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# Springwater NEWS

Edition 649 - April 13, 2023 Serving Springwater & Tiny Townships and surrounding areas

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## Free Hoppin' Good Easter Fun at Eggstravaganza 2023



It was free hoppin' good Easter fun! The event started at the Wasaga Beach RecPlex at station one on Sat. April 8, 2023. This leads visitors to hop down the bunny trail on the Oakview Trail that was decorated with all that is Easter and spring. This lead to the bunnies, goats, and chicks put on by L.J. Rabbitry and Homestead from Coldwater.

There were ten stations in all that included bubble station, face painting, bouncy castles, egg decorating, games and many activities.

Photo above: Evelyn holding a baby chick

Photo to left: Volunteers running station one were (L to R) Addisson, Quinn and Will with Evelyn



## Phelpston Easter Egg Hunt Supported by Elmvale Lions and Phelpston CRA



Photo above: Easter Bunny in Phelpston during the Easter Egg Hunt Event. Ward 2 Councillor Danielle Alexander warmly greets the visitors.



On Saturday April 8, 2023 the Phelpston CRA planned an Easter Egg hunt and the Elmvale Lions supplied hotdogs and helped with the cost of a chocolate bunny to be given to each Easter Egg hunter. It was wonderful to see that community come out together to enjoy this festival occasion on a nice spring day.

By Linda Belcourt, Editor



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LETTERS TO THE EDITOR

Please submit your letters to the Editor.  
Email: [info@springwaternews.ca](mailto:info@springwaternews.ca) or drop off at office. Contact information is on the right hand side of this page. **Phone number and address must be supplied for all letters to the editor.** The opinions expressed in articles contributed by interested parties and through the 'Letters to the Editor' do not necessarily reflect the opinion of this newspaper and/or the editor.

Dear Editor;

I do not know what your politics are or your position on Environmental issues, but you have earned my total respect for publishing my comments on the Gas Lighting article and how it might be applied to the Environmental Lobby. Considering the possible backlash that sometimes accompanies any discussion that may question the accepted opinion of the mainstream media regarding climate change, you are one brave person and I really did not expect you to publish my letter to the Editor (March 30). My highest regards.

FYI: I am not a climate denier, I just do not agree with frightening the public without just cause. Before retiring I spent many years as Chair of the Energy and Environment Committee of the Building Owners and Managers Association of the Greater Toronto Area (BOMA) Toronto. I was a founding member of Refrigerant Management Canada (saving the ozone layer by the safe destruction of CFCs); working with Environment Canada on the removal of PCBs from Toronto's office towers and working with the Province of Ontario and the city of Toronto to successfully reduce energy consumption in office buildings.

Edward J. (Ted) Aldcroft RPA - Apr. 4, 2023

Dear Editor;

My quote "Our countryside is going to get a whole lot uglier under these extremely lax new rules. And the scattered development that this promotes is really hard on natural heritage systems like Lake Simcoe's. If we want a healthy ecosystem and affordable housing options this is not the way we should be building. We can do so much better than this. But to do so requires work, study and commitment."

<https://news.ontario.ca/en/release/1002910/ontario-introduces-next-steps-to-support-housing-supply-growth>

Bill 97, Helping Homebuyers, Protecting Tenants Act, 2023 - Legislative Assembly of Ontario

The Act that would replace the Growth Plan and Planning Act is attached. No more Growth Plan. (It was award winning when introduced in 2005).

Claire Malcolmson, Executive Director, Rescue Lake Simcoe Coalition - Apr. 7, 2023

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NEWS ON OUR COUNCIL

**Township Staff to Move Forward on Barrie North Winter Tennis Lease Agreement for 20 Year Lease Term**

By Dominika Zapolnk, Springwater News Reporter  
Apr. 11, 2025 - At its April 5, 2023 meeting, Township of Springwater Council voted to authorize staff to finalize negotiations with Barrie North Winter Tennis (BNWT) to include a 20 year lease term. BNWT leases the Doran Tennis Facility and maintains winter tennis operations at the facility located at 41 Spence Avenue in Midhurst. They have been without a lease since August of 2018, when the previous lease agreement expired. According to the April 5, 2023 Options Report, which includes among other items, the purchase of the clubhouse by the township for \$1, "Staff have been meeting and negotiating with BNWT for several months..." and the length of the lease agreement was the last term in the lease to be agreed on. More information on tennis options for residents is available to view on the Township of Springwater website: [www.springwater.ca/en/recreation-and-culture/tennis-courts.aspx](http://www.springwater.ca/en/recreation-and-culture/tennis-courts.aspx)

**\$100 Bursary Program Approved for Township Elementary Schools**


A motion to create a bursary program for elementary schools in the township was brought forward by Coun. Moore and approved by council. The motion asked staff to draft a policy for a bursary award program available to each elementary school within the Township of Springwater for \$100 per school funded through taxation revenue. Schools would be required to apply for the bursary award program each year by April 1 and it would be up to each school to decide on how to spend the money.

**Fees and Charges for Pavilion Rentals Amended**

Council voted in favour of bringing forward an amendment to its April 19 meeting to vote on changes to the fees and charges for the rental of township pavilion locations to non-sport uses. The amendment proposes a half-day (for four hours or less) rental rate of \$33 for all township pavilion locations for non-sports related activities. A non-refundable deposit requirement of \$165 for all full and half day pavilion rentals will also be added to accommodate for damages and cleaning requirements.


**Report Being Released Regarding Concerns Over New Fees and Charges Study**

According to the Township of Springwater Facebook Page (posts on March 30 and April 6), township staff as well as Watson & Associates (consultants) met with Elmvale Arena user groups and organizations to provide background and information on the fees and charges study and how they were calculated. This comes after concerns were raised by users around the new fees and charges study adopted by council in this year's budget. Township staff will bring forward a report on the fees for council's consideration at its April 19 meeting. A report is to be released to the public regarding fees and charges on Thursday, April 13. This information was not recorded and shared on the township YouTube Channel.



THE VOICE OF THE COMMUNITY

Springwater News




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or e-mailed 24 hours a day.  
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**760** in the Utopia/Grenfel area L0L 1B0 and L0L 1B2  
**3050** in the Barrie City/Rural area  
**4250** in South Springwater Township  
**130** to the new boxes in Minesing / Anten Mills  
**640** in Phelpston L0L 2K0  
**650** in Hillsdale including the Rural Routes L0L 1V0  
**2550** in Elmvale including the former R.R.# 1, 2 & 3 L0L 1P0 which includes Orr Lake, Waverley and some Tiny Beaches Road areas  
**265** in the Wyebridge area L0K 2E0  
**975** in Wyevale L0L 2T0 including Conc. 8 and some TBRS areas,  
**1325** in Perkinsfield including Balm Beach to Whippoorwill  
**1100** in R.R.# 1, L4R 4K3 (775) & 2, L4R 4K4 (300) areas of Midland which includes Vasey, Ebenezer and the area North-West of Wyebridge  
**2900** in Northern Tiny including SS 3, 5, 6, 7 & 8 of Rural Penetanguishene (Postal Codes L9M -1R2, -1R3 & -2H7)

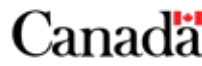
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EDITOR'S NOTES

by Linda Belcourt, Publisher, Editor, Owner

The community events page is growing with lots of things to do coming up in our fine community. During Covid the events page was suspended and now it is bigger than ever. Non-profits can use this space to list their fundraising efforts. People have a reason to pick up the Springwater News. Win, win. Support to charities means support to all of us.

The next big event is the Elmvale Maple Syrup Festival. The next edition of April 27, 2023 will highlight this festival so everyone knows what is going on. Doug Rose was the first chairman, and the first festival was held on April 9, 1966. The proceeds from that festival amounted to \$1,626.48, of which there was a net profit of \$482.12, which was divided amongst the contributing parties, each receiving the grand sum of \$80.69. The following two festivals were more successful, and again, the profits were divided amongst the organizing groups. After the 1968 festival, several of the groups met to decide whether the annual festival should continue, and voted against it. However, those groups who wanted to see it thrive held their own meeting and formed the Elmvale and District Maple Syrup Committee. Fast forward to this year and under the current leadership of President John Savage and Vice-president Dan Clement, the festival of today is a widely publicized, fun-filled experience which draws 30,000-40,000 visitors annually. The festivities begin with the Friday night Variety Show at Elmvale District High School which is open to the public.

Come support the festival as it supports us all!



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Midhurst Easter Egg Hunt Sponsored by

**PHARMASAVE**  
Midhurst Pharmacy



Photo above: Logan Farrelly, of Midhurst, hunting for eggs and helping the younger egg hunters.



Photo above: Pharmasave Team supplies and runs the Easter Egg Hunt.



Apr. 11, 2023 - Thank you Midhurst Pharmasave for sponsoring the Midhurst Easter Egg Hunt that was held on Good Friday April 7th at 10am. The children had a great time and laughter filled the air while adults socialized with neighbours and friends. The excitement of Easter Egg hunt was rewarded with a cup of treats at the end. There were hunts for three different age groups.

By Linda Belcourt, Editor

Seniors and Living

Life has been a blessing and you are graced with a full life.

The family has moved out on their own and have their own families now. Whether it's still the two of you at home or you're on your own, either way, the house seems bigger now. The house still needs repairs, and each year the yard work becomes more challenging. Your time and energy are devoted to the upkeep of your home at the expense of social activities which could alleviate isolation and loneliness. Perhaps, you are at a point in life where you simply want the time to spend with family and friends and have the freedom from the 'day-to-day' activities associated with maintaining a home.

If this describes you then you are not alone.

There are different lifestyle options available for the retired senior today. A senior can choose to live in their own home and have 'in-home' assistance. Another option is to live with family or friends or perhaps a retirement home that has meals and care provided. Each choice comes with its own set of benefits and compromises. One of these compromises might include the need to leave your own community. Whatever your option, you want to stay in your community close to your family and friends.

For that reason, another option – a 'better' option exists.

"The Elms" – Elmvale Active Seniors Residence is a perfect solution. Elmvale is a 'close-knit' community, and we all have a responsibility to watch out for our seniors. "The Elms" project is a great service to the community. Seniors can transition from their home into a complete and comfortable lifestyle. The advantage to being in a retirement community

is the companionship with like minded folks. "The Elms" is community-driven and will have a family feel to it. The whole design is based on a lifestyle that a senior will benefit from and enjoy the golden years of their lives. Imagine a life where you have your own self-contained living space but are close to neighbours. There will be many activities to enjoy and many activities to keep you healthy. The "peace of mind" that family members can have benefits everyone. Family members can spend time visiting instead of doing chores and maintenance.

The driving force behind the concept and design of "The Elms" came from local people that want to give back to the community. "The Elms" is a 'not for profit' housing development suited for local seniors that want to stay in the community. "The Elms" is predicated on the 'life lease' model which is growing in popularity and provides the members with a 'cost-effective and minimum financial risk' living arrangement. "The Elms" project has been several years in the making. Many members of the community are already on the 'Waiting list' for this exciting community development. A "town hall" meeting is scheduled for Monday, April 17th between 6:00 and 8:00 pm at the Elmvale Community Hall. Everyone is welcome to come out and learn more about the upcoming plans. The building will soon begin, but they need your commitment now. These units will sell out very quickly. Register now to ensure you can have the lifestyle you deserve.

Your life could be one filled with laughter and comradery. "The Elms" – Fostering Friendship – surround yourself with community.

You deserve to live your best life.



ELMVALE ACTIVE SENIORS RESIDENCE  
TOWN HALL MEETING

WHEN: Monday, April 17th at 6:00 – 8:00 pm

WHERE: ELMVALE COMMUNITY HALL

WHAT WILL BE DISCUSSED:

- Development – Status Update
- Sales & Marketing Plans
- 3D – Unit Layout Presentation
- Unit Pricing
- "Priority" Sign Up Commitment

EVERYONE IS WELCOME

"THE ELMS" – Fostering Friendship

Bay Shore's

Mother's Day

Craft, Art & Vendor Show

Saturday  
May 6th  
10am - 4pm

Sunday  
May 7th  
10am - 3pm

Lunch will be Available

Bay Shore Senior's Club  
2000 Tiny Beaches Road South, Tiny



### Upcoming Meetings

#### Council Meeting

Wednesday, April 19 at 6:30 p.m.

#### Elmvale BIA

Thursday, April 20 at 6:00 p.m.  
Elmvale Library

#### Committee of Adjustment

Wednesday, April 26 at 6:00 p.m.

Council and Committee of Adjustment meetings are live streamed online at [springwater.ca/Live](https://springwater.ca/Live). To view the meeting agendas, please visit: [springwater.civicweb.net/Portal](https://springwater.civicweb.net/Portal)

### Seasonal Load Restrictions

The reduced load period in Springwater starts March 1 and ends April 30. By-law 2009-079 restricts loads on most Township roads to 5 tonnes per axle. The restrictions help protect the structural integrity of the roads during the spring thaw.

For more information about the reduced load period, please contact our Roads & Fleet department at 705-728-4784 x2012 or [roadsandfleet@springwater.ca](mailto:roadsandfleet@springwater.ca).

### Interim Tax Bill Due Date

Please be reminded that the second installment of the interim tax bill is due on:

- Wednesday, April 19, 2023

For payment options please refer to your bill or visit [springwater.ca/tax](https://springwater.ca/tax)

### Water & Wastewater Billing

Residential water meters will be read at the end of April by the Township's third-party contractor, Wamco Waterworks. Bills will be mailed at the beginning of May with a due date at the end of May.

### Bid Opportunity

The Township is currently accepting bids for:

**2022 State of Good Repair Roads Repair (2023-17-IOS)**

Closes: April 13, 2023

**Supply and Deliver 1 Rubber-Wheeled Articulating Loader (2023-14-IOS)**

Closes: April 14, 2023

**Rout and Seal Crack Sealing (2023-08-IOS)**

Closes: April 20, 2023

**Supply & Deliver Liquid Sodium Brine (2023-06-IOS)**

Closes: April 20, 2023

For details and to submit a bid, visit: [springwater.bidsandtenders.ca](https://springwater.bidsandtenders.ca)

### Surplus Goods

The Township has the following surplus item up for auction:

**2003 Ford F-350 SD**

Closes: April 17, 2023 at 3:00 p.m.

For details and to submit a bid, visit: [govdeals.com](https://govdeals.com) and search for Springwater.



» **Thursday, June 22, 2023**

» **Springwater Golf Course**

Get registration information and sponsorship opportunities online at: [springwater.ca/SpringwaterSwing](https://springwater.ca/SpringwaterSwing)

## Bursary Program

Up to 21 \$3,000 bursaries are available to Simcoe County students!

Additional information:  
[simcoe.ca/studentbursary](https://simcoe.ca/studentbursary)

### Sale of Land by Public Tender

Please take notice that the Township of Springwater has the following property available for sale by public tender:

- **2500 Highway 26, Minesing**

For further information on the property or to learn about the tax sale process please visit [springwater.ca/taxsale](https://springwater.ca/taxsale)

### Community Garden

Interested in participating in the community garden located at Bishop Park in Elmvale? Register now!

**Single Plot: \$10 +HST / annually**

The Township is also seeking individuals interested in operating and maintaining the community garden.

Learn more about these opportunities and register at: [springwater.ca/CommunityGarden](https://springwater.ca/CommunityGarden)



### 2023 Spring Watermain Flushing Notice

The Ontario Clean Water Agency (OCWA) will be flushing watermain for the Township throughout April and May. It is very important to REDUCE water use from 8:00 a.m. to 4:00 p.m. on the dates listed below so that OCWA can effectively complete the maintenance.


|                     |  |
|---------------------|--|
| April 17 – April 21 | Elmvale & Hillsdale  |
| April 24 – April 28 | Anten Mills, Phelpston, Del Trend (includes Carson Road, Glen Huron Drive, Paddy Dunn's Circle, Anthony Court, Deluca Court, Kanata Court, Channen Court and Wendat Trail) |
| May 1 – May 5       | Midhurst & Minesing  |
| May 8 – May 12      | Snow Valley (includes Highlands, Lowlands and Centre Vespra)   |
| May 9               | SWABBING - Vespra Downs*   |

\*For areas being swabbed, we ask that residents STOP using water during these hours.

