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Springwater NEWS

Edition 648 - March 30, 2023 Serving Springwater & Tiny Townships and surrounding areas

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The Challenge Is Done and Mission Complete for Elmvalle's Own Powerhorse



Photo" Lisa Whiteman, demonstrates the pure physical endurance of this event.



Photo, L to R: Myles Darrow, Justin Young, Lisa Whiteman, and Jeffery O'Donnell, 1000 Mile Challengers



Photo: Lisa Whiteman, exhausted but not giving up.

Mar. 20, 2023 - With the 1000 Mile Challenge Completed I am left with a huge feat of endurance completed and a lifetime of memories.

1015 miles 27 hours and women all over North America inspired to "do hard things". There were many times I was laying on the ground and crawling away from my sled, wanting out, but my team kept me in it, reminded me of who I am and how much the women and girls in this country needed to see me get up and finish it. I have hundreds of comments and messages from women telling me how emotional it was to watch because once we went over the time everyone wanted to see me finish. The viewers increased as time went on, donations poured in with one man donating \$1 for every minute Lisa and Jeffrey went over 5, another man matching it with a third saying he was donating \$10 an hour. A woman so emotional and inspired put a post up asking all

women to donate \$25 for Lisa and it raised alone over \$5000 because the women wanted to see me finish. So did I finish in time no but did I go the distance and not ever quit I certainly did. I believe women needed someone to show them we can do hard things and women were built to do hard things. We can certainly compete for our place in a male dominated arena with courage determination and pure grit.

The whole event still makes me very emotional because although I didn't do it I'm 24 hours I rode an additional 3 with Jeffrey O'Donnell and rode through a blinding blizzard, snow dust, 6 moose sightings with the third being aggressive having a stand off with me on the trail, Jeff's sled broke down at the very start, I was physically exhausted, the trail conditions were horrendous and we had the recreational snowmobilers to contend with and patrol stopping us. It was the hardest thing I have ever done, although if asked if I would do it again I would. Matter of fact I hear a World Record calling.

So the event was successful and we reached close to 90% of our original \$250,000 goal to send as many kids to camp as possible and I'm incredibly proud of what I've done.

Submitted by Lisa Whiteman
#danglegear
#sendakidtocamp
www.1000milechallenge.ca

What's That Saying?



"A picture worth a thousand words"

Well this one stirs up two words I wanted to scream from the mountain tops "I QUIT"!

Yet another painful fuel stop but I can say it was finally the last time I quit, I had a lot of things said to me but hearing Bobby say, "Lisa there's so many women that need to see you finish this" was what it took to get over myself and put the final effort in. I couldn't go anymore, but somehow got up and rode another 473 miles.

No filters needed, no shame in showing yourself at your worst.

by Lisa Whiteman



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LETTERS TO THE EDITOR

Please submit your letters to the Editor.
Email: info@springwaternews.ca or drop off at office. Contact information is on the right hand side of this page. **Phone number and address must be supplied for all letters to the editor.** The opinions expressed in articles contributed by interested parties and through the 'Letters to the Editor' do not necessarily reflect the opinion of this newspaper and/or the editor.

My compliments to the Editor from an avid reader for 2 of the most informative articles I have ever read on Gas Lighting.

On page 7 the Article "What is Gaslighting" by Gwen Randall- Young was excellent. I have heard the term used many times but this was the best explanation of what it means and it's origin.

On Page 13 the Article "Many Young Canadians Think Humanity Is Doomed" by Dr. Lindsay Galway and Dr. Ellen Field was the best example of a real life application of the practice of "Gaslighting" by the Environmental Lobby Industry.

The Article gives a clear picture of how the Environmental Lobby Industry "experts" have been successful in "Gaslighting" the young and easily misled of our country through our education system, our schools as well as our news media.

If you have any doubt as to the "Gaslighting" taking place by the Environmental Lobby I suggest anyone interested enough should Google "50 years of "Failed Domsday Eco-Pocalyptic Predictions", The so-called "Experts" have a score of 0 out of 50 predictions, all of them were wrong.

References: Article by Mark J. Perry. America Enterprise Institute. Contributors: Myron Ebell (director of the Center for Energy and Environment at the Competitive Enterprise Institute) and Steven J. Milloy.

Edward J. (Ted) Aldcroft RPA

With this year's return of the Elmvale Maple Syrup Festival, the board would like to offer some clarification as to why the festival has relocated from the main street to the arena parking area. This change is not something that has just been decided; at the Tree Lighting Ceremony the year previous to the pandemic, our plan was announced to relocate the vendors from the main street to the arena. For several years prior to the pandemic, in consultation with Springwater Township, the safety of the festival attendees has been a concern. It was becoming increasingly difficult to facilitate the closure of the main street.

In order to protect the safety of the festival goers, it has been determined that large concrete blocks must be placed at both ends of the main street to prevent any vehicle from entering the crowded vendor area. Part of the requirements stipulate that a large front end loader also be present at each end, with an operator on stand-by for the duration of the closure, to allow access of emergency vehicles to the main street area. An alternative to this would be to park fully loaded snow plow trucks at each entrance, again with an operator standing by for the duration of the closure. The financial cost to facilitate these measures is simply something the festival would not be able to afford.

With the world ever changing, the recent attack with

a vehicle on pedestrians in Quebec, killing two and injuring 9 others is the type of tragedy we are trying to prevent.

The Maple Syrup Committee understands that a number of the businesses on the main street have concerns and are disappointed with this decision. The festival has hired OPP paid duty officers to provide traffic control at the cross walk by the library, to allow safe access for the festival goers to cross to and from Maria St. The pancake house remains in the Community Hall and we will encourage all festival participants to visit the Elmvale business section.

The Elmvale Maple Syrup Festival Committee is a group of volunteers who donate countless hours to be able to hold the festival, which for the past 50+ years has been responsible for bringing hundreds of thousands of visitors to our community, and in turn allowing hundreds of thousands of dollars to be donated to various organizations in Elmvale and the surrounding area.

We thank everyone for their understanding and we hope to see you on April 29th.

Sincerely, Elmvale Maple Syrup Festival Committee

Dear Editor;

We are soon approaching the date (APRIL 12th) on which our elected township officials will determine the fate of the Seadon road landscape. Will they allow our beautiful greenspace to remain untouched or will they permit Galibier Materials to desecrate 21 Hectares of forested land to add yet another gravel pit to the Springwater community.

Just a reminder that Springwater already contains 13 pits/quarries within a 10km radius of this location, and a total of 30 pits/quarries within 25km (all less than 10 minute drive away.) We do NOT need any more aggregate pits in Springwater!!

In the words of our newly elected Mayor, "I really feel that people who live in Springwater identify with the space, the openness, the forest, the trees. That's what makes Springwater different and you know when you're not in Barrie anymore." said Mayor Jennifer Coughlin

"Springwater is more than just a township, it is a way of life; our trails, wetlands, forests and farms provide a landscape that is incomparable. However, it is the people that make Springwater so extraordinary." Instagram - Jennifer Coughlin Instagram Page

I personally couldn't agree more with our Mayor's statement. My family and I moved here 6 years ago for many of the reasons listed above. Never in our wildest dreams did we ever expect to be faced with a proposed active gravel pit operation within 30m of my home, my yard and where we and our children play and relax. During our time here, there has already been a significant increase in noise pollution and truck traffic along George Johnston/Seadon, and an insufferable amount of dust/dirt which coats everything inside and outside our property. I just can't imagine how much this will all increase even further with 21 additional hectares of aggregate mining so close to our beautiful residential area.

The Licence application by Galibier Materials is now in the hands of the Ministry of Natural Resources to decide whether to allow yet another pit in our beautiful township.

Our newly elected Springwater council members



Springwater News

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on WHATS App

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www.springwaternews.ca

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or e-mailed 24 hours a day.

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Copyrights are claimed on all original articles.

Springwater News prints 20,000 papers per edition.

18,650 are delivered by Canada Post to:

760 in the Utopia/Grenfel area L0L 1B0 and L0L 1B2

3050 in the Barrie City/Rural area

4250 in South Springwater Township

130 to the new boxes in Minesing / Anten Mills

640 in Phelpston L0L 2K0

650 in Hillsdale including the Rural Routes L0L 1V0

2550 in Elmvale including the former R.R. # 1, 2 & 3 L0L 1P0 which includes Orr Lake, Waverley and some Tiny Beaches Road areas

265 in the Wyebridge area L0K 2E0

975 in Wyevalle L0L 2T0 including Conc. 8 and some TBRS areas,

1325 in Perkinsfield including Balm Beach to Whippoorwill

1100 in R.R. # 1, L4R 4K3 (775) & 2, L4R 4K4 (300) areas of Midland which includes Vasey, Ebenezer and the area North-West of Wyebridge

2900 in Northern Tiny including SS 3, 5, 6, 7 & 8 of Rural Penetanguishene (Postal Codes L9M -1R2, -1R3 & -2H7)

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now have the opportunity and authority to support our residents and their constituents and deny Galibier Material's requested zoning application change that would take these 21 hectares of tree-dominated agricultural land and turn it into a mining aggregate parcel of land. Keeping in mind the average lifespan of a gravel pit is 80 plus years, this will outlive me and potentially my children, and will affect generations to come.

The council will be holding an OPEN TO THE PUBLIC meeting on APRIL 12th and I strongly encourage all local residents to not only attend this meeting, but to also express your concern for this application by writing to the Springwater clerk and have your opinion voiced as part of the meeting agenda or speak to your local council member and let them know how you feel.

Esther Allen

Thank you Patrick for your informative and interesting sports column over the last five years- I always enjoy your section of the paper and seeing your opinions and predictions.

Sports have always been an important part of the community – in schools, at the rinks, at the ballfield,..... I liked your perspective, thoughts and reflections in your latest column. Great work!!

Harold Atkinson

Thank you for sending your letters to me. Your voices need to be heard for the sake of journalism,
Linda Belcourt,
editor.

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EDITOR'S NOTES

by Linda Belcourt, Publisher, Editor, Owner

Easter is on its way and with it the tulips, robins, and other signs of spring. For Christians, Easter signifies the resurrection of Jesus, and marks the end of lent and fasting, while for others the Easter Bunny is a highlight. On the latter, as I was reflecting, I couldn't help but wonder where the idea of a rabbit delivering chocolate eggs came from. Not an easy thing to imagine how the author came up with that one. There is no mention of this magical hare in the bible. The most prominent secular symbol of the Christian holiday, the Easter bunny, was reportedly introduced to America by the German immigrants who brought over their stories of an egg-laying hare. The decoration of eggs is believed to date back to at least the 13th century, while the rite of the Easter parade has even older roots. Other traditions, such as the consumption of Easter candy, are among the modern additions to the celebration of this early springtime holiday. (Source: <https://www.history.com/topics/holidays/history-of-easter>). No matter the importance to Easter to each one of us personally. Easter means spring and spring brings renewal and celebration.

A beautiful word, Apricity (AH-PRISS-UH-TEE), is a noun that is used to describe that lovely feeling of the warmth of the sun in winter. And although it's officially spring, the weather forecast calls for a few more wintry flakes over the next little while, so I think it works. As you step outside, I hope you enjoy the wonderful feeling of sun on your face (maybe there should be word for the wonderful feeling of sun on your face in Spring?) and that your mood and outlook get brighter with the warmer and sunnier days. The robins are back, geese are in the air more often, and many animals are in or approaching breeding season. My Harris Hawk, Grace has a different call to me lately, a sure sign that breeding season is here - more on that in another edition. Enjoy Easter and the spring and I hope this edition warms your heart and enlightens your spirit.

The Importance of Newspapers

A local newspaper serves as an information source about events and happenings in the area. It keeps readers up to date on their own community. It covers non-profit updates, political information, local sports, events, and issues that are relevant to the community. It helps to foster a sense of community and keeps keep residents feel connected to one another. Local

newspapers strengthen communities and bring residents of communities together to work as a whole and to feel part of something bigger than their own neighbourhoods. It is a great resource for residents who want to become more actively involved in their community. Events like fairs, festivals, special one-time events put on by non-profits and on-going events that happen regularly, are showcased.

Newspapers provide affordable and effective advertising space for businesses looking to connect with the community. The advertisers tell the Springwater News that the ads bring in business and that is something to celebrate. There are many long-standing advertisers over the past 25 years that Springwater News has been in business, and I am so grateful to you.

There is editorial content from all over our region that unites us all for a sense of community. I would like to thank the contributors that make up the news. Council Meeting reporter Dominika Zapolink from Midhurst, MP, MPP, Township Mayors, OPP, all area Community Recreation Committees, Midhurst United Church, Under the Glass by David Kai from Midhurst, Anten Mills by Dennis Gannon, Minesing Moments by Lorrie Norwood, Wyevale News by Karen Moreau (formally Ruth Ann Caston), Phelpsston News by Taylor Kelly, Hidden Gems by Leslie Gown, Bear Bells by Leslie Noonan, Views from the Cottage from Orr Lake by Melanie Martyn. Elmvale Lions, Elmvale Lioness, Tiny Township Lions, Vespra Lions, Craighurst Women's Institute, Sports with Patrick Townes, Public Libraries, Annie's Journal, Rosemary's Devotions, Ask a Therapist by Sarah Covey, GBGH, RVH, Soldiers Memorial, Waypoint, Wendat Community Programs, NCVA, King's Wharf Theatre, Ontario Health Team, EDGE Gardening, Vanishing Barns, and the numerous non-profits in our area. You make the news in this newspaper. Local newspapers are here to stay. Thank you.



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Application by resume only, please forward resumes to gerald.sullivan@ca.crh.com
Only successful candidates will be contacted.

Springwater Council Approves Renewal of Non-Resident Recreation Fee-Agreement with City of Barrie

Mar. 27, 2023 - During the last regular council meeting held on March 15, Township of Springwater Council approved the renewal of the non-resident recreation fee agreement with the City of Barrie until February 27, 2027, for a total cost of \$345,100. This agreement offers Springwater residents access to Barrie's recreational services for the same rate as its residents.

Council also asked staff to engage with neighbouring municipalities, like Midland, to see if a similar agreement or subsidy could be made available for Springwater residents using those facilities, and should an agreement for their use not be reached that a subsidy for Springwater residents be explored.

By Dominika Zapolnk, Reporter Springwater News

WAR AMPS 2023 KEY TAG MAILING BEGINS IN MINESING

MINESING - March 20, 2023 – The War Amps begins its 2023 key tag mailing to Minesing and surrounding area this week.

The Key Tag Service was launched in 1946 so that returning war amputee veterans could not only work for competitive wages, but also provide a service to Canadians that would generate funds for the Association's many programs, including CHAMP. The Key Tag Service continues to employ amputees and people with disabilities and has returned more than 1.5 million sets of lost keys to their owners.

Each key tag has a confidentially coded number. If you lose your keys, the finder can call the toll-free number on the back of the tag or place them in any mailbox in Canada, and The War Amps will return them to you by courier, free of charge.

The War Amps receives no government grants and its programs are possible through public support of the Key Tag and Address Label Service.

For more information, or to order key tags, visit waramps.ca or call toll-free 1 800 250-3030.

Photo: Abel Walker is benefiting from The War Amps Child Amputee (CHAMP) Program thanks to public support of the Key Tag Service

Submitted by Martine Lepine



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The Key Tag Service protects your keys and supports essential programs for amputees.



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waramps.ca



Ages
5-12 years

Locations
Elmvale, Midhurst & Minesing

Camp Hours
9:00 a.m.- 4:00 p.m.

Need a little extra time? We offer extended care to allow for earlier drop off (8:00 a.m.) and later pick up (5:00 p.m.) Additional fees apply.

Registration Information
Registration operates on a first-come, first-served basis. A waitlist will be formed if we reach capacity.

There are two registration options available:

1. Online at: **townshipofspringwater.perfectmind.com**
2. In person at the Township Administration Centre (2231 Nursery Road, Minesing) during regular business hours.

Week	Camp	Ages	Location	Code	Price
Week 1: July 3 - 7	Summer Adventures	5-12	Elmvale Arena	2489	\$145
			Midhurst Community Centre	2481	\$145
			Minesing Community Centre	2469	\$145
Week 2: July 10 - 14	Summer Adventures	5-12	Elmvale Arena	2490	\$145
			Midhurst Community Centre	2482	\$145
	Sports N' Sorts	8-12	Elmvale Arena	2498	\$165
	Creation Station	5-7	Minesing Community Centre	2470	\$165
	Leader In Training	14-16	Minesing Community Centre	2480	\$225
Week 3: July 17 - 21	Summer Adventures	5-12	Elmvale Arena	2492	\$145
			Midhurst Community Centre	2483	\$145
	Creation Station	5-7	Elmvale Arena	2501	\$165
	Sports N' Sorts	8-12	Minesing Community Centre	2472	\$165
Week 4: July 24 - 28	Summer Adventures	5-12	Elmvale Arena	2493	\$145
			Midhurst Community Centre	2484	\$145
			Minesing Community Centre	2473	\$145
	Sports N' Sorts	8-12	Elmvale Arena	2499	\$165
	Science & Discovery	7-10	Minesing Community Centre	2479	\$165
Week 5: July 31 - August 4	Summer Adventures	5-12	Elmvale Community Centre	2494	\$145
			Midhurst Community Centre	2485	\$145
			Minesing Community Centre	2474	\$145
	Science & Discovery	7-10	Elmvale Arena	2500	\$165
Week 6: August 8 - 11 (4 day week)	Summer Adventures	5-12	Minesing Community Centre	2471	\$165
			Elmvale Arena	2491	\$116
			Midhurst Community Centre	2486	\$116
Week 7: August 14 - 18	Summer Adventures	5-12	Elmvale Arena	2495	\$145
			Midhurst Community Centre	2487	\$145
			Minesing Community Centre	2475	\$145
	Creation Station	5-7	Elmvale Arena	2503	\$165
Week 8: August 21 - 25	Summer Adventures	5-12	Science & Discovery	2478	\$165
			Minesing Community Centre	2476	\$145
			Elmvale Arena	2496	\$145
	Sports N' Sorts	8-12	Minesing Community Centre	2477	\$165
Week 9: August 28 - September 1	Summer Adventures	5-12	Elmvale Arena	2497	\$145

Upcoming Meetings

Council Meeting

Wednesday, April 5 at 6:30 p.m.

