

May 15, 2025

Media Release: For Immediate Release

Hike for Hospice at Little Lake Park

Hike, Bike, Walk or Stroll, we invite you to come out to Midland's Little Lake Park and support Hospice Huronia's **Hike for Hospice** on Sunday, May 25th at 10 am.

A memorial walk, it's also a key fundraiser, raising funds to keep valuable hospice services free to those in need of them. This annual event features both a 1 km (accessible) and a 3 km walk along the Little Lake Park trail, starting and ending at the large pavilion. Light refreshments, music, cornhole games, facepainting and even massage are offered to participants. As a special treat, a horse-drawn wagon ride is available to shuttle participants from the North Simcoe Recreation Centre parking lot to the large pavilion where the Hike begins and ends.

"We've just celebrated 5 years of having our own Hospice home, Tomkins House, to serve residents of North Simcoe. We took a leap of faith, knowing that our services were needed, and opened at the beginning of the pandemic. Now, 5 years and over 500 patients and families later, we've opened a 6th patient room to better serve our communities' needs", says Debbie Kesheshian, Executive Director. "We couldn't have done it without the tremendous support of our communities and our Hike for Hospice is one of the ways that people who have been touched by Hospice can help pay it forward."

Families and individuals are welcome to come and walk in honour of a loved one. It's a walk filled with feelings of warm remembrance and gratitude for having had those special people in our lives. Many participants do up special t-shirts, signs or arm-bands to show who they are walking for. Others walk in support of Hospice Huronia and it's services.

Register ahead of time and collect pledges or come out and make a donation. For more information, to register or to donate, visit: www.hospicehuronia.ca or call 705-549-1034. There is no minimum pledge to participate and what could be better than a spring walk at Little Lake Park?

- 30 -

For further information:
JoAnn Warren, Community Engagement Lead
Hospice Huronia
(705) 549-1034
joann.warren@hospicehuronia.ca
www.hospicehuronia.ca