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Tugboat Festival 2023



Photo courtesy of Town of Midland

Aug. 10, 2023 - Tugboat Festival Georgian Bay will be held at the Midland Town Harbour 10am-5pm August 19 and August 20, 2023 with free admission to the festival.

This family friendly event will have lots of fun activities, including a tug race, tug demonstrations, and a tug push contest. Join us for live music, buskers, face painting, and vendors both Saturday and Sunday! Select tugboats will be open for tours on Sunday afternoon between 3:00pm-5:00pm. The tugboat parade of lights will be Saturday August 19 at dusk.

While you're there, you don't want to miss the Northern Rib Series Midland Rib and Beer Fest in Harbourside Park August 18th - 20th with live music and carnival food favourites.

We will also be featuring a Midway Carnival where visitors of all ages will enjoy rides, games and fun

foods such as cotton candy, deep fried candy bars and funnel cakes!

"The Light Parade of Tugs is on Saturday evening at 9 p.m. and is always a highlight of Festival," said Nicole Major, Tourism and Special Events Planner for the Town of Midland, noting there is no admission to attend the event.

Visitors of all ages will enjoy a midway with rides, games and fun foods such as cotton candy, deep fried candy bars and funnel cakes.

Submitted by Town of Midland

Did you Know About Tugboats?

Aug. 14, 2023 - When navigating a gigantic sea vessel into port, its not like driving a car. You can't just turn hard to port and swing the aft around into a tight pocket adjacent to the dock. That's what tugboats are for.

They're indispensable, designed to guide large vessels into port using massive ropes and thick layers of rubber installed from bow to stern on the contact points of the tugboat. These vessels aren't new to tight, maritime navigation, often tackling vessels 20 times their size.

In fact, the tugboat's long and

illustrious history goes back nearly three hundred years. Prior to the advent of the tugboat, vessels were secured in their docks using mules and other livestock, pulling vessels with giant ropes.

The history of the tugboat, from the days of human power, through the steam-powered glamour of the Age of Enlightenment, to the diesel-powered goliaths of modern times, has been exceptional.

One of the most popular engines ever developed for tugboats was the Koos No. 2 Engine. Unleashing 450 horsepower, the Cummins V-12 Marine Diesel engine was raw power in the 1950s. In fact, the engine was so spectacular that it wasn't retired until 1987, after nearly 30 years of service.

Small harbor tugs rarely exceed 400hp today, so the Koos No. 2 was exceptional for its time. These powerful tugs are used today to help haul large barges and equally heavy craft into port, especially when dealing with rough seas. Tugboats today are every bit as essential as the tugboats of the 1800s.

The tugboat is the workhorse of ports and will likely continue to be so for the next century.

Tugboats also stand as testament to the wonder of human ingenuity and innovation. Just like so many other things as we continue to venture out onto the mystery of the sea. <https://techhistorian.com/the-first-tugboat/> By Linda Belcourt, Editor

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LETTERS TO THE EDITOR

Please submit your letters to the Editor.
Email: info@springwaternews.ca or drop off at office. Contact information is on the right hand side of this page. **Phone number and address must be supplied for all letters to the editor.** The opinions expressed in articles contributed by interested parties and through the 'Letters to the Editor' do not necessarily reflect the opinion of this newspaper and/or the editor.

Dear Editor,

In a news world that primarily focuses on tragedy, political divisions, sad situations and strife, it is refreshing to read positive stories and community events in the Springwater News including charitable work.

Of particular interest to my husband and me is that

your paper includes Christian and mental health content which is most unusual these days.

Thank you. I hope it will continue.

Virginia Kennedy

Thank you for Springwater News! I live in Oro-Medonte and look forward finding it in my mailbox every other Thursday. I read it from cover to cover and enjoy getting updated on what's happening on our local rural communities.

I especially love the spiritual and mental health page. Annie's Journal and Rosie's Devotions have comforted me in difficult times.

I get so much more pleasure out of a hard copy newspaper rather than one that's only on-line. Keep up the great work!

Sincerely Mary Anne Greatrix

Springwater News Retraction for Aug. 3, 2023 Edition 657.

The events page 19 had two different dates submitted for the Winger Dinger. Sunday August 6th, 2023 was the correct date. Springwater News deeply regrets this error.

Congratulations to the Winners of the Phelpston Winger Dinger



Photo above, L-R: Men's Winners - Paul Craddock and Earl Giffen

Photo below, L-R: Ladies Winners - Debbie Valender and Astrid Van Vliet



Aug. 7, 2023 - Thanks to everyone who came out for a great day of drinks, food and horseshoes on August 6th, 2023!

A special thank you to all of the amazing volunteers who made the day possible between setting up, score keeping, organizing, bartending, cleaning up, selling tickets and bbqing. *By Taylor Shewell*

Use code "Springwater" when booking for 10% off!




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18,650 are delivered by Canada Post to:
760 in the Utopia/Grenfel area L0L 1B0 and L0L 1B2
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4250 in South Springwater Township
130 to the new boxes in Minesing / Anten Mills
640 in Phelpston L0L 2K0
650 in Hillsdale including the Rural Routes L0L 1V0
2550 in Elmvale including the former R R# 1, 2 & 3 L0L 1P0 which includes Orr Lake, Waverley and some Tiny Beaches Road areas
265 in the Wyebridge area L0K 2E0
975 in Wyevale L0L 2T0 including Conc. 8 and some TBRS areas,
1325 in Perkinsfield including Balm Beach to Whippoorwill
1100 in R.R.# 1, L4R 4K3 (775) & 2, L4R 4K4 (300) areas of Midland which includes Vasey, Ebenezer and the area North-West of Wyebridge
2900 in Northern Tiny including SS 3, 5, 6, 7 & 8 of Rural Penetanguishene (Postal Codes L9M -1R2, -1R3 & -2H7)

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Sow it, Grow it, Show it.
This is the theme of our Fall Fair this coming Thanksgiving weekend
We are looking for lots of entries in our parade this year. We will be hosting two parades as per usual.
Starting with the school parade on Friday and then our .Monster parade on Saturday. We will be leaving the grounds of Huronia Centennial Elementary at 12 noon. We welcome anyone who wishes to put their floats into our parade, We welcome tractors, bikes, clowns, whatever you want to enter, Please remember you must be 16 years old to drive a tractor in the parade. For those on floats, candy must be passed out and not thrown into the crowd. If you would like to enter your family or business or organizations float please contact myself, Bradley McGrady at 705-627-7222, or bradley_mcgrady@rogers.com. We look forward from hearing from you. Our parade date is Friday October 6th, and Saturday October 7th.
Thanks Bradley McGrady
Parade Marshall

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Springwater News at Touchdown Atlantic



Here we are with the Springwater News at Touchdown Atlantic, a recent CFL game played in Halifax, Nova Scotia, between the Saskatchewan Roughriders and the Toronto Argonauts. Toronto won 31 - 13, and the Springwater News was enjoyed by fans from Regina who did not want to look at the scoreboard.
Hal and Rachael Leadlay

Great Support At The Springwater Farmer's Market

Aug. 15, 2023 - Elmvale celebrated National Farmers Market Week on August 11, 2023 at the Springwater Farmers Market. Now in its 24th year, National Farmers Market Week (August 6-12, 2023) celebrated the 24th annual celebration that highlights the vital role farmers markets play in our nation's food system. With fun events, programs, contests, activities, and more, the week helps to boost market attendance and visibility, and is a great opportunity to showcase how much value markets bring to their communities.
The Farmers Market Coalition offers support to Farmers Markets. They know that it can be a lot of work to plan a festive week like this. Wouldn't it be great if BIA, local non-profits and other groups got together to create a week long event. That's why FMC offers plenty of resources, tools, and ideas of our own for market managers, vendors, and attendees to use for planning and participating in National Farmers Market Week!

<https://farmersmarketcoalition.org/national-farmers-market-week/>
By Linda Belcourt, Editor

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Photos above MP Doug Shipley visited the Springwater Farmers Market alongside Mayor Coughlin and Councillor Garwood.

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Knox Flos PC Celebrates 145 Years

*By the Rev. Thomas Mason,
Knox Flos Presbyterian Church
in Elmvale, Ont.*

On Sunday, June 4, over 85 people crammed into the pews at Knox Flos Presbyterian Church in Elmvale, Ont., to commemorate the church's 145th anniversary, recognizing 145 years of Christian faith and witness in the community.

It was a truly wonderful event, where joyful voices sang hymns and the Rev. Jim Young preached an inspiring message, that "God is not finished with us yet." Prayers of gratitude and thankfulness to God were offered for all the blessings that have been received in the past, in the present and for the future that is to come.

Hymns of praise were led by



Karen Parnell from St. John's United Church, accompanied by Elmvale Presbyterian's musical director, Ruth Currie.

The Knox congregation, the Rev. Tom Mason and the Rev. Jim Young also blessed and dedicated the new stairlift to the glory of

God, which will allow access to the sanctuary for the congregation's needs for the future. Thank you to the many people who gave so generously toward this project.

Five present and former Presbyterian ministers from the charge attended the service: the Rev. Jim Young, the Rev. Lois Lyons, the Rev. Margaret Robertson, the Rev. Paul Sakasov and the current minister, the Rev. Tom Mason.

Our thanks go out to the Rev. Young and his wife, Anne, for their participation and presence.

Elders Sandy Conn, Elaine Tubman and Larry Huth, and all of the members of the congregation, would also like to thank the members of Elmvale Presbyterian and all the visitors who took part in the service.

Many memories were shared—of weddings, baptisms and family services. The whole building seemed to come alive during the service.

The many members who had come before must have been looking down at us smiling, through joyful worship and at the fellowship lunch with the incredible home-baked pies, which were enjoyed and shared with much laughter and pleasure by all.

God has indeed blessed the people of Knox Flos Presbyterian Church!



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Make Catching Up On Routine Childhood Immunizations Part Of Your Back To School Plan

SIMCOE MUSKOKA – The start of a new school year is a few weeks away and the Simcoe Muskoka District Health Unit (SMDHU) continues to offer vaccination clinics throughout our communities to help children and youth aged four to 17 years to catch up, keep up and stay on track with their publicly funded, routine vaccines before classes begin.

“Many children missed out on receiving required vaccines during the pandemic, so it is particularly important that kids receive the immunizations that help to protect against diseases like whooping cough, measles and meningitis before they are back at school,” says Mary Ann Holmes, SMDHU Acting Vice President of Clinical Service. “Vaccination is safe and ensuring that your child’s immunizations are up to date is an effective way to avoid preventable infections that can cause serious illness and spread in the community and at school.”

The health unit recommends getting immunized according to the publicly funded immunization schedule for Ontario. Ontario’s Immunization of School Pupils Act requires that students be vaccinated for tetanus, diphtheria, pertussis, polio, measles, mumps, rubella, varicella and meningococcal disease, or have a valid exemption.

Parents and caregivers whose children have not received all recommended vaccines for their age or are unsure of which vaccines are needed should speak to their child’s healthcare provider or the health unit as soon as possible. They can help figure out which vaccines children have already had, which ones they still need, and when and where to get them.

Families with school-age children who are eligible or overdue for their routine and publicly funded vaccines and who do not have a healthcare provider can book an immunization appointment for the clinic at 29 Sperling Dr in Barrie or at one of the health unit offices in Collingwood, Cookstown, Gravenhurst, Huntsville, Midland and Orillia.

If a child or youth has already received immunizations through their healthcare provider, parents and caregivers must update their immunization record on file with the health unit online.

For more information about routine and required vaccines given to students and the diseases they prevent, please visit smdhu.org. You can also speak with a public health professional by calling Health Connection at 705-721-7520 or 1-877-721-7520, Monday to Friday between 8:30 a.m. to 4:30 p.m.



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Registration Opens August 15 For Fall Recreation Programs



Barrie, ON – Residents can register for City of Barrie fall recreation and culture programming starting Tuesday, August 15. Currently, customers can browse programs and save them to their “Wish List”, to conveniently find desired programs when registration opens.

“The City of Barrie’s Recreation and Culture Services team is excited to offer residents of all ages a variety of programs to support them in staying active, both mentally and physically,” says Kate Ellis, Acting Manager, Recreation & Culture Programs. “Whether you’re looking to get into shape with one of our fun fitness classes, or you want to learn something new like Pilates or pickleball, we have something for you!”

In addition to in-person programs, the City offers recPASS memberships that include access to all

drop-ins, including fitness, skating, open gym, kids programs, and swimming, as well as unlimited access to the City’s fitness centres at East Bayfield Community Centre, Allandale Recreation Centre, and Peggy Hill Team Community Centre.

The City also provides a fee assistance program, called recACCESS, that offers support to low-income families and individuals in Barrie by providing qualifying participants with a recPASS membership and youth credits that can be applied to the registration fee for qualifying programs and activities.

Browse and register for recreation programming opportunities at play.barrie.ca, or visit barrie.ca/RecDropins for the most current schedule of drop-in offerings.

By Emily O’Brien, Communications Advisor, City of Barrie

GBGH Adds Enhanced Maid And Palliative Care To Meet Patients’ End Of Life Needs

August 8, 2023 – Georgian Bay General Hospital (GBGH) has recently launched a new Medical Assistance in Dying (MAiD) and Palliative Care service to support the hospital’s admitted patients in their end of life decision-making. This service is available to any patient at the request of the physician providing their general, primary care while at GBGH.

“While most general practitioners and hospitalists are trained to employ palliative approaches in their everyday care, it can be challenging in a busy hospital setting to complete comprehensive palliative assessments, which involves counselling and difficult conversations,” says Dr. Vikram Ralhan, chief of staff, GBGH. “At GBGH we are adapting our services to grown and align with community needs. Ensuring patients have access to compassionate palliative and MAiD care is a priority for GBGH as the hospital strives to offer consistent and dependable care that is person-driven.”

The MAiD and Palliative Care service is being supported by five physicians with special palliative expertise who are dedicated to ensuring the highest quality of care for patients with serious life-limiting disease. This may include patients in end of life with a focus on providing relief from symptoms and improving their quality of life. To ensure consistent access to MAiD and palliative care guidance and consultations while at GBGH, a weekly on-call schedule has been developed to ensure comprehensive coverage throughout the year.

