. The township Recreation, Parks and Facilities Department will also participate in the project by selecting properties that are less busy and delaying mowing until June 1, 2023. The results of the pilot project will be shared in a report to council following the pilot.

Springwater Township is in good company, joining other municipalities across Canada taking part in this initiative, like the Town of East Gwillimbury.



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A Busy Couple of Months for Foodbank



Photos above: Elmvale Lioness Lions Club donated gift baskets and bunnies and Elmvale Lions Club donated also bunnies to the Foodbank.

It certainly has been a busy couple of months. Volunteers spent the better part of two weeks putting away donations received from our supporting schools after Christmas. We thank students and staff from HCES, EDHS, OLOL, Wyevale, Hillsdale, Minesing and Forest Hill, for organizing such wonderful food drives.

Midhurst Community Recreational Association held Family Day events with donations received for the Elmvale & District Food Bank. The Baha'i Community in Tiny organized a food drive for the month of February – A TINY Month of Giving. Along with this event we received a donation of \$276.00 from two young entrepreneurs from Wyevale Central Public School who made and sold friendship bracelets. We thank everyone for their continued support.

Elmvale & District Food Bank hosted an area food bank meeting on February 22, 2023. Representatives from seven other food banks attended. It was

a great opportunity to share ideas and gather information regarding services available from other organizations. All food banks are seeing an increase in their number of clients. Based on 2022 numbers, Elmvale & District Food Bank is providing help to approximately 40 families per month. In 2023 we have already seen an increase.

Easter is fast approaching and thanks to our generous donors we will be providing Easter Hams to all of our clients. Easter Baskets for the children have been provided by the Lady Lions and the Elmvale Lions Club has provided chocolate bunnies.

Plans are underway to have our raised gardens, constructed by students at EDHS, planted this year. Volunteers are needed to help maintain the gardens – watering, weeding, etc. If you are interested please contact the Food Bank at 705-322-9096.

Anyone driving past the Food Bank will note the addition of gables roofs over the side doors. We thank Murcott Design Build for the wonderful job!!

More Community Donations for Elmvale Foodbank



Photo above: Debbie McLean of Elmvale Foodbank with Darlene and Allan Paterson from the Baha'i Community of Tiny

On March 1, the Elmvale Community Food Bank was the recipient of 75 - 80 boxes of food collected during a recent food drive organized by the Bahá'i



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Community of Tiny during the two week period from February 13 through February 26.

In January the Bahá'i community of Tiny took on the initiative to invite eleven organization within the Township to join them in a collaborative effort with the goal



Photo above - L-R (front): Debbie McLean, Elora and Evelyn, students from Wyevale Central P.S. School and Darlene Paterson (back) Allan Paterson and Township of Tiny Mayor David Evans

in mind to create an outreach project to work toward building a more unified and vibrant community within the Township.

A special thank you goes to our two grade 6 Wyevale Central P.S. students who exercised their talent and entrepreneurship to raise \$276 during the two week drive. The girls made and sold their "Friendship Loom" jewellery at the school during their break times as well as encouraging their friends to create their own jewellery with the sale of their kits. Well done girls!

A huge thank you goes out to all the participants that came on board to make this endeavour such a success.: Tiny Township Council, Tiny Township Fire Department, Tiny Township Lions Club, Ecole Sainte-Croix, Wyevale Central P.S., Wyevale United Church, Georgian Shores Swinging Seniors, Le Club de l'Âge d'Or, and the North Baha'i Community, But most of all, all the Tiny Residents who supported these organizations with their contributions.

CAREER OPPORTUNITY



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- All Sewer and Watermain positions

DCC will support any Non-Union successful candidates in the Union application process for Local 183 and Local 793.

Application by resume only, please forward resumes to gerald.sullivan@ca.crh.com
Only successful candidates will be contacted.

Gilbert Hall Memorial Curling Bonspiel



Photo above: Tammy Huggard, Chris Huggard, Stesha Chuchulo

On Saturday, March 4th, thirty-two curlers participated in the annual Gilbert Hall Memorial Curling Bonspiel. Each team played 2-six end games and enjoyed a wonderful lunch provided by the Lady Lions. Although the change in the format was a surprise to all the curlers, it was well received and allowed all team members to play the different positions. We thank Gail Hall for keeping score throughout the day. Congratulations to Team Huggard – the winners of this year's Bonspiel.

Upcoming Meetings

Elmvale BIA

Thursday, March 16 at 5:30 p.m.
Virtual - for access, please email
info@elmvalebia.ca

Committee of Adjustment

Wednesday, March 22 at 6:00 p.m.

Elmvale Community Recreation Association

Thursday, March 23 at 7:00 p.m.
Springwater Room, Elmvale Arena

Council Meeting

Wednesday, April 5 at 6:30 p.m.

Council and Committee of Adjustment meetings are live streamed online at springwater.ca/Live. To view the meeting agendas, please visit: springwater.civicweb.net/Portal

Bid Opportunity

The Township is currently accepting bids for:

Asphalt Patching (2023-03-IOS)

Closes: March 23, 2023

Supply & Application of Corrosion Protection Product (2023-05-IOS)

Closes: March 27, 2023

Micro-surfacing and Surface Treatment (2023-09-IOS)

Closes: March 28, 2023

Concrete Sidewalk Maintenance (2023-10-IOS)

Closes: March 28, 2023

Fire Service Full-Sized SUV (2023-16-FES)

Closes: April 3, 2023

Aggregate Crushing and Hauling (2023-07-IOS)

Closes: April 4, 2023

Consulting Services for Bridge Investigations (2023-01-IOS)

Closes: April 5, 2023

Supply and Deliver 2 Five-Ton, Four-wheel Drive, Diesel Cab and Dump Body Trucks (2023-13-IOS)

Closes: April 11, 2023

Supply and Deliver 1 Rubber-Wheeled Articulating Loader (2023-14-IOS)

Closes: April 14, 2023

For details and to submit a bid, visit:
springwater.bidsandtenders.ca

Career Opportunities

The Township of Springwater is currently recruiting for the following positions:

Deputy Chief Building Official

Closes: Friday, March 17, 2023

Library Program Assistant - Student

Closes: Friday, March 17, 2023

Building Student

Closes: Friday, March 17, 2023

Parks and Facilities Operator II

Closes: Tuesday, March 21, 2023

Equipment Operator

Closes: Friday, March 24, 2023

GIS Coordinator

Closes: Monday, April 10, 2023

For job descriptions and details please visit: www.springwater.ca/careers

Seasonal Load Restrictions

The reduced load period in Springwater starts March 1 and ends April 30. By-law 2009-079 restricts loads on most Township roads to 5 tonnes per axle. The restrictions help protect the structural integrity of the roads during the spring thaw.

For more information about the reduced load period, please contact our Roads & Fleet department at 705-728-4784 x2012 or roadsandfleet@springwater.ca.

Burn Permits

All outdoor burning in Springwater requires a permit. Recreational fires are the only outdoor fires permitted in Anten Mills, Centre Vespra, Elmvale, Hillsdale, Midhurst, Minesing, Orr Lake, Phelpsston Snow Valley or any subdivision.

Open Air Burn Permits are issued to rural properties within Springwater. Prior to a permit being issued, a site inspection must be completed by the Fire Chief or designate, to ensure that the property is suitable for an open air burn and that all rules and restrictions are being adhered to.

Permits cost \$21. Learn more about the requirements and purchase your permit online at springwater.ca/BurnPermit.



**Registration
opens April 3**
Camps available for viewing
on March 27

Ages

5-12 years

Locations

Elmvale, Midhurst & Minesing

Camp Hours

9:00 a.m.- 4:00 p.m.

Need a little extra time? We offer extended care to allow for earlier drop off (8:00 a.m.) and later pick up (5:00 p.m.) Additional fees apply.

Summer Adventure Awaits!

We offer a variety of camps! Schedule details are open for viewing on March 27 at springwater.ca/camps

Registration Information

Registration opens April 3, 2023!

Registration operates on a first-come, first-served basis. A waitlist will be formed if we reach capacity.

There are two registration options available:

1. Online at:
townshipofspringwater.perfectmind.com
2. In person at the Township Administration Centre (2231 Nursery Road, Minesing) during regular business hours.

SAVE THE DATE

The Springwater Swing takes place Thursday, June 22, 2023 at the Springwater Golf Course. Sponsorship opportunities and registration packages are coming soon!

U8 Hanover Canadian Tire Jamboree



Submitted by Corinna Draper

Mar, 12, 2023 - Well hockey parents, the 2022/23 hockey season is starting to wind down as we put in our final few days at the rink. The Elmvale U8 Coyotes have had a fantastic year. The LL1 team is an amazing group of talented, hard working, respectful, and goofy (at times) young boys. Our team is comprised of Emmett Coughlin, Wyatt Coughlin, William Draper, Ryker Johnson, Logan Hurdle, Rhys Moreau, Tristan Moreau, Nash Rockey, Able Rowe, Hudson Rowland, and Emerson Weiss. The U8's were lucky enough to compete in one final tournament in Hanover this weekend. Unfortunately with Logan and Able not able to attend, we were down some key players but still had a fantastic day.

As hockey parents can relate the day started early with an 8:10 am game that meant a VERY early 5 am wake up for the almost 2 hour drive to Hanover. Weather was an improvement on last years white-out drive through the Grey Highlands and the team all made it for our first game vs. Woolwich Wildcats. Woolwich didn't make it easy on the boys putting up some strong defence and limiting scoring chances. The Coyotes did end up pulling off a 7-5 win with solid scoring from Nash and Wyatt plus a great goal tending performance from Emmett.

After a 3 hour break filled with snacks and shenanigans the boys were back on the ice vs. the home team Hanover Falcons. Hanover came out short on players with only 1 on the bench, looking like a sure win for Elmvale. However this wasn't the case as Hanover showcased very strong goal scoring making this one a nail-biter. Thanks to outstanding goal tending from Rhys our guys were given a chance to pull off an exciting 8-7 win. We had time for a quick snack and some laps around the gym before the 3rd game vs. Arran Ellerside Ice Dogs.

This game saw some all time high scoring from the Elmvale boys and even some highlight-reel worthy passing plays, pretty exciting to see at this age. Goals were abundant from our tops scorers Nash and

Wyatt; plus Val, Emmett, Rhys and Ryker got in on the action too. William almost pulled off a shut out in net only allowing 1 goal and letting the boys walk off with a 16-1 win.

Tired and hungry we had time to kill during another 3 hour break. Thanks to our manager, Chandra Gervaus we had dinner orders in ahead of time (highly recommend doing this!). The boys didn't have to wait to be served their pizza and chicken nuggets; ultimately saving some restaurant melt downs. Side note: next time we know not to leave the condiments on the table with a bunch of 8 year old boys as there were some shenanigans involving vinegar, ketchup, and pepper! The parents also had the opportunity to enjoy one (or more) much needed cold beverages during this break. After too many servings of ice cream the boys were recharged and back on the ice for the final game at 6:30 pm vs. Beverly Bandits.

The last game saw the boys push through end of day fatigue to battle a tough opponent. The goals were hard to come by as the Bandits played hard defence and limited our chances. We were lucky to have Val in net who equally limited chances and gave our team the window we needed to win the fourth and final game in this tournament by a score of 3-2. The post game dressing room was a buzz with excitement of being undefeated. Coach Deb handed out the shiny medals to huge smiles, she congratulated each player on a day of hard work and determination.

The LL1 U8 team have been lead all year by some incredible and inspiring coaches; Deborah Coughlin, Chad Moreau and Dave Rockey. As a parent we appreciate your dedication to our children and even more we appreciate the kind words and motivation that gets them through a tough practice or game. Not to mention the extra TLC that's needed at this age to wipe away occasional tears and ensure the kids are always having fun!

Thanks to the boys, coaches and parents for a great hockey year. I've got my Coyotes Hockey Mom sweater all ready for next season.



Council Meeting Highlights:
March 1, 2023

Next Council Meeting:
March 15, 2023

This summary is not a full representation of the meeting. For the official record, please refer to the minutes in the next Council Agenda. Past Council Meetings are available for viewing on the Township's YouTube channel.

Community-Based Strategic Plan

Prior to the regular meeting of Council, a special meeting was held to present the draft Community-Based Strategic Plan. The plan includes a draft vision and defines the shared goals and priorities to move the Township forward over the next 20 years. The goals outlined in the draft plan are:

- Leveraging growth to improve Springwater as a community;
- Leveraging growth to improve Springwater's economy;
- Building community unity to support a sense of place;
- Supporting climate change while embracing environmental sustainability; and,
- Corporate actions.

The plan further outlines a number of strategic actions to help the municipality achieve these objectives. The plan was developed with the input of the community following a robust public consultation process undertaken throughout the past year. The consultants will now receive and review comments from Council before presenting the final plan for adoption in April. To learn more about the draft Community-Based Strategic Plan visit www.springwater.ca/OurFuture

Elmvale Community Recreation Association Council Appointment

Councillor Garwood was appointed as the Council representative to the newly revitalized Elmvale Community Recreation Association (CRA).

Creation of a Posted Speed Limit Policy Springwater Council has adopted a new Posted Speed Limit Policy, which establishes a consistent process for undertaking a speed limit review on Township owned roads. Occasionally, staff will receive requests to review the existing posted speed limits on Township roads. The Canadian Guideline for Establishing Posted Speed Limits outlines the technical tools used to assess a roadway's recommended posted speed limit; however, it does not outline when a review should be completed. The new Posted Speed Limit Policy provides guidance and a consistent process for staff to follow when determining if a review is required.

County of Simcoe Bursary Program

The Township of Springwater will once again participate in the County of Simcoe Bursary Program with a \$1000 contribution. The donation guarantees one applicant from Springwater will receive a \$3000 bursary, for which the County of Simcoe will contribute the remaining \$2000.

No Mow May

Residents will be asked to consider letting their lawns grow as part of a pilot project called 'No Mow May'. The pilot project is intended to help pollinators such as honeybees and bumblebees by allowing wildflowers and other plants to flourish. As a result of the approval of the pilot project, the Clean, Safe Properties By-law will not be enforced from May 1 – 31, 2023. A public education campaign will take place prior to the pilot project commencing.



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Sports with Patrick Townes



Goodbye, for now!

I heard something recently that said you need two things in life - 1) someone to look up to and 2) something to look forward to. This is true in life and in sport. I am extremely thankful for growing up in such a great community and Township, and I pinch myself every day to remind myself how lucky I have been to have so many people around me to learn from, and to look up to. Throughout my sporting career and my life, there have been many people that have provided me mentorship and I made it my goal to take away something from all the people who I have looked up to over the years.

As I take a break from writing this article, I want to thank those people who I look up to. My family - I am grateful for how involved my immediate family was during my sports career. Dad and Mom did not hesitate making long trips for games and often my sister had to come along. Special thanks to her. These memories will be cherished forever. And thank you to Dad and Mom for editing the article over the past 5 years. Grandparents - There were not too many of my games where I looked up into the stands and my grandparents were not in attendance. With the rate of inflation, I often wonder what the \$2 prize after each game would be in today's standards. Extended Family – As everyone gets older, we all lose people that were very close to us. In addition to grandparents, there was often (if not always) a loyal following of aunts and uncles who attended games. I cherish all these memories and appreciated the guidance over the years. Coaches - I highly recommend to all young athletes and players to listen to your coach. Take something new from every coach you have. Be careful not to criticize. It is often easy to pick out one or two wrong things when, oftentimes, there are a lot of right things going on at the same time. Teammates - I have played on some great teams and had some great mentors. Do not be afraid to be a young player on a team and take your lumps sitting on the bench. It builds character, and makes it all the sweeter when you get to the top. Opponents - Yes, even opponents. Be respectful to your opponent. You will not win every game you play and what goes around comes around. Community members - Elmvale holds a sacred place in my heart. It is made up of volunteers and people who genuinely care about our town and the people within it. I still hear from out of town teams or players how much they like Elmvale and love to hang out with us. I have a lot of people that I look up to. From family members to those of you who know who you are in the community, thank you for being a role model for me.

Now, something to look forward to. The last few summers I have caught myself enjoying coaching and watching sports, more so than playing.

Now with my wife and young son (and young



Photo above: The U18 B Elmvale Coyotes consists of Cameron Robertson (C), Benjamin Kelly (A), Isaac Jesseau (A), Keenan Crowder (A), Nikolas Schepers, Brayson Fay, Jake Dutton, Cooper Mogridge, Garrett Fay, Ty Groenewoud, Tanner Playne, Jaxon Pretty, Joshua Stone, Beckham Westcott, Jaxson Johnston, Noah Johnston, Jake Murphy, AP Michael Macneall, Coaching Staff: Head Coach Andrew Priest, Assistant Coach Jayson Colyn, Assistant Coach Jake Bouzis, Trainer Jake Lalonde, Trainer Dave Crowder and Manager Carrie Jesseau.

nephews), my time is getting closer to slowing down on playing myself, and leading into a mentor role and a coach. I think it is important to teach respect and life lessons, rather than winning itself. A good team is one who hangs out after the game, win or lose, and reflects together. I am looking forward to seeing my son and the younger generation play more sports, and hopefully I get an opportunity to being the one someone looks up to. Ever since I saw my parents and the other parents party at hockey tournaments, I have looked forward to that day!!

Thank you to Michael Jacobs who let me take over the article and thanks to Deanna Woods and Linda Belcourt for the opportunity to keep writing the article. And thank you to those who have been reading the article. Admittedly, it went through a lull during Covid and it has been hard to dedicate the time needed to put a full article together. I am thankful for the opportunity I was given, and to be honest, you likely have not seen the last article ever from me. Thank you.