During or after this flushing period, you may experience discoloured water and/or low water pressure. For more information, visit [springwater.ca/Water](https://springwater.ca/Water)



**CHECKING IN@PPL**  
News & Events at the Penetanguishene Public Library



24 Simcoe Street 705-549-7164  
[www.penetanguishene.library.on.ca](http://www.penetanguishene.library.on.ca)

PD Programs are here!

Earth Day

Celebrate Earth Day with PPL on April 22nd. Come to the library and participate in a Earth Day themed craft at 10:00am. All ages welcome. Free.

Scrabble Tournament

Celebrate National Scrabble Day searching for words amongst friends. We provide the scrabble boards and scoring sheets. Participate in finding English words and Spanish words! Three time slots are reserved for your playing times on Thursday, April 13th at 10:00am, 2:00pm and 5:00pm. Please register with your library card to participate. Snacks will be provided. This program is free.

Pop-Up Covid-19 Vaccine Clinic

The library is hosting a pop-up Covid-19 Vaccine Clinic from 9:30-3:30 on Wednesday, April 26h. No appointment necessary. Drop by with your Health Card. For ages 6 months and up.

National Superhero Day

Join us for a super party on Friday, April 28th, 2023 from 10:00am-12:00pm. All ages are welcome. Games prizes and snacks will be provided. Register with your library card. Dress as your favorite Superhero for the party! Free.

Storytime with Connie

Join Connie for Storytime on April 20th at 10:00 am. Enjoy a story, song and craft. Sign up with your library card. Free.

New @PPL

E-books

E-books are now available via the new app Cloud library! Get the library app from the Apple store or google play. Start reading for free with your library card. Additionally, enjoy the many audio books also available in the e-catalogue.

Coming soon!

Heads up for Healthier Brains

The Alzheimer's Society will be offering another free program to anyone interested in learning how to keep their brain healthier and reducing the risk of Dementia. Healthier brains include information on Dementia vs normal aging. This program will be held on Wednesdays, from June 7-28 from 1:00-3:00pm. Do not need a library card to register. Refreshments will be served. Contact the library to register in advance.

Construction at the library!

The library is under construction! Scheduled from March 27th to June 1st, 2023. The library will remain open and all programs will still be running. (Some service interruptions may occur. Keep posted via our social media pages). Due to Construction the library will be closed for a few days from April 17th to April 19th.

Be Bear Wise to Prevent Bear Encounters

Public should exercise caution as bears come out of hibernation

April 03, 2023 - Ministry of Natural Resources and Forestry

The Ontario government and the Ontario Provincial Police (OPP) remind you to exercise caution as black bears begin to come out of hibernation this spring.

Bears waking from hibernation face a lack of natural food sources, leading them to look for food in garbage cans and bird feeders.

You can prevent bears from visiting your home and neighbourhood by:

- Storing garbage in waste containers with tight-fitting lids (indoors if possible)
- Waiting until pickup day to put out garbage
- Taking away bird feeders for the spring and summer (you can offer birds natural alternatives, such as flowers, nesting boxes and fresh water)
- Cleaning food residue and grease from outdoor barbecue grills – including grease traps – after each use
- Keeping pet food indoors

Bears entering your community are not necessarily a threat, but it is important to know who to call if you encounter one. The province operates a non-emergency, toll-free Bear Wise reporting line (1-866-514-2327). The line is open 24/7 from April 1 to November 30.

NEWS FROM THE WYEVALE COMMUNITY

Apr. 19, 2023 - Hoping everyone had a wonderful Easter Weekend.

News from Wyevale United Church:

Join us for worship on Sunday morning's @ 10:00 a.m.

On Sunday April 23rd we welcome Rev. Kathleen Greidanus to our church. She will be conducting the morning worship at 10:00 p.m. and on Sunday April 30th we welcome Rev. Hoon Kim who will take part in the morning worship.

Food Bank

The first of the month @ the Wyevale Church we ask people to bring Food for the Food Bank. If you wish to donate please call the church if interested in donating food. They ask for pop open cans. This makes it easier for people who do not have a place to go to. Thank you.

Wyevale Book Clubs next meeting will be held in the basement of the Church at 2:00 p.m. Watch for the next date for the Book Club meeting and please come and see what it is all about. All are welcome.

Wyevale Youth Group next meeting will be held in the basement of the Church on April 14th & 28th @ 7:00 p.m. If you require further info please contact Pat Smith.

Bible Study on Wednesday Nights at 7.00 p.m. All are welcome to join us. Bring your own Bible.

Spaghetti Dinner

Saturday May 6th from 5 pm to 6:30 pm tickets available at the Wyevale Jug City \$20.00. Continues Sitting. Eat in or take out.

Baptism

On April the 16th we are pleased to Baptize Dutton the Son of Ben Moreau, Sam Dallaire & big sister Oaklynn.

Sympathy

We extend sympathy to the Laycock family on the passing of Ken. Beloved husband of Debbie.

Also we extend sympathy to Ron Desroches & Bonnie Moreau on the passing of Ron's sister Marie.

Wyevale Parks and Recreation Report

Wyevale Recreation will be starting a fund raiser for new baseball lights in the Wyevale Park. Watch for further information on how you as a community can help with this project.

Baseball Season is approaching. It's time to register  
*Submitted by Karen Moreau*

Bear Encounters — Who Do I Call?

Bears may wander into urban areas in search of food, but not every bear sighting is an emergency. Know who to call if you encounter a bear:

Non-Emergency Encounters

Call the toll-free Bear Wise reporting line at 1-866-514-2327 (TTY 705-945-7641) if a bear is:

- Moving through a backyard or field but is not lingering
- Roaming around the neighbourhood
- Checking garbage cans
- Breaking into a shed where garbage or food is stored
- Knocking over a barbecue
- Pulling down a bird feeder
- In a tree

Emergency Situations

Call 911 or your local police force if a bear poses an immediate threat to personal safety. Some threatening or aggressive behaviours include:

- Entering a schoolyard when school is in session
- Stalking people and lingering on-site
- Entering or trying to enter a residence
- Wandering into a public gathering
- Killing livestock/pets and lingering on site.

Becoming Ethical Beings

*"Great spirits encounter violent opposition from mediocre minds."*

*Albert Einstein*

Apr. 9, 2023 - We tend to think of bullying as something that happens in schools and amongst children. Great efforts are made to protect victims from bullies, and to educate children about bullying.

However, there is just as much bullying with adults. A partner can bully a spouse, a worker can bully a co-worker, an employer can bully an employee. Bullying characterizes some workplaces and institutions.

It is, to my mind, disgraceful to see those in leadership roles demonstrating this kind of behaviour. A prime example of a leader who bullies is former president Donald Trump. He wants to control the narrative, rewrite the facts, and intimidate or humiliate any who speak out against him. When presented with the truth he denies what we all know to be true.

Surely adults can deal with others without descending into bullying behaviours. President Obama said, "We can disagree without being disagreeable." We should be able to deal with differences without denigrating or threatening others.

Opposing views or opinions can be expressed without attacking another person. It seems that those who feel a need to attack the person, rather than their viewpoint, has not matured beyond the level of the schoolyard bully.

Often, they are insecure and lacking in emotional intelligence, and may even be narcissists who have no respect for others and have an unreasonably high sense of their own importance. Einstein went on to explain: "The mediocre mind is incapable of understanding the man who refuses to bow blindly to conventional prejudices and chooses instead to express his opinions courageously and honestly."

Adult bullies also act like children who encourage others to bully the victim. Gossip is a good example of this. Badmouthing someone behind their back and trying to get others to side with them is characteristic. This can be seen in workplaces, neighbourhoods, and families. It can lead to efforts to isolate the victim, threaten them, or find ways to hurt or humiliate them.

It calls to mind William Golding's 1954 novel "Lord of the Flies" which tells the story of a group of young boys who find themselves alone on a deserted island. They develop rules and a system of organization, but without any adults to serve as a civilizing impulse, the children eventually become violent and brutal.

Increasingly we see this in politics and throughout society. It seems humans are devolv-ing rather than evolving. The moral of Golding's book is that the shape of a society must depend on the ethical nature of the individual. That is where positive change must begin.

At every level, individuals must ask themselves if their words or actions would be considered ethical by Mother Theresa, Nelson Mandela, or Mahatma Gandhi.

The ethical person does no harm, does or says nothing that may bring harm to another person, shames them for any reason, and avoids bullying behaviour. Being an ethical person also requires one to be responsible and accountable for one's actions and not covering them up.

How different our world and communities would be if each individual chose to act ethically, whether anyone was watching or not. That would be the civilizing impulse so desperately needed right now.

*Gwen Randall-Young is an author and award-winning psychologist. For permission to reprint this article, or to obtain books, CDs or MP3s, visit [www.gwen.ca](http://www.gwen.ca). Follow Gwen on Facebook for inspiration.*



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Waterside Senior Mens Curling League Wrap Up



Photo above: L to R; Jake Arnold (Second), Glen Ritchie (lead), Murray Lees (Vice), Krishna Patel Waterside, recreation Director, Nina Eldrid, GM Waterside, Bill Scott (Skip)

Apr. 3, 2023 - by Robert McClung - The Waterside Retirement Lodge senior mens curling league concluded another successful season Friday, March 31, at the Elmvale Curling Club. The Waterside Champions trophy was won by the Bill Scott rink after a very dominant run in the Playoffs. Team members included Murray Lees, Jake Arnold and Glen Ritchie. They defeated the Paul Lambie rink which included Bill Claasse , Kevin Murphy and Lorne Heatherly who had ended up fourth after the regular season and also had a strong playoff going undefeated until the final game.

On the Consolation side the Mike Townes Rink defeated Lou Belcourts rink. The Townes rink had

been first overall in the League and Belcourt had landed in sixth.

The Waterside League runs along with the Masters League on Mondays to provide Curling for senior men at the Elmvale Curling Club all winter long. You do not need to have previous curling experience to play, nor do you need throw your rock , bent down in the hack. Stick curling has made the sport available for most people. Our age ranges from late 50’s to early 90’s.

Many thanks to our wonderful sponsor and partner, Waterside Retirement Lodge, in Wasaga Beach. Your support is greatly appreciated.

The Elmvale Pharmasave Tuesday Night Men's Curling League



Photo above: Congratulations to Pete Kenney, Henry Vander Wielen, Brent Ziliotto and Joe MacDonald for winning the Tuesday Night Men's Curling League. Apr. 5, 2023 - Submitted by Russ Madore

GBGH launches Emergency Wait Times Clock Webpage

March 30, 2023 – Starting this week, Georgian Bay General Hospital (GBGH) will publicly display projected wait times in the Emergency department (ED) via the hospital’s websites – both in English and French. Within the coming weeks, GBGH will also post the wait times on a screen in the ED waiting room so patients can refer to it while already in the ED.

When viewing the wait times online, it shows two different categories types of wait time – main ED and Green Zone (See & Treat for minor illness or injury), as well as the number of patients who are:

- Currently waiting (have not yet seen a physician)
- Currently being treated (i.e. they’ve had an initial assessment by a physician)

“GBGH has continued its important work over the last year to improve emergency department wait times,” says Matthew Lawson, president and CEO, GBGH. “The new ED wait time clock aligns with our hospital’s commitment to be transparent with our community. It is also important for patients to understand what to expect when coming to the Emergency department so they can be better prepared for their visit.”

This initiative was a significant priority for GBGH based on the following:

- Providing information to the public about the length of wait times to expect when visiting the ED can improve the patient experience
- It is an opportunity to increase awareness among patients and families about fluctuations in ED volumes, wait times and the triage process (based on the severity of a patient’s condition and their type of injury/illness)

On the website, the public can also access a graph showing when the ED will be busiest over the next six hours (based on historical data from the previous 30 days); a list of alternative resources for minor illness; what to bring when coming to the ED; and a reminder to call 911 in case of serious injury or illness. The page is accessible through GBGH’s website (gbgh.on.ca) and directly through the following link: <https://gbgh-predict.oculys.com>

Please note, wait times can change suddenly and dramatically based on evolving patient health status and volume.

Submitted by Derek Desroches Communications Specialist GBGH



Have your say  
in protecting  
drinking water

Public Consultation on the Amended South Georgian Bay Lake Simcoe Source Protection Assessment Reports

You are invited to view and provide written comments on the proposed amendments to the South Georgian Bay Lake Simcoe Source Protection Assessment Reports. Documents can be found on the internet at:

<https://www.nvca.on.ca/Pages/Drinking-Water-Source-Protection.aspx>

The proposed amendments are in response to an **additional new well as part of the Craighurst drinking water system within the Township of Oro-Medonte**. Existing source protection plan policies, previously approved by the Minister, are not changing and will simply be extended to these new locations with the wellhead protection areas.

Comments on the proposed amendments must be submitted in writing by April 19th, 2023 to:  
Sarah Thompson, Acting Source Water Coordinator

Email: [sthompson@nvca.on.ca](mailto:sthompson@nvca.on.ca)  
Mail: Nottawasaga Valley Conservation Authority  
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WHY I CRIED AT THE MILLBROOK WINTER CLASSIC  
2023 ELMVALE COYOTES U15 LL



Mar. 29, 2023 - This team has a hell of a story so let's start at the beginning. We weren't even sure there was going to be a team. We had no coaches, uncertainties about players, communication mix-ups... Then appeared four young men (I don't even know where they came from but I can hear the angels singing), and we had a top notch coaching staff. Am ambitious young lady stepped up to play goalie and the team was ready to go.

So the "going" part was a process. To put it politely it was a rough start. However, week after week coaches and players showed up to every practice and every game with such tenacity, such support and respect for each other the team evolved. Everyone continued to work together and stay positive. Ready to play and push on even though try as they might they just couldn't manage to squeeze out a win. They would come out of their dressing rooms tired and disappointed but nine times out of ten they had a smile on.

As the season went on it was obvious to anyone who was privy to seeing these kids in action that their skills were greatly improving. Coaches and players continued to work hard together and the results were obvious to anyone watching.

So this brings us to Peterborough and the Millbrook Winter Classic Hockey Tournament 2023. 1st game played just shy of a tie. 2nd game (at 7am no less), not so good. Game 3 - The Coyotes were on fire! We were down. Then tied. Then down. Then tied again; and then we were ahead with only minutes

to go. The Fans were cheering and ringing bells like no tomorrow. Could they just hold on? And the the buzzer went and THEY DID IT!!! The looks on the players faces is something I will never forget. They worked so hard and damn straight they deserved that win! At this point I realize I'm so happy I'm in tears and quickly move to wipe them away, embarrassed to be the Mom who would do this. Yet when I turned around it wasn't just me. There were tears of joy and pride everywhere. This is the kind of team movies are made of... who knows? Maybe Netflix will be coming to town.

Once home again the U15LL went on to compete in the round robin eeking out a place in the Championship for Pool C. They took fourth place in a whirl of fast, skilled exciting games. This team is a true example of what can be accomplished with dedication, hard work, good attitudes and amazing support.

Or more sincere thanks to our Head Coach, Matt Priest, Assistant Coaches, Matt Purcha and Jacob Linzer, Trainer Ben Keeper and Manager Michael Gilchrist. You all are over the top! Thank you to Matt and Nick for stepping up as our AP players. It is said it takes a village as I would like to recognize all the efforts and supports from our hockey families; parents, grandparents, siblings, extended families, friends and neighbours. To our sponsor DDA Trucking ; thank you and merci.

Until next time.

By Tara Davenport

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- Across**

1 Terminal

4 Baseball star Maglie

7 Knocks on the noggin

11 Beluga eggs, e.g.

12 Signal

13 \_\_ Minor (Little Dipper)

14 Guy's companion

15 Doubter of a sort

17 Prepare eggs in a way

19 Double agent e.g.

20 Fancy cabin cruiser

22 "What \_\_ I tell you?"