During a palliative care consultation, plans and other recommendations will be sent by the palliative care physician to the physician providing primary care while in hospital, as well as to community providers to ensure a seamless transition in care. For a MAiD consultation, the on-call palliative physician may complete assessments in determining eligibility for MAiD.



Council Meeting Highlights: August 2, 2023

Next Council Meeting: September 6, 2023

This summary is not a full representation of the meeting. For the official record, please refer to the minutes in the next Council Agenda. Past Council Meetings are available for viewing on the Township's YouTube channel.

Outdoor Digital Sign Hearing Committee

Council has endorsed the terms of reference for a hearing committee dedicated to matters concerning the Elmvale Outdoor Digital Sign. The committee consists of three appointed Council members: Deputy Mayor Cabral, Councillor Garwood, and Councillor Fisher. This committee's primary objective is to assess applications for the digital sign in Elmvale that fall outside the scope of eligibility criteria as outlined in the Elmvale Outdoor Digital Sign policy.

FCM Municipal Asset Management Program Funding

Council has granted approval for the execution of a funding agreement with the Federation of Canadian Municipalities (FCM) in connection with the Municipal Asset Management Program. The approved grant totals \$50,000 and will be allocated towards the collection of data pertaining to stormwater assets.

Source Water Protection Plan Amendments

To service growth in the Doran Road area, two new water wells will be added to the Midhurst Drinking Water System. As a result, the South Georgian Bay Lake Simcoe Source Water Protection Plan must be amended to include the wells. A 35-day public consultation period will take place prior to submitting the amendments to the Ministry of Environment, Conservation and Parks (MECP).

Fireworks By-law

Staff has been directed by Council to provide a report on a potential Fireworks By-law. The report will provide information on previously conducted public consultation, as well as options for limiting dates and times where private fireworks shows can be conducted within the Township.

Crossing Guards

Staff has been directed to commence recruitment for

crossing guards that are to be located at four locations in the Township this upcoming school year:

- Penetanguishene Road (Hwy 93) & Albert Street (Hillsdale)
- Yonge Street S & Houden Street (Elmvale)
- Queen Street E & Simcoe Street (Elmvale)
- Finlay Mill Road & Belmont Crescent (Midhurst)

The new crossing guard program resulted from Councillor Alexander's request to reconsider the removal of the crossing guard at Penetanguishene Road (Hwy 93) & Albert Street (Hillsdale), which was presented earlier this year. The crossing guard program will be reassessed after a one-year period.

Blue-Green Algae in Orr Lake

Council received an update from staff regarding a blue-green algae bloom that the Simcoe Muskoka District Health Unit has confirmed is impacting Orr Lake. As a result a water quality advisory has been issued for the entirety of Orr Lake. Under a water quality advisory:

- People or pets should not enter the water if it looks green or blue-green.
- Avoid swallowing or getting the water into your eyes.
- If you come into contact with blue-green algae, rinse off with clean water.

Staff will work with the Severn Sound Environmental Association (SSEA) and Simcoe Muskoka District Health Unit to advise and educate residents on blue-green algae. Additional information on blue-green algae is available at www.smdhu.org/algae

County Road 53 (Wilson Drive Roundabout)

Council received an update regarding the Wilson Drive Roundabout Project. Parts of County Road 53 (Wilson Drive) will be closed in August as the County of Simcoe makes intersection improvements, including a new roundabout.

- From August 14-28 there will be a two week closure of County Road 53, north of Carson Road and Seadon Road.
- From August 28 to September 1 there will be a one week closure of County Road 53, south of Carson Road and Seadon Road.
- Additionally, a full closure of Carson Road and Seadon Road is anticipated in September 2023.

Visit Simcoe.ca/CR53Roundabout for additional project information.

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Birds Found in Oro-Medonte and Bracebridge Test Positive for West Nile Virus

Aug. 4, 2023 - SIMCOE MUSKOKA – The Simcoe Muskoka District Health Unit (SMDHU) has received notification from Public Health Ontario that two dead birds, one found in Oro-Medonte and one in Bracebridge, have tested positive for West Nile virus (WNV).

This is the first lab-confirmed evidence of WNV in Simcoe Muskoka this year. As of Aug. 4, no confirmed human cases of the mosquito-borne viral disease have been reported in Ontario in 2023.

WNV circulates between birds and some species of mosquitoes. The virus can be transmitted to humans by a mosquito bite if the mosquito has first bitten an infected bird.



"Finding these infected birds is a reminder that we all need to continue to take appropriate measures to protect ourselves against West Nile virus at this time of year," says Ramien Sereshk, program coordinator of SMDHU's Healthy Environment and Vector-Borne Diseases program. "The best way to protect yourself is to prevent mosquito bites."

The risk of contracting WNV from an infected mosquito is highest in late summer. The health unit recommends the following personal protection measures:

- Use an approved mosquito repellent, following the manufacturer's instructions.
- Wear light-coloured clothing and cover up in areas where mosquitoes are present.
- Try to stay indoors when mosquitoes are most active (at dusk and dawn).

Although most people will not become sick if bitten by an infected mosquito, WNV can cause severe illness in some people. Symptoms of WNV include fever, muscle weakness, stiff neck, confusion, severe headache and a sudden sensitivity to light. In very rare cases, the virus may cause serious neurological illness. Those experiencing symptoms should seek medical advice.

The health unit will continue its surveillance for the virus throughout Simcoe Muskoka.

Anyone with concerns about a dead bird can contact the CWHC at 1-866-673-4781.

For more information about WNV visit smdhu.org or call Health Connection at 705-721-7520 or 1-877-721-7520, weekdays from 8:30 a.m. to 4:30 p.m.

Tour Springwater Historic Schoolhouse during Doors Open Event



Township of Springwater / August 14, 2023 – The Township of Springwater joins municipalities around the world in opening the doors to cultural and heritage buildings as part of Doors Open.

On August 26 and 27, from 10 a.m. to 4 p.m., participating municipalities will offer residents and visitors free entrance and special access to historical sites, some of which are seldom open to the public.

Springwater will open the doors to the Anten Mills Community Centre to offer a tremendous showcase

of the one-room schoolhouse's history. Built in 1891, the Anten Mills Community Centre is one of the oldest structures in the area. The building's cultural and heritage value lies in its historical and associative ties to the community and early education system. The Anten Mills Community Centre continues to be used by the community and was officially designated as a heritage building in 2021.

Memorabilia and artifacts of cultural, political, and natural heritage significance will be showcased throughout the building. Self-guided tours of the Anten Mills Community Centre will give attendees an insider's peek into the site's historical significance. Additionally, attendees can visit local vendors under the pavilion.

This year, 23 different heritage sites in Simcoe County will participate in Doors Open.

Visit www.doorsopenontario.on.ca to learn more and view participating heritage sites.

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18 Outdoor food
20 Speedy waters
22 Red October, for one
24 Computer tube
25 The Jurassic, e.g.
26 Something to chew
27 Big lug
28 “After ___” Mariah
Carey
29 Soft baby food
33 Make fit
35 Genius’ opposite
38 Diamond complement
40 Volcano output
41 Sweeping
42 Hammock holder
43 Sound of hesitation
44 Handling
46 Arrival time, abbr.

HEY DADS!

“PUSH! PUSH!”, the professionally-dressed man beside my wife said.
No, she wasn’t having another baby. We were simply trying to move the Dominican bus forward. Again, “EMPUJAS! EMPUJAS!” That’s Spanish for “You push!”
Our family is on the last leg of our 6-month adventure on this island in the middle of the ocean. We’ve experienced a variety of transportation here. The usual – planes, vans and automobiles. The unusual – donkeys, surfboards, ATVs through downtown and 10 people on a 150cc rental scooter.
We have been on the bus here a few times before. A relaxing, air-conditioned experience reading a book for the most part. The other bus rides were primarily in the bus. This one started behind the bus. My 11-year-old son, Sterling, and I were back there with about a half dozen Dominican men convincing the bus to leave it’s parking spot. After a night of rain the muddy lot was less than conducive for bus-pushing. Lucky for us it all went down hill from there.
We woke up at 5:30am to get my beautiful wife and 4 of the kids to the bus station to catch the 6:30am bus. Despite cramming 13 people into our 5-seat SUV on a previous occasion we would be unable to do that today as it was now crammed with luggage. So some of us had to take the bus. My wife’s a real trooper. We were there early to ensure good seats for all. If you’re late for the bus you could be stuck on a plastic chair in the aisle. Less than ideal on a 4-hour trip.
When 6:30 arrived we were unable to see a bus in the parking lot. We were able to see a group of guys huddled around one of the buses in the lot next door. One of the buses was running and one of the buses was not running. This was the bus where the meeting

of the minds was taking place. They began to push the not-running bus out of its spot. I assured my offspring, “They’re just moving it so they can get our bus out.” Untrue. That was indeed our bus.
Sterling and I wandered over to give a helping hand. Pushing and sliding in the swampy mud of the lot we were eventually able to get the bus pushed out to the road which conveniently sloped downhill. After a few more minutes of Spanish analysis the men determined the bus had a battery problem. Maybe there was no jumper cables because a few minutes later a battery was robbed from one of the other buses and swapped with the one in ours. I can only guess what happened to the battery-less bus when they tried to start it later. Our bus still didn’t start. More men came to discuss, more analysis took place, the bus remained parked on the side of the road, unstarted.
One of the men suggested push-starting the bus. This was, quite literally, a foreign concept to me. I’ve helped push start dirt bikes but not 12,000-pound buses. By the time Sterling and I figured out what they were doing they were behind the bus shoving it down the hill and...Presto! She started right up! I kissed Alli and the kids goodbye and they were off on a 4-hour adventure to another city...we hoped. What could possibly go wrong?
All ended well and I picked them all up a few hours later at the agreed-upon meeting spot. Sometimes adventure comes your way when you’re not even looking for it. Making memories and pushing buses. Another day in the DR. Dads, how can you make a memory with your kids today? Get out there and do it because time flies! Make every moment count!
Jason Weening usually only pushes a big van filled with one wife and nine kids. Read more at heydads.ca.

It's Alright to Cry

Sometimes life hurts. Sometimes its a dull ache, and sometimes it cuts like a knife. No matter how much positive thinking we do, no matter how many affirmations we say, no matter how "together" we are, sometimes things come along and the pain feels bigger than we are.
There is such an emphasis now on the "learning" that comes in difficult times, that we often feel we should be able to "handle" whatever comes our way. This means we should 'be strong', 'keep a stiff upper lip', 'go with the flow' 'keep it in perspective', and all the other cliches that urge us to deny our feelings. But feelings serve a purpose.
When the body suffers a cut, a little bleeding is good because it cleanses the wound. When the emotional body is wounded, feelings also serve a cleansing function. Emotion that is stuffed down or suppressed creates tension in the body, so it is healthier to release it. This does not mean venting it on others, but simply allowing yourself to feel the emotion.
If you feel like crying, then have a good cry. If you are angry, go for a run, bang some balls around the racquet court, or even write a nasty letter that you won't send. Let the emotion move through you, and

then think about your course of action, if action is re-quired. Often discussing your feelings with a trusted friend helps to release some of the power behind the strong emotion. And if the emotion seems overwhelming, reach out for support.
Some of the deepest healing occurs when we realize that we are not alone in this world. We are only alone if we isolate ourselves. Often too, it is only in our deep pain that we truly experience our humanness and allow others to touch our soul. Souls want to be touched, and sometimes deep pain is the only way to penetrate the shell of superficiality that surrounds the deepest parts of our being.
We must honor our pain, the same as we honor our joy, for both are expressions of who we are. Of course, we want to get past it and we do have to move on or we'd emotionally bleed to death. But the way past pain is through it.
If it becomes overwhelming however, you don't have to go through it alone. The pain just might be a signal that it is time to connect more deeply with another human soul, whose arm may already be outstretched in anticipation of your reaching out. We need each other. That's why we're all here.

Listening to Feelings

Aug. 13, 2023 - I spoke with a client recently who had left his marriage and claimed that in part it was because his wife was always directing her anger at him. He said he did not like her anger, and felt she used it inappropriately.
When I inquired as to the types of things she got angry about, it seemed that it always happened when she would be trying to communicate a feeling to him. She did not get angry about things like taking out the garbage or leaving the cap off the toothpaste. She did not get angry if he forgot a special occasion card or gift. It seemed that the anger came when she wanted to talk about communication, or spending time together, or to tell him that she was not feeling heard.
From what he told me, it appeared that she would approach him with some caution, and would attempt to bring up the subject gently, but even as he spoke, I could see his defensiveness and feelings of being criticized. It was clear that he did not have the ability to separate his own feelings from those of his wife.
He interpreted any expression of her needs as a real or implied criticism of himself. He would then become defensive and challenge her statements about her feelings. He did not realize that he was negating her in the process, consequently the wife, no doubt, felt that her concerns were not important to her husband. She may have felt emotionally abandoned, which triggers her vulnerable inner child. She becomes angry and emotional, and so he moves

into his authoritative adult mode, and treats her like a child. This makes her even more angry, because she started out in her adult mode, and he would not meet her at that level. Now the situation seems out of control, and he's blaming her for the problem.
What is needed is to listen to her feelings and concerns and ask her what she needs. Think of a red light flashing on your dashboard. If you do not know how to give her what she is asking for, seek the advice of a professional. Conversely, she will have a better result if she asks for what she needs, rather than chastising him. Anger on either side does not help.
If the couple cannot both recognize the dysfunctional pattern, and meet at the adult level, then the negative pattern repeats itself endlessly. As for the man who co-creates this scenario, and then leaves the marriage still blaming his wife, there is no growth. Unless he meets up with someone who will be totally subservient, making no demands on behalf of her own needs, he is destined to repeat the pattern. The other option he has is to avoid deep emotional intimacy in relationships. Either way, he plays it safe, and misses out on the deep joy that comes from truly connecting with another human being.
Gwen Randall-Young is an author and award-winning psychologist. For permission to reprint this article, or to obtain books, CDs or MP3s, visit www.gwen.ca. Follow Gwen on Facebook for inspiration.