2023 Brier

What a finish to this year's event. Those two games between Canada and Manitoba were the best games that have ever been played on a curling sheet. The strategy was so involved and the respect level for each team was remarkable. You could not leave anyone an inch, and in the case of the Dunstone team, he left Gushue two inches – one in each game. Many people have argued who the best curler of all time is. After this event, there should be no question that the best of all time is Gushue, from top to bottom. His strategy is like no other and he always seems to make the big shots. Who else would you rather have throwing the last rock?

U18 B Elmvale Coyotes Advance to OMHA Championships

It's been quite the season so far for the Whitfield's Pharmacy U18 B Elmvale Coyotes Team. They faced some hardships early on in the season by dropping the Hometown Brian English Memorial Tournament and Regional Silver Stick in Midland. However, throughout this early season of adversity, there was one common goal in mind and that was to make it to the OMHA Championship Tournament. The resiliency of this team was shown as the season progressed, ending the regular season with an impressive 12-6-2 record, which ranked #1 in the league. Just before

playoffs began the U18 B Coyotes traveled to St Mary's for the Annual Rock Cup Tournament. This was a perfect time for the team to get into playoff form as the Southwestern Ontario competition was strong. The team ended up prevailing as tournament champions while defeating the #2 ranked 'B' team in the province, the Dorchester Dragons 2-0 in the Finals. The perfect momentum boost to start the playoffs!


OMHA playoffs now consist of a six-game round robin format, where teams vie to finish top 4 in their group to advance to a semi-final match. After some eminently intense round robin games, the Coyotes finished second in their group with a 3-1-2 record. Finishing second allowed for home ice advantage in a single game semi-final against number three seed, the pesky Oro Thunder. The winner of this game would not only advance to the league championships but also earn a berth in the OMHA Championship Tournament.


Puck drop for the semi-final game was this past Friday, March 10. Right from puck drop, the fully packed Elmvale arena was lively and excited to cheer on their hometown team. The first period saw some big hits and high energy from both teams, creating scoring chances on both ends. It wasn't until 46 seconds left in the first period, when Captain Cameron Robertson opened the scoring with a nicely placed wrist shot from the top of the right circle. To start the second period the Coyotes were awarded a power play. That's when off the breakout, Cameron Robertson placed a beautiful saucer pass on the stick of streaking Benjamin Kelly who didn't hesitate to put Elmvale up 2-0. The rest of the period brought some exciting playoff hockey, but no change in score. The beginning of the third period didn't go as planned for Elmvale as Oro quickly jumped back into the game scoring two goals in 22 seconds. Right off the ensuing faceoff, third year defenceman Jaxson Johnston laid a big hit to get the team and crowd back into the game. It was only a few minutes later when Jaxon Pretty scored the game-winning goal on the penalty kill, that caused the crowd to go into a frenzy. With 6 minutes left in the game, Garrett Fay would score a beauty insurance goal off a nice dish from Benjamin Kelly to make it 4-2 Elmvale. The game would end in a 5-2 final thanks to an empty netter scored by Benjamin Kelly (2). Assists would go to Benjamin Kelly (2), Cameron Robertson, Ty Groenewoud, Keenan Crowder and Jake Murphy. Goaltender Brayson Fay was awarded the victory with a stellar game in the crease.


The U18 B Elmvale Coyotes will now take on the winner of Parry Sound and South Muskoka in the league championships from March 19th - March 22nd. In addition, with the semi-final win, the Coyotes will also be competing in the OMHA Championships on March 31st - April 2nd hosted in Barrie. Stay tuned to the Elmvale Minor Hockey website to see the schedule. The team appreciates all the support it can get and is thankful for the fans thus far.


Elmvale Minor Hockey Presents

SENIORS NIGHT



MARCH 25TH, 2023


STARTING AT 6:30PM

ELMVALE ARENA

Celebrating Our Graduating Players

CHECKING IN@PPL

News & Events at the Penetanguishene Public Library



24 Simcoe Street 705-549-7164
www.penetanguishene.library.on.ca

PD Programs are here!

Explore the World

Take a trip around the world with games, crafts, art and music!
This program will be held on Friday, March 17th from 10:00 – 11:00 am. Free!

Wye Marsh Sweetwater Harvest Festival

Visit PPL at the Sweetwater Harvest Festival on Saturday March 18th! Come to our table for lots of crafts and fun activities. See you there!

Coffee with a Cop

Stay informed on current topics with our Police Constable. Join us once a month for coffee with a cop! Our next session will be held on Wednesday, March 29th from 10:00-11:00 am. The subject to be discussed is fraud prevention for seniors.

Adult Painting Workshop

Explore your creativity! Join us on Wednesday, March 29th from 5:30-6:30. Registration with your library card required. Cost: \$5.00.

Pop-Up Covid-19 Vaccine Clinic

The library is hosting a pop-up Covid-19 Vaccine Clinic from 9:30-3:30 on Thursday, March 30th. No appointment necessary. Drop by with your Health Card. For ages 6 months and up.

Spanish Lessons

Once again we will be offering Spanish lessons with Connie. Classes will take place from March 22-April 26. Beginner, Intermediate and Advanced classes are available. Sign up with your library card. Cost: \$25.00

New @PPL Bird Watching

Are you fascinated with birds? Send us your pics for our Facebook page with your name and the location and short description of photo. Bragging rights only! Email to connieprograms@gmail.com

What Is Gaslighting?

Mar. 5, 2023 - Gaslighting is a form of psychological manipulation where the abuser attempts to sow confusion and self-doubt in their victim’s mind. The term gaslighting comes from the Alfred Hitchcock film Gaslight. In this film a man tries to convince his wife she is going insane so he can steal from her. When he turns on the lights in the attic to look for her jewelry, the gas lights dim downstairs. He tells her she is just imagining the dimming lights. Eventually she begins to question her own perceptions and memories.

Gaslighting is a covert form of emotional abuse on which the abuser misleads the target, creating a false narrative and making them question their judgements or reality.

Gaslighting can happen in romantic relationships, but also with friends, family members or in the workplace. It is a manipulative tactic causing the survivor to question their own reality.

This occurs by the abuser questioning facts, denying memories the survivor has, undermining their judgement and bullying them into believing the abuser’s version of reality.

This can lead to confusion, loss of confidence and self-esteem, depression, anxiety, isolation, loss of hope and dependence on the abuser, known as trauma bonding.

Gaslighting behaviours include lying about or denying something and refusing to admit to lying even when you show them proof, insisting an event or behavior you witnessed never happened, or that you are remembering it wrong, changing the subject or refusing to listen when confronted about a lie or other gaslighting behaviour, telling you that you are overreacting when you call them out, saying if you acted differently they wouldn’t treat you like this so it’s your fault (blame shifting), trying to smooth things over with loving words that do not match their actions, twisting a story to minimize their abusive behaviour, minimizing hurtful behavior by saying “You’re just too sensitive” or “It was just a joke.”

Signs that you are a victim of gaslighting include having trouble making even simple decisions, constantly second -guessing yourself, trying to convince yourself that it isn’t that bad, walking on eggshells around the other person, feeling lonely and trapped, doubting your own memory and sanity, staying silent rather than saying what you think or believe, being on edge and feeling threatened all the time, and thinking you can’t do anything right.

If you feel you are a victim of gaslighting it helps to talk to a friend or therapist. It also helps to keep a journal or record of things that happened so you can go back to assure yourself that something in fact did happen. Collect evidence that will dispute your doubt later such as screen shots of text messages, and dates and times of arguments, along with what was said.

The bottom-line question, of course, is do you want to continue in a situation where gaslighting is happening? You see, you cannot argue with a gaslighter. They will not respond to logic or admit their true motivation. If your conversations with a partner, family member or colleague turns into an opportunity to insult you or question your sanity or ability, step away from the discussion and the relationship if possible.

by *Gwen Randall-Young* that is an author and award-winning psychologist. For permission to reprint this article, or to obtain books, CDs or MP3s, visit www.gwen.ca. Follow Gwen on Facebook for inspiration.

Gwen Randall-Young
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(780) 464-7005 | gwendall@shaw.ca

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Across

1 Took the initiative
4 Portrait or sculpture
7 “Comprende?”
10 Twilight
11 Analog watch feature
13 Train section
14 Bring pain to
15 Method of meditation and exercise
16 Not just seem
17 Seductive one
19 D.C. deal-maker
21 Make a sub disappear
23 __ love
26 Familiar with
29 Severely simple
31 Castoffs
33 Truck attachment
34 Horsey sound
35 Aussie runner
37 Nectar gatherer
38 One of 12 by Debussy
42 Part of the head that moves when you talk
44 Pickett’s music
47 __ feeling
48 Lab eggs
49 Better this than sorry
50 Grassy meadow
51 Checkbox answer
52 Tip of a boot
53 Down with a bug

Down

1 Table part
2 Far from good
3 Ham salad seller
4 Innermost shrines in ancient temples
5 Big city for soccer
6 Follow (along), like a little brother
7 OR tool
8 Cup handle
9 Prior to, previously
12 Northern Scandinavians
18 Fail to keep a promise
20 Product
22 Enhance a handkerchief, maybe
24 Adamantly for
25 Bowyer’s material
26 Caterer’s coffeemaker
27 __-wee Herman
28 Lake Superior natives
30 Find a function for
32 “Through the Looking-Glass” game
36 Skirmish
39 Wrinkly Jamaican fruit
40 Epee event
41 List-ender, abbr.
42 Christmas carol emotion
43 Blvd. relative
45 Healthful seed
46 E.T.’s vehicle



THE WORLD WITH JASON GEORGE

AFRICA 2

ILLUSTRATED BY JIMMY MCGANN

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WITH JASON GEORGE

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WILD WING - WASAGA BEACH

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AUTHOR JASON GEORGE AND ILLUSTRATOR JIMMY MCGANN WILL BE ORGANO TO WELCOME WILDLIFE LOVERS OF ALL AGES TO THE FUN AND INTERACTIVE EVENT AT WILD WING WASAGA BEACH.

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MIDHURST PHARMACY

Let's Talk About... Pharmacy Awareness Month

With Pharmacist Owners Jenna Lougheed and Carolyn Glover

March is Pharmacy Awareness Month! Pharmacy professionals have taken on a lot to help through the pandemic over the past three years. We have remained highly accessible and we are proud to be an important resource to help manage your health and medications. Pharmacists have the authority to adapt or renew certain prescriptions if your doctor is unavailable. We can prescribe medication for minor ailments such as UTI, cold sores, heartburn and pink eye. We can perform comprehensive medication reviews and help manage chronic diseases like diabetes or hypertension. We can administer over 15 vaccines for preventable diseases, improving access for patients. As always, we continue to ensure your medication is safe, ensure dosage is correct, assess for potential drug interactions and offer advice on over-the-counter, natural health products and your prescription. We are truly grateful to have an amazing pharmacy team at Midhurst Pharmasave. Call or come in today for all of your health and wellness needs.

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SPIRITUAL and MENTAL HEALTH

ANNIE'S JOURNAL

by Annie Warner Donnelly



Mar. 13, 2023 - As we consider how building a Biblical Framework filled with Bible verses and stories helps to ground us in our faith, let's remember to add stories of people who testify to the goodness and provision of God in response to life's challenges.

God's plan to bring us together here on earth before He brings us together in heaven gives us an amazing glimpse of what it means to be part of His family; to learn, first-hand, about history and geography from people who've lived in places we may never have the chance to visit; to learn about cultures and traditions we may never have the chance to experience.

Last fall, I had the opportunity to do that very thing! I had the privilege of interviewing Dr. Mpoki Ulisubisya, the High Commissioner of the United Republic of Tanzania, just as he was finishing his 3-year term of office here in Canada. Here is a story from his life that had a big impact on me.

Halfway through his second year of medical school, as he pursued the profession he felt called to and most wanted, he made the decision that could have changed his whole career path. Only God could save his dream to become a doctor, but Dr. Mpoki's decision enabled the Lord to intervene in a most unusual way.

"Exams were held on the Sabbath (Saturday)," he said. "For the first one-and-a-half years of medical school, arrangements were made with the teachers for me to do my exams on other days, but then the teachers became uncomfortable with these arrangements. I was told to do my exams on Saturday or choose to do something else with my life. I told them my position on this subject was clear and unwavering: I would not write the exams on Saturday. I was given a letter, and I left the university. I wasn't discontinued (expelled); my status was simply switched to withdrawn. This meant I now had two academic years to requalify to continue my studies."

So, the year 1990 went by, and 1991 was well underway when, through the actions of the president of the United Republic of Tanzania, God made a way for a faithful young man to continue his studies.



"It was May 1," Dr. Mpoki recalled, "just a few months before all hope of resuming my medical studies would be lost forever. Deep in my heart, I trusted that God would make a way for me, but I never expected that He would use the president to do it. Up until April 30, Tanzania had a six-day work week—Monday to Friday and half a day on Saturday. On May 1, 1991, the president decreed that Tanzania would conform to a five-day work week. By God's grace and mercy, I was finally able to continue my studies. I experienced God's kept promises for myself. I continue to experience them to this day."

Next time I'll write about how we, like Dr. Mpoki, can bring God's word into the events of our everyday living. Until then, blessings everyone!



Rosie's Devotions

by Rosemary Hagedorn

CASTAWAYS

Feb. 12, 2023 - With spring slowly approaching, I decided to tackle the big job of sorting all the clothing that I own into a "storage for next winter" pile, a "give-away" pile and an "undecided" pile. I find it simply amazing how much clothing one can accumulate during a year!

As I was going through the "give-away" pile, I thought about how easy it is to give away what we don't use: "seconds" that are no longer required or needed, "cast-offs" that are no longer in perfect condition. The "undecided" pile is much harder to give away. These are favourite pieces of clothing that have somehow shrunk over time. When we look at them, we hope, that one day, these favourite pieces of clothing will come back to the normal size that they once were. Or, there is that favourite sweater that your grandmother knitted for you, years and years ago, which would fit your granddaughter! And I realized how much harder it is for us to give away something that is still in perfect shape.

And, I wonder, what if God had been undecided? But, God gave His very best, His Son, to die on a cross for us, an undeserving and sinful people.

John 3:16 – For God so loved the world that He gave His only Son, so that everyone who believes in Him may not perish but may have eternal life. (NRSV)

Prayer: Thank you Father, for loving us so much that You gave your very best, Your Son, as a sacrifice for our sins, so that we may inherit eternal life. Amen

GBGH Seeking Community Feedback in Development of New Strategic Plan

Submitted by Jennifer Moore, Director, Communications & Stakeholder Relations, GBGH

March 13, 2023 – Georgian Bay General Hospital (GBGH) is looking for feedback from the community to help shape the organization's new strategic plan. GBGH launched its current five-year strategic plan in 2018 and is now in the process of revising that plan to guide the hospital for the next seven years. One of the most important aspects of developing the plan is the inclusion of input from hospital staff/professional staff/volunteers, Board of Directors members, GBGH's Patient and Family Advisory Council, healthcare partners, unique populations served by the hospital, elected officials and the community.

"This is a tremendously exciting time for GBGH, as we have the opportunity to shape and determine our future directions, in order to best serve our community," says Matthew Lawson, president and CEO, GBGH. "Our new strategic plan will span seven years to ensure we have sufficient time to implement our strategy and make meaningful progress toward achieving objectives. Although we are still in the development phase, I can assure you the plan will position GBGH to adapt to the continually evolving acute healthcare environment, ensure we are aligning our services with the needs of our community, and focus on fostering a positive environment in which team members can work, practice and volunteer."

The strategic plan acts as the organization's roadmap to guide all its decisions and ensure it is accountable to the community it serves. In addition to the survey, the hospital will hold focus groups to gather feedback from specific stakeholders.

The community survey can be found via the GBGH website (www.gbgh.on.ca) or through the following link: <https://www.surveymonkey.com/r/KWFDH3D>

GBGH anticipates having the new strategic plan finalized by June 2023.

Ask a Therapist: On Physical Rest

Q: I am having difficulty feeling rested and energized in my body - what can I do to take better care of my physical energy needs?

A: Our physical bodies are restored in two distinct but interconnected ways: through movement and through sleep. In her book, *Sacred Rest*, Dr. Sandra Dalton-Smith describes these two components as passive and active physical rest.

Generally, when people feel tired they look to the passive form of physical rest as the first thing that is needed to combat their exhaustion. Perhaps they try to go to bed earlier or they add a nap to their day. In order to get adequate and restorative sleep, clients often review their sleep hygiene to look for areas where they might be able to improve the quality of their rest. Simply put, strong sleep hygiene - the care and conditions you place around getting a good night's sleep - will serve you well in terms of attending to the need for passive rest.

If you are not getting enough rest at night consider implementing some of the following strategies to improve your sleep: set a consistent routine bedtime and waking time, avoid caffeine and alcohol after 5pm, put away all screens a minimum of one hour before bed (two hours is better), take all distractions out of your bedroom to create an atmosphere of calm, and/or create a personalized and predictable relaxing pre-bed routine that soothes the body and relieves stress (consider things like hot baths, meditation, stretching, journalling, reading, diffusing essential oils etc.). You will not regret prioritizing your sleep as it is one of the most important predictors of overall health and wellbeing.