25 Source of concern

28 Bean source

29 Some, in Sevilla

30 Lead has one

32 Punishment, metaphorically

33 Bravery badge

34 Fin. neighbour

35 Precipitate

39 Shipwreck aid

43 Cockpit prediction

44 Frozen treats

45 Aye opposite

46 Get busy

47 Edible red root

48 AL team, on scoreboards

49 Title starter, often
- Down**

1 Bits of energy

2 "Take two" was his motto

3 It may be kosher

4 Ancient Egyptian's sacred beetle

5 Midsummer mo.

6 Preventer of photographic glare

7 Not taking calls, perhaps

8 Pet's scrap

9 Paranormal phenomena, abbr.

10 Bodily pouch

16 Cast one's vote

18 Hand-knotted rugs

21 Understandable

22 Spanish nobleman

23 Frozen

24 Hoover or Roosevelt

25 Prickly casing

26 One in Madrid

27 Flit about

28 Bubbly beverage

31 Willing sacrifice

33 Syndicate

34 Fit one inside the other

36 Marsh material

37 Poison ivy woe

38 Appointment book entry

39 Prog. Cons. rival, in Canada

40 Certain sculpting medium

41 License's cost

42 Neighbour of a Thai

Life on The Spectrum by Autism Speaks Canada

April is World Autism Month, let's create an inclusive Canada where autistic people can reach their full potential.

Life on the Spectrum documentary Episode 3 focused on Adulthood premieres on April 15, 2022, on their You Tube channel.

Toronto, April 01, 2023 (GLOBE NEWSWIRE) -- April is World Autism Month, an annual opportunity for a dedicated conversation about autism.

Special Announcement: In celebration of World Autism Month, Autism Speaks Canada is launching their documentary "Life on The Spectrum by Autism Speaks Canada" on April 15, 2023. This episode is focused on Adulthood – Carter, Justine, Aiden, Alyssa, and James are proud self-advocates who share their stories. By sharing first-hand accounts of autistic Canadians, Autism Speaks Canada hopes to increase understanding and acceptance of autistic people; drive real inclusion and inspire social change across Canada.

**How to Watch the Documentary:**

- Subscribe to Autism Speaks Canada's YouTube

channel at autismspeaks.ca/ youtube and be the first to watch Life on the Spectrum Episode 3 by Autism Speaks Canada.

- Release date: April 15, 2022

In addition to the documentary, Autism Speaks Canada wants to thank all their partners for collaborating in increasing understanding, acceptance and inclusion in the month of April: Spectrum Works Job Fair, sponsors and ambassadors of the Autism Speaks Canada Walk, and GoodLife Kids MOVE and so many more. Visit their website to learn more. www. AutismSpeaks.ca

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Symptoms of allergies can include sneezing, runny nose, nasal congestion, nasal & palate itching, coughing and red, itchy, watery eyes. The best way to prevent allergies is to avoid the allergen. If this is not possible, starting therapies as soon as symptoms present and continuing until the allergen is gone are best. To reduce and manage allergy symptoms there are a number of oral medications (such as antihistamines), nasal sprays and eye drops available over-the-counter and on prescription. Allergic Rhinitis is a minor ailment that pharmacists can assess and prescribe for. Call or visit us today!

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SPIRITUAL and MENTAL HEALTH

ANNIE'S JOURNAL

by Annie Warner Donnelly



Another anniversary of Good Friday and Resurrection Sunday have come and gone. Were we blessed?

The Bible tells us this: "For I know the thoughts I think toward you, says the Lord, thoughts of peace and not of evil, to give you a future and a hope. Then you will call upon Me and go and pray to Me, and I will listen to you. And you will seek Me and find Me when you search for me with all your heart. I will be found by you, says the Lord ..." (Jeremiah 29:11 to part 14). I realize these words were spoken at a certain time for a certain purpose, but I believe these words speak to us now.

These words, and others like them, are why we can believe that God lovingly, patiently, faithfully, gently, and kindly helps us develop our relationship with Him so that we are able to love Him with all our heart, mind, soul, and strength, and to love our neighbours as ourselves.

Sometimes, it can be easy to become disheartened when we see others not doing what we believe they should be doing at certain stages of their spiritual walk. But God clearly reminds us in Matthew 7: Do not judge.

Instead, we must recognize that God has given us the wisdom to discern how we should pray for others and, by listening to His still small voice, learn how He wants us to help them. "For God did not send His Son into the world to condemn the world, but that the world through Him might be saved." (John 3:17). Following God's word, we are not to condemn others.

As we continue to think about how Christ's death and resurrection affects us today, and in our future, may we pray as World Vision's founder Bob Pierce famously prayed, "Let my heart be broken with the things that break the heart of God."

When we see our brothers and sisters in need of spiritual support as they journey into a deeper walk with God, let's be the ones who pray, guide and mentor them with God's words - lovingly, patiently, faithfully, gently, and kindly - as we hope others will do for us.

I have read that the Swahili people say: Kushukuru Hakudhuru – "To be thankful brings no harm." Let us be thankful when God trusts us enough to show us the spiritual needs of others. Let us be thankful that God has revealed Himself to us so that we can reveal His loving character to others. Let us be the ones who demonstrate that we can all learn how to interact with others in a way that inspires them to long for the peace that God alone offers.



How grateful I am that God's loving kindness continues to patiently lead me to the next level of my spiritual development and that I have been helped by many people along the way. May we all do our best, by God's grace and mercy, to be a blessing to others and to encourage them along their way. Amen.



Rose's Devotions

by Rosy Hagedorn

As Good As It Gets

I recently enjoyed a movie entitled "As Good As It Gets". The movie is about an abrasive, obsessive-compulsive author (played by Jack Nicholson) who gets a new lease on life when he falls for a waitress (played by Helen Hunt). At one point in the movie, he asks himself, "What if this is as good as it gets? What if life will not get any better?" The movie does have a happy ending.

Things happen in our lives over which we have no control.

"What if this is as good as it gets?"

What if this is all there is, right now, at this very moment. Would you try to change certain things? Would you go on more holidays? Would you buy a bigger house or buy a new car? Or would you help out by volunteering in your area? Would you send some money overseas for a new well to be dug so that families could have pure drinking water?

What would you do?

Psalm 4:4-5 – Tremble, and do not sin; meditate in your heart upon your bed, and be still. Offer the sacrifices of righteousness, and trust in the Lord. (NASB)

If we find ourselves asking the "what if" questions, wanting more and expressing dissatisfaction with our present situation, let us remember that God is in control and knows what is best for each one of us. Sometimes this is very hard to do, especially when your loved one has recently passed or is in a Long Term Health facility or in the hospital. Let us remember that we have an amazing God who is still working in our lives today, we only have to trust.

Prayer: Lord Jesus, help us to keep our focus on You in whatever situation we find ourselves. Help us to discern what Your priority for our lives is right now, at this very moment, and then, leave the rest in Your hands, trusting You always. Amen.

Contractors Deserve To Be Paid For Completed Work

Apr. 3, 2023 - The Barrie Construction Association is pleased to announce a new Ontario-wide campaign to raise awareness about Prompt Payment and Adjudication, processes provided under Ontario's new Construction Act to help contractors to get paid on time. The campaign is coordinated by the Council of Ontario Construction Associations (COCA), a federation of 29 member organizations that are listed on the following page.

The group has created The Prompt Payment and Adjudication Toolkit – a comprehensive online resource centre to help all parties to construction projects understand the rules.

The construction industry is plagued by routine payment delays. "Timely payment should be the norm in the construction industry like it is in every other sector", says COCA President Ian Cunningham. "Contractors deserve to be paid on time for work that they have completed. To ensure timely payment, they should make themselves aware of the prompt payment and adjudication guidelines and be ready before a dispute arises."

Prompt Payment legislates mandatory timelines for payment. Adjudication is a dispute resolution process that allows a contractor or subcontractor to enforce claims for payment in a more efficient and less expensive way than the previous method of going through the court system.

Unfortunately, according to Cunningham, "Only a small number of contractors are using the prompt payment and adjudication tools provided under the Construction Act to get paid. Most don't know about this new process."

That's where the Prompt Payment and Adjudication Toolkit comes in. It features downloadable documents with clear, concise information for owners, contractors and subcontractors. Prompt Payment Adjudication 101 provides an overview of the Act in laymen's terms, and there is information about holdbacks and proper invoicing. A Prompt Payment webinar can also be viewed and there are links to government resources.

Submitted by Martin Benson | Operations Manager  
Council Of Ontario Construction Associations

Are You Doing Too Much for Your Teen?

Apr. 2, 2023 - There was a time when eighteen-year-olds left home to pursue post-secondary education or to work. They were not considered adults because they were eighteen, but rather because they were living as adults.

Things have changed and many young people live at home well into their twenties. There can be many reasons for this, but one is that it is simply too comfortable to leave.

It seems easy for parents to still feel a need to do so much for their children as they may not have noticed they are not "children" anymore. That or the parents are clinging too tightly to their young adult children as they are not ready to give up the parenting role.

I have worked with parents who still do their teens laundry, do all the grocery shopping and preparing meals, even making the kid's lunches. Often the parents may pay for the child's gas and give spending money. Who would want to leave?

This is not so much about getting young adults out of the house, as it is about helping them learn to do the things adults do to care for themselves. Learning to clean the house, empty the garbage, deal with the recycling, grocery shopping, preparing meals and, of course, doing their own laundry. It is also an important life experience to have a part time job if still in school.

My son started doing his own laundry when he was nine as his non "Suzy homemaker" mom turned all of his underwear pink! In our house the expectations were according to age and ability. From an early age they had chores, even if it was simply putting toys away when very young.

By age eleven they were each making one meal a week, and it was understood that once they had a driver's license, grocery shopping was on their list. This included checking to see what was needed, making a list, getting the groceries and putting them away.

By the time they went off to university, they were fully functional adults, and when home, we all got groceries together and they kept pointing out when I was not making the most economical choice. As students they became very good at spending wisely.

Not allowing young adults to take these responsibilities is enabling, even though it often comes from a place of love and wanting to make life easier for them. It can even be handicapping, especially when they are still at home in their late twenties. At that age it can be very hard to start being an adult, when they could have had ten years of practice by then. Twenties quickly turn into thirties!

If we wait too long to give them adult responsibilities, there is a good chance we will get pushback. Remember, a family is a team, and everyone should contribute to the well being of the whole.

Gwen Randall-Young is an author and award-winning psychologist. For permission to reprint this article, or to obtain books, CDs or MP3s, visit [www.gwen.ca](http://www.gwen.ca). Follow Gwen on Facebook for inspiration.

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New Monthly GBGH Gift Has Twice The Impact in 2023



April 4, 2023 – The Georgian Bay General Hospital (GBGH) Foundation is thrilled to announce an incredible match gift from donor & GBGH volunteer, James Layter. From April 1, 2023 to March 31, 2024, Layter will match all new monthly donations to the GBGH Foundation, up to a total of \$20,000. The Foundation’s Monthly Giving program provides a reliable source of funding for the Impact Fund, which helps GBGH to purchase essential equipment, enlarge our hospital’s footprint and update technology.

In 2023 and 2024, one of the Foundation’s key impact priorities will be raising more than \$4-million to purchase and install an MRI machine. GBGH has recently received approval of operational funding for an MRI, which will improve access and reduce wait times for patients in North Simcoe, but the hospital must rely on the community to invest in the technology.

The Foundation has seen great response to match gifts for other fundraising initiatives, and their hope is that Layter’s match gift will rally the community to come together and invest in local health care. Layter has been inspired to support the Foundation by other match gifts for the past few years, and was eager to step up and offer a match gift of his own in 2023.

“I personally love having my donations matched by another person,” shares Layter. “It makes it feel like we are working together to provide even more

support to our hospital – and our hospital really needs it! As a volunteer, I see how hard the staff and doctors work, and they need to keep up to date with technology to make their lives easier as they look after thousands of patients.”

In 2022 & 2023, the Foundation partnered with Bourgeois Auto Group to offer a Monthly Giving Match, which inspired 41 new donors to join the program – a 50% increase in participation from previous years. The Foundation hopes that this new match will continue the momentum.

“We are so grateful to Bourgeois Auto Group for their generous support to help build our Monthly Giving program over the past two years,” says Nicole Kraftscik, CEO, GBGH Foundation. “Our monthly donors are a special group of people who choose to make an affordable gift every month in order to provide critical funding for our hospital. We compare it to a Netflix or Spotify subscription, or your daily coffee or tea, but with incredible social benefit. Together, our Monthly Donors are able to purchase important equipment for GBGH, because pooling resources together is where the real magic happens.”

To learn more about the Foundation’s Monthly Giving program, and the opportunity to double your impact in 2023-2024, please visit: <https://gbghf.ca/monthly-giving/> or call the GBGH Foundation office at 705-526-GIVE (4483).

Coland Developments Strengthens Local Health Care with \$100K Commitment

On March 22, 2023, Coland Developments Corporation announced a \$100,000 gift to the Georgian Bay General Hospital (GBGH) Foundation. The gift will support the GBGH Foundation’s Impact Fund, supporting the most critical priorities for the hospital. Coland Developments’ co-owner and shareholder, David Colagiaco, first shared the news of the gift at the Foundation’s Power of Giving Gala in September 2022, with the first \$20,000 donated to the event.

Coland Developments is a developer and general contracting construction company that specializes in the design build of medical and dental buildings,

retail buildings, institutional buildings, daycare buildings, hospitality and professional or corporate buildings. They are currently renovating the medical offices at 240 Penetanguishene Road, developing the Midland Town Centre (710 Balm Beach Road E.), and have future plans for Midland Market Square (Highway 12, west of Beamish Road).

“Coland is working to build a stronger, healthier and safer community in Midland because we believe that this is an excellent, growing area that merits investment and first-class development,” shares Robert Colagiaco, President of Coland Developments. “We are committed to this partnership with the GBGH Foundation because we recognize the needs of Georgian Bay General Hospital are long-term, and we want to work together to strengthen health care in this community.”

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705-728-2596

Apr. 6, 2023 - Just recently, the Federal Budget was tabled in the House of Commons by the Minister of Finance.

Ahead of Budget 2023, Conservatives had three requests: that the budget offer lower taxes for workers, the end of inflationary deficits driving up the cost of goods, and measures to increase the building of homes across the country. Unfortunately, none of these requests were met.

This year's budget misses the mark at a time when many Canadians are struggling to make ends meet and put food on the table. Instead of taking concrete actions to make life more affordable for Canadians, the Federal Budget includes \$43 billion in additional spending while doing nothing to address these concerns.

To make thing worse, on April 1st, the carbon tax increased to \$65/per tonne, which means that the price of gasoline, home heating and other fuels will see a corresponding increase. The Parliamentary Budget Officer has reported that the carbon tax will cost the average family between \$402 and \$847 in 2023, even after rebates.

The Liberal government continue to tax and spend, leading to increased interest rates, and adding fuel to the inflationary fire. Conservatives have a real plan to combat inflation and I can assure all residents that my Conservative colleagues and I will vote against all new tax increases to keep more money in your pocket.

As always, my constituency office is available to assist you with any matters related to the federal government. Please contact my office at Doug. Shipley@parl.gc.ca or 705-728-2596 for assistance.

Sincerely,  
Doug Shipley  
Member of Parliament  
Barrie – Springwater – Oro-Medonte

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## HEY DADS!

How old are your kids? Maybe in their teen years or maybe in their younger years or maybe they gone and you're thinking about your grandkids? Our crew pretty much ranges all the ages from two to seventeen. I've found that when the kids are younger you can pretty much entertain them with anything you make up. Just use a mysterious exciting-sounding voice, crouch down to their level a little bit and the 2-7 year-olds are in for whatever crazy adventure you dream up. If you've seen the recent hit kids show, Bluey, you'll see a great example of television writers capitalizing on this concept big-time. The incredibly creative storyline of the series can be summarized as follows: "A regular family of dogs lives a regular life and dad makes up games to play with the kids. The end." Boom. Hit show. Buy all their playsets and toys.

We're currently in the Dominican Republic and some of my new neighbours here told us about a short hike through the bush to get to another nice beach close by. Not any regular beach, though. Playa Bonita (in English: "Nice Beach"). The one with the big waves. Where the surfers surf. I could simply ask the kids if they want to walk to another beach and they'd probably be up for that. But instead of saying, "let's walk to a beach," I lowered my voice and mysteriously whispered, "Do you want to explore a secret trail in the jungle?" It was an offer they couldn't refuse.

A few years ago when we were doing house renovations we had all the kids with us at a big box store looking for supplies. The shopping trip was getting long and my patient wife needed some more time to find the right style of thing for the house. Time to lower my voice and whisper to the kids, "Did you see those bears in the toilets over there?" Crowding closer and looking up at me with some concern they quietly answered, "No." We spent the rest of that trip and many future trips looking for bears in the toilets, chandeliers and paint sample racks. It must have been my eyes playing tricks on me. Or the bears got away.