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SPIRITUAL and MENTAL HEALTH

ANNIE’S JOURNAL

by Annie Warner Donnelly



As we help children prepare to return to school, let’s remember that research proves that, generally, boys and girls learn differently. Knowing this, how will we respond when a son or daughter excels in something a brother or sister has difficulty with?

Michael Gurian, with Kathy Stevens, has written a guide for teachers and parents called, “Boys & Girls Learn Differently.” Gurian is a New York Times bestselling author of thirty-two books published in twenty-three languages, and co-founder of the Gurian Institute. The focus of this book is to explain the developmental, structural, chemical, hormonal, and functional differences in boys and girls and the differences in processing emotion that they experience.

Gurian maintains that the creation of the ultimate classroom and a supportive home life is dependent on our willingness to learn about the advantages and challenges for boys and girls, and then to apply brain-based research to each child’s advantage.

The book identifies ten areas of learning-style differences:

1. Deductive and Inductive Reasoning
2. Abstract and Concrete Reasoning
3. Use of Language
4. Logic and Evidence
5. The Likelihood of Boredom
6. Use of Space
7. Movement
8. Sensitivity and Group Dynamics
9. Use of Symbolism
10. Use of Learning Teams

It identifies two learning differences and the intelligences:

1. Time and Sequence
2. Space and Place

Let’s remember, boys and girls grow up to be the men and women who are our friends, our partners, our spouses, our work colleagues, and more. Understanding how our brains were created can make the difference between fractured relationships and relationships filled with joy and peace. Dr. Louann Brizendine, a former Harvard Medical School faculty member, a graduate of the Yale University School of Medicine and of the University of California, Berkeley, in neurobiology, has written two books that provide insight.

Topics in “The Male Brain” include What Makes a Man; The Boy Brain; The Teen Boy Brain; The Mating Brain; The Daddy Brain; Manhood: the Emotional Lives of Men, and more.

Topics in “The Female Brain” include What Makes Us Women; The Birth of the Female Brain; Teen Girl Brain; Love and Trust; The Mommy Brain; Emotion: The Feeling Brain; The Female Brain and Hormone Therapy; The Female Brain and Postpartum Depression, and more.

The books I’ve mentioned are available on Amazon.

The Bible encourages us to love each other as Jesus loves us, to love with joy and patience, in peace faithfully, gently, kindly, always with goodness and self-control, forgiving one another as God has forgiven us. When we purchase a new car, we learn about it. We make certain to fill it with the correct grade of gas and oil; we don’t want to damage any of its internal moving parts.

Research confirms that God created males and females to be different. We owe it to each other to understand what the differences are so that our words and actions don’t damage the tender hearts and minds of human beings of any age, most especially the children. May God bless us as attempt to do this. Amen.

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Ask A Therapist: How Do I Be A Friend To Someone With Mental Illness?

As with any friendship, there are struggles and successes. If you're struggling, here are three principles that may be a helpful start.

The first principle would be to accept your current reality so that you have a foundation to begin. When we operate as though our friend can meet the expectations of non-struggling friends, we set ourselves up for disappointment and increase our friend’s chances of feeling like a failure. Setting realistic expectations based on how your friend's mental illness affects them gives both parties a chance to contribute to the relationship. Modified expectations don’t have to last forever. Mental illness is not stable, it moves and changes in a person’s life. So this acceptance may ebb and flow over years, months, and weeks as needed.

You can't modify expectations if you don’t know how your friend's mental illness impacts them, so the second principle would be to talk to them and know them as they are. Find out what their triggers are and how they react when triggered. Find out how their triggered responses affect you and your reactions. This way the expectation of friendship is based on where you both are at.

The third principle is to recognize the inevitable hurts that will affect the attachment bond and purposefully rebuild that bond when broken. People hurt people but when struggling with mental health, the chances of hurt will likely go up. Understanding that hurts will come can normalize this experience when it happens. Communicating through these breaks in attachment helps to express needs not being met and adjust expectations for the future. Friendship at its best is a safe place but when people are hurt, our natural response is to protect those vulnerable parts that are hurting. Protection usually looks like accusations, defensiveness, excuses, blaming, etc. If we find safety with other people in our support system, regulate our emotions, and process our feelings, we can then re-enter the friendship and communicate in a non-confrontational way that encourages a reciprocal vulnerability rather than a defensive attack.

If you’re struggling with this type of friendship on your own, reach out to a therapist at the Covey Wellness Centre for support.

Covey Wellness Centre is a local spot for all your mental health and wellness needs. We are a team of multi-disciplinary psychotherapists working out of our beautiful and serene space at 12B Stone Street.

Rose’s Devotions by Rosy Hagedorn



The Blackbird

The air was warm, and a gentle breeze caressed my face. I am very fortunate to have a view of the lake and a park from my third floor balcony. One day, I was sitting on my balcony when I noticed a blackbird perched at the very top of a tree. The wind was blowing the tree's branch, rocking the bird back and forth. I found it amazing that the bird didn't just drop off, and it seemed to me as if the bird and the tree branch were one, dancing to some unheard musical piece.

This wonderful event reminded me that God is with us through times of dancing, when everything is good.

As I continued to watch, I noticed that big, puffy, rain clouds were rolling in. The sky turned black and my friend, the blackbird, flew into the bush. The rain came down in buckets.

This turn of events also reminded me that God is with us through times of sorrow and distress.

Philippians 4:6 – Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. (NIV)

Isaiah 41:10 – So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand. (NIV)



Are you facing storm clouds in your life today? Do you feel that no one cares, and that everything is being dropped onto your shoulders? Remember the One Who cares about you and is waiting for you to share your anxieties and frustrations with Him.

Prayer: Dear God, remind us that You are always with us. All we have to do is talk with You and listen. Grant us Your peace that goes beyond human understanding. Amen.

Stop Keeping Score

Written by Lisa Whiteman

Aug. 14, 2023 - Score keeping is a very necessary step in many things we encounter, sports being the first that comes to mind for many. It is a measure of who is winning and who is losing, who is doing better, potentially who practiced more, or which team works better and more cohesively together. Score keeping is a testament also to how the game or match may end. In life we tend to carry over this same method of record-keeping and judgement as to how our lives may turn out or how they may progress. We constantly take scores of where we are compared to our friends and siblings and co-workers, often with heavy judgment towards each other. Often-times with incredibly harsh judgment towards ourselves and where our own scores stack up compared to where we think the score should be. This judgement typically comes from the idea that social status or material things we collect is a true measure to the scoring quality and overall value we

offer as people. Denzel Washington said, you will never see a hearse pulling a trailer. So, in the grand scheme of things, how can your life score possibly depend on the things you have? If you have a nicer car than your neighbor does that now mean your life expectancy has increased by three years? Does that now mean your physical health has improved by four percent? We all know that this is absurd and there is no external referee or management team allotting us half a point for the better car or two points for the biggest shoe collection. Why then must we put so much of the precious game time we have remaining on these things that distract us from truly living a life judgement free from our perceived lack of high score. When was the last time you allotted points for seeing another sunny day? When was the last time you gave yourself credit for making parental sacrifices like Friday night to yourself? When was the last time you told yourself how well you made it through that part of your life? When did you last thank yourself for still being here today after going through so much darkness? When did you last appreciate having the ability to do all the things you complain about having to do? Waking up to see another sunny, rainy, or snowy day never seems to generate point value in this game you keep score of, but regretting a play you made ten years ago deducts most value entirely. A job you did not take, or a girl you didn’t ask out deducts major penalty points but having the ability to purchase groceries allots not a single one. If you are here, there is still time on the clock, meaning the game is not over and the rules can always change. Remove judgement from being a measurement tool and add happiness as your compass and stop keeping score.

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Bill C-18, August 2023



Springwater News – Dear Neighbours,
Aug. 14, 2023 - I've heard from many community members who are concerned that Meta, the parent company of Facebook and Instagram, has blocked the ability to see or share news content on their platforms. This unfortunate development is a result of the Liberal government's flawed legislation Bill C-18: the Online News Act. Bill C-18, which seeks to force online companies such as Meta and Google to pay Canadian media organizations when a link

to their online content is shared on their platforms, recently became law.
As a result of this reckless legislation, Meta has begun banning the sharing of news on their platforms and Google has indicated that they will do the same. This enormous misstep by the Liberal government now means that Canadians may not be able to access news through their social media platforms.
My Conservative colleagues offered amendments to the Bill that would fix these issues, but they were rejected and voted down by the Liberals and NDP. It's now clear that Bill C-18 is the government's way of siding with large corporate media while shutting down small, local, and independent news.
Conservatives believe that we need to find a solution where Canadians can continue to freely access news content online, in addition to fairly compensating Canadian news outlets. A Conservative government will replace C-18 with a bill that fixes these problems that the Liberal government has created.
Thank you to all residents who reached out to my office about this important issue.
As always, my constituency office is available to assist you with any matters related to the federal government. Please contact my office for assistance.
Sincerely,
Doug Shipley
Member of Parliament
Barrie-Springwater-Oro-Medonte

Canadian Businesses at a Disadvantage in the Global Market

Aug. 14, 2023 - Over the summer, I've received hundreds of calls, emails, and postcards from residents who are concerned about the Liberal government's plan to regulate natural health products (NHPs).
Health Canada recently proposed new and significant fees to import, manufacture, and sell NHPs. At the same time, they are implementing new labelling laws. The new regulations being placed on health supplements put Canadian businesses in an impossible situation. These unrealistic, unfair, and costly changes may force many small to medium-sized businesses to shut down Canadian operations.
The proposed changes could place Canadian businesses at a disadvantage in the global market, while at the same time, reducing the freedom of choice of Canadians, and their healthcare. Existing regulations on health supplements already keep Canadians safe and are quite sufficient.
It is unfortunate that many Canadians may lose access to the health supplements that they choose to use as a result of red tape and bureaucratic gatekeeping, rather than health impact. This demonstrates that the Liberal government is completely out of touch with the needs of Canadians.

Canada's Conservatives are against any red tape that holds back our healthcare system. While we agree that protecting the health and safety of Canadians must be a key priority for any government, we firmly believe these new regulations should be subject to further study. My Conservative colleagues and I will ensure Canadian businesses are competitive and that Canadians' access to safe supplements is protected.
Residents have the option to sign petition e-4474, sponsored by my Conservative colleague MP Rob Morrison, which calls upon the Minister of Health to work with the industry to embrace modern labelling and adjust Health Canada's proposed cost recovery rates to accurately reflect the size and scope of the industry.
Thank you to all residents who reached out to my office about this important issue.
As always, my staff and I are available to discuss any federal matters that may be of concern to you and your family. Please do not hesitate to get in touch.
Sincerely,
Doug Shipley, MP
Barrie – Springwater – Oro-Medonte



FOR IMMEDIATE RELEASE

14th Annual Walk a Mile in Her Shoes Event

Walk a Mile in **HER** Shoes Returns to Downtown Barrie Heritage Park

Hosted by Women & Children's Shelter of Barrie
Presented by:



"You can't really understand another person's experience until you've *walked a mile in their shoes*."

Walk a Mile in Her Shoes is a community march where the community leads the way on the road to end domestic violence by walking one mile in red high-heeled shoes. The Walk gives participants the opportunity to get their communities talking about a difficult subject while increasing awareness of the problem, offering opportunities for healing, and demonstrating their willingness to walk with women and children as allies, advocates and survivors.

Date: Saturday, September 9th 2023
Venue: Heritage Park, Downtown Barrie
Registration & Photos: 11:00 a.m.
Opening Remarks: 11:45 a.m.
Walk begins 12:00 p.m.
Lunch & Prizes: 12:45 p.m.
Register yourself or a team: canadahelps.org/en/charities/women-childrens-shelter-barrie/p2p/2023WalkAMile/

The 'Walk a Mile in Her Shoes' event in Barrie will benefit local women and children affected by intimate partner violence and supported by the Women & Children's Shelter of Barrie. The Women & Children's Shelter of Barrie relies heavily on community support and donations to be able to provide programs and services in Simcoe County.

For over 40 years the Women & Children's Shelter of Barrie, has been providing a safe and secure refuge for abused women and their children in Simcoe Community. Since 2001, men, women, and their families around the world have joined the Walk a Mile in Her Shoes Event. Walk a Mile in **HER** Shoes is a symbolic march that gives men and male-identifying allies the opportunity to take a stand





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Chief Dr. Robert Joseph is the recipient of the 2023 Award for Excellence in Aboriginal Relations

Toronto, ON, Aug. 04, 2023 (GLOBE NEWSWIRE) -- Canadian Council for Aboriginal Business (CCAB) proudly announces Chief Dr. Robert Joseph, a prominent advocate for Indigenous rights and reconciliation, as the recipient of the 2023 Award for Excellence in Aboriginal Relations.

A Hereditary Chief of the Gwawa’enuxw First Nation, Chief Dr. Robert Joseph is a leader of change and an influential voice in reconciliation. As a survivor of the Indian Residential School System, he was formerly the Executive Director of the Indian Residential School Survivors Society and an Honorary Witness to Canada’s Truth and Reconciliation Commission (TRC). He is the Ambassador for Reconciliation Canada, Chair of the Native American Leadership Alliance for Peace and Reconciliation, and a former member of the National Assembly of First Nations Elders Council. His lifelong work shows his dedication to his vision of reconciliation.

"I am so honored and filled with a sense of immeasurable gratitude to be receiving the Canadian Aboriginal Business Award for Excellence in Aboriginal Relations. My spirit soars," said Joseph.

The Award for Excellence in Aboriginal Relations, sponsored by Sysco Canada, is presented to a bridge builder who is known for their efforts toward reconciliation between Indigenous communities and Canadian society. They are leaders who have created an impact locally and/or nationally through professional and voluntary commitments.