Under the category of physical rest, the body also needs activity. This might be counterintuitive because movement requires energy but we all know that energy is also restored through exercise. Sometimes high intensity activities can be too stressful for a body that is depleted and exhausted so we like to suggest gentle exercise as the primary form of restorative self-care. This might include walking, stretching, yoga, swimming, slow dancing, reasonable weight lifting, or other slow-paced, low-stress physical movements. When you are exhausted, you want to move your body in a way that helps it to recover, to increase circulation, and to improve your lymphatic system. This is not the time for pushing beyond reason in your physical activities as it may actually distress the body further and thus not achieve the restorative benefits you are seeking.

If you would like support to build a comprehensive restorative self-care plan that fits your particular needs for active and passive physical rest (or any other rest for that matter) please do not hesitate to reach out to a therapist for support. Improving your sleep hygiene and gentle movement will significantly improve your mental health.

by Sarah Covey. Mar. 7, 2023

Covey Wellness Centre is a local spot for all your mental health and wellness needs. We are a team of multi-disciplinary psychotherapists working out of our beautiful and serene space at B-12 Stone Street. Our wellness bookshop - which smells and feels like a spa - is open to the public every day except Sunday. Please visit CoveyWellnessCentre.com and submit the form on our Contact page to book an appointment or to inquire about our products and services or drop by for a visit! Follow us on social media @coveywellnesscentre, SUBSCRIBE TO OUR NEW PODCAST, and download and follow at Eventbrite for the latest updates and event tickets! We can't wait to welcome you to CWC for all your restorative self-care needs!

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Soldiers' 50/50 Raffle Surpasses \$500k in Prizes Awarded



Mar. 1, 2023 - ORILLIA, ON – Orillia resident Brenda Morgan is the latest winner of the Soldiers' 50/50 Raffle. Her prize of \$20,225 has pushed the raffle to an exciting milestone for Orillia Soldiers' Memorial Hospital Foundation (Soldiers' Foundation).

The February grand prize puts the total prizes awarded by the raffle at more than \$500,000, with winners stretching across the community. Morgan, the latest lucky winner, said this news could not have come at a better time.

"You would not believe how much good news this is right now," she exclaimed during the call letting her know she had won. "I'm a cancer patient and we're in a very inaccessible house right now, so we're moving to a more accessible apartment."

Morgan has been receiving her cancer treatments at Soldiers' and has tremendous appreciation for the hospital's staff.

"The hospital has been so good to me over the years, and I just felt like I should contribute", Morgan said about Soldiers' 50/50. "It wasn't that much money, and Soldiers' 50/50 make it so easy for us [to buy raffle tickets]."

Along with giving away more than \$500,000 in prizes, the Soldiers' 50/50 raffle has also raised hundreds of thousands of dollars towards the purchase of supplies and equipment for Orillia Soldiers' Memorial Hospital.

"I love seeing a winner's story like Brenda," said Jeff Sieger, Data and Finance Associate at Soldiers' Foundation and organizer of the raffle. "Regardless of who wins, the hospital wins. That's so important to remember."

"Soldiers' 50/50 has been a huge boost for the hospital and the entire community. We have some big plans coming up in the next few months, so I'm sure it's going to continue to grow even larger!"

The next Soldiers' 50/50 raffle is already underway, and is kicking off with a \$1,000 Early Bird Draw this Thursday at 2 p.m. With a winner every week, there are plenty of chances to win big.

Soldiers' 50/50 raffle is managed by the Soldiers' Foundation and works to generate funding for areas of emerging need within Soldiers' Memorial Hospital.

The next Soldiers' 50/50 Grand Prize draw is March 31st, and Early Bird draws are set for March 2, 9, 16, and 23rd. With a guaranteed pot of \$5,000 and ticket bundles starting at just \$10, it's a fun way to support your local hospital and gives you the chance to win every week.

To learn more about the new Soldiers' 50/50 and how you can win big every week, visit soldiers5050.ca.



Tech Workshops for Older Adults

In person

Join one or all of these workshops on technology & digital literacy. Offered in partnership with Gateway Centre for Learning [incl. logo if possible]

- Thurs., March 30, 10am-12pm – Using Email – Creating/Using a Gmail Account
- Thurs., June 22, 10am-12pm – Managing Passwords & Multi-Faceted Authentication Settings
- Thurs., Sept. 28, 10am-12pm – Using Personal Devices
- Thurs., Oct. 26, 10am-12pm – Using Social Media

Register by calling 705-526-4216 or visiting the main desk.

Discover the History of Your Home

Virtual

Wednesday, April 19, 2pm

Jennifer Huddleston from Simcoe County Archives discusses how to research the history of your home. Learn more about the services & records offered through the Simcoe County Archives, as well as tips, tricks, & advice on how to begin researching your property.

Register online or by calling 705-526-4216.

Simple Auto Maintenance & Repair with Bourgeois Auto Group

In Person

Tuesday, April 25, 4-5pm

Learn the basics to keep your vehicle running smoothly. In this outdoor workshop, an expert from Bourgeois Auto Group will discuss some of the important parts of your vehicle, explain their functions and cover simple maintenance such as checking oil, tire pressures, etc.

Register online or by calling 705-526-4216.

An Evening Cycling Through Vietnam, Cambodia & Thailand

In person

Wednesday, May 3rd, 6:30-7:30pm

Join us as Irene & Doug share their personal travel story, anecdotes, and travel tips. Together we'll visit Vietnam, Cambodia & Thailand on a bicycle!

Visit us online or call (705) 526-4216 to register.

Local Beekeeping with Barks Apiaries

In person

Wednesday, May 10, 6-7pm



Learn about pollinators, the process and the product from local professional beekeeper and small business owner, Mike Barks. He'll discuss his personal experience beekeeping and speak to bee-friendly initiatives and the way they affect the bee population. Visit us online or call (705) 526-4216 to register.

SafeGuard Your Home with Southern Georgian Bay OPP

In Person

Thursday, May 25, 2-3pm

Learn techniques & practices to help reduce the risk of break and enter crimes in your home & community. Register online or by calling 705-526-4216.



March Break/Springtime

Mar. 9, 2023 - March seemed to come in like a lion delivering heavy snowfall to many of us during the first weekend of March, but we know spring is just around the corner. It is hard to believe the kids are already enjoying March break. If you are looking for some fun family activities to enjoy in these final days of March break or on these final winter weekends there are many options right here in Springwater.

The Elmvale Community Arena will be hosting themed skates during the break where you can skate around in some of your favorite Disney and superhero gear. If the weather permits, outdoor skating may be an option and you can visit the Midhurst Pavilion outdoor rink or skate the trail at the County of Simcoe Museum.

The recent switch to daylight saving time may have left you feeling out of sorts this week. Though the change does allow us to enjoy the sunshine later in the afternoon and evening it can certainly take some time for your internal clock to adjust. I hope you are enjoying the lighter and brighter evenings and letting the natural sunlight in as much as possible. I am looking forward to more evening walks in the sunshine.

This is also a great reminder to check on your smoke alarms and carbon monoxide detectors. Be sure the batteries are working properly and check any expiry dates in case the devices need to be replaced.

As you find ways to enjoy these last days of winter and look forward to the warmer days ahead, please remember that my staff and I are available to assist you with any matters related to the federal government. Please contact my office at Doug.Shipley@parl.gc.ca or 705-728-2596 for assistance.

Sincerely, Doug Shipley, Member of Parliament
Barrie – Springwater – Oro-Medonte



TECH WORKSHOPS for OLDER ADULTS

Thursday, March 30, 10am - 12pm

Using Email - Creating/Using a Gmail Account

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Waypoint Hosts Recruitment Networking Event To Showcase The Hospital and Attract Talent

Mar. 9, 2023 - Penetanguishene, Ontario – Waypoint Centre for Mental Health Care is hosting a recruitment networking event on March 23, 2023 to help attract Individuals who are seeking a new employment opportunities or interested in completing an academic placement in a specialized mental health setting.

The hospital is hosting the event in Penetanguishene to promote the various roles they are hiring for, encourage understanding of the jobs, and showcase the unique and expert career experience the hospital has to offer.

“As part of Waypoint’s new People Plan, recruitment is a top priority,” said Demetrios Kalantzis, Vice-President People and Chief Human Resources Officer. “We are innovating new ideas and getting creative on how we are showcasing Waypoint’s expertise to attract talent. Events like this are helping us to cultivate an empowered, healthy and thriving workforce.”

The event is open to individuals seeking employment or academic placement, and offers participants the chance to speak directly with employees representing a variety of departments and disciplines, meet members of the leadership team, receive tips from recruiters, ask questions about academic placements, tour the hospital, get a swag bag, and win some great prizes.

Registration is encouraged. Networking and tours run from 5 to 5:50 p.m. and 6:30 to 7:30 p.m. and presentations are from 6 to 6:30 p.m. Please plan to arrive by 5:50 p.m. if attending the presentations. To register or for more information visit www.eventbrite.ca/e/559017013937, call (705) 549-3181, ext. 2084 or email careers@waypointcentre.ca. Visit www.waypointcentre.ca/i_want_to_join_your_team to view job postings.



Looking for a new adventure?

NETWORKING EVENT

OPEN TO INDIVIDUALS SEEKING EMPLOYMENT OR ACADEMIC PLACEMENT

THURSDAY MARCH 23, 2023 5:00PM – 7:30PM

Career & Placement Advice
Networking | Presentations | Tours
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Waypoint
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Networking & Tours 5:00-5:50 P.M.
Presentations 6:00-6:30 P.M.
6:30-7:30 P.M.

Register for the event
<https://www.eventbrite.ca/e/559017013937>

(705) 549-3181 ext. 2084
careers@waypointcentre.ca

Check out our [job postings](#)

Registration is encouraged.
Please arrive by 5:50PM if attending the presentations.
Mingle with staff from various professions and go on a tour during the networking sessions.

About Waypoint Centre for Mental Health Care

Waypoint is a fully accredited recognized academic and teaching hospital providing specialty mental health and addiction services and geriatric services for Simcoe County, Muskoka and central Ontario, as well as forensic mental health services for all of Ontario. Waypoint is a proud partner in the Community Health Hub in Midland and has additional locations in Midland, Barrie and Huntsville.



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SPRINGWATER LIBRARY

Springwater Smile Campaign

We are making GIFT BAGS for Moms!

Elmvale Food Bank

Currently accepting donations!

- *Candles
- *Shower gel
- *Hand cream
- *Lip balm
- *Cash/cheque and we will shop!

Smile Campaign

Our annual gathering of items for Moms is back again in partnership with the Elmvalle Food Bank bringing smiles to our community! If you are able to donate the following to any Springwater library branch towards this wonderful project it would be greatly appreciated: journals/notebooks, decorative candles, hand cream, candy, gum, cool mugs. Donations will be accepted in the month of March. We thank you in advance for your help.

CloudLibrary Coming Soon!

On April 1, 2023, Springwater Public Library will switch eBook platforms from Overdrive and Libby to cloudLibrary. With the cloudLibrary platform, we are thrilled to be able to offer you more content with better features on this new, easy-to-use platform. Starting April 1, 2023 you can download the cloudLibrary app to start reading or listening! Here are some important dates to keep in mind as these changes take place: March 20, 2023 is the last day to place a hold in Overdrive/Libby. April 2, 2023 is the last day to borrow in Overdrive/Libby (if it is downloaded to your device only. If it is on your shelf, it will be deleted). April 3, 2023 Overdrive/Libby will be shut down. April 2 - April 26, 2023 Transfer of content from Overdrive/Libby to cloudLibrary.

Volunteer Income Tax Program

This program starts Saturday March 4 and offers in person appointments, virtual service by phone or drop off of your paperwork. For in person appointments at the Elmvalle Library - Call (705) 322-1482. Virtually by phone, call the Elmvalle Library (705) 322-1482, and leave your contact information and a volunteer will connect with you via phone regarding your taxes. Drop off your tax documents, date of birth, contact information: name, address, phone and email address at the library. Please place all paperwork inside a sealed envelope labelled: INCOME TAXES. The tax brackets are as follows: Up to \$35,000 for one person, Up to \$45,000 for two persons, Up to \$50,000 for a family of four.

We are Hiring!

Reporting to the CEO, this temporary Program Assistant position will be responsible for assisting with the planning and implementation of programs,

Elmvale Branch: 705 322-1482
Midhurst Branch: 705 737-5650
Minesing Branch: 705 722-6440
www.springwaterlibrary.on.ca
information, branch updates and our virtual programs. Programs and Videos on Facebook and YouTube (search Springwater Library)

including our summer reading program up to the date of September 2, 2023. Due to funding requirements for this position, applicants must be between the ages of 15 to 30. Hours will include Saturdays and some evenings at any of our three branch locations. Closing date for applications: Friday March 17, 2023. For further details see our website.

March Break Programming

Thursday March 16: Take and Make Kits available at all branches, online storytime special - check us out on YouTube!

Friday March 17: Harry Potter Trivia at Elmvalle Branch 2pm-3:30pm, Cost \$2 per participant. Registration required.

Cricut Plant Marker Program

Our monthly Cricut project in March is a set of plant marker signs. Using our Cricut you can make little signs for your plants: Peas, Tomatoes, Basil etc. A set of three plant signs Cost \$2. Midhurst Branch Tuesdays 10:30am-2pm, Wednesdays 1pm-4pm and Thursdays 4pm-6pm alternatively you can book a time at Elmvalle branch Thursday/Thursday evenings 4pm-6pm. Registration required.

Tutoring Help

Partnering with the Simcoe Muskoka Catholic District School Board we are happy to offer FREE 1 HOUR group tutoring sessions with a certified teacher. Thursday evenings 5pm-7pm at Midhurst Branch. Registration required. This program is for grades K-3 and 7 and 8 who will work in groups of up to five students.

Garden Program

Learn some great tips for starting vegetables from seed by Simcoe County Master Gardner Pat Duncan. Start some seedlings to take home with you! Tuesday March 21, 6pm at Elmvalle Branch. Cost: Free. Registration required.

Vaccination Clinic

In partnership with the Simcoe Muskoka District Health Unit, Nurses will be at the Elmvalle library on Thursday March 23 from 10:30am-3pm as well as Tuesday April 4, 11:30am-3:30pm at Midhurst Branch. Primary doses are available for eligible people aged 6 months+ and booster doses available for eligible people aged 5 years+. Appointments can be booked at: <https://covid-19.ontario.ca/book-vaccine> or by calling 1-833-943-3900. Walk ins are welcome while supplies last.

English as a Second Language

Come and join us weekly for a conversation group that will be working on English language basics. All languages are welcome! Meet new people, increase your fluency and vocabulary at Elmvalle branch starting Friday March 24, 1:30pm. Registration required.



Please help us make

Tiny Marsh Phrag-Free!

We at MTM Conservation Association have completed two years of our three-year project to control Invasive Phragmites at Tiny Marsh. Many thanks to the volunteers who helped us make great progress in 2021 and 2022! and thanks also to the Invasive Phragmites Control Centre who came with the technology we needed to knock the plant back!

Phragmites australis is an aggressive alien that outcompetes native plants, degrades or destroys habitat and disrupts natural wetland functions. This adversely impacts both migratory and resident wildlife that we all enjoy when we visit Tiny Marsh. We have one more year to get the job done, and we're looking for your help. Most of the work occurs in August, and is such an important contribution to the continuing health of Tiny Marsh. Please join us - email vol@mtmconservation.org and we will let you know what's happening and when we need people.

Donatè to the cause! E-transfer to treasurer@mtmconservation.org or mail a cheque to MTM Conservation Association, PO Box 171, Tiny, ON L0L 2T0. Mark the donation 'phrag-free'.

Photos by David Hawke and Robert Codd



Spring Safety: Be careful Near Waterways



March 9, 2023 - The Nottawasaga Valley Conservation Authority reminds everyone to stay well back from waterways, ditches, ponds and lakes this time of year.

With spring-like temperatures arriving soon, unsafe ice and slippery banks already exist. The onset of spring will bring rain and melting snow, which will cause the breakup of ice along watercourses and lakes as well as high stream flows. These hazardous conditions can cause life-threatening injury if a person falls into the extremely cold water.

Conservation authorities across the region remind residents to keep family and pets away from the edge of streams, rivers, ponds and lakes at this time of year. Especially during this transitional season, it is important to supervise children and help them understand the dangers of playing near creeks and streams. Anglers, canoeists, hikers, hunters and other recreational users need to be aware of the dangerous conditions that could pose a risk to personal safety.

Play it safe and stay well back from waterways as the snow and ice melts. Help make this a safe and enjoyable spring.

- Keep family and pets away from the edges of all bodies of water.
- Avoid all recreational activities in or around water, especially near ice jams or ice-covered watercourses and waterbodies—including municipally managed stormwater ponds.
- Do not attempt to walk on ice-covered waterbodies or drive through flooded roads or fast-moving water.
- If you live close to the water, move objects such as chairs or benches away from the water's edge to avoid losing them during potential spring high water.
- Avoid walking close to and across riverbanks and ice-covered water to prevent falling through.

The NVCA continues to monitor waterways and will issue flood messages as conditions warrant.

For more information, call your local conservation authority:

- Nottawasaga Valley Conservation Authority (705) 424-1479
- Lake Simcoe Region Conservation Authority (905) 895-1281
- Toronto & Region Conservation Authority (416) 661-6514
- Conservation Halton (905) 336-1158
- Credit Valley Conservation (905) 670-1615
- Central Lake Ontario Conservation Authority (905) 579-0411
- Ganaraska Region Conservation Authority (905) 885-8173
- Kawartha Conservation (705) 328-2271

Submitted by Taryn Arsenault, Flood Operations Field Specialist

Update From Doug Downey MPP

Preparing Students for a Future in Skilled Trades

Mar, 13, 2023 - The Government of Ontario is implementing a new high school graduation requirement to help better prepare students for the jobs of tomorrow. Starting with students entering Grade 9 in September 2024, all students will now be required to earn a Grade 9 or 10 Technological Education credit as part of their Ontario Secondary School Diploma.