Speaking of paint sample racks do you know that they give away those paint sample paper bookmark things for FREE?!? Of course you do. But maybe your kids don't. My kids, on rare occasions, have been known to ask for things in stores. Using the knowledge of paint samples to my advantage on many future visits I was able to tell the kids to help themselves to as many paint samples as they pleased as long as it was no more than three. You can guess where our first stop in the store was on each future visit.

So there you have it, dads. You've probably come up with a few tricks of your own to keep your kids occupied in stores or on walks. May your gift of creative game-making continue to grow. Time flies. Make every moment count!

Jason Weening has nine kids to help paint so hopefully he never has to do it again. For more dad-ventures check out heydads.ca.

## City's Business in the Parks Program extended to December 31, 2023

Mar. 30, 2023 Barrie, ON –The City's Business in the Parks Program has been extended until December 31, 2023 for Meridian Place, Sunnidale Park, and the Kiwanis Pavilion at Southshore Park. The program provides businesses the opportunity to reserve space for a set time in the designated public parks for activities such as classes, workshops, and meetings. days prior to their requested date for consideration.

Full eligibility requirements and the online application are available on the City's Business in the Parks webpage.



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## Ontario Launches New Ultra-Low Overnight Electricity Price Plan

**Province's third electricity price plan will offer a new option to reduce energy costs**

April 11, 2023 - Ministry of Energy – The Ontario government is launching a new Ultra-Low Overnight price plan as part of its plan to provide consumers with more ways to keep costs down, save money and take control of their energy bills. Starting May 1, 2023, customers of Toronto Hydro, London Hydro, Centre Wellington Hydro, Hearst Power, Renfrew Hydro, Wasaga Distribution, and Sioux Lookout Hydro can opt-in to this new optional electricity price plan, with all utilities required to offer it to customers within six months.

"Our government has put families back in control of their energy bills, and the new Ultra-Low Overnight price plan will give families and small businesses who use more electricity overnight more ways to save" said Todd Smith, Minister of Energy. "Starting May 1 customers can opt-in to the new ultra-low electricity price plan which could save them up to \$90 per year, while at the same time making our grid more efficient, helping to reduce costs for all ratepayers."

The new electricity pricing structure is a third option for electricity customers, in addition to the existing Time-of-Use (TOU) and Tiered plans. Customers that use more electricity at night, including shift workers and those that electrically heat their home or charge their electric vehicle, could save up to \$90 per year by shifting demand to the ultra-low overnight rate period when province-wide electricity demand is lower.

The new ultra-low overnight rate, set by the Ontario Energy Board, will be 2.4 cents per kilowatt-hour (kWh), which is 67 per cent lower than the current off-peak rate, in exchange for a higher on-peak rate.

Delivery of this new ultra-low overnight rate is possible as Ontario continues to have excess clean electricity during overnight hours. Shifting electricity use to these hours will allow the province to better leverage Ontario's clean electricity grid, increasing grid efficiency, resulting in potential capacity cost savings for the electricity system of up to \$5.7 million per year, helping to reduce costs for all Ontario ratepayers.

"By making better use of the province's clean grid, our government is taking further action to keep electricity affordable in Ontario," said David Piccini, Minister of the Environment, Conservation and Parks. "Offering more options for smart electricity use is good news for Ontarians and the environment."

As Ontario's electricity demand continues to grow, the government will continue to provide electricity relief for both people and businesses while investing in a clean and reliable energy system across the province.

"As more and more people across the province begin to use EVs, the Ultra-Low Overnight price plan will make it easier and less expensive to charge their vehicles in the evening," said Vic Fedeli, Minister of Economic Development, Job Creation and Trade. "Ontario continues to strengthen our province's end-to-end EV supply chain, ensuring that the cars of the future are build right in Ontario by Ontario workers."

### Quick Facts

- The new optional Ultra-Low Overnight price plan provides:
- Ultra-low overnight rate of 2.4 cents per kWh: everyday 11 p.m.-7 a.m.
- Mid-peak rates of 10.2 cents per kWh: weekdays 7 a.m.-4 p.m. and 9 p.m.-11 p.m.
- On-peak rates of 24.0 cents per kWh: weekdays 4 p.m.-9 p.m.
- Weekend off-peak rates of 7.4 cents per kWh: weekends and statutory holidays 7 a.m.-11 p.m.
- The new optional third price plan is available to all eligible Regulated Price Plan (RPP) TOU and Tiered consumers.
- Families and small businesses can use the Ontario Energy Board's Bill Calculator to determine what electricity rate plan, Tiered, Time-of-Use or Ultra-Low Overnight, best suits their lifestyle and will help them save money on their energy bills.
- An ultra-low overnight rate will help reduce emissions by encouraging the use of more nighttime electricity, which is typically generated from clean, zero-emissions resources like nuclear, hydro and wind power.



Elmvale Branch: 705 322-1482  
Midhurst Branch: 705 737-5650  
Minesing Branch: 705 722-6440

[www.springwaterlibrary.on.ca](http://www.springwaterlibrary.on.ca)  
information, branch updates and our virtual programs. Programs and Videos on Facebook and YouTube (search Springwater Library)



### English as a Second Language

Come and join us weekly for a conversation group that will be working on English language basics. All languages are welcome! Meet new people, increase your fluency and vocabulary at Elmvalle library Fridays at 1:30pm. Registration required.

### Crochet for Beginners

This free class for adults takes place Tuesdays 1pm-3pm at Midhurst Branch. Please bring your own crochet hook (size 5) if you have one. In this class you will learn to crochet a pot holder. Registration required.

### Sign Language with Babies

Ages 6-18 months are invited to join EarlyON for a special six week program every Wednesdays April 5 to May 10 at Elmvalle Library, 1:30pm-3pm. This interactive program will teach new ways to learn and bond with your baby through singing and signing every day words, family signs and more! Pre-registration is required at [earlyonsimcoenorth.ca](http://earlyonsimcoenorth.ca). For questions you can call (705) 526-2456.

### Spring Craft

Make a creative beaded keychain at our drop in (no registration required) FREE program on Friday April 14 at Midhurst Branch. While supplies last.

### Take and Make Craft

Kaitlyn's take and make at home craft this month is a pom pom chick available starting Thursday April 20, while supplies last.

### Spring into Fashion Show

In partnership with Sharewear, ages 10+ are invited to see some of the latest fashions from Sharewear. Enjoy drinks, dessert and possibly win a gift basket! Saturday April 22, 2pm at Elmvalle Community Hall. Tickets \$10 sold at Springwater Library branch.

### CloudLibrary is here!

In April Springwater Public Library switched eBook platforms from Overdrive and Libby to cloudLibrary. With the cloudLibrary platform, we are thrilled to be able to offer you more content with better features on this new, easy-to-use platform. You can download the cloudLibrary app to start reading or listening! Please note, the transfer of content from Overdrive/Libby to cloudLibrary will be completed April 26, 2023, we appreciate your patience while items are transferred.

### Mother's Day Craft

Join us at the library to make a cool creation for the special mom in your life! This is a drop in program, no registration required. Friday April 28 at Elmvalle Branch 3:30pm or Friday May 12 at Midhurst Branch, 3:30pm.

### Elmvale Maple Syrup Festival BOOK SALE!

It's been a few years since we were able to have a book sale so you know you're going to find something awesome at this year's Book Sale taking place during the Elmvalle Maple Syrup Festival. Saturday April 29, 10am-3:30pm.



## Severn Sound Environmental Association Awards Ceremony

March 24, 2023 – Coldwater, ON



**Photo above:** Former SSEA Executive Director, Keith Sherman, is presented with the Severn Sound Environmental Legacy Champion Award. (l to r) SSEA Chair Steffen Walma, SSEA Water Scientist Aisha Chianet, Sherman, SSEA Executive Director Julie Cayley, Midland Mayor Bill Gordon and SSEA Board Member Roberta Bald.



**Photo above:** Former SSEA Directors Anita Dubeau and Ron Stevens are recognized for their long-term commitments to the SSEA Board. (l to r) Dubeau, SSEA Chair Steffen Walma, Stevens and SSEA Executive Director Julie Cayley.



**Photo above:** Local naturalist Kate Harries is presented with the Severn Sound Environmental Sustainability and Stewardship Champion Award. (l to r) SSEA Chair Steffen Walma, SSEA Invasive Species Program Coordinator Patrick Jackson, SSEA Board Member Brian Bocek, Harries and SSEA Executive Director Julie Cayley.



**Photo above:** The Southern Georgian Bay Chamber of Commerce and its General Manager Cathy Tait are presented with the Severn Sound Environmental Sustainability and Stewardship Champion Award. (l to r) SSEA Vice-chair Danielle Alexander, SSEA Executive Director Julie Cayley, Tait, and SSEA Board Member Barry Norris.

## Ontario Strengthening Protections for Tenants

Proposed changes would also tackle delays at the Landlord and Tenant Board

April 05, 2023- Ministry of Municipal Affairs and Housing

Ontario is taking steps to support renters and rental housing providers by increasing the number of adjudicators and staff at the Landlord and Tenant Board to speed up decision timeframes, as well as strengthening a broad range of tenant protections.

Ontario is investing \$6.5 million to appoint an additional 40 adjudicators and hire five staff to improve service standards and continue to reduce active applications and decision timeframes at the Landlord and Tenant Board. This increase more than doubles the number of full-time adjudicators at the Landlord Tenant Board.

“Residents and rental housing providers deserve fast results, and government bureaucracy should not stand in the way,” said Attorney General Doug Downey. “That is why we’re investing millions of dollars to increase the number of adjudicators and staff at the Landlord and Tenant Board, so the board can continue its work to reduce its case load, improve client service and resolve disputes faster.”

Ontario is also taking steps to make life easier for renters, with proposed changes that would enhance tenants’ rights to install air conditioning in their units. The government is also proposing to strengthen protections against evictions due to renovations, demolitions and conversions, as well as those for landlord’s own use.

“Today’s announcement builds on the record number of rental housing starts that have occurred in recent years thanks to the actions our government has taken,” said Steve Clark, Minister of Municipal Affairs and Housing. “We know this record is being challenged by external economic factors, but we will continue to take actions that lay the groundwork for long-term housing supply growth. Meanwhile, our government is also taking real steps to make life easier, stabler and more predictable for tenants and landlords alike.”

When evicting a tenant to use the unit themselves (or for their family), a landlord (or their family members) would have to move into the unit by a specific deadline.

When evicting a tenant to renovate a unit, landlords

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would be required to:

- provide a report from a qualified person stating the unit must be vacant for renovations to take place
- update the tenant on the status of the renovation in writing (if they plan to return)
- give them a 60-day grace period to move back in, once the renovations are complete

If the landlord doesn’t allow the tenant to move back in at the same rent, the tenant would have two years after moving out, or six months after renovations are complete (whichever is longer), to apply to the Landlord and Tenant Board for a remedy.

When a tenant is in arrears of rent, they may enter into a repayment agreement with their landlord to pay the rent they owe and avoid eviction. To make it easier for both tenants and landlords, the government is proposing to require use of the Landlord and Tenant Board’s plain language repayment agreement form. This would help ensure all parties better understand their rights and responsibilities.

The province remains focused on its long-term goal of creating 1.5 million homes by 2031, including rental homes. In October 2022, More Homes Built Faster introduced changes to reduce barriers for home builders to replace older, mid-sized rental apartments with larger, more modern rental buildings.

The government is consulting on changes that will help to create a balanced framework governing municipal rental replacement by-laws. For example, the government is considering requiring replacement units to have the same core features (e.g., number of bedrooms) as original units. The proposals would also give existing tenants the right to move into the new unit while paying the same rent. This would help protect affordable housing while encouraging the revitalization of older, deteriorating buildings and increasing rental housing supply.



**Photo above:** Environmental students Gabrielle Crate and Reagan Parham are presented with the Severn Sound Student Environmental Champion Award. (l to r) SSEA Vice-chair Danielle Alexander, SSEA Water Scientist Aisha Chianet, SSEA Board Member Mark Taylor, Crate, Parham and SSEA Executive Director Julie Cayley.

**Photo below:** Local student Briana Figgures is presented with the Severn Sound Student Environmental Champion Award. (l to r) SSEA Chair



Steffen Walma, SSEA Vice-chair Danielle Alexander, (accepting on behalf of Briana, her sister and dad respectively) Kendra Figgures, Chris Figgures, SSEA Manager Source Water Protection Melissa Caruthers and SSEA Executive Director Julie Cayley.



**Photo above:** Don Limoges and Alex Seaborn are presented with the Severn Sound Environmental Volunteer Champion Award. (l to r) SSEA Chair Steffen Walma, SSEA Ecosystem Technologist Paula Madill, Limoges, SSEA Watershed Health Coordinator Nikki Priestman, SSEA Executive Board Member Suzanne Marchand and SSEA Executive Director Julie Cayley. (Absent – Alex Seaborn).

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Big Pull A Great Success



Apr. 9, 2023 - Early morning frost turned into a beautiful sunny spring day for the Tiny Marsh Big Pull on Saturday. There was a good turnout of volunteers intent on tackling invasive Garlic Mustard, including Jenn Robertson and Michelle Veenstra, shown wheeling the harvest to the compost station.



At the station, a job well done, are Gaia Seagram, Ann Truyens, Robert Lenz, Anne McArthur and Mary Ann Stumpf, with Leah Forrest at front. Donna Lister and Nancy Kristufek share a laugh as they get stuck into the weed. For those who missed it, the next Big Pull is planned



for Saturday, April 22, 10 am to noon, meet at 500 Flos-Tiny Towline. For more information, go to [www.mtmconservation.org](http://www.mtmconservation.org).  
By Kate Harries

The Great Canadian Cat Hunt of 2023



Every year I share my goals for the year and work towards them but in 2022 I didn't have much success on one of my goals – see a Canadian Cat. So, in 2023 I made a plan to make sure I ventured out and search for a wild cat. I had been given a tip that Thunder Bay was a good place, so I found time and I went for a 14-hour road trip but to break the drive up I decided to reach out to my midget friend Steve (movie star) but I haven't seen him since I graduated from university. He welcomed me with open arms, and let me spend the night in SSM. What a fun night full of laughs and catching up, as if time hadn't passed. The drive to Thunder Bay is spectacular, I took the shore road in and enjoyed the drive so much. Once in Thunder Bay I met up with a lady I only know from Facebook but she takes amazing pictures and thought I could learn some photography tips and spots from her. Wow, this was an amazing opportunity! Within moments of meeting Hazel I met her 15+ deer friends and my 1st cross fox (which is a red fox morph).