"We are thrilled to recognize Chief Dr. Robert Joseph’s remarkable achievements with the Award for Excellence in Aboriginal Relations," said CCAB president and CEO, Tabatha Bull. "His journey and his legacy has and will continue to serve as an inspiration to future generations towards a more inclusive and equitable Canada. A huge thank you and congratulations to Chief Dr. Robert Joseph for his unwavering commitment to peace and reconciliation."

Through his commitment to fostering understanding and advancing reconciliation, he has received an Honorary Doctorate of Law Degree from the University of British Columbia, an Honorary Doctorate of Laws from Vancouver Island University, and others. In addition to these efforts, he is also a sought-after speaker as he shares his story and knowledge in Canada and abroad. His message of peace and healing have resonated with many. Mostly recently, he has written a book, Namwayut, where he speaks of his personal journey, while also providing insight on how Canada and Indigenous communities can move forward.

"Through his persevering commitment to education and awareness, Chief Dr. Robert Joseph, has truly supported meaningful progress toward reconciliation in Canada and other countries," said Roger Francis, President of Sysco Canada. "He has humbly and tirelessly offered his strength and courage to improve the lives of others by promoting reconciliation among Indigenous and non-Indigenous peoples. At Sysco Canada, we admit, with humility, that we rely on the trails blazed by extraordinary individuals such as Chief Dr. Robert Joseph in our journey towards reconciliation. On behalf of Sysco Canada, I offer our congratulations to Chief Dr. Robert Joseph for being honoured for Excellence in Aboriginal Relations."

Chief Dr. Robert Joseph will be honoured during CCAB’s Award Dinner, following the West Coast Business Forum, on October 19, 2023 in Vancouver.

Past recipients of the Award for Excellence in Aboriginal Relations are represented from coast to coast, including, Senator Murray Sinclair, Carol Anne Hilton, Keith McIntosh, Dr. Marie Delorme, and more.



Supplies Needed

Calling all crafters! If you happen to have any extras of the following we would appreciate having them for upcoming programs: Paper punches (butterfly if possible), Scrapbooking paper macrame cord, fringe or tassels, Mandala tools. Thank you!

Elmvale Farmer’s Market

Come find us at the Farmer’s Market in Elmvale (and at the Midhurst Library) for our book sale, items fundraiser and a fun FREE weekly craft. The Farmer’s Market runs from 9am-2pm every Friday.

Foosball Craft

Nothing makes you appreciate a game more than creating it yourself! Ages 5+ will make their own Foosball game board at this program. Parents and siblings be prepared to sharpen those gaming skills when the Foosball game comes home! Thursday August 17 at 11am, Midhurst Branch. Registration required.

Take and Make

This month, Kaitlyn’s free Take and Make is a

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www.springwaterlibrary.on.ca
information, branch updates and our virtual programs. Programs and Videos on Facebook and YouTube (search Springwater Library)

monarch butterfly craft. Thursday August 17. While supplies last.

YMCA Employment Services

This program run by the Midland YMCA Employment Service offers FREE assistance with employment questions, resume help, cover letter help, HOW TO job search, interview prepping, etc. The last Friday of every month at Elmvale Library from 10am - 4pm. This is a walk in service.

Fall Returning Programs

Storytime: Tuesdays 10:30am Elmvale branch (starting September 12), Wednesdays 10:30am Midhurst Branch (starting September 13). EarlyON Stay, Play and Learn: Wednesdays and Fridays 9am-12noon Elmvale Branch. Tech Help: Wednesdays book an appointment 10:30am-12noon Midhurst Branch or Biweekly Thursdays 3pm-5pm at Elmvale Branch.

NEW! This Fall

Parent/Child Book Club For parents and children age 8 - 11, the "On the Same Page Book Club" will be starting this fall! Read the book together and then gather as a group to talk, play games and enjoy some snacks! Our first book will be, The Miraculous Journey of Edward Tulane. Registration is required. Thursday September 28, 6pm at Midhurst Branch.

Teen Game Night

Bring your friends and try out some of the new games (and snacks!) the Library has purchased for Teen Games Night. Tuesday October 17, 5:30pm at Elmvale Branch.

DID YOU KNOW?... About the Food Bank



Photo below: Jason Allen, South Springwater Firefighters Association, presents a cheque to Mike Trace, Elmvale & District Food Bank Board Secretary.

Aug. 13, 2023 - It is not necessary to make an appointment. Walk-ins are always welcome and will be greeted with respect, dignity and confidentiality.

This past month we have been the fortunate recipients of some meaningful donations. A local family generously donated the proceeds from their family backyard horseshoe tournament, the Elmvale Lioness Lions contributed a generous and much needed supply of diapers and the South Springwater Firefighters Association presented a cheque to the

food bank. Funds from the Building Fund have made it possible to complete paving on the remainder of the parking lot. We graciously accept and appreciate all donations. If you or your organization wish to support your neighbours as they face the challenges of food insecurity, or if you require the service provided by the food bank please reach out. The food bank is located at 62 Yonge St. North in Elmvale, 705-322-9096. By Debbie Craddock

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Ontario Releases 2023-24 First Quarter Finances



Aug. 14, 2023 - Recently, the Ontario Government released the 2023-2024 First Quarter Finances, the first update on the province's economic and fiscal outlook since the release of the 2023 Budget: Building a Strong Ontario.

Overall, this update demonstrates the government's plan is working, as Ontario's economy has remained resilient through heightened economic and geopolitical uncertainties. Despite the resiliency of Ontario's economy so far in 2023, the province is not immune to any potential economic slowdown.

This report provides updated information about Ontario's economic and fiscal outlook primarily as of June 30, 2023, and since the 2023 Ontario Budget for the 2023-24 fiscal year. Highlights of the report include:

- Ontario's real gross domestic product (GDP) increased by 1.0 per cent in the first calendar quarter of 2023, following a 0.2 per cent decline in the fourth quarter of 2022. Real GDP growth in the first quarter was supported by higher exports and household spending.
- Ontario's labour market has remained strong, with employment increasing by over 230,000 net jobs between September 2022 and July 2023. In addition, Ontario's unemployment rate of 5.6 per cent in July 2023 is near historic lows.
- Since the 2023 Ontario Budget, expectations by private-sector forecasters for GDP growth have improved for 2023, reflecting better-than-expected economic performance so far this year. However, expectations for GDP growth have declined for 2024, reflecting the impact of Bank of Canada policy

interest rate increases — the fastest rise in the key policy interest rate since 1981.

- Ontario's Consumer Price Index (CPI) inflation has moderated for 12 consecutive months, from 7.9 per cent in June 2022 to 2.6 per cent in June 2023. The Bank of Canada projects that Canadian inflation will stay around 3 per cent for the next year, returning to the 2 per cent target by the middle of 2025.

- Economic uncertainty remains elevated. High interest rates and inflation persistently above the Bank of Canada's 2 per cent target remain key downside risks for the economic outlook.

- As of the 2023-24 First Quarter Finances, the province's 2023-24 deficit is projected to be \$1.3 billion — unchanged from the outlook published in the 2023 Ontario Budget.

- Revenues in 2023-24 are projected to be \$204.4 billion, largely unchanged compared to the forecast in the 2023 Ontario Budget.

- Overall program expense in 2023-24 is projected to be \$190.6 billion, largely unchanged from the outlook presented in the 2023 Ontario Budget. New commitments announced since the release of the 2023 Ontario Budget are primarily funded through existing contingencies within the fiscal plan.

- Following the 2023 Ontario Budget, Standard & Poor's, Moody's and DBRS Morningstar have all placed Ontario's credit ratings on positive outlook, while Fitch confirmed Ontario's credit rating with a stable outlook.

As of the 2023-24 First Quarter Finances, the province's 2023-24 deficit is projected to be \$1.3 billion — unchanged from the outlook published in the 2023 Ontario Budget. Revenues in 2023-24 are projected to be \$204.4 billion, and expenses are projected to be \$204.7 billion, largely unchanged from the budget projections. New investments, funded from existing contingencies, include supports for Ontario's manufacturing sector, policing and anti-crime initiatives, and municipal infrastructure.

Submitted by Robertson, Keeragh

Ontario Training More Dairy Farmers

New program at University of Guelph Ridgetown campus will bring distance learning to students and farms across Ontario

August 09, 2023, Ministry of Labour, Immigration, Training and Skills Development - RIDGETOWN — The Ontario government is investing over \$300,000 to help young people prepare for meaningful and well-paying careers in the dairy industry. In partnership with Dairy Farmers of Ontario (DFO), the University of Guelph Ridgetown Campus' Dairy Herdsperson Apprenticeship (DHA) program will be expanding to offer a hybrid, distance education option for students who are not able to study in person full-time or are already working on farms around the province.

"Ontario's dairy farmers are everyday heroes who work tirelessly to keep milk and dairy products on the table for families across our province and country," said Monte McNaughton, Minister of Labour, Immigration, Training and Skills Development. "Our government is proud to invest in a homegrown training program to help jobseekers get the skills they need to provide quality food to the people of Ontario for generations to come."

Participants will learn about animal health, routine herd maintenance and nutrition, and operating farm equipment. They will complete 480 hours of classroom training, hearing directly from industry experts about milking, feeding, animal health, reproduction, and other dairy-related skills.

"As a long-standing partner, we are proud to support the University of Guelph's commitment to the dairy industry through programs, such as the Dairy Herdsperson Apprenticeship," said Murray Sherk, Board Chair at DFO. "We are thrilled to work alongside Ridgetown Campus, with support from Minister McNaughton and the Skills Development Fund to virtually expand the program, reach more students and meet the needs of Ontario's dairy producers."

Students in the DHA program will also complete 5,520 hours of on-farm training as part of a paid work placement, where they learn hands-on skills, including operating and maintaining farm machinery, working directly with animals and processing milk. All this will prepare them for rewarding and in-demand careers in Ontario's agricultural industry.

"Ontario's dairy sector has the ability to provide rewarding careers that can last a lifetime," said Lisa Thompson, Minister of Agriculture, Food and Rural Affairs. "With this investment our government is attracting the best talent to the agriculture and food industry while supporting a key pillar in our provincial Grow Ontario Strategy."

This project is funded through the government's Skills Development Fund, an over \$700 million initiative, which supports ground-breaking programs that connect jobseekers with the skills and training they need to find well-paying careers close to home.

Quick Facts

- Ontario's dairy industry contributes \$7.7 billion to Ontario's gross domestic product.
- The University plans for the distance learning program will be available in 2024. For more information on the Dairy Herdsperson Apprenticeship program, visit <https://www.ridgetownc.com/future/adh/>.
- Through its first three funding rounds, the Skills Development Fund has supported 596 projects, aiming to help almost 522,000 people around the province take the next step in their careers.
- Ontario's Skills Development Fund is supported through labour market transfer agreements between the Government of Canada and the Government of Ontario.

Ontario Launching Credit and Debit Payment on TTC

Province making it easier and more convenient to take transit

August 10, 2023- Ministry of Transportation - The Ontario government is making it easier to take transit by giving riders more ways to pay on the Toronto Transit Commission (TTC). Starting Tuesday, August 15, riders can use credit or debit cards to pay fares, including cards on a smartphone or smartwatch.

"The launch of credit and debit payment on the TTC is just another way our government is making life easier for people across the Greater Toronto Area," said Stan Cho, Associate Minister of Transportation. "Whether travelling for work, appointments, or anything in between, the transit experience should be as convenient as possible."

The launch of credit and debit payment on the TTC follows the successful introduction of more payment

options across many local transit systems in the Greater Toronto and Hamilton Areas. In addition to the TTC, riders can also use credit or debit to pay fares on GO Transit, UP Express, Brampton Transit, Burlington Transit, Durham Region Transit, Hamilton Street Railway, MiWay (in Mississauga), Oakville Transit and York Region Transit.

"Our government is working with our municipal partners to make it easier and more convenient for transit riders to get from point A to point B," said Caroline Mulroney, Minister of Transportation. "We are continuing to improve PRESTO services by introducing new and innovative payment options that make fare payments easier."

The Ontario government is also working with Metrolinx to introduce virtual PRESTO cards for mobile wallets in the coming months.

16th Annual Boots and Hearts Barn Burner Charity



Photo above: Saddlon Arena in Barrie packed with supporters and hockey lovers raising funds for the community. Photo courtesy of Alyssa McGinnis.

What a wonderful event that brings hockey excellence, fans and community to one spot one day each day. The 16th Annual Boots and Hearts Barn Burner Charity hosted NHL players, including John Tavares, Chris Tierney, Erik Gudbranson and other hockey greats were on hand to entertain the crowd. The Barn Burner raised a record breaking \$275,323 for organizations like RVH Foundation, Ontario Easter Seals, PIE Education, local Rotary clubs, and many other local charities. Generous sponsors play a big part in a successful fundraiser. The 1st period sponsor: Paul Sadlon Motors and 2nd period sponsor: Purehealth Pharmacy. Submitted by Linda Belcourt, Editor and Tim McGinnis, Sports Reporter



Photo above: Elmvale's own Graham Scott Fleming sings the National Anthem at Barn Burner. Graham Scott Fleming also sang at Boots 'n Hearts at Burl's Creek Event Grounds in Oro-Medonte on Aug 12, 2023 despite the rain. Proud events for the local community. Way to go Graham, you just keep on going!!! Photo courtesy of Alyssa McGinnis.



Photo above: NHL'er John Travars, on right, with Gary Roberts on left. Photo courtesy of Alyssa McGinnis.



Photo above and below: NHL'er John Travars, eager and willing to give his autograph to fans. Photo courtesy of Alyssa McGinnis.



Photo above: Tim McGinnis, Springwater News Sports reporter, on left shown with Mayor Alex Nutton on right. Photo courtesy of Alyssa McGinnis.



Photo above: Tim McGinnis, Springwater News Sports reporter, on left shown with Referee Hogart on right. Is Tim presenting the game puck to the ref? Photo courtesy of Alyssa McGinnis.





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Elmvale Lions Golf Tournament Supports The Georgian Bay Cancer Support Centre



Photo above: Best Mens team winners-Trevor Sibbald, and others unknown.