This new learning graduation requirement will expose Ontario students to at least one Technological Education course that could guide them to a future in the highly skilled workforce, including in skilled trades. With more than 100,000 unfilled skilled trades jobs right now, it's critical that Ontario attract more young people to pursue a career in the trades.

The Technological Education curriculum covers a broad range of sectors, including construction, transportation, manufacturing, computer technology, hospitality and communication. In Ontario, men make up more than 70 per cent of workers in trades-related occupations. The exposure to these career pathways as a mandatory graduation requirement ensures more young women have the opportunity to pursue a career in the trades.

While almost 39 per cent of Ontario secondary school students were enrolled in a Technological Education course in 2020-21, nearly 63 per cent were

male students. With this graduation requirement, more young women will have an opportunity to explore the trades. This new requirement means a student may be introduced to programming learning in Grade 9, explore the apprenticeship pathway further and may ultimately decide to become an Aerospace Manufacturing Technician.

This new graduation requirement builds upon other actions taken by the government to bolster its Skilled Trades Strategy, including developing an accelerated Grade 11 to apprenticeship pathway for students to get into the skilled trades faster.

This action supports the next steps in Ontario's Plan to Catch Up and ensures students have exposure and access to learning opportunities to consider STEM fields, including in the skilled trades, as a future career.

To ensure the curriculum for Technological Education courses meets the needs of the growing workforce, the government has begun consultations with employers, unions, education stakeholders, trainers, parents students and other to explore academic entry requirements for the skilled trades. It is currently projected that by 2026, approximately one in five job openings in Ontario will be in skilled trades-related fields.

Drayton Entertainment Is Excited To Announce Youth Chorus Audition Date for the 2023 Season



Auditions will take place on Sunday, March 19 at Penetanguishene Memorial Community Centre for Buddy – The Buddy Holly Story (running at King's Wharf Theatre from June 15 to July 1), and Joseph and the Amazing Technicolor Dreamcoat (running at King's Wharf Theatre from August 10 to September 3).

Would you interested in schedule an interview with David Connolly to discuss audition details and this exciting opportunity for youth ages 8-15?

Photos and David Connolly's Bio: <https://www.dropbox.com/scl/fo/eee6ftvah16v1641fp9rw/h?dl=0&rlkey=j2ee061ao90fz7pg8wbmb52au>

No matter where you are, St Patrick's Day is a time to don some green clothing, dust off your festive spirit and prepare to fill your heart with Ireland!

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Stay at Home Gem: Scout Valley Loop

For many folks, March Break is the perfect time to seek out some fun in the sun. For those of us who may not have this opportunity or who just plain LOVE winter, Springwater Township and the areas surrounding it, offer a plethora of options. Whether it's skiing the slopes or cross countrying along the trails of Blue Mountain, Horseshoe Valley or Snow Valley or seeking out wonderful spots to snowshoe or hike through the many trails and conservation areas of Simcoe County, you are sure to find beautiful winter scenery everywhere. One spot that has become a favourite is the Scout Valley Loop Trail.



Being in such close proximity to Lakehead University, this natural gem has become very popular with students attending school at the Orillia campus. To access this trail, park in the lot located at 419 15th Line N or the ones located off of Old Barrie Road and Memorial Ave. Both of the latter are west of Hwy. 11. In 2007, the City of Orillia donated this conservation easement to the Couchiching Conservancy. Consisting of 228 acres, this trail system meanders through forests and skirts streams amidst an extremely varied habitat. It is a particularly fabulous spot for viewing songbirds. With spring just around the corner, there's a good chance of spotting some newly arrived feathered friends.



There are three main loop trails located on the Scout Valley property. Each is approximately 2 km and is considered moderate in terms of level of difficulty. The three trails interconnect although you can start and finish each one independently. Begin the Algonquin Trail at the SE corner of the north parking lot off of Old Barrie Road. Proceed up to the top of the shoreline ridge. Turn right to reach the viewing platform or left to continue downhill to reach the connecting side trail. Go straight to cross the bridge to the connecting Sugarbush Trail or turn right to complete the loop. The Sugarbush Trail starts from the 15th Line parking lot. There is a short link



to reach the main loop. Turn right at the junction to begin the loop. Turn left when you meet up with the Homestead Trail. Watch for a sharp left turn at the junction of another trail. Sugarbush Trail then meets up with the connecting side trail to Algonquin Trail across the bridge over the creek. Turn left to complete this loop. The Homestead Trail can be accessed from the Memorial Ave. parking lot. There is also a short link to the main loop. Once up the hill, turn left. Turn right at the start of the loop. You will come across the remains of a log building on the left. Continue left up the hill. Turn left to complete the Homestead Trail or right to complete the Sugarbush Trail. Each of the loops provide an opportunity to observe a remnant of majestic white pine, hardwood bush, sand barrens and wetland. Upon closer inspection, you can see the old retreating Ice Age Lake Algonquin Shoreline. Regan House, a 33 by 23 square foot home built of squared pine timbers is also located within the boundaries of the valley. It is considered Orillia's oldest home and was formerly located on Westmount Drive.

For those looking for a fairly challenging hike, Scout Valley Loop is just the ticket. Still not a fan of the wintery outdoors? Many local shops, restaurants and pubs have fun events planned for the break and Barrie's Localicious continues to be in full swing. Check them out!

Boosters Offer Kids 5-11 Years The Best Protection Against COVID-19

Mar. 6, 2023 -SIMCOE MUSKOKA – The Simcoe Muskoka District Health Unit (SMDHU) reminds parents and caregivers that maintaining your child's COVID-19 immunizations by getting the bivalent booster they are eligible for is the best way to protect them and to prevent them from passing the virus to grandparents or others who can get seriously ill.

For children aged five years and over, staying up to date with their COVID-19 vaccination means they have completed their primary series (first and second doses) and have received a booster dose in the last six months. The National Advisory Committee on Immunization (NACI) recommends that children aged five to 11-years receive a bivalent COVID-19 booster six months from their last dose, with a minimum interval of three months.

Getting a booster helps to restore the protection that may have decreased since their last dose. Even if your child has had COVID-19, it is recommended to get a booster six months after infection to protect

against reinfection or severe illness.

As with any vaccination, children may experience mild to moderate side effects and reactions following their booster. These will subside and are part of their body's efforts to build immunity to COVID-19 following vaccination. Short-term side effects can include soreness and swelling or redness at the injection site, fatigue, headache, chills, muscle aches and loss of appetite.

While side effects usually pass within a few days, you can help your child feel more comfortable by applying a cool, damp cloth where the vaccine was given to help with soreness and swelling. If needed, speak to your healthcare provider about over-the-counter pain or fever medication, which may help with side effects such as headache, muscle pain and fever.

The benefits of being protected against COVID-19 far outweigh the risk of any side effects from the vaccine. To support parents and caregivers in making

an informed choice, more information is available on the health unit's website, including how and where to get the vaccine, answers to frequently asked questions, and resources about making vaccination a positive experience.

Children aged five to 11 may receive their booster by walk-in or appointment at the COVID-19 Immunization Clinic at 29 Sperling Dr. in Barrie, or by appointment at the health unit office immunization clinic locations in Midland, Orillia, Cookstown, Collingwood, Huntsville and Gravenhurst. Appointments are also available at health unit run pop-up clinics and GO-VAXX bus mobile clinics. Vaccines may also be available at select local pharmacies, and primary care providers and Family Health Teams may also offer the vaccine as part of their regular clinical practice.

For more information about COVID-19 vaccination, dose eligibility and booking an appointment, please visit www.smdhu.org/GetVaccinated.

Ontario Helping More Students Enter the Skilled Trades Faster

Submitted by Premier's Office

Mar. 8, 2023 - TORONTO — The Ontario government is preparing young people for in-demand and well-paying careers by allowing students in grade 11 to transition to a full-time, skilled trades apprenticeship program. Upon receiving their Certificate of Apprenticeship, these young workers can apply for their Ontario Secondary School Diploma as mature students. At a time when the province continues to face historic labour shortages, this change means that more students will be able to enter the trades faster than ever before to help build Ontario.

"These changes provide students with exciting pathways to good-paying jobs and rewarding careers and support our government's ongoing work to attract more young people into the skilled trades," said Premier Doug Ford. "Whether it's enhancing trades education in our schools, breaking down barriers for newcomers or upskilling workers, we're leaving no stone un-turned to train the skilled workforce that will build Ontario."

In the construction sector alone, 72,000 new workers are needed by 2027 to fill open positions because of retirements and expected job growth. To help deliver the province's infrastructure plans, including building 1.5 million homes by 2031, more people are needed in the skilled trades.

"For far too long, parents and students have been told the only path to succeed in life is by going to university, which is simply not true," said Monte McNaughton, Minister of Labour, Immigration, Training and Skills Development. "When you have a career in the skilled trades, you have a career for life. Our government will continue to provide students with the tools they need to land well-paying and life-long careers."

Additionally, the government will begin consultations in fall 2023 with employers, unions, education stakeholders, trainers, parents, and others about ways to make it even easier for young people to enter a career in the trades. This includes the potential of lowering entry requirements for some of the 106 skilled trades that currently require a grade 12-level

education.

"To ensure all students can get ahead in this province, we are accelerating pathways from high school to apprenticeship learning and ultimately, a career in the skilled trades," said Stephen Lecce, Minister of Education. "Our government's mission is to fill the skills gap by better connecting Ontario students to these good-paying jobs, helping many students who may not have graduated, now gain a credential that leads them to meaningful employment."

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NEWS FROM THE WYEVALE COMMUNITY

Hello again from the Wyevale Community. Well spring is certainly on it's way with the time change. So nice to have longer daylight in the evenings. Spring is coming.

The first of the month @ the Wyevale Church we ask people to bring Food for the Food Bank. If you wish to donate please call the church if interested in donating food. They ask for pop open cans. This makes it easier for people who do not have a place to go to. Thank you.

News from Wyevale United Church:

Wyevale Book Clubs next meeting will be held in the basement of the Church at 2:00 p.m. Watch for the next date for the Book Club meeting and please come and see what it is all about. All are welcome.

Wyevale Youth Group next meeting will be held in the basement of the Church on March 31st @ 7:00 p.m. If you require further info please contact Pat Smith.

Wyevale Church are holding a MacMillian Cookie etc fundraiser. Order due March 19th to Gillian Reynolds. Delivery April 20th.

Wyevale United Church Easter Services

April 7th 2023 Good Friday service @3 pm

April 9th 2023 Easter Sunday @ 10 am

All are welcome

Sympathy

We extend our sincere Sympathy to the Hinman, Gould Family on the passing of Bernette Hinman. Wife of Dave Hinman and mother of the late Amanda.

Wyevale Parks and Recreation Report.

Wyevale Recreation will be starting a fund raiser for new baseball lights in the Wyevale Park. Watch for further information on how you as a community can help with this project.

Baseball Season is approaching. It's time to register for the season Wyevale Registration is completed online. Follow this link to their website for information and to register. (<https://wyevaleminorsoftball.com/>). Contact Deanna at wyevalebaseball@rogers.com for additional information.

Birthdays for the second part of March

Rebecca Handy, Lucas Handy, Kaitlyn Large, Cole Large, Tryone Crannie, Andrew Henry, Lillian Raby.

Reminder the next publishing date will be March 26, 2023.

Canada and Ontario Welcome Historic investment From Volkswagen

German automaker to build its first overseas battery manufacturing plant in Ontario, Canada
March 13, 2023 - by Ministry of Economic Development, Job Creation and Trade

St. Thomas, Ontario – Innovation, Science and Economic Development Canada, Ontario Economic Development, Job Creation and Trade Earlier today, Volkswagen, Europe's largest automaker, announced that its subsidiary PowerCo will establish an electric vehicle (EV) battery manufacturing facility in St. Thomas, Ontario, Canada.

Following this announcement, the Honourable François-Philippe Champagne, Canada's Minister of Innovation, Science and Industry, and the Honourable Vic Fedeli, Ontario's Minister of Economic Development, Job Creation and Trade, issued the following joint statement:

"Earlier today, Volkswagen announced that it has selected St. Thomas, Ontario, Canada, as the location to build the company's first overseas battery cell plant. Today's news is a major vote of confidence in Canada and Ontario, and in our shared work to position the country and the province as a global leader on the electric vehicle supply chain.

"This historic investment is a testament to Canada's strong and growing battery ecosystem and Ontario's competitive business environment. With a highly skilled workforce, clean energy, an abundance of critical minerals, access to markets, and a flourishing automotive and battery sector, we are an attractive investment destination with everything companies need to grow. In addition, Canada and Ontario offer stability and predictability to their business partners.

"This investment is another significant step forward as we build a clean transportation sector to meet global and North American demand for zero-emission vehicles.

"We will continue to build on this success by growing our EV ecosystem and supporting clean technology to create well-paying jobs and spur economic growth and prosperity for future generations."

Quick Facts

- Volkswagen Group is one of the world's largest

automakers, with US\$295.8 billion in revenue (C\$406 billion) in 2022. It manages a portfolio of ten companies.

- On August 23, 2022, the Government of Canada and Volkswagen signed a Memorandum of Understanding with Volkswagen AG to further collaborate across a range of sectors to help secure Canada's position as a leading centre of excellence for the manufacturing of electric vehicles and batteries and help ensure that Canada is a destination of choice for investments.

- Since 2020, Canada and Ontario have attracted over C\$17 billion in investments by global automakers and suppliers of electric vehicles batteries and battery materials. Ontario is the only place in North America where five major automakers build their vehicles, including Honda, Toyota, Ford, General Motors and Stellantis.

- Canada's auto sector supports nearly 500,000 workers, contributes C\$16 billion annually to Canada's gross domestic product, and is one of the country's largest export industries. Ontario's auto supply chain is comprises over 700 parts firms, over 500 tool, die and mold makers, and over 300 connected and autonomous companies.

- Canada and Ontario are top destinations for European investors, with recent investments in the battery supply chain by companies like Belgium's Umicore, demonstrating the strong and growing potential for collaboration in the clean technology and automotive space.

Additional Resources

- Canada strikes historic partnerships with leading German automakers Volkswagen and Mercedes to help meet growing demand for clean transportation solutions

- Ontario Fosters New Opportunities with Trade Mission to Germany and Austria

Stay connected

Follow Innovation, Science and Economic Development Canada on social media. Twitter: @ISED_CA, Facebook: Canadian Innovation, Instagram: @cdninnovation and LinkedIn

Many Young Canadians Think Humanity Is Doomed

New article by Lakehead researchers describes climate emotions and anxiety



Photo above: Dr. Lindsay Galway, Associate Professor in the Department of Health Sciences at Lakehead Thunder Bay, and Dr. Ellen Field, Assistant Professor in Education at Lakehead Orillia

March 6, 2023 – Thunder Bay and Orillia, Ont.

A pair of Lakehead University researchers recently published an article describing the emotions and anxiety experienced by young Canadians due to climate change.

Dr. Lindsay Galway, Associate Professor in the Department of Health Sciences at Lakehead Thunder Bay, and Dr. Ellen Field, Assistant Professor in Education at Lakehead Orillia, surveyed a thousand Canadians in the 16 to 25 age group.

Their ScienceDirect article describes some interesting responses.

Nearly half (48 per cent) think humanity is doomed. Seventy-three per cent find the future frightening.

Seventy-six per cent think people have failed to take care of the planet, while 39 per cent are hesitant to have children.

Seventy-one per cent of respondents felt angry about the Canadian government's response to climate change – and 69 per cent felt abandoned.

Six in 10 young people believe the formal education system should do more to teach them about climate change. Seventy-eight per cent reported that climate change impacts their overall mental health.

Four in 10 Canadians said their feelings about climate change negatively affect their daily life.

Despite all of those feelings, many respondents have hope that it's not too late to slow down global warming. Seventy-one per cent of respondents believe that together we can do something. Half of these young Canadians believe they can contribute.

"This research shows that inaction at the systemic and structural levels shapes the experiences of climate emotions and anxiety among young people across Canada," Dr. Galway said.

"While we consider difficult climate emotions and anxiety appropriate responses to the climate crisis, given its impacts, scale and urgency, we also

recognize the mental and emotional burden that young people are bearing.

"To address difficult climate emotions, there needs to be strong leadership as well as supports and programs put in place to enable young people to cope with climate-related distress, foster emotional resiliency, and prevent harm. Most importantly, to protect the mental and emotional health of young people, transformative climate action is needed," Dr. Galway said.

For this study, the researchers wanted to replicate the Hickman et al. 2021 study on youth climate anxiety to collect Canadian data.

"We also wanted to expand the research and ask young people to identify coping supports that they think are needed," Dr. Field said.

"Responses resulted in a diversity of strategies, including the need for youth-focused support groups, more opportunities for young people to engage in climate action, and improving climate change education in schools. This really is an all-hands-on-deck moment for adults and a time for intergenerational work."

The researchers thanked the Social Sciences and Humanities Research Council and the Canada Research Chair program for supporting this work.