Hazel also gave me a few tips on places to visit to see some wildlife, which were fantastic and very helpful. Day 2 as I was driving along, I noticed a creature moving across the road like nothing I've ever seen at that size move before. As I got closer, I could tell it was a cat, I finally found a cat! Unfortunately, this cat jumped a fence and vanished into the forest but I got some sweet tracks photos in the snow as a keepsake of this experience, my 1st Canadian Cat! I ended up coming across a few cool tracks in my travels but this was the only cat I saw; wish I got pictures next time maybe I'll have longer. My favourite tracks I found on this adventure were multiple Canadian Cat tracks, 3 moose that seemed to be dancing on the trail together and I found tracks of a wolf pack which I followed for 20+ kms but never found them, which would have been fantastic as I've only ever seen one wolf before. One of the funnier moments of the trip was when the grade 4 class from Peterborough that I'm presenting



to March 7th called me while I was in the bush. When they yelled hello...they scared a couple deer I was with. My trip ended with a visit to the Terry Fox monument, what a view and almost running out of gas in the middle of nowhere, no cell service but I reached the gas station 74km after the light went on. **Animals Totals of the trip**  
Canadian cat – 1 , Fox – 2 (1 cross morph, 1 red), Bald eagle – 46,  
Wolf – pack tracks, Deer – 73 (2 dead), Moose – 1 (Female dead, 3 dancing tracks), Grouse – 2  
If you enjoyed this article, please check out my YouTube channel – Jason George Photography - to follow with my new series called 'Going Deeper' - where I will share some awesome footage and details on this Great Canadian Cat Hunt.  
Until next time,  
By Jason George in Thunder Bay Feb 28/23- Mar 5/23

Breaches by Violent Offenders on Parole

Problems have arisen in our communities due to violent offenders being released on parole, and who with alarming regularity resume their criminal activities in breach of their parole conditions. Shootings, murders, assaults and the lucrative activities of drug and human trafficking are frequently resumed by these offenders. This greatly endangers the lives of the public and our communities. At the present time, violent offenders on conditional release who break the conditions, do not face any consequences for doing so, and the breach is not recorded on the offenders' record. Private Member's Bill C-325 To alleviate these problems, on 10 March 2023 MP Pierre Paul-Hus (Charles-bourg-Haute-Saint-Charles) introduced Bill C-325, An Act to amend the Criminal Code and the Corrections and Conditional Release Act (conditions of release and conditional sentences). Bill C-325 provides that if an offender on parole breaks the conditions, he will be liable to serve up to two years imprisonment, breaches of condition be recorded on the offender's record, and that offenders of certain violent criminal acts (e.g. sexual assault) be precluded from serving their sentences in their

homes and in their communities. Bill C-325 provides a much needed opportunity for changing the way in which we protect our families and communities while also furthering the safe re-integration of offenders into society, which is ultimately the best way to protect our families and communities. A full and frank discussion on Bill C-325 provides the potential for much needed reforms and greater public awareness of the issues involved. It is hoped that this will result in constructive scrutiny of the Parole Board of Can-ada's failures to properly carry out its mandate, as well as judicial

failures to properly safeguard society from dangerous offenders. Diane Watts, Researcher, REAL Women of Canada  
REAL Women of Canada is a non-profit, non-partisan, non-denominational or-organization, incorporated in 1983. We do not receive any government funding, nor are we funded by any other organization. We rely solely on the generosity of our grassroots supporters. We are deeply appreciative of your patronage.  
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EDHS Students Will Be Making Seal Mitts, Ice Fishing on Arctic Ocean



ARCTIC EXCHANGE SILENT AUCTION

FRIDAY, APRIL 28, 2023, 6PM-9:30PM

OUTSIDE THE CAFE AT EDHS ON MUSIC FESTIVAL EVENING

EARLY LIST OF ITEMS TO BE AUCTIONED:

- 8ft Harvest Table
- Auto Detailing Package: JJ Automotive Insight, Wasaga Beach
- Body Care Products: Nature's Solution, Natures Solution, Elmvale
- Two \$50 Gift Cards: Four Corner Tea Room, Elmvale
- Stand Up Paddle Boarding Lesson for Two: SUP Simcoe
- Gift Certificate: Minds Eye Tattoo, Elmvale
- 2 Pairs of Seal Skin Mitts: Community of Pond Inlet
- Electric Toothbrush: Solly Family Dentistry
- Gift Certificate: Jen's Grooming, Elmvale
- Gift Certificate: Chuck's Roadhouse, Wasaga Beach
- Handmade Cloth Creations, U Sew & Sew
- She has donated a Zumba Session
- Gift Certificate: Serenity Salon, Midland
- Auto Oil Spray: Auto Tech, Perkinsfield
- And surprise offerings from: Whitfield's Guardian Drugs, The Tiny Art Shack, The Little Witch, G & S Computers, Cranberry Shed, Catch 22
- Restaurant, Gnomes for Homes

Photo above is from Student Exchange Visit in Cambridge Bay 2016

Apr. 10, 2023 - There are 16 E.D.H.S students headed to Talyoak, Nunavut on April 29th, 2023, and 15 students from Netsilik High School will be heading to our town, Elmvale, for a week starting on Victoria Day. All transportation is covered between both communities by Experiences Canada. In total, we will be taking 5 flights just to get there. This is a once-in-a-lifetime opportunity for all students who are taking part. Our students are excited to go and see an Arctic community and learn the traditions they follow in Talyoak. As the group's ambassador, I will be posting photos and updating followers on Elmvale's Instagram page, [edhs\\_studentexchange](#). Elmvale's students have done some fundraising to host the Netsilik students, such as the Polar Plunge at Winterama, in Penetanguishene. The experience was absolutely freezing for the brave students who took the dip.

When the students of E.D.H.S go to Talyoak, we will be doing activities unique to the Arctic such as making seal mitts, ice fishing on the Arctic Ocean, traditional drumming and just enjoying the beautiful land they live on. When the Netsilik students come to Elmvale, they are going to experience so many new things such as treetop trekking, going to Toronto,

Lalonde's Maple Syrup Bush, and the Elmvale Jungle Zoo. Following their visit here, they will be taking a post-exchange trip to Ottawa to look at Nunavut Sivuniksavut and other post-secondary educational opportunities. The Elmvale students are very excited to see the Netsilik students and their reactions when they come to Ontario.

In a wonderful turn of events, the entire exchange group has been invited to meet with Governor General Mary Simon on May 31 at Rideau Hall. The focus of this meeting will be to share ideas about what reconciliation means today and what education, inquiry and work lies ahead for Canadians as we move forward in the spirit of understanding and respect.

We have learned that many previous exchange students have maintained their friendships with students from the many Indigenous communities that EHDS has had the honour of being twinned with. This years group has met our twins through Zoom and social media and can hardly wait to meet them in person.

*By Hunter Pownall, Grade 11, Exchange Ambassador*



Local Butchering by Our Meat Expert

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Choosing a child car seat or booster seat

A child's developmental stage, weight and height can help determine what type of child car seat is best suited for them:

| Type of car seat  | Stage              | Weight of child     | Height requirement            |
|---|--------------------|---------------------|-------------------------------|
| Rear-facing child car seat  | Baby/ infant       | Up to 9 kg (20 lb)  | None                          |
| Forward-facing child car seat or Rear-facing child car seat, if the manufacturer recommends its use | Toddler            |                     |                               |
| Toddler   | 9-18 kg (20-40 lb) | None                |                               |
| Booster seat  | Under the age of 8 | 18-36 kg (40-80 lb) | Under 145 cm (4 ft 9 in) tall |

Your child can use a seatbelt alone when they reach any of the following milestones:

- turns 8 years old
- weighs 36 kg (80 lb)
- reaches a height of 145 cm (4 ft 9 in) or more

Source:<https://www.ontario.ca/page/choosing-child-car-seat>



The Elmvale Business Improvement Area (BIA) is made up of commercial and industrial property owners who join together under a volunteer Board of Management to carry out improvements and promote economic development within the designated area.



We work in partnership with the community to enhance and promote business areas as safe, vibrant places to do business, unique destinations for tourists and focal points for neighborhood activity. Elmvale is a lifestyle choice – a place to live, work and play. Our residence and business owners not only stand together; but are incredibly passionate about their community.

After a few unprecedented years, it is now more important than ever, that we come together as a community and to relish in the many wonderful things our town has to offer. Please consider joining our next BIA meeting @ The Elmvale Library Thursday, April 20th @ 6pm The Elmvale BIA is also looking for members of our community to join the board. Together we can make a difference.

<https://www.elmvalebia.ca> [info@elmvalebia.ca](mailto:info@elmvalebia.ca)



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Kempo Students Graduate To Next Level

Three young practitioners of the ancient art of Chinese Kempo recently received next level belts for their on-going training under the guidance of Sensei Martin Ladouceur of Double Dragons Martial Arts, a private club in Wyevale where his wife, Sensei Patti Ladouceur, also teaches.



Photo above with their awards: Parker Woods (far left) who was awarded his Brown Belt 1st Degree; At 13-years old, Parker is the youngest student to receive the distinguished rank of Brown Belt from Sensei Martin in more than 30-years. Chase Edmonds-Laurin (center) who received his Green Belt Level-1 and Dalaynie Conn who received her Senior Green Belt. Parker and Chase attend classes twice a week to train, as well as, assist in class while Dalaynie takes private lessons once a week.

Elmvale Foodbank Has Big Smiles



Photo above: Lions Sue and Barry make a large delivery of food and a cheque to the Elmvale District Food Bank. Donations were collected at the Easter Egg Hunt. #weserve #A12lions

Apr. 9, 2023 - Smiles are coming early this year and the Elmvale & District Food Bank has a big smile! The annual Tim Horton’s Smile Cookie Campaign will be held May 1st – 7th this year. After a long, cold winter we have lots to smile about!! Once again volunteers will be helping to decorate cookies to raise funds for the Elmvale & District Food Bank. Tim Horton’s, Elmvale, is now open 24/7 so you can even get a midnight snack.

We would like to thank the Elmvale U13LL1 and LL2 who held an exhibition game on March 31, 2024. Three full bins of food were collected for the food bank. We thank all those involved. The Tiny Lions held their annual Easter Egg Hunt and a delivery of food and monetary donations was delivered to the food bank.

With the continuing increase in the cost of living, food insecurities rise within our communities. March, 2024, was the busiest month the Elmvale & District Food Bank has had since opening its doors more than 20 years ago. We strive to provide each family with a wide variety of nutritious foods and staples. All donations are greatly appreciated.

Elmvale & District Food Bank lost a dear friend and supporter this past week. Dr. Tim Henshaw was truly a kind, positive and generous man of character. We extend sympathy to Dr. Tim’s family.

Submitted by Debra McLean

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LEN & IDA PATTERSON MEMORIAL  
AWARD WINNER: Pat Leonard



Apr. 9, 2023 - Congratulations to Pat Leonard, Secretary of our Flos Agricultural Society, in receiving the Len and Ida Patterson Memorial Award at the Ontario Association of Agricultural Societies Annual Convention on February 17, 2023. The recipient of this award is someone who has served their agricultural society for at least 10 years and shows extraordinary dedication and innovative leadership. Pat’s diligence and positive contributions ensure the continued success of the Flos Agricultural Society. Marlene Tinny was the first recipient of this award in 2010 and Flos Agricultural Society is honoured to recognize both of these incredible women!

By Brenda Munshaw

Elmvale Food Bank

Elmvale & District Food Bank is Giving Back Through a Caring Community.

Food list of Items Currently Needed

Canned Potatoes  
Canned Cream Corn  
Cake Mixes  
Pudding Mixes  
Shampoo  
Turkey Gravy  
Beef Gravy

The food bank will gratefully accept any donations of food items. When these items are donated it will save them from having to purchase these items.

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FORESTRY & APPAREL

SUPPLIES

CHAIN SHARPENING

CUSTOM MADE CHAIN



## Jo Knows Nutrition by Joanne Nijhuis



## Easy Egg Drop Soup

Extend your soup season with this easy on the wallet recipe. Using only a handful of ingredients, egg drop soup can be made in minutes with pre-prepared homemade or boxed broth. Consider adding chicken, fish, shellfish or tofu to boost the nutritional value of this recipe even further. So simple to prepare and faster than Chinese takeout, there is a lot to love about this incredibly healthy and delicious soup.

It's important to practice food safety when storing, handling and preparing eggs to reduce the risk of salmonella food poisoning. Eggs should be refrigerated and used up before the expiry date on the carton and it's best to discard any cracked eggs. When handling raw eggs, be sure to wash your hands, utensils and cookware thoroughly and ideally, eggs should be fully cooked and not runny. These guidelines are especially important for the elderly, pregnant, immunocompromised and for young children.



## INGREDIENTS

- 6 cups (1500 ml) chicken, vegetable or mushroom broth
- 1 1/2 tablespoons (23 ml) soy sauce
- 4 large, eggs beaten
- 1 1/2 tablespoons (23 ml) cornstarch
- 4 green onions sliced, optional
- 1 cup (250 ml) mushrooms thinly sliced, optional
- 1-2 cups (250-500 ml) sliced chicken, fish, shellfish or tofu, optional

## INSTRUCTIONS

1. In a large pot, bring 5 1/2 cups (1,375 ml) of broth, soy sauce, green onions, mushrooms, chicken, fish, shellfish or tofu to a boil.
2. In a small bowl, whisk the reserved 1/2 cup (125 ml) of cold broth with the cornstarch until combined.

Pour into the soup and reduce heat to medium. Heat the soup long enough to ensure that the chicken, fish or shellfish are fully cooked (i.e., cook 10-15 minutes for chicken, 5-10 minutes for fish and about 5 minutes for shellfish). Reduce heat to a simmer.

3. While stirring the simmering soup, slowly pour the egg mixture into the pot. Continue to stir while you bring the soup back to a simmer.

4. To serve, garnish each soup bowl with additional sliced green onions.

ENJOY!

*Joanne Nijhuis MSc, RD is a consulting, media and culinary dietitian in Simcoe Grey Bruce on a mission to entertain and educate through her love of food. In addition to recipe development and writing for several publications, Joanne offers cooking demos/ classes and counselling – in person or online via Zoom Health.*

*For more information, email Joanne at [jo.knows.nutrition@outlook.com](mailto:jo.knows.nutrition@outlook.com).*



## Did You Know?

Eggs are a nutrition powerhouse as a source of complete protein and several important nutrients. A complete protein is considered the gold standard as it contains all 9 essential amino acids- important molecules that cannot be made in the body and must come from our diet. Eggs are also a good source of the fat-soluble vitamins A, D and E as well as vitamins B12, riboflavin, folate and the mineral selenium.

Did you know that most of the eggs we buy in the grocery store are produced in our own backyard? Buying local eggs ensures freshness, is better for the environment and a great way to support our neighbouring farming communities.

## Bearbells by Leslie Noonan



*Apr. 8, 2023 - The days are finally getting longer, and the sun's warmth is penetrating even the deepest forests. This is the time of year where I begin to condition myself for the upcoming hiking season.*

*I focus on shorter trails that have significant elevation changes, and the steeper the better. I have always been one of those people that take stairs instead of elevators, and at work I start my day with a climb up six flights of stairs. Not bad for a chubby little bunny.*

*I headed out today to the area adjoining the Horseshoe ski hills. Parking is available right across from the entrance to the Settlers Ghost golf club. This large concession offers an abundant number of trails for ATV's and dirt bike, and yes, hikers. At this time of the year, the trails have been rarely used, and I find myself in a mix of mud, ice, or knee deep in soft snow. All of which is fine for me, as it means I can enjoy my solitude in the silent forest. There are numerous*



*possibilities, though I recommend taking the outer route to get the most out of the trails.*

*As I headed up the main trail, I was reminded why I love my hiking poles. I used to scoff at those people who used two poles, or really any poles for that matter. Those were only for elderly people who couldn't walk without help, or so I thought. Instead, I now know that poles are for smart people of any age. I have used those poles to balance across logs, jump across streams, ward off dogs, and to prevent myself from falling on my face. Today, I stepped onto an area of ice and would have fallen if not for my poles.*

*The route I had chosen was a gradual climb of more than a kilometer. It meandered through a gulley deep in snow, while the surrounding hills were brown and*

## Marlene Tinney's 90th Birthday Party Rocked the Elmvale Curling Club



A young 90 years experienced, Marlene Tinney, was surrounded by family and friends on Wed. April 5th as all gathered to celebrate her ninety birthday. There was no surprise that the party would be held at the Elmvale Curling Club. Marlene is a steadfast at the Elmvale Curling Club. The Elmvale Curling Club presented her with the Life Member Award. Marlene is famous for her 'coaching' behind the glass when others were curling. She certainly is a very good curler and very well known in the curling circuit. Her curling team won the Ontario Ladies Curling Association Diamond Seniors All-Ontario Championship in 1996. Happy Birthday Marlene!



dry. I could hear the cold north wind rustling the bare limbs above my head, yet I was protected and warm down in the gulch. This is not a trail where others have walked, and only the occasionally ATV track marred the white snow. Eventually the trail climbed to the top of the Horseshoes ski lifts, though I had to be careful to not enter the private forest to the east. At this point the elevation changes are frequent and steep and can be challenging if hikers are not conditioned to steep terrain (use those stairs, not elevators!). I strongly suggest avoiding heading to the trail that runs north and then west along the road. It is never a confidence booster to be stumbling over mud and ice, desperately trying to keep your balance as your arms wave in the air, while the multitudes gawk at you from the safety of their warm cars. By the summer, these trail will be the domain of the motorized groups, so now is the time to explore this hardwood forest.

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“It Takes a Community to Make a Community” ANTEN MILLS by Dennis Gannon

Last Saturday, April 8, traffic in the village was slightly delayed for an hour or so in the morning. No it wasn't the utility companies working away or weather that was causing the interruption. It was the over 125 community runners who took part in the Easter Eggstravaganza Rabbit Run. There were three courses that the runners could try. The longest was 3.0 km which had runners traveling from the community park up to Pinery and Laddies Lane and back. About 30 runners took part in that run. The next course had over 70 runners and was 1.5 km in length running from the park to Luella and back. The shortest run was 0.5 km and was along the path in the park. This was designed for the little ones 4 and under and it was a treat to see them as they made their way along with their parents. While no speed records were broken, everyone who participated had a great time and were rewarded with a medallion or ribbon acknowledging their accomplishment.