The Elmvale Lions hosted their 19th annual golf tournament at the Orr Lake Golf Course on July 8th. One hundred and four enthusiastic golfers, of many skill levels, graced the fairways in support of The Georgian Bay Cancer Support Centre. It is only with the support of these golfers and many sponsors that they were able to raise in excess of \$10,000. This much needed financial support will be used for the enhancement of support programs for their members at the centre.

The Elmvale Lions would like to thank their major sponsors, George Begley at BMR Pro, Kim Birley from the Lynn Stone Funeral Home, Dr's David and



Photo above: Best Ladies team winners-Patty Restrup,Donni Ellis, Karen Moriarty and Glenda Duffy

Nicole Solly from Solly Family Dentistry and Heidi McElwain from Currie Truck Center. They would also like to thank Ryan and Amanda Reynolds from Elmvale Foodland for again providing their snack bags and donating a \$150 gift certificate for a closest too prize. Adam Bourgeois from Bourgeois Motors once again provided Hole in One insurance on all the par threes. Adam's continued support is very much appreciated. Al Pontes from G&S Computers and Fraser Swan from Roto-Static once again stepped up with a 65 inch TV for the putting contest. The Elmvale Lions wish to thank them for this donation. The Elmvale Lions also wish to thank the many hole



Photo above: Best mixed team-Sandra Dunham, Joe Dyer, Deb Austin and Chris Austin

sponsors whose signs could be prominently seen on all eighteen holes marking the tee boxes.

The organizer, Lion Murry Truax would like to thank Jason and Cameryn Harris from the Orr Lake Golf Course for all their help in providing a well organized venue for this event. He also mentioned that it is only with the support of the sponsors and golfers that this event can be successful. The nineteen year tally for this event is over \$200,000 for community support and worthwhile Lions projects. Once again a big thank-you from the Elmvale Lions for the great community support.



Photo above: Myles Swan and Britt Garrard



Photo above: Lion Murry Truax presenting Myles Swan prize for mens closest to the pin



Photo above: Lion Murry Truax presenting Sandra Dunham prize for ladies closest to the pin



Photo above: Lion Murry Truax Presenting Abby Willett prize for ladies longest drive



Photo above: Al Pontes presenting Nick Meier 65 inch TV for putting contest



Photo above: Best Lions Team-Scott Mclean, Rob McClung, Jim Dixon and Greg Giffen




Photo above: Murry Truax presenting Dr. Jim Young prize for mens longest drive



Photo above: Lion Murry Truax presenting Lion Brian Belcourt \$150 gift certificate for closest too from the Elmvale Foodland hole

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Municipal Law Enforcement Update August 11 to 13, 2023

Date: August 14, 2023 - (Tiny, Ontario) Over the period of August 11 to 13, Township By-law Officers were on full patrol responding to calls ranging from noise, open air burning, and illegal parking complaints.

Offence Type	Charge(s)
Open Air Burning By-law – Fail to obtain a burn permit	1
Noise By-law – cause or permit a noise from any electronic device or other sound-producing equipment	5

Township By-law Officers patrolled 133 km throughout the municipality via bicycles. A total of 33 complaints were responded to for various concerns. By-law Officers also issued 14 parking tickets for illegally parked vehicles. For current parking regulations visit www.tiny.ca/parking.

Noise Control By-law

The Township of Tiny would like to remind the community that Noise Control By-law #21-028, Section 3.1 states: “No person shall emit or cause or permit the emission of noise resulting from activity listed in Schedule “A” if clearly audible at a point of reception.” The following are two examples of complaints commonly reported to the municipality:

- The operation of any electronic device or group of connected electronic devices incorporating one or more loudspeakers or other electromechanical transducers, and intended for the production, reproduction, or amplification of sound;
- Persistent barking, calling or whining or other similar persistent noise made by any domestic pet or any other animal kept or used for any purpose other than agriculture.

Concerns regarding non-compliance can be reported to the Municipal Law Enforcement Department at 705-526-4136.

Temporary Beach Encroachments

Residents and visitors are reminded that personal items/private property cannot be left unattended or on municipally-owned property overnight. Personal property also cannot be stored on municipal property. Examples of personal items include but are not limited to chairs, watercraft, boats and their launches/docks/lifts, decks/platforms, fire pits, umbrellas and tents, kayaks, and paddleboards.

Personal items left on municipal property will be labelled with a yellow warning tag and must be removed within seven calendar days. Where a tagged item is not removed within seven calendar days, the municipality will remove the items and store them at a municipal facility to allow property owners to recover their items. If the items at the municipal facility are not claimed by the owner within 30 days, the items will be disposed of.


For more information on Temporary Beach Encroachments please visit: www.tiny.ca/beachencroachments.

To review the Townships By-laws, visit: www.tiny.ca/township-hall/find-law

To review the By-law Coverage Hours, visit: www.tiny.ca/municipal-law-enforcement

To review By-law Enforcement Activity Reports, visit: www.tiny.ca/municipal-law-enforcement

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Public Notice

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Water Treatment and Servicing Master Plan Municipal Class Environmental Assessment – Notice of Public Information Centre No. 1

Date: August 14, 2023 - **TAKE NOTICE** that the Township of Tiny is undertaking a Master Plan Class Environmental Assessment (Master Plan) to identify the preferred approaches and solutions for the supply and treatment of municipal drinking water to existing and future residents. This assessment will develop and evaluate options for increasing the resiliency of the township’s 16 municipal drinking water systems and for expansion of the systems to accommodate anticipated growth in Tiny.

The Master Plan follows the requirements of the Municipal Engineers Association (MEA) Municipal Class Environmental Assessment (October 2000, amended in 2007, 2011, 2015, and 2023).

Public Information Centre No. 1

A Public Information Centre (PIC) will be held in-person and virtually to present the drinking water infrastructure needs and concerns. There will be a PowerPoint presentation followed by a question-and-answer period.

Date: Monday August 28, 2023

Time: 6:00 p.m. to 8:00 p.m.

In-person location: Township of Tiny Council Chambers, 130 Balm Beach Road West

Virtual attendees can join the meeting by accessing the Zoom link that will be available on the project webpage at www.tiny.ca/WaterMasterPlan. The presentation will be recorded and posted on the project webpage following the PIC.

Comments will be accepted until September 14, 2023, by email at jcovey@tathameng.com. As well, comments can be submitted during the PIC or by using the online comment form that will be linked on the project webpage. Following this PIC, comments will be reviewed, and alternative solutions will be developed and evaluated based on the information received. A second PIC will be held to present the alternative solutions, if required.

Residents and interested parties can subscribe to the Township of Tiny’s notification system online at www.tinyconnect.ca to be informed of updates and notices via email, text, voice mail, or TTY/TDD. For more information about the Master Plan development or the PIC, visit Tiny’s website at www.tiny.ca/WaterMasterPlan.

If you have any questions or concerns, and/or would like to be added to the study’s direct mailing list, please contact the study representative:

Jason Covey Tatham Engineering Limited Senior Engineer 115 Sandford Fleming Drive, Suite 200 Collingwood, Ontario, L9Y 5A6 E: jcovey@tathameng.com T: 705-444-2565 ext. 2018

Comments and information received during this Class EA are collected in accordance with the Municipal Freedom of Information and Protection of Privacy Act. All comments will be part of the public record.

Snip, Snip, Hurray!

The Ontario SPCA performs its 150,000th spay/neuter procedure

Barrie, ON (Aug. 8, 2023) – As it celebrates its 150th anniversary, the Ontario SPCA and Humane Society has reached another major milestone, performing its 150,000th spay/neuter procedure since it began offering high volume spay/neuter services to the public in 2009.

To help reduce pet overpopulation, the Ontario SPCA began offering high volume spay/neuter services to the public in 2009 when it opened the Ontario SPCA Centre Veterinary Hospital near Newmarket. Mirroring the success of that service, the Ontario SPCA Marion Vernon Memorial Animal Clinic in Barrie transitioned that same year to exclusively offering high-volume spay/neuter services.



The spay/neuter services offered by the Ontario SPCA are open to the public, shelters and rescue groups, regardless of geography or income level. Spaying and neutering animals lowers shelter intake numbers, can reduce health risks and physical stress, and can also improve behaviour. Fixed pets are also less likely to roam, reducing the risk of injury, accident and loss.



“We regularly see litters of unwanted puppies and kittens coming into our care. Spaying or neutering your pet is an important step in helping to prevent animal overpopulation,” says Stephanie Black, Chief Veterinary Officer, Ontario SPCA and Humane Society. “Thank you to everyone who has helped us reach this amazing milestone, including those who made the important decision to have their pets spayed or neutered. Together, we are reducing the number of homeless animals that end up on the street or in shelters.”

For more information, visit ontariospca.ca/spayneuter

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Healthy Corn Fritters with Yogurt-Cilantro-Dip

Here's to farm fresh corn showing up in local grocery stores, farmer's markets and by-the-road fruit and veggie stands. While you can never go wrong serving boiled or grilled corn on the cob, these corn fritters, made with fresh corn kernels, are irresistible and an epic crowd pleaser. It's worth noting that this recipe uses less oil for frying than classic corn fritters and to further reduce the fat content, consider cooking these patties in your air fryer. Serve with a creamy cilantro dip to add an extra layer of flavour and elegance.



Jo Knows Nutrition by Joanne Nijhuis

INGREDIENTS (6 servings)

- 3 cups (750 ml) corn cut off cob
 - 2 green onions, thinly sliced
 - 1/2 cup (125 ml) all-purpose, whole wheat or gluten-free flour
 - 2 teaspoon (10 ml) maple syrup
 - 1/4 teaspoon (1.25 ml) baking soda
 - 1/4 teaspoon (1.25 ml) garlic powder
 - 1/2 teaspoon (2.5 ml) salt
 - 1/2 teaspoon (2.5 ml) black pepper
 - A pinch or 2 of cayenne pepper
 - 1 egg lightly beaten or 1 Chia Egg (combine 1 Tbsp (15 ml) chia seeds + 2 1/2 tablespoons (40 ml) water and let set for 10 minutes)
 - 1/3 cup (83 ml) low-fat dairy, oat or soy milk
 - 1 tablespoon (15 ml) canola, olive or vegetable oil for frying
- Cilantro-Yogurt Dip
- 1 cup (250 ml) chopped, fresh cilantro
 - 1/4 onion, finely minced
 - 1 cup (250 ml) yogurt or vegan yogurt
 - 1/4 (1.25 ml) ground coriander
 - 2-3 tablespoon fresh lemon juice
 - Salt and pepper to taste

INSTRUCTIONS

1. In a large bowl combine the corn, green onions, flour, maple syrup, baking soda, garlic powder, cayenne pepper, salt and pepper. Stir until combined.
2. Add in the egg or chia egg and the milk. Mix just until well blended.
3. Heat the oil in a large frying pan over medium

heat.
4. Drop 1/4 cup (63 ml) of the batter into the frying pan to make each fritter. Cook 3-7 minutes per side, until browned and cooked through. Reduce the heat if necessary to ensure that the fritters are thoroughly cooked without burning.

Cilantro-Yogurt Dip

1. In a bowl, stir the cilantro, onion, yogurt, coriander and lemon juice.
 2. Season with salt and pepper to taste.
- ENJOY!

Joanne Nijhuis MSc, RD is a consulting, media and culinary dietitian in Simcoe Grey Bruce on a mission to entertain and educate through her love of food. In addition to recipe development and writing for several publications, Joanne offers cooking demos/classes and individual counselling – in person and online via Zoom Health. For more information, email Joanne at jo.knows.nutrition@outlook.com.

www.joknowsnutrition.com

Instagram: jo_knows_nutrition

Facebook: https://www.facebook.com/jo.knows.nutrition

Did You Know?

These kid-friendly corn fritters offer a serving of vegetables (i.e., 1/2 cup or 125 ml of corn kernels) and are a good source of gut-loving insoluble fibre, vitamin C, important B vitamins and minerals such as zinc, magnesium copper, manganese and iron.



Aug. 6, 2023- It was time to head out for a real hike. A hike that would be challenging, away from the crowds, a hike that would have my legs shaking from the strain by the time I returned to my car almost four hours later. It was

time to head back to the Pretty River Valley, a place I had not been to in more than thirty years.

I parked in the small parking area right off Pretty River Road, or concession 33/34 near the Blue Mountains. There is a short stroll through a field full of vibrant purple wildflowers, and heavy with the hum of bees collecting nectar. I crossed the road and to a snowmobile trail consisting of fist sized rocks and began my upward hike. Right away I came across bear scat, fresh, but not steamy, so I was not too concerned. Upward I continued, through dark and thick mud and across small clear springs. Every time I would crest a steep hill, I was expecting to see level ground, and instead I was confronted with another steep incline. I experienced a moment of astonishment, as with silent wings, a large hawk swooped under the green canopy of leaves right towards me, only to land on a large branch just above my head. I spent a few minutes conversing with this winged warrior, as he cocked his head to the side and seemed to listen to my inane prattle. This is where I become suspicious, and I wonder if this calm bird was in cahoots with the forest's other wildlife, providing distraction while the fanged beasts sneak up on me. A quick look around, and a quick farewell, and I was off and up another hill.

I eventually reached a blue side trail, which I continued to follow up and up some more. The landscape is beautiful, a combination of evergreens, hardwoods and the occasional wetland. I would not encounter a single person for more than an hour, until I entered a deep ravine and came within a few feet of a man wearing a white dress shirt and sporting a large and messy pack. True to hiker etiquette, I made

a point of uttering a friendly hello. His response, or lack of response, truly unnerved me. He made not a word, only turned his back to me and stepped a few feet off the trail. My spidey senses went on high alert and the hackles on my neck flared straight up. I swiftly made my way up the other side of the ravine, and then spent several minutes staring down that trail to see if this fellow was following me. I eventually continued, though I would often stop and look back with trepidation. Within half a kilometre I met up with another solo female hiker. While this man had made no threatening moves towards me, I felt it necessary to pass on my concerns. Oksana revealed that she had met up with a similar stranger in the winter. We discussed our options, including hiking together or alternative routes, but unfortunate we had parked in opposite directions. I bade farewell to this lovely woman, a herbalist and a teacher of Chinese medicine at Humber College, and we agreed to text each other when we were safely out of the forest.