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Georgian Shores Swinging Seniors Receive Donation From German Canadian Club Gemuetlichkeit 70

Mar. 2, 2023 - The Georgian Shores Swinging Seniors Club mission is to build a healthy community with programs that address the diverse needs of our seniors who are 50 plus, and that provide and promote fellowship, recreation, entertainment and life enrichment for seniors in comfortable surroundings. All activities at the GSSS are for members only and all members must be fully vaccinated. Any guest wishing to attend an event must also be fully vaccinated and must pre-register with the office before attending the Club event. A yearly membership is \$40 if paid by March 31 each year and \$50 if paid April 1 or after. There is also an activity fee of \$3 per activity. Visit <http://georgianshoreswingingseniors.ca/>. Submitted by Helmut Paddags



Photo above: Tom Holloway, President, GSSS Seniors is pleased to receive \$57,500 from Helmut Paddags, President, German Canadian Club during a presentation ceremony held at “The Place” in Balm Beach. GSSS provided refreshments for those in attendance.



Photo above: Paul Quick, maintenance director, GSSS, gave a brief history of the patio and how it had deteriorated over the decades. With the renovation it will become more accessible and allow the club to maintain the German tradition of open-air socials.



Photo above: Rick Rollo, Treasurer, GSSS explains that \$30,000 dollars will be put into the reserve fund for future contingencies such as facility maintenance, \$15,000 for patio renovation and the remainder will go to operating expenses which were severally depleted due to the pandemic.



Photo above: Vickie Scott, CEO, GSSS, read the Land Acknowledgement statement.



Photo above: GSSS, Rick Rollo, Treasurer, Vickie Scott, CEO, Paul Quick, Maintenance Director, Tom Holloway, President, Barb Holloway, Social Director.



Photo above: GCG70, Agnes Hemming, Treasurer, Sigi Krause, Assistant Treasurer, Helmut Paddags, President, Heidi Fleischmann, Secretary, Barbara Swyers, Assistant Secretary. Under the articles of dissolution for GCG70 all assets must be distributed to charities.

North Simcoe and Area’s Vital Signs Report 2023 - A Call to Action

Submitted by Scott Warnock ,Midland ON – March 8, 2023

The North Simcoe and Area’s Vital Signs® Report 2023 was released today by Huronia Community Foundation (HCF). The report, based on data from Stats Canada, community surveys and contributions from 80 local organizations, identifies the challenges which undermine the quality of life and future prosperity of all North Simcoe residents. It also lays out how local charities, businesses, and government are working together to make the region better for everyone.

One of the recommendations from the report is a Call to Action which indicates “it’s imperative that the community come together to find solutions to the dilemmas of having too many unfilled jobs while working families continue to struggle because adequate housing is too expensive or unavailable”, says Don McCready, President of Huronia Community Foundation.

At the same time, businesses and organizations said that they are having trouble attracting workers at the pay levels they are able to offer.

“Working families who can earn enough to pay for their housing and other necessities while also allowing them to build for the future helps ensure the long-term physical and mental health of residents and vibrancy of the North Simcoe community. This will also attract newcomers which will enhance

the economic health of our businesses and other organizations”, continued McCready.

There are many people working hard to make the region a better place for everyone. But they need help. Our Call to Action is to get involved, contribute and connect with your North Simcoe community to develop innovative solutions to these problems while minimizing the environmental effects of economic growth.

“Our community is generous and resilient with many residents and organizations contributing so that North Simcoe continues to be a great place to live and raise a family, but more needs to be done to ensure a brighter future,” says McCready.

Key findings from Huronia Community Foundation’s 2023 Vital Signs Report:

- There is an abundance of unfilled jobs in North Simcoe, many of which do not come with a living wage.
- Many working families are challenged to pay for housing and other necessities and worry about losing their homes as the cost of living continues to increase and there are few housing alternatives. 20% of resident respondents to the HCF survey are struggling to make ends meet
- The median annual income of North Simcoe residents is about \$38,500; rent for a one bedroom is well over \$1,000 per month, when available. The average house price approaches \$700,000.

• Homelessness is a chronic problem to which the lack of affordable housing contributes.

• A significant proportion of the North Simcoe population (22.5%) are experiencing mental illness, a situation made worse by the pandemic.

- 31% of school-age students in Simcoe Muskoka report having fair or poor mental health,with more than two times as many females than males reporting this condition.

These are just a few of the results which were identified. We encourage you to find out moreabout the report and the data behind it by visiting: <https://www.huroniacommunityfoundation.com/vital-signs/>

About Vital Signs

Vital Signs is a community check-up that measures the vitality of our communities and identifies significant trends in a range of areas critical to quality of life. Vital Signs is coordinated nationally by Community Foundations of Canada.

About Huronia Community Foundation

Huronia Community Foundation is a registered charity established in 2000 and is governed under the Canada Not-for-profit Corporations Act. HCF builds and manages endowment and other funds to support charities in the geographic area including the municipalities of Midland, Penetanguishene, Tay, Tiny, Christian Island, Georgian Bay Township, Elmvale, Wasaga Beachand Collingwood, Ontario.

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Cauliflower Gnocchi
Packed with Veggies and
Easy on the Wallet

Cauliflower does an impressive impersonation of potatoes in this stick-to-your-ribs dish that stretches your grocery dollars and is loaded with veggies. Using minimal ingredients, cauliflower gnocchi is practically failproof and the simple act of kneading the dough can be an almost meditative experience. Double or triple the recipe as this cauliflower gnocchi freezes well for future meals in a pinch.

INGREDIENTS



- 500 grams (16 ounces, 5 cups) frozen or fresh cauliflower
- 1/2 to 1 cup (125-250 ml) flour
- 4 tablespoons (60 ml) olive oil
- 1 teaspoon (5 ml) salt
- Suggested Toppings
- Parmesan cheese
- Marinara sauce
- Fresh basil leaves, torn
- Fresh sage leaves, fried

Ontario Land Trust Alliance
Celebrates The Federal
Government's Commitment to
Nature-based Climate Solutions
in Ontario

Ontario Land Trust Alliance (OLTA) welcomes today's announcement that the Government of Canada will make a significant investment to help conserve biodiverse and carbon-rich ecosystems that are at high risk of conversion or degradation in Ontario. Over \$11.7M in funding will be provided from Environment and Climate Change Canada's (ECCC)'s Nature Smart Climate Solutions Fund (NSCSF) to Ontario Land Trust Alliance and its partners to support nature-based projects that promote carbon storage and capture while providing important habitat for species at risk and/or species of cultural and local importance. This is part of the \$1.4 billion that Canada has invested in the Nature Smart Climate Solutions Fund. These funds will be matched from others sources including individual donations and foundation support, as well as other levels of government.

OLTA is pleased to see the important role that community land conservation can play, in contributing to nature-based climate solutions, being recognised. This significant, collaborative effort will contribute to Canada's climate change targets by conserving lands that are at high risk of carbon-intensive use, and restoring and managing lands to enhance their carbon capture capacity.



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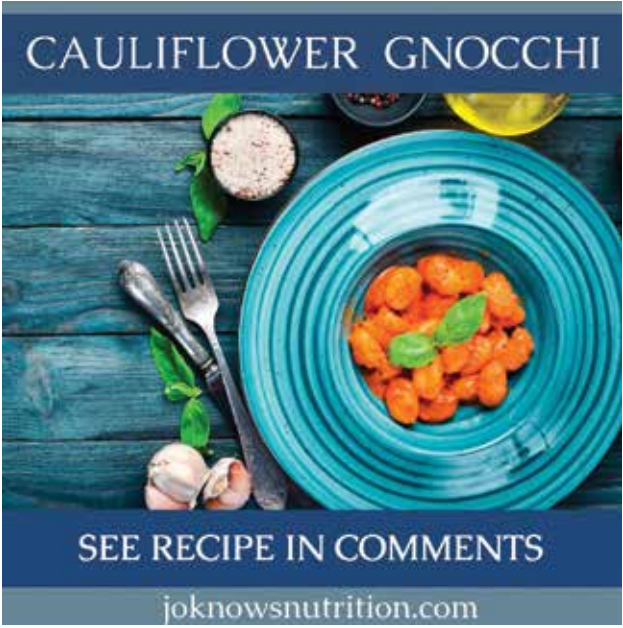
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INSTRUCTIONS

1. Place the cauliflower in a pot, cover completely with water and bring to a boil. Reduce the heat to medium and cook for 8-10 minutes-if frozen or 15-20 minutes-if fresh. Be sure that the cauliflower is very tender before draining.
2. Set aside to cool and then, lay the cauliflower on a clean dish towel and squeeze out as much excess moisture as possible.
3. Put the cauliflower in a bowl and mash until almost smooth. Add the flour, half the olive oil, salt and mix with a fork until well combined. Alternatively, add the cauliflower, olive oil and salt to a food processor and puree until almost smooth.
4. Use your hands to knead the dough 5 to 6 times or until it forms a sticky ball. Don't overwork the dough.
5. Dust a work surface with flour and transfer the dough. Divide it into 4 or 5 equal sections. Roll each section into a 3/4 inch (2 cm) thick rope. Cut each rope into 3/4 inch (2 cm) pieces to make the gnocchi.

Bearbells by Leslie Noonan



I lost my father-in-law this past week. While it was not unexpected, it was not expected either. While I did several hikes, these are private moments for me, so instead I will write about a weekend survival trip I did several years ago.

I had a nursing colleague who identified as Metis, and who loved his time in the outdoors, whether that was canoeing, camping or orienteering. Eric would regale us with his experiences in the backcountry, including his encounters with grizzlies. Eric was quick to remind us that the smallest scented items can have a huge impact. A friend of his was solo camping in British Columbia and had used scented cherry ChapStick before settling into her tent for the night, only to be woken by a grizzly casually slicing open her tent, straddling her and licking the ChapStick off her face before making another exit out the other side of the tent. Point taken. Avoid scented products. Eric had been doing weekend survival treks with men, but never with us girls. After much cajoling, Eric agreed to take a small group of us female nurses out for a survival weekend at the end of October.

That weekend could not have been more beautiful. The late October weather was exceptionally warm and the fall colors were resplendent with reds, oranges and yellows. We met at the parking lot for McCrae Lake and excitedly discussed our weekend trip. Eric had been very specific in what we could bring on this trip, which was very little. A tarp, a rope, water, a knife, and some tinned food and a compass. We started out in two canoes, across a calm lake with deep blue waters. The sunlight sparkled over the water drops caused by our paddles, and the wake of our boats left gentle ripples in the dark waters. We came to a large outcrop of granite rock we needed to portage, and I was amazed when Eric tossed one of the canoes over his shoulder and trotted down the trail to the next lake, and then came back and did the same with the second canoe.

After this portage, we canoed out to our destination. Once on land Eric began instructions on hanging a bear bag and making shelters. Surprisingly, our one nursing friend was great at making a lean to shelter. Surprising, as she was the most girly girl out there.

6. Gently, add the gnocchi to a pot of lightly salted boiling water in batches. Be sure not to crowd the pieces. Cook until the gnocchi float to the surface. Remove them with a slotted spoon and transfer to an oiled serving bowl. Serve with the desired toppings or go to the next step to fry the gnocchi.

7. Heat the remainder olive oil in a large pan over medium heat. Cook the gnocchi on both sides until golden brown. Serve with the desired toppings such as marinara sauce, parmesan cheese, torn basil leaves, or fried sage leaves.

ENJOY!

Joanne Nijhuis MSc, RD is a consulting, media and culinary dietitian in Simcoe Grey Bruce on a mission to entertain and educate through her love of food. In addition to recipe development and writing for several publications, Joanne offers cooking demos/classes and individual counselling – in person and online via Zoom Health. For more information, email Joanne at jo.knows.nutrition@outlook.com

Instagram: https://www.instagram.com/jo_knows_nutrition/

Facebook: <https://www.facebook.com/jo.knows.nutrition>



Did You Know?

Cauliflower is incredibly versatile and a great alternative to grains in many recipes. A member of the cruciferous family of vegetables that includes broccoli, cabbage, turnips and Brussels sprouts, cauliflower contains substances that may protect against certain cancers. To boot, low calorie cauliflower is filling due to its high fibre and water content and is a good source of choline and vitamins C, K, B6 and Folate.

Never underestimate a woman, because a determined woman can manage without high heels and makeup. As to my shelter, Eric taught me how to make a winter shelter. This begins with digging a shallow grave that fits your body. Seriously. Sounds like the beginnings to a horror movie. After digging out your own grave you fill it with large rocks and brush and set the whole thing on fire. I believe this is called a funeral pyre, just without you in it yet. Once the fires die down, you throw all the dirt you had dug out back over top of those rocks and erect a small wooden structure out of brush to which you attach your tarp. Basically, you have made a small shelter with a heated floor. I climbed in and settled in for what I was expecting to be a lovely sleep in the bush. Nope. The heat, good lord, I felt like I was in sauna. I shed layer, after layer, after layer, until I was laying in this shelter in my birthday suit and feeling like a pig over a roasting pit. The night animals were unusually active, which I attribute to them believing there was a barbeque on the go, with me being the main course. I tried to tolerate this through the night before giving up and flinging open the tarp and clambering out into the welcome coolness.

It wasn't until we were back in civilization that I realized I really had been inside an oven. I developed a palm sized blister on my backside. Yep, I had roasted myself. Eric was so distraught over this, believing he had not prepared me properly. I reassured Eric my blistered backside was my own fault, as obviously I needed to throw more soil on my grave before settling in for the night. So now I can make a shelter to keep me warm in the cold of winter, or I will be better prepared if I become a creature of the night.

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Do You Want to Build a Snowman? If you remember the movie, Frozen, then you will recognize that those words were part of the song by the same name that almost every parent and grandparent heard repeatedly from the children. Now, generally we can make a good snowman when we have nice wet packing snow and when we had that nice snow dumping a couple of weeks ago, the snow was perfect to build a snowman. We don't usually see a snowman at this time of the year but if you drive along the east end of Horseshoe Valley Road in the community, you will see that the Laycock's have created not only a snowman, but one that is at least 15 feet tall and well crafted. There was a large snowman most of the winter at their home but this one wins the award. Take the drive and check it out before Spring arrives on Monday with some warmer temperatures. Looking at the long range weather forecast we still seem to have fluctuating temperatures but hopefully we will be on the plus side of 0 celsius soon.

While Spring is in our headlights we can almost be thinking about gardening and the return of our pollinators. Recently an article was published about a grass roots Canada wide program called the Fly Home Project. This environmental initiative is designed to give away seeds to interested people and community groups to support the work of vital species of pollinators such as bees and butterflies. Last year the group gave away milkweed seeds to promote a home for the monarch butterfly. This year the organization is providing seeds for Black Eyed Susans. To find out more about the work of the group and to get your free seeds check them out at flyhomeproject.ca.

Spring Rain – a Weekend of Interactive Family Activities Celebrating Irish Culture

Submitted by Jeannette Schieck

Mar. 13, 2023 - St. Patrick's Day is the most familiar day for celebrating Irish culture but beyond green beer and shamrocks, there is so much more! Spring Rain on May 5 and 6 in Belwood Ontario (near Elora) is an Irish Festival your whole family can enjoy and participate in.

Saturday, at the Belwood Community Hall and community park, the activities include music, crafts, and foods. And, in the afternoon enjoy a showcase of traditional Irish dance and other dance styles influenced by Irish dance. All activities are FREE and come and go as you wish throughout the day. Instruments and basic instruction are provided to try Uilleann pipes (Irish bagpipes), concertina, pennywhistle, bodhran and fiddle. You can try your hand at rope making, needle felting, carving and other activities. Learn some Irish phrases and see how living hedge fences and free-standing stone walls are created and much more! Lunch of Irish foods is available for purchase on site.

ANTEN MILLS by Dennis Gannon

Springwater Township is also looking to assist pollinators with the No Mow May project. This project asks that homeowners let their lawns get a little greener and longer during the month of May so that pollinators find shelter and food so that they don't starve before the summer season begins. Springwater will have more information about what they will be doing and asking in the coming weeks.

After months and a year of watching, Fibre High Speed internet has finally come to Anten Mills. What started in the fall of 2021 and saw work slowly make its way through the village this past Spring, Summer, Fall and Winter now seems to be somewhat complete. This past week representatives from Bell dropped notices off in mailboxes announcing the fibre internet was now available. Checking the Bell website you can put your address in and see what services are available at your location. The fastest speed that Bell offers seems to be Gigabit Fibe 3.0 which gamers would rejoice with. Many people in the community who were working from home found our community speeds very slow so hopefully this will help out immensely. Comments on the Anten Mills Community Facebook page from a few who have already upgraded seem to be positive so far. Check it out if you are looking to increase your internet connection.

The Rope Flow sessions on Monday afternoons are going well and the participants are enjoying the new exercise program. This is a core based program and is beneficial as you do what you can and the ability to modify is easy. There are some misconceptions about individuals' abilities needed to participate. There is

no jumping involved and if you have difficulties with your shoulders, there is no need to worry as it is in fact a way to regain some range of motion. The group meets Monday afternoons at 4:30 in the community centre. For your first visit all you need is a skipping rope if you have one and a desire to watch and learn.

Another couple of activities that are happening regularly are Thursday evening euchre which seems to be increasing in attendance. It begins at 7 PM and all are welcome. Sunday morning PlayGroup is going strong and will resume next Sunday, March 26 at 10. Watch the community Facebook page for details.

Easter is just a few weeks away and the Anten Mills Community Recreation Association is pleased to continue the tradition of the Easter Eggstravaganza on Saturday April 8. The organizers are in the planning stages and while not confirmed as yet, there will likely be a Bunny Run of two different lengths for the kids to participate in. Along with that there will be the Easter Egg hunt for the different age groups. Volunteers and donations are appreciated so if you can help or donate please contact me or any member of the Anten Mills CRA. More details will be available in the next edition as well as on Facebook.