Following the run more fun was had as the annual Easter Egg hunt was held. There were some crafts and games and the best part was the hunt. The little ones got to fill their baskets. Then there was the hunt for the egg with your number and finally a scavenger hunt with clues for the older group. Close to 100 kids from the community and area had a great time and were rewarded with some great treats. A huge community thanks to Lindsey, Cindy, Becca and the volunteers who came to assist with the event. There was one comment that the event was reminiscent of events from years past with so many families coming and enjoying the cool but sunny day. The Elmvale and District Food Bank were also the benefactors as



food and money was raised and donated to them. As a reminder, the Anten Mills Community Recreation Association is happy to work with community members on events that involve the community. If you have an idea feel free to discuss it with the committee and perhaps it can be held. It takes a community to make a community and overheard were visitors from the township who live in other areas who commented on how lucky we are to have such events when many don't. For photos of the fun, check out the video on the Anten Mills Community Bulletin Page on Facebook.

Speaking of future events, the organizers of the run received such positive feedback that they are considering holding a Turkey Trot around the Thanksgiving weekend. Stay tuned for more details and if you like the idea, reach out to the organizers with your thoughts and offers to help. They would appreciate it.

With the warmer weather finally here, the thoughts of house cleaning and garage sales might come to mind. Traditionally a community garage sale has been held either the first or second weekend of June. There has been some preliminary discussion on one for this year so again if you are interested in perhaps being the sponsor, reach out to the CRA and direction and information will be shared.

Two activities that are still going strong are the Thursday night euchre at the community centre and the Sunday morning Playgroup. These groups always welcome new people so check them out if you are interested.

As part of a larger community, we are very fortunate to have an organization that helps those facing the end of life and their families through that difficult time. That organization is Hospice Simcoe. Hospice Simcoe is located actually just outside our municipal boundary on Penetanguishene Road. They have a 10 bed facility and provide an invaluable service to area residents. Annually, they hold a major fundraising campaign with their Hike for Hospice. This year it is going to be held on Sunday, May 7 at Sunnidale Park



in Barrie. In our community we are lucky to have a woman who has volunteered for Hospice for over 20 years and is one of major if not most successful fundraiser for them. Marjan DeJong-Deller is seeking donations and may have already approached you. Many in the community have supported Marjan in the past and your generosity to Hospice is appreciated. Marjan has set a reasonable goal and if she has the support like she has had in the past will greatly exceed it. You can find Marjan on Facebook or check your mailbox for her letter and please support her and Hospice Simcoe.

If you live on the old part of Luella or Ghibb or perhaps on McLaughlin you reside in an area that for many years was known as the Wagner Subdivision. The Wagners, Glen and Irene along with their children, Brad, Brian and Heather were part of the fabric of the early generation of the Anten Mills community. In fact Ghibb street is the first initial of their names. We are saddened to learn that Irene passed away last week in her 88th year. She joins Glen and Brian who predeceased her in the past several years. It has been said that she looked forward to this newspaper and the Anten Mills column to learn more about what was happening in the community she was a great part of. To Brad and Heather and their families, the Anten Mills community sends our most sincere condolences on your loss.

That's all for this week, THANKS for READING and BE WELL.

Jammin' For Thirteen Years



Photo above, Randy Ball responsible for the great music on Thursday night at the Elmvale Palace



Photo above, L-R: Steve Hanmore on guitar/vocals, Bob Gilbert on key board, Jamie Drake lead guitar, Paul Jones on drums, Randy Ball on Bass jammin' on Thursday night.



to run a jam. The players do a lot of work including lifting equipment into the vehicle, back out and set up on stage. Then there's the take down to do it all again. These players are very good. Many of them are professionals and come to hone their talents and have fun together each Thursday night.

There is a solid fan base that have come to each and every jam for many years. The jam started 15 years ago with Greg Parnell, lead singer and guitar, Jeff Dumais, on bass guitar, Tommy Brandon, on guitar, and Rob Brown, on the drums. This was a pure jam where anyone who wanted to play could go up on the stage and there really was not much rehearsal. After a couple of years, farming got in the way and became a higher priority in their lives. Francis Horgan, Palace owner, approached Randy Ball to start a "professional" jam. Randy was up to the task and contacted players. Randy put it all together the result is very good music and no cover for the music lovers of the surrounding community. People come from far and wide to see listen to free live music. There is no comparison to the quality of this jam night. Come on out and have a good time at Palace Jam Night every Thursday night. It is located at 13 Queen Street West in Elmvale. We be jammin'.

Written by Linda Belcourt, Editor

Palace Tavern

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Simcoe County Agricultural Hall of Fame

Stewart L. Page  
1897-1973  
Inducted 1984

Stewart Lewis Page was born Oct. 11, 1897 at Thornhill in York County.

He was a graduate of Richmond Hill High School, served in the Royal Canadian Air Force in 1918 and attend the Ontario Agricultural College in 1924.

Mr. Page was assistant agricultural representative in Wentworth County in 1924 and became the representative for North Simcoe in 1925, an office that he held until 1967.

He organized the first Boys and Girls Club in North Simcoe, the Soil and Crop Improvement Association, Junior Fair section of the Barrie Fair, the first crop convention and seed fair and the first Junior Soil and Crop Club with 59 members in 1950. That club led to the first soils course at O.A.C. in 1951.

He helped to initiate and organize

the Simcoe County Federation of Agriculture and the first certified seed potato growers in the county, the “Lafontaine Restricted Seed Potato Area.”

He initiated the first tuber unit method of producing seed potatoes with their own patented bags “Norsimcoe Brand” resulting in the championship at the Royal Winter Fair.

His accomplishments extended into the community where he was a member of the Kiwanis Club, Theatre Guild, Drama Club, Corinthian Masonic Lodge, County Library Board and Collier Street United Church.

He was author of “At the First Table” for the county council. He married Margery E. Wright on Mar. 22, 1922 at Richmond Hill. The couple had

no children.

His induction into the Hall of Fame was sponsored by the North Simcoe Soil and Crop Improvement Association.



Courtesy Simcoe County Agricultural Hall of Fame/Joni



Vanishing Barns: Remembering the 18<sup>th</sup> century gentle giants through photos, stories, diaries and genealogy.



Cathy Johnston Walton

Available from Cathy Walton at 705 728-1388 or [snow-flake53@mail.com](mailto:snow-flake53@mail.com) Ritchie’s Feed or Simcoe County Museum.

**Vanishing Barns** - Cathy Walton has been researching barns in Flos and Vespra Townships (now Springwater) for the last six years and has published the results in the book “Vanishing Barns”.

If you are interested in a copy, please contact Cathy at 705 728-1388 or [snow-flake53@mail.com](mailto:snow-flake53@mail.com).

Concession 1, Lot 21, part Lot 22, Flos Township  
1108 Glengarry Landing Road North, Springwater Township

Concession 1, Lot 21, part Lot 22, Flos Township  
1108 Glengarry Landing Road North, Springwater Township

Owners

1886-present Ronald and Lorrie (Elliott) Giffen  
1954-1986 Gordon and Gwyn (Owen) Giffen  
1914-1954 Newman and Lucy (Gilchrist) Giffen  
1881-1914 Charles and Elizabeth Bennett had a barn built, probably constructed by Davenport from Oro. Edward Allsopp came to Edenvale in 1894 and worked for Bennetts.

**Built:** original around 1881, rebuilt in 1951 by Jack Pickering.  
**Dimensions:** 40’ x 90’ bank barn and 20 x 20’ granary, lean-to added in the 1970s  
**Bents:** built by Bill McNabb and Donald MacIntyre.  
**Features:** double threshing floor  
**Materials:** some material came from the 9th of Sunnidale on the farm Newman Giffen had been raised on.  
**Water Source:** 290’ drilled well

Newman and his brother Elwood grew up on the 9th of Sunnidale Township. The two initially farmed together and then Elwood moved back to Sunnidale. Ross Bidwell was the hired man until Newman and Lucy’s boys Gordon, Aubrey, Donald and Arthur were old enough to help. A windmill pumped the well on windy days and the hired man pumped it when there was no wind. The well was shared with the farm across the road until 2017.

The International Plowing Match was held on this farm in 1938. Hydro was brought from Minesing in 1937 to supply electricity for the IPM. A Beattie Brother’s water pump was donated to Newman during the International Ploughing Match. The tent city covered 18 acres, with ploughing competitions at the neighbouring farms of Bill and Doug McNabb, Harry Giffen, and Albert S. and Russell Maw. Almost all of the ploughing was done with horses. A small John Deere tractor with rubber instead of steel tires and a Dion threshing machine of Leo Moreau’s were on display.

The original L shaped barn built in the 1880s burned in 1950. It was about the same size as the barn across the road also built by Bennetts. Wilfred Sage was burned when he got the cows out. Others carried out the chickens. A new set of harnesses made by Sam Allen was forgotten hanging on a peg.

When tractors began replacing teams of horses, the teams were still used to strike out the field and finish the plowing. The tractors did the main work. The horses were sold after the barn burned in 1951.

Lorrie and Ron married August 28, 1982. Grain had been combined a few days earlier and the weight of the grain collapsed the floor of the granary. Ron didn’t get his hair cut but he did make it to the wedding. Ron raises sheep and grows hay, grain, and beans.

Gordon, Graydon, Ron, Lorrie Giffen, *A History of the Community of Minesing* p. 173.



The hip roof allowed for more space in the mow. Large round hay bales have replaced the smaller bales.



The bank barn requires no barn bridge to gain entrance to the threshing floor. A lean-to was added in the 1970s and housed sheep.



Jack Pickering built this barn in 1951 after a fire destroyed the 1881 barn. (Photo courtesy of Ron Giffen)



## Community Events

**Bid Euchre**

**Elmvale Community Hall** 1 pm - 4 pm  
Every Monday.  
Call Anne for details 705-322-1232

**Midland Bridge Club** 427 William St, Midland

**Mon. 12:45pm:** Duplicate Bridge, **Tues 6:45pm:** Social Bridge, **Thur. 12:45pm** Duplicate Bridge, **Fri. 12pm:** Bid Euchre. Contact Vern 705-730-9998. Possible lesson if desired. midlandbridge@gmail.com

**Good Vibes**

**Every Thursday night from 7 to 10 p.m.**  
**An open-mic music event** Our location is the little white schoolhouse at the corner of Mount St. Louis Road and the 4th Line of Oro Medonte. Admission is a donation of \$5.00.

**Let’s Do Lunch \$5:**

**Elmvale Presbyterian Church**  
**2nd Thursday of the month.** Eat in: 12-1pm. \$5  
For take-out & town delivery \$6 call 322-1411 between 9 & noon on the Monday previous.  
Pick-up Thursday 11:15 – 11:45 at East side of the church.

**BARRIE-KEMPENFELT PROBUS CLUB**

**Meets at 10:00 am, third Thursday of month**  
Canadian Legion, 410 St. Vincent Street in Barrie  
Main Contact: Chief Information Officer, Robert Newby, barriekempenfelt72@gmail.com (705) 220-3501

**Bay Shore Senior’s Club**

**Activities are in full swing** - check out website at [www.bayshoreseniors.ca](http://www.bayshoreseniors.ca) for all activities.  
Call 705 361-1331.

**E.D.G.E. Elmvale District Garden Enthusiasts**

Meetings held **4th Wed. of each month, 7:00 pm** at Elmvale Library.  
Guests always welcome, no charge bring a friend.

**Coffee Party**

**Last Thursday of the month 9:30 - 11a.m.**  
Elmvale Presbyterian Church  
All Welcome, Cost: \$3

**Low Impact Gentle Fitness Program**

**Weds. at 10am & Fri.’s at 11am**  
Elmvale Community Hall, VON SMART Program  
**Adults 55+ FREE**  
Bring good support (running) shoes and water  
Call 705-355-2200 to register or walk ins

**Georgian Bay Coin & Stamp Club**

**3rd Thursday of each month, 6:30pm - 8:30pm**  
Prime Time Club,1724 Mosley St., Wasaga Beach  
**1st Tuesday of each month, 6:30 pm - 8:30pm**  
(North Simcoe Chapter) Penetanguishene Memorial Arena, Brian Orser Lounge, 2nd floor. 61 Maria St.  
For more info.: [www.geobaycoinstampclub.ca](http://www.geobaycoinstampclub.ca)

**Elmvale Legion**

**Tuesdays at 1 pm**  
Table Shuffleboard, Cost \$1

**Palace Tavern Elmvale BINGO**

**Every Tuesday night**  
Midland Rotary proceeds 6:30 pm to 7:30 pm  
Barrie Rotary proceeds 6:30 pm to 7:30 pm

**Wasaga Beach Parkinson’s Support Group**

**1st Thursday of each month, 12:30-2pm**  
Wasaga Beach Public Library meeting room, 120

Glenwood Dr. All Parkinson’s patients & caregivers welcome. For more information contact Phil Bender 905-703-6248 [bender.philip@gmail.com](mailto:bender.philip@gmail.com)

**Elmvale Youth Ball Hockey**

**Monday and Tuesday 5-8 pm in Elmvale**  
Players ages 4-12 for skill development and game play  
Email: [elmvaleyouthballhockey@gmail.com](mailto:elmvaleyouthballhockey@gmail.com)

**Bay Shore Seniors’ Club - Winter Activities**

**Mon:** Open  
**Tues:** Billiards, Line Dancing, Crafts, Bid-Euchre  
**Wed:** LifeStyles, Bridge, VON Pole Walking, Access Art, Pickleball  
**Thurs:** Choir, Book Club, Darts  
**Fri:** Gardening, VAN SMART Exercises, Billiards, Wood Carving, Shuffleboard, Pickleball  
**Sun:** Pickleball  
**LifeStyles** – Health & Wellness followed by Exercise. Join us at the Bay Shore Senior’s Club Wednesdays at 9:15 for a discussion on Health & Wellness, followed at 10:00 with Exercise (either chair or work out to a video). Staying healthy and informed.  
**Pickleball – Indoor Court**  
Available at Bay Shore Senior’s Club Sundays (2 – 4); Wednesdays (4:30 – 6:30); and Fridays (4 – 6) every week until the end of June. Pickleball contains elements of tennis, racquetball, badminton and table tennis. To any beginner, the rules can seem a bit overwhelming, but within a couple of sessions most people are comfortable with the basics. The sessions are quite informal, and everyone is very encouraging, so it’s a great place to learn the game.  
Visit [www.bayshoreseniors.ca](http://www.bayshoreseniors.ca) for full schedule

## Community One Time Events

**FREE Income Tax Clinic**

**March 4 to April 30, 2023**

Community Volunteer Income Tax Program/ Elmvale Library, (for Elmvale, Midland, Wasaga Beach, Hillsdale and the surrounding areas)

The Elmvale Public Library will be hosting a FREE income tax clinic for moderate to low income earners. This year volunteer tax preparers will be offering in person appointments at the library. In addition to phone and drop off support.

How to access the FREE Clinic:

1. In person by appointment at the Elmvale Library, phone 705-322-1482
2. By phone, call the Elmvale Library and leave your contact details, a volunteer tax preparer will contact you.
3. Drop off your tax documents at the library... include your date of birth and contact information, place in a sealed envelope labelled with your name and Income Taxes.

**Elmvale Youth Ball Hockey**

**Mon. & Tues. 5-8 pm at Elmvale Arena**

Players ages 4-12 for skill development and game play. Starts April 24 to June 30 - 10 wks.Cost \$100-\$120. Sign up **deadline April 16**  
Email: [elmvaleyouthballhockey@gmail.com](mailto:elmvaleyouthballhockey@gmail.com)  
Facebook [@elmvaleyouthballhockey@gmail.com](https://www.facebook.com/elmvaleyouthballhockey)

**Spring into Community**

**Eco Friendly Fashion Show by Sharewear!**

**Saturday, April 22, 2023 at 2-3:30pm**

Elmvale Community Hall  
33 Queen St. W.