Springwater Library Board

Tuesday, April 11 at 7:00 p.m.

Virtual - for access, please email
info-library@springwater.ca

Council and Committee of Adjustment meetings are live streamed online at springwater.ca/Live. To view the meeting agendas, please visit: springwater.civicweb.net/Portal

Career Opportunities

The Township of Springwater is currently recruiting for the following positions:

By-law Enforcement Student

Closes: April 4, 2023

Parks and Facilities Operator II

Closes: April 4, 2023

Junior Planner

Closes: April 6, 2023

GIS Coordinator

Closes: April 10, 2023

For job descriptions and details please visit: www.springwater.ca/careers

Seasonal Load Restrictions

The reduced load period in Springwater starts March 1 and ends April 30. By-law 2009-079 restricts loads on most Township roads to 5 tonnes per axle. The restrictions help protect the structural integrity of the roads during the spring thaw.

For more information about the reduced load period, please contact our Roads & Fleet department at 705-728-4784 x2012 or roadsandfleet@springwater.ca.

Bid Opportunity

The Township is currently accepting bids for:

Fire Service Full-Sized SUV

(2023-16-FES)

Closes: April 3, 2023

Aggregate Crushing and Hauling

(2023-07-IOS)

Closes: April 4, 2023

Supply and Deliver 2 Five-Ton, Four-wheel Drive, Diesel Cab and Dump Body Trucks

(2023-13-IOS)

Closes: April 11, 2023

2022 State of Good Repair Roads Repair

(2023-17-IOS)

Closes: April 13, 2023

Supply and Deliver 1 Rubber-Wheeled Articulating Loader

(2023-14-IOS)

Closes: April 14, 2023

Rout and Seal Crack Sealing

(2023-08-IOS)

Closes: April 20, 2023

Supply & Deliver Liquid Sodium Brine

(2023-06-IOS)

Closes: April 20, 2023

For details and to submit a bid, visit:
springwater.bidsandtenders.ca

Interim Tax Bill Due Date

Please be reminded that the second installment of the interim tax bill is due on:

- Wednesday, April 19, 2023

For payment options please refer to your bill or visit springwater.ca/tax

Sale of Land by Public Tender

Please take notice that the Township of Springwater has the following property available for sale by public tender:

- 2500 Highway 26, Minesing**

For further information on the property or to learn about the tax sale process please visit springwater.ca/taxsale

2023 Spring Watermain Flushing Notice

The Ontario Clean Water Agency (OCWA) will be flushing watermain for the Township throughout April and May. It is very important to REDUCE water use from 8:00 a.m. to 4:00 p.m. on the dates listed below so that OCWA can effectively complete the maintenance.

April 17 – April 21	Elmvale & Hillsdale
April 24 – April 28	Anten Mills, Phelpston, Del Trend (includes Carson Road, Glen Huron Drive, Paddy Dunn's Circle, Anthony Court, Deluca Court, Kanata Court, Channen Court and Wendat Trail)
May 1 – May 5	Midhurst & Minesing
May 8 – May 12	Snow Valley (includes Highlands, Lowlands and Centre Vespra)
May 9	SWABBING - Vespra Downs*

*For areas being swabbed, we ask that residents STOP using water during these hours.

During or after this flushing period, you may experience discoloured water and/or low water pressure. For more information, visit springwater.ca/Water

Elmvale BIA

Are you an Elmvale Business Owner? Get involved with the Elmvale Business Improvement Area (BIA) and work with your neighbours to support business growth and development.

Join the BIA at the next meeting taking place on April 20 at 6:00 p.m. in the Elmvale Library.

The BIA is currently seeking a Secretary to join the Board of Directors. For more information contact info@elmvalebia.ca.



» **Thursday, June 22, 2023**

» **Springwater Golf Course**

Get registration information and sponsorship opportunities online at: springwater.ca/SpringwaterSwing

Elmvale Coyotes Have A lot To Celebrate!



Mar. 26, 2023 - The Elmvale Coyotes U9LL2 team has a lot to celebrate this season. After honing their skills on half ice for the first portion of the season, the team hit full ice ready to win. And win they did! The team finished the season with an impressive 14-2-1 record.

This dominant record came thanks to the grit and determination of Blake Sickie (#11) and Colby Dobson (#12), the defensive play of Sawyer Trace (#2), Mason MaGee (#3), Jace Strong (#7), and Lincoln Loughed (#9), the scoring prowess of Tyler Nauffts (#5), Owen Maxwell (#8), Logan Phillips (#14), Brooklyn Sharpe (#15), and Easton McGill (#17), and the consistency of Marshall Bates (#4) between the pipes. Together, the team won the Coyote Cup and the Danny Wood Memorial Tournaments. The team was also the proud home of the leading scorer in the Georgian Bay Triangle.

The players would like to not only thank their parents for supporting them, but also the siblings who came to cheer them on every week: Madi, Ethan, Lexus, Chase, Carter, Olivia, and Harper.

Of course all of the progress and wins would not have been possible without the dedication of our amazing coaching staff: Scott McGill (Head Coach), Bruce Timleck (Assistant Coach), Tiffany Maxwell (Trainer), Shane Sharpe (Trainer), and Jesse Loughed. Last, but certainly not least, all of the fun and development would not have been possible without our wonderful sponsor, Teleequip Wireless.

Thanks for a memorable season.
Way to go Coyotes!
Submitted by Dara Beacock

Lynn-Stone Funeral Home U11 LL1 Advance in Play-off Action



Mar. 18, 2023 - By Jenn Morrow

Lynn-Stone Funeral Home U 11's have had a busy month of round robin play-off hockey. The team have come up against tough opponents from Coldwater, Shelburne Penetang, Osprey and Georgian Shores, with many of the games being hard fought battles, with parents cheering on the edge of their seats. The team's hard work and perseverance have paid off, with the group advancing to the next round of play, sitting in first place in their tier! Way to go Coyotes!

The team also has one more tournament where they will represent Elmvale in Simcoe, ON in mid March. Team members include Ben Kuypers, Ray Duckett, Nick Haw, Ellie Kenney, Addilyn Kitchen, Madden Sjerps, Wesley Carney, Seamus Wickstead, Jaiden Burke, Charlie Coughlin, Wyatt Murphy, Mason Gould, and Jacob Allegranza.

A big thank you to Lynn-Stone Funeral Home for sponsoring the team and making this season possible.

Elmvale John St. Road Hockey



Apr. 25, 2023 - Ball Hockey gets played annually for a group of men. As kids they learned to play the sport on the streets of our local towns, with little adult supervision to speak of. They had fun together and took care of each other with the knowing call of "CAR!". Now for around sixteen years, the Construction Workers have played against the Auto Workers in a fun event that all players look forward to. The fun tournament started out in the arena parking lot in 2008.

On April 25, 2023, Ed Valendar (Shown in photo on left) of Elmvale hosted the ball hockey tournament, as he has for a quite a few years now. Eddie has collected funds for the food bank, generously given by the players. It is estimated that over \$500 has been raised throughout recent years.

By Linda Belcourt, editor



The Ball Hocket Trophy 2008 to 2023



Have your say
in protecting
drinking water

Public Consultation on the Amended South Georgian Bay Lake Simcoe Source Protection Assessment Reports

You are invited to view and provide written comments on the proposed amendments to the South Georgian Bay Lake Simcoe Source Protection Assessment Reports. Documents can be found on the internet at:

<https://www.nvca.on.ca/Pages/Drinking-Water-Source-Protection.aspx>

The proposed amendments are in response to an **additional new well as part of the Craighurst drinking water system within the Township of Oro-Medonte**. Existing source protection plan policies, previously approved by the Minister, are not changing and will simply be extended to these new locations with the wellhead protection areas.

Comments on the proposed amendments must be submitted in writing by April 19th, 2023 to:
Sarah Thompson, Acting Source Water Coordinator

Email: sthompson@nvca.on.ca
Mail: Nottawasaga Valley Conservation Authority
8195 8th Line, Utopia, ON
L0M 1T0
705-424-1479

CHECKING IN@PPL

News & Events at the Penetanguishene Public Library

PPL

24 Simcoe Street 705-549-7164
www.penetanguishene.library.on.ca

PD Programs are here!

Coffee with a Cop

Stay informed on current topics with our Police Constable. Join us once a month for coffee with a cop! Our next session will be held on Wednesday, March 29th from 10:00-11:00 am. The subject to be discussed is scam and fraud alert.

Pop-Up Covid-19 Vaccine Clinic

The library is hosting a pop-up Covid-19 Vaccine Clinic from 9:30-3:30 on Thursday, March 30th. No appointment necessary. Drop by with your Health Card. For ages 6 months and up.

Easter Egg Hunt

Back again this year is our popular Easter Egg Hunt! Search the library for the precious eggs and get your photo with the Easter Bunny. This program takes place on Wednesday, April 1st. Three sessions are organized for various age groups.
Toddler – 4 years from 10:00 – 10:30am.
Ages 5-7 from 10:30-11:00am
Ages 8 and up from 11:00-11:30
Collect your eggs and meet the Easter Bunny! Cost: \$5.00 per participant. This program is sponsored by the Friends of the Library. Limit of 10 spots per age group. Register at the circulation desk with your library card. Good Luck!

Scrabble Tournament

Celebrate National Scrabble Day searching for words amongst friends. We provide the scrabble boards and scoring sheets. Participate in finding English words and Spanish words! Three time slots are reserved for your playing times on Thursday, April 13th at 10:00am, 2:00pm and 5:00pm. Please register with your library card to participate. Snacks will be provided. This program is free.

Book Club

If you're not a member already and want to join our Book Club, meetings are held the first Wednesday every month from 4:00-5:00pm to discuss the month's book. Sign up with your library card and start reading!

New @PPL
Coming soon!

National Superhero Day

Join us for a super party on Friday, April 28th, 2023 from 10:00am-12:00pm. All ages are welcome. Games prizes and snacks will be provided. Register with your library card. Dress as your favorite Superhero for the party! Free.

Heads up for Healthier Brains

The Alzheimer's Society will be offering another free program to anyone interested in learning how to keep their brain healthier and reducing the risk of Dementia. Healthier brains include information on Dementia vs normal aging. This program will be held on Wednesdays, from June 7-28 from 1:00-3:00pm. Do not need a library card to register. Refreshments will be served. Contact the library to register in advance.

Construction at the library!

The library will have some construction work done from March 27th to June 1st, 2023. The library will remain open and all programs will still be running. (Some service interruptions may occur. Keep posted via our social media pages).

Laughter, Inexpensive Medicine

Laughter seldom bestows its benefits on those that indulge in selfish ways;
It's more inclined to affect those relationships that brighten up our days.
Laughter comes easily to those folk that are bound by the ties of love;
It's fuelled by those that get their optimism from the One that is up above.

Laughter has been found to be a powerful antidote to conflict, stress and pain.
It can amplify the effects of other cures in putting your system into balance again.
Not only does laughter lighten your burdens, it's a lifeline that connects us to others;
It helps you dissolve your anger and be more forgiving of your brothers.

When laughter is spontaneous it helps us restore our emotional state;
This bond that enhances relationships is often the attraction for a mate.
And it's hard to overlook the health benefits of laughter in stressful times like these.
Medical scientists suggest that laughter increases the cancer-fighting antibodies that help attack disease.

Laughter releases endorphins, the do-good chemicals that help sustain
A feeling of well being, and they even temporarily relieve some pain.
Laughter changes attitudes, moving us to leave anger and anxiety behind:
It's like a powerful drug that helps to sweep bitterness and resentment from the mind.

Those who see laughter as a medicine should enjoy the statement that comes next;
Not only does laughter act as a tranquilizer, but it has no upsetting side effects.

From the Small Town Philosopher's Medicine Cabinet, George Allen

Annual Spring Tonic
Maple Syrup Festival

UTOPIA, Ontario (March 16, 2023) – The annual Spring Tonic Maple Syrup Festival continues to offer a wide range of family friendly activities on April 1 & 2. This year, visitors can enjoy new activities and long-time favorites including animal exhibits with Scales Nature Park and Zoo to You, dog demonstrations by Red Barn Event Centre.

Admission also includes a full pancake and sausage breakfast with fresh maple syrup, as well as activities including interaction with exotic animals, firefighters, paramedics, horse drawn wagon rides, live music by Rob Watts, outdoor skills demonstrations by the Cadets and much more!
“We start preparations well in advance with volunteers tapping trees, collecting sap and producing maple syrup for the event,” said Kyra Howes, Manager of Lands and Operations at the Nottawasaga Valley Conservation Authority. “Families can learn how maple syrup is produced today and in the past, as well as engage in a variety of activities to kick off the Spring season. Tiffin’s very own maple syrup will also be for sale in limited quantities.”
The festival is jointly hosted by NVCA and the Rotary Club of Barrie. Volunteers from the Rotary Club generously donate their time to organize Spring Tonic and manage different stations during the event. “All proceeds from the festival go back to the

1	2	3		4	5	6	7		8	9	10
11				12					13		
14				15					16		
17			18				19	20			
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48				49					50		
51				52					53		

Across

- 1 Restorative resort
- 4 Jacuzzi session
- 8 Toothed tool
- 11 Science workroom
- 12 Juice-blend flavor
- 13 Six less four
- 14 Munched on
- 15 “Hard ___!” (helmsman’s cry)
- 16 Bugling beast
- 17 African grassland
- 19 “I’ll never do it again,” e.g.
- 21 Snakelike fishes
- 24 Prefix for graph
- 27 Morning moisture
- 30 Stage device
- 31 Waikiki locale
- 32 Heated house for newborn chicks
- 34 Cousin of a gator
- 35 Potato protuberances
- 36 Sound of dismay
- 38 Postpone, as enrollment
- 42 Boost, with “up”
- 44 Key, for example
- 47 Segment of history
- 48 Ripen, say
- 49 Be overrun (with)
- 50 Dinosaur-to-be
- 51 Word between “here” and “there”
- 52 Maori dance
- 53 Spanish couple?

Down

- 1 Serbian, e.g.
- 2 ___ de foie gras
- 3 Brother from way back
- 4 Peggy Fleming, e.g.
- 5 Crude subject
- 6 Reverent wonder
- 7 Classic chicken recipe
- 8 Manor manager
- 9 Tool used for hand-punching
- 10 Oriental appliance
- 18 Emulate Holmes
- 20 Run against
- 22 Earring locale
- 23 Full of ginger
- 25 School of the future?
- 26 Diary abbr.
- 27 “What’s up, ___?”
- 28 “... silk purse out of a sow’s ___”
- 29 Which person
- 33 Swelling
- 37 ___ and kin
- 39 Graze, e.g.
- 40 Therefore
- 41 First these, then you get “to riches”
- 42 Did a 10K, say
- 43 Kind of trip for the conceited
- 45 Body of saltwater
- 46 Money in Albania

(continued Annual Spring Tonic Maple Syrup Festival)

community and helps maintain Tiffin Conservation Area,” said John O-Brien, Chairperson of the Spring Tonic Maple Syrup Festival at the Rotary Club of Barrie. “Some of this funding goes towards the Royal Victoria Hospital, Salvation Amy, affordable housing and many other community enhancement projects throughout Simcoe County.”
The Spring Tonic Maple Syrup Festival is held at the Tiffin Conservation Area, 10 minutes from Barrie, Angus and Innisfil, and only 1 hour north of the Greater Toronto Area. Admission to the festival is \$20 for adults, \$15 for children between 2-12 and free for children 2 and under. Admission includes all activities, except for bird box building and horse-drawn wagon rides.

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SPIRITUAL and MENTAL HEALTH

ANNIE'S JOURNAL

by Annie Warner Donnelly



Mar. 26, 2023 - Have we learned how to recognize God's provision in our lives? What will we do to create a visual reminder of how far the Lord has led us? How will we keep fresh in our memory all the tender mercies God has shown us? All the times He's answered our prayers? All the times He didn't answer our prayers but gave us something better?

Do we have a way to capture all He's done for us? Perhaps keeping a journal will become part of our Biblical Framework.

Do we have a special space in our homes to spend a quiet time with the Lord? A space where we can pray together as a family? A place to begin the day by praising God, praying for others, asking Him for wisdom and discernment as we think about the events our day will hold? A place to review the day and thank God for bringing us through it?

Deuteronomy 6:4-9 encourages us: "Hear, O Israel: the Lord our God, the Lord is one! You shall love the Lord your God with all your heart, with all your soul, and with all your strength. And these words which I command you today shall be in your heart. You shall teach them diligently to your children and shall talk of them when you sit in your house, when you walk by the way, when you lie down, and when you rise up. You shall bind them on your hand, and they shall be as frontlets between your eyes. You shall write them on the doorposts of your house and on your gates."

We can see from this passage that loving God is not an afterthought at the end of our day. Loving God is a fulltime relationship.

The strife in our world and for some, the strife in our homes, may blur our vision of what long-term intentional love looks like in the present moment, but God's words in Jeremiah 29:11-14 share some of what it means to be loved by God: "For I know the thoughts that I think toward you," says the Lord, "thoughts of peace and not of evil, to give you a future and a hope. Then you will call upon Me and go and pray to Me and I will listen to you. And you will seek Me and find Me when you search for Me with all your heart. I will be found by you," says the Lord."

Let's hold these everlasting words in our hearts and make them a part of our Biblical Framework. Let's study God's promises. Let's listen for them in the quiet of the night, and in the busyness of the day. Let's share them with others. In all things, may it be God's words that sustain us. May His presence in our lives comfort us and strengthen us as we move through all that is before us.