Tomorrow, Friday March 17 is St. Patrick's Day. Whether you are Irish or not, it's a great day to celebrate. As this is it for this week's edition, Thank you for Reading, Be Well and as the Irish Blessing goes, May the road rise up to meet you. May the wind be always at your back. May the sun shine warm upon your face: the rain fall soft upon your field and until we meet again, may God hold you in the palm of His hand.

Get Your Irish On With “Spring Rain”



Friday evening May 5, an Irish kitchen party -East Coast style is hosted by Gary Faris hailing from Northern Ireland! Bring your instruments and singing voices or come to listen. The evening will be a blur of an impromptu selection of songs (for which the lyrics and chords are projected on the wall) singing, playing, and maybe even a dance or two. Authentic Irish potato soup and soda bread will be served. Admission is by donation.

Saturday evening will feature a ceili dance with a live band. A ceili has a caller and dance patterns somewhat similar to square dancing. The caller provides instruction and then calls out the instructions during the dance so no previous experience is necessary to participate. Tickets are available in advance or at the door.

If you have visited Ireland, have discovered Irish genes in your DNA, or simply want to share a kid-friendly activity filled day/evening with your family or friends, mark May 5/6 on your calendar. For more information check out “Spring Rain – Irish Culture 2023” on Facebook.



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City invites Applications for 2023 Recreation and Sport Community Grant

Mar. 13, 2023 - (Barrie, ON) – The City is once again inviting eligible local organizations to apply for the Recreation and Sport Community Grant, which provides funding to enhance access to recreation and sport opportunities in Barrie.

“After the success we saw with this grant last year, we are once again seeking interested community-based organizations that need funding to innovate, or continue to deliver, encourage or support recreation and sport in our city,” says Dan Bell, Director of Recreation and Culture Services. “The grant isn't limited to organizations or activities focused exclusively on sports – it could provide funding for a diverse range of recreational opportunities in our city and encourage participation among our residents.”

Organizations can apply for funding in two categories: programming to support new or innovative recreation and sport opportunities, or

capital improvement projects. For either funding category, applicants must be an incorporated not-for-profit organization, a community association operating as a not-for-profit or a registered charitable organization. For-profit enterprises may apply in collaboration with an eligible not-for-profit provided they receive no direct financial benefit.

This is the second year the City has offered this grant. Through the 2022 grant process, the City awarded eleven Barrie-based organizations a share of \$283,700.

There is no prescribed dollar amount limit on application requests. Applications will be accepted until March 31, 2023, and grants will be awarded no later than April 21, 2023.

Interested organizations can learn more about the grant and apply via barrie.ca/CommunityGrant

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GARDEN PLANNING

by Nancy Lockhart - EDGE Media

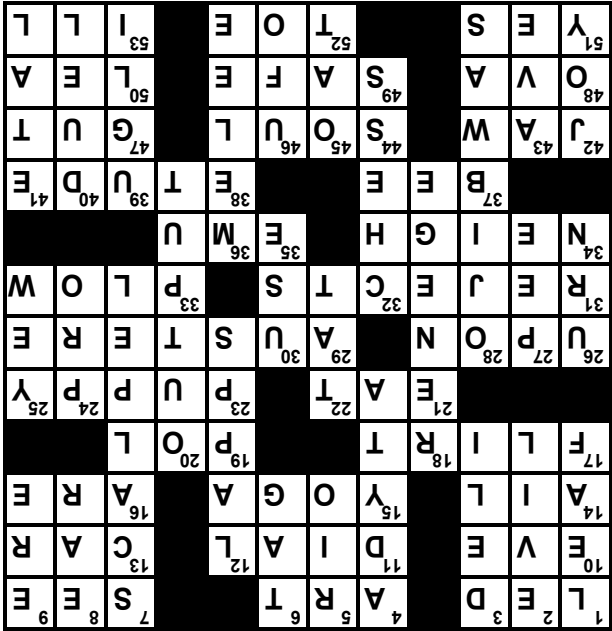
Feb. 12, 2023 - There's still snow on the ground (you're welcome) but you are planning your garden already. Or nursing your little seedlings waiting for warmer weather. Have you heard of the "Three Sisters"? Companion planting? This is a way to reduce pests, attract beneficial insects.

The Three Sisters are corn, beans and squash, growing together to deter weeds and pests, enrich the soil, and support each other. Native American's interplanted this trio because they thrive together. This kind of planting isn't based on rows, think of a small field. Each hill will be about 4 feet wide and

4 feet apart, with 4 to 6 corn plants per hill. You can include a fourth sister, such as a sunflower, which attracts pollinators and lures birds away from the seeds.

Companion planting can be as simple as growing flowers to attract pollinating insects or growing two vegetables together to confuse or repel pests. Aphids can't stand garlic. Plant garlic around crops that are most susceptible to aphids. Dill attracts ladybugs, which eat small garden pests such as aphids and spider mites. Nasturtiums attract hungry caterpillars away from cabbage and broccoli and kale.

Check out EDGE's Facebook page to get more information on companion planting and other ideas for your garden.



NVCA Joins Appeal To Ask Federal Government To Protect the Great Lakes

UTOPIA, Ontario (March 13, 2023) – The Nottawasaga Valley Conservation Authority (NVCA) will join organizations across Canada to ask the federal government to keep their promise to invest \$1 billion to restore the Great Lakes.

“Nearly half of Canada’s population lives in the Great Lakeds and St Lawrence River Basin, a region that includes our watershed,” said Gail Little, NVCA Chair. “With accelerated growth in these areas, water availability and quality will continue to decline, putting even more pressure on the Great Lakes. It is critical that the federal government takes their commitment seriously.”

In 2017, the federal government committed \$44.84 million to protect the Great Lakes through the Freshwater Action Plan. The plan includes six program areas, including preventing toxic and nuisance algae and enhancing the resilience of coastal wetlands. This commitment was renewed in 2021 and the government promised an investment of \$1 billion over ten years to restore major bodies of water across the country. However, only 19.6 million was budgeted for the Freshwater Action Plan in 2022.

“All the rivers and streams in the Nottawasaga


Watershed eventually flow into Lake Huron,” continued Little. “We are calling on the federal government to make conservation authorities and municipalities eligible for future funding, and allocate a portion of this funding to our watershed.”

NVCA has been restoring the Nottawasaga River for many decades. The current flagship project is the Nottawasaga River Restoration Project, where NVCA staff, partners and volunteers are extending high quality sections of the Upper Nottawasaga River, Pine River and Sheldon Creek to improve water quality and restore fish and wildlife habitat.

“Member municipalities in the Nottawasaga Watershed have been clear about how invaluable federal investments are to the enhancement of our watercourses, environment, quality of life and economies,” added Jonathan Scott, Vice Chair at NVCA. “We are hopeful this funding will proceed so we can all work together to protect our natural world.”

If the federal government commits to this funding, NVCA looks forward to protect and build resiliency for the Towns of Collingwood and Wasaga Beach by reducing nutrient runoff from rural and urban areas.

Vanishing Barns: Remembering the 18th century gentle giants through photos, stories, diaries and genealogy.



Cathy Johnston Walton

Available from Cathy Walton at 705 728-1388 or snow-flake53@mail.com Ritchie's Feed or Simcoe County Museum.

Vanishing Barns - Cathy Walton has been researching barns in Flos and Vespra Townships (now Springwater) for the last six years and has published the results in the book “Vanishing Barns”.

If you are interested in a copy, please contact Cathy at 705 728-1388 or snow-flake53@mail.com.


Concession 9, W ½ Lot 1, Vespra Township
3176 Highway 26, Springwater Township

Owners:		Built: 1880s,
1974	Grant and Jean (White) Morley	Water Source: artesian well
1962-1974	George and Donna (Wilson) Luck	
1940s	Norval and Mae (Davis) Luck	
1905	Dan Luck	
	Samuel and Eliza (Standen) Jacobs	
1869	John and Janet (Corbett) Jacobs	

The cold and fast flowing artesian well required no pressure system. Men working on the highway would stop in for a drink. The attic once caught on fire beside the chimney flue. The children ran to the flow with pails and filled the laundry tub with water. A hole was chopped into the roof and the fire put out. Prior to 1957 Wilbert Maguire would remove the rumble seat from his car, replace it with two barrels and drive several miles for water rather than fill up at the Minesing community well. Joan (Luck) Martin remembers Vera Maguire handing out ration cards during W.W. II. When the war ended teacher Miss Nina ‘Sally’ Salsbury had each child ring the school bell in celebration. Joan was too short to reach the rope, so Miss Salsbury lifted her up so Joan could have her turn.

Wheat would be threshed in July and oats in August. Gloria was twelve when her sister Heather was born. Her mom Mae was still in the hospital, so Gloria along with Irene Davis and Joan (Luck) Martin cooked the meals for the men threshing. They served potatoes, beef, carrots, peas, always pie and cake, and tea (never coffee). Gloria’s parents sold cream, raised beef cattle, pigs and chickens. Gloria milked at night, but not in the morning before going to school. A litter carrier for manure was added in the 1950s. The Luck kids treated their Barrie cousins to a ride in it, pushed them outside and dumped them into the manure pile.

Gloria (Luck) Laycock, Donna (Wilson) Luck, Joan (Luck) Martin, Bill Morley. A History of the Community of Minesing p. 106.



Barn prior to 1933. The barn was dismantled by the Mennonites after 1974.
(Photo courtesy of Donna Wilson Luck.)

Concession 9, W ½ Lot 2, Vespra Township
3118 Highway 26, Springwater Township


Owners		Built: 1880
1974-present	Bill and Marg (Sheridan) Morley	Water Source: artesian well
1954 -1974	Norval and Mae (Davis) Luck	
1946-1954	Otto and Lottie (Priest) Davis	
	Lloyd Livingston	
	Thomas Livingston	
1866	Donald Livingston bought from Crown	

Mae (Davis) Luck bought the farm from her parent’s estate. Norval had owned Lot 1 before they were married and they lived in the red brick house on Lot 1. Donna and George Luck lived in the white house on this property when they married. In 1962 George and Donna bought Lot 1, and Mae and Norval switched houses with them to accommodate George and Donna’s growing family.

Brothers Norval and Wallace Luck, and Charlie Grant bought a threshing machine. Later Norval and son George bought a combine. Norval’s face was badly broken when the hitch broke while horses were moving the threshing machine down the barn bridge. He spent time in Toronto General Hospital and thereafter had a hole from the roof of his mouth to his nose.

After a slight tremor around 2008 the artesian well flowed faster. Artesian wells are common in this area. Drilling into the aquifer forces the ground water to rise above the surface naturally without the use of a pump.

Gloria (Luck) Laycock, Donna (Wilson) Luck, Joan (Luck) Martin, Bill Morley. A History of the Community of Minesing p. 106.



The barn burned in 1993.
(Photo courtesy of Donna Wilson Luck.)

Community Events
All The Time

ONGOING EVENTS:

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 Every Monday.
 Call Anne for details 705-322-1232

Midland Bridge Club 427 William St, Midland
Mon. 12:45pm: Duplicate Bridge, **Tues 6:45pm:** Social Bridge, **Thur. 12:45pm** Duplicate Bridge, **Fri. 12pm:** Bid Euchre. Contact Vern 705-730-9998. Possible lesson if desired. midlandbridge@gmail.com

Good Vibes
Every Thursday night from 7 to 10 p.m.
An open-mic music event Our location is the little white schoolhouse at the corner of Mount St. Louis Road and the 4th Line of Oro Medonte. Admission is a donation of \$5.00.

Let's Do Lunch \$5:
Elmvale Presbyterian Church
 Take-out- held **2nd Thursday of the month:** to order, call 705-322-1411 between 9 and 3pm on the Monday previous for pick-up Thursday between 11:45 and 12:15 at the East side of the church, 22 Queen St. E. Delivery in town only.

BARRIE-KEMPENFELT PROBUS CLUB
Meets at 10:00 am, third Thursday of month
 Canadian Legion, 410 St. Vincent Street in Barrie
 Main Contact: Chief Information Officer, Robert Newby, barriekempenfelt72@gmail.com (705) 220-3501

Bay Shore Senior's Club
Activities are in full swing - check out website at www.bayshoreseniors.ca for all activities.
 Call 705 361-1331.

E.D.G.E. Elmvale District Garden Enthusiasts
 Meetings held **4th Wed. of each month, 7:00 pm** at Elmvale Library.
 Guests always welcome, no charge bring a friend.

Coffee Party
Last Thursday of the month 9:30 - 11a.m.
 Elmvale Presbyterian Church
 All Welcome, Cost: \$3

Low Impact Gentle Fitness Program
Weds. at 10am & Fri.'s at 11am
 Elmvale Community Hall, VON SMART Program
Adults 55+ FREE
 Bring good support (running) shoes and water
 Call 705-355-2200 to register or walk ins

Georgian Bay Coin & Stamp Club
3rd Thursday of each month, 6:30pm - 8:30pm
 Prime Time Club,1724 Mosley St., Wasaga Beach
1st Tuesday of each month, 6:30 pm - 8:30pm
 (North Simcoe Chapter) Penetanguishene Memorial Arena, Brian Orser Lounge, 2nd floor. 61 Maria St.
 For more info.: www.geobaycoinstampclub.ca

Elmvale Legion
Tuesdays at 1 pm
 Table Shuffleboard, Cost \$1

Palace Tavern Elmvale BINGO
Every Tuesday night
 Midland Rotary proceeds 6:30 pm to 7:30 pm
 Barrie Rotary proceeds 6:30 pm to 7:30 pm

Wasaga Beach Parkinson's Support Group
1st Thursday of each month, 12:30-2pm
 Wasaga Beach Public Library meeting room, 120 Glenwood Dr. All Parkinson's patients & caregivers welcome. For more information contact Phil Bender 905-703-6248 bender.philip@gmail.com



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Community
One Time Events

SPECIAL EVENTS:

FREE Income Tax Clinic
March 4 to April 30, 2023
 Community Volunteer Income Tax Program/ Elmvale Library, (for Elmvale, Midland, Wasaga Beach, Hillsdale and the surrounding areas)
 The Elmvale Public Library will be hosting a FREE income tax clinic for moderate to low income earners. This year volunteer tax preparers will be offering in person appointments at the library. In addition to phone and drop off support.
 How to access the FREE Clinic:
 1. In person by appointment at the Elmvale Library, phone 705-322-1482
 2. By phone, call the Elmvale Library and leave your contact details, a volunteer tax preparer will contact you.
 3. Drop off your tax documents at the library... include your date of birth and contact information, place in a sealed envelope labelled with your name and Income Taxes.
 Please note we cannot prepare complex tax returns i.e: for deceased, bankrupt, self-employed, business or rental income. The Community Volunteer Income Tax Program operates in collaboration with Canada Revenue Agency.

Café Convo with Victoria Fisher MSW
March 24th @ 7:00 – 9:00 p.m
 Midhurst United Church, 91 Doran Road, Midhurst.
 The community is invited to join the conversation at Midhurst United Church, 91 Doran Road, Midhurst. Victoria Fisher is Anishinaabeke from Ebb and Flow First Nation with a Master of Social Work – Indigenous

Specialization. She is the Executive Director of a non-profit service organization, contributes to Indigenous-led resource development and works to shine light on community capacity. Victoria will talk with us about the service/relationship experiences that guide her work. She will facilitate opportunity for shared reflection and connection.
 Café Convo is a safe space to listen, ask questions and join the conversation on a variety of topics. All are invited.

“Celebrating Spring” Card Workshop
April 3rd at 12:30pm, workshop starts at 1pm.
 Simcoe County Arts & Crafts Assoc. welcomes instructor Karen Turner at the Simcoe County Museum. We will learn Karen’s special stencil technique to create floral themed greeting cards. Lots of ink colours and embellishments to choose from to challenge your creativity. Light refreshments. Please bring mug. Members \$5. and Guests \$10. Please register at 705-835-5795 or littlerockimages@simcoe.net

Celebrate Your Service
Sat. April 29, 2023 at Creemore Legion
 An invitation is extended to all veterans to celebrate your service. Tickets are free to veterans and their escort. Contact Bev at 705-428-2252 or email bacoutts@rogers.com. Free transportation available for mobility challenged individuals. Social time 6pm-7pm. Dinner at 7pm. Please respond by April 8 , 2023

Elmvale Maple Syrup Festival
 Sat. April 29, 2023

Phelpston Easter Egg Hunt

SIGN UP REQUIRED! - maximum of 65 registrations accepted.
 In partnership with the Elmvale District Lions Club, the Phelpston CRA will host the Phelpston Easter egg hunt this year.
 A very special thank you to the Lion’s for their support on this event!
 When: Saturday April 8th @11:30 am
 Where: Ed Valender Park - Phelpston
 Cost: \$5.00 per child
 What: egg hunt, chocolate bunny to each child registered upon completion of hunt, hot dog BBQ

put on by the Lion’s club for the children who participated in the hunt, Easter fun!
 There is a maximum number of registrations being accepted as we had to preorder the bunnies. If you do register and cannot make it, please let me know as soon as possible so I can give someone else your spot.
 Comment below how many children you are bringing and I will add your name to the list. Once we hit 65 participants signed up - comments will be turned off.