For over two and a half hours I hiked up, and not gentle inclines, but steep trails over roots and rocks. There are several trails and cross trails, and I strongly recommend a map or app. There is cell reception for most, but not all, of this hike. Eventually, I made it to my intended destination for the day; the highest point on the Bruce trail at 540 metres. Not feet,



so it is time to turn around and head back to the car.

Going downhill is much faster than that uphill climb, and I made great time. However, it is more dangerous heading down, as a little trip on a root can cause a tumble and a broken bone. Down and down, I went, encountering a few people still out. I was amazed at one superhero biking his way up the steep trail. I was almost at the spot where I had encountered the strange man when I met two young ladies. They thanked me for the information and then reassured me that they had not seen anyone else on the trail meeting my description. Regardless, I decided to bypass the ravine and take a snowmobile trail around. Halfway down the trail, I hear a twig snap to my right, and see the sun glinting off that white shirt. This man was now off the trail and in the middle of the forest, standing still and looking at his feet. I made a point to call him out, though he still never looked up. As a psychiatric nurse, I know that people with mental illness are rarely violent and are much more likely to be the target of violent encounters. While I don't know this man's story, I still know enough to listen to my intuition, and I made a hasty retreat down the last of the trail. Overall, this is a gorgeous area to hike. Stay safe out there.

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metres. For comparison, the CN tower is about 553 metres. I took a few minutes to catch my breathe, and to consider if I wanted to trek out to the bluffs to get a photo. Sure, what is a few more kilometres. Well, kilometre after kilometre, and instead I ended up in parking lot with a no trespassing sign for the Oastler ski club. The afternoon sun is starting to set low on the horizon,

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A large group of children are playing in a sprinkler on a grassy field. A fire truck is visible in the background.

A vibrant garden scene featuring a large bush of yellow flowers, a cluster of pink flowers, and a foreground of white daisies and red flowers. A wooden trellis structure is visible on the left.



**GORE
MUTUAL**
GO FORWARD

WYEVALE COMMUNITY NEWS

By Karen Moreau

Aug. 14, 2023 - **Food Bank:** The first Sunday of the month @ the Wyevale Church we ask people to bring Food for the Food Bank. Please call the church if interested in donating food 705-322-1451. They ask for pop open cans. This makes it easier for people who do not have a place to go to. Thank you.

The office of the Wyevale Church Office is open on Tuesday afternoons from 1:30 – 4:00 p.m.

Rev. Bonnie is in the office usually on Wed. afternoons. Please call ahead to make sure she is there. 705-332-1451.

The phone is answered on a regular basses.

Save the Date: Wyevale United Church Garage Sale

Saturday August 19. The sale starts at 8:00 a.m. till 1:00 p.m.

For further information please contact Pat Smith.

You can help a few ways:

- 1. Donate your gently used items to our sale
- 2. Purchase a table spot and sell your own items
- 3. Donate to our bake table
- 4. Volunteer to help at the sale
- 5. Come eat some peameal bacon on a bun
- 6. Support the sale-- you may find a treasure

Birthdays for the last two weeks of August Ryan Marley, Melissa Wilson, Marilyn Bumstead, Ken Smith, Phil Ryles, Zachary Marion.

Please if you have anything you would like to see in this report please send your information to moreau1949@rogers.com or the Springwater News. Before the next Submission date which is listed below. If you have any concerns about anything in these reports please contact the Springwater news.

Next submission date for this report is August 28th 2023



\$1 TURNS INTO \$100,000:

ALLISTON RESIDENT CELEBRATING \$100,000 ENCORE WIN

August 11, 2023 - Saying “yes” to ENCORE paid off for Teresa Tereso-Nugent of Alliston. She matched the last six of seven ENCORE numbers in exact order in the July 26, 2023 LOTTO 6/49 draw to win \$100,000 shown below to left.!

Teresa, who is self-employed, says this is her first big win and she always adds ENCORE. "I play the lottery once a week and I always choose my husband and son's birthdays for numbers," she shared while at the OLG Prize Centre in Toronto to pick up her winnings.

The 57-year-old says when she purchased her ticket, she told the cashier "This is the winning ticket!" When she checked her ticket a week later on the OLG App, she discovered she was right! "I sent a screen shot to my sister to confirm the win. I tried calling my husband, but he didn't answer so I waited until I got home to tell him. He couldn't believe it!"

Teresa said she has made any plans for her win yet. "This win feels fantastic," she said.

ENCORE offers 22 ways to win and can be played in conjunction with most lottery games for an extra \$1. There is an ENCORE draw every day.


OLG supports safe play and wants to keep the fun in the game. That’s why OLG is proud to be a leader in promoting responsible gambling with our globally recognized PlaySmart program.

The winning ticket was purchased at Shoppers Drug Mart on Major Mackenzie Drive in Maple.

OLG is a crown agency that develops world-class gaming entertainment for the Province of Ontario. Acting in a socially responsible way, OLG conducts and manages land-based gaming facilities; the sale of province-wide lottery games; Internet gaming; and the delivery of bingo and other electronic gaming products at Charitable Gaming Centres. OLG is also helping to build a more sustainable horse racing industry in Ontario. Since 1975, OLG has provided nearly \$57 billion to the people and Province of Ontario to support key government priorities like health care; the treatment and prevention of problem gambling; and support for amateur athletes. Each year profits from OLG’s operations also support host communities, Ontario First Nations, lottery retailers and local charities across the province.

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		M	R	O	W		H	P	M	Y	N
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A	E	L		Y	L	D	I		R	E	O
P	P	A		T	S	A	E		C	B	B

Vanishing Barns: Remembering the 18th century gentle giants through photos, stories, diaries and genealogy.



Cathy Johnston Walton

Available from Cathy Walton at 705 728-1388 or snow-flake53@mail.com
Ritchie’s Feed or Simcoe County Museum.

Vanishing Barns - Cathy Walton has been (now Springwater) for the last six years and has If you are interested in a copy, please contact Cathy

researching barns in Flos and Vespra Townships published the results in the book “Vanishing Barns”. at 705 728-1388 or snow-flake53@mail.com.

Concession 6, E part Lot 18, Vespra Township
600 Anne St. North, Barrie, Ontario

Concession 6, E part Lot 18, Vespra Township
600 Anne St. North, Barrie, Ontario

Owners

2001-present Glenn and Deb (Blight) Watson 52 acres
1998-2001 P & R. Investments
~1968-1998 Don and Bernice (Thompson) Giffen
-1968 Bill Rinehart
~1924~1949³ Ewart Carson
Joe Murphy
Pat Murphy

Built: unknown
Dimensions: 35 x 100 and 36 x 48'
Features: 2 granaries, 1 threshing floor
Water Source: 60' drilled well covered by a well house

In the 1940s, milk was cooled in the well house. The woman of the house also did her ironing here.

When Don Giffen bought the farm there were two barns. Don filled in the corner to make one barn. Mike Bass, the herdsman, was hired by Don Giffen to milk the cows. Cows and quota was bought with the farm, and additional cows were moved from Concession 6, E ½ Lot 19. Gary milked 35 cows and rented additional land to grow barley, hay and oats. Milk originally went to Lakeview Dairy and later to Silverwood Dairy.

After 2001 two cement silos at the back of the barn were removed by Mennonites. Cow stalls were converted to horse stalls. When the old straw and hay was removed from the mow sheaves of grain were found above the granary. P&R Investments sold 20 acres to the Barrie Airport, keeping 52 acres.

Deb Watson, Gary Giffen, Harold Hickling.



The horizontal elevator drops the square bales into the mow.



Vinny enjoys the sunshine.



The stables have been converted from housing milk cattle to horses.



The wind sock indicates how close the farm is to an airport.

Community Events

Bid Euchre

Elmvale Community Hall 1 pm - 4 pm
Every Monday.
Call Anne for details 705-322-1232

Midland Bridge Club

427 William St, Midland
Mon. 12:45pm: Duplicate Bridge, **Tues 6:45pm:** Social Bridge, **Thur. 12:45pm** Duplicate Bridge, **Fri. 12pm:** Bid Euchre. Contact Vern 705-730-9998. Possible lesson if desired. midlandbridge@gmail.com

Good Vibes

Every Sunday from 2 to 5 p.m.
An open-mic music event Our location is the little white schoolhouse at the corner of Mount St. Louis Road and the 4th Line of Oro Medonte. Admission is a donation of \$5.00.

Let's Do Lunch \$5:

Elmvale Presbyterian Church
2nd Thursday of the month. Eat in: 12-1pm. \$5
For take-out & town delivery \$6 call 322-1411 between 9 & noon on the Monday previous.
Pick-up Thursday 11:15 – 11:45 at East side of the church.

BARRIE-KEMPENFELT PROBUS CLUB

Meets at 10:00 am, third Thursday of month
Canadian Legion, 410 St. Vincent Street in Barrie
Main Contact: Chief Information Officer, Robert Newby, barriekempenfelt72@gmail.com
(705) 220-3501

Bay Shore Seniors Club

BINGO on Monday's from July 3 to Aug. 28th, 2023
Children's Bingo: Open at 12:30 pm, Bingo 1–2:30pm. No fee, canteen is open.
Adult Bingo: Open at 7 pm, \$2 entry fee, plus bingo cards.
Bid Euchre – Every Tuesday Night
6:30 pm – 9:30 pm
Bridge – Every Wed. Afternoon 1-4 pm
All activities at Bay Shore Seniors' Club, 2000 Tiny Beaches Road South
Call Bay Shore for details: 705-361-136.
www.bayshoreseniors.ca

E.D.G.E. Elmvale District Garden Enthusiasts

Meetings held **4th Wed. of each month, 7:00 pm** at Elmvale Library.
Guests always welcome, no charge bring a friend.

Coffee Party

Last Thursday of the month 9:30 - 11a.m.
Elmvale Presbyterian Church
All Welcome, Cost: \$3

Low Impact Gentle Fitness Program

VON SMART Program
Adults 55+ FREE
Wed. Elmvale Community Hall 11am
Mon. Elmvale Presbyterian Church 9am
Thur. Elmvale Presbyterian Church – 9am (Very full)
Also available – pole walking at Heritage Park on Wednesdays 9:15am
Times and locations all subject to change.
Bring good support (running) shoes and water
Call 705-355-2200 to register or walk ins

Georgian Bay Coin & Stamp Club

3rd Thursday of each month, 6:30pm - 8:30pm
Prime Time Club,1724 Mosley St., Wasaga Beach
1st Tuesday of each month, 6:30 pm - 8:30pm
(North Simcoe Chapter) Penetanguishene Memorial Arena, Brian Orser Lounge, 2nd floor. 61 Maria St.
For more info.: www.geobaycoinstampclub.ca



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Elmvale, Ontario Phone: 322-2785
L0L 1P0 Fax: 322-4458

Elmvale Legion

Tuesdays at 1 pm
Table Shuffleboard, Cost \$1

Palace Tavern Elmvale BINGO

Every Tuesday night
Midland Rotary proceeds 6:30 pm to 7:30 pm
Barrie Rotary proceeds 8 pm to 9:30 pm

Wasaga Beach Parkinson's Support Group **1st Thursday of each month, 12:30-2pm**

Wasaga Beach Public Library meeting room, 120 Glenwood Dr. All Parkinson's patients & caregivers welcome. For more information contact Phil Bender 905-703-6248 bender.philip@gmail.com

Elmvale Youth Ball Hockey

Monday and Tuesday 5-8 pm in Elmvale
Players ages 4-12 for skill development and game play
Email: elmvaleyouthballhockey@gmail.com

GANARASKA HIKING CLUB.-Wasaga Beach

Weekly, **Wed hikes 09:15-09:30am** at various locations., year round. Also a casual hike, same time. Winter can be snowshoes. Weekly, hikes **Sunday 1:30pm** from a park near Foodland, WB.Weekly, Monday morning bike tours from various locations. Seasonal. Please contact Lorraine for info. 416-606-5081. Or lorvanvlymen@gmail.com

Elmvale Senior's Walking Group

Monday's 7:30 am
The Elmvale Community Recreation Association would like to invite all interested seniors to a walking group beginning on Monday, June 5th from 7:30 to 8:30am. The group will walk each weekday morning (not weekends) during that time throughout June, July, August & September. We will meet at the pavilion at Heritage Park and leave on the trail from there. You can walk in groups or by yourself at your own speed. Please come and join us!

Elmvale Legion

Every Saturday at 5 pm
Meat Darts- \$ 10.00 for 3 games
Everyone welcome

Elmvale Farmer's Market

Every Friday 9 am - 2 pm
Elmvale Community Hall parking lot.
33 Queens St W

Farmer's Market

Unity United Church
4967 Vasey Road, Vasey , ON
All Saturdays in August from 8am – noon.
Peameal on a bun, home baking, fresh produce and preserves.

Centre Flos Coffee Parties

9:30-11:00 a.m
Last Thursday for June, July and August.
At Heritage Park
Open Gym Drop-In
Mondays: - 5:00 p.m. - 9:30 p.m. - Drop-in basketball
- All ages are welcome.
Tuesday: 5:00 p.m. - 9:30 p.m. - Drop-in pickleball
- All ages are welcome.
Drop-in programs will be no charge for July and August.
The Township is pleased to offer sessions at Elmvale District High School (25 Lawson Avenue)

Community One Time Events

1st Annual Coin Show

Sat. Aug. 19, 11am-4pm
Prime Time Club/east side of YMCA Recplex, 1724 Mosley St. Wasaga Beach.
\$2 admission

Join Compassion Place Pregnancy Centre's Annual Motorcycle Ride for Hope

Registration at 9am at 527-D Bay St. Midland, kickstands up at 10am, Destination: Heritage Park, Elmvale at approximately 2:30PM August 19th, 2023
Live Music, Silent Auction, Free BBQ for

Community One Time Events

Participants

<https://www.compassionplacepregnancy.ca/events>

Grand Re-opening

Saturday 19th August 2023 at 2pm.
Elmvale Legion Our local MPP Doug Downey will be attending as the main speaker. Everyone is welcome to attend and if you have a Legion uniform please feel free to wear it. Hope to see you there.