I began to build my Biblical Framework in 2002. It continues to sustain me. May you build a Biblical Framework that sustains you too! Amen.

Wyevale Girls Baseball Team

Photo above is the girls Baseball Team from Wyevale back in the 1980's .



Rosie's Devotions

by Rosemary Hagedorn

The Broken Rabbit

Mar. 22, 2023 - The day was sunny and warm, and because I have big picture windows in the apartment, the sun warmed up my living room quite nicely and also showed me the dust bunnies that had accumulated on my end tables, my coffee table, and my laminate floor.

I decided to sweep and dust. As I was dusting one of the end tables, I accidentally knocked over a small ceramic bunny that I had purchased at the dollar store a few years before for display at Easter.

So, there it lay on the floor, its two ears broken off and the body smashed to bits. As I got the broom and dustpan to sweep up the pieces, I thought about Easter, what it means, and what was done for us.

For a Christian, Easter is not about bunnies, chocolate Easter eggs, or coloured eggs, Easter is about the resurrection of Jesus, and the promise of a new birth and everlasting life. The broken bunny on the floor reminded me that Jesus' body was broken for us by dying on a cross to pay for our sins. Then, He rose in victory over death so that those who trust in Him may have eternal life. All we need to do is to accept this and believe.

Galatians 2:20- I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me. (NIV)

If Jesus gave up so much for us, what can we do for Him so that His sacrifice is not in vain?

Prayer: Thank You, God, for sacrificing Your Son Jesus to die on a cross for us. Help us to become the children who we are meant to be. Amen

NEWS FROM THE WYEVALE COMMUNITY

Submitted by Karen Moreau

Mar. 26, 2023 - Greetings from Wyevale. Well another two weeks has gone by. They say the older you get the faster time goes. Well it is true. Spring is in the air. Although you never can tell what kind of weather we are going to get but it is officially Spring.

Later last week in the evening we were blessed to be able to see the Northern Lights. What a treat it was to watch them. Absolutely stunning.

News from Wyevale United Church:

The first of the month @ the Wyevale Church we ask people to bring Food for the Food Bank. If you wish to donate please call the church if interested in donating food. They ask for pop open cans. This makes it easier for people who do not have a place to go to. Thank you.

Wyevale Book Clubs next meeting will be held in the basement of the Church at 2:00 p.m. Watch for the next date for the Book Club meeting and please come and see what it is all about. All are welcome.

Wyevale Youth Group next meeting will be held in the basement of the Church on March 31st @ 7:00 p.m. If you require further info please contact Pat Smith.

Bible Study on Wednesday Nights at 7.00 p.m. All are welcome to join us. Bring your own Bible.

Wyevale United Church Easter Services

April 7th 2023 Good Friday service @3 pm

April 9th 2023 Easter Sunday @ 10 am

SYMPATHY

We extend our sincere Sympathy to the Lancia & family from Perkinsfield on the passing of Liesja Lancia beloved wife Anthony Lancia (Tony).

Also Sympathy is extend to the Stott family from Wyevale on the passing of Marion Stott wife of the late George Stott.

Wyevale Parks and Recreation Report.

Wyevale Recreation will be starting a fund raiser for new baseball lights in the Wyevale Park. Watch for further information on how you as a community can help with this project.

Baseball Season is approaching. It's time to register for the season.

Registration is completed online. <https://wyevaleminorsoftball.com/> Contact Deanna at wyevalebaseball@rogers.com for additional information.

BIRTHDAYS FOR THE SECOND PART OF APRIL

Sara Blow, Parker Sneddon, Ross Hastings, Peggy French, Rob Rawn, Rhonda VanDerVoort, Gillian Reynolds, Ross Wentzell, Peter Jones, Jaden Truax, Micheal Webb,

Ask a Therapist: On Mental Rest

March 27, 2023

Q: I can't seem to settle my mind: I am forgetful, scattered, have difficulty making decisions, and I think about things over and over in my head! How can I get my mind to stop racing?

A: More and more of our therapy clients report that they cannot get their minds to settle down or stop thinking. They often feel distressed by intrusive thoughts or repeating thoughts and it is hard to cultivate a peaceful mind. They feel distracted or confused and can't seem to get the clarity they need for themselves in terms of their thinking patterns or their direction in life and relationships.

Sometimes this mental stress can be related to common cognitive distortions but sometimes it is simply that your mind is tired and it needs to rest. (For more information about cognitive distortions from our previous series visit our blog on CoveyWellnessCentre.com) We expect a lot from our minds and we can easily overload them with work projects, financial worries, relationship challenges, personal difficulties, care for loved ones, schedule management, and the myriad of decisions that need to be made each day. It's no surprise that many people feel that they are just on a hamster wheel making no progress when it comes to their mental health. Mental fatigue can be the result of many things but certainly it can be a symptom of simply having too many thoughts to sort through and not enough time or support to do so. Many people feel stuck mentally and long for something to change.

In her book, Sacred Rest, Dr. Sandra Dalton-Smith describes mental rest as a place where you sense mental peace and quiet and you don't have thoughts jumping around. When we are mentally well-rested we can process effectively and make clear decisions. We can know and understand what we think and form our opinions and next steps. We feel calm and collected and we are able to reflect effectively and respond from a sound mind. We can feel safe and able to simply be without thinking.

There are many tools that can be used to help the mind get the rest that it needs. Among the most popular are breathwork, psychotherapy, journaling, time in nature, and meditation (often in the form of mindfulness or prayer). There are several specific strategies within those categories that therapists employ to empower clients to take care of their mental health and there is a growing number of resources online and via apps to help cultivate an experience of greater mental calm.

Mental overload IS exhausting so don't hesitate to reach out for help if you are finding it difficult to settle and collect your thoughts or to have moments of mental rest in your day. Talk about your struggles with a trusted friend and/or begin to explore some research around mindfulness or breathing techniques. Reach out to a mental health professional who is trained to help you address this mental fatigue and to guide you to a renewed sense of peace and clarity. Don't underestimate the importance of a well-rested mind. Just like a well-rested body is directly connected to our overall well being, the health of our minds impacts all aspects of our lives.

Covey Wellness Centre is a local spot for all your mental health and wellness needs. We are a team of multi-disciplinary psychotherapists working out of our beautiful and serene space at B-12 Stone Street. Please visit CoveyWellnessCentre.com and submit the form on our Contact page to book an appointment or to inquire about our products and services or drop by for a visit! Follow us on social media @coveywellnesscentre, SUBSCRIBE TO OUR NEW PODCAST, and download and follow at Eventbrite for the latest updates and event tickets! We can't wait to welcome you to CWC for all your RESTorative self-care needs! Submitted by Sarah Covey.

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Barrie area Member of Parliament Recognizes Contributors to Annual Calendar



Photo above (L-R): Connie Smith, Susan Young, Cathy Volpé, Sheila Romard, Doug Shipley, Deb Grisé and Sheila Craig

Mar. 16th, 2023 - Springwater – Oro-Medonte MP Doug Shipley hosted a reception to acknowledge residents who contributed to his 2023 annual calendar. In 2022 residents of Barrie – Springwater – Oro-Medonte were encouraged to share their original artwork including paintings, sketches, and photographs, that captured the mood and beauty of our region, for consideration in the 2023 annual calendar. Successful submissions were showcased, month by month, in the annual calendar which is delivered to thousands of residents in Barrie –

Springwater – Oro-Medonte. On Wednesday March 15th MP Shipley hosted an intimate reception for contributors and their guests to celebrate the local talent that was showcased in the 2023 calendar. Thank you to the following people who contributed their original photographs and paintings for the 2023 calendar: Glenn LaMarche, Deb Grise, Sheila Romard, Margaret Ferraro, Julia Dezoete, Connie Smith, Susan Young, Cathy Volpe, Kelly Vaillancourt, Vicki Nicholls, Sheila Craig, Brigitte Rugman and Lynda Rotonen. “Encouraging submissions from local professional or amateur artists provided a great opportunity to showcase the raw beauty that can be found in every corner of our region,” said MP Doug Shipley. “Each year I hear from residents who rely on this calendar to record appointments, meetings, and important dates. My staff and I have received many compliments on the 2023 calendar and the pictures and paintings that are featured each month.” Contributors were honoured at an intimate reception, hosted at the MacLaren Art Centre, Wednesday March 15th. With such a successful outcome for the 2023 calendar MP Shipley and his team are accepting submissions for the upcoming 2024 calendar and encourage residents to contribute their photos, paintings and sketches featuring Barrie – Springwater – Oro-Medonte.

Hidden Sweet Gems by Leslie Gowen

Mar. 29, 2023 - When daytime temperatures reach above 0 degrees celsius and the nighttime remains freezing, the sap starts to flow. Simcoe County has a very rich tradition of maple syrup making and this year farmers were able to get an early start. Dotted across the county maple syrup production sites, some with their very own sugar shacks, abound. These spots make for a wonderful family outing that all sweet tooths in the family are sure to enjoy.

The Sugar Shack at Backwoods Maple Syrup in Coldwater is open for drop-in visitors Saturdays and Sundays from 10 am to 4 pm. Come by and check out their new equipment. Amber and Dark syrup are now available. Breedon's Maple Syrup in Alliston offers tours until Mid April on Saturdays and Sundays from 11 am until 3 pm which include demonstrations of sap collection, boiling/evaporation, filtration, grading, bottling and packaging. Syrup can be bought on site. Camphill Maple Syrup prides itself on their commitment to using traditional tap and bucket methods and to employing adults who have intellectual disabilities to produce and sell their products. Lalonde's Maple Syrup has been a family tradition since 1958. Don't miss their sugar bush tour. Windlee Farms located in Tiny Township also offers tours and is a local family owned and operated business. Shaw's Maple syrup in Oro-Medonte is yet another family owned and operated business that has a history dating back over 100 years. Tours via a horse pulled wagon and a chance to view the process and the equipment are also possible. Be sure to try



some of their french toast and big fluffy pancakes loaded down with some Shaw's syrup before you leave. The above mentioned locales are just some of the wonderful spots to explore and enjoy everything maple in Simcoe County. There is always more to discover in Simcoe County so do your own research to uncover even more sweet gems.

Maple infused foods have also become very popular for the sugar seeking foodie crowd and Simcoe County does not disappoint. Copperpot Nuts has become wildly popular in recent years. Made with backwoods maple syrup from Coldwater, two varieties are currently available: peanut and pecan. Survey says, “Delicious!” Everything Maple and



More can be found in Waubaushene and offers gourmet maple products that include traditional maple syrup and maple butter, salad dressings, jams/jellies, BBQ sauces, mustards, horseradish, dessert topping and candy.

Georgian Bakery in Midland offers a selection of products made with Windlee Farms maple syrup. Hot Stacks of Cookstown features Breedon's Maple Syrup while Pier One Restaurant in Lagoon City uses Harrington's Maple Syrup to sweeten the meal.

Lastly, don't forget to check out one of the largest one day Maple Syrup Festivals in Ontario coming up



on Saturday April 29th from 8 am until 4 pm. The 55th Elmvale Maple Syrup Festival will feature a Pancake House, Live Entertainment, a variety of Arts and Crafts and over 200 Street Vendors. Be sure to mark the date to end April on a super sweet note.

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AND SUNNY SPRING SEASON!

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BARRIE-SPRINGWATER-ORO-MEDONTE
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Spring is in the air!

Mar. 23, 2023 - We have finally welcomed the first day of spring. Though it does not bring an immediate change to our weather it does serve as a great reminder that warm and sunny days are coming our way. It seems that many of us may have grown weary of the damp, cloudy and grey days of late winter.

I was reviewing my calendar and looking at some upcoming events and I could not help but notice that April 1st, aka April Fools Day, falls on a Saturday. I will certainly have to be cautious when I am making stops in the riding that day in case I cross paths with a prankster. Thinking about April Fool's Day led me to a bit of research on the origins. I read that there is speculation that April Fools Day is tied to the first day of spring when Mother Nature fools' people with changing and unpredictable weather. And we all know that weather in April is unpredictable!

Whatever the weather brings I am looking forward to a packed schedule of weekend events around Springwater in April.

Some of my staff and I have booked an appointment to donate to Canadian Blood Services at the Elmvale Community Centre on April 8th. You can make an appointment to make your own lifesaving donation by visiting blood.ca or calling 1-888-236-6283.

I am counting down the days until the Elmvale Maple Syrup Festival. I am so excited to see this event return and to participate in the famous log sawing competition. I hope to see many of you enjoying the tasty treats and the fun and games on Saturday April 29th. Let me know if you have a winning strategy for the log sawing competition that you would like to share.

Whatever events may be taking place in the community my staff and I are always on hand to assist you with any federal matters or to hear your comments and feedback. Please contact us by emailing Doug.Shipley@parl.gc.ca or calling 705-728-2596.

Sincerely,
Doug Shipley
Member of Parliament
Barrie – Springwater – Oro-Medonte

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HEY DADS!

Mar. 6, 2023 - Have you spent any time driving around in a foreign country? The rules aren't the same, are they? Have you driven on the wrong, ahem, other side of the road in England? Have you driven through the dusty trails on an African safari? I've never done it but I've heard rumors that you can just fly down the Autobahn in Germany and there's not actually a speed limit! Can anyone verify that one?

I don't think I've ever actually driven in other countries besides the United States. I've visited a few far-off places but I'm not usually the one responsible for avoiding potholes and ostriches and motorcycle (moto) drivers and cube vans and bicycles and Volkswagen Beetles and dump trucks. My kids were pretty interested in watching the roads when we arrived in the Dominican Republic last week and picked up our rental van.

So far the most people we've seen on a moto is five. Friends have suggested that six or seven may be the record but we haven't seen that yet. We have seen guys on those bikes carrying their helmets (that's right. Carrying them in their hands), 16-foot long bundles of PVC pipe, 2X6 boards, lots of propane tanks, 50-gallon drums and at least one fridge. I'm trying to figure out the licensing system...if there is one. Most have license plates. Some don't. Most cars have bumpers. Some don't. Most trucks have hoods. Some don't. The hundreds of ATVs on the road are usually in great shape.



Honestly though, I love driving here. Not sure what the speed limits are. Not sure what the rules of the road are. Not sure there are many of those. Tons of fun on the roads winding down the mountains. A van full of luggage, six months of homeschooling books and 11 people wasn't as fun (or fast) getting up those same mountain roads. For the first time in my life I had to drop a van into low gear and smash that pedal to the floor. It felt manly.

It seems the main rule of the road is that if there's enough room to squeeze past, through or around the guy in front of you then go for it. If there's not enough room ...then go for it. As long as you tap a friendly Road Runner-esque "beep-beep" on the horn when you sail by. If it works.

Yes. Lots more horns around here. At first, I thought everyone was angry at me. In the Greater Barrie Area I only ever hear horns while simultaneously seeing red faces and angry one-fingered gestures waving out windows. You can ask my patient wife to confirm that this rarely happens. Right. But in the DR most moto drivers just give a friendly "beep-beep" as they max out the throttle and fly past your side view mirror with millimeters to spare. I guess a beep is better than a bang. Especially if you're the guy on the moto. So now I'm used to the honking and have even done it myself a time or two when I'm hammering the 'ol rental van past a dump truck full of bricks or mattresses or people.

So dad wherever you're driving today be sure to obey whatever rules are locally mostly followed. You don't want your kids to have to bail you out of jail. That's no fun at all. Time flies! Make every moment count!

By Jason Weening. Jason Weening is trying not to crash his rental van full of nine kids and one patient wife while living in the DR for six months. More adventures at heydads.ca.



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CloudLibrary Coming Soon!

On April 1, 2023, Springwater Public Library will switch eBook platforms from Overdrive and Libby to cloudLibrary. With the cloudLibrary platform, we are thrilled to be able to offer you more content with better features on this new, easy-to-use platform. Starting April 1, 2023 you can download the cloudLibrary app to start reading or listening! Here are some important dates to keep in mind as these changes take place: March 20, 2023 is the last day to place a hold in Overdrive/Libby. April 2, 2023 is the last day to borrow in Overdrive/Libby (if it is downloaded to your device only. If it is on your shelf, it will be deleted). April 3, 2023 Overdrive/Libby will be shut down. April 2 - April 26, 2023 Transfer of content from Overdrive/Libby to cloudLibrary.

Smile Campaign

Our annual gathering of items for Moms is back again in partnership with the Elmvale Food Bank bringing smiles to our community! If you are able to donate the following to any Springwater library branch towards this wonderful project it would be greatly appreciated: journals/notebooks, decorative candles, hand cream, candy, gum, cool mugs. Donations will be accepted in the month of March. We thank you in advance for your help.

English as a Second Language

Come and join us weekly for a conversation group that will be working on English language basics. All languages are welcome! Meet new people, increase your fluency and vocabulary at Elmvale library Fridays at 1:30pm. Registration required.

Volunteer Income Tax Program

This program offers in person appointments, virtual service by phone or drop off of your paperwork. For in person appointments at the Elmvale Library - Call (705) 322-1482. Virtually by phone, call the Elmvale Library (705) 322-1482, and leave your contact information and a volunteer will connect with you via phone regarding your taxes. Drop off your tax

Craighurst Women's Institute

Mar. 27, 2023 - The Craighurst Women's Institute held their March meeting on the 21st, with the programme "Cooking with Farhad". Farhad Chikhliwala lives in Craighurst and is an excellent chef, and shared a Pulao, and a Dar (lentils) for us all to taste. Half the village was there - no I exaggerate - a quarter of the village maybe. Enough to give everyone a Persian/Parsi flavour. Farhad gave us a talk about the East, and his roots, and the ideas behind the Zoroastrian religion - summed up by the three pillars "Good thoughts, Good words, Good deeds".