Have your say
in protecting
drinking water

Public Consultation on the Amended South Georgian Bay Lake Simcoe Source Protection Assessment Reports

You are invited to view and provide written comments on the proposed amendments to the South Georgian Bay Lake Simcoe Source Protection Assessment Reports. Documents can be found on the internet at:

<https://www.nvca.on.ca/Pages/Drinking-Water-Source-Protection.aspx>

The proposed amendments are in response to an **additional new well as part of the Craighurst drinking water system within the Township of Oro-Medonte.** Existing source protection plan policies, previously approved by the Minister, are not changing and will simply be extended to these new locations with the wellhead protection areas.

Comments on the proposed amendments must be submitted in writing by April 19th, 2023 to:
Sarah Thompson, Acting Source Water Coordinator

Email: sthompson@nvca.on.ca
Mail: Nottawasaga Valley Conservation Authority
 8195 8th Line, Utopia, ON
 L0M 1T0
 705-424-1479

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Quality Contracting is currently seeking an **experienced Carpenter**, or someone with carpentry experience to join our team. Duties include all aspects of new home construction from start to finish.

Competitive salary based on experience.

Please email resume to:
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Campground Host at Georgian Bay Park

We are looking for a friendly and professional individual to join our team as Campground Host.

Key Responsibilities:

1. Greet and Check-in guests, answer phone calls and handle inquiries
2. Manage reservations and assist with payment receiving
3. Maintain cleanliness and organization of front office, gate house, pool, washrooms and common areas
4. Provide information about the local area and attractions

Qualifications:

1. High school diploma or equivalent
2. Basic computer skills
3. Ability to work flexible hours including weekends and holidays

Wages: \$17- \$18 per hour with end of season bonus

Location: 4230 Crossland Rd, Tiny, ON

Time frame: Mid May to Labour Day, Four day

Work week: Thursday to Sunday 25 hours/ week

If you are interested in joining our team please send your resume to **Don Stubbs** at
gbaypark@gmail.com



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FULL TIME SEASONAL ADMINISTRATIVE ASSISTANT – IMMEDIATE START

Must enjoy working in a busy office setting, have strong communication and organizational skills, attention to details, ability to multitask, Computer skills in Excel, Word, Quickbooks and Hindsite as asset but will train.

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Or call 705-739-9000

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Please call Peter at 705-322-3484

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Sharewear, the Unique Boutique, is a new and pre-loved clothing outlet that is entirely FREE. Yep, you read that right! Located in the beautiful town of Elmvale, our mission is to create a special environment where style meets purpose. Come enjoy the newly renovated friendly environment while browsing for a one-of-a-kind find.

Our store is located at 9A Queen Street East, just steps from the four corners!

Our hours are:
Tuesday & Wednesday 10:00am until noon
Tuesday 6:00-8:00pm
Wednesday 3:00-5:00pm
Thursday 10:00am until noon

Saturday IF FLAG IS FLYING WE ARE OPEN

NOTICE

Cheezers Co-ed Soccer Registration

Registration for soccer for ages 3 - 15 yrs old is at the Springwater Library, Elmvale:

10:30 am - 1 pm

February 25 (Springwater Residents only)

March 25 (Open to ALL)

More dates to follow in April

\$40 per player

Starting Thursday May 11 at 6:30 pm

Call Doug Tinney 705-322-3239 for more information or email: elmvalessoccer@gmail.com.
The soccer play time is at 6:30 pm



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UPCOMING AUCTIONS

Lifelong Collection Dispersal Auction, Simcoe - Mar. 19-23

Carnival & Amberina glass, bronze sculptures, limited edition prints

P & A Stonehouse Moving Sale, Guelph - Mar. 26-30 - furniture, Muskoka chairs, old maps, bicycle, area carpets, artwork, lamps

Well-Known Family Moving Sale, Guelph - Mar. 26-30 - antique sideboard, furniture, snowblower, lawn mower, dethatcher, 10k ring

March Madness Multi Consignor Auction, Guelph - Mar. 26-30 stamp collection, jewellery, tools, coins, furniture, comics, LP's

Wallaceburg Riverfront Real Estate

Auction - Mar. 10-20 - an exquisite property located on the Sydenham River



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Saturday, March 25, 2023
8pm to -11pm

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OPP REPORT

FATAL COLLISION CLOSES COUNTY ROAD 27 IN SPRINGWATER



(SPRINGWATER TOWNSHIP, ON) - Members of the Huronia West Detachment of the Ontario Provincial Police (OPP) and emergency crews are currently at the scene of a fatal motor vehicle collision that occurred on County Road 27 between Flos Road 3 and Horseshoe Valley Road.

A two-car collision occurred at approximately 10 am this morning. A sole occupant of one vehicle has been pronounced deceased at the scene. The driver of the other involved vehicle has been transported to a Toronto area hospital with life-threatening injuries. No other injuries were reported at the time of the collision.

The cause of the collision remains under investigation. County Road 27 remains closed between Flos Road 3 and Rainbow Valley Road while members trained in collision reconstruction measure and document the scene. Detours are in place. This road closure will remain in place for several hours while police investigate. For road closure information regarding this incident, or any other traffic related events, please check Twitter @OPP_COMM_CR for ongoing updates.

Anyone who may have witnessed or has video/dash camera footage of the collision and has not spoken with police is asked to contact the Huronia West OPP Detachment at 1-888-310-1122.

Coast Guard Announcement of Icebreaking Operations on or About March 13, 2023 in Midland, Ontario

(MIDLAND,ON) - The members of the Southern Georgian Bay Detachment of the Ontario Provincial Police have worked together for many years in a unique partnership with the Canadian Coast Guard to keep the community aware of ice breaking activity in waters of Georgian Bay near Midland. All ice surface users that may be on or near the area of Georgian Bay known as Giants Tomb to the south end of Beausoleil Island should heed the information from the following included release provided by the Canadian Coast Guard dated March 10, 2023.

Furthermore, the Great Lakes Seaway shipping routes will be open on or about March 22, 2023 and there will commercial shipping traffic into Midland Harbour anytime after March18, 2023 creating unsafe and unsafe ice conditions in the area. Please stay clear and remember, No Ice is Safe Ice!

Icebreaking in Southern Georgian Bay between Giants Tomb and the Southern End of Beausoleil Island in Ontario

From: Canadian Coast Guard

The Canadian Coast Guard advises residents that an icebreaker will be sailing between Giants Tomb and the Southern End of Beausoleil Island in Southern Georgian Bay. The CCGS Judy LaMarsh will carry out Ice Operations Training in the area on or around March 13, 2023. The purpose of this operation is to further test the vessel’s abilities in the ice. A helicopter flight prior to the ship’s arrival to assess ice conditions and users of the ice will also be taking place.

It is recommended that all traffic on the ice, including pedestrians, fishers, snowmobilers, and all-terrain

vehicle operators, leave the ice during icebreaking operations. The Canadian Coast Guard reminds the public that it can be very dangerous to venture onto the ice and suggest that they familiarize themselves with our ice safety tips. The ice may move, creating a real danger for anyone on it. Additionally, plan activities carefully and use extreme caution after operations are complete as the ice will remain unstable even once the icebreaker has left the area.

Icebreaking on the Great Lakes and connecting waterways is delivered through close co-operation between the Canadian and United States Coast Guards. By working together, the two Coast Guards ensure scheduled vessel traffic can move through the shipping channels and in and out of community harbours. Vessels are assigned as needed to provide this service.

The date and assets are subject to change with no notice, depending on operational requirements and weather conditions.



OPP Remove Two More Drivers from North Simcoe Roadways with Overnight Impaired Driving Investigations

(MIDLAND, ON)- Uniform patrol officers from the Southern Georgian Bay OPP Detachment removed two more drivers from North Simcoe roadways after their observations led to impaired driving investigations and vehicle impoundments.

An OPP officer on patrol in the area of Jones Road, Midland observed a vehicle driving erratically in an adjacent parking lot and stopped the vehicle and commenced a stunt driving investigation. Upon speaking with the driver, a drinking and driving investigation was also commenced. As a result of these investigations Ryan William SPADEMAN 26 years of Midland has been criminally charged with the following offences.

Operation while impaired - blood alcohol concentration (80 plus)

Occupant of motor vehicle knowing there was prohibited or restricted weapon

Possession of Firearm or Ammunition contrary to Prohibition Order

And Further

Drive motor vehicle - Perform stunt

Driving while under suspension

Contrary to the Highway Traffic Act

The accused was released from police custody to appear before the Ontario Court of Justice on March 23, 2023. As well, the accused faces a 90 day drivers licence suspensions as per the Ministry of Transportation (ADLS) guidelines and a 14 day vehicle impound.

II Investigation

An OPP officer patrolling on Tiny Beaches Road North in Tiny Township stopped a vehicle for a suspected traffic violation as detected by the on board automated licence plate recognition (ALPR) unit. Upon speaking with the driver, the officer entered

into a drinking and driving investigation of which has resulted in Corey Robert McDonald 45 years of Tiny Township being charged criminally with the following offences.

Operation while impaired - blood alcohol concentration (80 plus)

And Further

Driving while under suspension Contrary to the Highway Traffic Act

Operate a motor vehicle without insurance Contrary to the Compulsory Automobile Insurance Act

The accused was released from police custody to appear before the Ontario Court of Justice on March 23, 2023. As well, the accused faces a 90 day drivers licence suspensions as per the Ministry of Transportation (ADLS) guidelines and a 14 day vehicle impound.

Driver Failing to Stop for Police Results in Charges in Midland

(MIDLAND, ON) - At 11:00 pm on March 8, 2023, a member of the Southern Georgian Bay Detachment of the Ontario Provincial Police (OPP) attempted to conduct a traffic stop for a vehicle that was speeding however the vehicle failed to stop. Shortly after, the same vehicle was observed pulling into a nearby private laneway off Simcoe County Road 93 in the Town of Midland and the driver was seen exiting the vehicle. Initial observations inside the vehicle led officers to begin a drinking and driving investigation. The officers observed the suspect behind a fence who then fled on foot. Police pursued and caught the individual a short distance away.

The accused was transported to the OPP Southern Georgian Bay Detachment.

As a result of this incident Timothy ARNOLD, 28 years of Virginiatown was charged with the following offences contrary to the Criminal Code;

Adult Flight from Peace Officer

Adult Operation While Prohibited

Adult Dangerous Operation

Adult Failure to Attend Court After Having Appeared

The accused was held in police custody to appear at a video bail hearing at the Ontario Court of Justice on March 9, 2023.

OPP CHARGE PENETANGUISHENE RESIDENT IN AN ONLINE CHILD SEXUAL EXPLOITATION INVESTIGATION

(PENETANGUISHENE, ON) - The Ontario Provincial Police (OPP) Child Sexual Exploitation Unit, Digital Forensics Unit and Southern Georgian Bay detachment members have arrested and charged a resident following a child sexual exploitation investigation.

On March 7, 2023, police executed a search warrant in the Town of Penetanguishene and seized a quantity of electronic devices. As a result of this investigation, Cody Luther FERRIER, 29 years of age, was arrested and charged with the following Criminal Code offences:

Two counts of Possession of Child Pornography, as per section 163.1 (4)

Making Available Child Pornography, as per section 163.1 (3)

The accused remains in custody following a bail hearing and is scheduled to appear on March 10, 2023, at the Ontario Court of Justice in Barrie.

Children are our most valuable and precious members of society. Many victims of child sexual abuse are so young that they cannot tell their story. Every time an image or video depicting that abuse is shared, that child is re-victimized.

The OPP will continue to aggressively identify and pursue individuals who use technology to exploit children. Parents are reminded to take a proactive approach to help protect their children from online sexual exploitation by speaking with their children regarding Internet safety. Parents can find resources to assist them at cybertip.ca or protectchildren.ca.



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GBGH Awarded For Open Communication About Organ And Tissue Donation

Feb.16, 2023 – Georgian Bay General Hospital (GBGH) has been recognized with a Provincial Eligible Approach Rate Award from Ontario Health (Trillium Gift of Life Network [TGLN]), the province's organ and tissue donation and transplantation agency. This award recognizes GBGH for its outstanding efforts to facilitate a discussion about organ and tissue donation between Ontario Health (TGLN) and eligible patients/families of patients at end of life.

"GBGH is very proud of the partnership with TGLN and the critical care team here has taken our role very seriously as facilitators of a difficult, yet important, discussion between TGLN, patients and families," says Dr. Khalid Tahir, TGLN medical lead, intensivist and chief of Medicine, GBGH. "This is never an easy conversation because it means the end of life for a patient, but it is so important we not be afraid of facilitating these discussions which helps patients and families be aware of options. One of those options is donation and it can have wide-reaching, life-saving outcomes." This is the first time GBGH has exceeded the provincial eligible approach rate target of 90 per cent - set by Ontario Health (TGLN) - achieving 100 per cent in 2021-2022.

"The success of organ and tissue donation in Ontario relies on the hard work and dedication of our health care partners. Georgian Bay General Hospital has made an outstanding contribution to organ and tissue donation and this award is a reflection of their commitment to implementing leading donation practices, integrating donation as part of quality end-of-life care, and continuously working to save lives



through organ and tissue donation," says Rebecca Cooper, vice president, Ontario Renal Network and Trillium Gift of Life Network, Ontario Health. "Every Ontarian has the opportunity to demonstrate their support for this life-saving work by registering their consent to organ and tissue donation at BeADonor.ca."

Despite COVID-19's continued impact, the province contributed to 807 essential organ transplants while Ontario hospitals supported 302 organ donors and 1885 tissue donors. In 2021-2022, GBGH had four tissue donors enhancing the lives of many.

Approximately 1,300 people in Ontario are currently on the waitlist for a life-saving organ transplant, and every three days someone will die because they did not receive their transplant in time. While more

than 22,000 Ontarians have received a lifesaving organ transplant since 2003 and the majority of Canadians say they understand the importance of organ donation, only 35 per cent of Ontarians have formally registered their consent for organ and tissue donation.

Ontario Health's (TGLN) goal is to achieve 120,000 new registrations between April 1, 2022 and March 31, 2023. Visit www.beadonor.ca to register or find out more.

Both Penetanguishene, with 56 per cent, and Midland, with 55 per cent, well exceed the average provincial registration rate of 35 per cent. Penetanguishene ranks 19th and Midland ranks 26th for organ donation registration out of 170 communities in Ontario.

Submitted by Jennifer Moore, GBGH

Under The Glass

Under the glass is a column by Mr David Kai for VMLC. David Kai is a published author nationally, a TV and radio commentator on investments, asset classes, collector and investment markets.

Dealing with an Obsessed Collector Spouse

Obsession is defined as an idea or thought that continually preoccupies or intrudes on a person's mind. *source:Oxford dictionary, https://www.oxfordlearnersdictionaries.com/definition/american_english/obsession#:~:text=%2F%C9%99b%CB%88s%C9%9B%CA%83n%2F,with%20the%20young%20prince%20continues*

Many spouses would define as Its his or her stuff and its everywhere, and I cant stand it anymore! My definition, a hobby turned into a advocacy.

When does it get dangerous? When it gets out of hand. An example, gambling is enjoyable to many, a thrill, its slightly evil, there are many places to indulge, and it can get out of hand. When does collecting become dangerous? When it starts robbing you of the ability to enjoy your life in other areas and ways.

A large buildup in personal asset collections over time,with a lack of impact hurting anyone outside the family, usually obsessive collecting is accepted .

What are the common stop points? Remarriage, disability, moving, and the big one, death. Get some enjoyment out of your collection by doing all or some of by joining a group or club, display talk and ruminate over your ideas. Introduce a youngster to the oldsters hobby. Help them out by starting them up. Great idea for grand kids, nephews and nieces. Also creates a long term exit plan.

Purge your holdings yearly every year get rid of 25 percent. Give the money to a better idea in the same genre. Or try this, give it away to charity, to a needy person, to a church or ask your spouse!

Most obsessive collectors have lost a bit of the thrill that they got at the start, and become somewhat isolated when why the need or reason they hold such assets. Get the thrill back by changing the obsession !Pick a new variation and then implement!

Collectors get a lot of the available payment of following a path of acquisition and protection of assets when they acquire after a gratifying chase. After they acquire, they go look for more. Use the underplayed parts to help created and influence others.

There is a rule in the universe that says if you give away ten percent of what you have get or earn, you will be paid back ten times over.

Try it! Let me know how it worked out for you.

We can help you navigate this if you require help.

VENDOR MARKET

VMLC.ca

"Bring In Your Stuff Day!"
Sat March 25th

Each Month The VMLC Store Sponsors a Day of On Site Buyers and appraisers.
March 25th is Bring in your Stuff Day

We are looking for:

Tools, hockey card collections, NHL classic collections, artwork, furniture, military, jewelry, gold+silver coins, vintage items, antique firearms, classic cars, classic motorcycles and metal signs



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Café Convo with Victoria Fisher



Mar. 13, 2023 - Victoria Fisher is Anishinaabe from Ebb and Flow First Nation with a Master of Social Work – Indigenous Specialization. She is the Executive Director of a non-profit service organization, contributes to Indigenous-led resource development and works to shine light on community capacity.

On March 24th, 7:00 pm., at Midhurst United Church, Victoria will talk with us about the service/relationship experiences that guide her work. She will facilitate opportunity for shared reflection and connection.