Elmvale Seniors Drop in

Monday, August 21 from 9 to 11 am.
Elmvale Library in the McGuire Room.
The Elmvale Community Recreation Association would like to invite all available seniors to a friendly tea and coffee time. We are looking for feedback regarding possible activities for seniors that are feasible and wanted in our local community. Please drop in for a free cup of coffee or tea and some treats, and share your thoughts. We would love to see you there!

MIX & MINGLE BAY SHORE OPEN HOUSE

Thursday, August 31, 2023, 2 - 4 pm
Looking to meet new people? Look no further Bay Shore Seniors Club is the place to be!
2000 Tiny Beaches Rd. S.

ALL U CAN EAT BBO WITH CORN.

Sat., Sept. 2nd from 11:30 -1:30
Elmvale Presbyterian Church 22 Queen St. E.
Cost: adults \$12, children 8 and under \$6.
Proceeds to EuroTour 2024.
So rain or shine, come meet the players and enjoy hamburgers, hot dogs, drinks, corn and ice cream, all you can eat.

Anten Mills Annual Artisan Fair and Farmers' Market

Sat., Sept. 30th 10 a.m. - 2 p.m
Anten Mills Community Centre and Park
3985 Horseshoe Valley Rd W. Vendors wanted
contact farmview@on.aibn.com

Midhurst Autumnfest

Sept. 30, 2023 at 10am
Midhurst Pavilion, 41 Spence Ave., Midhurst

Anten Mills Annual Artisan Fair and Farmers' Market

Saturday, September 30th 10 a.m. - 2 p.m
Anten Mills Community Centre and Park
3985 Horseshoe Valley Rd W
Vendors wanted contact farmview@on.aibn.com

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Midhurst
Sunday October 22nd
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email vendormarketlc@gmail.com



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Capacity with outdoors: 184
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Estate of Geraldine Warner - Niagara Falls (August 13-17)
Extensive tool supply, coin collection and lovely pieces galore!
Parkin Family Moving Sale - Elora (August 13-17)
A Big Green Egg, tools, lovely furniture and more!
Woolwich St. Restaurant Closing - Guelph (August 13-21)
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Wednesday 3:00-5:00pm
Thursday 10:00am until noon

Saturday IF FLAG IS FLYING WE ARE OPEN

Ontario Providing Free Training for Construction Workers

New projects will introduce women and young people to well-paying careers in one of the province's most in-demand industries

August 08, 2023 - Ministry of Labour, Immigration, Training and Skills Development

ETOBICOKE — The Ontario government is investing \$3.6 million to support three innovative projects to help over 2,200 women and young people across Ontario prepare for meaningful and well-paying careers in the construction trades. Led by the Provincial Building and Construction Trades Council of Ontario (PBCTCO), these free programs will focus on increasing female participation in the industry, providing online training tools and exclusive employment opportunities to jobseekers, and giving grade 12 students a first-hand look at life-changing careers in construction.

“Under the leadership of Premier Ford, our government will continue to invest in training programs that spread life-changing opportunity to anyone who wants a hand up to a bigger paycheck and a better life,” said Monte McNaughton, Minister of Labour, Immigration, Training and Skills Development. “We are proud to support these new projects that help women and young people enter the trades and find purpose-driven careers.”

Women make up less than five per cent of Ontario's construction workforce, meaning many are missing out on a lucrative and in-demand sector. That is why the first PBCTO project will help 700 tradeswomen gain the leadership, communications, health and safety training, and networking opportunities they need to start and advance rewarding careers in the industry. It will also include the development of a speaker's bureau to partner tradeswomen with speaking opportunities with schools, employment agencies, trade shows and other events across the province to mentor and attract more women into the skilled trades.

“The Provincial Building and Construction Trades Council of Ontario appreciates the support of the Government of Ontario to invest in and expand three important projects with the organized skilled trades and our employer partners,” said Marc Arseneault, Business Manager at PBCTCO. “These projects, while all unique, together focus on developing the workforce of the future and expanding opportunities within the skilled trades for equity-seeking groups. As we move forward, this investment supports a fact-based approach to workforce development that will create opportunities for more Ontarians to embark on a great career to build the province we live in.”

The second project will provide 1,500 people with access to online resources and training tools where they can explore the skilled trades, build core skills and find apprenticeship opportunities in their profession of choice, connecting them directly with local employers. People interested in learning more about unionized career opportunities in the skilled trades can visit www.ctaontario.ca.

[ca/explore](http://www.pbctco.ca/explore) for more information.

Additionally, PBCTCO's Tomorrow's Trades program is returning to provide 60 grade 12 students in London and Ottawa with hands-on learning opportunities, behind-the-scenes access to high-profile construction projects and training so they can prepare for life-changing jobs in the industry. The program, which prioritizes at-risk youth, has previously run in Toronto, Hamilton, Sudbury, and other parts of the province. Transportation and training costs will be provided for students.

These projects are funded through the government's Skills Development Fund, an over \$700 million initiative, which supports ground-breaking programs that connect jobseekers with the skills and training they need to find well-paying careers close to home.

Quick Facts

- Tradeswomen interested in PBCTCO's programs can apply on www.OBCTradeswomen.com.
- For more information on the Tomorrow's trades program, visit <https://www.tomorrowstrades.ca/>.
- New this year, the Tomorrow's Trades program is also responding to the current and future needs of the industry by developing a forecasting program to project the number of skilled trades workers needed for all major construction and maintenance projects across Ontario.

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OPP REPORT

Shoplifting Investigation by OPP Leads to Numerous Charges for Parry Sound Resident

(TINY TOWNSHIP, ON)- A shoplifting incident reported to the OPP Communication Centre on August 12, 2023, sparked an investigation into a series of shoplifting incidents that had been plaguing a popular Balm Beach convenience store of late.

Attending officers of the Southern Georgian Bay OPP Detachment arrested Edward Frank HARPULA 63 years of Parry Sound in connection to the reported shoplifting incident and further investigation led officers to charging the accused in connection to a series of recent shoplifting incidents at the store.

The accused has been charged criminally with five counts of Theft Under \$5000 and one count of Possession Property Obtained by Crime Under \$5,000 - in Canada and remains in custody to appear before a bail hearing and will appear before the Ontario Court of Justice at a future date.

HURONIA WEST IS REQUESTING THE ASSISTANCE OF PUBLIC TO HELP IDENTIFY A SUSPECT IN A MISCHIEF

Members of the Huronia West Detachment of the Ontario Provincial Police (OPP) are investigating a mischief and are looking to identify a suspect.

On Saturday, August 12, 2023, around 2:40 p.m., police responded to a local cannabis dispensary on Mosley Street in the town of Wasaga Beach. When the staff would not serve the male customer due to his belligerent behaviour, he broke a window when leaving the store.

The suspect is described as a male, white, thin build, approximately 25-30 years old with multiple tattoos.

Police are seeking the assistance of the public to help identify this male for this mischief investigation. Please contact the Huronia West OPP at 1-888-310-1122 if you can assist.



HURONIA WEST OPP IS INVESTIGATING A SERIOUS COLLISION ON CROSSLAND ROAD IN THE TOWNSHIP OF SPRINGWATER

Members of the Huronia West Detachment of the Ontario Provincial Police (OPP) are investigating a single vehicle roll over collision on Crossland Road in the Township of Springwater.

On Saturday, August 12, 2023, around 3:30 pm, officers received a call to attend the area of Crossland Road and Flos Road 10, in the Township of Springwater regarding a collision.

An individual was taken to a local hospital and has since been taken by Air Ornge to a trauma centre.

The OPP Technical Collision Investigators and Reconstructionists are currently investigating.

Crossland Road between Flos Road 10 and County Road 92 will be closed for several hours, please avoid the area.

The investigation is ongoing.

If you have any dash cam or video surveillance footage of the collision, please contact the Huronia West OPP.

OPP Conducting Investigation into Overnight Single Vehicle Crash in Tiny Township

(TINY TOWNSHIP, ON)- At approximately 2:29 a.m. August 11, 2023 the OPP Communication Centre was alerted by a Honda crash automated detection notification signal of an incident near the intersection of Marshall and Downers Roads, Tiny Township.

Attending officers and members of the Midland Fire Service, County of Simcoe Paramedic Services located a single vehicle that had crashed off the roadway into a planted field with no occupants to be found. Members of the OPP Central Region Canine(K-9) and Emergency Response Team (ERT) were called upon to assist in the search for the occupant(s).

A 31 year old male of Barrie was located at approximately 4:21 a.m. by officers and through investigation was determined to be the lone occupant of the vehicle when it crashed. An impaired driving investigation was commenced by investigators who await forensic test results before resolving their investigation.

An update will be provided when information becomes available on this continuing investigation.

Educating the public about driving practices with our community safety partners is a priority, if you see a possible impaired driver on our roadways please “Make the Call” and dial 911 as impaired driving never ends well, please make a plan to get home safely.

Balm Beach Disturbance Leads to Charges for Penetanguishene Resident

(TINY TOWNSHIP, ON)- A report of an individual causing problems for beach goers at the popular Balm Beach water front prompted a response at approximately 2:33 p.m. August 3, 2023 from members of the Southern Georgian Bay OPP Detachment.

Several officers responded to the call resulting in a 30-year-old male of Penetanguishene being taken into custody after investigation which included a theft from a beach front retail store. While being taken into custody, there was an interaction between the male and the officers at the scene resulting in further charges.

The accused is being held for a bail hearing on the following charges and will appear before the Ontario Court of Justice at a future date.

- Theft Under \$5000- SHOPLIFTING
- Possession Property Obtained by Crime Under \$5,000 - in Canada
- Assault a Peace Officer (two counts)
- Uttering Threats - Cause death or Bodily Harm (two counts)
- Uttering Threats - Damage Property (three counts)

Investigators would like to thank the Balm Beach community for their support during this investigation.

HURONIA WEST OPP ARE INVESTIGATING A FATAL COLLISION THAT OCCURRED IN GEORGIAN BAY

The Opp is requesting anyone that witnessed the collision to contact the Huronia West Detachment

Members of the Huronia West Detachment of the Ontario Provincial Police (OPP) are investigating a fatal collision involving two personal watercrafts that occurred in the waters of Georgian Bay.

On August 6, 2023, around 6:15 p.m., police responded to a personal watercraft rental business on Mosley Street in the Town of Wasaga Beach. Wasaga

Beach Fire and the County of Simcoe Paramedic Services were also in attendance.

Investigators are requesting anyone that was on the water or on the shores of Beach 1 who witnessed this collision to contact the Huronia West Detachment.

The investigation is ongoing.

Anyone who may have witnessed or has camera footage of the collision and has not spoken with police is asked to contact the Huronia West OPP Detachment at 1-888-310-1122.

OPP Officers Pull Sailor to Safety in Midland Bay Overnight

(MIDLAND, On)- A 911 call by a community member reporting to the OPP Communications Centre the sounds of calls for help and quick actions by three uniform officers from the Southern Georgian Bay OPP Detachment resulted in a 61 year old Brockton male being pulled from the waters of Midland Bay overnight.

Calls for help that were heard around 8:30 p.m. August 8, 2023, were learned by the caller to be from a male in the water at the stern area of a sailboat with a small Zodiac vessel attached to it approximately two hundred meters off the shoreline of Gawley Park. Although Midland Fire Services and OPP Marine Unit were notified, three OPP officers attended the scene by land and quickly commandeered a small aluminum boat from a nearby residence and drove out to the sailboat. They located a conscious, but very fatigued male in the water without a lifejacket clinging onto the exterior of the Zodiac vessel.

Officers were able to get the male fitted with a lifejacket from the Zodiac which assisted them in removing him from the cool water which he had been in for over an hour reducing his ability to physically move.

After being triaged at the scene, the male was transported to an area hospital by Simcoe County Paramedic Services for treatment and was fortunately later released.

This sailor was fortunate to have a community member hear his calls for help and for emergency services to make the rescue in time. Wearing a lifejacket while on the water can help make a difference into the outcome of these situations as Georgian Bay is a big place and self rescue maybe your only option.

OPP INVESTIGATING DEATH

Believed to Be No Threat to Public Safety

(MIDLAND, ON) - The Southern Georgian Bay Detachment of the Ontario Provincial Police (OPP) is investigating a death in the Town of Midland.

Officers were called to a residence on Yonge Street, Midland at approximately 7:32 a.m. on August 9, 2023, where one person was located deceased.

While the cause of death cannot yet be confirmed, investigators believe there is no imminent threat to public safety, although the OPP reminds all members of the public to be aware of their personal safety at all times.

The investigation is being conducted by the Southern Georgian Bay OPP Detachment Major Crime Unit, with assistance of the OPP Forensic Identification Services and in conjunction with the Office of the Chief Coroner for Ontario and the Ontario Forensic Pathology Service.

The investigation is in its early stages and no further details can be released at this time. Residents of the area should expect to see a police presence until the scene investigation is complete.

Anyone who has any information or may have dashcam or surveillance video is asked to contact the Southern Georgian Bay OPP at 1-888-310-1122 or opp.southern.georgian.bay@opp.ca. You may also submit your information online at <https://ontarioprovincialpolice.ca/evidence.com/axon/communityrequest/public/e231005932>.