After the food was all gone, and the visitors sent upstairs to gab (it was the men that got up and went out) Craighurst WI opened the meeting in the usual manner, with the Ode and Mary Stewart Collect. The Secretary read last month's minutes, and the Treasurer gave us the bank balance. On the agenda was Women's Day, this year at Rugby Hall, April 22. The President reported on the feedback she has had on the County's axing of the Museum Advisory Board. Symbolically it looks bad, since it

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Midhurst Branch: 705 737-5650
Minesing Branch: 705 722-6440
www.springwaterlibrary.on.ca
information, branch updates and our virtual programs. Programs and Videos on Facebook and YouTube (search Springwater Library)

documents, date of birth, contact information: name, address, phone and email address at the library. Please place all paperwork inside a sealed envelope labelled: INCOME TAXES. The tax brackets are as follows: Up to \$35,000 for one person, Up to \$45,000 for two persons, Up to \$50,000 for a family of four.

Easter Chick Craft

This drop in free craft, while supplies last, can be made in the library to take home! Midhurst Branch Monday April 3, 3:30pm or at Elmvale Branch Tuesday April 4, 4pm. Cost: Free. No registration required.

Vaccination Clinic

In partnership with the Simcoe Muskoka District Health Unit, Nurses will be at the Midhurst library on Tuesday April 4, 11:30am-3:30pm. Primary doses are available for eligible people aged 6 months+ and booster doses available for eligible people aged 5 years+. Appointments can be booked at: <https://covid-19.ontario.ca/book-vaccine> or by calling 1-833-943-3900. Walk ins are welcome while supplies last.

Sign Language with Babies

Ages 6-18 months are invited to join EarlyON for a special six week program every Wednesdays April 5 to May 10 at Elmvale Library, 1:30pm-3pm. This interactive program will teach new ways to learn and bond with your baby through singing and signing every day words, family signs and more! Pre-registration is required at earlyonsimcoenorth.ca. For questions you can call (705) 526-2456.

Homeschool Science Fair

All ages are welcome to this event! Display your science fair project and present it (this is optional). There is no specific criteria for your project. Thursday April 6, 1p-3pm at Minesing Branch. Registration is required.

Easter Hours

Please note all branches will be closed on Good Friday, April 7 and Easter Monday April 10.

Indoor Topiary

Create your own tabletop topiary from artificial materials to be enjoyed year-round. No watering required. Thursday April 13, 6:30pm at Minesing Branch or Monday April 24, 2pm at Elmvale Branch. Suggested donation \$10. Registration required.

Spring Craft

Make a creative beaded keychain at our drop in (no registration required) FREE program on Friday April 14 at Midhurst Branch. While supplies last.

Take and Make Craft

Kaitlyn's take and make at home craft this month is a pom pom chick available starting Thursday April 20, while supplies last.

was the W I that started the museum, and gave it to the county in 1956. The W I had a permanent seat on that Board. The membership across the County has weighed in, and is sceptical of the WI's new "role". More to come.

We then discussed the state of the Craighurst Sidewalk that borders 93 highway. Oro-Medonte asked us to "reach out" in December after plans had been made for "active transportation" In Craighurst. That term, gentle readers, really means "walking". If you've tried to walk from say Autopro to Loobies you'll know the meaning of the word "obstructed". And then there's the word "perilous" and the words "break your neck". Those terms don't go into Township Planning Documents. We would like the Oro-Medonte Councillors to come and walk around the village sidewalks with us, and then sit down to some brass tacks. Make some concrete plans. Take steps to improve the lot of Craighurst Pedestrians. CWI issues the challenge!

Last on the agenda was the Tweedsmuir History Curator asking each member to write her story of the Pandemic. People one hundred years from now will be interested to know how we did and what we did. 200 words or less was requested. Maybe we'll write a book. And then the gavel came down at 9 pm declaring the meeting adjourned.

The week previous Craighurst W I presented Bears/Books/Blankets to the Paramedic station in the village, to be given to children in distress at accident scenes. We are pictured doing that here in the News as well. By Craig Sheila

Update From Doug Downey MPP

Ontario Government and Ontario Association
of Optometrists Reach Historic Agreement

On Tuesday March 21, 2023, members of the Ontario Association of Optometrists (OAO) ratified a new four-year funding agreement with the Government of Ontario. The changes in this agreement are based on the best available clinical evidence and expert opinion for providing people appropriate eye care, as well as the expert advice the OAO provided over months of bilateral discussions with the Ministry of Health.

Beginning April 1, 2023, payments to optometrists will increase for some OHIP insured optometry services and for eye exams provided to social assistance recipients.

On September 1, 2023, changes included in the agreement will begin to help increase access to care for people with chronic diseases such as glaucoma and ocular complications due to diabetes. Seniors diagnosed with an eligible medical condition requiring ongoing monitoring will continue to receive an OHIP-insured annual eye exam as well as two follow-up minor assessments. Seniors who do not have an eligible medical condition, such as macular degeneration, glaucoma or diabetes, will continue to receive preventative eye care through an OHIP-insured eye exam every 18 months, as well as two additional follow-up minor assessments.

There are no changes under this agreement to the eligibility coverage for children or Ontarians receiving social assistance.

Changes for Seniors (65 or older) Effective September 1, 2023.**Annual Eye Exams**

Current: One exam every 12 months for all seniors aged 65 years or older.

Change: Seniors with eligible medical conditions affecting their eyes such as macular degeneration, glaucoma or diabetes will continue to receive one exam every 12 months. Seniors without an eligible medical condition will receive one exam every 18 months.

Rationale: This change reflects consensus reached between the OAO and the Ministry of Health on an appropriate amount of OHIP coverage over this timeframe based on the best clinical evidence and prioritizes seniors with the highest needs. This change also aligns with other provinces, such as Manitoba and Nova Scotia, which insure eye exams every 24 months for healthy seniors.

Minor Follow-Up Assessments

Current: Seniors aged 65 and older are eligible to receive an unlimited number of minor follow-up assessments following the annual eye exam.

Change: Seniors with eligible medical conditions affecting their eyes can receive two minor follow-up assessment exams every 12 months following the annual eye exam. Seniors without an eligible medical condition can receive two minor follow-up assessment exams every 18 months following the annual eye exam.

Rationale: This change reflects consensus reached between the OAO and the Ministry of Health on an appropriate amount of OHIP coverage over this timeframe based on the best clinical evidence and prioritizes seniors with the highest needs. This change also aligns with Alberta, which has a limit of one minor assessment per 12-months unless there are special circumstances.

Changes to Coverage for Eligible Medical Conditions Effective September 1, 2023**Amblyopia and Strabismus**

Current: Adults aged 20 to 64 with amblyopia (lazy eye) and strabismus (misaligned eyes) are eligible to receive OHIP insured eye exams.

Change: Adults aged 20 to 64 who have sudden onset of strabismus will continue to be insured. Monitoring children with these conditions will continue to be insured. Adults aged 20 to 64 with

either of these conditions will continue to be able to seek medical care from a primary care provider in response to any complications or acute concerns.

Rationale: Clinical evidence demonstrates that monitoring these conditions is most effective in early childhood when the eye has not yet stabilized and when treatment can have an impact. This change also aligns with other provinces, including Manitoba, Quebec, Nova Scotia and Saskatchewan.

Diabetes

Current: Documented history of diabetes is required in order to be eligible to receive an insured eye exam.

Change: Optometrists can clinically assess and verify whether a patient has diabetes in order to receive an insured eye exam.

Rationale: This change empowers optometrists to clinically assess their patients and is informed by expert advice from the OAO to help ensure care is available to those that need it most. This is consistent with all other provinces that cover these services.

Cataracts

Current: Eye exams are insured by OHIP for people with cataracts, even when they do not experience decreased vision that impacts their daily life.

Change: Eye exams will continue to be insured for adults with cataracts that have clinically significant decreased vision that impacts their daily life, or when a surgery referral is made.

Rationale: For many people, cataracts are caused by normal changes in their eyes as they age and go unnoticed. Clinical evidence demonstrates that monitoring patients who do not experience clinically significant decreased visual quality or require surgical treatment does not lead to improved health outcomes.

Uveitis

Current: Only people with uveitis (inflammation inside your eye) that is reoccurring receive an insured eye exam, regardless if it is currently inflamed or not.

Change: OHIP will insure an eye exam for any person if uveitis is currently inflamed (whether it is reoccurring or not).

Rationale: This change is informed by clinical evidence and expert advice from the OAO that identifying and treating uveitis when it is active is the most effective way of treating the condition. Monitoring of this condition does not reduce the risk of reoccurrence.

Retinal Eye Disease, Corneal Disease and Optic Pathway Disease

Current: People with these conditions, regardless of it being active or not, are eligible for an insured eye exam at any time.

Change: People with active cases of these conditions will be insured under OHIP.

Rationale: This change is informed by clinical evidence and expert advice that monitoring conditions does not reduce the risk of reoccurrence once these conditions have stabilized, become inactive or no longer require treatment.

Visual Field Assessments

Current: Visual field assessments, which are tests to measure the extent of what the eye sees in any direction without movement, are available to all OHIP patients even if they don't have a condition that would benefit from the test.

Change: People who benefit from this assessment, including those who are diagnosed with retinal disease, glaucoma, active optic pathway disease, acquired cranial nerve palsy causing strabismus, and those who require ocular drug toxicity screening, will be eligible for an OHIP-insured visual field assessment.

Rationale: This change is informed by expert advice from the OAO that there is no clinical need for people without these conditions to receive these tests.

Changes to Eye Exam Referral Forms Effective September 1, 2023

Current: People can obtain a referral letter from their primary care provider to receive an OHIP-insured eye exam from an optometrist.

Change: People with an eligible medical condition will be able to receive an insured eye exam from an optometrist without a referral letter.

Rationale: People with eligible medical conditions will continue to receive the appropriate level of OHIP insured care based on clinical evidence.

More information can be found at Ontario.ca



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Ontario Helping Low-Income Seniors

Government investing in the proposed
expansion of the GAINS program

March 24, 2023 from Ministry for Seniors and Accessibility TORONTO — Ontario is supporting low-income seniors by proposing to expand the Guaranteed Annual Income System (GAINS) program to about 100,000 more seniors and indexing the program annually to inflation.

Announced as part of the 2023 Budget: Building a Strong Ontario, the proposed expanded GAINS program would begin in July 2024.

“Our government is working for the Ontario seniors who have built this province so they can live comfortably and with dignity,” said Peter Bethlenfalvy, Minister of Finance. “By expanding and annually indexing the GAINS program, we are providing financial support to more vulnerable low-income seniors and ensuring that when their costs rise due to inflation, our support also increases.”

The provincial government is also investing close to \$1 million over three years to expand the Seniors Safety Line. This province wide resource is available 24/7 to help seniors who are experiencing or at risk of elder abuse, by connecting them with trained counsellors who can support and assist them.

“Our government is working hard for Ontario’s seniors. They deserve to have steady and reliable programs, services and income supports now and into the future,” said Raymond Cho, Ontario Minister for Seniors and Accessibility. “Increasing our investment in the GAINS program helps our most vulnerable seniors. They deserve dignity and respect, and this shows that our government takes the wellbeing of seniors very seriously.”

In addition to providing support for seniors, the government’s plan is taking significant actions to Build Ontario by driving economic growth, attracting new jobs and investments, and getting key infrastructure projects built faster. By working for workers, keeping costs down, and providing better services, the government is building a strong Ontario that is working for seniors, families, and businesses.

Quick Facts

- As of January 2023, the Ontario government doubled the GAINS payment for all recipients for 12 months. This measure will increase the maximum GAINS payment to \$166 per month for single seniors, and to \$332 per month for couples – a maximum increase of almost \$1,000 per person in 2023.

- You must file a tax return each year to be eligible for the GAINS program, even if you do not have income to report.



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Residents are Thrilled to See New Welcome Sign



Mar. 21, 2023 - Members of Council met with the Elmvale District Lion’s Club members on March 21, 2023, to officially thank them for their generous \$20,000 donation to the new digital sign in Elmvale and to celebrate the sign becoming operational. The donation was provided to the Township in 2021 and was fundraised through various Lion’s Club initiatives. The remaining costs of the sign were

funded through a modernization grant received from the Province of Ontario. Thank you to the Township of Springwater staff, previous council and the Elmvale District Lion’s Club for their involvement. A sign use policy will be presented to council for review within the coming months. Submitted by Matt Garwood, Councillor Ward 1

Happy Naw-Rúz!



Mar. 26, 2023 - After a long 3 years of isolation and a learning curve of Zooming, the Bahá’i community of Tiny finally made the leap to an in-house celebration of their New Year with friends from Midland and Penetanguishene joining in for family, food and fun.

Bahá’is celebrate their New Year on the day of the spring equinox, March 20/21 following their 19-day fasting period. This is a season that all things become new.

Submitted by Darlene Paterson, Secretary, Spiritual Assembly of the Baha’is of Tiny

Bahā’is believe in the oneness of humanity and devote themselves to the abolition of racial, class, and religious prejudices. The great bulk of Bahā’í teachings is concerned with social ethics. The faith has no priesthood and does not observe ritual forms in its worship.*source: <https://www.britannica.com/topic/Bahai-Faith>*

Phelpston Roadhouse Donates to Phelpston CRA

March 19, 2023 - The annual Easter egg hunt is scheduled for Saturday, April 8th. The cost is \$5 per child. A very special thank you in advance to the Elmvale District Lion’s Club for partnering with the Phelpston CRA on this event. Pre-registration is required on the Phelpston Community Events & Recreation Information Facebook page. The maximum number of registrations being accepted is 65, all others interested will be placed on a wait list.

Thank you to The Phelpston Roadhouse & their customers for the generous donation of \$105.75 towards the Phelpston CRA.

The annual community clean up is scheduled for Saturday, April 22nd. Time & more details to be announced soon.

The next Phelpston CRA meeting is on Thursday, April 6th @ 7 pm and takes place at the rink building. All are welcome to attend. Items to be discussed: egg hunt, community clean up & more.

Written by: Taylor Kelly

Springwater News Found in Florida



Photo above: Melody and Larry Dennys with Springwater News, in Clearwater Beach, Florida during March Break.

Photo sent in by Larry on Mar. 26, 2023.

Wednesday Night Dart League



Photo above (L-R): 301 Champions: Murray Truax (team shirt sponsor Roto-Static Carpet and Upholstery Cleaning), Allie, Tim (3 Putt) Crowe, and Mark (Sparky) Columbus

Mar. 25, 2023 - This dart league just started last fall and had a very successful first year. It runs from Fall to Spring and everyone is invited to join whether you are a single, couple or team. Organizers Brian Belcourt and Rick Verhaegen ran the league out of the Elmvale Lions Hill. They wanted to start a community social get together and support the Elmvale Lions. Elmvale Lions have supplied the dart boards. Thank you Elmvale Lions for giving us a wonderful place to play darts. The large hall is great place for many functions. by Linda Belcourt, Editor

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A TINY SENIOR MOMENT

New Programs are “Springing” Up!

Mar. 24, 2023 - What a pleasure it is to write about spring! While I am one of those rare people who doesn't mind winter, I'm always glad to look at the calendar and see that Spring is just around the corner.

Many of us start to think about gardening as soon as the first Robin appears in their yard. Did you know that gardening can also help sustain our environment? Tiny township has been designated as a Bee City. The goal is to promote healthy, sustainable habitats and communities for pollinators. Pollinators are important because they move pollen from one plant to another. Plants need this process to survive. On an individual basis, you can help by creating a pollinator garden in your own backyard. For lots of suggestions on plants for such a garden, visit www.tiny.ca/environment.

The best news is that if you do not have the space for a garden at home, the Township of Tiny is offering garden plots at the Community Garden, located at Perkinsfield Park. The Community Garden is open from May 1st to October 31st. Each year gardeners pay an annual fee to the Municipality to register and rent a plot. The cost is \$25.00 plus HST. The garden creates a space for vegetables, flowers and herbs. Reservations to residents open at noon, on Monday, March 27, 2023. Non-resident reservations will open at noon, on Monday, April 10, 2023. Individuals can reserve a plot online at www.tiny.ca/gardens or by calling Grace Beaman at 705-526-4204 ex. 3.

If you feel you would like to become even more involved with this environmentally worthy endeavor,

the Township is actually looking for a volunteer Community Garden Coordinator to oversee the garden. You will assist with organizing volunteers and providing valuable advice to the gardeners. How exciting, a real chance to make a difference! To apply to the volunteer position visit www.tiny.ca/environment or contact Grace Beaman, Community Engagement Coordinator, at 705-526-4204 ext. 3 or gbeaman@tiny.ca. The deadline for application is April 14th.

Now, after all this gardening you are going to need to strengthen and stretch those well used muscles. I have discovered an amazing program offered by the Chigamik Centre. It is called, Choose to Move, and best of all it is free! At this point in time it is offered virtually. This one hour session is instructed by a physiotherapist and the emphasis is on gentle exercises that build strength and balance. There are also great stretches and breathing instructions incorporated in each class. If you are interested visit <https://www.chigamik.ca> under the programs section, or call 705-527-4154.

Spring also means thinking about taxes. Even though it would be nice to avoid this topic, we all know it's necessary to file our taxes on time. This year taxes are due on April 30th.

I mention this now as I wanted to remind you of the Seniors' Home Safety Tax Credit. You can claim up to \$10,000 in eligible expenses per year for a senior's principal residence in Ontario for the 2021 and 2022 tax years, for a maximum credit of \$2,500 per year. You can claim the credit on your Income Tax and Benefit Return. If you have questions about the credit, call 1-800-959-8281. This year, there

may be free tax clinics opening up again. Through the Community Volunteer Income Tax Program, community organizations host free tax clinics. For more information and updates check www.canada.ca.

Events and Programs

Communications:

The Township of Tiny has created Tiny Connect to help you and your family stay informed about Township matters, community events and possible emergency situations. You can self register for this by visiting Tiny.ca and click on the online services tab.