For adults and children over 10 years  
Tickets \$10 Available at Sharewear and the Springwater Libraries

**Celebrate Your Service**

**Sat. April 29, 2023** at Creemore Legion

An invitation is extended to all veterans to celebrate your service. Tickets are free to veterans and their escort. Contact Bev at 705-428-2252 or email [bacoutts@rogers.com](mailto:bacoutts@rogers.com). Free transportation available for mobility challenged individuals. Social time 6pm-7pm. Dinner at 7pm. Please respond by April 8, 2023

**Coldwater Lions Club Euchre Tournament**

**Sat. Apr. 29, 2023 at 6:30pm**

Upstairs in the Coldwater Legion \$15 each,  
RSVP: [events@coldwaterlions.com](mailto:events@coldwaterlions.com)

**Elmvale Maple Syrup Festival**

Sat. April 29, 2023

**Spring Crafters Market and Bake Sale**

**Sat. Apr. 29, 2023 10am-2pm**

Wasaga Beach United Church, 300 Zoo Park Rd  
Original homemade crafts and unique gifts. Baked goods and frozen food items. Gift baskets to win.

**Minesing Spring Vendor Market**

**Thursday, May 4th 4:00 p.m. to 8:30 p.m.**

Minesing Central Public School  
7 Huron Street in Minesing

**Mother’s Day Craft, Art & Vendor Show**

**Sat. May 6, 10-4pm and Sun. May 7, 10-3pm**

Bay Shore Seniors’ Club  
2000 Tiny Beaches Roadouth, Tiny  
Over 25 vendors.

Please drop in and check out our over 25 vendors from Sunset Gourmet, Bamboo Sheets, Rock Art, Ripley Dog Food, Love My Leggs, Stain Glass. Norwex, Tupperware, Diamond Art Designs, Art, Fudge, Crafts, Kids Puzzles, Avon, just to name a few.

**“Gardeners’ Gathering “- Midland OSPCA**

**May 7, 2023-10:30 am** at NSSRC - Midland,  
\$20 per ticket. Includes: Speaker (to be announced) Brunch, Silent Auction, Door Prizes, Raffles. To obtain advanced ticket: contact Web: [ontariospca.ca/midland](http://ontariospca.ca/midland) or phone 705-534-4459

## Midhurst United Church

**Experience a Taizé Prayer Service**

Midhurst United Church will host a Taizé Prayer Service at 7:30 pm on Sunday April 21.

Taizé Prayer Services are inter-denominational, prayerful services, with beautiful soft, meditative singing throughout. The Taizé prayer chants are simple phrases sung through a number of times which allows those new to this form of community reflection to join in easily. There is no preaching; the service includes a time of silence (10 minutes) for personal meditation and contemplation. The purpose of Taizé worship is unity and peace as well as personal spiritual reflection.

Taizé Services are offered about once a month at various churches in the Barrie area. The April Taizé Prayer Service will be held at Midhurst United Church. All are welcome. Come see if Taizé worship enables you to find a time of peace within your busy living.

**Fifth Sunday Special at Midhurst United Church**

– In months where there are five Sunday’s, our 5th Sunday worship is deliberately informal. There is more music, a different format for reflection and more congregation participation with instruments and voice, but still meaningful worship. All are welcome to join the fun.

**Amnesty International Letter Writing** -The time has changed for this monthly event. We now meet the

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## COMING EVENTS

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Registration is open.

Players ages 4-12 for skill development and game play  
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Starts April 24 to June 30 - 10 wks  
Cost \$100-\$120. Sign up **deadline April 16**  
Email: **elmvaleyouthballhockey@gmail.com**  
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**EDGE off Site-Meeting**  
**Wednesday April 26 at 6:30 p.m.**  
**Native Woods Nurseries, Hwy 93**

**Spring Annuals and Planting Hints**

Carpool at Municipal parking lot at 6:00pm

**Need to be a member for this meeting**  
**Can purchase membership at carpool \$15.00**

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OPP REPORT

LOADED HANDGUN SEIZED DURING DRUG INVESTIGATION

(Collingwood, ON) - Members of the Collingwood and Blue Mountains Detachment Community Street Crime Unit (CSCU) of the Ontario Provincial Police (OPP) have charged two people in relation to a drug trafficking investigation in Collingwood.

Several months ago, the Collingwood CSCU received information into trafficking of cocaine and fentanyl in the Collingwood. The investigation revealed that one of the suspects had been released on bail for previous charges and had failed to attend court.

On April 3, 2023 Collingwood CSCU and members of the Collingwood OPP conducted a traffic stop in relation to this investigation on Highway 26 in Collingwood and arrested the three occupants of the vehicle. Police searched the occupants and the vehicle, where they located a quantity of cocaine and a loaded 9mm handgun. The Collingwood CSCU, assisted by Huronia West CSCU, Caledon CSCU and Nottawasaga CSCU executed a Controlled Drugs and Substance Act Search Warrant was executed at an address in Markham where a large quantity of cocaine, heroin and cash were seized, worth an estimated value of \$60,000.

One of the people was released without charges related to this occurrence.

As a result of this investigation two persons have been charged with the following offences:

Franklyn NOLAN, 40 years of age, of Markham ON has been charged with:

- Possession of Schedule I substance (Cocaine) for the Purpose of Trafficking
- Possession of Schedule I substance (Heroin) for the Purpose of Trafficking
- Trafficking in Schedule I Substance (Cocaine)
- Possession of Prohibited Firearm Knowing its Possession is Unauthorized
- Possession of a Prohibited device
- Possession of a Loaded Firearm
- Fail to Comply with Undertaking
- Fail to Attend Court

Amanda MARINO, 34 years of age, of Collingwood ON has been charged with the following offences:

- Possession of Schedule I Substance (Cocaine) for the Purpose of Trafficking
- Fail to Comply with Undertaking

Both accused remain in custody, pending the results of bail hearings and will appear before the Ontario Court of Justice in Collingwood at a future date.

Report suspected drug-trafficking or suspicious



activity to OPP at 1-888-310-1122 or Crime Stoppers to remain anonymous at 1-800-222-TIPS (8477) or <https://www.crimestopperssdm.com/>

OPP Make Arrest in Multiple Business Break and Enter Investigations in North Simcoe

(MIDLAND, ON)- Members of the Southern Georgian Bay Detachment of the Ontario Provincial Police (OPP) have made an arrest in a number of business related break and enter investigations in the North Simcoe area spanning over the April 1- 5, 2023 time frame. Businesses that were victimized include a fuel station in Tiny Township, Penetanguishene,

Waubauskene and the LCBO retail store in Georgian Bay Township along with a stolen vehicle investigation in the Town of Midland.

A 26 year old male of no fixed address was arrested in the evening hours of April 5, 2023 in the Town of Midland and transported to Detachment and held for a bail hearing.

The investigation is continuing and more details will be released as they become available.

Property owners are reminded to view the following security links see Safeguard Ontario Property Security Program

Anyone who may have information of a property crime is asked to contact the OPP at 1-888-310-1122, [opp.southern.georgian.bay@opp.ca](mailto:opp.southern.georgian.bay@opp.ca) or by calling Crime Stoppers at 1-800-222-TIPS (8477) or submit your anonymous information online at <https://ontariocrimestoppers.ca/submit-a-tip/submit-a-tip>. You can follow Crime Stoppers of Simcoe Dufferin Muskoka [www.crimestopperssdm.com](http://www.crimestopperssdm.com) on Twitter or Facebook.

STOLEN VEHICLE LEADS TO ARREST OF THREE ACCUSED

(SPRINGWATER TOWNSHIP, ON)-The Huronia West Detachment of the Ontario Provincial Police (OPP) has arrested and charged three individuals in relation to a stolen motor vehicle investigation.

On Monday, April 3, 2023, around 4:10 p.m., Huronia West OPP received information about a stolen motor vehicle from the area of Sunnidale Road and Wilson Drive, in Springwater Township.

Officers attended the location and spoke with the victim, who advised that the motor vehicle was advertised as for sale online and arrangements were made for a test drive. During the test drive, while in the area of Sunnidale Road and Wilson Drive, the suspects forced the victim out of the vehicle and drove away. Although shaken up, the victim did not sustain any injuries during the incident.

As a result of multi-jurisdictional police efforts, around 11:45 p.m., the stolen vehicle was observed by members of the Nottawasaga OPP being operated in Beeton, New Tecumseth. Subsequently, Police recovered the motor vehicle and located three people inside.

As a result of the investigation, three people have been arrested and charged.

Kaur Sukpreet, a 21- year-old female from Mississauga has been charged with:

- Possession of Property Obtained by Crime over \$5,000

The accused was released and is scheduled to appear in the Bradford Ontario Court of Justice in May 2023.

Naresh Kumar, a 24-year-old male from Brampton has been charged with:

- Robbery with violence
- Theft Over \$5,000 of a Motor Vehicle
- Possession of Property Obtained by Crime over \$5,000

The accused is being held pending a bail hearing.

Shivam Miglani, a 23-year-old male from Brampton has been charged with:

- Robbery with violence
- Theft Over \$5,000 of a Motor Vehicle
- Possession of Property Obtained by Crime over \$5,000

- Flight from a peace officer
- Disobeying Order of Court
- Dangerous Operation

The accused is being held pending a bail hearing.

If you have any information about crime in our community, please contact the OPP at 1-888-310-1122. To report minor occurrences online please visit [www.opp.ca/reporting](http://www.opp.ca/reporting). You can also call Crime Stoppers at 1-800-222-8477 (TIPS) or submit your information online at [www.crimestopperssdm.com](http://www.crimestopperssdm.com). Crime Stoppers does not subscribe to call display, and you will remain anonymous. You will not testify

in court and your information may lead to a cash reward of up to \$2,000.00.

FEDERAL OFFENDER WANTED



(TORONTO, ON) - The Repeat Offender Parole Enforcement (R.O.P.E.) Squad is requesting the public's assistance in locating a federal offender wanted on a Canada Wide Warrant as a result of his breach of Statutory Release.

Steven MAVIS is described as an Indigenous male, 60 years of age, 5'10" (178cm), 200lbs (91kgs) with brown hair and brown eyes. He has a number of tattoos. On the left side of his neck he has a Symbol, on his upper left arm he has the word "TAT", on his left arm "OLD SCHOOL" on his left forearm a cross, on his left ring finger a Crown . On his right upper arm he has a Horned Ghoul, on his right forearm a snake, on his right wrist a witch.

He is currently serving a five (5) year and one (1) month sentence for 3 counts of Possession of schedule I/II for Purpose of Trafficking, and 2 counts of Operate MV While Disqualified.

The offender is known to frequent the Ottawa, Toronto, Sudbury and North Bay areas.

Anyone having contact with this offender or information in regards to their whereabouts is asked to contact the Provincial R.O.P.E. Squad at 416-808-5900 or toll free at 1-866-870-7673 (ROPE) or Crimestoppers at 1-800-222-8477 (TIPS) or call 9-1-1.

ORILLIA OPP INVESTIGATING RASH OF VEHICLE THEFTS FROM REC CENTRE

(ORILLIA, ON) - The Orillia Detachment of the Ontario Provincial Police (OPP) are currently investigating numerous theft of motor vehicles from local public use facilities.

The investigation shows that unknown persons are entering changerooms and taking car keys from victims' lockers.

To prevent yourself from being a victim, here are some helpful tips:

- Bring a lock and lock your locker.
- Do not leave valuables in plain view.
- Alternate your parking spots
- Park in well lit areas.
- Beware of surroundings

Members of Orillia OPP are committed to public safety, delivering proactive and innovative policing in partnership with our communities. Officers value your contribution to building safe communities If you have information about suspected unlawful activity, please contact the OPP at 1-888-310-1122 or Crime Stoppers to remain anonymous at 1-800-222-8477 (TIPS) or [www.crimestopperssdm.com](http://www.crimestopperssdm.com).



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## Ontario Helping Families Save Money with Energy-Efficiency Program

**Program providing home upgrades that will reduce energy use and bills for families**

*April 05, 2023 -Ministry of Energy -* Ontario is helping thousands of additional families reduce their energy use and save money by updating the eligibility for the Energy Affordability Program which provides free home-efficiency upgrades for Ontarians who are looking for support with their energy bills. To ensure families have access to these critical supports and help keep costs down, the income eligibility threshold is being raised by \$11,715 for a four-person household, and by \$8,285 for a couple.

“As the home heating season continues, our government is helping families reduce their energy use and save money on their bills”, said Todd Smith, Minister of Energy. “With this update to the Energy Affordability Program, Ontario is ensuring access to free home energy-efficiency up-grades like insulation, smart thermostats, and energy-efficient refrigerators and air conditioners.”

The Energy Affordability Program offers energy saving measures that can help participating households manage their energy use and lower electricity costs by up to \$750 per year depending on eligibility, at no cost to the customer. The energy-efficiency upgrades and types of support available are tailored based on various factors including home heating system, location and an assessment of energy needs.

Under the increased income eligibility threshold, a four-person household with a before-tax income

of \$84,872, or a couple with a before-tax income of \$60,014, is now eligible for support through the Energy Affordability Program. That represents an increase of 16 per cent compared to the previous income threshold.

The government is also continuing to invest in other critical programs to support Ontarians who are looking for support with their electricity or natural gas bills. The Ontario Electricity Support Program provides an on-bill credit of up to \$75 per month to provide support for low-income households when paying their electricity bills. Customers can also access the Low-Income Energy Assistance Program and receive up to \$600 in emergency assistance if they are behind on their electricity or natural gas bill and face having their service disconnected.

“Updates to the Energy Affordability Program will provide greater comfort and lower bills for income-eligible Ontarians,” said Chuck Farmer, Vice-President, Planning, Conservation and Resource Adequacy at the IESO. “Energy efficiency programs like this reduce electricity demand and contribute to the overall reliability of Ontario’s power system.”

The Energy Affordability Program and Enbridge's Home Winterproofing Program, which provides home energy upgrades to income-eligible natural gas customers, are now coordinated through a one-window approach. That means an improved customer experience and making it easier than ever for families to receive energy-efficient upgrades that will help them reduce energy costs and improve comfort at

home.

“Energy affordability and climate change are among the most pressing issues we face today, and energy efficiency is one of the most effective solutions that addresses both,” said Michele Harradence, President, Enbridge Gas. “That’s why we are excited to coordinate efforts to efficiently and cost-effectively deliver conservation programs that can help Ontario families reduce their household energy use, affordably. We look forward to our continued collaboration with the IESO and the Government of Ontario as we chart a path to a dependable, resilient, and sustainable energy future, at the lowest cost for consumers.”

## Quick Facts

- In October 2022 the government announced it was increasing funding for the province's energy-efficiency programs by \$342 million, bringing the total investment to more than \$1 billion over the current four-year electricity conservation framework.

- The Energy Affordability Program, which is funded by the province's current four-year electricity conservation framework, has provided free energy-efficiency upgrades to more than 47,000 Ontario households since 2018.

- Free energy upgrades may include insulation, draft proofing, smart thermostats, showerheads, aerators, pipe wrap, energy-efficient re-frigerator, air conditioner and health and safety measures where needed such as carbon monoxide detectors and attic dampers.

## Under The Glass

*Under the glass is a column by Mr David Kai for VMLC. David Kai is a published author nationally, a TV and radio commentator on investments, asset classes, collector and investment markets.*

## What Happened to the Classic Car Market?

*Apr. 10, 2023* - In a nutshell, the players all got old. I remember attending various shows and events at the CNE over the 90s for cars and hot rods, and I noticed a strange thing.

Actually, it was my wife who pointed it out to me: 'Where did all the young guys go? This is a sea of gray'.

As the years rolled on, all the people I knew who loved and were involved in classic cars and motorcycles had a few sad things happen to them. Some are comical, some are depressing. British sports cars with fixed steering wheels, the beer bellies got too big and they could not get in them anymore, so they sold them.

For women who once thought these things were cool, classic cars suddenly became hot, uncomfortable, noisy, smelly, and rough to ride in. And they still are. Hot rods and muscle cars required taking a second mortgage on your house to buy fuel before it reached its current levels.

Their backs hurt, they cannot bend down to get in, they cannot manipulate the clutch stick shift.

There is no room for the grandkids. They do not have enough seat belts. I don't want to have to wait for you to explain to everyone who comes up to you getting a coffee, while you give them the life history of the car.

This describes users, drivers, and aging consumers. Yet true classics are hitting new highs in values, seldom get driven to buy groceries or get coffees, and often get better treatment than members of the family.