Café Convo is a safe space to listen, ask questions and join the conversation on a variety of topics. All are welcome.
Submitted by Jeannette Schieck for Midhurst United Church

GLEN NEWBY SCHOLARSHIP FUND NOW ACCEPTING APPLICATIONS
Submitted by Dominika Zapolnik, Communications Manager, New Path Youth and Family Services, The Common Roof

Mar. 1, 2023 - The Glen Newby Scholarship Fund, a collaboration between The Common Roof and New Path Youth & Family Services (New Path), is accepting applications from youth in Simcoe County who are entering into or continuing post-secondary studies and/or apprenticeship programs this year. This scholarship honours the legacy and commitment of former New Path CEO Glen Newby's almost 5 decades of work in the child and youth mental health sector.

"Over the past three years, the Glen Newby Scholarship Fund has supported youth in our community with their post-secondary or apprenticeship education goals," says James Thomson, President and CEO of The Common Roof. "This partnership between The Common Roof and New Path in providing this scholarship opportunity is invaluable. To date \$15,000 in scholarships have been awarded to nine local youth recipients."

Applications for this year's scholarship are open until April 30, 2023, and are available to any young



**17- Piece
Swing Band
Free Concert /
Dance**
**at Barrie City
Hall Rotunda
7:30-10pm**
Thurs. March 16/23
Featuring music from Basie to The Beatles
See us at SkylinersBigBand.com

In Memory



Remembrance of
Garry Duckworth
who passed March 17,
2022

Garry was a loving spouse to Brenda for 59 years and a father of Trudie Stewart, Tammie and Cameron.

There is not one day that goes by that we don't think of you. We are all very thankful for all the memories that we share. One year later we still wish you were here.
Lovingly remembered by the Duckworth family

BIRTHDAY CELEBRATION



Please join us to celebrate
Marlene
Tinney's
90th Birthday

Wednesday, April 5, 2023
2:00 pm - 6:00 pm
Elmvale Curling Club
Best wishes only

THANK YOU

The Family of the late Jim (James David Murray) wish to express our sincere appreciation to family, friends and neighbours for calls, cards, food, flowers and donations during this time of grief. Special thanks to Dr. Emerson, Simcoe Hospice, Lynn Stone Funeral Home and Rev. Beasley for your care and concern.
Pat, David, Jane, Dan, Tamara, Randy, Kourtney, Asher & Don

Obituaries



McTAGGART, Vera Marjory
(née Morland)
January 1, 1921 – March 11,
2023

Vera completed her life journey in her 102nd year. She was the daughter of the late Charlie and Dora Morland (née Vincent) and wife of 67 years to the late Wallace McTaggart. Left to reminisce memories are her 5 children: Don & Honey (late Faye), Garry & Noreen, Paul (late Barb), Darlene & John (late Robert Harrison), and Sherry (late John Bulloch.) She will be lovingly remembered by her many grandchildren, great grandchildren and great-great grandchildren. She will be missed by her younger sister Shirley Howard (late Floyd) as well as her many nieces and nephews. Vera was predeceased by her sisters Mabel Thompson (Walter) and Evelyn Bird (Garrence), in-laws – Amey & Cliff Doyle, Helen & Gerald Bailey, Don and Ruth McTaggart. Whenever you eat raspberries, curd, or Chinese food – think of Vera! She loved The County but never forgot her West Huntington roots! Her unconditional love for her family, friends, and community is an inspiration to replicate. Her strength and ability to maintain a positive attitude during unprecedented times of living in a long term care facility for 15 years was remarkable. We learned from Vera that a little love and respect goes a long way in making a soul feel valued and significant. Thank you to the staff of Picton Manor and Kentwood Park Nursing Homes, Quinte Access – Drivers Rick and Betty, and to all her hairdressers who made her feel beautiful. Vera was always ready to play a game of cards, even when her eye sight was failing. Whenever you see a bright colour and a matching pant suit, think of her. We will miss our "family historian" and were so lucky that her memory lasted almost as long as she did. Her secret to longevity ... laughter, family, friends, wholesome food, camping, dancing, and don't forget the music. Play The Wilkinsons' song "26 Cents". A Graveside Service and Interment will take place at Thomasburg Cemetery in the Spring. If desired, donations to the Thomasburg Cemetery Board or a charity of your choice would be appreciated by the family. Online condolences and to share memories of Vera, please visit: www.rushnellfuneralhomes.com

innovative and accessible services for children, youth and their families throughout Simcoe County. We are a registered not-for-profit charitable organization with office locations across Simcoe County, including Alliston, Barrie, Bradford, Cookstown, Collingwood, and Orillia. New Path is also the Lead Agency for children's mental health in Simcoe County with the goal of enhancing the experience and outcomes of children, youth and their families seeking assistance with mental health and wellness.

New Path offers mental health services for children, youth and their families in-person, by-phone or online. A range of free mental health services are offered by professional counsellors. Families can access a range of free counselling and therapy services by booking an appointment through the Quick Access Child and Youth Mental Health Clinic: www.newpath.ca/quick-access-child-and-youth-mental-health-clinic or for those without internet access, by calling New Path at 705-725-7656.

To learn more about New Path, to donate, or get involved please visit www.newpath.ca, follow us on social media Facebook: New Path Youth & Family Services Twitter: @NewPathYFS Instagram: @NewPathYFS or sign up for the TrailSigns Newsletter



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Obituaries



HINEMAN, Bernadette
Passed away suddenly at home in Bluewater Beach on Thursday, March 2, 2023. Bernadette Hineman (nee Kiely) of Tiny in her 71st year. Beloved wife of David Hineman. Dear mother of Jason (Claire) Hineman and the late Amanda (survived by Randy) Gould. Proud and loving grandmother of Abigail, Kiely, Liam and Mason. Sister of Monica Robinson, Mary Keegan, Noel Kiely, Theresa Kiely, and the late John Kiely, Anne Bogdanovich, Bridget Skakie and Eilish Doyle. Sister-in-law of Linda Fockler. Bernadette will be fondly remembered by her many nieces and nephews. A visitation will be held at the Lynn-Stone Funeral Home on Monday, March 6th from 2-4 and 6-8 pm. A celebration of life will be held at a later date. If desired, memorial donations may be made to the Elmvale Food Bank in Bernadette's memory.

Expressions of sympathy may be sent to www.lynnstonefuneralhome.com



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MARSHALL, Richard
(March 14, 1928 - March 3, 2023)
Richard (Dick) Marshall passed away peacefully on March 3, 2023 in Penetang, Ontario just days short of his 95th birthday.

Born in Halifax, Nova Scotia, he never strayed too far from the water and was always within reach of a sailboat.

Shortly after graduating from Dalhousie University, he relocated to Montreal, accepting a position as Associate Professor of Accounting at McGill University.

Upon retiring from his 35 year career at McGill, he retired to Elmvale, Ontario while spending his winters in Bradenton, Florida.

He was a longtime member of the United Church of Canada, the Masonic Lodge, and the Canadian Power Squadron.

He volunteered his time as treasurer for many organizations over the years including the McGill Faculty Club, Canadian Power Squadron (Lake St. Louis district), Senneville Yacht Club and Paradise Bay Estates in Bradenton.

He leaves behind his wife of 67 years Lorrie, his children Peter (Lesley) and Gehl (Raphael) along with his many grandchildren, sister-in-law, nephews and niece.

As per his wishes, there will be no visitation or service. His ashes will be interred at the cemetery in Elmvale, Ontario later this year.

Memorial donations made in his name to the Canadian Cancer Society or the McGill University Faculty of Management would be welcomed.

For condolences, please visit the **Lynn-Stone Funeral Home website at** www.lynnstonefuneralhome.com



TUCKER, Margaret (Marg) nee Wolverson
Formally of Orr Lake and Barrie passed away peacefully at the Villa LTC in Midland, surrounded by family on February 24, 2023 in her 98th year. Beloved wife of Ken (predeceased) of 71 years.

Treasured mother of Gayle (Richard) of Elmvale and Paddi (Brad) of Texas. Nana to Todd (predeceased) Traci, Trista (Brian), Nathan, Lucas and Sierra. Great-grandmother (Grandnan) of Hailey, Bryar, Josh, Isabella, Cooper and Tucker. Our heartfelt thanks to Dr. Anne Gannon and the staff at the Villa for their exceptional care. There will be a private graveside service at the Waubaushene Cemetery.

You will forever be in our hearts and memories. Your loving family and friends.

Arrangements entrusted to the **Nicholls Funeral Home.**

Obituaries

MERRITT, Levi Jay
October 13, 1979 - February 28, 2023



With deepest sorrow we regret to let all know of Levi's passing, at home on Tuesday February 28th, 2023 at the age of 43.

Predeceased by his dad Kevin. Survived by his mom Piper, sister Shilo Kelly (Tim), grampa Gord Wallace and uncle to Ty & Tia Kelly.

Levi enjoyed outdoor activities, fishing, canoeing, riding his dirt bike & art.

In lieu of flowers a donation to the Wye Marsh Wildlife Centre would be appreciated.

A Celebration of Life for Levi will be held:

Saturday, May 27th, 1:00-4:00 p.m.

Maple Canadian Pub,
Wye Heritage Marina,
3282 Ogdens Beach Road, Port McNicoll



STEPHENS, Rolande Doris

Passed away peacefully surrounded by family on Tuesday, March 7, 2023 at Hospice Simcoe in Barrie. Rollie Stephens (nee Lagrange) of Elmvale in her 94th year. Beloved wife of the late James Stephens. Dear mother of

Marie (Les) Gillespie, Bill (Coleen) Stephens, Marg (Rob) Rance, Peter (Sheila) Stephens, Irene (Russell) Stacey, Leo (late Bonnie) Stephens, Kenny (Lisa) Stephens, and David (Cheryl) Stephens. Loved nana of 20 and grand-mama of 19. Sister of Annette Lafreniere and the late Valere Lagrange, Margot Lapointe, Millie Lavigne, and Alma Sousy. Sister-in-law of Caryl Stephens and Mary O'Keefe. Rollie will be fondly remembered by her many nieces and nephews.

Visitation will be held at the Lynn-Stone Funeral Home in Elmvale from 2-4 and 7-9 pm on Sunday, March 12. Funeral Mass at St. Patrick's Church in Phelpston on Monday, March 13 at 1pm.

Spring interment St. Patrick's Cemetery.

If desired, memorial donations to Our Lady of Lourdes Church, Elmvale or the Canadian Red Cross (Ukraine Humanitarian Crisis Appeal) would be appreciated.

Expressions of sympathy may be sent to www.lynnstonefuneralhome.com

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Elmvale Food Bank
Elmvale & District Food Bank is Giving Back Through a Caring Community.

Food list of Items Currently Needed
Canned Potatoes
Canned Cream Corn
Cake Mixes
pudding Mixes
Shampoo
Turkey Gravy
Beef Gravy

The food bank will gratefully accept any donations of food items. When these items are donated it will save them from having to purchase these items.

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Elmvale Coyotes ... A Winning Weekend



Elmvale Coyotes U7 LL #1 Has a Winning Weekend at the Hanover Falcons Canadian Tire Cup Tournament!

Submitted by Jon Popple
Mar. 13, 2023 - On March 11th, 2023, the EMHA Coyotes U7 LL #1 team travelled to Hanover to participate in the Hanover Falcon’s Canadian Tire Cup U7 Tournament. The tournament featured ten U7 teams from across Ontario, with Elmvale competing in Pool A of the Tournament.
In the opening game Elmvale faced the Saugeen Shores Storm, the team hit the ice with lots of energy and quickly opened the scoring creating a large lead early in the game. This game featured a strong goaltending performance by Gunner Ververs who backstopped the team to an opening game win 13-4.
In the second game Elmvale faced the host Hanover Flacon’s, this time Reef Tschop McLaren was between the pipes and turned in the team’s second straight strong goaltending performance. Elmvale again quickly jumped out to an early commanding lead, with goals being scored by Luke Carney, Gunner Ververs, Scott Popple, Austin Perreault,

Chase Culbert, Noah Antiquera and Scott Haines. These goals led to the team’s second win of the day 17-6.
The third game featured a dominating performance by Elmvale beating the West Grey Warriors 25-1, with Corbin Ververs, Gunner Ververs, Austin Perreault, Reef Tschop McLaren, Noah Antiquera, Scott Haines and Scott Popple leading the scoring for Elmvale, while goaltending duties were handled by Chase Culbert who only allowed one puck to find the back of the net all game.
In the final game of the tournament, Elmvale faced its toughest opponent the Dorchester Dragons. The Dragon’s quickly opened the scoring and took a 2-0 lead after the first five minutes of the game. However, Elmvale goaltender Scott Haines quickly found his form and made some key saves keeping the game close. The scoring went back and forth with Elmvale seeing goals from Austin Perreault, Chase Culbert, Gunner Ververs and Scott Popple. With two minutes remaining in the game, Elmvale found itself down 12-11, to Dorchester. Elmvale’s four skaters hit the ice for the final shift of the game

and with one minutes remaining Scott Popple found the back of the net with a hard shot from the slot, making the game tied 12-12. The play went back and forth and Scott Haines made some big saves to keep the game tied. With under thirty seconds remaining Scott Popple rushed the puck down the right wing and fired a shot that hit the post, Popple was able to gather his own rebound and skate behind the net to score a beautiful wraparound goal with only seconds to play. Elmvale pulled out a gutsy 13-12 win over the Dorchester Dragon’s to claim 1st place in Pool A.
The Elmvale Coyotes U7 Team #1 Players include:
Austin Perreault, Carter Bennett, Chase Culbert, Corbin Ververs, Gunner Ververs, Luke Carney, Noah Antiquera, Reef Tschop McLaren, Scott Haines and Scott Popple
Coaching Staff:
Jon Popple (Head Coach), Kristi Haines (Assistant Coach), Shane Culbert (Assistant Coach), Mark Carney (Trainer), Nathan Tschop McLaren (Trainer), Marcel Perreault (Conditioning Coach) and Tarra Popple (Manager)

Views from the Cottage by Melanie Martyn



NOT SO MUCH A BREAK....

as it is a break in routine. At least for all the parents out there, and yes, some of us grandparents get to play with our lil blessings! Many families make plans well in advance for this nine-day respite. Many parents have to enroll their kids in March Break day camps as they can’t always get off work. Grandparents come in real handy if they can take the helm watching over them during the day and throwing as much fun as they can into that precious time-space. Depending on the age group, it can be a real pleasure or a real handful LOL
Where did this March Break come from anyway? I’m thinking that in the 60’s, we had a two week break. Somehow, over the years it changed to one week (if I’m not mistaken and I’ve been known to be....Once I thought I was wrong; but I was mistaken) and the Christmas holiday became the two-week holiday. Now that made sense as who could get any work done anyway while dreaming about sugar plums and Santa gifts! Well, it appears the school breaks have been happening even before the 30’s era. It is noted that many Colleges and Universities in the States started breaks to do swim meets. Many institutions felt it timely to have a break for reading/study week prior to exams. All I know is that you had to have something to look forward to after the January/February cold snaps!
Let’s get back to those families that were so happy to fly away to somewhere warm or maybe they were happy planning that time to visit family members that had moved quite a distance away. Finally, there was a window to go see Granny! I have friends that moved to the East Coast. My good friend had not

seen her daughter or precious lil granddaughter since last June. All I saw on Facebook was notes back and forth with excited faces doing a countdown to March 11th when they’d see their loved ones in person after months of ‘zooming’. On that very day, I noticed a lot of teary memes and the heartache literally jumped off the screen! Flights booked months ahead for Flair Airlines were being cancelled. I thought at first they were just having a delay. Surely they would have them out on an alternate plane waiting in the ‘wings’ for just such a need. Perhaps they’d ship them out on the next flight that eve or maybe even the next morning, worse case scenario....
Well, it wasn’t the worst yet. Sure, they can get them on the next flight, but that flight was five days later!!! So, their one week reunion was to be squeezed into two overnights and then home??? Taking into consideration the cost of flights these days is just one cost. Early flights mean you usually book a local hotel and then there is parking for your vehicle while you are away. Add in a few hundred dollars minimum to take care of the pets you have to leave at home. Oh, let’s consider the time off work you booked that were over and above your normal holiday so ‘no-pay’ there.... This we can tally all up and come up with a dollar figure for compensation, hopefully. What of the emotional costs? Who can put a figure on the cost of heartache and missing this precious time with loved ones. The airline speaks of flight cost reimbursement and/or a free flight on another date but the ‘window’ is not so easily replaced. The time and effort and intense planning to coordinate everything to a ‘T’, takes its toll.
There were many unhappy campers at Pearson International Airport last Saturday. I would assume each flight missed would have about 190 frowning ‘non-passengers’. So,

what was the story with Flair Airlines? My friends little family was just about to board the plane and even had all their luggage loaded into cargo. Ten minutes later they hear “Flight Cancellation” and the plane is removed from it’s passenger boarding bridge. WTH??? As I’m getting word of all this through Facebook, I quickly ‘google’ the airlines and hear that in total, four planes were repossessed from the Airlines just at that moment. Supposedly, it was for non-payment of their outstanding lease arrangements. Now doesn’t that give you a feeling of dread and “I’ll never fly that airline again!”. If these flights are missed and the planes are taken out of action, think of the mess-up of other missed flights scheduled. One poor customer was waiting down in Florida for a flight that did not arrive and had to pay out of pocket to get back home to work.
Now if a large airline cannot make their lease payment, what does that say for their accountability on the maintenance of these huge flying birds. Last month, Flair had to make an emergency landing in Fort Lauderdale as there was an issue with their cabin pressure regulation system. This system allows proper oxygen flow in high-altitude situations. Hmmm.... makes you want to take a big breath! But don’t hold it...I will be driving on my next va-ca!!!
(Mar. 15, 2023)

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