Support always available:

A free helpline that connects you to community and social services in your area, 24/7, 365 days a year, in over 150 languages – Dial 211.

Transportation:

Huron Seniors Volunteer Care Team, Wheels 4 Wheels, by phone at 705-526-5566 or email wheels4wheels@gmail.com. Clients must be wheelchair dependent.

TLC – Community Reach, serving residents of North Simcoe with limited income and older adults with limited supports. Contact by phone at 705-528-6999 or online at www.communityreach.ca/transportation.html.

Red Cross Simcoe Muskoka available to seniors 65+ facing barriers, contact by phone at 705-721-3313 x5274 or via their website at www.redcross.ca.

“I believe we should all pay our tax with a smile-I tried but they wanted cash instead.” Anonymous
Submitted by Jan Perrault, Township of Tiny,
Volunteer Writer-for Seniors everywhere

Elmvale Community Recreation Association



Elmvale Community Recreation Association Meeting

March 23rd, 2023 -The second meeting of the Elmvale CRA was held in the Springwater Room at the Elmvale Area on March 23rd. The meeting saw 25 residents attend, working towards setting the groups initiatives moving forward and discussing how the CRA can make a difference within our community.

The Elmvale CRA is open to all, our next meeting will be held Tuesday, April 11th at 7:00PM.

Elmvale CRA Executive:

Chair, Doug Tinney

Vice Chair, Mike Murphy

Treasurer, Lindsay Tinney

Secretary, Chantal Nelson-Hewitt

Member at Large 1, Malcolm Ross

Member at Large 2, Keriann Kenney

Council Representative, Matt Garwood

Photo on right shows some the Elmvale CRA attendees at the last meeting.



The Elmvale Business Improvement Area (BIA) is made up of commercial and industrial property owners who join together under a volunteer Board of Management to carry out improvements and promote economic development within the designated area.



We work in partnership with the community to enhance and promote business areas as safe, vibrant places to do business, unique destinations for tourists and focal points for neighborhood activity. Elmvale is a lifestyle choice – a place to live, work and play. Our residence and business owners not only stand together; but are incredibly passionate about their community.

After a few unprecedented years, it is now more important than ever, that we come together as a community and to relish in the many wonderful things our town has to offer. Please consider joining our next BIA meeting @ The Elmvale Library Thursday, April 20th @ 6pm The Elmvale BIA is also looking for members of our community to join the board. Together we can make a difference.

<https://www.elmvalebia.ca>

info@elmvalebia.ca



Not a Cloud In The Sky!



Photos taken in Midland by Kristina Kostuk on March 23, 2023 just outside of Penetanguishene around 10:40 to 11 pm



The Big Pull is Back



Mar. 27, 2023 - Submitted by Kate Harries - The Big Pull returns, Saturday April 8, from 10 to noon. Help your local wildlife area this Easter Saturday to be rid of invasive Garlic Mustard and protect the plant diversity of this internationally recognized Important Bird Area. All ages welcome! Make it a family event.

Tiny Marsh is a key stop-over and breeding habitat for migrating birds as well as the year-round home of many wonderful creatures such as Bald Eagles, Painted Turtles and Beaver.

Meet at the Interpretive Centre (500 Tiny-Flos Townline, off County Rd. 6). Wear long sleeves and pants, sturdy footwear, a hat and gloves. Bring a water bottle. A tool to lever out the root - a dandelion weeder or small trowel is helpful. Bring one or use one of ours.

Garlic Mustard is an invasive herb native to Europe. It was brought to North America in the early 1800s for use as a nutritious edible herb. Since its arrival in North America it has escaped into the wild and is now one of Ontario’s most aggressive forest invaders, crowding out native plants, including tree seedlings (the next generation for the forest) and woodland plants like Trillium and Trout Lily.

Garlic Mustard seeds are easily spread by people and animals. They can remain in the soil for up to 30 years and still be able to sprout. The plant's roots release chemicals that adversely affect the growth of other plants. The plant can grow in a wide range of sunny and fully shaded habitats. It does not provide a valuable food source or habitat for native wildlife.

For more information email info@mtmconservation.org or call 705-322-2545.

Tiny Marsh Waterfowl Viewing Day: Saturday April 15

The public is invited to this free annual family event, a great opportunity to find out what's going on the world of thousands of birds that traverse our continent twice a year.

In the morning, from 10 am to noon, expert guides will take groups out onto the dykes that transect the wetland to offer information and help in viewing migrating waterfowl. There will be workshops for kids at 10:30 am and 12:30 pm.

At 1pm in the Interpretive Centre, two-time World Champion Wood Carver and MTM Conservation director Wayne Simkin of Waverley will talk about his craft and have some of his award-winning carvings on display.

For more information go to www.mtmconservation.org

32nd Annual Sweetwater Harvest



By Linda Belcourt, Editor.

Friends of Wye Marsh and Sainte-Marie Among the Hurons held an awesome maple syrup experience this spring on March 18/19 & March 25/26, 2023 weekends. Around 1,700 visitors came out to enjoy the activities. This is a traditional event that normally only Wye Marsh Wildlife Centre has hosted. Sainte Marie Among the Hurons joined forces with the Wye Marsh to celebrate a uniquely Canadian tradition in a distinctively Canadian landscape.

Sweetwater is not your average maple syrup festival - it's been so much more since 1991! I, Linda Belcourt, took my grandchildren, Evelyn and Harrison with my husband, Brian to enjoy the birthplace of Sweetwater... and fall in love with our natural heritage all over again.!

We took a wander through the Sugar Bush and visited the Sugar Shack to see how sap is turned into liquid gold. The attention span of a 4 year old and 3 yrs old did not allow for the full demonstration but they got the idea of turning sap into syrup. If the weather permitted we could of warmed up by an open fire and roast some Bannock on a stick but the weather did not favour us. We did enjoy the company of the Trumpeter Swans that were huge in comparison to the youngsters I had in my sled. They were fascinated with the active mood that these beautiful creatures were displaying.

We saw the Birds of Prey up close and got to say hello to the owls, hawks and eagle. This was not so new to us as the grandchildren are very used to our own Harris Hawk at home. Many people were fascinated by these majestic birds.

Other things to do at this festival are to explore forested trails or head out on the boardwalk to see the marsh stir to life after a long winter’s nap.

We did make a stop by the Woodcarvers booth to make and take home a free craft. The three libraries of Penetanguishene, Tay and Midland volunteered at an indoor stations at the marsh. They had a button making station.

Outdoor programs at Wye Marsh were modified due to high winds on March 25 & 26. The bannock roasting was relocated to Sainte-Marie. Trails may be closed.

My weary gang did not make it to Sainte Marie but I hear it was great as well. There is always next year.

The Wye Marsh relies heavily on the great support of their volunteers. We all applaud their dedicated service of 600 hours that 50 volunteers accomplished that this event required. The work consisted of setting up the Sugar Shack and putting in the lines to washing volunteer aprons and greeting people on the front path.

Wye Marsh Wildlife Centre Needs Volunteers

If you want a rewarding experience while spending time in nature then this is the place for you. There are many positions to fill as Spring gets warmer. They need help indoors, outdoors and behind the scenes. I guarantee you that you will learn something new.

Contact: info@wyemarsh.com or call Heather at 705-526-7809 x 217 if you are interested in helping the marsh and doing something fun with other like minded people.



Canadian Blood Services

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Spring into action. Donate blood and save lives.

Spring is the season of new beginnings, and your blood donation could be a patient's new beginning.

Donate blood

Elmvale Community Centre
35 Queen Street, Elmvale
Saturday, April 8
9:30 a.m. to 2:30 p.m.



Join Canada's Lifeline.
Book now at blood.ca
For group bookings, contact:
courtney.thompson@blood.ca





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UNFUSSY UNSTUFFED PEPPERS

This simple take on traditional stuffed peppers is so quick and easy to prepare, that it will soon become a staple of mid-week dinners in your household. Pleasing both the vegetarian and the meat lover alike, unstuffed peppers can be made with or without meat. Ready in under 30 minutes, this recipe can also be made the day ahead and frozen for future meals. Comfort food that's healthy, fast to prepare and so delish. Two thumbs up!



INGREDIENTS

- 1 pound (454 grams) lean ground beef, plant-based ground meat or chopped portobello mushrooms
- ½ cup (125 ml) yellow or red onion
- 2 cups (500 ml) chopped green, red, yellow or orange bell pepper
- 1 ½ teaspoon minced garlic or ½ teaspoon (2.5 ml) garlic powder
- ½ teaspoon (2.5 ml) paprika (optional)
- 1 teaspoon (5 ml) Worcestershire sauce (optional)

Jo Knows Nutrition

- 1 teaspoon (5 ml) salt
- 2 cups (500 ml) homemade or store-bought tomato sauce
- 2 tablespoons (30 ml) tomato paste (optional-makes the dish more flavourful)
- 1 ½ cups (instant white or brown rice, uncooked)
- ¾ cup (188 ml) water
- 1/2 cup (125 ml) shredded Cheddar cheese or plant-based cheese

INSTRUCTIONS

1. Heat a large skillet over medium-high heat. If using beef, cook first and then drain the excess fat from the skillet. Note: plant-based meat or mushrooms can be cooked with the other ingredients and does not need to be drained.
 2. In the skillet combine the meat, mushrooms or plant-based meat, onion, bell pepper, garlic, paprika, Worcestershire sauce and salt and cook until vegetables are tender, stirring occasionally.
 3. Add tomato sauce, tomato paste, rice and water and stir to combine. Bring to a boil. Reduce heat and cover and simmer for 10 minutes or until the rice is tender.
 4. Remove from the heat and stir once more. Sprinkle with cheese and let stand for 2 minutes or until cheese melts before serving.
- Enjoy!

Joanne Nijhuis MSc, RD is a consulting, media and culinary dietitian in Simcoe Grey Bruce on a mission to entertain and educate through her love of food. In addition to recipe development and writing for several publications, Joanne offers cooking demos/classes and individual counselling – in person and online via Zoom Health. For more information, email Joanne at jo.knows.nutrition@outlook.com
www.joknowsnutrition.com Instagram: [jo_knows_nutrition](https://www.instagram.com/jo_knows_nutrition) Facebook: [jo_knows_nutrition](https://www.facebook.com/jo_knows_nutrition)

Did You Know?



Peppers are a good source of fibre and beta-carotene which promotes eye health. Surprisingly, a cup (250 ml) of chopped peppers contains more vitamin C than an orange. Did you know that green peppers are actually the un-ripened version of red, yellow or orange peppers? The bright red paprika used in this recipe is also very healthy for you as it contains capsaicin with impressive antioxidant properties.



Bearbells by Leslie Noonan



Mar. 27, 2023 - This is the time of year, when the temperature swings from warm enough to send trickles of thawing water down icy rivulets, and then back again to sub-zero temperatures with arctic winds, that can be a nightmare for hikers. The trails are either too wet and muddy, or too icy to safely navigate. Well, I have a trick for this, a secret, a way to navigate many trails without getting muddy or flailing through rotten snow and ice.



I arrived at the parking area for Wildman Forest just off concession 4 west of Wyevale and then onto the little used Wildman sideroad. I am intensely curious who this wild man is, that the forest is named for. After all, should I be concerned about some heavily bearded and loin clothed man jumping out from behind a tree? Hmmmm, maybe. Though to be honest, nowadays that really shouldn't surprise me. This is why I carry bear spray. Not for the random bear who is uninterested in me, but for the wildlife that runs around on two feet.

Just getting into the parking area can be a challenge,



as I am not sure who occasionally ploughs the area for parking. Today I made the decision to make a run at the snowbank to get in. I drive a small vehicle but tend to push its all-wheel drive to the limits. Granted, I loved the look that the guy in the jacked-up truck gave me when I ran at the snowbank, flew through the pile with snow flying high, and slid in behind him. That's right, my car is like me, small and squat and a bit aged, but never to be underestimated.

I spent the next two hours hiking from the Wildman Road then east towards Wyevale and back again. The day was warm with the spring sun, and I found myself removing my hat and mitts and opening my coat. This is why layers are so important in hiking. You want to be able to remove or add layers as the temperature changes. If you can tolerate wool, then this is the material you want to use. Unfortunately for me, I would swell up to look like a giant sheep if I tried to wear wool, so instead I use synthetic blends. I also ensure I always have a spare set of socks and mitts in this season, as it is very possible to step into a large puddle and end up with wet feet, or hands, or really any part of you. Those puddles are deviously deep sometimes. I strongly suggest hiking poles, as they can give you an idea about the depth of the bottomless pit you are trying to cross. This is an gentle hike with little elevation changes and an easily marked trail. A scrambling sound from a dead tree had me looking up and into the eyes of a racoon. With the longer days, the wildlife is reappearing. I indicated that I might let you in my secret for

navigating the trails in this intermittent season between ice and mud. This is when I thank the snowmobilers. The OFSC trails are generally packed hard and retain the snow layer later than the surrounding areas, making it easier to trek the trails and avoid the mud. The trails are rarely used by anyone else at this time of year, so I get my solitude as well. By next month these trails will be a muddy mess and I will change my location to high ground hiking, such as Horseshoe Valley. Another good alternative is the rail trails. The Tiny rail trail from Elmvale to Penetanguishene is almost completely clear of snow and ice, yet the paved Tay trail is still deep in snow. I hate to complain, because within a few weeks we will be heading into mosquito season, ugh.



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Mar. 26, 2023 -Anten Mills will be hopping next Saturday, April 8 when we celebrate Easter with 2 family fun filled events at the community centre. Easter Eggstravaganza returns with the Easter Egg Hunt and the fun Rabbit Run. Thanks to the Anten Mills Community Recreation Association and the volunteer sponsors, Becca, Cindy and Lindsey, they have planned a morning that families of all ages can participate in. The morning will start at 9:30 with 3 different courses for the Rabbit Run. There will be a 0.5 km run around the park for the little ones aged 4 and under. Then there will be a 1.5 km and a 3.0 km run around the village for everyone else. This is a fun run and the first 100 participants will be receiving a runners medallion recognizing their success. Families are encouraged to join in the fun and there is a \$2,Toonie fee to participate. Pre Registration is required and you can find more details on the Anten Mills Community Bulletin Facebook page. Following the runs, the Easter Egg hunt will commence at 11 at the pavilion. There will be hunts for different ages, crafts, prizes, treats and a special appearance by the Easter Bunny. The Anten Mills community has been very good at supporting the Elmvale and District Food Bank and these events will continue our support as you are asked to be generous with your donations which will be accepted at the event. From what we can find in the records, the Easter events started officially in 2013. Should health issues not have impacted 2020 and 2021, this would have been the 10th consecutive year for this long running event. A true testament to our community support. If you wish to donate to the event or volunteer, check the Facebook page for comments on how to participate. Rain, snow or sunshine the Easter Eggstravaganza will take place. Watch for more details on Facebook.

ANTEN MILLS by Dennis Gannon



Rain, snow and perhaps a loss of sunshine is something we have experienced a great deal these past few months. Spring is officially here but it certainly doesn't feel that way as yet. January and February saw milder temperatures and less than normal snow. What it also had was the least amount of sunlight in more than 80 years. Reports indicate that there were 14 consecutive days at the end of December, beginning of January when the sun didn't come from behind the clouds. In March we have seen above normal snow and perhaps what was even more unusual, a celestial event uncommon to this part of the world. Last Thursday evening the Northern Lights or as they are officially called, Aurora Borealis, lit up the sky even as far south as our community. One member of the community was able to post a beautiful photo which is included with this column of what was seen from the Golf Course Road area. That followed on Friday night with an outstanding sunset. We are certainly blessed to be able to see such amazing sights here in our own backyard.

In the last column it was noted that the Laycock family had constructed a wonderful huge snowman. It obviously isn't going to melt soon and there was a great suggestion to run a contest with donations going to the Elmvale Food Bank on when the hat would be

a puddle on the ground. Some people may recall that at the bottom of Bayfield St in Barrie on Kempenfelt Bay, there was a car placed out on the ice. The ice out contest held many years had people purchasing tickets from a community group guessing at what time and day the car would fall through the ice. A timer was installed in the car shell and divers would go down and retrieve it to determine the winner. If the Laycock's are willing to consider a return of the snowman next year perhaps a similar contest with bragging rights only benefitting the food bank would be a great idea. One to keep on the back burner for now.

This past week it was interesting to see that the OPP Commercial Vehicle Unit was in the community. The officer had a commercial vehicle pulled over in the community centre conducting an inspection. That was good to see and hopefully there will be more commercial vehicle speed enforcement occurring in the community in efforts to slow down the large trucks that use the roadways frequently without concern for the speed limit.

A walk through the community these past several weeks has seen that many people are hooking up to the new fiber network. As many as 5 Bell trucks can be seen at various locations in the village. So far there have been no negative reports on the hookups and when all the infrastructure work will be completed is at this time unknown.

If you are looking to post a message on the community billboard sign along Wilson Drive the contact information is antenmillssign@gmail.com. Funds raised from the use of the sign go directly back into community functions and we understand there is a lot of availability at this time so get your request in.

The Fry Guy will be operational for the season soon according to Matt. Plans are to start getting the shop in top shape at the beginning of April and when the warmer temperatures arrive, it will open for business.

That's all for this week, Happy Easter, THANKS for READING and BE WELL.