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A Love of Irish and Celtic Finds Way to Canadian Folk Music



Allison Lupton Band Sunday, August 27 (2 pm)
The Coulson Concerts at Historic Coulson Church,
301 Horseshoe Valley Road W
Tickets are \$25 at <https://annewalker.ca/the-coulson-concerts>
Allison Lupton’s balance of strong composition and sensitive musicality makes her a fine contemporary songwriter and interpreter of the tradition and the works of her fellow songsmiths.
Born and raised on a second generation dairy farm in rural Ontario, Allison Lupton has always been immersed in Canadian folk life, but it took a love and intense study of Irish and Celtic music for her to find her way to the Canadian folk music tradition that she has grown up around. Allison brings to life the best of the contemporary folk music scene in Ontario, while incorporating the Celtic influences that have been such an important part of the Canadian immigrant story as well as her own musical path.
Allison will be joined at Coulson by Shane Cook and Kyle Waymouth. A Canadian and US National fiddle champion, Shane Cook is a multi-instrumentalist



who captivates audiences with technically thrilling and adventurous performances. While Shane enjoys playing and arranging everything from traditional Irish and Scottish music to Pop and Bluegrass, Shane has distinguished himself as a master of the Canadian old-time fiddle tradition. Kyle was an on-stage guitar player for the 2016 Stratford Festival production of As YOU Like It. Currently, Kyle teaches music and dance at Judy’s School of Dance and performs with numerous groups including The Fitzgeralds, Shane Cook, and Dan Stacey.
The venue: Located at 301 Horseshoe Valley Road W, the little white church has stood watch at the top of Coulson hill on the Horseshoe Valley Road for over 140 years. The church, built in 1881, was closed as a place of worship in the 1960s and recently restored preserving many original features, including an ornate Victorian tin ceiling, pews, plank flooring, a cast iron and nickel-plated stove, and the original pulpit. Historic Coulson Church provides an enchanting setting in which to enjoy authentic Canadian music.

Road Construction Projects Continue Across Barrie

Residents reminded to plan ahead and use detour routes
(Aug. 4, 2023 - Barrie, ON) – The City of Barrie is making progress on its road improvement projects and infrastructure upgrades this summer.

“We appreciate the patience and understanding of residents as they navigate road closures and construction work in Barrie,” says Bala Araniyasundaran, General Manager of Infrastructure and Growth Management. “In the end, we’re making it easier for people to get around the city and adding more options for active transportation.”

Here are updates on the major road construction projects currently happening in the city:
Dunlop Street interchange trunk sanitary relocation
Cedar Pointe Drive remains fully closed until August 25. Businesses are open on Cedar Pointe Drive, but access is only from Edgehill Drive. Barrie Transit route 6 is on detour.

Duckworth Street improvements
Duckworth Street remains closed from Grove Street to Howard Crescent. Barrie Transit routes 6 and 7 are on detour. A full intersection closure of Grove Street East and Duckworth Street is scheduled for August 9 to August 11.

Bryne Drive South extension
Construction of the Bryne Drive South extension has started. Access to all businesses remains open. Motorists can expect occasional lane closures when travelling along the existing Bryne Drive, north of Caplan Avenue.

Sunnidale Road new watermain/MTO bridge replacement
The transmission watermain work is complete. Final completion of the watermain work, including the connections at Wellington and Letitia, will be completed in mid-August. The Ministry of Transportation now requires a full closure of Sunnidale Road between Wellington Street West and Shirley Avenue tentatively until October 31, 2024, for the bridge replacement work.
For updates on the above and other road projects, and to view an interactive map, visit barrie.ca/roadwork.

There’s Money in Your Stuff

Let me teach you the difference between
“VALUE” N “STUFF”

This is a column by Mr David Kai for VMLC. David Kai is a published author nationally, a TV and radio commentator on investments, asset classes, collector and investment markets.

In times of stress, your treasures offer comfort and money
I once heard an auctioneer jokingly refer to things being sold as treasures, which got me thinking. Why do these collections, which may or may not be of material value, gather and maintain support and interest over years.
Why do people when they move, upsize or downsize, dedicate space, physical or mental, to a gathering of objects, of which the fascination may be known and limited to the owner only.
They might return you to a place of comfort. They may invoke a feeling of warmth or satisfaction.

They may make you feel powerful and a member of a group, organization club or activity.
They may make you a little or a lot of money depending on your foresight and aptitude for forecasting and simple dumb luck.
The question is, can you get paid for the time and space dedicated to your treasures.
First identify why things fascinate you.
Secondly, is that fascination transferable to a series of objects, identifiers or activity-based records like photographs.
Identify what the payment is for the ownership, maintenance or custodianship of the object.
Do others feel the same way about the items.
The primary question is what type of currency you wish to be paid in for your activity.
You may be paid simply with the warm fuzzies you get from owning or from seeing others get involved and enjoying.
Or possibly the payment you want is monetary. If

monetary, try to avoid the rock band scenario. This is where it cost you to support the activity ,while the activity does not have the ability to pay you.
Want to make money from your treasures, regard yourself as a custodian, helping your items be prepped and well cared for before they move on to the next caretaker.
I can suggest to you the use of sunset clauses. Sunset clauses are the period you intend to hold an item ,before you will dispose of.
That time can be seasonal ,months, years or cycles.
Cycles could be things like dates of construction finished, or changes of ownership, release dates of media like movies,
activities like playoffs and world series.
It can also include things like graduations, schools, political cycles, rock concerts and deaths.
Ultimately ,you can monetize your warm fuzzies.
Call VMLC if you want help and advice.



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Georgian Bay Park—Saturday Night Musicians at GBP

Enjoy some great music by local Canadian musicians this summer at Georgian Bay Park. Here's the lineup for 2023.

Aug 5: Dylan Lock and Friends
Aug 12: Mike Roberts
Aug 19: GEORGIAN BAY FESTIVAL
Aug 26: Marcel Courville: Solitary Diamond

Obituaries



SUTTON, Suzanne Drew (Stonehouse)
January 27, 1943.

Suzanne peacefully passed away in her 80th year at home August 13th 2023 in Midhurst, Ontario.

Beloved wife of 60 years to Gary Sutton. Mother to Gordon (Marilyn) Joanna (Byron) Sheryl, Scott (Christina) and Stephen (Alex).

Treasured Grandmother to Dylan (Samara), Rebekka (David), Emily (Dan), Wyatt (Erica) and Tanner (Victoria).

Great grandmother to Emmett, Theodore, Braelynn, Harrison, Levi and Walker. Suzanne was predeceased by her parents, Ruth and William Stonehouse, brother Grant (Robbie), sisters Betty, Dale, (Wilt) and Billy (Gladwin). Lovingly remembered by sisters Bonnie (Kevin), and Dixie (Thor).

Suzanne was born into a farming family and continued to be a hardworking farmer her entire life, she will be sadly missed by family and many wonderful friends.

A special thanks to the Ageing well, Bayshore Home Community Care, and the VON for all their support and care.

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IN MEMORY



**In Loving Memory of
Etta Viola Maxim**
Passed away Aug. 19, 2017

Sad was the parting, no one can tell,
So sudden on earth the sorrow fell;
The blow was hard, the shock severe,
To part with one we loved so dear.
Dearer still as years depart
Her memory lives within our heart.

Lovingly remembered by husband John, sons Randy, Philip and Douglas, Christine and Claire, Trish and Karla, Kurtis, Jessica, Ben Laurin and grandchildren



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Obituaries



BARNES, Eleanor Pearl
Passed away peacefully at home on Sunday, July 30, 2023. Eleanor Barnes of Elmvale in her 94th year. Beloved wife of the late Harold Barnes. Dear mother of Lorraine (late Gerlad) Douglass, late Douglas (survived by Helene) Barnes, Frances (late Bill) Lafreniere, David (Anna) Barnes, and Raeburn (Rona) Lawson. Eleanor will be missed by her grandchildren, great grandchildren, and great great grandchildren.
Special thanks to the Bayshore Nurses and Homecare for their wonderful care of mom.
A graveside service will take place at the Elmvale Cemetery on Friday, August 11 at 11 am.
Expressions of sympathy may be sent to www.lynnstonefuneralhome.com



HALES, Carol Ann
Passed away peacefully with her family by her side at the Georgian Bay General Hospital in Midland on Sunday, August 6, 2023. Carol Hales of Tiny, aged 74. Beloved wife of Norm Hales for 55 years. Loving mother of Tammy, Mike (Tara), and Rick (Alison). Proud and cherished grandmother of Becca (Ryan), Christopher, Kennedy, Jake, Dustin, Naomi, Mitchell, and Troy. Sister of Wendy and the late Sharon. Pre-deceased by parents John and Grace. Carol was a loved sister-in-law of Helen, George, and the late Jim. She will be missed by all family and friends.
A visitation will be held at the Lynn-Stone Funeral Home in Elmvale from 1-4 pm and 7-9 pm on Wednesday, August 9. A funeral mass will be held at the Our Lady of Lourdes Church in Elmvale on Thursday, August 10 at 11 am. CWL prayers at 6:45 pm Wednesday.
If desired, memorial donations may be made to the Diabetes Association, Lymphoma Canada, or the charity of your choice.
Expressions of sympathy may be sent to www.lynnstonefuneralhome.com



DESJARDINS, Christopher Edward John
September 24, 1973 - June 16, 2023
Chris passed away suddenly at Northern Lights Regional Health Centre in Fort McMurray on Friday June 16, 2023. Chris of Victoria Harbour and Fort McMurray was in his 49th year.
Loving partner of Paula Madill. Beloved son of Darlene Desjardins and the late Al Desjardins. Brother of Barry (Danielle) Desjardins, Paula (Robert Hall) Desjardins, Bill (Terri Anne) Desjardins, Cathy (Todd) Yates, Susan Desjardins, Connie (Terry) Steele, and Michele (Dave) Gibson. Chris will be sadly missed by his many nieces, nephews, cousins, family and friends.
If desired, memorial donations can be made to your local OSPCA.

Cremation has taken place. Please join us for a celebration of life for Chris on Saturday September 2, 2023 at the Township of Tiny Community Centre, 91 Con. 8 East, Tiny, from 1:30 to 5:00 pm.



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Obituaries



UMLAH, Heather Marie (1955-2023).
Beloved daughter of the late Audrey (nee Taylor) and Donald Umlah. Passed away peacefully at Campbell House Hospice in Collingwood on Wednesday, August 9, 2023 with her family by her side. Heather Umlah of Woodland Beach in her 68th year. Loving sister of Donna Umlah, loved aunt of Amy Umlah and Brittany (Tyler) Power. Heather will be missed by her good friends Lynda and Norm Trimble, the Ferlito's, and her beloved dogs, Harley, Helix, Hank, Finn, and Teddy. She will be fondly remembered by her many cousins, friends, and her MacLean Engineering family.
Heather is a member of the National Payroll Institute of Toronto, the Bayshore Seniors Club, and was a past member of the Ladies Oriental Shrine of North America Bokara Court #22, Collingwood.
A visitation was held at the Lynn-Stone Funeral Home in Elmvale from 6-8 pm on Tuesday, August 15. A memorial service was held in the funeral home Chapel on Wednesday, August 16 at 1 pm. Cremation with interment at Allenwood Cemetery. Memorial donations in Heather's memory may be made to the Canadian Cancer Society, Arthritis Society of Canada, or Campbell House Hospice.
Expressions of sympathy may be sent to www.lynnstonefuneralhome.com



LAKE, Donald Earle
Passed away peacefully at Woodspark Longterm Care Centre in Barrie on Friday, August 11, 2023. Don Lake formerly of Elmvale in his 99th year. Pre-deceased by his beloved wives Audrey and Anne. Dear father of David (Margie), Donna (Herb), Ken (Jean), and Kathleen (Chuck). Loving grandfather of 10 grandchildren and 22 great-grandchildren. Pre-deceased by 10 brothers and sisters and survived by sister Marjorie Townson.
A visitation will be held at the St. John's United Church in Elmvale from 1 pm - 2 pm on Wednesday, August 16. Funeral service in the chapel at 2 pm. Interment Elmvale Cemetery.
If desired memorial donations may be made in Don's memory to St. John's United Church or the Elmvale Food Bank.
Expressions of sympathy may be sent to www.lynnstonefuneralhome.com

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ELMVALE FOOD BANK

Food list of Items Currently Needed

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- Beef gravy
- Cream corn
- Canned potatoes
- Hamburg helper
- Canned fruit
- Stew

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Cindy Ladouceur Annual Memorial Golf Tournament



Marc and Hillary Ladouceur worked endless hours organizing the Cindy Ladouceur Annual Memorial Golf Tournament held on Aug. 12, 2023. Marc explains, “We love seeing everyone come out and enjoy themselves. That is what it is all about, the people that are here. They raised the funds.” Last year’s golf tournament raised \$5,700 and the proceeds went to the Georgian Bay Métis Council. Marc and Hillary presented the cheque from last years fundraising to the Council. Greg and Heather Garratt of the Georgian Bay Métis Council presented a thank you to Marc and Hillary. They presented them their

own Métis Sash and a statue representing the local Métis. “The funds here presented to council will aid us in a house building endeavour for the Every Child Matters Campaign. We are trying to build two semi detached buildings for Métis families with children that otherwise would not have the opportunity”, said Greg Garratt, President Georgian Bay Métis Council. Hillary Ladouceur added, “This year the funds raised are going to the Women’s Shelter in Barrie”. Many prizes that were donated were raffled off to the crowd. Everyone was sitting on the edge of their seats listening intently for the ticket numbers to see if

they had won or if they had an “Eddie”. The donors that gave prizes were Laddies co-packing, Nutripro group, Best Corr, Lockeroom, Georgian Hot Tub, Simoro Golf Links, Mike Brown, Rawsons Meat and Deli, Hoops and Loops, Fresh Mix Ltd, Steve Crockford, and Kelly Dupuis. The funds raised would not be possible without the generosity of the prize donors, food donations, volunteers time to run games, raffles and preparing for this day. Thank you all, from the hearts of Marc and Hillary! Aug. 13, 2023 - Submitted by Linda Belcourt, editor.



Photo above: L-R Greg Garratt, President Georgian Bay Métis Council, Hillary Ladouceur, Marc Ladouceur, and Heather Garratt, Metis Council. Last year’s golf tournament raised \$5,700 and the proceeds are going to the Georgian Bay Métis Council. Hillary and Marc are presenting the funds to Greg and Heather.



Photo above: L-R, Winners of the Green Jackets are Blair Gilchrist, Geoff Kenney, and Tom Foster. Missing from the photo is Rob Manson.



Photo above: L-R, Winners the Green Jackets are Jeff Schaefer, Kathy Schaefer, Paige Schaefer, and Jeremy Alexander.



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