True classic investment-grade vehicles appreciate because of what they are and what they represent, not because you can go fast and be cool. If anything, I would suggest to you most investment-grade vehicles are either permanent or apprenticing members of the garage queen society. Classic cars and motorcycles need to be sold with a specific understanding of what they are and who is interested in them. Regionalism and country greatly affect the values. Jaguar is a perfect example. In the 80s and 90s, it became an executive high-end, bragging rights, consumable car, of which you see very few around today. They were used up, rusted out, consumed. Yet classic vehicles like the Jaguar E-type, produced from 1961 until 1974, which was one of the most beautifully designed vehicles ever, have continued to soar in pricing well past \$100,000 for pristine examples.

Do you have some old wheels sitting in your or your grandfather's garage and need an opinion?

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### PET- CT Scanner Arrives at RVH

March 31, 2023 - Today, Royal Victoria Regional Health Centre (RVH) received a very special delivery – the first PET- CT scanner in the region!

Early this morning trucks carrying the PET-CT arrived at the health centre, its final stop on a long trek from Germany.

“RVH has always focused on putting the best tools in the hands of the most skilled professionals. Today we took another significant step forward to ensure Simcoe Muskoka residents can more easily access the latest technology, so they can be diagnosed and treated faster, and ultimately on the road to recovery sooner. It is truly a day to remember,” says Gail Hunt, RVH President and CEO.

The PET-CT arrived in several pieces which will be securely stored in a temporary storage area in RVH’s Main lobby adjacent to the Imaging Department until mid-summer while its permanent home is being constructed. This renovation is made possible thanks to a \$1 million investment from the Ontario government to renovate an already designated space within the health centre to house the new PET-CT scanner.

Ontario Health (Cancer Care Ontario) is funding the \$2.7 million cost of the PET-CT. The addition of the PET-CT is also made possible by a generous \$500,000 donation from valued RVH donor, Barrie Welding and Machine, as well as support from Jane and Dr. Paul Voorheis, a long-time RVH radiologist, former Imaging Medical Director, and interim Chief of Staff.

“A PET-CT is a dual imaging system that combines precise diagnostic functionality (the PET) with the anatomical images of organs (the CT scan). The PET-CT will be most often used to diagnose and monitor patients with cancer,” says Heather Gillis, RVH Director of Operations for Medical Imaging, Pathology and Laboratory Medicine. This is exciting news for the more than 600 patients each year who must travel outside Simcoe Muskoka to access this diagnostic service. We are committed to bringing care closer to home ensuring residents from across the region have access to advanced diagnostic equipment, so they do not have to travel long distances – away from their family and friends, at a time when they are most anxious and afraid.”

The PET-CT is expected to be up-and-running by the fall, with more than 1,000 scans anticipated to be performed in the first year the PET-CT is in operation.

*Submitted by Jessica Dolan  
Corporate Communications, RVH*

### Obituaries



**HANDY, James Ronald**

It is with profound sadness that the family announce the unexpected passing of James Ronald Handy in his 91st year. After a brief illness on Wednesday February 08, 2023 at the Orillia Soldiers Memorial Hospital. Beloved husband of 67 years to the late Shirley Ruby Handy (nee Archer, d.2020). Deeply loved, respected, and admired father of Douglas (Cynthia) and Shane (Leslie-Ann). Loving grandfather of Craig (Samantha), Francesca, Alexander, and Matthew. Proud new great grandfather to Slade James Handy. Dear brother of Ruby Crowe predeceased and Leonard (Doreen) both predeceased and brother-in-law of Faye (Lawrence) Townes both predeceased and Donald (Margaret) Archer. Jim will be deeply missed by many nieces, nephews, relatives and friends.

The youngest child of the late Zelma (Dickinson) and Ira Handy, Jim was born in Allenwood on October 14, 1932 growing up on the family farms in Flos Twsp. Jim met the love of his life Shirley at a street dance in Elmvale and they were married in June of 1953 & resided in Barrie. After leaving the family farm Jim worked at Barrie CO-OP. Having a talent for repairing just about anything and a keen interest in cars, Jim was recruited by the GM Dealership Dangerfield Motors where he pursued a career in the automotive industry. Starting briefly in car sales he soon turned to the service bays where he became a Class A Automotive Mechanic working his way up to Service Manager. Jim was very proud of his GM Factory Training & was a recognized talent in the field and was consulted by the factory and other dealerships for his diagnostic expertise.

Being a gifted mechanic, time steered Jim to move his family to Jarratt in 1972 where he and Shirley as partners, successfully ran Handy’s Service Centre together for 16 years. Jim’s business integrity, quality work and friendly demeanor quickly made the Garage a success. In 1988 the couple retired from the Garage & moved to Orillia. Never one to be idle, Jim got back into the automotive arena as Service Manager at Kelly Motors/Kemp Ford. After retiring from the Automotive field Jim was coaxed into a new adventure as a plaza property manager until his final retirement.

Jim loved aviation and as a younger man spent a lot of time at the Barrie Airport and flying in small aircraft. He built & flew control wire engine powered model airplanes. In his later years Jim enjoyed flying his fleet of small drones. Over the years cars, boats, campers, motorcycles, and snowmobiles were a constant staple in Jim’s life. Jim enjoyed outdoor activities with his family & friends. In summer he could be found camping and as an avid boater on the water in one of the many boats he piloted. The entire Trent Severn Waterway was navigated and was a favourite memory. A 1988 trip to the west coast aboard their Honda Goldwing motorcycle was another highlight of summer adventures. In winter Jim was snowmobiling as often as he could, an activity he enjoyed right up until March 2022. Many trips and outings were enjoyed with the Bass Lake Snowrunners, a club where he was an active member right up until its disbanding in 2022.

Jim certainly lived up to his last name, as he was remarkably ‘handy’ when it came to anything mechanical or within the trades. Aside from being an expert under the hood of a car, Jim seemed to always know what to do if something broke or somebody needed help with plumbing, electrical, appliances, construction, upholstery, or woodwork. After hanging up his mechanic’s tools he became proficient in his woodworking shop. In fact, many of the most cherished items his family owns were either built or improved upon from his creative and precise hands.

Jim will be remembered for his good nature, wisdom, generosity, zest for life & magnificent work ethic. He never slowed down, working on projects and doing things on his own terms right until the end. Jim’s mantra was ‘do it right the first time’. He will be fiercely missed by his family who knew the steadfast love and loyalty he always had for them, and they will forever cherish the wonderful memories they shared with him.

Cremation has taken place and no services will be held at this time. A joint service for both James and Shirley will be held in late spring. As an expression of sympathy, memorial donations may be made to The Heart and Stroke Foundation, Canadian Cancer Society, or the charity of your choice through Simcoe Funeral Home, 38 Simcoe St. E., Orillia (705) 327-0221.

*Messages of condolence are welcomed at  
www.simcoefuneralhome.*

### PET-CT Up-and-running By Fall

Photo to right: (L to R) Heather Gillis, RVH Director of Operations for Medical Imaging, Pathology and Laboratory Medicine and David Wilson, RVH Manager of Imaging Services, stand next to components of RVH’s new PET-CT scanner. Wilson, who operated the first ever PET-CT in Ontario earlier in his career and Gillis, who has been passionate about access to PET-CT services since the mid-90s when they submitted a position paper to the Ministry of Health on ‘What is a PET’ in her previous role as the General Manager/Director of Professional Affairs with the Ontario Association of Radiologists, are overjoyed to see things come full circle at RVH today.





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Obituaries



**LAYCOCK, Kenneth Bruce**  
(Owner of Ken Laycock Roofing for 35 years)  
Passed away after a courageous year long battle with cancer on April 2, 2023. Ken Laycock of Waverley in his 79th year. Loving husband of Debbie (nee Stephens) for 44 years. Ken will be greatly missed by his daughter Kelly Kazmierczak and her children, Landon, Austin, and Aubrey and his son Randy Laycock. Predeceased by his son Darren Laycock. Survived by his children, Bryan and Angie, and granddaughter Tiffany. Ken will be missed by his cherished companion Jimmy the Yorkshire Terrior. Brother of the late Bev and Diane. A graveside service will be held at a later date. If desired, memorial donations to the Cancer Society or St. John's United Church would be appreciated.

*Expressions of sympathy may be sent to*  
[www.lynnstonefuneralhome.com](http://www.lynnstonefuneralhome.com)



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**JOHNSTON, Susan**  
Passed away peacefully at Hospice Huronia in Penetanguishene on Thursday, April 6, 2023. Susan Johnston of Phelpston in her 64th year. Beloved wife of the late Harvey Smith. Loving mother of James Smith. Sister of Sharon (Doug) Bural, Sandy (Ken) Barnes, Deborah Johnston, Denise (David) Talbot, and the late Arthur Johnston. Sister-in-law of Don (Anne) Smith, Ken Smith, and Doreen (David) Embree. A visitation will be held at the Lynn-Stone Funeral Home in Elmvale from 7-9 pm on Tuesday, April 11, 2023. A funeral service will be held on Wednesday, April 12 at 11 am in the funeral home chapel. Spring interment Elmvale Cemetery. In lieu of flowers memorial donations to Hospice Huronia would be appreciated.

*Expressions of sympathy may be sent to*  
[www.lynnstonefuneralhome.com](http://www.lynnstonefuneralhome.com)

CELEBRATION OF LIFE



Celebration of Life  
for  
**Morley Marchant**  
**April 30, 2023 1-4 pm**  
**Elmvale Lions Hall**  
1979 Flos Rd 7 W, Elmvale  
**Lions Service at 2 pm**

BIRTHDAY PARTY



*Please join us in celebrating:*  
**"The Mayor of Allenwood"**  
**Jim Lalonde is turning 80 !!**  
**Saturday April 22nd 2023**  
**1:00 to 4:00 pm**  
**Lalonde Farm**  
2300 Flos Road 11 West  
**Best Wishes only**



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In Memory



**In Memory of  
DRAPER, Trace William**  
Who passed away on **April 19, 2022**. He as a loving son of Donald and Veda Draper (who had predeceased him), husband to Marlene, father to Donald Draper and Cindy Pratt, Grandfather to Ethan and Levi Draper, grandfather to Elizabeth and Emily Pratt and predeceased by Grandson Graham Pratt, Sister to Lois (predeceased) and husband Brian Swan, sister to Fran Lucas and partner Gordon Schlamb and many nieces, nephews, great nieces and great nephews. Passed away at the age of 74 on April 19, 2022. Born in Midland on August 30, 1947. Trace grew up on the family farm in Elmvale. He had many adventures and travelled. In 1971, he moved to Levack, Onaping to work as a minor for Falconbridge. He retired after 30 years of mining in 2001. He enjoyed down hill and cross-country skiing, blueberry picking and was well known for his love of gardening. "He will be forever in our hearts", Family and Friends



*Please join us to celebrate  
and share memories*  
**90th Birthday  
for  
Ralph Lalonde**  
**Saturday, April 22, 2023**  
**Orr Lake Golf Course**  
**1:00 pm - 4:00 pm**  
**Best Wishes Only**

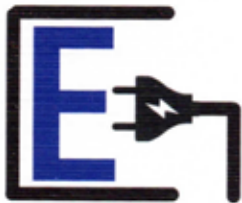


**In Memory of June Hutton**  
It has been two years since  
you left us.  
Not a day goes by that we  
don't think  
about you. You were the  
best Mom, Mama and Luvey  
to all of us. We know you're  
with  
Dad watching over  
everyone.  
**Forever loved and missed.**  
**Judith and Rob, Ian and  
Louise, and families.**

In Memory of  
Wayne Gillespie

I cried when you passed away, I still cry today. Although we loved you dearly we couldn't make you stay. A golden heart stop beating heart working hands at rest. God broke my heart to prove he only takes the best.  
**Love you forever**  
**Linda, Darrell, Sheri and families.**

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BIRTH ANNOUNCEMENT



**Devin and Maura Sullivan**  
would like to announce the  
birth of their son  
**"Everett Vincent Gerald"**  
on March 31st  
(7 lbs 12 ounces).

**Proud grandparents Vince  
and Marsha Brannigan  
of Oshawa and Gerald  
and Donna Sullivan of  
Elmvale.**

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Arbor Memorial Inc.



MINESING “CHAMP” HITS THE ICE THANKS TO THE WAR AMPS



Photo above: Crosby with his hockey device that was funded thanks to public support of The War Amps.

MINESING, ON – April 6, 2023 – Being an amputee is not a barrier to living a full and active life. With the help of artificial limbs and special devices, amputees like Crosby Williams, 6, of Minesing, can take part in their favourite activities.

Crosby was born missing part of his left hand, and as a member of The War Amps Child Amputee (CHAMP) Program, is eligible for financial assistance for artificial limbs and recreational devices.

Crosby enjoys playing hockey and was fitted with a device to help him hold onto the stick. His parents say the hockey device has allowed him to keep up with the other kids on the ice and maintain an active and healthy lifestyle. “Nothing holds Crosby back. He can do everything his friends can do, just in a different way,” says Tiffany, Crosby’s mom.

The Association encourages Champs to develop a positive attitude towards their amputation and try whatever activity they set their mind to. “Crosby’s determination and zest for life is an inspiration to all,” said Danita Chisholm, Executive Director, CHAMP Program. “Thanks to the public’s support of The War Amps Key Tag Service, we are able to help young amputees like Crosby reach their goals.”

The War Amps receives no government grants; its programs are made possible through public support of the Key Tag and Address Label Service.

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Views from the Cottage by Melanie Martyn



JUST THINKING OUT LOUD...  
Communication is the basis for life in my view.

It is a fundamental tool used to express our thoughts, ideas, and feelings. It allows us to share our perspectives with others and to build meaningful relationships. By communicating with others, we can learn from their experiences, exchange information, and work together to solve problems. Communication is also essential for social interaction, which is necessary for the maintenance of a healthy society. Without communication, we would be unable to interact with those around us and build the relationships that make life meaningful. It truly is essential to our survival and growth.

Animals, plants, and other living organisms communicate with each other through pheromones, sounds, and other signals. This communication is necessary for the survival of species and the overall health of the environment. Without communication, the natural world would be unable to function, and life would cease to exist. Communication is the basis for life and is essential to the survival and wellbeing of all living things.

I’d like to think I’ve been a good communicator all my life but I have to say that may not have always been the case. The most important component of communicating is having the ability to listen. As well, we also might want the ability to discern who we should be listening to. In a world so full of noise, can we even hear our own inner voice of communication? The inner thoughts just will not shut up! Aren’t we always our own worst critics?

We tend to pluck thoughts out of the ether, as it were. We do have a choice on the thoughts we choose to ‘bring home’. When I was about 7 years old, I remember doing some homework in my room. I was musing. I was thinking how small I felt and vulnerable as this tiny speck of existence writing out



on what you want to communicate. Maybe the best thought I have on the subject is to start listening to yourself. Choose your thoughts wisely. They have such an impact on your own psyche, and you may never know the full impact your statements have on others. The choice to uplift yourself or anyone in your ‘sphere’, will always bring a smile!

I was lucky enough to take another early morning flight with my brother yesterday. It was a beautiful sunny, calm day. He spent about twenty minutes doing a flight check and the only thing holding us up was the radio. We could hear the tower, but they could not hear us. After much fidgeting with headset wires, knobs, and buttons, we finally had a response and got the ‘clear’ to take off. There is nothing so thrilling as viewing our County at 3500 feet (more or less) above the ground. Lake Simcoe is huge and as I do sell a lot of waterfront properties, it’s so nice to be able to identify all the smaller lakes and see the ice melted on most of them. I could see just the smallest corner of my Orr Lake still harbouring some ice cover.

I took pictures of the vast Georgian Bay shores as my brother checked in with the tower. No response. We headed back towards the airport and tried again but to no avail. He seemed a little on edge. I can certainly say, I did see the importance of announcing our request to land as there is a fair amount of traffic at this small regional airport. We breathed a sigh of relief upon finally hearing a response with a ‘clear to land.’ As we began our final approach before touchdown, we heard and saw that there was a small plane taking off on our runway allocation. Well, it was obvious SOMEONE wasn’t listening and we had to abort and scoot out of the way. Just lucky we heard his intentions and did a double check visually. There was obviously a miscommunication somewhere! Never a dull moment in the on-going adventures of Mel.

Hope you all had a very happy Easter and so happy the weather is finally matching the Spring season!

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