Elmvale Lioness Lions Club With Their Official Charter to Lions International

International Presidents
Certificate of Appreciation

A special "International Presidents Certificate of Appreciation" to Charter President Lion Linda Belcourt (shown in photo below) for all her outstanding contributions.
by Jennifer Rebidoux (Mar. 21, 2023)



Mar. 21, 2023 - As the current Club President of the sponsoring Club, along with 2VDG Denise Naughton it was an honour to present the members of the Elmvale Lioness Lions Club with their Official Charter and Charter membership pins tonight. It is always a pleasure visiting this group of Lions by Jennifer Rebidoux

Mar. 28, 2023 - As the current Club President of the Elmvale Lioness Lions Club, I thank 2nd Vice District Governor, Denise Naughton for delivering our Official Charter and Charter membership pins. A special thank you to Jennifer Rebidoux, President of the sponsoring Elmvale Lions Club and Lion Jim Elliot for all the support you have given us in the time of transition for our club. Elmvale Lioness was chartered in 1978 as a official Lioness Club. International Lions stopped recognising Lioness Clubs so we proudly joined as an official Lions Club of our own. We are now chartered to Elmvale Lioness Lions from the former Elmvale Lioness. Call Linda at 705-790-1993, to ask about our growing membership.

Photo below (back, L-R) Judy Edwards, Brenda Sutton, Linda Belcourt, Heather O'Neill, and Lynn Patkau. (Front-L-R) Fran Walker, Jocelyn Woodcock, Linda Ellery and Liz Ross, all proud Lions members. Proud Lions missing from the photo are Sharon Kuypers, Janine Carter and Kim Keffer.



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THROWBACK THURSDAY



"1950 model car pulled from the bay Sunday at the Simcoe Elevator slip. Owned by Leonard Archer of Elmvale who had parked it 66 feet away from the water while he visited a friend on board a freighter only to be notified it had rolled into the bay. The ship crushed the roof as it moved away from the dock and the car is a right off. The location is behind Boyd's service station on the south east corner of Yonge and King Streets. Good view of the entrance to Wagg's Laundry on Yonge Street." Photo from 1956!
Photo courtesy of Huronia Museum and Huron Ouendat Village

Elmvale Food Bank

Elmvale & District Food Bank is Giving Back Through a Caring Community.

Food list of Items Currently Needed

Canned Potatoes
Canned Cream Corn
Cake Mixes
Pudding Mixes
Shampoo
Turkey Gravy
Beef Gravy

The food bank will gratefully accept any donations of food items. When these items are donated it will save them from having to purchase these items.

Blood Donation Event in Elmvale
APRIL 8, 2023

Mar. 14, 2023 - We are urging donors from all communities, who can safely get to a donor centre, to book an appointment as soon as possible to help maintain the blood and platelet supply and grow the plasma supply for patients.

What we are seeing right now with collections is actually quite typical of any winter in Canada. Weather makes it harder for people to travel at times and we often see a dip in collections during the winter months due to weather.

Cancer patients, accident victims and people with rare, life-threatening, chronic, and genetic conditions rely on blood, platelets, and plasma donations every day.

Late cancellations and missed appointments make it challenging to collect blood products. If you make an appointment, please try to keep it. If you are unable to make it to your appointment, please cancel it so we can find someone to take your place and consider re-booking as soon as possible.

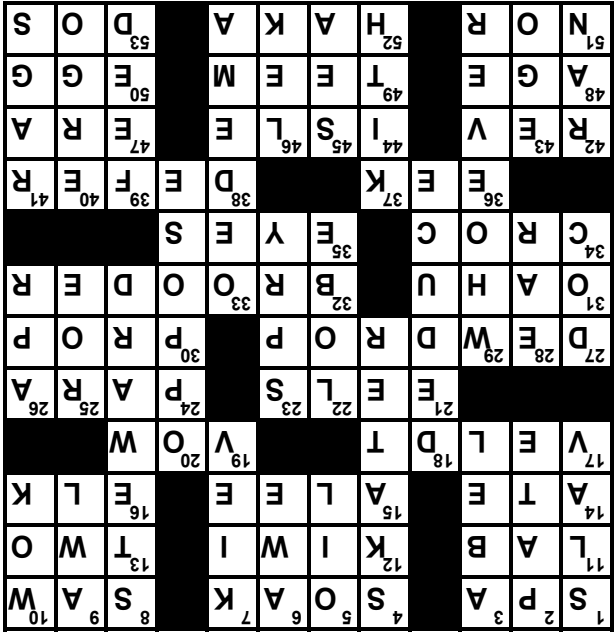
Appointments are required to donate. Same day and open appointment spots are available at many donation events across the country. We are asking donors to book and keep their appointments or look for appointments that are open today or in the days ahead. Donors wishing to make all the difference for patients in need can book on blood.ca, the GiveBlood app, or by calling 1 888 2 DONATE (1 888 236 6283).

Thanks to donors, the national blood inventory continues to meet patients' needs and they are getting the products they need, where and when they need them. But the need is constant for blood, platelets, and plasma donors – because each product has a shelf life.

By contributing to Canada's Lifeline, a simple donation could go on to save a life and change so many more. Every donation causes a ripple effect that goes on to have a lasting impact in the lives of others.

For more information about our eligibility and screening criteria and to book an appointment to donate, please visit blood.ca, and try our online eligibility quiz.

By Courtney Thompson



Vanishing Barns: Remembering the 18th century gentle giants through photos, stories, diaries and genealogy.

Cathy Johnston Walton

Available from Cathy Walton at 705 728-1388 or snow-flake53@mail.com
Ritchie's Feed or Simcoe County Museum.

Vanishing Barns - Cathy Walton has been researching barns in Flos and Vespra Townships (now Springwater) for the last six years and has published the results in the book "Vanishing Barns".

If you are interested in a copy, please contact Cathy at 705 728-1388 or snow-flake53@mail.com.

Concession 1, W ½ Lot 6, Flos Township
3494 Horseshoe Valley Road, Springwater Township

Owners		
2003	Mike Timpano bought 64 acres which included barn and 120' horse arena	Built: rebuilt in 1951
2003-present	Rob and Mandy (Purcell) Carson	Dimensions: 50 x 60'
1948-2003	Murray and Mary (Horn) Carson	Features: 1 14' wide threshing floor
1928-1948	Irving and Dorothy (Dora Knapp) Carson	Materials: rock elm sills, pine
~1887 ¹	Patrick and Thomas McAvoy	Water Source: 120' drilled well

A tornado went through the property and then east to the Midhurst Reforestation area on Highway 26 in June 1950. Irving and Dora Carson hid in the cellar, and when the tornado had passed only the barn's foundation and granary were left. The wind blew through the end of the barn, moved the roof like a kite and landed the whole mess in the barn yard. Neighbours and total strangers helped clean up.

The logs for the new barn were score hacked about ½ to ¾ of an inch deep with a 4 or 5" wide adze. The score hacking, done on each side, became the cutting guide for the broad ax. It was tedious, hard work, but a beautiful thing to see. 'They were real craftsmen in their day.' Murray's grandfather Louis Carson was very good at hewing timbers.

George Wicklum laid out the north end of the barn on the barn floor and then engineered pulleys and ropes to pull it upright. Murray pulled the whole end of the barn up with a little Ferguson tractor. Murray remembers hanging 40-60' up, legs wrapped around the timber, hanging on for dear life while putting a brace in the mortise. Doug Kearns from Midhurst, who was in his 50s, was standing on top of the timber jumping up and down on it. When they were building the barn Henry Alfred was up at the peak of the barn. Henry said he'd stand on his head for \$5.00. No one had the \$5.00 but he stood on his head anyway.

Murray Carson

The new barn was built by George Wicklum. This was the first time George was the main builder. The Carsons tore down an old barn owned by Mr. Donnelly on the west side of Wilson Road. It had sat a hundred years, and it was a dirty, dusty job disassembling it. Some timbers were refitted into the new barn. Others were cut from theirs and Clarence Carson's bush. It took about a month from start to finish.

Concession 1, W ½ Lot 6, Flos Township
3494 Horseshoe Valley Road, Springwater Township

In Murray's grandparents' day a hired man was paid \$10/month and room and board in the summer, and in the winter just room and board. A hired girl was paid \$10/month.

222

223

Community Events All The Time

ONGOING EVENTS:

Bid Euchre

Elmvale Community Hall 1 pm - 4 pm
Every Monday.
Call Anne for details 705-322-1232

Midland Bridge Club 427 William St, Midland
Mon. 12:45pm: Duplicate Bridge, **Tues 6:45pm:** Social Bridge, **Thur. 12:45pm** Duplicate Bridge, **Fri. 12pm:** Bid Euchre. Contact Vern 705-730-9998. Possible lesson if desired. midlandbridge@gmail.com

Good Vibes

Every Thursday night from 7 to 10 p.m.
An open-mic music event Our location is the little white schoolhouse at the corner of Mount St. Louis Road and the 4th Line of Oro Medonte. Admission is a donation of \$5.00.

Let's Do Lunch \$5:

Elmvale Presbyterian Church
2nd Thursday of the month. Eat in: 12-1pm. \$5
For take-out & town delivery \$6 call 322-1411 between 9 & noon on the Monday previous.
Pick-up Thursday 11:15 – 11:45 at East side of the church.

BARRIE-KEMPENFELT PROBUS CLUB
Meets at 10:00 am, third Thursday of month
Canadian Legion, 410 St. Vincent Street in Barrie
Main Contact: Chief Information Officer, Robert Newby, barriekempenfelt72@gmail.com (705) 220-3501

Bay Shore Senior's Club
Activities are in full swing - check out website at www.bayshoreseniors.ca for all activities.
Call 705 361-1331.

E.D.G.E. Elmvale District Garden Enthusiasts
Meetings held **4th Wed. of each month, 7:00 pm** at Elmvale Library.
Guests always welcome, no charge bring a friend.

Coffee Party
Last Thursday of the month 9:30 - 11a.m.
Elmvale Presbyterian Church
All Welcome, Cost: \$3

Low Impact Gentle Fitness Program
Weds. at 10am & Fri.'s at 11am
Elmvale Community Hall, VON SMART Program
Adults 55+ FREE
Bring good support (running) shoes and water
Call 705-355-2200 to register or walk ins

Georgian Bay Coin & Stamp Club
3rd Thursday of each month, 6:30pm - 8:30pm
Prime Time Club, 1724 Mosley St., Wasaga Beach
1st Tuesday of each month, 6:30 pm - 8:30pm
(North Simcoe Chapter) Penetanguishene Memorial Arena, Brian Orser Lounge, 2nd floor. 61 Maria St.
For more info.: www.geobaycoinstampclub.ca

Elmvale Legion
Tuesdays at 1 pm
Table Shuffleboard, Cost \$1

Palace Tavern Elmvale BINGO
Every Tuesday night
Midland Rotary proceeds 6:30 pm to 7:30 pm
Barrie Rotary proceeds 6:30 pm to 7:30 pm

Wasaga Beach Parkinson's Support Group
1st Thursday of each month, 12:30-2pm
Wasaga Beach Public Library meeting room, 120 Glenwood Dr. All Parkinson's patients & caregivers welcome. For more information contact Phil Bender 905-703-6248 bender.philip@gmail.com

Elmvale Youth Ball Hockey
Monday and Tuesday 5-8 pm in Elmvale
Players ages 4-12 for skill development and game play
Email: elmvaleyouthballhockey@gmail.com

Community One Time Events

SPECIAL EVENTS:

FREE Income Tax Clinic
March 4 to April 30, 2023
Community Volunteer Income Tax Program/
Elmvale Library, (for Elmvale, Midland, Wasaga Beach, Hillsdale and the surrounding areas)
The Elmvale Public Library will be hosting a FREE income tax clinic for moderate to low income earners. This year volunteer tax preparers will be offering in person appointments at the library. In addition to phone and drop off support.
How to access the FREE Clinic:
1. In person by appointment at the Elmvale Library, phone 705-322-1482
2. By phone, call the Elmvale Library and leave your contact details, a volunteer tax preparer will contact you.
3. Drop off your tax documents at the library... include your date of birth and contact information, place in a sealed envelope labelled with your name and Income Taxes.

"Celebrating Spring" Card Workshop?
April 3rd at 12:30pm, workshop starts at 1pm.
Simcoe County Arts & Crafts Assoc. welcomes instructor Karen Turner at the Simcoe County Museum. We will learn Karen's special stencil technique to create floral themed greeting cards. Lots of ink colours and embellishments to choose from to challenge your creativity. Light refreshments. Please bring mug. Members \$5. and Guests \$10.

Elmvale Youth Ball Hockey
Mon. & Tues. 5-8 pm at Elmvale Arena
Players ages 4-12 for skill development and game play. Starts April 24 to June 30 - 10 wks. Cost \$100-\$120. Sign up **deadline April 16**
Email: elmvaleyouthballhockey@gmail.com
Facebook [@elmvaleyouthballhockey@gmail.com](https://www.facebook.com/elmvaleyouthballhockey)

Spring into Community
Eco Friendly Fashion Show by Sharewear!
Saturday, April 22, 2023 at 2-3:30pm
Elmvale Community Hall
33 Queen St. W.
For adults and children over 10 years
Tickets \$10 Available at Sharewear and the Springwater Libraries

Celebrate Your Service
Sat. April 29, 2023 at Creemore Legion
An invitation is extended to all veterans to celebrate your service. Tickets are free to veterans and their escort. Contact Bev at 705-428-2252 or email bacoutts@rogers.com. Free transportation available for mobility challenged individuals. Social time 6pm-7pm. Dinner at 7pm. Please respond by April 8, 2023

Coldwater Lions Club Euchre Tournament
Sat. Apr. 29, 2023 at 6:30pm
Upstairs in the Coldwater Legion \$15 each,
RSVP: events@coldwaterlions.com

Elmvale Maple Syrup Festival
Sat. April 29, 2023

"Gardeners' Gathering "- Midland OSPCA
May 7, 2023-10:30 am at NSSRC - Midland,
\$20 per ticket. Includes: Speaker (to be announced) Brunch, Silent Auction, Door Prizes, Raffles. To obtain advanced ticket: contact Web: ontariospca.ca/midland or phone 705-534-4459

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**Viewing: Saturday, April 15, 2023
from 9:00 a.m. – 5:00 p.m.**
**Pick up: Saturday, April 22, 2023
from 9:00 a.m. – 5:00 p.m.**

Sale includes a 2009 John Deere 6430 cab loader tractor, MFWD, 673 SL loader, 4430 hrs, 24/24 Auto Quad trans. 2007 John Deere 6430 cab loader tractor, MFWD, 673 SL loader, IVT trans. 1976 IH 1086 tractor, 2 wd, with Frey loader. 2014 John Deere 6115R cab, loader tractor, 340 SL QT loader. 2010 – JD 854 round baler (4 x 5), silage special, Mega Wide pickup, 540 pto, twine & net, with knives. 2011 JD 468 round baler, silage special, 540 pto, Mega Wide pick up, twine & net. 2009 JD 458 round baler, with silage kit, 540 pto, Mega Wide pick-up, twine & net. 2011 JD 835 Mo Co, 11'6", w/ impeller conditioner, 2 pth, 1000 pto. 2010 Anderson inline Hybrid bale wrapper (square & round bales). Case IH 2200 trailing mulch finisher, 22', tandem axle, with self levelling coil tine mulchers, White 7 shank soil saver, tandem axle. JBM 30' round bale wagon, with Horst running gear & truck tires. John Deere 9600 combine, 4x4, sells with 18.4-38 duals, auto header kit, Dial-O-Matic, loaded. John Deere F930 30' grain header, rebuilt in 2021/2022, Auto Header, Fore-Aft Reel, spec sheet. John Deere 893 corn header, 8 row, rebuilt in 2022, spec sheet. 2016 Horst 30' header cart, with light kit, 2018 Horst header cart, with light kit, Walco bale thrower wagon, mesh floor. Harold Jones 32' roller, with transport kit & lights, high lift, stone basket, Hardi 300 gal field sprayer, 34' boom, Hardi pump. Parker 624 grain cart, 30.5-32 tires, spout kit. Bach Run 387 seed wagon, with plastic cupped auger, Horst 14 ton running gear. White 6000 corn planter 6/11, sells with soybean splitter row unit, dry fertilizer fill auger, no till down pressure springs. Case IH 5400 Seed Drill, 24 run, double disc, coulter cart & markers. 4 John Deere weights with lock bar kit, plus much more.

Please Note: This is a partial listing only!

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HELP NEEDED

Help Needed with Spring Yard Cleanup

I have a corner lot in Elmvale, and need the front, back & side yards cleaned up for the Spring. Please call **705-725-4254**. I can supply the rake and bags.

HIRE ME

ELDER HELPER

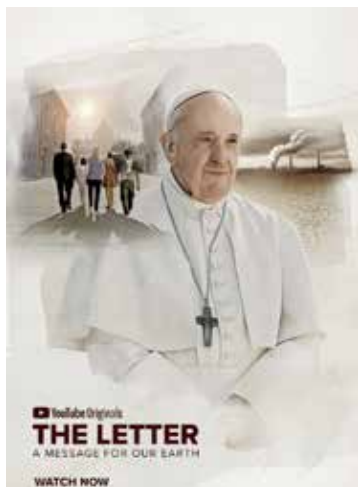
Need someone to pop in and make a meal, or tidy the house, elder-sit or just be there when you can't

Call Mel, the "happy, handy helper"!
Great references! 705 725-6439

A Solidarity Meal and Movie Night

by Jeannette Schieck- Mar. 23, 2023 - The solidarity meal will begin at 6:00 pm on March 31, at Midhurst United Church.

A solidarity meal is intentionally simple –it will be a choice of hearty soups (including vegan) and buns. Our solidarity is in recognition of caring for others and the common good.



About 6:30, we will begin to watch the movie, "The Letter" (2022). This documentary follows people representing youth, Indigenous, the poor and the natural world itself, travelling to meet with Pope Francis to discuss the impact of climate change on their lives. It is very engaging and beautifully filmed.

The movie will be followed by group discussion.

The 'Solidarity Meal and Movie Night' is open to all - youth to elders! Come meet others in your community who share your concerns for climate change.

There is no charge for this event.

Regular Events

5th Sunday Special at Midhurst United Church – In months where there are five Sunday's, our 5th Sunday worship is deliberately informal. There is more music, a different format for reflection and more congregation participation with instruments and voice, but still meaningful worship. All are welcome to join the fun.

Amnesty International Letter Writing -The time has changed for this monthly event. We now meet the second Monday of the month at 7:00 pm, at Midhurst United Church. All information and materials are provided. Come use your voice and letter writing to help support human rights for all people.

MUC Easter Services

Maundy Thursday 6:00 pm community meal followed by worship and communion. Register for the meal by April 1 (no charge). 705 722 36331 or email office@midhurstunitedchurch.ca.

Easter Sunday – Worship at 10:30 am – regular time. Join your friends and neighbours with this service of celebration!

Items Wanted

DOWNSIZING?- SETTLING AN ESTATE?

We pay cash for **VINTAGE & ANTIQUE** items dealing with - Fishing (old lures, fish baskets, rods) - trains (model, lanterns) - boat steering wheels - horse items (saddles, brass, harness, chaps, stirrups) - old toys - radios - musical instruments - Militaria - advertising signs & tins - old stained glass windows - ironware - pictures - crystal - fine china - knives - Small wooden furniture - First Nation's art - Bar decorations - old hats & accessories - fine jewelry & other items of sterling silver & gold - coins - Asian art - clock & watches - old scientific & medical pieces - maps - oil lamps - crocks & farm items or ANYTHING FROM 1970's & BEFORE. **PLUS** CDs & LPs of Rock & Roll & Jazz from the 1950's to present day.
Please call Peter at 705-322-3484

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VMLC.CA

Call Brian or David 705-220-2433 or email vendormarketlc@gmail.com

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Spring into Community

Eco Friendly Fashion Show by Sharewear!
Saturday, April 22, 2023 at 2-3:30pm

**Elmvale Community Hall
33 Queen St. W.**

For adults and children over 10 years

Tickets \$10

Available at Sharewear and the Springwater Libraries

COMING EVENTS

Elmvale Youth Ball Hockey Registration is open.

Players ages 4-12 for skill development and game play
Monday and Tuesday evenings 5-8 pm in Elmvale

Starts April 24 to June 30 - 10 wks
Cost \$100-\$120. Sign up **deadline April 16**
Email: elmvaleyouthballhockey@gmail.com
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OPP REPORT

OPP SNAG LARGE AMOUNT OF DRUGS AND CASH DURING TRAFFIC STOP

Mar. 20, 2023 - Members of the Huronia West Detachment of the Ontario Provincial Police (OPP) have laid numerous drug related charges and seized a substantial quantity of drugs and cash as a result of a traffic stop within Springwater Township.

On the evening of Friday March 17, 2023, around 9:00p.m. an officer was on general uniform patrol on County Road 27 within Springwater Twp. The officer noted a traffic violation from a passing motorist and a traffic stop was commenced. Upon interacting with the driver, a small amount of cannabis was seen readily available to the driver. From there a search of the vehicle commenced where a substantial amount of various types of suspected drugs and trafficking paraphernalia were located and seized as follows;

- Cocaine 137.6 grams
- Fentanyl 16.3 grams
- Psilocybin 6.3 grams
- Oxycodone 57 pills
- Hydromorphone 9 pills
- \$3,575 Canadian currency
- Infiniti weighing scale x 2
- Apple IPHONE

The street value of the seized substances is estimated to be in excess of \$20,000.

As a result of the investigation, a 19 year-old male from Elmvale was arrested and criminally charged with the following;

- Possession of a Schedule I substance for the purpose of trafficking- Opioid (Other than Heroin) x3
- Possession of a Schedule I substance for the purpose of trafficking - Cocaine
- Possession of a Schedule III substance for the purpose of trafficking

Various other charges were also laid under the Highway Traffic Act, Tobacco Tax Act, Cannabis & Control Act 2017, and Cannabis Act.

The accused is scheduled to appear before the Ontario Court of Justice in Collingwood, on April 18, 2023.

Drug Impaired Charges after Collision in Tay Township

Mar. 17, 2023 - A collision involving a pickup truck has lead officers to arrest and charge a driver suspected of being impaired by a of drug.

On March 16, 2023 at 5:45 p.m., officers from the Southern Georgian Bay detachment of the Ontario Provincial Police, along with paramedics from Simcoe County EMS arrived at a collision on Old Fort Road near Hogg Valley Road in the Township of Tay. Assistance was offered to the driver of the damaged pickup truck, who was alone in the vehicle with a dog. Fortunately, neither were injured however, officers discovered evidence of drug use and impairment being displayed by the driver. The individual was placed under arrest and a subsequent search located a quantity of a suspected controlled substance. The individual was transported to detachment for an evaluation.

As a result of the investigation, Kyle PODWORN, 34 years of Tay Township faces the following charges contrary to the Criminal Code and the Controlled Drugs and Substances Act:

- Operation While Impaired - Alcohol and/or Drugs
- Possession of a Schedule 1 Substance

The accused was released from custody to appear before the Ontario Court of Justice in Midland on March 16, 2023. When charged with impaired driving, the driver's license of the accused is suspended for 90 days and the vehicle they were operating is impounded for 7 days.

DRUG WARRANT EXECUTED AT WASAGA BEACH HOME

(Collingwood, ON) - members of the Collingwood and Blue Mountains Detachment Community Street Crime Unit (CSCU) and the Huronia West Detachment CSCU of the Ontario Provincial Police

(OPP) have charged a man in connection to a drug trafficking investigation in Collingwood and Wasaga Beach.

In January 2023 the Collingwood CSCU commenced an investigation into cocaine and fentanyl trafficking in Collingwood and Wasaga Beach. On March 17, 2023 members of the Collingwood CSCU, Huronia West CSCU and Orillia CSCU executed a Controlled Drugs and Substance Act search warrant at a residence on 73rd Street South, Wasaga Beach. As a result, a quantity of fentanyl, cocaine, and pharmaceutical narcotics with an estimated value over \$9000 and over \$2000 in Canadian currency were seized. The target of the investigation was located inside of the residence and taken into custody without incident. The investigation revealed that the target male was on a Conditional Sentence Order and was to be in his residence in the Greater Toronto Area.

As a result of the investigation, Christopher ANOFF, 30 years of age, of Toronto has been charged with the following offences:

- Possession of a Schedule I Substance for the Purpose of Trafficking - Cocaine
- Possession of a Schedule I Substance for the Purpose of Trafficking - Fentanyl
- Breach of Conditional Sentence Oder
- Possession of Imitation Weapon for a Dangerous Purpose

The accused appeared in Bail Court today, he remains in custody. The accused will appear before the Ontario Court of Justice in Collingwood at a future date.

OPP and CAFC Raise Awareness of Midland Area Residents Being Victimized by Emergency - Grandparent Scam

Mar. 18, 2023 - Members of the Southern Georgian Bay Detachment of the Ontario Provincial Police (OPP) and the Canadian Anti-Fraud Centre (CAFC) would like raise the awareness that Emergency - Grandparent scams do exist and can be very costly.

The OPP Communication Centre has received over 13 reports of persons in the Midland area being solicited over the phone or by internet means since March 11, 2023 with a claim that a family member is in urgent need of financial support. Some of these callers did become victims of the incident and investigations are currently ongoing.

In some cases, the caller claimed to be a police officer even providing an alleged rank and badge number. The callers requested Canadian currency and or gift cards in excess of \$5,000.00 and arranged for the cash/gift cards to be picked up from the victims home.

Remember, Canadian police officers do not and will not ask for cash or gift cards. If you receive a telephone call or an electronic message from police or persons in authority asking for money to assist a friend or family member, your first call should be to the OPP Communications Centre at 1-888-310-1122. Do not provide any identification or your address.

Please take a moment and click on the following link which describes the Grandparent scam <https://www.antifraudcentre-centreantifraude.ca/scams-fraudes/emergency-urgence-eng.htm> Secondly view the information provided by scam subject experts speaking on the “Tools in the Fraudsters Toolbox” at https://twitter.com/OPP_News/status/1633890431015743488 and make yourself aware of these financially devastating scams and share this information with your family and friends to help spread this prevention messaging throughout the community.

We thank all of our media partners and community banking members for helping to promote this awareness campaign and will continue to provide the community with information in order to prevent victimization by this and many other devastating scams.

Lets make a difference by working together to

spread this prevention messaging far and wide! (see attached submitted info pamphlet)

Fraud: Recognize. Reject. Report.

#kNOwFraud

Anyone who suspects they have been the victim of cybercrime or fraud should report it to their local police and to the Canadian Anti-Fraud Centre’s online reporting system or by phone at 1-888-495-8501. If not a victim, report it to the CAFC anyway at Report fraud and cybercrime (antifraudcentre-centreantifraude.ca)

OPP MAKE ARREST IN CHILD LURING INVESTIGATION

Mar. 19, 2023 - - Members of the Huronia West Detachment of the Ontario Provincial Police (OPP) have made an arrest in relation to a child luring & pornography investigation.

On March 15, 2023, police received a call for service involving information of a male suspect being in the possession of various forms of child pornography from conversations with a minor. As the investigation continued, it was learned that the male suspect was attempting to lure the victim using various methods.

As the Huronia West OPP Crime Unit took hold of the investigation, a suspect was identified where various search warrants were written and executed at the suspects home. Various evidentiary items were seized for forensic analysis including a cell phone and tablet.

As a result of the investigation, a 21 year-old man from Paisley Ontario has been arrested and criminally charged with the following:

- Transmit sexually explicit material to a person under 16 years of age
- Luring a person under 16 years of age by means of telecommunication
- Possession of Child Pornography

The accused was held for a bail hearing and released on strict conditions while awaiting his next court date.

The investigation is ongoing. Anyone with information is asked to call Huronia West OPP at 1-888-310-1122 or Crime Stoppers to remain anonymous at 1-800-222-TIPS (8477) or <https://ontariocrimestoppers.ca/>.

OPP INVESTIGATING HOME INVASION IN TAY TOWNSHIP

Seeking Public Assistance

(Mar. 25, 2023 - Members of the Southern Georgian Bay Detachment of the Ontario Provincial Police (OPP) are currently investigating a home invasion and are asking for public assistance.

On Friday, March 24, 2023, at approximately 9:46 p.m., officers responded to a 911 call to the OPP Communication Centre reporting an unlawful entry into a residence near the intersection of Truax Lane and Bannister Street on Vasey Road in the village of Waverley, Tay Township. Upon arrival officers learned that the family occupying the residence was alleged to have been threatened by three males brandishing firearms.

The residents were unharmed in the incident and the suspects left the scene in an unknown direction operating a dark coloured Dodge Durango.

The suspects are described as three black males wearing bandanas with no further description currently

Members of the Southern Georgian Bay Crime Unit are assisting uniform members in this ongoing investigation.

The suspects could be possibly armed, do not approach if located. Contact 9-1-1.

Currently, investigators believe that this is an isolated incident and there is no threat to public safety.

Anyone who may have information of this crime or may have dashcam or surveillance video is asked to contact the OPP at 1-888-310-1122, opp.southern.georgian.bay@opp.ca or by calling Crime Stoppers at 1-800-222-TIPS (8477).



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German-Canadian Club Donates to Unity United Church in Vasey



Photo above (L-R): German Canadian Club: Siggy Krause, Heidi Fleischmann, Helmut Paddags, Agnes Hemming, Unity United Church Vasey: Carol Galbraith, Reverend Lois Brown, Darlene Robinson, Ian Vasey

Agnes Hemming, treasurer GCCG70, presents a cheque for \$14,500 to Carol Galbraith, Chair, to be used by the Unity United Church in Vasey in their mission. *By Helmut Paddags (Mar. 23, 2023)*

Under The Glass

Under the glass is a column by Mr David Kai for VMLC. David Kai is a published author nationally, a TV and radio commentator on investments, asset classes, collector and investment markets.

Frankly Scarlet, I don't give a D...

When dealing with investment grade collectibles, you should ask yourself a question. What makes one a valuable item and the other not? Why do people hold this out as rare and special why is that item common and unvaluable. The answer is a combination of mass media, personal experience, advocacy and age. The quote above is the singular most common movie quote in history, and fading fast into replacement, by something else, of which I cannot identify. Why? My personal experience and age do not make me a primary candidate for mass marketing, value judgment manipulation, I no longer care what is cool, identifiers. Scarlet and Rhett butler from *Gone with the Wind* spun off a series of items that were bought, gathered, collected. These included figurines, Royal Daltons, China, pictures, books, uniforms, dresses and the related activities to utilize these items.

When was the last time you were invited to or heard about a *Gone with the Wind* party? So as the appreciation and utilization dropped, the values followed, in all the things created to celebrate Rhett and Scarlett. Guess what went up in value? Actual items used in the movies, things worn or touched by the actors. As these were not mass produced, the individual items which were very singular in nature became rarer in ratio to the number of people who were interested. What is the point? Having fun and filing a desire to associate via owning something related to an event, thing, person or occurrence is actually a condition whereby we live through the object vicariously. Living through the objects vicariously does not guarantee or suggest value but it creates and fulfils emotional needs.

So, what is it that creates value? It is knowing what the future will hold based on today. Look at the things your 9- to 12-year-old love. Look at figureheads in sports and media. Very important, look for things that are supported in media, but not necessarily in production of a collectible item. I can guarantee the more mass produced an item is, the greater the devaluation, after it hits critical mass of having enough awareness and accessibility of something related to the circumstance that is being celebrated promoted or remembered. Occasionally thing get more valuable other than less because of something that has happened currently that triggers desire for a older object. A barometer of the value of certain older items is when the counterfeit market goes after them and creates fakes. This indicates high potential value, limited or nonexistent supply and a opportunity to delude, defraud, innocent inventors. Witness the recent arrest in Barrie of various individuals selling counterfeit Morrissey artwork to very experienced galleries and collectors.

If you want help deciding some of these issues, don't be afraid to ask. We can help.

Riddle Answer:
AN EGG

\$1 TURNS INTO \$100,000: SPRINGWATER RESIDENT CELEBRATING \$100,000 WIN

March 15, 2023 - Saying "yes" to ENCORE paid off for Virginia Jones of Springwater. She matched the last six of seven ENCORE numbers in exact order in the January 10, 2023 LOTTO MAX draw to win \$100,000!

Virginia, a 48-year-old nurse, said she only plays the lottery a couple times a year. "After work, I asked my father-in-law to scan my ticket on his phone. He yelled, 'Oh my God - \$100,000!' and I thought he was playing a joke," she shared while at the OLG Prize Centre in Toronto to pick up her windfall. "I downloaded the OLG App myself, and I was shocked to see \$100,000!"

Virginia said she doesn't consider herself to be a "lucky" person, but she's feeling pretty lucky collecting her big cheque.

"I will take a vacation with my husband and the rest will be invested," she concluded.

ENCORE offers 22 ways to win and can be played in conjunction with most lottery games for an extra \$1. There is an ENCORE draw every day.

OLG supports safe play and wants to keep the fun in the game. That's why OLG is proud to be a leader in promoting responsible gambling with our globally recognized PlaySmart program.

The winning ticket was purchased at Circle K on Bayfield Street in Barrie.

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Sat March 25th**

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Obituaries



McGill, William Patrick (Pat)

It is with profound sadness that the family of Pat McGill announce that after a long struggle he has passed away on Wednesday, March 22, 2023.

He passed away at the Villa Care Centre in Midland in his 69th year. Pat was the father of

Deanna Thompson (Heath), Scott McGill (Dara), and Ryon McGill (Tammie). Proud grandfather of Daniel, Victoria, Harper, Easton, Braden and Isabella.

He has been reunited with his parents, Bill and Sally McGill, as well as his sister Brigid Van de Sande and brothers, Mark, Paul, Danny, Greg and John-Pat. Remaining is his sister Cathy Mathers and brothers, Bob, Mike (Sandra), Clair (Darlene) and brother-in-law George Van de Sande. Pat will be missed by his many nieces, nephews, aunts, uncles, family and friends.

A visitation will be held at the Lynn-Stone Funeral Home in Elmvale from 2-4 and 7-9 pm on Tuesday, March 28, 2023. The funeral service will take place on Wednesday, March 29, 2023 at 11 am at St. Patrick’s Church in Phelpston.

Memorial donations may be made to either the Heart and Stroke Foundation or the Cystic Fibrosis Foundation.



STOTT, Marion Jean

Passed away peacefully on Friday, March 24, 2023 at the Villa Care Centre in Midland. Marion Stott of Midland (formerly of Wyevale) in her 85th year. Beloved wife of the late Arthur Lorne Ross and George Martin Stott. Dear

mother of the late Arthur (survived by Paulette) Stott, Yvonne (Greg) Giffen, Sherry (Doug) Johnson, and Ken (Jackie) Stott. Proud and loving grandmother to Paul, George, late Corby, Jason, Jayde, Vanessa, Daikan, Kendra, and Nicole. Great-grandmother of Brayden, Wesley, Brian, Landon, Alyssa, Blake, Prestin, Maeve, Shae, Louis, Victoria, and Elisabeth.

Marion was very talented and hard working; she was a mother, a farmer’s wife, and co-owner of the Cricklewood Restaurant. She loved cake decorating, making many wedding cakes for family and friends. Marion also had a love for gardening, flowers, and helping out in the community. She taught Sunday school and played the organ at the Wyevale United Church for over 30 years.

We would like to thank the staff at the Villa Care Centre, Blue Jay Wing and Dr. Herman Jilesen for the wonderful care they provided to mom.

A visitation will be held at the Lynn-Stone Funeral Home in Elmvale from 12:30 pm – 2 pm on Wednesday, March 29. A funeral service will be held in the chapel at 2 pm.

Spring interment Wyevale Cemetery.

Memorial donations in Marion’s memory may be made to the Wyevale United Church, or the Alzheimer’s Society.

Expressions of sympathy may be sent to www.lynnstonefuneralhome.com



TJART, Jacob Richard Dennis

Was born on March 15, 1955 in St. Catharines, to parents Jacob and Anne (Braun) Tjart. Best friend and husband of Gwen (Coutts) for 42 years. Devoted proud father of son, Matthew, (Kristi) Tjart of Barrie and daughter, Erin, (Dave)

Barmanche of Elmvale. Best Poppa ever to Isabelle Tjart, Ava, Lyla and Greyson Barmanche. Dear brother to Linda (Jim) Ward, Kathy Tjart, Sandra Tjart, Rosemary (Peter) King, Bruce (Debra) Tjart. Dear Brother-in-law to Norma (Jamie) Hart and Cheryl Coutts. Cherished uncle to many nieces and nephews. Richard passed away, on March 25, 2023, after a valiant battle with Esophageal Cancer.

Richard’s family moved to Singhampton in 1967 and later to the Stayner area. Upon completion of high school he worked in various local lumber yards in the area and eventually progressed into sales. By 1978, the Alberta winds called "Go west young man". Richard became a rigger in the Oil Patch with Schlumberger. He left the love of his life and best friend, Gwen, in Ontario so that she could complete her education. Following Gwen and Richard’s marriage on May 31, 1980, they ventured as a team to Edmonton where Richard worked locally.

Life was calling Richard and Gwen home in 1983, as they started their family. Richard commenced his career at Wolf Steel Ltd, with a handful of employees. During his 34 year career he became project coordinator in R&D, where his engineering craft and design of wood and gas units are prominent in many homes throughout Canada.

Richard was an avid vegetable gardener and enjoyed sourcing wood, puttering, and investigating how machines or electrical components worked. He was a voracious reader and could be found sitting at the Tiki Bar, by the backyard bonfire. He was an attentive listener, enjoying hearing about everyone’s adventures, inviting everyone to “Tell me a story”. Richard’s infectious smile touched many.

Richard had a strong passion for travelling by motorcycle throughout Canada, and US, driving through mountainous regions of Italy and winter getaways, making memories with Gwen and dear friends.

Rooting for the Montreal Canadiens or the Toronto Blue Jays and best of all cheering for Matt and Erin at their hockey and ball games was a highlight for Richard. He delighted in spending many hours playing with his grandchildren and taking them on adventures on the trails and gardens and looking for rocks.

Richard touched many people with his calm demeanour and always had time for a chat! Richard will be sorely missed and will continue to guide us from above.

Donations may be made to: Hospice Simcoe Barrie or Elmvale Food Bank

A celebration of life will be at 4 Meredith Court, Tiny, June 24, 2023 1-4 pm, Eulogy at 2pm.

Please bring a lawn chair.

Expressions of sympathy may be sent to www.lynnstonefuneralhome.com



MARSHALL, Richard

(March 14, 1928 - March 3, 2023)

Richard (Dick) Marshall passed away peacefully on March 3, 2023 in Penetang, Ontario just days short of his 95th birthday.

Born in Halifax, Nova Scotia, he never strayed too far from the water and was always within reach of a sailboat.

Shortly after graduating from Dalhousie University, he relocated to Montreal, accepting a position as Associate Professor of Accounting at McGill University.

Upon retiring from his 35 year career at McGill, he retired to Elmvale, Ontario while spending his winters in Bradenton, Florida.

He was a longtime member of the United Church of Canada, the Masonic Lodge, and the Canadian Power Squadron.

He volunteered his time as treasurer for many organizations over the years including the McGill Faculty Club, Canadian Power Squadron (Lake St. Louis district), Senneville Yacht Club and Paradise Bay Estates in Bradenton.

He leaves behind his wife of 67 years Lorrie, his children Peter (Lesley) and Gehl (Raphael) along with his many grandchildren, sister-in-law, nephews and niece.

As per his wishes, there will be no visitation or service. His ashes will be interred at the cemetery in Elmvale, Ontario later this year.

Memorial donations made in his name to the Canadian Cancer Society or the McGill University Faculty of Management would be welcomed.

For condolences, please visit the Lynn-Stone Funeral Home website at www.lynnstonefuneralhome.com



LANCIA, Liesje

Elizabeth “Liesje” Hendrika Lancia, 81, of Perkinsfield, ON, passed away peacefully at home on March 11, 2023, after a long battle with cancer. She was blessed to be surrounded by family at the time.

Liesje was born in Rotterdam, Holland on April 1, 1941. After graduating from college and marrying, she immigrated to Canada at 21, later becoming a Canadian citizen. She lived a very full life, and with great determination and courage she held on until just three weeks before her 82nd birthday.

Liesje is survived by Anthony Lancia, her husband of 47 years, and her five children: Ruby, Tina, Richard, Patricia, and Emily.

Liesje was a kind and thoughtful soul, a lifelong volunteer, and an enthusiastic community organizer who will be missed and remembered by the many people whose lives she touched. Many will also know her from her work running the Observer newspaper in Tiny Township and then as the owner-operator of Standlith Design printing services in Perkinsfield. Her dedication to her clients was second to none and she always went the extra mile for everyone who came through the door.

Although Liesje had a rewarding career, she will be most fondly remembered for her unwavering volunteer spirit. She donated most of her time to supporting many worthy causes in the province and close to home. She was awarded the Senior of the Year Award in 2018 in recognition of her enrichment to the social, cultural and civic life of Tiny Township, and in 2020 she was recognized by the Province of Ontario for her years of service to Lions Club International. Her long history of volunteering also included the Midland Rotary Club, We Are the Villagers, the Learning Disabilities Association, and many more organizations too numerous to list.

At Liesje’s request, there will only be a private gathering for family and no public funeral service. In lieu of flowers, memorial donations may be given to the Canadian Cancer Society.

THANK YOU

THANK YOU

The Family of the late Rollie (Rolande Doris Stephens) would like to express our deepest appreciation for everyone’s sympathy as we mourned the loss of our mother. The shared memories from all of you at the visitation and funeral, along with the phone calls, flowers, cards, donations, gifts of food, and service, and words of condolence meant a great deal to us all. We would like to thank Hospice Simcoe for making our Mom’s passing so much easier on her and our family. A special thank you to Bayshore Healthcare who provided Mom with such a wonderful home care support team that included, Doctor Marianne Beylau, her nurse Megan, and her PSW Joan. Mom was so appreciative for your kind and caring support. We would also like to thank the Lynn Stone Funeral Home and its wonderful staff, Father James Bassanich of St Patrick’s Church and organist Isabel Rodrigues, Our Lady of Lourdes CWL for their prayers, and for serving and cleaning up after the luncheon , along with the Elmvale Presbyterian ladies for their help in preparing the after service luncheon food. To everyone who reached out to us during our time of mourning, we are grateful for your continued support and love during our time of need. Mom will be missed dearly by all who knew her. Marie, Bill, Marg, Peter, Irene, Leo, David and Kenny

THANK YOU

Sarah McAuley & Thomas Graham would like to thank everyone that supported their recent Buck & Doe in Elmvale. It was an awesome party and was greatly appreciated.

Obituaries



QUIRT, Lynda Jean

It is with deep sorrow and much love that we mourn the sudden passing of Lynda Jean Quirt {nee Ritchie} on March 14 2023 in her 74 year.

Lynda was the:

- loving and supportive wife of Peter John Quirt for 32 years.
- Eldest daughter of the late Ross (1990) & Madeline (2008) Ritchie
- Cherished sister of Donna {Jim} Woods & Jim (Lorrie) Ritchie
- Doting aunt to Brian (Amanda) & Chris Maclean; Adam (Valerie) Ritchie, Sara (Jamie) Hamelin & Ian (Annalee) Ritchie
- Daughter-in - law to the late Dorothy & Allan Quirt
- Sister - in - law to the late Diane (2021) & Mccaul (1993) Quirt

Lynda will also be fondly remembered by great nieces and nephews:

- Kristen (Charlie) Stokes & Tyson
- Jack Ritchie & Olivia Cordner
- Madeline, Grace & Charlie Hamelin
- Thomas & Britta Ritchie

Lynda was a quiet, reserved person. Having been raised in the small community of Elmvale (population at the time was under 200), she spread her wings when she furthered her education in the study of art & design in a 3 year program at Georgian College. After graduation she moved to Toronto but managed to bring the Grey Coach bus home almost every weekend to sit around the pool and read.

Securing employment with Sunworthy Wallpaper, she worked her way up the ranks during her career to become head of their Birge line of wallpaper, retiring in the early 2000's after 30 years.

Lynda had a special flare with everything she touched - a gift with added perfection. If it could be made on a sewing machine, she made it - from all sorts of clothing including tailored coats to draperies and other interior design items. She was always up with the latest Paris and New York designs.

Although Lynda loved children, she had none of her own. Her family included her husband, John, and their many cats but she doted on her niece & nephews every chance she got. As the family photographer, she took every opportunity to permanently secure their images as they grew up.

A graveside service at Elmvale Cemetery will be held at a later date.

If desired, memorial donations may be made to the Elmvale Food Bank in Lynda's memory.

Expressions of sympathy may be sent to
www.lynnstonefuneralhome.com



Obituaries



LINTNER, Elwood "Al" Edward

Al Passed away peacefully at 84 with his family by his side at Woods Park Care Center, Barrie on Sun. Mar 5, 2023. Al leaves behind his wife Joyce (nee Hurd) of 60 yrs and two children Steve (Alison), and Pam (Mike);

and his beloved grandkids Cameron (Sam), Logan, Mikayla (Evan), and Sheridan (Brock). He is pre-deceased by his brother Arn (Lola), sister Kathy (Don), and leaves behind brothers Chuck (Wanda), Ted, and Jim (Trish); and sisters Bonnie, and Bernice; as well as many nieces nephews and extended family and friends. Al was a long-time resident of Midhurst but was born and raised in the Stouffville/Zephyr area where he was introduced to farming. Al was a kind caring and patient soul. He was selfless, never complained, or asked for help but would give you the shirt off his back. He had a passion for life and lived an active lifestyle. Al was a dedicated hard worker and had a very lengthy career in the soft drink business. Started as a driver and Merchandiser for Wilson's Ginger Ale in Toronto. Then moved to management at Wilson's in Barrie, then to Canada Dry, and finally ending his career with Pepsi both in Orillia. Al was best known for his love for the outdoors. He was an avid hunter, hiker, fisherman, golfer, snowmobiler, water skier, ATVer, and maple syrup producer. He loved his tractors, his dogs, and enjoyed paying euchre. This love took him North in the 1960's to be one of the original founders of Smokey Lake Hunt Camp. This was his "happy place" where he spent most of his spare time. This love and passion was passed on to both his children and all 4 of his grandkids. He has taught them all to love nature and enjoy life in the outdoors. At Al's request, cremation has taken place and a family ceremony will follow in the spring at the Midhurst Union Cemetery for his "final resting place". A celebration of life will be held on Sun., April 2nd, 2023 at the ANAF Club 365, 52 Morrow Rd Barrie ON from 1-4 pm, www.anafbarrie.ca. The family would like to thank the entire care team at Woods Park, especially Joyce, his favourite PSW. *Online condolences can be made to the family at www.peacefultransition.ca. In Lieu of flowers, donations can be made in memory of Al to the Ontario Federation of Anglers www.ofah.org and Hunters, or a charity of choice.*



QUINLAN, Allan

It is with profound sadness that the family of Allen Quinlan announce his passing on Wednesday, March 22, 2023 in his 98th year.

His gentle spirit will be lovingly remembered by his wife of 67 years, Annetta (nee Marion)

and his children; Peter (Carol); Marie (Corry) and David (Brenda).

He was the very adored "Grampa" of Missy (Derek); Myles; Karly (Phil); Brent (Brittany); Craig (Emily); Ryan (Samantha) and Kim (Adam) He will be sadly missed by his 11 great grandchildren.

A visitation was held at Adams Funeral Home (445 St. Vincent St., Barrie, ON) on Wednesday, March 29, 2023 from 2-4 pm and 7-9 pm followed by a Funeral Mass at St. Mary's Parish (65 Amelia St., Barrie, ON) on Thursday, March 30, 2023 at 10am with interment and reception to follow.

In lieu of flowers, donations may be made to St. Vincent de Paul or the Arthritis Society.

The family would like to thank all the wonderful Doctors, Nurses and staff at Royal Victoria Regional Health Centre for their exceptional care and support.

Messages of condolence may be forwarded to the family through adamsfuneralhome.ca

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Elmvale Curling Club

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Springwater News Found at the 2023 Brier in London!



Photo above: First Row L to R: Bonnie Locke, Gwen Tjart, Diane Kenney, Holly Pullen. Back Row L to R: Mary Downey, Frances Stevenson, Marlene Tinney, "Slider" (Brier Mascot), Sally Sibald, Heather Mephram, Sue Henry, Anne Harrison, Ruth Hurst, Sandy Owen, Doreen Turner and not in photo: Penny Gingell

Mar. 20, 2023 - Fifteen women, all current and retired members of the Elmvale Curling Club, attended the Championship Weekend at The Brier in London, Ontario. Sporting their bright yellow custom made scarfs for the event, they were easily identified on the Budweiser Gardens Jumbotron and TSN coverage, even winning the Best Row prize at one of the games! The scarfs certainly attracted a lot of attention to Elmvale and the Elmvale Curling Club.

This multi generational group, bonded by friendship, family, and a love of curling, enjoyed the excitement, and energy throughout the event and were awed by

the amazing shot making and sweeping power of all the teams. What a thrill to watch Team Canada, skipped by Newfoundland's Brad Gushue, lift the Brier Cup on the first place podium.

Such a memorable road trip for this group! Great curling and company...priceless!

The Elmvale Curling Club always welcomes new members.

The Elmvale Curling Club is all about having 'Fun with Friends'. Although they have a number of competitive curlers who are involved in Regional and Provincial competitions, Elmvale Curling Club is also about building and maintaining friendships



with people in Elmvale and the surrounding areas.

The Elmvale Curling Club was founded in 1870 using a natural ice surface. In the 1950's the club was moved a few hundred metres to its current location and man made ice sheets were installed. Our club hosts an active membership with leagues and programs for all age and skill levels. Ice will be removed around April 8, 2023 but registration will begin in the fall for he next curling season.

Contact: info@elmvalecurlingclub.ca or 705-322-2371 for more information.

Submitted by Sue Henry

Views from the Cottage by Melanie Martyn



“THERE WAS A TIME IN THIS FAIR LAND...

When the railroad did not run...”. One of my favourite songs was the Canadian Railroad Trilogy, by Gordon Lightfoot. The CBC commissioned him to write a song to commemorate our centennial year, 1967. The lyrics take your mind from sea to sea, through the pristine wilderness, virgin forest stands, plains of the prairies to the majestic Rockies. There is even a children’s picture book by Ian Wallace (published 2010) that features beautiful colour pastel illustrations for the song’s lyrics. The song encapsulates the pride of a young nation with great hopes for the future, but it also depicts the toil and sadness of the workers paid minimally for their efforts and suffering loss of life and limb in the name of progress. Also, I think of the thousands of Chinese labourers who were so far from their loved ones and were paid and appreciated even less than their hard-working counterparts of a lighter colour. Thoughts also come to mind now, of the many indigenous people that were forced off their land to make way for the iron highway. Oh, the skeletons... I still love the song, but with more of an awareness and some sadness of the story it truly tells.

I have not been on a train in many, many years but the news of so many derailments of late had me questioning whether I’d ever want to board a train again. Derailments appear to be a cost of doing

business with an expected occurrence due to failure of a track or the wheels that run along them. Loss of life has not been too prevalent overall but the impact of a derailment like the one in East Palestine, Ohio, has more far-reaching detrimental effects than we can even guess at this time. I would like to think that a rail line company could be counted on to be over zealous on safety controls when it comes to the transport of thousands of gallons of toxic chemicals. If they are not, what does that say about their safety precautions when transporting precious cargo such as our little fannies. Across Canada we’ve had an average of 84 derailments per year but, thankfully, these appear to be more of the cargo variety. Comparatively, the States can have an average of 1,700 derailments per year but we are looking at an extensive amount of railway coverage in total. There is one thing I know for sure and that is that an automobile cannot stand up to the force of an oncoming train that cannot stop on a dime. A recent collision happened this past month in Severn Township when a vehicle crossed a track while railway signals were flashing. What was that driver thinking? They were lucky to escape with their lives and I’m sure we will hear more about the cause in future updates.

My earliest memory of trains will always bring me back to the trip with my grandparents. They took the four of us kids from Toronto to Hamilton and back in 1960. I was very young but I recall my Pops saying it was one of the last times this particular train would run and he wanted us to experience it. It was exciting for a young pre-schooler and though I’m sure it was not a steam train, I remember it as having a mist around it as the whistle blew its ‘toot-toot’! What a ride!

Trains are a force to be reckoned with and who doesn’t recall putting pennies

or other coins on the track and standing far back, waiting for the huge caboose to flatten our change into works of art. As kids, we’d always be putting our ears to the track to see if we could feel the vibration of the coming choo-choo. The force and wind that blew our hair, even at a distance, was enough to give you a high respect for its power. We’d wave at the Conductor and wait for every car to go by so we could check out the caboose and then run to find the coins. They were never in the same place as we’d put them but we’d find most, if not all. I still have an elongated penny from 1963.

We can thank the many railways that have long since been de-commissioned as their tracks were lifted leaving walking/biking paths in their place. I’ve often hiked the trails through Elmvale and further north for exercise and solace. Year-round they are a welcome respite from the day-to-day stresses of life. A favourite time of year is the Fall, when you can harvest the wild grapes that grow here and there along the trek. At this time of year, I’ll be happy to greet the new growth of Spring but I’ll be carrying along, a thick rolled up magazine. More about that later but until then, don’t lose your ‘train of thought’. Happy Spring and looking forward to things like fresh maple syrup! (March 28, 2023)

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